

Drug & Alcohol Hotlines

(888) 683-0933



CALL FREE 24/7
855-489-0896



FREE SUPPORT 24/7
855-841-1616

Gambling Addiction Hotline

(844) 779-2637

Suicide & Crisis Lifeline

Text or [chat](#) the **988** Suicide and Crisis Lifeline to speak with a trained counselor who can provide support and connect them to local resources if necessary.

Like the **911** emergency service, the number is staffed 24/7 nationwide, with a network of over 200 state and local crisis call centers.