



Block Workshop
March 7, 2026
Ends Meat
254 36th Street
Brooklyn, NY 11232

7:00 pm – 11:00 pm (limited to 32 participants)

awaiting approval for 4 Class A CE from the AANA

Time	Session	CE Credit
6:45-7:00 PM	Check in	
7:00-7:30 PM	<p>The role of Exparel in Peripheral Nerve Blocks <i>Carly Lubas, BSN, RN, CNOR</i> <i>Michael Konstantinovsky, DNP, CRNA/APN</i></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> 1. Identify the mechanism of action of liposomal Bupivacaine 2. Recognize Exparal dosing parameters for peripheral nerve block injection for a total knee replacement 	0.5
7:30-11:00 PM	<p>Upper Extremity Blocks (Interscalene, Supraclavicular, Costoclavicular)</p> <p><i>Michael Konstantinovsky, DNP, CRNA/APN</i> <i>William Bogdon, DNP, CRNA/APN</i> <i>Jedd Dillman, DNP, CRNA/APN</i> <i>William McLaughlin, DNP, CRNA/APN</i></p>	3.5



1. **Identify ultrasound anatomy of the brachial plexus at the interscalene, supraclavicular, and costoclavicular levels**
2. **Describe indications, contraindications, risks, and benefits of upper extremity peripheral nerve blocks**
3. **Integrate patient assessment, positioning, and local anesthetic selection to optimize analgesic outcomes**
4. **Recognize and manage block-related complications in accordance with evidence-based anesthesia practice**

Truncal Blocks

(Erector Spinae Plane, Quadratus Lumborum, Rectus Sheath, TAP)

Michael Konstantinovsky, DNP, CRNA/APN

William Bogdon, DNP, CRNA/APN

Jedd Dillman, DNP, CRNA/APN

William McLaughlin, DNP, CRNA/APN

1. **Identify sonographic landmarks and fascial planes associated with common truncal nerve blocks**
2. **Compare analgesic coverage and clinical applications of ESP, QL, Rectus Sheath, and TAP blocks**
3. **Demonstrate ultrasound-guided needle placement and local anesthetic administration for truncal blocks**
4. **Incorporate truncal blocks into multimodal analgesia plans to enhance postoperative pain control**

Lower Extremity Blocks

(Adductor Canal, IPACK, PENG, Genicular)

Michael Konstantinovsky, DNP, CRNA/APN

William Bogdon, DNP, CRNA/APN

Jedd Dillman, DNP, CRNA/APN

William McLaughlin, DNP, CRNA/APN



1. **Identify ultrasound anatomy relevant to motor-sparing lower extremity regional techniques**
2. **Discuss indications and analgesic benefits of Adductor Canal, IPACK, PENG, and Genicular blocks**
3. **Demonstrate ultrasound-guided techniques to perform lower extremity blocks safely and effectively**
4. **Select appropriate lower extremity blocks based on surgical procedure and patient-specific considerations**

Needling Station

Michael Konstantinovsky, DNP, CRNA/APN

William Bogdon, DNP, CRNA/APN

Jedd Dillman, DNP, CRNA/APN

William McLaughlin, DNP, CRNA/APN

1. **Demonstrate proper ultrasound probe handling and needle visualization techniques**
2. **Perform in-plane and out-of-plane needling using ultrasound simulation models**
3. **Maintain continuous visualization of the needle tip to enhance procedural safety**
4. **Translate needling skills into safe clinical practice within the CRNA scope of practice**

Workshop Cost

Registration Costs: (Limited to 32 registrants)

- **CRNA: \$250**
- **RRNA: \$175**

***Open Bar and Food to be included**