

**Exclusive Pre-Conference
Course on Friday
with Petra Erving**



2025 CONFERENCE SERIES

Navigating the Lymphatic Road Map
Destination:
**Complete Decongestive
Therapy**

OVERALL PROGRAM

VIRTUAL: AUGUST 23-24, 2025

DAILY, 10:00 AM - 4:00 PM EDT

IN-PERSON:
SEPTEMBER 19-21, 2025

NASHVILLE, TN

FRIDAY, 10:30 AM - 5:00 PM CT

SATURDAY, 8:30 AM - 5:00 PM CT

SUNDAY, 8:30 AM - 12:45 PM CT



Hosted by
**BELMONT
UNIVERSITY**

VIRTUAL EVENT

Saturday, August 23, 2025



All session times are listed in Eastern Time (ET).

- 10:00 am *Welcome*
- 10:15 am **Lipedema: Clinical Insights and Unanswered Questions**
- 11:15 am *Sponsored Session*
- 11:30 am **Integrating Surgery into Multidisciplinary Lymphedema & Lipedema Care**
- 12:30 pm *Sponsored Session*
- 12:45 pm *Break/Transition*
- 1:00 pm **Post-op for Lipedema Reduction Surgery**
- 1:30 pm **Beyond the Scalpel - Adapting CDT to Help Clients Recover After Lipo-Abdominoplasty**
- 2:15 pm *Sponsored Session*
- 2:30 pm **Head and Neck Lymphedema & Survivorship Issues**
- 4:00 pm *End of Day 1*

Schedule subject to change



Join us on our brand-new Virtual Learning Platform for the Virtual Conference!

This innovative space is designed to enhance your learning experience, providing seamless access to live sessions and exclusive content—all from the comfort of your home. With user-friendly navigation and engaging presentations, our platform ensures an immersive and dynamic educational journey tailored to your needs.

Plus, upon successful completion of requirements, you will receive immediate access to your CEU certificates, making it easier than ever to track your professional development. You will also enjoy 60 days of on-demand access to virtual session recordings, allowing you to revisit key insights at your convenience.

Even if you are unable to attend the full live event, you can still earn continuing education credit by watching the recorded sessions, ensuring you don't miss out on valuable learning opportunities.

Don't miss out—experience learning without limits at this year's conference!

VIRTUAL EVENT

Sunday, August 24, 2025



All session times are listed in Eastern Time (ET).

- 10:00 am *Welcome Back*
- 10:05 am **Breast Cancer – Upper Quadrant Rehab**
- 11:15 am *Sponsored Session*
- 11:30am **Wound Care**
- 12:15 pm **Applications for Human Tecar**
- 12:45 pm *Sponsored Session*
- 1:00 pm *Break/Transition*
- 1:15 pm **New Treatment Protocols – Understanding History and Science**
- 1:45 pm **The Pediatric CDT Compass: Reviewing Key Concepts and Techniques**
- 2:15 pm *Sponsored Session*
- 2:30 pm **Research Spotlight**
- 3:00 pm **What's in Your Toolbox? Addressing Long-Term Self-Care Management**
- 3:30 pm **Professional Reflections: A Panel on Navigating Challenges in Lymphedema Care**
- 4:00 pm *Conference Closing*

Schedule subject to change

Three Ways to Join:

- ◆ Virtual Access – Includes live sessions + on-demand access
- ◆ Hybrid Experience – Attend in person + enjoy virtual on-demand access

REGISTER NOW



IN-PERSON EVENT

Friday, September 19, 2025



Join renowned UK therapist **Petra Erving** – founder of The Aftercare Academy and internationally respected expert in postoperative lymphatic care – for a **special full-day workshop** on post-cosmetic manual skills, held Friday of the conference.

With over two decades of clinical expertise in scar tissue, lymphoedema, and Complete Decongestive Therapy, Petra blends science-led insight with hands-on precision. Her patient-centered techniques support recovery after aesthetic surgery and empower therapists with safe, effective tools.

- Learn advanced manual strategies, compression applications, lymphatic taping, and incision care protocols designed for vulnerable postoperative populations.
- Limited to just 24 participants.
- Included with full conference registration.
- 8:30 am – 5:15 pm CT

Don't miss this rare opportunity to train with a leading global educator. Register now for the NLN Conference and claim your spot in Petra's Friday course!



REGISTER NOW



IN-PERSON EVENT

Friday, September 19, 2025



8:00 – 10:30 am *Check In**

10:30 am *Welcome*

10:45 am **Lymphedema Intervention Updates – NLN Position Paper**

D. Doublestein

11:30 am **Billing & Coding for Treatment**

B. McKeown

12:30 pm **The Paradigm Shift of Lipedema**

G. Klose

1:00 pm *Lunch in Exhibit Area*

2:15 pm **Destination: Insight – Gold-Level Sessions & Giveaways**

2025 Gold Sponsors

3:45 pm *Break in Exhibit Area*

4:15 pm **Modalities Round Robin**

Technology Exhibitors

5:15 – 6:15 pm **NLN Welcome Reception: Crossroads Connection**

**Check-In for Petra's 8 hour course is 8:00 – 8:30 am.*

Schedule subject to change



IN-PERSON EVENT

Saturday, September 20, 2025



General Schedule

- 8:00 am *Open Exhibit Hall (Breakfast on your own)*
- 8:30 am **Breakout Sessions**
- 10:30 am *Morning Break in Exhibit Hall**
- 11:00 am **Breakout Sessions**
- 12:30 pm *Lunch in Exhibit Hall**
- 1:30 pm **Breakout Sessions**
- 3:00 pm *Afternoon Break in Exhibit Hall**
- 3:30 pm **Breakout Sessions**
- 5:00 pm *End of Day 2*

**Break times may vary based on your breakout session selections.*

Breakout Sessions

Manual Lymphatic Drainage	<i>Guenter Klose</i>
Faster & Effective Compression Bandaging	<i>Denise Comiskey</i>
Conservative Treatment for Lipedema	<i>Paula Donahue</i>
Deeper Stimulations: Interventions for the Central Lymphatics	<i>David Doubblestein</i>
Thumb Spica Orthosis Fabrication for Improved Compression Donning	<i>LaRae Murray, Debra Gibbs</i>
Head & Neck Techniques	<i>Lauren Meffen</i>
Upper Quadrant Rehab and Fibrosis Management	<i>Linda Roherty</i>
UE Compression Garment Measuring for Complex Patients	<i>Erin Sokalsky</i>
LE Compression Garment Measuring for Complex Patients	<i>Erin Sokalsky</i>
Pediatric CDT	<i>Betty Westbrook-Treat</i>

Beginning **August 15**, all registered attendees will receive an email with instructions to reserve breakout sessions. Please Note: Some sessions will be repeated Sunday.

Schedule subject to change

IN-PERSON EVENT

Sunday, September 21, 2025



General Schedule

- 8:00 am *Check-In (Breakfast on your own)*
- 8:30 am **Breakout Sessions**
- 10:00 am *Morning Break*
- 10:30 am **Improving Compliance with CDT**
- 11:15 am **Treatment Barriers and Health Equity**
- 11:45 am **From Protocol to Practice: Panel Discussion on Meeting Compliance Standards**
- 12:30 pm *Closing Remarks*
- 12:45 pm *Conference Closes*

John Jordi

Bethany Beckwith

Schedule subject to change

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National Lymphedema Network

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