



2025 CONFERENCE SERIES

**Navigating the
Lymphatic Road Map**
**Merging Pelvic Health
with Lymphatics**

SCHEDULE

VIRTUAL (PART I)
FEBRUARY 8-9, 2025

IN-PERSON (PART II)
MARCH 1-2, 2025
MESA, AZ



Virtual Conference – Part I

February 8, 2025



9:45 am	<i>Welcome</i>	
10:00 am	Anatomy of the Pelvic Region	<i>S. DiCecco, A. Hill</i>
10:45 am	Bowel & Bladder Dysfunction	<i>P. Kays, C. Hickey</i>
11:45 am	<i>Break / Exhibit Hall</i>	
12:30 pm	Pelvic Pain	<i>J. Cramp</i>
1:15 pm	The Aging Spectrum – Pregnancy	<i>S. DiCecco</i>
1:45 pm	The Aging Spectrum – Postpartum	<i>R. Geoghegan</i>
2:15 pm	<i>Sponsored Break</i>	
3:00 pm	The Aging Spectrum – Pre & Post Menopausal	<i>P. Kays</i>
3:30 pm	The Aging Spectrum – Male	<i>M. Johnston</i>
4:00 pm	Updates on Lymphedema	<i>D. Doublestein</i>
4:30 pm	Genital Lymphedema	<i>S. DiCecco</i>
5:00 pm	<i>End of Day 1</i>	

Virtual Conference – Part I

February 9, 2025



9:45 am	<i>Welcome</i>	
10:00 am	Central Lymphatic Anatomy	<i>D. Doublestein</i>
10:45 am	Decompression of Thoracic Duct	<i>M. Itkin</i>
11:30 am	Patient Experience	<i>A Rivera</i>
11:45 am	<i>Break / Exhibit Hall</i>	
12:30 pm	Lymphatic Congestion – Surgery	<i>TBD</i>
1:00 pm	Pelvic/Central Lymphatic Congestion	<i>S. Nelson</i>
1:30 pm	Oncology & Pelvic Health	<i>A. Hill, A. Newell</i>
2:30 pm	<i>Sponsored Break</i>	
3:15 pm	Transgender Care	<i>C. Hickey</i>
3:45 pm	Barriers to Sexuality	<i>M. Sleigh, G. Franco</i>
4:15 pm	Lipedema & Pelvic Health	<i>TBD</i>
4:45 pm	Benefits of Dual Certification	<i>S. DiCecco</i>
5:00 pm	<i>End of Day 1</i>	

Schedule subject to change

In-Person Conference – Part II

March 1-2, 2025



A.T. Still University, Mesa, AZ

The in-person event will feature both lecture and manual skills labs for the Pelvic Health therapist, the Certified Lymphedema Therapist, a combination of both types of therapists, and a student/other discipline track. Clinicians will have the option to select which sessions they would like to attend during the in-person event.

****Clinicians must attend the Virtual Conference to be eligible for the In-Person Event.****

Sign-Up for Sessions is REQUIRED

A separate email will be sent no later than January 9, 2025 to allow attendees to register for sessions.

In-Person Session Topics

Adaptations for Pelvic Health & Lymph
Connection Btw Vagus Nerve & Pelvic Floor
Trauma Informed Care
Interventions for Prostate
Starting a Private Practice
Genital Bandaging
Managing Pelvic Edema
Practical Applications for Oncology Using Case Studies
Pneumatic Compression
Introduction to Manual Lymph Drainage
Compression Garments
Exercise for Pelvic Health & Lymphedema
Visceral & Deep Abdominal Lymphatic Drainage
Internal Techniques for Pelvic Pain
External Techniques for Pelvic Pain
Modalities Round Robin
Pelvic Health Introduction
Genital Manual Lymph Drainage
Quantifications & Modalities for Pelvic Health & Lymph
Managing Scar Tissue
Diaphragmatic Breathing Techniques & Exercise
Compression Garment for Edematous Patient
Lower Extremity Bandaging for Orthopedics
Deep Lymphatic Mobilization
Belly Dancing & Yoga

Schedule subject to change