



**Massachusetts Health Council**  
**~ Health Fair at the State House ~**  
**Wednesday, April 30, 2014, 11am - 3pm**



The Massachusetts Health Council is organizing a Health Fair for state legislators and their staff members at the State House on April 30, 2014. We have been asked by State Senator Harriette Chandler and State Representative Jason Lewis, co-chairs of the Legislature's Prevention for Health Caucus, to organize this Health Fair and we are delighted to provide this service.

We plan to have around 10 tables or booths with information, resources, screenings and referrals on various health topics for legislators and State House staff. There may be members of the public who stop by although the event will not be externally advertised. The Health Fair will take place from 11am to 3pm in the Great Hall, which will be available for setting up tables at 10am. There is a State House entrance nearby for driving up to unload materials.

INFORMATION & REFERRAL tables may include such topics as:

- Allergies
- Back Pain Prevention and Treatment
- Cancer Prevention
- Diabetes
- Heart Health & Stroke Prevention
- Integrative Therapies
- Medications
- Men's Health & Women's Health
- Exercise & Physical Activity
- Nutrition and Weight
- New Health Insurance Options
- Choosing a Primary Care Provider

SCREENINGS may include:

- Blood pressure
- Diabetes
- Cholesterol/triglycerides
- Oral health
- Posture
- Waist circumference
- Risk factor checklist
- Body Mass Index (BMI)
- Peripheral vascular disease
- etc.

PROSPECTIVE ORGANIZATIONS to staff tables or booths:

- American Diabetes Association
- Walgreens - PharmD's speak with people about medication mgmt
- Novo Nordisk
- Massachusetts Association of Registered Nurses (MARN)
- Home Care Alliance
- Boston University Goldman School of Dental Medicine
- Simmons College School of Nursing and Health Sciences
- Carney Hospital
- BWH - Faulkner Hospital
- Wellness Workdays
- WalkBoston
- Atrius Health
- AIDS Action Committee
- MA Association of Health Plan