NASW-MD, through advocacy, education and collaboration with diverse stakeholders and guided by its Code of Ethics will: Promote social justice, promote the social work profession, support professional development of social workers and advance professional social work standards.

2015 Annual Conference: Social Work Paves the Way for Change

Pre-Conference Forensic Social Work: At the Interface of Social Work and the Legal System

By JENNI WILLIAMS

s you know, social workers will celebrate Professional Social Work Month in March. The 2015 Annual Conference theme, Social Work Paves the Way for Change coincides with the 60th Anniversary of NASW. At that time, the National Association of Social Workers (NASW) will also begin an eight-month celebration of its 60th anniversary which will end in October, the month NASW was founded in 1955.

The theme "Social Work Paves the Way for Change" was selected to convey what NASW and the social work profession have done over the past six decades to bring about positive changes in society and for individuals.

The National Office has posted a list of Social Work Month activities on their website, which can be found at www.socialworkers.org. The Maryland Chapter

SOCIAL WORK
PAVES THE WAY FOR



looks forward to celebrating NASW's 60th birthday at our 2015 Annual Social Work Month Conference on Thursday and Friday, March 26-27 at the Maritime Institute



Dominic Carter



The Honorable Cynthia Callahan

of Technology near BWI Airport.

Our keynote speaker for this year's conference will be Dominic Carter, a television political commentator and author who has been in the journalism field for over 25 years. He is a contributing writer for *The Huffington Post*, and speaks pub-

CONFERENCE Continued on page 3

This special edition of
The Maryland Social Worker
mails to all 12,000 licensees
in the state, not just
NASW-Maryland Chapter
members! Have you
considered joining NASW and
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member benefits?
SEE PAGE 2 FOR MORE
INFORMATION!



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Calling All Students!

By Danielle Bouchard, NASW-MD Board Student Representative

n Wednesday, February 25, 2015, social work students from across Maryland will be descending on Annapolis in order to learn more about the legislative process in our state. This is a yearly event, provided so that in the future, as professional social workers, the students will understand how to lobby and influence policy on behalf of their clients and their organizations. First thing in the morning, we will convene in the Senate building to hear about current issues of interest before the General Assembly, the NASW legislative agenda, and there will be a special guest speaker-Adrienne Ellis, LGSW, director of the Maryland Parity Project. At noon, students will have the opportunity to join a huge rally on Lawyer's Mall which is being hosted by the Maryland Behavioral Health Coalition. In the afternoon there will be an opportunity to visit legislators, tour the capitol, sit in on committee meetings, or attend a workshop.

Advocacy Day is **FREE** for members of NASW and there is a nominal fee for non-members, but you must register to attend. Students and faculty planning to attend Advocacy Day are encouraged to contact their legislators to schedule an appointment if a one-on-one meeting is desired. Remember, every voice counts. For more information on Social Work Students' Advocacy Day and to register for the program, contact the Maryland Chapter office or visit our website at www.nasw-md.org and watch this space for a report after our successful event!

Student Conference NASW

NASW will be holding its bi-annual Student Conference on Saturday, April 11, 2015 at UMBC. The keynote address, "Latest Trends in the Social Work Workforce," will be presented by Tracy

Whitaker, DSW, associate professor and Associate Dean for Academic and Student Advancement, Howard University School of Social Work. A very interesting agenda has been organized with presentations on such topics as: Investigating the Role of Mobile Applications in Social Work; Community Service Options after Graduation; What Are Graduate Schools of Social Work Looking For?; and How to Get Licensed in Maryland. In addition, there will be a panel of social work professionals speaking about the various specialties social work students can choose from. The price of this event is nominal (to fit student budgets) and includes lunch. Finally, the vendor area will have graduate school representatives from UMB, Morgan, and Salisbury as well as a number of out-of-state MSW programs. For those ready to graduate, employers will also be present to speak with you! Please visit www.nasw-md.org for more information and to register for the conference.



PRESIDENT'S REPORT

By Chris Garland, MSW

Happy New Year!

2 015 promises to be an exciting year for NASW and the NASW-Maryland Chapter. The National Office of

NASW is exploring possible restructuring

proposals for the association, and this month the National NASW Board of Directors will vote on recommendations from a boardappointed modernization task force. We will keep members apprised of these matters as they develop, and will share more information when it is available.

Leaders focus on the future, and as the President of the Maryland Chapter, I'm already focused on the Chapter elections which will take place in May. The Chapter needs YOU to serve on the board. We are looking to complete our slate of candidates soon, and are seeking individuals interested in running for the positions (see complete list on page 8) on the Chapter's board of directors.

If you are interested, please contact: Daphne McClellan (nasw.md@verizon.net) or Cherie Cannon, CNLI Chair (cheriecannon@verizon.net).

Finally, March is Social Work Month, and the theme this year is "Social Work Paves the Way for Change." I love this theme as I feel it speaks to the work each of us does daily as agents-of-positive change in the lives of our clients and communities, as well as the work we do in both policy and macro settings. We have much to be proud of, and a wonderful conference to look forward to. In fact, I look forward to greeting you at our 2015 Annual Social Work Month Conference at the Maritime Institute on March 26 and 27, 2015. Together with an amazing planning committee and NASW-Maryland Chapter staff, we plan a rewarding and enriching conference with robust CEU programming. See you in March!

in addition to the administrative changes,



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EXECUTIVE DIRECTOR'S REPORT

By Daphne McClellan, Ph.D., MSW

Paving the Way for Change

ow, the month of January flew by and I am finally getting used to writing 2015 instead of 2014! All of our committees are meeting, our annual conference is planned, and Advocacy Day is right around the corner. It is just the second week of the legislative session and I have already been to Annapolis twice to represent you. It appears that 2015 is going to be no less eventful and busy than 2014.

There is much we do at the chapter office which remains the same year after year. From January through April we represent

you at the General Assembly and train students in Legislative Advocacy. During March we celebrate "Professional Social Work Month" through a public relations blitz, our annual awards ceremony, and our annual conference. In May we make the rounds of social work schools to congratulate the graduates and welcome them into the profession. Throughout the year we offer continuing education to help you earn your CEUs, we track the Board of Social Work Examiners and attend meetings and workgroups to represent your interests, and our practice committees keep abreast of the ever-changing landscape of our profession. During the summer, as the meetings slow down a little, we make our preparations for fall when we return with a full schedule of continuing education and

Though many activities continue from year to year, it is important to look ahead each January and prepare for any changes. This year we have some major changes in Annapolis and inevitably those changes will affect you and your clients. First, we have had a change in leadership with Governor Hogan coming to the helm. He has been busy naming his cabinet and replacing most of the state agency heads. Second, the state has a budget deficit and that means

there will be significant cuts to many of the programs the state funds. Governor O'Malley began the cutting, and we should expect more to follow from Governor Hogan. Inevitably, this will mean less money for many of the programs which our clients depend on. Since many of us work for the state in one capacity or another, this kind of change can cause anxiety and concern. While many of the administrative changes are the prerogative of the governor, they must be approved by the legislature, along with the budget. Our legislative committee and our lobbyists will be keeping track of what is happening in Annapolis, but we are also dependent on YOU to let us know what you are hearing and experiencing at the local level. Please call our office if you want to make us aware of budget bills and other legislation of concern to you. NASW is your voice in Annapolis. We can make a bigger (and louder) impact when we speak together. Watch your email for legislative alerts and prepare to make your

Please feel free to contact me at any time with other suggestions of how NASW-MD can better serve you: nasw.md@verizon.net or 410-788-1066 ext. 16. And by the way, *Happy New Year!*

JOIN NASW

Learn more about NASW Membership TODAYI



ASW provides career protection for members and is working to provide even more opportunities for affordable professional development. With the support and engagement of NASW Maryland members, we've gained state legislative wins to protect the profession and the clients we serve. We've also added new low-cost ways to earn CEUs, network, and obtain better personal liability insurance than ever before.

A few ways NASW Maryland serves members and social workers include:

Successfully Advocating for Your Protection

- Your Executive Director and Professional Standards Committee work hard to protect and expand your professional privileges and scope of practice.
- In addition...the Legislative Committee supports, testifies for, and introduces legislation that is good for social workers and our clients.

Providing More Free CEUs

Now, NASW members can get many CEUs free using a combination of webinars and free in-person workshops provided by NASW National and NASW Maryland.

Helping You Build Your Network

 Getting involved with NASW Maryland through branch meetings, committee meetings, CEUs and networking events can help you build connections to other social workers and organizations for resource building or job hunting.

FREE Members-Only Consultation Services

- Maryland chapter has a mentoring program to help you professionally as you move through all stages of your career.
- National Office provides phone consultations related to professional/ethical concerns for all members.

Covering You Personally

Purchasing your own professional liability coverage means you'll be covered, even if your employer requires you to reimburse them for damages, or if you change jobs. Liability insurance through NASW is deeply discounted, and also comes with access to a free legal consultation hotline staffed by attorneys.

Remember, with NASW membership, you are also getting "Career Insurance." Without a strong NASW in Maryland our profession will lose ground to individuals with non-social work degrees, because we know everyone thinks they can do social work. Your continued support as an NASW member assures a strong Maryland Chapter that is here to fight for you.

So please join or rejoin today! Go to www.socialworkers.org/join or call (800)742-4089. Contact the Maryland Chapter by email at nasw.md@verizon. net or by phone at (410) 788-1066 ext. 16 for help and information.

NOMINATE NOW FOR THE 2015 NASW-MD ANNUAL AWARDS!

Recognize Your Fellow Social Workers and a Local Citizen

t's time again to recognize and honor your fellow Maryland Chapter members, student members, and a local citizen who have made outstanding contributions to the profession or the community. The awards, which will be presented at NASW-MD's Annual Social Work Month conference to be held on March 27, 2015, include Social Worker of the Year, MSW and BSW Social Work Students of the Year, Social Work Educator of the Year, the Social Work Lifetime Achievement Award, the Public Citizen Award, and Social Work Field Instructor of the Year. Please note that, with the exception of the Public Citizen Award, nominees must be a current member in good standing with NASW-Maryland Chapter (it is okay if they join now). Don't miss this opportunity to say thanks and lift up colleagues who have done so much for the profession and their communities!



