# Technology Mediated Learning in Healthcare

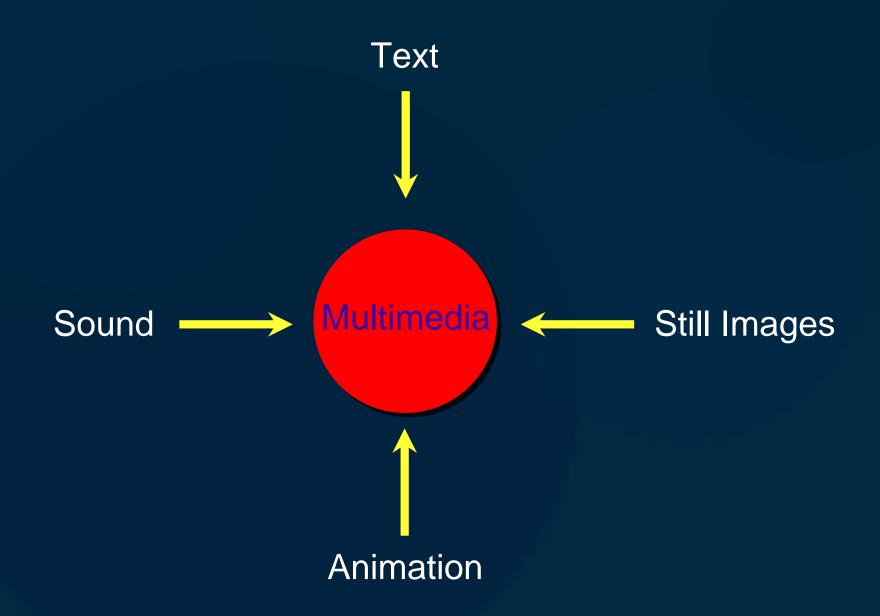
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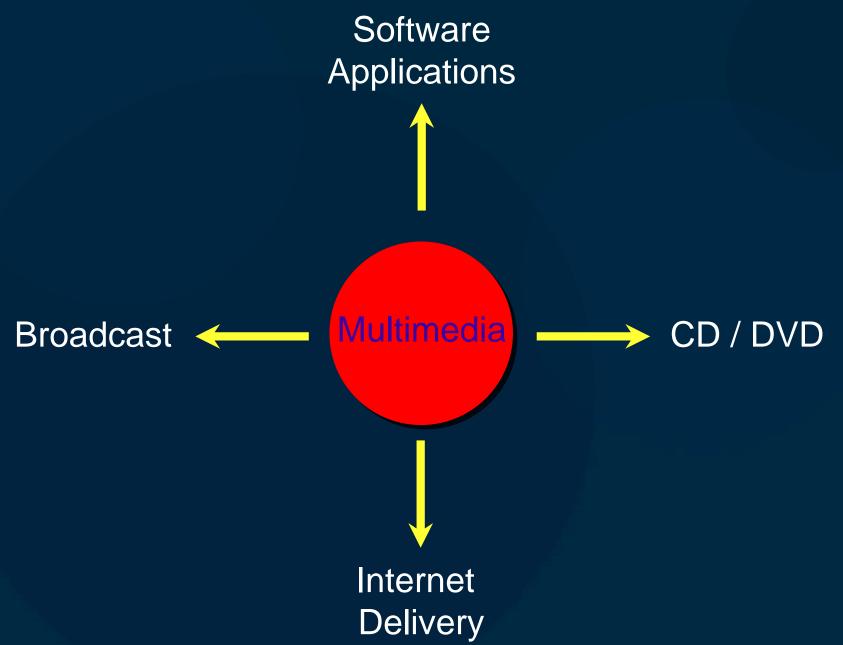
#### Introduction

- Technology
  - multimedia
  - digital assets
- Mediated
  - assisted
  - enabled
- Learning
  - knowledge
  - confidence
  - changed behavior









- How we started
- Where have we gone
- What the future holds

- take four orthopaedic surgeons
  - add three animators
  - a pinch of naivety
  - mix until ....

