



Russell Ashinoff, MD, FACS

Plastic & Reconstructive Surgeon Double Board Certified in Plastic Surgery and Surgery

Dr. Ashinoff earned a Bachelor of Arts degree in Computer Science at the University of Albany, graduating with honors and receiving the Presidential Award for Excellence in Research. He earned his medical degree at the SUNY Upstate Medical University in Syracuse, NY. Dr. Ashinoff was then chosen to continue his training in General Surgery at the renowned New York University and Bellevue Hospital program in Manhattan. While there, he spent an additional year conducting research in the Laboratory for Microvascular Research and Vascular Tissue Engineering. His work was featured at several national and international meetings and was published in numerous medical journals. Dr. Ashinoff then trained as a Fellow in Plastic and Reconstructive Surgery at Emory University in Atlanta, where he worked alongside pioneers in the field of plastic surgery, learning the most innovative and advanced techniques in cosmetic and reconstructive surgery. During this time, he published scientific articles on Eyelid Rejuvenation and Breast Reconstruction, as well as authored a book chapter on the treatment of pediatric craniofacial trauma.

Dr. Ashinoff is Double Board Certified by the American Board of Plastic Surgery and the American Board of Surgery. He is also a Fellow of the American College of Surgeons (FACS) and a member of the American Society of Plastic Surgery (ASPS). He is an Assistant Professor in the Department of Plastic and Reconstructive Surgery at Seton Hall-Hackensack Meridian School of Medicine. He has been named a Castle Connolly Top Plastic Surgeon, a Castle Connolly Top Doctor for Cancer, and has also been recognized as a Top Doctor by Inside Jersey Magazine. Additionally, Dr. Ashinoff has been included on the list of Top Surgeons and Top Plastic Surgeons since 2008 by The Consumer Research Council of America.

Dr. Ashinoff is the Chief of Plastic Surgery at Ocean Medical Center. He offers cutting-edge surgical procedures for patients with lymphedema, including free lymph node transfer, lymphaticovenous anastomosis (LVA), and lymphedema liposuction. Dr. Ashinoff actively aims to advance treatment options for lymphedema and raise awareness about this condition by conducting multi-hospital research studies and authoring scientific publications.

Disclosures: I have no financial or non-financial interests.