Awards must have made significant and outstanding contributions to the profession of social work, displayed leadership in the profession, earned the respect of fellow social workers and represented well the professional ethics of social work.

DESCRIPTIONLifetime Achievement Award nominees should, additionally, be individuals who have a significant span of achievement over his/her career that distinguishes them and a long legacy of commitment to the profession.

Work Educator of the Year and Social Work Field Instructor of the Year must educate the public about the unique qualifications and diverse professional activities of social workers and must support high standards for training in social work education. The Educator of the Year must advance the body of social work knowledge through research and publication.

Nominees for Social Work Field Instructor of the Year should be individuals who have demonstrated an outstanding adeptness at providing the professional support, mentorship,

and knowledge necessary to ensure field experiences which contribute to the development of able, efficient, and well-versed future social work professionals, and who have made the field experience a meaningful one.

Nominees for the 2015 Maryland Citizen of the Year cannot be members of the social work profession. Individuals nominated must have made specific outstanding contributions to the human services field and have personally represented ethics compatible with those defined in the NASW Code of Ethics.

Please visit our website, www.nasw-md.org, for the nomination form or contact Daphne McClellan, at 410-788-1066, ext. 16 (or nasw.md@verizon. net), to request a nomination form or further information. Please include a statement of 350 words or less telling us why you believe your nominee deserves the award, and those contributions the individual has made that makes him or her unique. Attach additional sheets to the form, if necessary.

PLEASE BE SURE TO INCLUDE A CURRENT RESUME FOR YOUR NOMINEE.

HURRY! DEADLINE FOR SUBMISSION OF NOMINATIONS IS WEDNESDAY, FEBRUARY 11 AT 5 P.M.!

■ CONFERENCE from page 1

Awards Criteria

▶ Nominees for the 2015 Social

Worker of the Year Award, Lifetime

Achievement Award, and Social Work

Students (BSW & MSW) of the Year

licly across the country on the subjects of child abuse and foster care. He is a survivor of abuse and was also in foster care, and writes about them in his memoir No Momma's Boy, which recounts his life as a child growing up with an abusive mother. The book takes the reader through his struggling childhood growing up in the NYC housing projects all the way to his career as a successful political journalist. Dominic believes the future of America and the world lies in the hands of our youth. It is important to provide the best education and to give back whenever possible. Dominic, who lives in New York with his wife and two children, says he went into television journalism to be a "voice for the voiceless." We are honored to have him as our keynoter speaker this year, and look forward to hearing his message.

This year's pre-conference day focuses on forensic social work and is entitled, Forensic Social Work: At the Interface of Social Work and the Legal System. The keynote speaker

for Thursday will be The Honorable Cynthia Callahan, Associate Judge of the Circuit Court for Montgomery County, who will speak on the marriage of social work and the law in her keynote address entitled, Social Workers: Paving the Way to Change.

After the keynote, attendees will choose from a variety of ten different workshops and panel discussions throughout the day (for a total of 6 Cat I CEUs), including: Behind Closed Doors (panel); Reentry for All: An Expanded Approach to Jail Based Reentry Services (panel); Cracking the pipeline to the Criminal Justice System (panel); Children of Incarcerated Parents: The Silent Victims; Ethics and Responding to Behavioral Health Emergencies; The DSM-5 and Its Impact on Forensic Work with Juveniles; PTSD: How the Victim Becomes the Accused; The Smallest Victims: Intimate Partner Violence and Child Witnesses; Exploring Civil Commitment, Outpatient Commitment, and Forced Medications; and a Holistic Advocacy Panel Discussion.

On Friday, our Annual Conference features a fantastic lineup of 13 workshops (for a total of 6.5 CEUs) which focus on issues relevant to all social workers: *Recovering from*

the Shame, Guilt, and Embarrassment of Sexual Abuse; Meeting the Challenges of the Aging Boomer Generation; Spirituality as a Resource for Mental Health and Wellness; Structuring the Environment: DBT Interventions for Parents; Care Committees: Power for Patients, Support for Caregivers; Collaborating Across Disciplines, Professions, and Theoretical Orientations: A Communication Approach; Kaleidoscope of Play Therapy Techniques; Motivational Interviewing; Companioning the Dying: Ethical Dilemmas; Impact of Laws and Regulations on Social Work Practice: What You Don't Know CAN Hurt You; Helping Men Give and Get All the Love They Can; PTSD In Combat Veterans and its Impact on the Family; and Where are You With Change?

As always, our highlight on Friday will be the annual award ceremony presentation during lunch, where we will honor fellow social workers and a public citizen from Maryland who have made outstanding contributions to the field of social work.

We look forward to seeing you at this year's conference! For the complete schedule and registration form, please go to the center pages of this paper.



By Jenni Williams

We are still in the planning stages of hosting an all-day film festival and discussion in 2015 at UMBC. We are waiting on approval for a fall date, and the festival will either be on a Saturday or Sunday. We are hoping to make use of two different theater style rooms for viewing films. Please contact us with your suggestions for movies as well as discussion facilitators. Films should be relevant to social workers, and up to 6 CEUs will be offered. The day will include 2-6 movies (shorts or feature length) and will span over a 6-8 hour timeframe.

Please contact Jenni at jwnasw.md@verizon.net with all suggestions, and look for the details in our July issue or online.

Join Us in Being SOCIAL Workers!

To see our usernames for these sites, go to our webpage:

www.nasw-md.org

and check out the links to our profiles.

Be on the lookout for more tagging, tweeting, posting and updating.







SOCIAL WORK ACROSS THE STATE: BRANCHING OUT

An Overview of Mobile Crisis Services On Maryland's Eastern Shore

By Angela Blake, LCSW-C NASW-MD EASTERN SHORE BOARD REPRESENTATIVE

ccess to mental health services is not only a problem across our nation, but also right in our back yard. As social workers, our goal is to help those who need it. One of the ways we help people is by being an advocate and a resource guide. For those readers who are not familiar with Eastern Shore resources, here are just two examples of mental health resources available. The mental health system for the Eastern Shore is still rather new. It has taken a lot of time, energy, and talents from the various professionals to make these services available for our vast and rural population. One of these systems is The Mid Shore Mental Health Systems (MSMHS), a nonprofit 501(C)(3), which manages and monitors a variety of services and programs for the Eastern Shore's most vulnerable citizens. MSMHS' mission is to effectively coordinate mental health services with quality assurance and cost effectiveness that meet the needs of the rural community. With the addition of the Eastern Shore Crisis Response and Resource Helpline in 2010, MSMHS has brought a model rural mental health delivery system with a continuum of mental health services door to door. These servic-

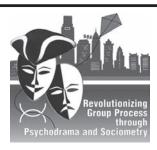
es ensure consumer, family, and individual empowerment and are developed to assist consumers to live to their optimal potential. The Eastern Shore Crisis Response and Resource Helpline has two components that work parallel to ensure safety and wellness.

The first component is the hotline which is managed directly by MSMHS, and is the Eastern Shore Operations Center (ESOC) (phone:1-888-407-8018). This number serves as the behavioral health emergency, urgent, and information and referral call center for all nine counties of the Eastern Shore: Caroline. Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico and Worcester Counties. The ESOC is available 24 hours a day, seven days a week to assess and respond to calls from consumers, family members, community members, businesses, and human services agencies. ESOC staff provides links to community resources through referral to all appropriate and existing behavioral health and human services. In addition, the call center assesses the call and for emotional crisis or emergencies a mobile crisis team is assigned. http://msmhs.org

The second component is the Mobile Crisis Teams (MCT), which is managed by the Affiliate Santé Group. Affiliate Santé Group roots date back nearly 40 years to the founding of the Rock Creek Foundation (RCF). That entity, which remains part of The Affiliated Santé Group today, pioneered the communitybased treatment of individuals with both psychiatric needs and developmental disabilities, employing values-based treatment services. The organization's desire to deepen its capabilities and serve a broader array of people led to the creation, in 1992, of Affiliated Santé Group and Santé Medical Associates. The Affiliated Santé Group remains as the umbrella organization that defines Santé today.

Four regional Mobile Crisis Teams (MCT) cover eight of the nine counties on the Eastern Shore. Worcester County is not included. Mobile Crisis Team members intervene with callers referred from the ESOC who are experiencing a mental health emergency. "A crisis/emergency is generally defined as any mental and/or emotional state and/ or behavior that endangers life or safety." Mobile Crisis Teams assist law enforcement and emergency responders, providing behavioral health crisis consultation and intervention to stabilize the consumer in the least restrictive environment through a range of services including: assessment, crisis intervention, supportive counseling, information

and referrals, linkage with appropriate community based mental health services for ongoing treatment, and follow up. Trained licensed mental health professionals make up the MCT, offering the benefit of quality comprehensive services. Staff are able to assist in making direct referrals to treatment centers, mental health providers, and when necessary, an emergency petition directly to the local hospital for a psychiatric evaluation. MCT often utilizes urgent care appointments, offering the consumer in crisis a mental health appointment with a mental health provider within 48 hours. Urgent care appointments are available in all nine counties on the Eastern Shore through mental health clinics. These appointments are available to anyone not currently linked to mental health services. MCT follows the consumer until they are fully linked to appropriate services. MCT makes every effort to involve family members, other agencies, community members, and others who the consumer deems supportive to their mental wellbeing. This service is minimizing the gaps between crisis and service. Its core function not only assists consumers in crisis, but it also decreases hospitalizations and engagement with law enforcement.



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Doug Walter is the Associate Executive Director for Government Relations for the American Psychological Association Practice Organization and a leading mental health advocate in Washington, DC. He was a principle negotiator in discussions leading to Congressional passage of the Mental Health Parity and Addiction Equity Act and the Affordable Care Act. A principal privacy advocate, he helped formulate patient privacy protections in the HIPAA Privacy Rule and HITECH Act.

