



**Adrien MacKenzie,
PTA, LMT, CLT-LANA, NBC-HWC**

Ms. MacKenzie is a National Board-certified Health and Wellness Coach and a Certified Lymphedema Therapist. She has over 40 years of experience in manual therapy, including medical/oncology massage and cancer rehab physical therapy. She is a Clinical Advisor to AIROS Medical, a pneumatic pump company and currently treats lymphedema and lipedema patients as well as people with other chronic pain and chronic illnesses as part of her private practice in New Orleans LA and until recently, during clinical hours at the Osher Center for Integrative Health at Vanderbilt University Medical Center in Nashville, TN. Additionally, she serves as a Health and Wellness Coach to clients with Lipedema and/or Lymphedema.

Shortly after treatment for breast cancer in 2010, she obtained certification as a Lymphedema Therapist and soon passed the LANA exam. She was a founding team member at Vanderbilt Lymphedema Therapy clinic. She loves using creative concepts to work with patients managing chronic conditions while maximizing their quality of life. She has been honored with poster presentations at 3 National Lymphedema Network conferences, the World Congress of Lymphology in Barcelona, The ISL meeting in Chicago in 2019 and the 2022 International Conference on Ehlers Danlos Disorder in Rome IT. She has presented virtually at National Lymphedema Network, American Vein and Lymphatic Society and Lipedema Simplified conferences since 2020, and she presented in person at the 2024 National Lymphedema Network Conference in Kansas City and the 2025 Fat Disorders Resource Society Conference in Atlanta.

Disclosures: I have no financial or non-financial interests.