



Adult Day Centers Office Hours



November 29th, 2023

Zoom Meeting Logistics

- ❖ To ask a question, click on the **Q&A** icon.
- ❖ **Raise your hand** if you want to verbally ask a question.
- ❖ Resources from today's session will be posted **in Chat**.
- ❖ You may adjust your **audio** by clicking Audio Settings.
- ❖ You have been automatically **muted with video turned off**.

Next Session

Adult Day Centers Office Hours

- ❖ **Topic:** Assessing IPC Program Strengths and Opportunities
- ❖ **Date:** December 13th
- ❖ **Time:** 1:30pm–2pm
- ❖ **Submit Questions** [Here!](#)

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Agenda

- ❖ Adult Day Center Grant
- ❖ Overview of Year 1
 - Model Infection Prevention and Control Policies
- ❖ Year 2: Goals and Deliverables
 - ADC IPC Needs Assessment
 - Webpage and Model IPC Policies Library
 - ADC Model IPC Policies Compendium Notebooks
- ❖ Q & A

Adult Day Center Grant

Project Funding Source

- ❖ LeadingAge Virginia has received funding from the Centers for Disease Control and Prevention (CDC) through the Virginia Department of Health (VDH) to develop infection prevention and control policies for adult day centers in Virginia. LeadingAge Virginia and Health Quality Innovators (HQI) have partnered on this grant project.

Goals of the Project

- ❖ Develop policies that reflect current best practices for infection prevention and control (IPC) in adult day centers (ADCs) and that are in accordance with state regulations/standards
- ❖ Provide policies that can be customized to meet the unique needs of all licensed ADCs in Virginia
- ❖ Support implementation of these policies



Year 1: Accomplishments

Together, LeadingAge Virginia and HQI completed the following activities to support the important project goals:

- ❖ **Literature Review and Environmental Scan:** A thorough review of existing resources was completed to see if any could be adapted to meet the project's needs.
- ❖ **Policy Development Workgroup and Policy Authorship:** The project team convened a group of subject matter experts to craft policies that will enhance infection prevention practices in ADCs.
- ❖ **Sharing Knowledge:** Weekly Workgroup meetings and monthly Office Hours were conducted to share updates, spread awareness of the project's resources, and provide education to ADCs about putting these policies into action.

The Policy Development Workgroup and partners have authored, finalized and distributed **13 model infection prevention and control policy templates and additional tip sheets** ready for customization and implementation at ADCs.

Download & Customize Policies to Fit your Center

- ❖ 13 model IPC Policy Templates, an IPC Program Manual & Policy Template, and additional tip sheets have been developed.
- ❖ The templates contain **yellow** highlighted areas that can be customized with center-specific details or additional considerations. These areas should be addressed, edited, or deleted as applicable for your center before final implementation.
- ❖ The policy templates provided are consistent with IPC guidance from the CDC and are intended to address VDSS regulatory standards for adult day centers pertaining to infection prevention and control.

Model Infection Prevention and Control Policies for Adult Day Centers

Selection and Use of Personal Protective Equipment (PPE)

Initial Effective Date	mm/dd/yyyy
Most Recent Revision Date	mm/dd/yyyy
Authorized/Reviewed by	Individual or Committee Name
Standard	22VAC40-61-290 B, D, and E

Definition and Overview (define the infection control practice)

Personal protective equipment (PPE) includes a variety of barriers used alone or in combination to protect mucous membranes, skin and clothing from contact with pathogens. PPE comprises gloves, gowns, face protection (including facemasks, goggles, and face shields) and respiratory protection.

In **this center**, use of PPE is expected not only by direct care staff to prevent the transmission of infection but also by anyone who handles food, cleaning chemicals and hazardous agents according to the Safety Data Sheets (SDS) for protection.

Purpose (why this policy/procedure is important)

Using PPE prevents exposure to blood, body fluids, or potentially infectious materials. Proper selection and use of PPE is an element of Standard Precautions and an important strategy for preventing the transmission of pathogens to participants, staff and visitors.

Principles of Standard Precautions that apply to selection and use of PPE:

1. All blood, body fluids, secretions, excretions (except sweat), non-intact skin (including rashes), and mucous membranes may contain transmissible pathogens.
2. PPE selection and use should be based on the type of interaction/task and the type of exposure anticipated, durability, appropriateness for the task and fit, regardless of a participant's suspected or confirmed infection status.

Responsibility (who is responsible for following this policy/procedure)

For the purpose of this policy, the term "staff" will be used to refer to any individual providing direct care, anyone who handles food, and also anyone who handles cleaning chemicals and hazardous agents.

Policy and Procedure

To protect participants, visitors and staff, **this center** promotes the proper use of PPE. It is the expectation that proper PPE use is performed when indicated as part of **this center's** infection prevention program.