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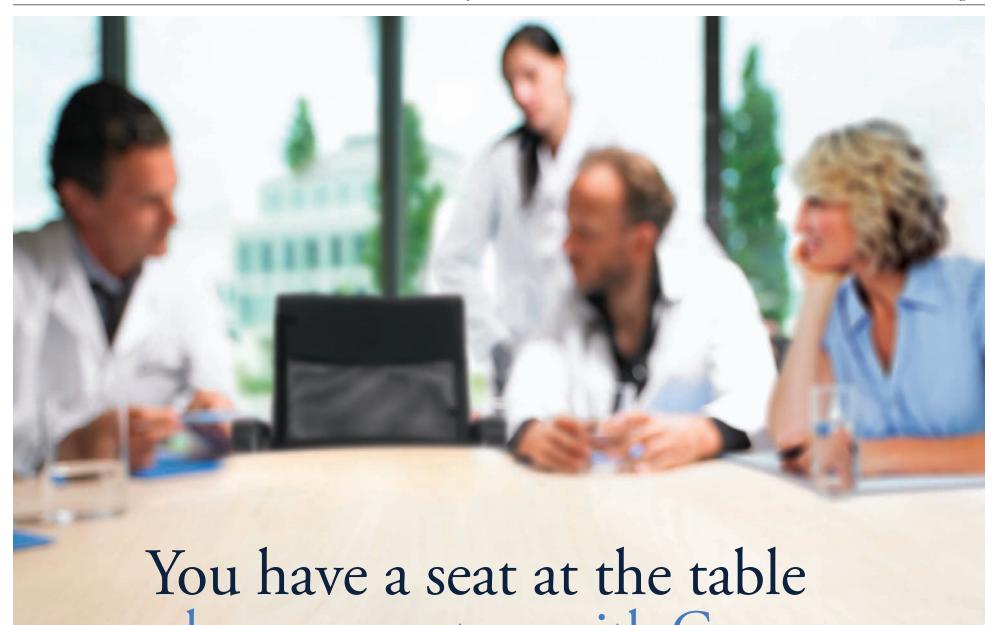
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THE HISTORY COLUMN

Clare Britton, Social Worker

By Harris Chaiklin

here is an old saying that behind every great man there is a great woman. Clare Britton was an English social worker who fits this bill. Her name is not widely known in this country, but she was the second wife of pediatrician and psychoanalyst Donald Winnicott.

Winnicott is well known in this country, especially for his modifications of Kleinian Object Relations Theory to emphasize that personality develops in relation to the persons in their situation. Some terms connected with him are "the holding environment" which is associated with the concept of "the good enough mother," and the "true and false self" which is connected to ideas of "inferiority and growth," and "transitional object" (which refers to things children are attached to and always keep with them).

The question is, what does Clare Britton have to do with this? Joel Kanter (Kanter 2005) has written an article that answers this question.

Clare and Donald met when he was a consultant at an institution for difficult children who had been evacuated during WWII. Winnicott was not particularly effective in this place, but he did meet Clare, and out of this meeting grew a highly successful collaboration. She was well equipped to be his collaborator and more. Even before she went to school, her first jobs were social work oriented. In 1938, she completed the Social Science Course at the London School of Economics. After that, she worked with troubled youth. During the war in 1941, she returned to the London School of Economics, where she completed the Mental Health Course. She went to work with evacuated and troubled children. Winnicott was a consultant at the agency. Her boss described the place as 'a mess', and Winnicott as a person who came once a week but didn't believe in social work so he wanted to do it all himself. Clare's job was to straighten everything out. The staff complained that Winnicott didn't tell them what to do, so she said, "Tell him what to do and see if he has any comment." In one amusing incident, she described how the staff looked up to him and saved good food for him when he came. She informed him that he was eating the children's butter ration for the week.

Their collaboration began quickly and soon they were coauthoring articles. Kanter, in commenting on this relationship, says, "...the jointly authored articles clearly delineate Clare's leadership role in directing the hostel scheme and Donald's secondary role as consultant; in no way could this relationship be described as one of clinical supervision (Kanter 2005, p. 463)." Kanter is meticulous in documenting her writing concepts, such as the holding environment, which later tends to be attributed solely to Winnicott. He says, "While Donald certainly acquainted Clare with the fundamentals of object relations theory, Clare brought her own creative powers to the work in Oxfordshire, using aspects of this

theory in a practice setting quite different from the analytic consulting room (Kanter 2005, p. 468)."

After the war (1947-1958), she directed the Child Care Course at the London School of Economics. She also became a major figure in English social work. Her collaboration with Winnicott continued. In 1958, the course was merged in a generic Applied Social Studies Course. They both objected. Kanter cites an unpublished paper by Winnicott, "He argued that it was naïve to believe that a year's non-specialized training adequately prepares social workers to function in child care, probation, medical, and psychiatric social work (Kanter 2005, p. 469)." The debate about when to specialize continues today.

Their collaboration was reflected in the mutual influence they had on each other. Winnicott became involved in the world of social work, and both taught social workers and published in social work journals. Kanter notes that even though Winnicott was open about his connection to social work, psychoanalytic scholars seldom cited this. Clare became involved in psychoanalysis. With many of the key ideas attributed to Winnicott it is hard to distinguish which one postulated the notion first. Kanter starts his concluding paragraph by writing, "Decades ahead of their colleagues both in social work and in psychoanalysis, Clare and Donald used clinical data rarely found in psychoanalysis proper to explore how 'facilitating environments' enhance 'maturational processes.' This integrative approach challenges us today as many practitioners are more comfortable focusing either on the environment or the psyche, but not both together (Kanter 2005, p. 480)." This is a rich article and the brief summary provided here hardly does it justice. Kanter has a deep knowledge of the Winnicotts and their ideas. He has also edited a book on Clare Winnicott (Kanter 2004). Kanter is not alone in seeing her as being both influential in Donald Winnicott's work and in English social work. He begins the article by citing others who have the same opinion. This raises an interesting thought. While Donald Winnicott's work is fairly well known in this country, American social work has taken almost no notice of Clare Britton Winnicott. Perhaps American social work has a cultural blindness that could be cured by looking at ideas and service delivery systems in other parts of the world and integrating what is useful into American practice.

References

Kanter, J., Ed. (2004). Face to face with children: The life and work of CLare Winnicott. London, Karnac.

Kanter, J. (2005). "'Let's never ask him what to do': Clare Britton's transformative impact on Donald Winnicott." *American Imago* 61 (4): 457-481. The National Association of Social Workers Maryland Chapter presents the

TENTH ANNUAL CLINICAL CONFERENCE

September 24-25, 2015

The Maritime Institute of Technology 692 Maritime Boulevard Linthicum Heights, MD 21090

APPLICATION FORM

Applicants must be graduate level professionals, preferably social workers.

Instructors should submit the following:

- Completed application form
- A one page description of the proposed presentation (no more than 350 words) including an overview and educational objectives. Please include a breakdown/outline of the presentation
- A vitae or resume (if two presenters are jointly presenting, please submit a resume for both). Please make note of previous workshops you have presented, including workshop topic, date, and sponsoring organization.

Name(s):	
Degrees/Designations:	
Presentation Title:	
Job Title:	
Employer:	
Work Phone:	Home/Cell Phone:
Home Address:	
Email Address:	

State the workshop's relevance to the practice of Clinical Social Work:

(Use additional sheet if necessary)

Workshop Duration:	☐ Three Hours	☐ Six Hours	
Program Level:	☐ Intermediate	□ Advanced	
Workshop Time Preference:	☐ Thursday AM	☐ Thursday PM	
(Check all that apply)	☐ Friday AM	☐ Friday PM	■ No Preference

Please list at least two references:

1.

2.

Audio-Visual Requirements*

Will you be bringing your own laptop? ☐ Yes ☐ No

If so, is it a: ☐ PC ☐ Mac

*Each room is provided with internet connection, LCD projector, a white board, and a flip chart.

Return this form to:

Jenni Williams, Director of Communications & Continuing Education NASW-MD Chapter, 5750 Executive Drive, Suite 100, Baltimore, MD 21228 (410-788-1066, ext. 13) or email submissions to: jwnasw.md@verizon.net

PLEASE RETURN BY MAY 11, 2015

UM SSW Enters Partnership with CASE, Others to Improve Nation's Adoption Outcomes

he University of Maryland School of Social Work (SSW) has entered a partnership with the Center for Adoption Support and Education (CASE) to better prepare the nation's child welfare and mental health services workforce to help adoptive parents and children.

The U.S. Department of Health and Human Services' Children's Bureau, an office of the Administration for Children and Families, has awarded a \$9 million grant to CASE for the National Adoption Competency Mental Health Training Initiative (NTI). As a partner on the five-year project, the SSW has a subcontract worth more than \$2.5 million for the period.

The intent is to find additional ways to train child welfare staff, supervisors, and community-based practitioners endeavoring to help families with adopted children. Research has shown a higher likelihood that an adopted child will need exceptional assistance to meet typical standards of success. "Many will struggle with behavioral health and educational problems," said SSW Dean Richard P. Barth, PhD, MSW, who has studied adoption outcomes for more than three decades.

"Developmental science is clear; there is a greater variability for outcomes among adopted children than among non-adoptees," he said. "In time, a better trained mental health services workforce will ease the path for adoptive parents and children and ensure that more adoptions meet expectations."

Among the SSW faculty and staff members, in addition to Barth, who will contribute to the NTI are the SSW's principal investigator Marlene Matarese, PhD, MSW; Meredith Waudby, MSW, project director; and Bethany Lee, PhD, MSW, the SSW associate dean for research who is the initiative's research director. Also participating is Michelle Zabel, MSW, director of The Institute for Innovation and Implementation, which was instrumental in securing the NTI opportunity for the School.

Barth stated: "My colleagues and I at the University Of Maryland School Of Social Work are delighted that the Children's Bureau has recognized the need for a more competent mental health workforce to assist adoptive families.

