

Minnesota Chapter of the American Physical Therapy Association 2008 Annual Report

Mission: As a member driven and volunteer-led organization, the Minnesota Chapter of the American Physical Therapy Association (APTA) leads the membership in advocating for and securing the future of the profession of Physical Therapy.

Membership: On 12/31/08, the Chapter had 1693 members and over 450 MN APTA volunteers working on behalf of our profession. The majority of the chapter activities are planned and implemented by committees and workgroups. Physical Therapist membership continues to be at a record high (1052), and PT Student membership broke the all-time high in 2008 with a membership of 348.

Chapter Finances: 39% of our revenue came from dues and 61% came from non-dues activities including conferences, continuing education, sale of Stand Up and Be Strong brochures, Peer Reviews, Bear Tracks, silent auctions; and web and newsletter advertising.

Autonomous Practice

- Created Referral for Profit Workgroup and RFP Taskforce
- Provided Chapter representation on state health care reform work groups, monitored councils and committee work

Direct Access

- *Consumer Access bill passed and became effective August 1, 2008. Patients and clients now have direct access to physical therapists for prevention, wellness, education and exercises. It changed time frame to practice without referral for undiagnosed conditions from 30 to 90 days, and allows newly licensed PTs to practice under a referral or in collaboration with an experienced PT*
- *Held 5 direct access seminars (339 registrants) throughout the state to educate members on new statute*
- Held 7th Annual Legislative Day at the State Capital, with 200 PTs, PTAs and PT/PTA Students attending



Evidence-based Practice

- Prepared evidence for direct access legislation, created position paper on Manipulation
- Initiated platform model for discussion at conferences of student research projects
- Supported quality improvement study groups that use evidence as their basis for discussions
- Held 20 professional development courses (415 registrants) through CE and Reimbursement Committees and through Peer Review
- Held Spring and Fall Conferences with 470 registrants; 76 exhibitors and 9 sponsors

Practitioner of Choice

- Ran MN State Fair Booth Featured six Nintendo Wii Fit interactive kiosks, promoting movement and activity with a computer program (Wii Fit) and Activity Quiz. 164 volunteers distributed 10,000 fans, 9,000 pieces of educational literature and 7,000 pencils; received \$11,500 from sponsors.
- Held 8th Annual Bear Tracks run with 257 runners; added 10K run; gave free foot screenings; distributed literature
- Recruited toys for Toys for Tots program; received exposure for profession on KARE-11 TV

Professionalism

- Held leadership development seminar on professionalism
- Held courses on reimbursement for members and local payers
- Assisted PTA's to become licensed by July 1, 2008 by supporting Board of Physical Therapy legislative initiative
- Continued to make changes to our peer review program to enhance our activities related to professionalism and quality practice within the profession; hired QI Coordinator
- Continued to dedicate efforts toward leadership development within the Chapter