New Irritant Contact Dermatitis Codes (Formerly Known as Moisture Associated Skin Damage): Why They Are Important to You
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In a Nutshell

- **Bedside care providers** are usually the ones to identify skin damage resulting from moisture on their patients.
- There has not been *(until now)* a reliable way to capture the number of patients in the US who have moisture associated skin damage.
- The way that all disease state data in the US is collected is by tracking something called **ICD-10-CM codes**.
- The ICD-10-CM codes for moisture related problems were **inadequate** and **inconsistently** used.
- A group of volunteers from the WOCN Society worked to get **new** ICD-10-CM Codes added so that we could track and trend skin problems related to moisture in the US.
- The change is going to require that we use **slightly different words** to document these conditions. We must be role models for and teach others to use the new words.
- Its inconvenient to have to change our language, but we can do it (we have done it before). The new words are going to be with us for a long time, so **we must change**.
Irritant Contact Dermatitis  
(formerly known as Moisture Associated Skin Damage)

• Definition: a spectrum of injuries to the epidermis due to exposure to various sources of moisture and irritants

• Sources of irritant contact dermatitis (ICD):
  - Incontinence (urine and feces)
  - Digestive stoma (tube, ostomy and fistula secretions)
  - Respiratory secretions (saliva)
  - Perspiration (intertrigo/intertriginous dermatitis)
  - Wound drainage
Irritant Contact Dermatitis due to fecal, urinary or dual incontinence

• Formerly referred to as Incontinence Associated Dermatitis (IAD), diaper dermatitis, diaper rash, etc.

• This condition is associated with higher likelihood of pressure injury.  

Irritant Contact Dermatitis due to digestive stoma or fistula secretions

- Formerly called peristomal MASD, excoriation, denudation, etc.
- This condition decreases ostomy pouching system wear time, increases pain, expense and diminishes the confidence of a patient with a stoma
- People with this condition have an increased likelihood of skin infections
Respiratory Secretions

• Irritant contact dermatitis due to respiratory secretions
Erythema Intertrigo

- Irritant contact dermatitis
due to perspiration trapped in a skin fold that cannot evaporate.
May involve friction between skin folds
Wound Drainage

• Irritant contact dermatitis due to wound drainage
Common Signs and Symptoms of Irritant Contact Dermatitis

- Local inflammation with erythema (pink or red color or lighter or darker than usual skin tone)
- Inflamed skin has irregular border that reflects areas of contact with irritating moisture source (urine, feces, digestive secretions, mucus, saliva, perspiration, or wound drainage)
- Erosion of superficial skin layers that can result in a shiny or glistening appearance of skin
- Rash sometimes from a fungal or bacterial infection on the skin

What we must now document

Documenting Staff Should Utilize:

1. Irritant Contact Dermatitis d/t friction or contact w/bodily fluids, unspecified
2. Irritant Contact Dermatitis d/t saliva
3. Irritant Contact Dermatitis d/t fecal, urinary, or dual incontinence
4. Irritant Contact Dermatitis d/t friction or contact w/other specified body fluids (This code includes wound drainage)
5. Irritant Contact Dermatitis related to unspecified stoma or fistula
6. Irritant Contact Dermatitis related to digestive stoma or fistula
7. Irritant Contact Dermatitis related to respiratory stoma or fistula
8. Irritant Contact Dermatitis related to fecal or urinary stoma or fistula
9. Erythema Intertrigo

Coding Staff Should Then Utilize:

1. L24A0
2. L24A1
3. L24A2
4. L24A9
5. L24B0
6. L24B1
7. L24B2
8. L24B3
9. L30.4
Why it was Important to Create Additional Codes

• Forms of irritant contact dermatitis are particularly prevalent among persons with acute, critical and chronic conditions in multiple care settings (e.g., acute, post-acute and ambulatory).

• Risk extends across the lifespan, and older adults are particularly vulnerable\(^3\)

• With a shift in demographics toward an aging population worldwide, MASD is a common condition that places a significant burden on patients and the health system.\(^1\)

• In US, ICD-10-CM Codes are linked to payment for health care and related supplies.


