



SAMPLE 12-WEEK SCHEDULE FOR COURSE COMPLETION BY THE PARTICIPANT



Sample 12-Week Schedule for Course Completion by the Participant

(Course to be completed in 3 months, inclusive of evaluation and testing.)

Week	Topic/Activity	Speaker/Instructor	Approx. Time
Week 1	Orientation Meeting • Introduction/Overview Course. • Review Position Statement for Role & Scope of Practice for Ostomy Care Associate (OCA) • Review Sample Position Description for a nurse completing the OCA Program	CC/Student	2 hrs
Week 2	Module 1 Anatomy & Physiology of GI Tract	Dorothy Doughty, MN, RN, CWOCN, FAAN	1 hr
	Module 2 Colostomy: Indications, Surgical Construction, and Management	Dorothy Doughty, MN, RN, CWOCN, FAAN	1.25 hrs
	Module 3 Ileostomy, Jejunostomy: Indications Surgical Construction, and Management	Janice Colwell, RN, MS, CWOCN, FAAN	0.25 hr
Week 3	Module 4 A & P of GU System: Implications for Ostomy Care	Janice Colwell, RN, MS, CWOCN, FAAN	0.25 hr
	Module 5 Incontinent Urinary Diversions: Indications, Surgical Construction and Management	Janice Colwell, RN, MS, CWOCN, FAAN	0.5 hr
	Module 6 Pouching Systems	Janice Colwell, RN, MS, CWOCN, FAAN	1 hr
Week 4	Module 7 General Considerations in Ostomy Patient Care and Education	Dorothy Doughty, MN, RN, CWOCN, FAAN	1.25 hrs
	Module 8 Rehabilitation: Living Well with an Ostomy	Dorothy Doughty, MN, RN, CWOCN, FAAN	1.25 hrs
Week 5	Midway Meeting with Q&As	CC/Student	1-2 hrs
Week 6	Module 9 Peristomal Complications	Janice Colwell, RN, MS, CWOCN, FAAN	1 hr
	Module 10 Stomal Complications	Dorothy Doughty, MN, RN, CWOCN, FAAN	1 hr
Week 7	Module 11 Continent Diversions: Abdominal and Pelvic Reservoirs	Dorothy Doughty, MN, RN, CWOCN, FAAN	1 hr
	Module 12 Fistula Management: Nursing Challenges	Dorothy Doughty, MN, RN, CWOCN, FAAN	1 hr
Week 8	Module 13 Percutaneous Tube Management	Janice Colwell, RN, MS, CWOCN, FAAN	1 hr
Week 9	• Exam Preparation. • Review: Posttest Practice Questions/Practice Clinical Case Scenarios. • Review videos/procedures for course competencies.	CC/CIS	3–5 hrs

Week 10	Demonstration/return demonstration of course competencies.	CC/CIS	3–5 hrs
Week 11	Student Self Study/Review/Prep for Exam.		2 hrs
Week 12	Written online exam – 40 multiple choice questions.	CC/CIS	2 hrs
	Clinical case scenarios online exam.	CC/CIS	2 hrs
	Clinical Skills Competency Tests.	CC/CIS	2-3 hrs
	Online course evaluation and certificate of completion.	CC/Student	0.5 hrs