

**NABSW COMPREHENSIVE COMMITTEE REPORT:
FOR ANNUAL REPORTS AND QUARTERLY REPORTS**

Comprehensive Health and Wellness Committee

COMMITTEE NAME: _____

Frankye E. Johnson & Anthony "Tony" Harris

COMMITTEE CHAIRPERSON (S): _____

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COMMITTEE MEMBERS:

Active: Baba Willie Davis, Myrtle Ferrande, Ruth Vaughn
Annetta Wilson, Lillie Jackson Tisdale, Tiffany Person, Gloria Scott, Jackie Nash, Angela Washington,
Roxanne Ellis, Margaret Penn, Delois Caldwell, Baba Alvin Dollar,
Sharon Bomar(H&W and DP/TR), Keisha Guyton (DP/TR), Rita Walters; Angela Yarde; and OSA rep to the
committee Nakeisha Kyle.

REPORTING PERIOD: Annual Report 2016

Date: March 2017

DESCRIPTION OF THE COMMITTEE/TASK FORCE

1. COMMITTEE GOALS AND OBJECTIVES

Annual:

The Comprehensive Health and Wellness Committee (H&W) of the National Association of Black Social Workers (NABSW) purpose is addressing issues of health and wellness including effective management of and prevention of chronic disease, communicable diseases, and mental and physical health conditions affecting those who are of African-descent.

- A. Our overall goal is to continue to address any other pertinent health/mental issues affecting the Black Community.

Goals:

1. Committee will meet 1:1 when possible-i.e., SCM; but primarily thru conference calls, once every 3 months=4 times a year to conduct the business and mission of the committee.
2. Provide and disseminate educational and helpful information to members, chapters and others by (but not limited to) submitting articles, health observances, web-link references, etc., via the NABSW website, and other media/PR efforts-i.e. Facebook.
3. Submit Proposal for H&W Institute at National Conference in 2017.
4. Attend relevant trainings, workshops and networking events to be educated, and to promote the H&W Committee; along with representing NABSW on local and national

levels; as well as present through a webinar 1-2 times a year (as if system/fiscal allocation will allow); and or provide links to membership to participate in webinar trainings on any pertinent health-related matters affecting the Black Community.

5. Establish partnerships/participation with organizations such as (but not limited to) the All Healers Network, Black Psychologist, Black Nurses, Minority Health Coalitions, etc., to promote collaborative efforts in addressing the health and wellness of the Black Community.
6. Promote and support a Health Fair being offered at each National Conference-coordinated thru the local host chapter.
7. Obtain financial support from NABSW National Office to provide education/information and opportunities to enhance the work and efforts of the committee.

Updates:

Goal 1: Meetings were held via conference calls during March, (summer break) Sept., and Dec. 2016; and March 2017.

H&W Conference 2017 Institute Planning and Co-chairs have had contact in July, Oct, Dec. 2016, and Feb. and March 2017 to finalize H&W institute, with Co-chair Harris lead facilitator this year. Co-chairs have corresponded to finalize budget submission; and with DP/TR Co-chairs throughout the year in/with NABSW response to disasters/community violence and trauma in July, Aug. , Sept. 2016, and Jan., Feb. 2017.
Average committee participation on calls is 6.

Goal 2: During this quarter information submitted to the website/Facebook page or emailed articles/info to committee members included- but not limited to: Alzheimer's mental health and access/treatment disparities for Afri-Am., disaster preparedness-tornados/floods; trauma, violence prevention, black women's health, black men's health and various health observances throughout 2016 to March 2017.

Goal 3: Institute for 2017 on **"All is Not Lost: Alzheimer's and Its Impact on the African-American Community."** **Panelist: NABSW members: JaTaun Rollins, Gloria Scott, Renee Vaughn; Facilitator: Anthony Harris; and also Invited panelist: Stephanie Johnson-Monroe, Ex. Director for African-Americans Against Alzheimer's.**

Goals 4 & 5: Members have been active individually and or thru their local chapters, or the National office request; by attended or participated on calls/meetings/trainings disseminated information, etc., this quarter thru/with/on:
The All Healers Network, Emotional Emancipation Circle, Mental Illness, Trauma Informed Care, Violence Prevention, Black Psychologist, Black Nurses, Alzheimer's, Flint Michigan and water/lead crisis, Public Health SW (to name a few).