Why This is So Important

- **Explicit ICD-10-CM coding will:**
  - Establish language for accurate data capture of the diagnosis of these clinically relevant conditions not currently defined by the ICD-10-CM taxonomy
  - Encourage accurate documentation of the prevalence of these forms of irritant contact dermatitis
  - Enhance reimbursement for ICD-10CM Codes for irritant contact dermatitis
  - Facilitate research by defining terms for outcomes to be measured consistently thus enabling comparisons across studies
  - Enhance education for clinicians and healthcare providers
  - Improve patient care via accurate diagnosis capture
Remember

• The use of these ICD-10 CM Codes for Irritant Contact Dermatitis (ICD) conditions will:
  • Provide standard language for ICD
    • Specific wording in documentation will assist coders with billing
  • Demonstrate value of bedside nursing specialists to assessment and intervention as WOC RN practice can more definitively be tied to appropriate coding of patient conditions
  • Link nursing specialist interventions to patient outcomes and facility billing/reimbursement
Test Your Knowledge

New terminology
Test your knowledge

1. To assist with correct coding, data capture, and reimbursement, the clinical presentations of MASD are now called
   a. irritant contact dermatitis (ICD)
   b. broken skin
   c. sore skin
   d. pressure injuries
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   a. irritant contact dermatitis (ICD)
   b. broken skin
   c. sore skin
   d. pressure injuries
Test your knowledge

• For the following picture, instead of saying incontinence associated dermatitis (IAD), say:
  • Irritant contact dermatitis due to fecal or urinary stoma or fistula
  • Irritant contact dermatitis due to fecal, urinary or dual incontinence
  • Irritant contact dermatitis due to erythema intertrigo
  • Irritant contact dermatitis due to saliva
Test your knowledge

• For the following picture, instead of saying incontinence associated dermatitis, say:
  • Irritant contact dermatitis due to fecal or urinary stoma or fistula
  • Irritant contact dermatitis due to fecal, urinary or dual incontinence
  • Irritant contact dermatitis due to erythema intertrigo
  • Irritant contact dermatitis due to saliva
Test your knowledge

• For the following picture, instead of saying excoriation, say:
  • Irritant contact dermatitis due to saliva
  • Irritant contact dermatitis due to respiratory stoma or fistula
  • Irritant contact dermatitis due to digestive stoma or fistula
  • Irritant contact dermatitis due to erythema intertrigo
Test your knowledge

• For the following picture, instead of saying excoriation, say:
  • Irritant contact dermatitis due to saliva
  • Irritant contact dermatitis due to respiratory stoma or fistula
  • Irritant contact dermatitis due to digestive stoma or fistula
  • Irritant contact dermatitis due to erythema intertrigo
Test your knowledge

• For the following picture, instead of saying skin breakdown, say:
  • Irritant contact dermatitis due to fecal, urinary or dual incontinence
  • Irritant contact dermatitis due to digestive stoma or fistula
  • Irritant contact dermatitis due to saliva
  • Irritant contact dermatitis due to respiratory stoma or fistula
Test your knowledge

• For the following picture, instead of saying skin breakdown, say:
  • Irritant contact dermatitis due to fecal, urinary or dual incontinence
  • Irritant contact dermatitis due to digestive stoma or fistula
  • Irritant contact dermatitis due to saliva
  • Irritant contact dermatitis due to respiratory stoma or fistula
Test your knowledge

• For the following picture, instead of saying rash, say:
  • Irritant contact dermatitis due to saliva
  • Irritant contact dermatitis due to digestive stoma or fistula
  • Irritant contact dermatitis due to erythema intertrigo
  • Irritant contact dermatitis due to fecal or urinary stoma or fistula
Test your knowledge

• For the following picture, instead of saying rash, say:
  • Irritant contact dermatitis due to saliva
  • Irritant contact dermatitis due to digestive stoma or fistula
  • Irritant contact dermatitis due to erythema intertrigo
  • Irritant contact dermatitis due to fecal or urinary stoma or fistula
Test your knowledge

• For the following picture, instead of saying denudation, say:
  • Irritant contact dermatitis due to respiratory stoma or fistula
  • Irritant contact dermatitis due to saliva
  • Irritant contact dermatitis due to friction or contact with other specified body fluids
  • Irritant contact dermatitis due to erythema intertrigo
Test your knowledge

• For the following picture, instead of saying denudation, say:
  • Irritant contact dermatitis due to respiratory stoma or fistula
  • Irritant contact dermatitis due to saliva
  • Irritant contact dermatitis due to friction or contact with other specified body fluids
  • Irritant contact dermatitis due to erythema intertrigo
QUESTIONS?
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References and Resources


References and Resources