Selection of Appropriate PPE

The selection and proper use (i.e., donning and doffing) of PPE during participant care activities, as well as during environmental services and cleaning and food handling and preparation, should be incorporated into all aspects of the center's operations. |

Selection and Use of Personal Protective Equipment (PPE)

Gloves:

1. Wear gloves when:
 - a. Direct contact with blood, body fluids, mucous membranes, nonintact skin, or potentially contaminated surfaces or equipment is anticipated.
 - b. Assisting an individual in the restroom.
 - c. Preparing or handling food items.
 - d. Cleaning up spills or bodily fluids.
 - e. Using cleaning products and chemicals.
 - f. Administering medications if indicated by the administration route or method required for the specific medication.
2. Guidelines for glove use:
 - a. Gloves are not a substitute for hand hygiene.
 - b. Use gloves that fit properly and are designed for the task.
 - c. Perform hand hygiene prior to donning gloves and immediately after removing gloves.
 - d. Gloves must be changed after the care of one participant and before providing care to another participant.
 - e. Don't touch your face or PPE with contaminated gloves.
 - f. Don't touch environmental surfaces except as necessary when providing care.
3. When donning gloves:
 - a. Inspect gloves to ensure they are not damaged.
 - b. Carefully pull one onto each hand. If wearing a gown, extend the glove to cover the wrist of the gown.
4. When doffing gloves:
 - a. Using a gloved hand, grasp the palm area of the other gloved hand and gently pull the glove away from the palm and toward the fingers, removing the glove inside out.
 - b. Hold the removed glove in the gloved opposite hand.
 - c. Without touching the outside of the contaminated glove, carefully slide the ungloved index finger inside the wrist band of the gloved hand.
 - d. Gently pulling outward and down toward fingers, remove the glove inside out.
 - e. Throw away both gloves in an appropriate container.
 - f. Use an alcohol-based hand rub to clean your hands and other exposed skin or use the soap and water method to wash hands.
5. When to change gloves and perform hand hygiene:
 - a. If the glove becomes damaged or torn.
 - b. If the gloves become visibly soiled.
 - c. When moving from performing a dirty task (e.g., trash removal and incontinence care) to clean tasks.
 - d. After sneezing, coughing, or touching hair or face with gloved hand.

Gowns:

1. Wear a gown when:

Selection and Use of Personal Protective Equipment (PPE)

- a. The arms, exposed body areas, and clothing need to be protected from contamination.
 - b. Splashing or spraying of blood, body fluid, and other potentially infectious material is anticipated.
 - c. During direct care when the individual is suspected to have an infection with symptoms such as fever, diarrhea, vomiting, coughing, sneezing or rash.
2. Guidelines for gown use:
 - a. Single-use/disposable gowns should not be used more than one time and should be disposed of after each use
 - b. If cloth gowns or other multi-use gowns are utilized, follow manufacturer instructions on cleaning and reuse.
 - c. Gowns should be changed right away if wet, soiled or torn.
 3. When donning a gown:
 - a. Select an appropriate size.
 - b. Fully cover torso from neck to knees, arms to the end of the wrists and wrap around the back.
 - c. Fasten behind neck and waist. Never tie a gown in the front.
 4. When doffing a gown:
 - a. Unfasten the gown ties, taking care that sleeves don't contact your body when reaching for ties.
 - b. Pull gown away from neck and shoulders, touching inside of gown only.
 - c. Turn gown inside out.
 - d. Fold or roll into a bundle and discard in an appropriate container.

Masks

Face protection (i.e., a combination of facemask and goggles, or face shield) should be worn to protect the face from contamination with blood, body fluids, and other potentially infectious materials during tasks that generate splashes or sprays. Masks are to be used according to **the center's** recommendations/requirements and/or regulatory guidance.

1. Wear a mask when:
 - a. The nose and mouth need to be protected from spray or splash of blood and body fluids, or for protection from respiratory secretions.
 - b. Needed for source control.
2. When donning a mask:
 - a. Secure ties or ear loops.
 - b. Fit flexible band to nose bridge.
 - c. Fit snug to face and below chin (make sure nose, mouth and chin are covered).
3. When doffing a mask:
 - a. Grasp bottom ties or elastics of the mask or respirator, then the ones at the top, and remove without touching the front.
 - b. Discard in an appropriate container.

Year 2: Goals and Deliverables

- ❖ Infection Prevention and Control Needs Assessment
- ❖ *Model Infection Prevention and Control Policies for Adult Day Centers* webpage and *Model IPC Policies* Library
- ❖ ADC Model Infection Prevention and Control Policies Compendium Notebooks
- ❖ I will be contacting each center directly to assist with implementation of the template policies.
- ❖ We will continue to host Office Hours education to assist Adult Day Centers with implementation of the developed policies.
- ❖ You will have an opportunity to receive real-time technical assistance from project partners and subject matter experts, **Health Quality Innovators**.



