



Bailey Maddox, LMT, CLT, MLD-C, NASM-CPT

Bailey B. R. Maddox is a Certified Lymphedema Therapist who works exclusively with lipedema and lymphedema.

With more than nine years of experience as a Licensed Massage Therapist, she integrates a wide range of manual therapies to ensure safe and effective care tailored to each client's needs. Her clinical focus bridges the gap between lymphatic care and real-world application, particularly in the lipedema community.

As a passionate advocate for lipedema, Bailey founded an online peer group in 2024 to provide support and connection for fellow therapists working with lipedema. She has provided post-surgical care for patients from Hagopian Plastic Surgery in Atlanta, Advance Lipedema Treatment in Beverly Hills, and Lipedema Surgical Solutions in St. Louis.

Bailey first presented Lipedema Reduction Surgery: Therapist Protocols for the National Lymphedema Network (NLN) in 2024. She has also presented at the 2025 Fat Disorders Resource Society.

She was appointed by the governor to the South Carolina Board of Massage Therapy in 2024 and currently serves as the Therapist Liaison Lead on the Board of Directors for the American Lipedema Association. She is also a Board Member for Southeastern College Massage Program Advisory Board, where she is a frequent invited speaker.

Bailey is an LGBTQ+ affirming provider and proud member of National Lymphedema Network, Lipedema Education Group, and International Lipoedema Association.

Her ongoing commitment to education, advocacy, and clinical excellence continues to shape her work and support improved outcomes for people living with lipedema.

Disclosures: I have no financial or non-financial interests.