# Informed Consent for Surgery

- Complex and difficult
- Encompasses
  - nature of the problem
  - treatment alternatives
  - aim of the operation
  - operative details
  - post operative course
  - expected benefits
  - consequences
  - complications



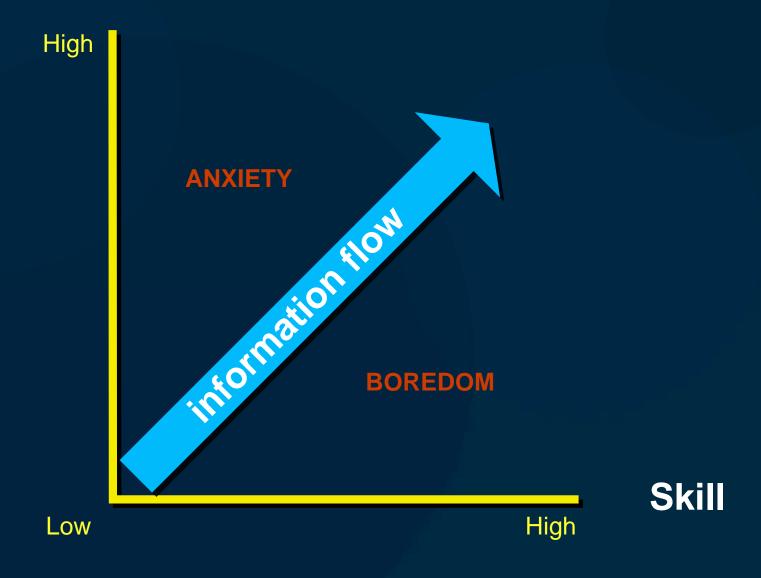
Information Overload



# Learning

- Education level
- Cultural background
- Social class
- Literacy skills
- Trust in the information
- Emotional state

#### Challenge





# The study

- Prospective randomized trial
- Knee arthroscopy
- Verbal, printed or multimedia

# Developing the Module

- Focus groups
- Literature review
- Educational objectives
- Outcome measures
- Script development
- Story board
- Animation



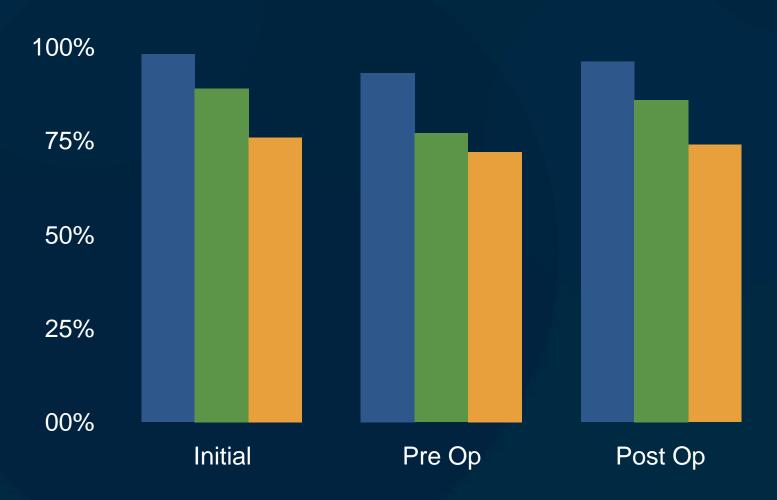




- Knowledge questionnaire
  - initial consultation
  - preoperative assessment
  - postoperative review at six weeks
- Mental state, anxiety and satisfaction measures