Goal 6: **2017 Conference Health Fair:** DC Chapter President and local conference chair, Sis. Barbara Akins, along with their chapter, will host the conference health fair. Local health fair coordinator, is Margaret (Peg) Pegram. The Health Fair will be held on April 12, 2017 from 12p-4pm. Theme: "Balancing our Lives for Better Health". H&W Committee will have a table.

Goal 7: **Budget:** A budget proposal submitted to the National Office for 2017 (on June 30, 2016^t). Some income generated from 2016 sell of items. 2017 request of funds: 1,190.00, to be utilized for marketing and promotion, purchasing items for Fundraising; defray cost (supplies, food, certificates, copying, shipping) to local chapter in hosting a health fair with vendors). Granted for 2017: \$250.00.

2. COMMITTEE INFORMATION, PROJECTS, EVENTS AND ACTIVITIES

See above under Quarterly report progress All Goals and Updates/Highlights.

- **Flint (MI) Project:** Tony Harris stated that ABSW MI chapters had made efforts to contact the Flint in later part of 2016, but no response, to see if further assistance needed. Gloria Scott reported that Flint members had been on the “All Healers Network” calls; and they were still anticipating the need for bottled water to last at least for another year; with special emphasis/follow-up, being placed on the effects of lead contamination and treatment for residents. Sis. Gloria and Roxanne will confer with National Office/Board as to NABSW response. Several local chapters continued to send water: i.e. Detroit, Central Indiana).
- **Disaster Relief:** Committee made contact with NO chapter President and helped disseminate information about need and how members could contribute with gift cards/donations via the NO chapter to those affected in Baton Rouge (Sept.Oct. 2016). DP &TR committee reached out to National Book keeper to clarify funds available in the Disaster relief fund. Some discrepancies indicated and National VP Roxanne Ellis also involved with National Office to secure more information. Sis. Gloria also recommended review of process to request, and distribute monies for disaster assistance. Frankye, Roxanne, and Angela have disseminated information to current Committee, and will follow-up with them in updating and clarifying process. Committee also checked on those affected by natural disasters in MS, NO (again), East Coast throughout 2016-2017.
- Roxanne reported on recent meetings she has attended related to “All Healers” and efforts to bridge gaps/open communications with FEMR and the Red Cross (possible MOU) and inclusiveness of African-Americans per policy, decision-making and responding/ providing services to those affected by disasters/trauma in the African-Am. community. It has been recommended NABSW should take the lead in efforts of Cultural Competency training for these and other organizations.
- Baba Willie Davis submitted the following information: Fighting [Hepatitis in Communities of Color: Strategies and Best Practices to Engage Consumers in Underserved Communities](#)
Launching a New Blog, NIMHD Insights At the one-year anniversary of his appointment as director of NIMHD, Dr. Eliseo J. Pérez-Stable welcomes you to the Institute's new blog, NIMHD Insights. Check out his first blog post, exploring what minority health and health disparities means in scientific research. [Click here to subscribe to the blog.](#)
- Frankye Johnson attended the Public Health Summit in Oct. 2016 sponsored by the University of Pittsburgh, on invite of President Oliver, served on panel addressing “Leaders in PH”.

3. *PROJECTED ACTION FROM THIS REPORTING PERIOD TO THE NEXT REPORTING PERIOD:*

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- **2017 Conference and Health Fair**
- **Determination of active/inactive committee members**
- **2017-2018 Goals/initiatives for H&W Committee**
- **2018 H&W Budget:**
- **2018 Institute Proposal**
- **New Co-chairs for 2018**

COMMITTEE RECOMMENDATIONS, COMMENTS AND/OR SUGGESTIONS FOR NATIONAL CONSIDERATION:

- Continue to improve communication and dissemination of H&W information via all mediums accessible to membership and the community at large.
- Seek assistance in doing webinars.

Frankye E. Johnson and Anthony “Tony” Harris
Comprehensive Health and Wellness Co-Chairs

Signature(s)

Date report Submitted: March 21, 2017