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The Peer Support Coalition of Florida, Inc. (PSCFL) is a peer-run nonprofit organization and a statewide network of peers, peer specialists, family members and friends of peers, and community partners who are dedicated to advancing peer support nationally through the peer specialist workforce development, promoting the full integration of peer and recovery-oriented services, developing formal and informal pillars of recovery support and collaborating for social and systems transformation.

ABOUT OUR TRAINING:
PSCFL offers a variety of training aimed at advancing peer support services throughout Florida and nationally. We support the development of peers to advanced professionally. Our training is categorized by the intended audience and indicate whether it is funded for a local or national audience. All training will open 60 days prior to the start date for enrollment. All training can be enrolled in by following the link below.

Register
Supervisor Training

Supervision of Peer-Based Recovery Support Services
(Supervisory Development)

The Supervisor Development Training is a skill-building education program designed for supervisors and prospective supervisors of Peer Specialists. The training focuses on the peer supervisor as the key Change Agent who has the ability to develop, teach, and grow the peer workforce. The training is designed to build the skills, confidence, and capacity of Supervisors of Peer Specialists and raise their awareness and understanding of their role when supervising.

National

Supervisor Skill Building Workshops

As the field of peer support continues to expand, the need for effective supervision is growing. Some supervisors have significant supervisory experience but relatively little understanding of peer support services, while others have a substantial amount of peer experience in providing peer support services, but comparatively little training as a supervisor. This 3 part webinar series will address the needs of both by providing a framework for effective peer supervision.
Peer Experience Certified Recovery Peer Specialist Training

This training curriculum covers the Florida Certification Board's learning domains and applies to both mental health and substance use Peer Specialists. The training is intended to enable individuals to master the job tasks necessary to effectively work as a Peer Specialist and is applicable to all designations. This training requires role plays and practice sessions.

Certified Recovery Peer Specialist (CRPS) / National Certified Peer Specialist (NCPS) Exam Prep Study Session

This is a hybrid webinar that includes a 30-minute recording for CRPS and NCPS that will describe what a peer specialist is and the role they play in the workforce. Individuals will get an overview of what the requirements are for becoming certified and gain an understanding of the application process. The live hour of this webinar will give participants the opportunity to practice test questions in the content areas that they will see on the state exam.

Certified Recovery Peer Specialist - Youth (CRPS-Y)

The CRPS-Y training is specific to the CRPS-Youth designation for individuals currently certified or seeking certification as a Florida Certified Recovery Peer Specialist (CRPS). It addresses the four domains required to obtain the CRPS-Y designation by the Florida Certification Board. Domains covered are recovery support, advocacy, mentoring, and professional responsibility.
Facilitator Development Training

The Facilitator Development Training is a skill-building education program designed to teach the science behind the facilitation of groups including training, support groups, and meetings. One objective of the training is to have seasoned and new facilitators alike commit to taking ongoing critical assessments of their skill levels as facilitators and plan for continuous improvement of facilitation skills. A secondary objective is to provide the best training to participants through the development of highly skilled training presenters.

Emotional CPR (eCPR) Training

Emotional CPR (eCPR) is a public health education program designed to teach anyone how to assist others through an emotional crisis by three simple steps: C = Connecting, P = emPowering, and R = Revitalizing. eCPR is based on the values of a healthy community. The goal of eCPR is to make this practice accessible to people around the world. In a larger sense, eCPR becomes a way of life, enriching every relationship, enabling practitioners to become more aware of themselves and others by learning to communicate more deeply.

The Role of Peer Specialists in Promoting Health Equity

This training consists of 5 modules where active participation will be encouraged to promote self-reflection and deeper learning. As a result of their engagement, participants will have a deeper understanding of both the drivers and impact of health inequities on people of color. They will also be equipped with a framework to provide more effective, culturally relevant peer support services and will have opportunities to build and practice new engagement skills.
Training For Peers

Peer Workshops

The Peer Workshop Training is a skill-building education program designed to explore the fundamentals of developing effective Peer Networks. It covers establishing, growing, assessing, and formalizing the structure of a peer network. The training is designed to build the skills, confidence, and capacity of peers and allies interested in grassroots community organizing, developing a 501(c)(3), and advocacy.

