



IOWA ASSOCIATION  
OF MUNICIPAL UTILITIES

# OSHA 10-Hour Construction Outreach Course

January 24 - 25, 2018



IAMU  
**SAFETY SERVICES**  
*Education, Training, & Consultation to Keep You Safe*

*presented by Margaret Meade,  
IAMU Safety Specialist &  
Authorized OSHA Instructor*

This course will explain OSHA's role in worker safety and health, jobsite hazard recognition, correction and prevention methods and how to read the OSHA standards. Participants will receive a completion card from the U.S. Department of Labor OSHA certifying successful completion of this OSHA 10-Hour course. 29 CFR 1926 CFR Book & course material furnished.

## Topics Covered:

- Introduction to OSHA
- Electrical Hazards
- Fall Protection
- Caught-In and Struck-by Hazards
- Personal Protective Equipment
- Health Hazards in Construction

## Who Should Attend:

This basic safety course is recommended for workers and supervisors, or those who have been given the task of developing and managing their employer's safety program.

*A Certificate of Attendance will be provided to attendees.*

**If you hire Contractors:** Many cities also require their contractors to maintain a safety program to be eligible to work for them. The OSHA 10-Hour course will help those owners, managers, and employees develop a solid safety foundation at their company to hopefully avoid incidents while working for the city or utility. Hiring a contractor to perform work for the city/utility does not eliminate all liabilities to the city.

## When and Where:

**Wednesday, January 24**

Registration: 8:00 - 8:30 a.m.

Course: 8:30 - 4:30 p.m.

**Thursday, January 25**

Course (continues): 8:00 - 12:30 p.m.

### Training Location:

Iowa Association of Municipal Utilities  
1735 NE 70th Avenue  
Ankeny, IA 50021

## Agenda:

### Hours 1 & 2 - Introduction to OSHA

- Employer & Employee Responsibilities
- Recordkeeping (OSHA 300 log) Overview
- Competent Person Requirements
- Multi-employer Citation Policy

### Hours 3 thru 7 - OSHA's Focus Four

- Electrical Safety
- Fall Protection - including ladder & scaffold safety
- Caught-in hazard recognition
- Struck-by hazard recognition

**Hour 8 - Health Hazards in Construction**

**Hour 9 - Personal Protective Equipment**

**Hour 10 - Hand & Power Tools**



## Contact Info:

Name of City/Utility/ Company: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email Address: \_\_\_\_\_

## Registration Info:

Attendee Name: \_\_\_\_\_  
 Attendee Name: \_\_\_\_\_

## Cost:

\$200 per IAMU Member participant  
 \$240 per Non-Member participant

_____	X	_____	_____
# of attendees		IAMU Member Fee	Total Due to IAMU
		\$200	
_____	X	_____	_____
# of attendees		Non-Member Fee	Total Due to IAMU
		\$240	

## Payment Options:

\_\_\_\_\_ Bill Me      \_\_\_\_\_ Check Enclosed      \_\_\_\_\_ Pay with CC\*      *\*You MUST register online to pay with a credit card*

Materials and breaks included. Lunch on your own.  
**Minimum of 10 participants required; Maximum of 35 participants allowed**

## Questions?

Contact Margret Meade at (800) 810-4268 or [mmeade@iamu.org](mailto:mmeade@iamu.org)

**Please register by Tuesday, January 23, 2018.**

Register by mail, fax, or online at the IAMU website [www.iamu.org](http://www.iamu.org) (under Events).

