Dr. Laura Quiros, Ph.D., LMSW is a founding member of the Prospanica Center for Social Justice Advisory Board and a leader in the field of social justice and racial healing. In her work, she has focused on the importance of acknowledging harm, empathy, and witness, which are critical elements of healing processes.

The practice of envisioning is a cornerstone of social justice work because it allows us to literally envision a community, and within our own organizations and families? what diversity, equity, inclusion, and justice may look like within our homes, communities, organizations, and work environments.

In the Zoom session, I was 18 years old again, a Harvard freshman, carting all of Deming, New Mexico through the Zoom box, you lean in. This may mean you pause. You may put the agenda and business as usual aside and try to put yourself in their shoes. It may mean you try to see the situation through the eyes of the other.

The practice of envisioning requires us to imagine a world that is different from the one we live in now, a world where there is justice and equity. It requires us to think beyond our own experiences and to consider the experiences of others. It requires us to imagine a world where we all have the opportunity to live our lives in peace and harmony.

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