



Wellness Activity Submission Instructions

Thank you for your interest in submitting a wellness activity for the 2027 International Congress on Integrative Medicine & Health!

The accepted activities will be presented at the Hyatt Regency Minneapolis April 12 – 15, 2027. Wellness Activities take place on each morning and evening of the Members Meeting and International Congress and are integral to the attendee experience in providing much-needed opportunities for movement, mindfulness, and restoration throughout the event.

Please read the information below prior to submitting a proposal and use this guide to ensure you have all necessary information for your submission.

The submission deadline is October 16, 2026 and disposition notices will be sent December 4, 2026.

Overview of the Oxford Abstracts Platform

Using the Oxford Abstracts Submission Platform

The Organizing Committee for the 2027 International Congress is pleased to accept submissions through our submission platform, Oxford Abstracts. This platform will collect information about your proposal, as well as biographical information about all authors and presenters. You must create an account, or log in to an existing account with Oxford Abstracts in order to submit your proposal.

Creating an Account/Logging in to Oxford Abstracts

To log in to Oxford Abstracts or to create an account to get started on your submission, [please click here](#). Please sign up using the email you'd like to receive correspondence about your proposal on. Please note that if your proposal is accepted, this is the email we will retain on file for you.

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Email Correspondence

Disposition notices and other updates about your proposal will be sent directly from Oxford Abstracts. If you are waiting for an update and haven't received one by **December 4, 2026**, please check your spam and junk folders for an email from Oxford Abstracts.

Support

For any issues with your submission, please contact us at congress@imconsortium.org. For troubleshooting your Oxford Abstracts account (i.e. password reset, account access, etc.), [please contact Oxford Abstracts directly by clicking here](#).



Submission Information

Authors, Presenters, and Affiliations

Includes: **First Name, Last Name**, Degree, **Professional Title**, Headshot, **Bio, Email Address, Institution, City, State, Country**

- *Please note that all individuals listed on a wellness activity submission are expected to help lead the activity, if accepted.*
- *As such, please mark the "Presenting" check box for all individuals listed on the submission.*

Please note: Bolded fields are required, including a biography, at the time of submission.

Title - Full title of your submission in Title Case

Wellness Activity: Description

Please provide a brief description of your proposed wellness activity, in 300 words or less, that can be used in our mobile app for attendee reference.

Wellness Activity: Purpose

Please provide the purpose of your proposed wellness activity, in 300 words or less.

Wellness Activity: Congress Theme

Please indicate how this wellness activity fits the 2027 International Congress theme, "*Leading the Transformation of Healthcare: Implementing Whole Person Care at Scale.*"

Wellness Activity: Target Audience

Who is the target audience of this activity?

Are there particular skills that are recommended as pre-requisites?

Wellness Activity: Experience

Please describe your experience leading this type of activity.

Wellness Activity: Room Setup

Does this activity require a specific room setup or equipment?

Wellness Activity: Presentation

How will this activity be presented?

- Solo
- With Another Instructor



Attestations and Acknowledgements

Each submitter will be asked to agree to a variety of terms and conditions, including but not limited to:

- Acknowledgement that the submitter will serve as primary contact for this proposal and will be responsible for disseminating any information received to any and all presenters or authors listed on the submission.
- Acknowledgement that accepted presenters do not receive compensation or reimbursement of expenses for presentation at the International Congress.
- Acknowledgment that submissions will be printed as-received, and further proofing will not be conducted by the International Congress organizers.
- Acknowledgement that submissions have been approved by all authors.
- Agreement that if accepted, presenters agree to adhere to the schedule established by the International Congress and comply with all requirements set forth by the Academic Consortium.
- Agreement that presenters will register and pay to attend the International Congress by the speaker registration deadline of **January 8, 2027**, and will abide by all terms and conditions.