"We are thrilled to have the opportunity to work with Debbie Riley and CASE, the nation's leader in the development and delivery of competency-based adoption training," he said.

As chief executive officer of CASE, Debbie Riley, LCMFT, is NTI's principal investigator. "We have spent the past seven years at CASE building the framework



Leaders of NTI recently gathered to launch the training initiative. Back row, left to right: Sarah Greenblatt of CASE, director, NTI; Devon Brooks, associate professor at USC; SSW Dean Richard P. Barth; Leslie Savary, CASE; and Meredith Waudby, SSW's project director for NTI.

Front row, left to right: Edythe Swidler, Lilliput Children's Services; Bethany Lee, SSW associate dean for research and research director for NTI; adoption consultant Susan Livingston Smith, professor emeritus, Illinois State University; CASE CEO Debbie Riley, principal investigator for NTI; Anne Atkinson, PolicyWorks; Marlene Matarese, SSW's principal investigator for NTI; and Valerie Kunsman, CASE.

for the delivery of an evidenced informed adoption competency training program," she said. "Now through this federal cooperative agreement, with the Children's Bureau and our national partners, we will be able to enhance the skills of child welfare staff and mental health professionals to meet the diverse and complex mental health needs of the foster and adoption community."

"We have engaged many of the top leaders in the field to help guide this process, lending expertise to this critical initiative that will have far reaching impact in our field for years to come," she said. Riley recently spoke about the initiative in a video interview with CenterMaryland.

The national center involves, principally, identification of treatment competencies, followed by on-line training and ongoing consultation, and support. Significant effort and expertise will be applied to ensure that the training is being delivered with fidelity and the adoption-competent services are being delivered faithfully.

Matarese expressed gratitude to the Children's Bureau for "prioritizing this very important initiative."

"The emotional experiences of children and their families during the adoption process can be simultaneously joyful and exasperating, which creates challenges for these new families," she said. "Having professionals trained to best meet the unique needs of these loving families is critical in ensuring that they receive the highest quality of care."

Other entities collaborating on the initiative include the University of Southern

California School of Social Work (USC); the National Indian Child Welfare Association; Northwestern University; the Alliance of Children and Families; and Lilliput Children's Services (LCS).

Leaders of NTI recently gathered to launch the training Initiative. They included Barth, Lee, Matarese, and Meredith Waudby, all of the SSW; Riley, Sarah Greenblatt, Valerie Kunsman, and Les-

lie Savary, all of CASE; Edythe Swidler of LCS; Anne Atkinson of Policy Works; adoption consultant Susan Livingston Smith; and associate professor Devon Brooks of USC.

The University of Maryland is home to the Graduate School and schools of dentistry, law, medicine, nursing, pharmacy, and social work and is the founding campus of the University System of Maryland.



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Maryland Chapter, NASW Call for Nominations

t's time once again to nominate new people to the Chapter Board of Directors and the Chapter Committee on Nominations and Leadership Identification. Please go to our website (www.nasw-md.org), look to the right hand side and click on "Leadership Opportunities" for more information and nomination forms. If you have any questions please call Daphne at 410-788-1066 ext. 16.

The deadline to nominate yourself or someone else (get the nominee's permission), is March 15, 2015 at 5:00 P.M.

The following positions are open:

Board of Directors

- President-Elect • Treasurer
 - Branch Representative, Eastern Shore
 - Branch Representative, Southern MD
 - Branch Representative, Metro Baltimore
 - Branch Representative, Western MD
- Branch Representative, Suburban MD
- MSW Student Representative
- BSW Student Representative

All positions are for two years: July 1, 2015-June 30, 2017, except for the student representatives to the board and President-Elect which are for one year: July 1, 2015-June 30, 2016. The President-Elect will then serve as President July 1, 2016 - June 30, 2018.

CNLI: Committee on Nominations and Leadership Identification

We need five new members of this committee- one from each branch. This committee will meet as needed to nominate people for office and to select the Awardees for the Annual Conference.

PACE

Finally, we are looking for members of PACE (Political Action for Candidate Election) from each of our five branches.

Delegate Assembly

We are looking for delegates to the 2017 National Delegate Assembly.

To complete a nominations form please go to www.nasw-md.org, click on "About Us" in the masthead and then click on "Leadership Opportunities"

Mondays, April 27-June 29

Chapter Sponsors Special Ed Classes for School Social Workers

ew dates have been scheduled for the Introduction to Special Education for the School Social Worker (#1949) course at the Maryland Chapter office. This spring's course will run every Monday, 4:30 p.m. -7:00 p.m. at the Chapter Office beginning April 27, 2015 and ending June 29.

The sessions include 15 hours of face-toface instruction and 15 hours of online, independent study.

We are delighted to have Dr. Mary Ellen Lewis of the Kennedy Krieger Institute as our instructor once again.

If you would like to make a

please contact Jenni at

410-788-1066 x13.

submission to a future paper,

The program is sponsored by the Mary-

NASW-MD CHAPTER WELCOMES

YOUR LETTERS & ARTICLES

land Chapter's Social Workers in Schools Committee, chaired by Gail Martin, and is designed specifically to enable school social workers to meet the Maryland State Department of Education (MSDE) certification requirements. The course fulfills the requirement that school social workers must

have completed a college level course in Special Education at least 90 days prior to the expiration of his or her certificate. An additional advantage is that upon completion of the course, you will earn 3/4 of the required CEUs for licensure renewal. Sign up today: www.nasw-md.org



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Maryland Chapter Receives Grant

The John A. Hartford Foundation Awards NASW Grant to Bolster Services to Older Adults

NASW will use grant to improve supervisory and leadership skills, expand gerontological knowledge

he John A. Hartford Foundation has awarded the National Association of Social Workers (NASW) Foundation a \$1 million, three-year grant that will be used to launch a program through NASW chapters in New York City, **Maryland**, Illinois and Florida to improve the delivery of health care and social services to older adults.

"Older adults, especially those age 80 and over, often do not get the social services they need to remain independent and maintain their health," NASW CEO Angelo McClain, PhD, LICSW, said. "This grant will allow NASW to train more social work supervisors who are specialized in care to older adults, enhance social work leadership in the gerontological field, and expand knowledge on aging services so more social workers have the skills to improve the quality of life of this often vulnerable population."

The John A. Hartford Foundation was created in 1929 with a mission to improve the health of older adults in the United States

The NASW program, Supervisory Leaders in Aging, will establish sustainable gerontological social work supervision training programs in the four NASW chapters and an ongoing practice excellence network among graduates. program will provide a 10-module training, addressing both gerontological social work and supervisory and leadership skills, to 160 master's-level

social workers (MSWs) who supervise staff serving older adults. NASW then plans to expand the program nationally, based on the lessons learned with these first four chapters.

NASW projects these 160 supervisors will train about 1,280 staff to work with



clients each year.

The NASW program is based on pilot projects in New York City funded by the Florence Burden Foundation and undertaken in 2014 by

older adults. These

staff members, in turn,

are expected to serve

more than 115,000

the Florence Burden
Foundation and undertaken in 2014 by
the Helen Rehr Center for Social Work
Practice. The program
model — including a
peer support network
— was developed by
NASW Social Work

Pioneer® Dr. Barbara Silverstone, partner in SBW Partners. Supervisory Leaders in Aging will benefit from the involvement of Dr. Silverstone and her Associate, Dr. Dan Kaplan, who will collaborate with NASW, and direct the project's National Coordinating Center.

"NASW hopes this program will fill a gap in the services social workers provide," said Joan Levy Zlotnik, PhD, ACSW, director of NASW's Social Work Policy Institute and Principal Investigator of Supervisory Leaders in Aging. "Social workers are some of the key providers of health and mental health services to older Americans. However, like nurses and doctors, many can benefit from best practices and enhanced training to better serve older adults."

The National Association of Social Workers (NASW), in Washington, DC, is the largest membership organization of professional social workers with 130,000 members. It promotes, develops, and protects the practice of social work and social workers. NASW also seeks to enhance the well-being of individuals, families, and communities through its advocacy.

The National Association of Social Worers Foundation (NASWF) is a charitable organization created to enhance the well-being of individuals, families, and communities through the advancement of social work practice.

Welfare Advocates Holds 35th Annual Conference

elfare Advocates (WA), Maryland's statewide coalition of community-based organizations, advocacy groups, faith communities and consumers, held its 35th Annual Conference on November 20, 2014 at the North Baltimore Plaza Hotel in Timonium, Md. The day-long program consisted of a keynote address, morning and afternoon workshops and an afternoon plenary entitled "The Power of Storytelling." Michael Reisch, PhD, Daniel Thursz Distinguished Professor of Social Justice at the University of Maryland, School of Social Work rendered the keynote address on the conference theme, Flip the Script.

Inspired by WA members' collective concern that vulnerable citizens and the programs that serve them too often are negatively stereotyped and diminished in value by the media, policy makers, and the general public, the conference theme was a call to action. Morning and afternoon workshops were presented as demonstrations of how service providers might alter their inclination for addressing perceived client need by working from a stance that takes into account clients' own perspectives about their needs.

During his keynote address, Dr. Reisch challenged social workers and allied professionals to make certain that policy-makers and others "get the facts right" about our mission of advocacy, bridge-building, and service.

He spoke passionately on the points

paraphrased here

- Refuse to allow those who do not share our values and concerns to set our agenda.
- Address the root causes of poverty, analyzing the underlying political-economic and ideological forces that impact the lives of the poor and near-poor.
- Disseminate the facts and results of our work and develop a clear message on every issue.
- When addressing policy-makers and politicians, frame policy issues not only

arguments more appealing in the broader political arena.

Take a long view of change ... consistency and constancy in our advocacy leads to greater effectiveness over time. Our goal is both to change current policies and change the environment in which future policy debates will occur.

The highlight of the conference occurred during the afternoon plenary when one woman and three men who had been aided in some way by a service organizainformed about matters of importance to their constituencies.

