



**David Doubblestein,
PT, MSPT, PhD, OCS, CLT-LANA, LLCC**

Dr. David Doubblestein, an Associate Professor in the Doctor of Physical Therapy program at A.T. Still University in Mesa, Arizona, has over 27 years of experience in physical therapy. He specializes in Complete Decongestive Therapy, Manual Lymphatic Drainage, and Myofascial Release, with expertise honed through outpatient clinical settings and private practice. Dr. Doubblestein earned a Master of Science in Physical Therapy from Grand Valley State University and a Doctorate in Philosophy in Physical Therapy from the University of Michigan-Flint. A LANA-Credentialed Certified Lymphedema Therapist, Board-Certified Clinical Specialist in Orthopaedic Physical Therapy, and Certified McKenzie Therapist, he taught CLT coursework from 2005 to 2022 at esteemed institutions. As vice president of the Lymphology Association of North America, he advances lymphology across disciplines. Author of *Manual Lymphatic Techniques for the Orthopedic Manual Therapist*, his research explores lymphatic disorders, cancer-related lymphedema, and the integration of lymphology with orthopedics and pediatrics. Emphasizing wellness as more than the absence of disease, Dr. Doubblestein adopts a holistic approach, addressing emotional, spiritual, relational, and mental well-being. Believing hope is essential for healing, he tailors patient-centered treatment plans using complementary therapies, fostering a pathway to wholeness and wellness.

Disclosures: I have no financial or non-financial interests.