Reaching For Their Dreams:
Using Recovery Capital as the foundation for recovery planning
(Recovery Planning)

The main goal of this training is to increase knowledge, skills, and attitudes of Peer Specialists and their utilization of Recovery Planning and the Recovery Capital Scale as part of their Scope of Practice. They will practice how to use Recovery Planning to assist people with behavioral health conditions to achieve and sustain their wellness and build meaningful lives for themselves in their communities.

Recovery Planning Communities of Practice

Recovery Planning communities of practice offer Peer specialists who have completed the Recovery Planning training the opportunity to practice the core functions of recovery planning. The communities of practice are designed to further the Peers Specialists knowledge of the recovery capital scale, as well as the role the Peer Specialists plays. These workshops will be interactive and are based on the idea that we learn best from each other. The communities of practice will be offered once a quarter and cover various topics relating to Recovery Planning.
Youth Introduction to Advocacy & Mentoring- 2 Part Series

Attendees will develop an advocacy plan and gain mentoring skills by learning practical tools that will be practiced with scenarios. This workshop will be accompanied by a workbook to keep a record of the plans developed during the workshop. Participants will need to attend both sessions.

Conversations About Mental Health

Teens in High School will learn how to check in with themselves and others. They will also learn how to normalize conversations surrounding mental health while identifying and learning effective coping skills.

Learning to Love Yourself

Elementary-aged children will learn the basics of understanding emotion. As a result of this workshop, they will have an understanding of different emotions and feelings and will be able to identify what situations and circumstances in their lives make them feel a certain way and what they can do about it.
Learning About Self Talk and Coping Skills

Middle school-aged children will learn how to recognize what needs they have when it comes to their emotional and mental health. They will learn how to ask for what they need by speaking up for themselves and how to do that in a way that others will actually listen.
# 2022-2023 Training Offerings

Due to unforeseen circumstances we may reschedule a training. To reference the most up to date training information or register for a training, please visit the [training calendar](#).

<table>
<thead>
<tr>
<th>Training Offerings</th>
<th>Dates and Times</th>
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<tbody>
<tr>
<td>CRPS/NCPS Exam Prep Study Session</td>
<td>3rd Friday of odd months from 3:30 - 5:00 pm EST</td>
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<tr>
<td>Supervisory Skill Building Workshops</td>
<td>10/13/22, 10/27/22, TBD, 1:00 pm - 2:30 pm EST</td>
</tr>
<tr>
<td>Supervision of Peer Based Recovery Support Services</td>
<td>11/1/22 - 11/2/22, 9:00 am - 4:00 pm EST</td>
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<tr>
<td>Facilitator Development</td>
<td>11/14/22 - 11/15/22, 9:00 am - 4:00 pm EST</td>
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<tr>
<td>Recovery Planning Communities of Practice</td>
<td>11/8/22, 2/7/23, 5/11/23, 12:00 pm - 1:30 pm EST</td>
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<tr>
<td>Emotional CPR (eCPR)</td>
<td>12/6/22 - 12/7/22, 9:00 am - 4:00 pm EST</td>
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<tr>
<td>The Role of Peer Specialists in Promoting Health Equity</td>
<td>1/19/23, 1/26/23, 2/9/23, 2/16/23, 3/2/23, 1:00 pm - 2:30 pm EST</td>
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<tr>
<td>Peer Experience Certified Recovery Peer Specialist Training</td>
<td>1/23/23 - 1/27/23, 9:00 am - 5:00 pm EST</td>
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<tr>
<td>Youth Introduction to Advocacy &amp; Mentoring</td>
<td>1/25/22, 3/22/22, 6:30 pm - 8:00 pm EST</td>
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<tr>
<td>Conversations About Mental Health for High School Students</td>
<td>2/8/2023, 6:30 pm - 8:00 pm EST</td>
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<tr>
<td>Learning About Self-Talk &amp; Coping Skills - Middle School</td>
<td>2/22/2023, 6:30 - 8:00 pm EST</td>
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<tr>
<td>Peer Workshops</td>
<td>3/14/23 - 3/15/23, 9:30 am - 4:30 pm EST</td>
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<tr>
<td>Certified Recovery Peer Specialist - Youth (CRPS-Y)</td>
<td>4/12/23 - 4/13/23, 9:00 am - 5:00 pm EST</td>
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<tr>
<td>Learning to Love Yourself - 3rd - 5th Grade Youth</td>
<td>3/8/2023, 6:30 - 7:30 pm EST</td>
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