



Medical Fitness Association Best Practice Checklist

- Completed and signed Application form
- Best Practice Description with:
 - Brief program history, participants, general description
 - Date of implementation
 - Goals and objectives of the program
 - Results and/or evaluation of the program
- Components & Characteristics
 - Community need and impact
 - Inclusiveness
 - Goals/Outcomes/Evaluations
 - Cost Effectiveness/Sustainability
 - Potential for Replication
- Supporting Documents
- Anecdotal support
- Articles, news releases, brochures or other publications highlighting the program
- Best Practices Essay

Brochures, photographs and supporting materials may be in adobe format

Thank you for nominating a Best Practice for the Medical Fitness Association and for continuing to ***“Move Medical Fitness Forward!”***