Lisa Klingenmaier of Catholic Charities Baltimore was Chair of the Welfare Advocates Conference Committee. She noted that the 2014 conference was attended by over 175 frontline staff, social service providers, faith community members, government agencies, students, and low-income Marylanders. Conference attendees appreciated the conference theme Flip the Script, and the opportunity presented to reframe, rethink, and recommit to tackling the vital issues vulnerable Marylanders face each day. Overall, the conference was an opportunity to discuss, plan, and advocate for social change in Maryland, and everyone at the conference was a contributor to that collective effort.

Workshop presenters were representatives from these organizations: Maryland Benefits Center, Maryland Department of Human Resources, St. Mary's County Department of Social Services, Health Care for the Homeless in Baltimore, Homeless Persons Representation Project, Community Speaks, LLC, 100 Black Men of Maryland, Inc., University of Maryland-Baltimore County, Public Policy Partners, the Center for Law and Social Policy, the Center on Budget and Policy Priorities, the Esperanza Center, and the Public Justice Center.

Inspired by WA members' collective concern that vulnerable citizens and the programs that serve them too often are negatively stereotyped and diminished in value by the media, policy makers, and the general public, the conference theme was a call to action.

within a fiscal context, but identify and clarify actual and potential social costs of action or inaction, using everyday terms.

- Reframe the language and symbols used by our adversaries who seem motivated to criticize and punish those we serve and the services provided to them.
- Put a face on every issue, but connect every issue to a specific policy solution.
- Cultivate autonomous sources of political and financial support. Locate new or scarcely tapped revenue sources and funding streams.
- Flipping the script requires us to broaden our base of support. We must make our

tion, each told a personal story of triumph over adversity, with training from Laura Wexler of Baltimore's acclaimed *Stoop Storytelling Series*. Following the storytelling, three panelists talked about the importance of and their experiences with listening to stories as a key skill in their line of work. They were: The Honorable Mary Washington, PhD, Maryland House of Delegates; Yvonne Wenger, City Hall Reporter, *Baltimore Sun*; and Greg Kaufmann, Senior Fellow of the Center for American Progress and editor of TalkPoverty.org. The panelists concurred that the skill of listening to stories allows them to be better

Submitted by Jeanne D. Cooper, LCSW Policy Analyst, Maryland DHR

PRIVATE PRACTICE COMMITTEE CORNER

By Jennifer E. Klingler, LCSW-C NASW-MD Private Practice Committee Chair

or many social workers who provide psychotherapy, the group practice model works very well. It provides the independence of a solo practice with the administrative support of working for an agency. However, Group Practice Agreements or contracts are becoming increasingly restrictive, and social workers should always read carefully before signing.

Of particular concern to many social workers, is the 'Non-Competition Clause,' which is present in many contracts. The clause often states that if the social worker separates from the group, he/she will not compete with the group for business. It may place restrictions on where the social worker can practice within a geographical area, or if he/she can receive referrals from a particular referral source, etc. This clause is meant to protect the group practice. The group invests a certain amount of resourc-

Navigating Group Practice Agreements

es into getting a newly joined clinician up to speed with their charting systems, insurance panels, etc. Understandably, group practices want to ensure that the investment they make in the social worker pays off for the group, and that the social worker stays with group for an amount of time sufficient to pay back that investment. This makes sense from a business model perspective and is commonplace in other professions such as hairdressers and music teachers.

Furthermore, the contracts often state that if the social worker leaves the practice, he/she may not 'take clients with them.' Of course, social workers realize that clients belong to no one, and we would all agree that the clinical documentation or 'chart' would belong to the group practice. However, some contracts prohibit the clinician from even disclosing to the client that he/she will be providing services elsewhere, and this is often where an ethical dilemma arises.

Social workers have a duty to respect and empower clients with whom we work to realize their own self determination (NASW Code of Ethics, section 1.02, 1996, 2008). The 'client' could be defined as an individual, group, family, or organization, depending on the clinical services provided. To many social workers, parts of these contracts seem to be at odds with that basic social work principle, as well as other principles in our Code of Ethics. We recognize that psychotherapy takes place

within the context of the relationship between the client and clinician, and this relationship is fundamentally different from the relationship with one's hair dresser or music teacher.

The Private Practice Committee recommends the following when considering signing a Group Practice Agreement:

- 1. DO read the contract in its entirety. If you are unsure of any terminology or implications of any part of the contract, have a trusted lawyer review and explain it.
- 2. DO feel empowered to negotiate with the prospective group about the language of the contract. Sometimes these are 'boiler-plate' documents, and some practices might be willing to modify it based on your concerns and their practice model.
- 3. DO ask for specific language, which would allow you (should you decide to separate from the group at some point in the future) to have a complete conversation with your clients about all of their options regarding ongoing treatment. These options should include the risks/ benefits of each, and should be a collaborative conversation between the social worker and the client. The client may opt to stay with the current group due to location, familiarity with the office setting, or because he/she is already set up with billing and insurance. The client may also decide to terminate treatment at the group and see the social worker at the new practice location, continue his/ her treatment with another group or clinician, or the client may decide to terminate treatment altogether. Again, the risks and benefits of each should be explored between the social worker and the client with the client's right to self-determination the primary focus.
- 4. DO NOT take the group's 'word for it' that while the contract says one thing, they 'don't mean it' or 'wouldn't hold you to it' should the time for separation

come. Sign only what you actually agree with.

- 5. DO NOT feel forced into a contract that you feel would be detrimental to your future practice. For example, in urban areas, not being allowed to practice within a 20 mile radius could eliminate the ability to practice in a whole city or town. In rural areas, referral sources may be extremely limited.
- 6. When negotiating with a group practice, DO go in with the point of view that you (as a conscientious social worker) and the group (as a conscientious practice) will be able to come up with an agreement. After all, most of the counseling professions have an ethical obligation to a client's right to self-determination. If there can be no agreement that is suitable to both parties, working with that particular group is not likely something you'd be comfortable with in the long run.

For additional information and more indepth analysis of this issue, readers might be interested in this excellent article by Sherri L. Morgan, JD, MSW, which can be found at the following link: http://c. ymcdn.com/sites/www.utnasw.org/resource/resmgr/imported/SocialWorkEthicsandNonCompete.pdf

The NASW-MD Private Practice Committee meets (most months) on the first Friday of each month, at the Chapter office in Catonsville from 10 a.m.-12 noon, and any active member of NASW-MD is welcome to participate in person or by conference call. Following each meeting, we provide lunch (courtesy of NASW-MD) and clinical peer case conference from 12 noon to 1:30 p.m. with 1.5 Free Cat II CEUs for those who participate in person.

For more information about the NASW-MD Private Practice Committee, please contact Jennifer E. Klingler, LCSW-C at jklinglerlcswc@gmail.com.

2015 Medicare Penalties for PQRS

By Mirean Coleman, LICSW CT Senior Practice Associate

n December 2014, clinical social workers who are Medicare providers may have received letters from the Centers for Medicare and Medicaid Services (CMS) which informed them of a penalty in 2015 for not using the Physician Quality Reporting System (PQRS) in 2013. PQRS was established by the Tax Relief and Health Care Act of 2006 (TRHCA). It is a voluntary quality reporting program for Medicare which was first implemented during the period of July 1, 2007 through December 31, 2007.

Beginning in 2013, a penalty was established for clinical social workers and other Medicare providers who did not report performance measures. The penalty is 1.5 percent of the Medicare Physician Fee Schedule (MPFS) in 2015 for not using measures in 2013. Clinical so-

cial workers who did not use PQRS in 2013 will receive a 1.5 percent reduction in reimbursement from Medicare during the period of January 1, 2015 through December 31, 2015. At this time, there is not an appeal program for the reduction if you did not use PQRS in 2013.

Clinical social workers who used PQRS in 2013 and believe their 2015 PQRS payment adjustment was applied in error, may submit an online informal review request during the period of *January 1, 2015 through February 28, 2015*. Information about the request process is available at CMS.gov. For assistance, clinical social workers may contact the QualityNet Help Desk at 866-288-8912, TTY 877-715-6222, or by email at qnetsupport@hcqis.org.

To assist members in reporting PQRS in 2013, NASW had several trainings and published Reporting PQRS Measures for Medicare in 2013.



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Macro Social Work Next Steps

BY ASHLEY McSwain
Chairperson, Macro Committee

eaders, executive directors, administrators, community organizers, policy advocates, community development specialists and more ...

We're coming together again to share experiences and talk about the work of macro social workers! Since social work is a field that encompasses diverse skills and the ability to work and understand multiple systems, our macro committee meets monthly to identify ways to support and expand the field and highlight the work of macro social workers.

This committee of the Maryland Chapter was formed to serve those social workers who have taken on the responsibility of management in human service and behavioral health, who work with groups and communities, and/or who engage in advocacy. We explore many issues, such as: How we mentor new managers; the challenges and rewards of moving from clinician to manager; nonprofit finance; building communi-

ties; leadership theory/ leadership styles, and much more. In 2014, the committee tackled the conversation about the role macro social workers play in the field and within organizations, and the subject of licensure. We held our first town hall meeting at the chapter office in December which brought together multiple views and began to build a community of macro practitioners with a collective perspective about the needs in the field. We plan to hold more town hall meetings this year, specifically in Montgomery County, Hagerstown, and on the Eastern Shore to further discuss how licensure impacts the field and ways to build a collective understanding of the macro practitioner. Check the NASW-MD website for more information or send an email to nasw.md@verizon.net if you want to be notified of one of these town hall meetings.

We hope you will join our committee and share your ideas. You can meet with other social workers like yourself who are engaged in innovative and challenging work.