IPC Needs Assessment

LeadingAge Virginia has developed a needs assessment to determine the capabilities for Adult Day Centers to implement the grant-developed resources.

The IPC Needs Assessment will allow us to:

- ❖ Better understand infection prevention practices in place at each center;
- ❖ Better understand ADC's adoption of the grant-developed model infection prevention policies and related tools;
- ❖ Better understand barriers or challenges to effective infection prevention practices in each center; and
- ❖ Align LeadingAge Virginia's resources with any observed gaps in infection prevention practices and/or challenges reported by ADCs.

The Needs Assessment has been sent out to all ADCs in Virginia. Your responses will help us understand your current infection prevention and control needs.

If you have not completed the ADC IPC Needs Assessment Survey, please use the following link to complete the survey: <https://forms.office.com/r/kVSKtVLGxu>.

Webpage and Model IPC Policies Library

We are also launching the ***Model Infection Prevention and Control Policies for Adult Day Centers webpage*** and ***Model IPC Policies Library*** in **December 2023**, where all products developed by this grant program will be housed for ease in access by ADC leaders.

In our "Model IPC Policies Library," you'll find the comprehensive collection of the infection prevention and control policies developed. We've made these policies available in *user-friendly Microsoft Word document templates*, designed to empower center staff.

- ❖ **Customization for Your Center:** We understand that every center is unique. That's why the policies are provided as customizable templates. Center staff can easily download these templates and tailor them to suit their center's specific needs and practices.
- ❖ **Embracing Best Practices:** These templates are thoughtfully designed to inform centers of the latest best practices and recommendations. We're all about enhancing your current infection prevention and control practices. All policies available in this Resource Library have been reviewed by VDSS prior to their release.

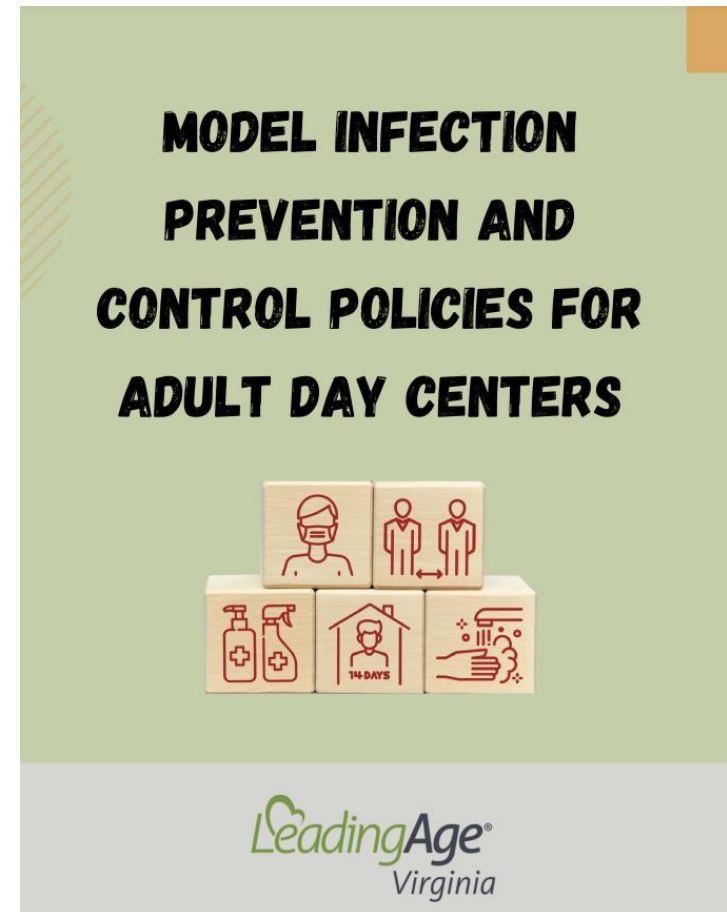
Explore, download, and customize!

ADC Model IPC Policies Compendium Notebooks

ADC Model Infection Prevention and Control Policies Compendium Notebooks will be mailed and delivered directly to all licensed Virginia ADCs in **December 2023**

These notebooks will contain:

- ❖ Information about The Adult Day Center Model Infection Control and Prevention Policies Grant
- ❖ Information about the IPC Compendium Notebook & IPC Resource Library
- ❖ Information about LeadingAge Virginia
- ❖ The Model IPC Policy Templates & Tip Sheets



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