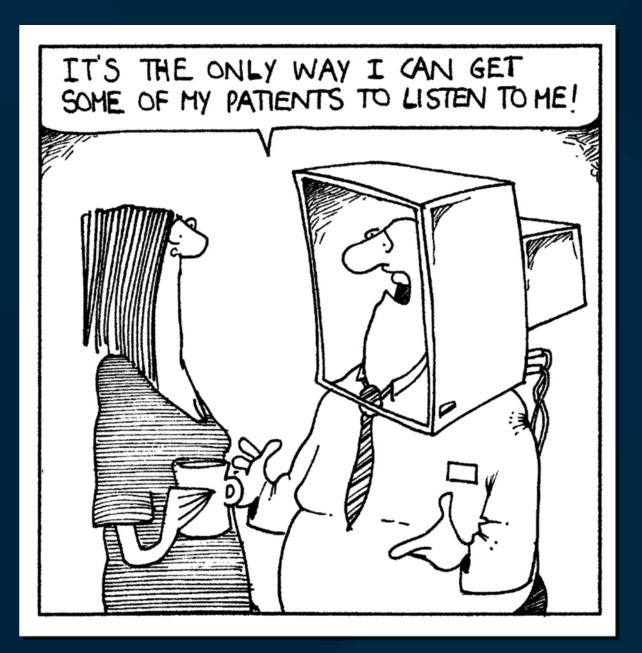
#### Knowledge Recall







- Trend to reduced anxiety at all time points
- Significant improvement in satisfaction with information delivered when compared to pamphlet



#### Home based exercise

- Teaching exercises to children
  - challenging
  - time consuming
  - expertise often not available
  - requires repeated visits to be effective

# The Study

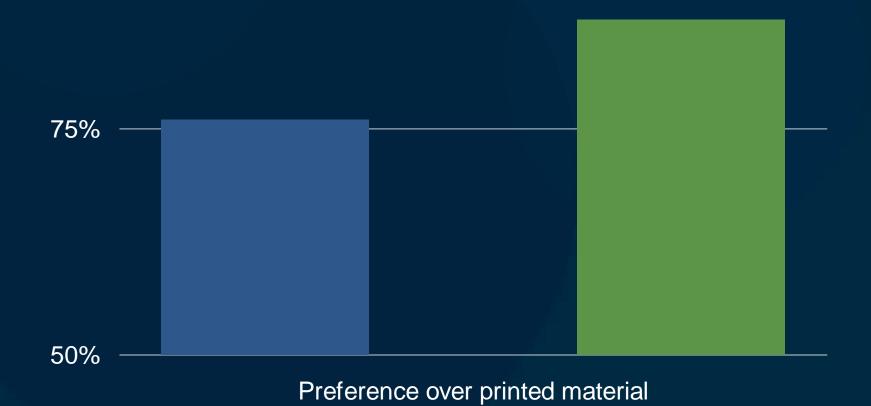
- Comparison of printed versus multimedia
- Randomised controlled single blind trial
- Delphi consensus to determine elements of a successful stretch