Macro Social Work Conference

The Macro Social Work Committee has been hard at work planning this year's macro conference which will take place at the Maritime Institute near BWI airport on Friday, April 24, 2015. The keynote speaker will be Andrew Germak, an MSW, MBA, who is the executive director of the Center for Leadership and Management and a faculty member at the Rutgers School of Social Work. Mr. Germak has authored a book entitled Essential Business Skills for Social Work Managers, which teaches MSW students and early-stage social work management practitioners the essential business skills needed to manage programs and organizations and, ultimately, to gain parity with other managers holding MBA degrees and working in the human service field. We look forward to his contribution to our conference.

There will be break-out sessions in the morning and in the afternoon. The topics to be offered are: Advocacy in the Current Political Climate, The Business of Social Work, Teaching Macro

Practice, The Community University Partnership, Transformational Leadership, International Social Work, Immigration, Making Your Case: The Art of Public Speaking and Persuasion.

The day will conclude with a reconvening of all attendees to discuss "Macro Social Work Licensing- What Should it Look Like?" This will give us an opportunity to be proactive and develop what WE think social work licensing for macro social workers should include (or if we should have it at all).

Don't miss this opportunity to join the conversation! Last year after the conference we gained critical insight and implemented many of the suggestions and ideas born from the conversation including, adding more macro trainings to the workshop rotation and holding town hall meetings to continue the conversation. Attend if you need CEUs to maintain your license or come just because you want to learn and network with other social workers like yourself. Either way, it will be a day well worth your time!

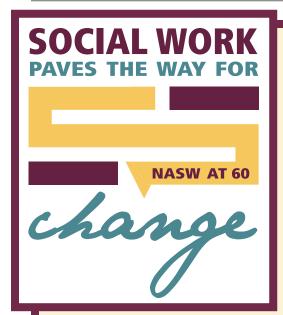
2015 MACRO SOCIAL WORK CONFERENCE REGISTRATION FORM

(6 Cat. I CEUs)

Friday, April 24, 2015

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Plo	ease Note: Continental breakfast and	lunch are included in the registration fee		
EARLY BIRD REGISTRATION FEES Registrations must be received by 5:00 p.m. on Friday, April 10, 2015	REGULAR REGISTRATION FEES Registrations received in NASW-MD Office after 5:00 p.m., Friday, April 10, 2015	PAYMENT METHOD Check: # Make check payable to NASW-MD		
21228. You may also register online at www.nasw-	REGULAR RATE \$120 for NASW Members \$165 for Non-Members \$50 for Students MD, 5750 Executive Drive, Suite 100, Baltimore, MD-md.org. We do <i>not</i> accept fax registrations.	Credit card number: Expiration date: Name as it appears on card:		
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Email:		Although every effort is made to have a comfortable temperature in the meeting rooms, everyone's comfort zone is different. Please bring a jacket or sweater in case the room is too cool for your comfort.		
NASW membership #:				



March 26 & 27, 2015

THURSDAY, MARCH 26

Pre-Conference Workshop Selections

(6 Category I CEUs)

Exhibitions ongoing throughout the day in lobby area near registration tables.

Forensic Social Work: At the Interface of Social Work & the Legal System

8:15 a.m. - 9:00 a.m. Registration, Continental Breakfast, Networking

9:00 a.m. - 10:00 a.m. **Welcome and Keynote Address**

Social Workers: Paving the Way to Change

Keynote Speaker: The Hon. Cynthia Callahan Associate Judge, Circuit Court for Montgomery County, Maryland



Synopsis: Judge Callahan will speak about the marriage of social work and the law. Of importance are the vast/ expanding roles of social workers today, the future of social work and the law, and the power of social work advocacy.

She will incorporate key examples of how the social worker has played a pivotal role in matters before the Court, conflicts that arise regularly, and how the Court, counsel, and the department can work well together to achieve whatever goal is set out for the child/family. Analytical training of both attorneys and social workers is standard, but the added compassion and empathy from a social worker presents a personal element which the law does not. Historical roots of advocacy will also be discussed, systemic changes will be suggested, and motivation for social workers to act as a bridge and initiate change will be offered.

Morning Workshops 10:15 A.M. - 12:15 P.M. **Workshop A**

Behind Locked Doors

Panel Presenters: Melvin Wilson, MSW, MBA, LCSW-C

Manager, Department of Social Justice and Human Rights, National Association of Social Workers, National Office

Charles E. Lewis, Jr., Ph.D., MSW

President and Co-Founder, Congressional Research Institute for Social Work and Policy (CRISP)

Susan Kerin, Project Director

Capital Consulting Corporation, Interfaith Action for Human Rights (IAHR)



on the use of segregation to manage difficult populations in their overcrowded systems. Conditions of segregation include spending years locked up 23 to 24 hours a day in small cells with minimal human contact, exercise, or access to reading materials. Research indicates solitary confinement can have a devastating impact on inmates' mental and emotional health. The increased use of solitary confinement creates an ethical dilemma for social workers and other service providers who work

Synopsis: Prisons in the United

States have increasingly relied



Learning Objectives:

remedy abuses in the system.

Participants will:

- 1. Learn what solitary confinement is and how and why it is used in the United States correctional systems;
- 2. Learn about the negative effects solitary confinement has on those who experience it: and
- 3. Become aware of the efforts under way to eliminate the use of solitary confinement.

Workshon R

Reentry For All: An Expanded Approach to Jail-Based Reentry Services

Panel Presenters:

Alicia Flores, LCSW-C

Supervisory Therapist, Montgomery County Department of Health and Human Services, Clinical Assessment and Transition Services

Kendra Jochum, LCSW-C

Reentry Services Manager, Montgomery County Department of Correction and Rehabilitation, Detention Services Division

Leah Mitchell, LCSW-C-Social Worker III

Montgomery County Department of Correction and Rehabilitation, Detention Services Division

Athena Morrow, MA, LCPC

Manager of Adult Forensic Services, Montgomery County Department of Health and Human Services







Montgomery County Department of Corrections and Rehabilitation (DOCR) maintains a service motto of Reentry for All within its Detention Services

Synopsis:

Division. Serving the Inmate population at the Montgomery County Correctional Facility (MCCF) and Montgomery County Detention Center (MCDC) the Reentry Services Unit partners with Montgomery County Health and Human Services (HHS) and the Montgomery County Public Schools to ensure information and services are available to address the full range of individual reentry needs of the population. Core program areas of education, mental health, substance abuse, and workforce

development are supplemented with a variety of other reentry oriented programs and services. The spirit of our reentry work is to provide comprehensive services addressing individual needs to support returning citizens as individuals, as members of their families, and as members of our community. Reentry for All represents the entire inmate population we serve as well as the larger public community in reflection of the inmates, their families, and their home communities.

This workshop will provide participants with a clear illustration of social work and therapeutic interventions for the treatment and reentry needs of a correctional population. Participants will learn the components and processes of DOCR's expanded approach to jail-based reentry services that incorporates evidence based practices well beyond a traditional reentry focus of work release and job readiness. DOCR's reentry focus begins with intake assessment and diversion interventions that bridge to larger facility programs as well as individual reentry case management services in preparation for release. The workshop will also provide participants with several reentry case examples of individuals served through our system in reflection of both typical and challenging reentry scenarios.

Learning Objectives:

Upon completion of this intermediate course, participants will:

- 1. Learn about therapeutic interventions for treatment of the correctional population:
- 2. Understand the reentry needs of a correctional population; and
- 3. Understand the components of DOCR's approach to reentry services

Workshop C

Cracking the Pipeline to the Criminal Justice System

Panel Presenters

Julie Drake, JD, MSW

Director of Forensic Social Work, University of Maryland, School of Social Work

Kara Aanenson (not pictured) Lead Organizer, Just Kids Partnership

Clinique Marshall Chapman, LGSW

Adjunct Professor, Howard University School of Social Work; Office of Rehabilitation and Development, Public Defender Service, District of Columbia

Betsy A. Biben, ACSW, LICSW

Chief, Office of Rehabilitation and Development (ORD) Public Defender Service for DC







workers are very familiar with the well-worn route that runs from the Child Welfare system, through the Juvenile Justice system, to the Criminal Justice system. Despite decades of research and the dedicated efforts of generations of social workers, many children appear to move inexorably from one system to the next. In this 3 hour workshop, we will take a hard look at what may be necessary to crack this pipeline. Julie Drake, JD, MSW, Director of Forensic Social Work at the University of Maryland, School of Social Work, and a former prosecutor, argues that some of our cherished assumptions about the rehabilitation of youth may be wrong. She will be joined by members of the Just Kids

Synopsis: Forensic social

Partnership, a group which works to keep kids out of the justice systems. Members of the audience will be encouraged to express their opinions as well.

Learning Objectives:

Participants will

- 1. Learn how the conditions which breed child abuse and neglect contribute to behaviors which track kids into the Juvenile and Criminal justice systems;
- 2. Learn about current programs to break the pipeline, and why they are largely unsuccessful; and
- 3. Explore options which may be more successful in cracking the pipeline.

Workshop D

Children of Incarcerated Parents: The Silent Victims

Presenter: Corey Beauford, MSW, LICSW

Founder and President, Inspired Consulting Group, Riverdale



Synopsis: More than 2.7 million children in America have an incarcerated parent. This leaves the children of incarcerated parents to be raised by grandparents, aunts, uncles, older siblings, or quite often, the state. Growing up with an

incarcerated parent can have a devastating impact on the emotional development of a child, and has a de-stabilizing effect on families. This training will provide a detailed exploration of this phenomenon and share strategies that helping professionals can use to address the needs of children and families affected by this issue.

Learning Objectives:

As a result of this training, participants will be able to: 1. Understand the prevalence of contributing factors to the growing US prison population;

- 2. Understand the impact that a parent's incarceration can have on the emotional development of children: and
- 3. Implement strategies and interventions useful for working with children of incarcerated parents.

Lunch & Networking 12:15 P.M. - 1:05 P.M.

Afternoon Workshops 1:20 P.M. - 4:30 P.M.

