



Anna Demers, MOT, OTR/L, CLT, CBIS

Anna Demers, MOT, OTR/L, CLT, CBIS, serves as the Occupational Therapy Rehabilitation Educator at Hartford Hospital, where she has practiced as an occupational therapist for the past six years. She has clinical experience across the full continuum of acute care, including the emergency department and intensive care units, working with diverse patient populations in neurology, general medicine, surgery, and cardiology. Anna has played an integral role in standardizing Occupational Therapy's involvement in post-mastectomy care at Hartford Hospital. She contributed to a multidisciplinary workgroup responsible for revising patient education materials, standardizing evaluation and treatment guidelines, and implementing OT consultation orders within the post-operative order set. In November 2025, she completed her Certified Lymphedema Therapist (CLT) training through Klose Training and has since incorporated lymphedema management into her clinical practice at HH. Anna earned her Bachelor of Science in Health Science Studies with a Service Learning Distinction (2018) and her Master of Occupational Therapy (2020) from Quinnipiac University. Following graduation, she served as a lab instructor within Quinnipiac University's Department of Occupational Therapy.

Disclosures: I have no financial or non-financial disclosures.