100%





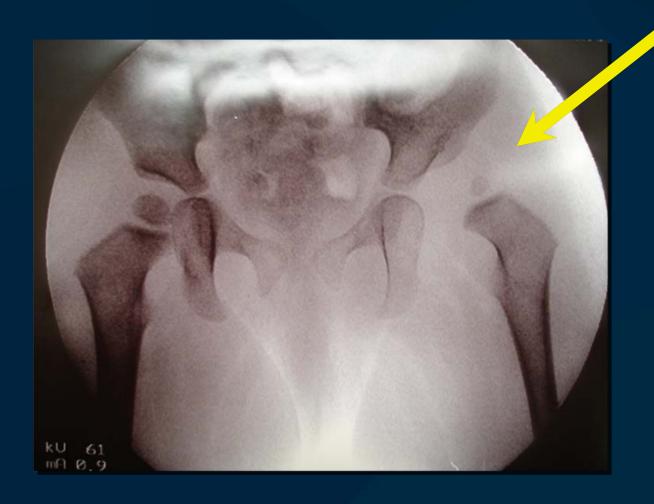
#### Qualitative themes

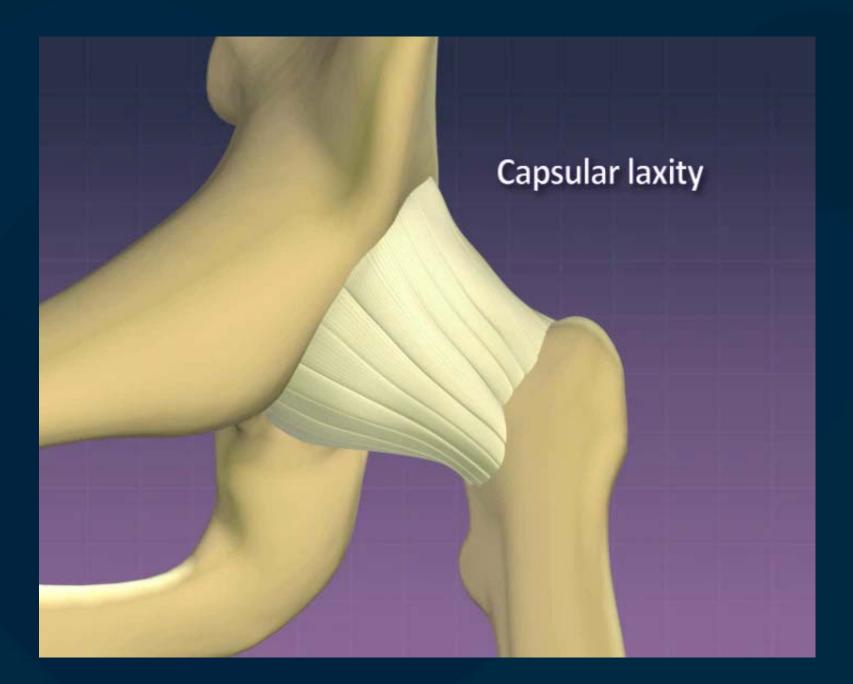
- clarity of instruction
- engagement of child
- minimization of language barriers
- spontaneous interest

# Early detection of hip instability

- A condition of the hip where there is an abnormal relationship between the "ball and cup"
- Range of disorders including instability, subluxation and dislocation

### What does it look like?





- If unstable hips are not detected and treated they may
- not develop properly or dislocate

# The Impetus to do something

- Children were still presenting late with dislocated hips despite screening programs and use of ultrasound
- Children facing lifelong disability from a condition that is easily managed if detected early
- Families distraught with the diagnosis

#### The Problem

- High number of late diagnoses
- No uniform standard of examination
- Inconsistency in terminology
- Increased reliance on imaging
- Unclear referral mechanisms

#### The Solution

Target the front line clinicians

- Understand their difficulties
- Define the barriers to early detection
- Standardise the clinical examination
- Apply education theory principles
- Streamline the referral process

### Objectives

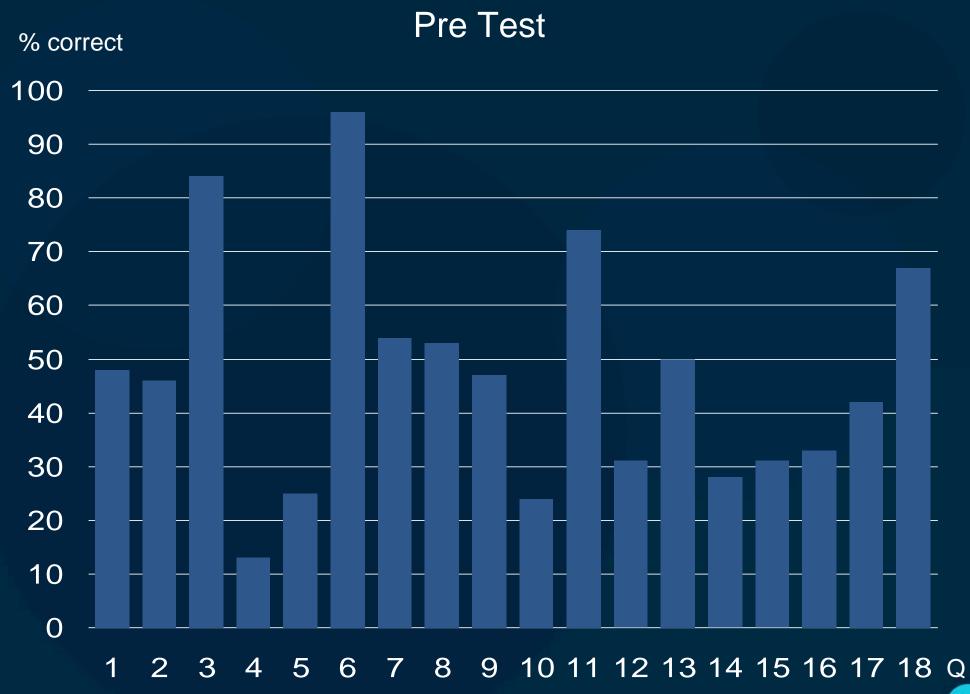
- Knowledge terminology, anatomy, pathology, associations, risk factors, examination, imaging
- Change practice improve clinical skills, confidence and referral procedures
- Standardise approach consistency across all health professionals