Workshop E

Ethics and Responding to Behavioral Health Emergencies

Presenter: Suzanne Cox, LCSW-C

Team Leader, Continuous Care Team, UMMS/WPCC Clinics. Baltimore



Synopsis: Behavioral health emergencies impact clinical settings, the educational and criminal justice systems, and almost all arenas in which social workers practice. Clinicians. concerned for the safety and welfare of clients as well as their

own legal and ethical risk, often refer to emergency department settings with the belief that the client will be hospitalized only to be surprised when the outcome is not what they had hoped for or planned.

Learning Objectives:

In this workshop, we will:

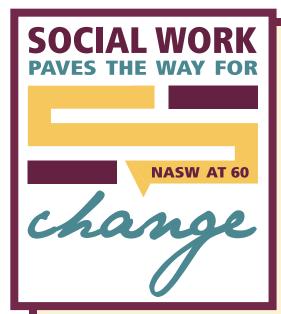
- 1. Discuss the assessment and triage of behavioral health emergencies in outpatient settings for both adults and juveniles, and identify when the use of the emergency petition process is and is not
- 2. Review the elements of an emergency department (ED) assessment and case-specific factors which impact the decision regarding disposition from the ED to involuntary treatment, voluntary inpatient care, or outpatient resources:
- 3. Present the clinical and ethical dilemmas inherent in deciding whether to pursue a course of action to which a client or family is opposed; and
- 4. Review the values, ethics, and liability aspects of safety contracts, duty to wam-Tarasoff and other decisions related to behavioral health emergencies.

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3 hour ethics requirement for licensure renewal.

Workshop F

The DSM-5 and Its Impact on **Forensic Social Work with Juveniles**

Presenter: Joshua Okundaye, Ph.D, LCSW-C Professor, University of Maryland School of Social Work





Synopsis: This workshop presents an overview of some of the major changes from the DSM IV-TR to the DSM 5 with special emphasis on the most common disorders encountered in the contexts of forensic social work practice with juveniles.

Learning Objectives:

- Participants will gain a greater understanding of: 1. Forensic social workers and forensic social work practice with juveniles;
- 2. Mental health needs of juvenile offenders with emphasis on types of disorders that are most
- common among these youth;
 3. Major changes from the DSM IV-TR to the DSM 5 as it relates to forensic social work with juveniles:
- 4. Diagnostic impressions that move from the 5 Axis and elimination of the GAF;
- 5. WHODAS 2.0 (World Health Organization Disability Assessment Schedule 2.0); and
- 6. How to apply this understanding to case examples.

Workshop G

Please note: You must choose one of the 2-hour workshops below (G1, G2, or G3) and also attend workshop H (Panel Discussion on Holistic Advocacy), 3:30 p.m. - 4:30 p.m. to earn 3 CEUs

Workshon G1/H

PTSD: How the Victim Becomes the Accused

Presenter: Veronica Cruz, LCSW-C

Forensic Social Worker, Maryland Office of the Public Defender, Rockville



Synopsis: This workshop will focus on understanding the role of Post-Traumatic Stress Disorder (PTSD) and the link between someone being a victim and becoming the accused. Specifically, the role of physical and emotional trauma will

be explored. Studies show that children who are exposed to domestic violence, trauma, neglect, and abuse are more likely to develop depression, anxiety, and aggression. I have worked on murder cases and have been asked numerous times, "How can you work with that monster?" My response is always the same, "No one is born a monster; if you look at their social history they tend to have horrible traumas. So if they are monsters, they were socially created." This workshop will explore the thin line between victim and abuser. This is an interactive workshop with case scenarios presented and discussed.

Learning Objectives:

Participants will

- 1. Understand what PTSD is, and understand its link to the criminal justice system;
- 2. Have increased knowledge of PTSD and be able to articulate coping skills and preventive measures that can be addressed with the client; and
- 3. Be able to identify the impact of childhood trauma and the link between being victimized and becoming the accused.

Workshop G2/H

The Smallest Victims: Intimate Partner **Violence and Child Witnesses**

Julie Drake, JD, MSW

Director of Forensic Social Work at the University of Maryland, School of Social Work

Susan Brown, LCSW-C

Child and Family Therapist, House of Ruth



Synopsis: Children who grow up in homes where they are exposed to Intimate Partner Violence (IPV) suffer a broad range of negative consequences. Exposure to IPV in childhood can dramatically limit a child's ability to interact normally with peers, and to achieve his or her potential as an adult. Despite the serious consequences of exposure, the needs of children historically have been overlooked as primary focus has been placed on the needs and choices of the non-offending caregiver.

In this 2 hour workshop, we will explore the effects of exposure to IPV on children of different ages, tools for assessing trauma, and treatment approaches for addressing the damage that may be inflicted. We will also explore legal remedies and policy approaches which may serve to mitigate some of the negative consequences experienced by children.

Learning Objectives:

Participants will:

- 1. Know the extremely negative effects of childhood exposure to IPV;
- 2. Understand the reasons why this issue has been ignored: and
- 3. Be familiar with the various assessment tools and treatment approaches for addressing the trauma children experience due to IPV exposure.

A treatment provider will discuss her methods and answer clinical questions regarding this area of treatment.

Workshop G3/H

Exploring Civil Commitment, Outpatient Commitment and Forced Medications

Presenters:

Megan Bremer, Esq. (not pictured) Managing Attorney, Maryland Disability Law Center

Stephanie Rosen

Executive Director, NAMI



Synopsis: In a quest for meaning and safety in the aftermath of mass shootings, the perceptions of mental illness as a risk factor for violence and our collective fears of people with mental illness have taken hold of the public debates over

forced treatment. Yet forced treatment for mental illness is nothing new. For centuries, physicians and community-based healers have experimented with curatives against the will of those who are afflicted with a mental illness. Over the past few decades, the rights of people with disabilities have evolved and people with diminished mental capacity, including diminished capacity related to mental illness, have fought for and won more legal protections. The right to refuse treatment has been affirmed in the United States, but not without limits. As in all areas of health care, certain methods of treatment, especially pharmaceutical interventions, have side effects that influence consumer decisions. Unlike most other areas of health care, the consumer's refusal of mental health care is subjected to a high level of skepticism and coercion by loved ones, healthcare providers, and policy makers. U.S. courts continually struggle to strike the most just and appropriate balance between the rights of individuals to refuse and/or direct their treatment and the rights of the state to substitute its decision-making authority when the individual's or the public's safety is at risk. In cases where the treatment would restrict the individual's right to liberty by committing an individual to state custody, the courts apply a

heightened level of scrutiny.

Advocates engaged in the debate over outpatient involuntary commitment in the state of Maryland will contextualize the national debate through a local lens and explore how the experiments in other states, like New York, are having national impact. The panel will consider the personal experiences of consumers of mental health services as well as the political landscape at both the local and federal level.

Learning Objectives:

Participants will be able to:

- 1. Learn the history of civil commitment, outpatient commitment, and forced medications;
- 2. Explore the pros and cons of forced medications through the eyes of the mental health consumers and providers alike: and
- 3. Understand the current local and national debate on civil commitment/outpatient commitment. In particular exploring Maryland's current position as it relates to other states

Workshop H

Holistic Advocacy

Please note: This workshop is to be taken in conjunction with workshop G1, G2, or G3 ONLY

Panel Presenters: Julie Drake, JD, MSW

Director of Forensic Social Work at the University of Maryland, School of Social Work

Megan Bremer, Esq. (not pictured) Maryland Disability Law Center

Veronica Cruz, LCSW-C Office of the Public Defender, Rockville

Mary Annette Wegner, LCSW-C

Office of the Public Defender, Anne Arundel County

Betsy A. Biben, ACSW, LICSW Chief, Office of Rehabilitation and Development







Synopsis: Victims and defendants in the criminal justice system are exposed to a myriad of technical and legal issues, which can be confusing, frustrating, and determinative of the case outcome. Often the process leaves everyone involved feeling hopeless and embittered. Forensic social workers are in a unique position to appreciate the need for a holistic approach to providing assistance to those seeking justice or treatment within the context of the criminal justice system. Whether the client is the mother of a murdered child, or the youthful defendant accused of the crime, each requires more than a purely legal response in order to navigate the system effectively and secure an acceptable outcome. In this workshop, we will explore the different roles of forensic social workers in providing holistic and multidisciplinary approaches to advocacy for individuals within the criminal justice system.

Learning Objectives:

Upon completion of this intermediate course, participants will be able to:

- 1. Understand the various obstacles and issues faced by victims and defendants in the Criminal Justice System:
- 2. Recognize the importance of holistic advocacy and explore the use of attorneys and the various ways forensic social workers are utilized; and
- 3. Implement strategies and interventions which can be used to enhance holistic advocacy to promote best outcome efforts

FRIDAY, MARCH 27

#1970 (6.5 Category I CEUs) Exhibitions ongoing throughout the day in lobby area near registration tables

Social Work Paves the Way for Change

8:00 a.m. – 8:45 a.m. Registration, Continental Breakfast, Networking

8:45 a.m. - 9:55 a.m. Welcome and Keynote Address

Social Workers Pave the Way for Change: One Man's Changed Life

Keynote Speaker: Dominic Carter

Television Journalist and Author, "No Momma's Boy: How I Let Go of My Past and Embraced the Future"



Synopsis: This address is a first person account from the perspective of being the child of a mother diagnosed with chronic paranoid schizophrenia and depression. Dominic has overcome enormous obstacles in his life. He was a child out of a

poor urban setting in New York City and the housing projects of the South Bronx: on welfare: attended bad public schools; had no father in his life; and his grandfather was a heroin addict on the streets of NYC. Dominic will discuss how his 'demons' almost destroyed him as an adult. The address is a very powerful one, and social workers will leave feeling good about themselves and more importantly feeling good about their professional work.

Learning Objectives:

Attendees wil

- 1. Learn how to be able to better approach and assist children with multi-dimensional problems;
- 2. Gain a better understanding of poverty, socioeconomic disadvantages, and substance
- 3. Learn how to overcome the feeling of burnout, feel re-invigorated toward their practice of social work, and realize that their work is indeed saving lives.

Morning Workshops 10:00 A.M. - 12: 30 P.M.

