



Vanessa Flora, PT, DPT, CLT-LANA, CWS, CLM

Dr. Vanessa Flora earned her Doctorate in Physical Therapy from the University of Indianapolis following a professional dance career and BA in Dance Pedagogy from Butler University. She worked on a nationally certified burn unit, which inspired her to seek out certification in lymphedema in 2012 and began the lymphedema program at Wishard Health Services, now Eskenazi Health. She later obtained her Wound Care (ABWM) certification and later, a PORI Oncology Rehabilitation Therapist. Dr. Flora is a nationally recognized Expert Clinician with the National Lymphedema Network. She enjoys bringing her expertise in lymphatic dysfunction diseases to clients in central Indiana with her new private practice, The Swelling Doctor Physical Therapy and Wellness. She has been a guest lecturer at the University of Indianapolis, University of Findlay, the Little Red Door Cancer Agency, and the Cancer Support Community Indiana. She is a Healthy Steps/Lebed Method and Strength After Breast Cancer Instructor, both evidence-based exercise programs geared towards those with lymphatic dysfunction. Her greatest passion is teaching and empowering her clients to be their own experts and is an advocate for rare diseases.

Disclosures: I have no financial or non-financial interests.