

# Massachusetts Medication Awareness Program

Presented by  
the Massachusetts Health Council  
and

The Massachusetts College of Pharmacy and Health Sciences

**Monday, November 7, 2011 from 2:00 – 5:00 p.m.**

**Brookline Senior Center, 93 Winchester St. Brookline, MA**

## *What is the Medication Awareness Program about?*

- To reduce medication errors and accidents which can occur due to inaccurate doses
- To provide information about the best time to take your medications
- To learn what complications you should be aware of regarding your medications
- To provide a place to bring outdated medications for safe disposal

## *How does it work? What will I gain from the program?*

- You bring all your medications, vitamins and supplements to the program in a brown paper bag (or tote bag, box, etc.)
- You will have an appointment and meet first with a pharmacy student who will take down your information about the medications, vitamins and supplements you take, including the time and the dosage.
- Next a registered Pharmacist will review the information and make recommendations to you about out-dated medications, complications with foods, best timing for taking meds and other things you should be aware of to get the best benefit from your medications.
- A Brookline Police Officer will be administering a **Take Back Program** for safe disposal of medications
- Lastly, you will receive materials to help keep your meds organized like a wallet card, pill boxes and informational handouts.



## *How do I sign up?*

- Call the Brookline Senior Center at 617-730-2770 to make an appointment
- Appointments will be made every 20 minutes from 2 PM to 5 PM

***Don't miss this opportunity to learn about your health!***

Sponsored by a grant from Blue Cross Blue Shield of Massachusetts