# The Study

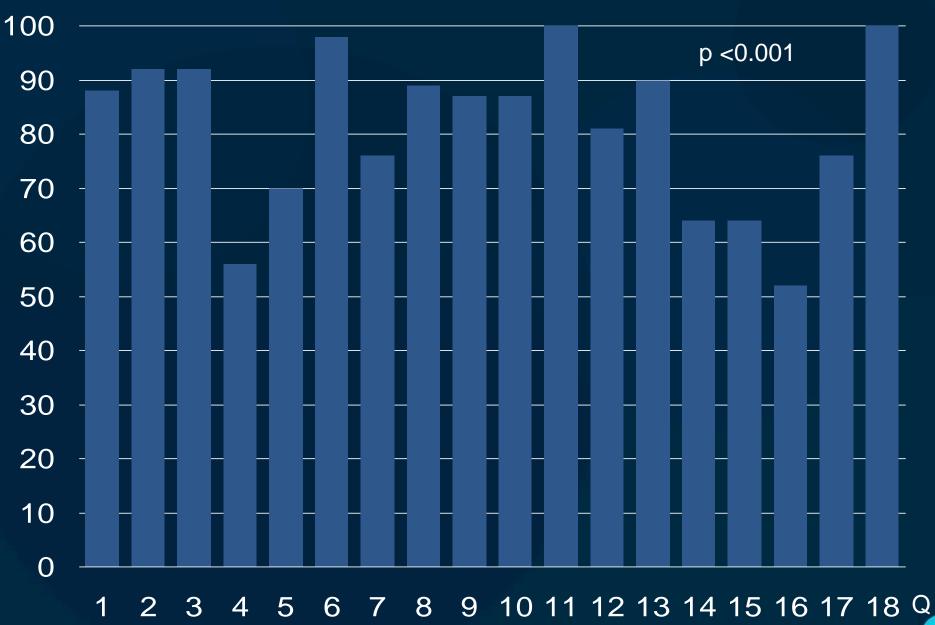
- Maternal and Child Health Nurses
- Range of municipalities
- 203 recruited