Recovering from the Shame, Guilt, and Embarrassment of Sexual Abuse

Presenter: Dominic Carter Television Journalist and Author

Workshop A



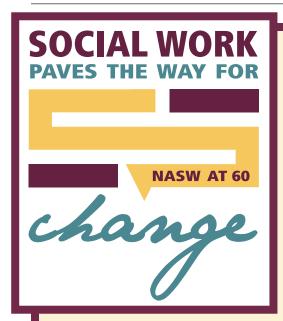
Synopsis: Child victims of sexual abuse are often incapable of expressing their emotions. Suppressed feelings are real, and Dominic Carter knows that firsthand. Who is better qualified to discuss this scenario than someone who has walked in the

shoes of the children? It took Dominic almost his entire adult life to get to the point where he no longer hides his own nightmarish childhood 'secrets'. As a child, his feelings of guilt turned into a smoldering resentment. What does a victim have to say about prevention strategies? Dominic will discuss this in-depth during this workshop.

Learning Objectives:

Attendees will

- 1. Learn child sexual abuse prevention strategies from the unique perspective of a man who was a child victim:
- 2. Better understand the physical components of child sexual abuse, as well as the mental anguish of a child victim; and
- 3. Gain a greater understanding of the complexities of a child who was not only forced to cope with sexual abuse, but also had to live with a mentally ill parent.



Workshop B

Meeting the Challenges of the **Aging Boomer Generation**

Panel Presenters: Mary Faith Ferretto, LCSW-C, C-ASWCM tto Eldercare Consulting, Inc

Judi Welsh, MS/CDP

Resident Services Coordinator, Charlestown Retirement Community

Nancy Kusmaul, Ph.D., LMSW

Undergraduate Social Work Program, University of Maryland, Baltimore County



Synopsis: Our country is currently experiencing the largest ever influx into the senior demographic due to the aging of the baby boomer generation. What does this group look like? What are their needs? What services can social workers provide? Marsha Ansel, LCSW-C, will moderate a panel of experts who will be discussing these questions.

Learning Objectives:



Participants will: 1. Identify the demographic profile and service needs of the Baby Boom Generation: 2. Learn about interventions that support positive aging; and 3. Be able to describe the assessment process for baby

boomers with chronic illness

Workshop C

Spirituality as a Resource for Mental Health and Wellness

Presenter: Catherine D. Nugent, LCPC, TEP Private Practice; Adjunct Professor, Johns Hopkins, University



Synopsis: Over the past few decades, researchers in diverse fields have begun to study the contribution spirituality can make to physical and mental health. In this workshop, we will identify ways that spirituality can be a resource for mental health

and wellness, as well as how spiritual beliefs can sometimes function as a barrier to mental health. Participants will have the opportunity to explore their personal understanding of spirituality and how this can be a resource in their work and their lives. The workshop will be highly interactive and experiential, using psychodramatic role-play and related action methods to explore the topics discussed.

Learning Objectives:

Participants will:

- Discuss current research findings regarding the effects of spirituality on mental health problems. including potential positive and negative effects on
- 2. Clarify their own spiritual beliefs and values and identify major influences on their spiritual

development: and

3. Identify ways that spiritual beliefs and practices can provide support and strength in their lives and those of their clients.

Workshop D

Structuring the Environment: **DBT Interventions for Parents**

Presenter: Pat Harvey, LCSW-C



Synopsis: DBT is an evidence based practice that has been researched and found effective in helping adolescents and young adults who have emotion dysregulation to safely manage painful emotions and the high risk and challenging behaviors

that result. One aspect of the treatment is structuring the environment so parents can provide a natural environment that reinforces healthy, adaptive behaviors to replace the unsafe, unhealthy, or problematic behaviors that their adolescents have been using to help themselves feel less emotional pain. Parents can benefit themselves from learning the DBT concepts and skills to help them parent more effectively and less emotionally. This workshop will provide a brief overview of DBT concepts, principles, and skills; specifically addressing the ways those principles and skills can be used to engage parents and help them make the changes necessary in themselves and their environment that will enable and foster positive behavior changes in their adolescents and young adults. The workshop will be presented by a clinician with many years of practice focused on using DBT with the parents of adolescents and young adults, and will use case examples and interactions with the participants within the presentation.

Learning Objectives:

Participants will be able to:

- State and explain the three parent-adolescent dialectical dilemmas:
- 2. Understand the role and function of the parent coach:
- 3. Explain the biosocial theory of pervasive emotion dysregulation; and
- 4. Use at least three skills to help parents structure the environment to help adolescents and young adults learn and use healthier behaviors.

Workshop E

Care Committees: Power for Patients, Support for Caregivers

Presenter: Diana Rein, M.Ed., MSW, LGSW Consultant, Choice Consulting and Training, Easton



Synopsis: This course, designed specifically for social workers and other professionals, will be an overview of strategies for creating and maintaining a Care Committee. Attendees will learn to facilitate Care Committee

creation; empowering patients as they choose their committee members, working cooperatively with members who bring varied skills to the endeavor, and supporting caregivers in challenging situations. Care Committees in a systematic, organized fashion reflect the wants and needs of the seriously ill, chronically ill, or aging patient by building a supportive network of multiple, cooperative caregivers

Learning Objectives:

Participants will:

- 1. Review caregiver demographics, issues, and care committee appropriate situations:
- 2. Discuss patient, family and member fears and
- 3. Apply the 7 key Share the Care principles; and
- 4. Discuss Care Committee information and organizational systems.

Workshop F

Collaborating Across Disciplines, Professions, and Theoretical Orientations: A Communication Approach

Presenter: James A. Forte, Ph.D., MSW

Professor, Salisbury State University, Salisbury



Synopsis: Skillful theorizing and adept knowledge translation are critical to social work collaboration with colleagues from diverse backgrounds. However, contemporary approaches to practice expertise fail to specify the theorizing

competencies and translation methods necessary to excellent collaboration. The presenter will identify 21 core theorizing skills, 8 advanced skills, and a framework for collaborative theory critique, deconstruction, and reconstruction. The presenter will also introduce a model for communication across professional and theoretical languages, a set of tools (major terms, maps, marks of excellence, metaphors, middle-range theories, and role models), and a set of guidelines for translating scientific knowledge and for facilitating productive exchanges with partners from different disciplinary, professional, role, and theoretical backgrounds. Progress toward theorizing and translation expertise will equip the practitioner for commerce in trading zones including varied knowledge of creators and users.

Learning Objectives:

Participants will learn:

- 1. Five communication barriers to cooperation on teams including members from varied disciplines, professionals, theoretical, and role specialty backgrounds
- 2. A conceptual model derived from translation science for understanding and using knowledge generated by colleagues affiliated with universities, research centers, or practice settings;
- 3. Seven research-supported guidelines for effective dialogue with partners socialized in different disciplinary, professional, theoretical traditions, or role specialties:
- 4. A "knowledge exchange" approach for communication with diverse colleagues inspired by the Society for Psychotherapy Integration's 'Clinical Exchange" method; and
- 5. Three skills for respectful and constructive interaction with colleagues speaking different "languages"
 - a. listening for and identifying the assumptions of stakeholders in collaborative projects.
 - b. listening for and grasping the root metaphors anchoring partners' approaches to collective helping projects;
 - c. learning the major terms of the disciplinary, professional, and theoretical vocabularies of collaborators.

Luncheon & Social Work Month Awards Presentation 12:30 P.M. - 2:00 P.M.

Presiding: Christine Garland NASW-MD Chapter President

Afternoon Workshops 2:00 P.M. - 5:00 P.M. Workshop G

Kaleidoscope of Play Therapy Techniques

Presenter: Sonia Hinds, APRN-BC, RPT Founder & Director, Chesapeake Beach Professional Seminars, Chesapeake Beach



Synopsis: This workshop will introduce the play therapy process to include non-directive as well as directive play therapy techniques. Directive techniques to build self-esteem, help children identify and tolerate various feelings, deal with anger,

and manage ADHD symptoms will be demonstrated.

Learning Objectives:

Upon completion of this workshop, participants will he able to:

- 1. Define Play Therapy;
- 2. Identify important contributors to the field of Play Therapy:
- 3. Discuss the tenets of Child Centered Play Therapy or non-directive play; and
- 4. Demonstrate at least five Directive Play Therapy techniques.

Workshop H

Motivational Interviewing

Presenter: Suzanne Cox, LCSW-C

Team Leader, Continuous Care Team, UMMS/WPCC Clinics. Baltimore



Synopsis: Motivational interviewing (MI) is a personcentered, directive method of communication for enhancing intrinsic motivation to change by exploring and resolving ambivalence. It allows clinicians to develop effective,

collaborative working relationships with clients and helps guide them toward more desirable behavior. Motivational interviewing is an essential tool for the therapist "toolbox," an evidenced-based practice, and is effective for work with individuals, families. and groups.

Learning Objectives:

Workshop participants will:

- 1. Become familiar with the 'spirit,' basic principles, and stages of MI;
- 2. Identify what motivates people to change, and how to use the clinical relationship to enhance this natural motivation; and
- 3. Learn to use MI to recognize and problem-solve common impediments to progress in treatment.

Workshop I

Companioning the Dying: Ethical Dilemmas

Presenter: Mary Card, LCSW-C

Hospice Social Worker, Heartland Hospice of Baltimore. Catonsville



Synopsis: Hospice practitioners face many ethical and legal dilemmas as they work with patients who are nearing the end of life. These dilemmas often evoke strong personal feelings and give rise to social and political controversy. The

presenter will describe six of those dilemmas with case examples and helpful interventions, following the guiding principle: 'We must join patients on their personal journey; not attempt to set the itinerary, determine the pace of the journey, or the number of layovers.

Learning Objectives:

Upon completion of this course, participants will be able to:

- 1. Describe ethical dilemmas encountered in hospice work:
- 2. Get in touch with clients' emotional reactions to each dilemma by drawing on personal and professional experiences; and
- 3. