



Adult Day Centers Office Hours



March 13th, 2024

Zoom Meeting Logistics



To **ask a question**, please use the chat box.



Raise your hand if you want to verbally ask a question.



Resources from today's session will be posted in **Chat**.



You may adjust your audio by clicking **Audio Settings**.



You have been automatically muted with video turned off

Agenda

- ❖ **Guest Presentation:** Amanda Holliday, RN
from Virginia Department of Social Services
(VDSS)
- ❖ **Resource Development**
- ❖ **Quick Reminders**
- ❖ **Save the Date:** April Office Hours Session



VIRGINIA DEPARTMENT OF
SOCIAL SERVICES

Promoting Healthy Habits

How to encourage participant adherence to infection prevention and control practices

Amanda Holliday, RN

Hand Hygiene

**Proper handwashing
could save
1 MILLION LIVES
every year!**



Key moments for participant hand hygiene

Upon arrival

Whenever
hands are
visibly dirty

Before and after
meals/snacks

After smoking

After using the
restroom

After blowing
nose, coughing,
or sneezing

After touching a
pet

After coming in
from outdoors
and/or outings



Make it routine AND fun!

- » **Build hand hygiene moments into the daily schedule**
- » **Have staff assist and/or encourage participants with hand hygiene**
- » **Use colorful posters, songs, and videos to teach participants the hand hygiene moments**
- » **Make handwashing stations visually appealing with bright colors and fun dispensers**
- » **Turn hand hygiene into an activity by singing a song while washing or sanitizing hands**

Respiratory Hygiene & Cough Etiquette

Proper respiratory hygiene and cough etiquette significantly reduces the risk of transmitting respiratory illnesses.



Key moments for respiratory hygiene and cough etiquette

When a
participant is
coughing

When a
participant is
sneezing



Make it routine AND fun!

- » **Have staff assist and/or encourage participants with obtaining tissues and/or putting on masks**
- » **Use colorful posters, songs, and videos to teach participants about respiratory hygiene and cough etiquette**
- » **Make mask and tissue stations visually appealing with bright colors and fun dispensers**

YOU +
Participant =



Resources

- » [CDC Hygiene Posters](#)
- » [CDC YouTube Channel](#)
- » [National Center for Health Promotion and Disease Prevention - Respiratory Etiquette Posters](#)
- » [National Center for Health Promotion and Disease Prevention - Hand Hygiene Posters](#)
- » [VDH YouTube Channel](#)

Sources

- » [Cleveland Clinic: Cough Etiquette](#)
- » [CDC: Respiratory Hygiene/Cough Etiquette](#)
- » [IFRC: Respiratory Hygiene and Coughing Etiquette](#)
- » [Medline: Hand Hygiene Education](#)
- » [VDH/HAIAR Respiratory Hygiene](#)
- » [VDH/HAIAR Hand Hygiene](#)

Polling Questions

Select the activity that best describes your center's use of the grant developed Hand Hygiene policy available on our website.

- A. We have downloaded the template
- B. We used the template to update our policy
- C. We weren't aware of the policy template, but now we are!
- D. Our current Hand Hygiene policy meets regs and our needs at this time
- E. We have a policy in place, but could use some assistance in making sure it is followed

Select the activity that best describes your center's use of the grant developed Respiratory Hygiene + Cough Etiquette policy available on our website.

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New Resource

Cleaning, Sanitizing and Disinfecting Personal Equipment

Routine cleaning, sanitizing and/or disinfecting personal equipment including wheelchairs, walkers, canes, oxygen tank holders, etc. is important to keep germs from spreading and prevent illness.

Cleaning, Sanitizing and Disinfecting – What's the Difference?



Cleaning *removes* most dirt, germs, etc. from surfaces or objects like walkers, canes, etc. Cleaning includes the use of a mild detergent (soap) and a clean cloth followed by water to remove the detergent.



Sanitizing *reduces* germs on surfaces or objects to levels considered safe. It's possible to sanitize by cleaning or disinfecting or a combination of both. Sanitizing includes the use of weaker bleach solutions or sanitizing sprays.



Disinfecting *kills* most germs on surfaces or objects. The Environmental Protection Agency (EPA) provides lists of approved registered disinfectants (see link or scan QR code below).

What to Know Before You Start

Some products used to sanitize and/or disinfect (such as bleach) can cause a chemical reaction that breaks down surfaces (corrosion). It is important to:

- ✓ Check with the manufacturer of the equipment to learn what products are recommended to clean, sanitize and/or disinfect the equipment.
- ✓ Check with the manufacturer of the product to learn what personal protective equipment (PPE), such as gloves, masks, etc., should be worn while using the recommended product to clean the equipment.
- ✓ Read the product label carefully to understand how to use the product and the contact time (the amount of time a disinfectant should stay wet) needed to ensure the product is effective. Contact time is also known as dwell time or wet time.

Learn More

[Difference Between Products that Disinfect, Sanitize, and Clean Surfaces](#)



[When and How to Clean and Disinfect Your Home](#)



[Selected EPA-Registered Disinfectants](#)



[How To Read A Label](#)



[LeadingAge VA Model IPC Policies Resource Library](#)



More IPC resources
for adult days
coming soon!

Adult Day Centers Office Hours

- ❖ **Date:** April 10th
- ❖ **Time:** 1:30pm–2pm

[REGISTER NOW](#)

Contact Information

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