# Knowledge

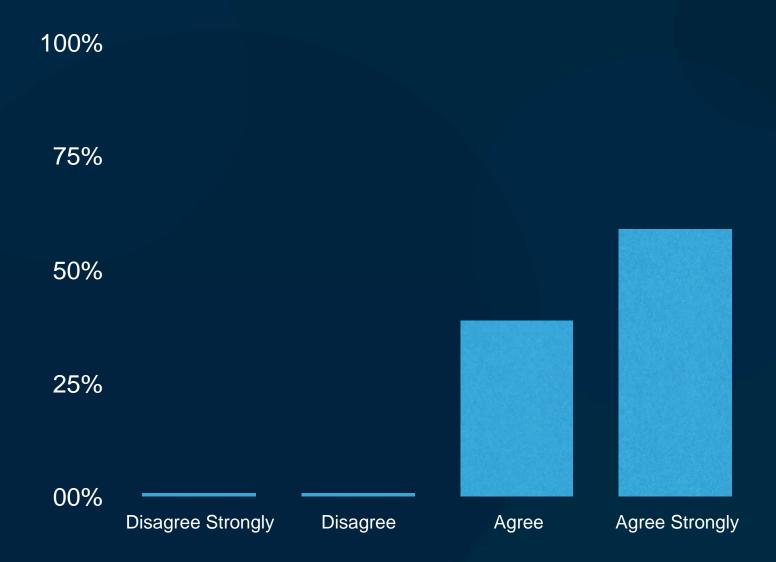






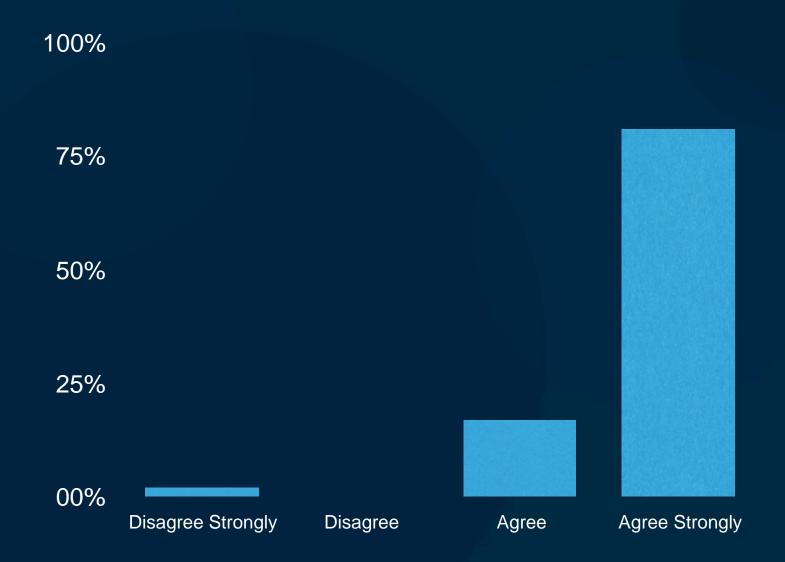


#### Information easy to understand



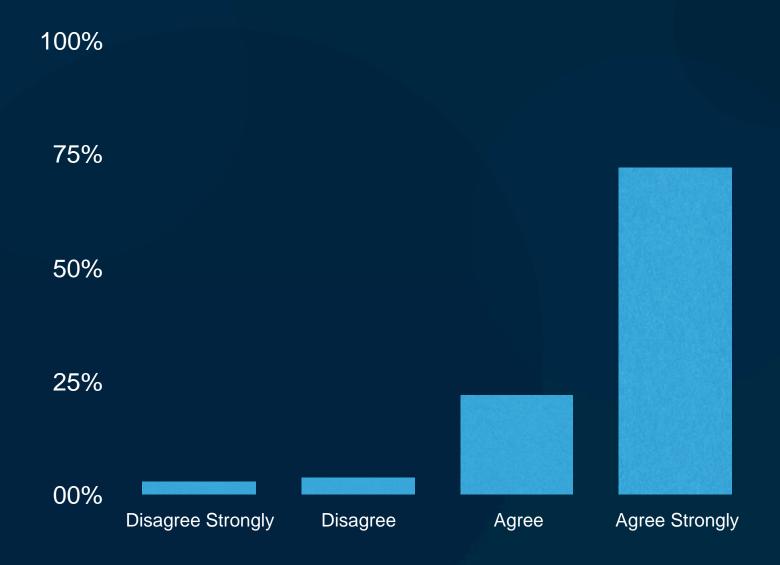


#### Recommend the use of the module





#### Module met educational needs

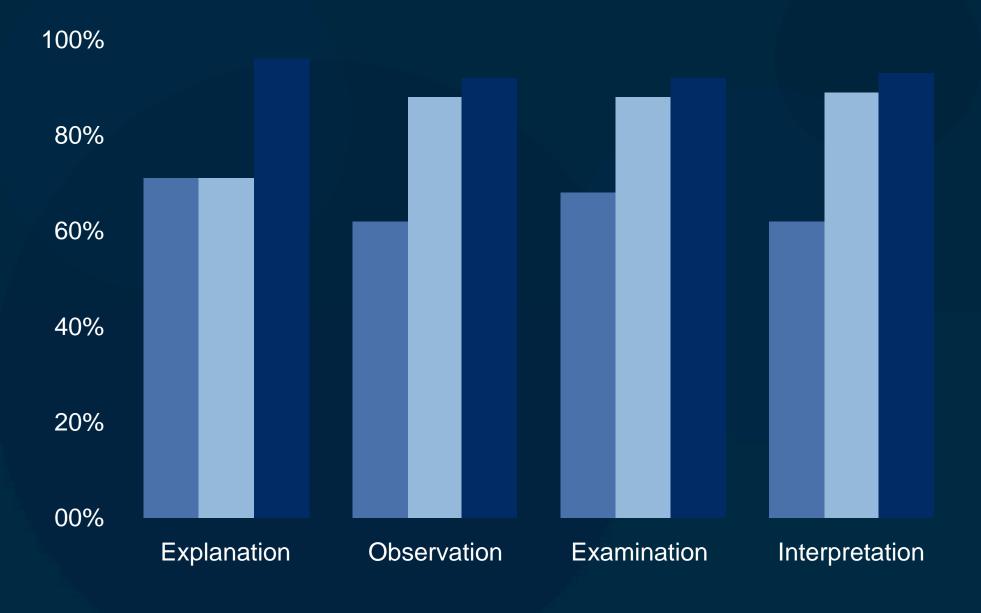




# Confidence



#### ■ Pre DVD ■ Post DVD ■ Three Months

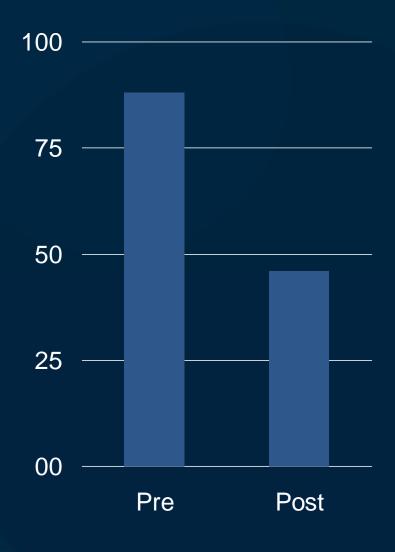


# Change in Clinical Practice



#### Clicky Hips

Do you refer all infants with "clicks" in isolation for further assessment?

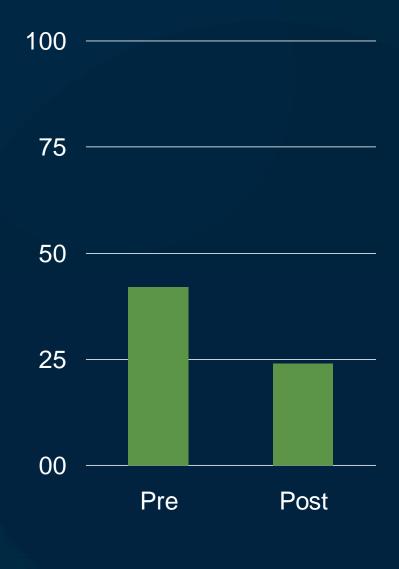






#### Thigh Creases

Hip creases are the most important physical feature of DDH

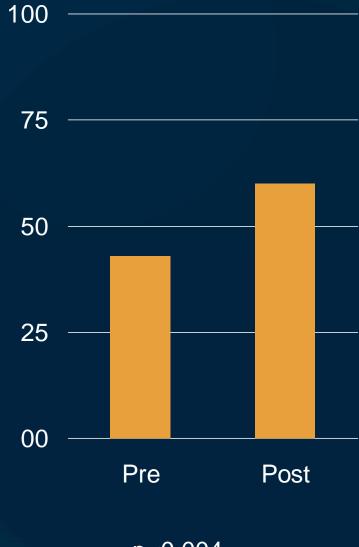


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#### Examination technique

In a relaxed baby it is important to push firmly in testing for hip instability





# Summary

- This initiative is aimed at improving the health and well being of children by facilitating early diagnosis and referral of DDH
- The module significantly improves the clinicians knowledge, skills and confidence in making the diagnosis
- Aim to ultimately reduce the need for complex surgery due to late diagnosis

# Learnings

- Delivery
  - efficient, accessible, available, consistent
- Valid
  - tested format, effective medium
- Accommodates all learning styles
  - visual, auditory, written, kinesthetic
- Resource updatable
  - an ehealth application

#### The Future

- Build on experience
  - multimedia skill set
  - research methodology
  - team approach
- Ensure the evidence is strong
  - test
  - publish
- Achieve sustainability
  - projects
  - funding



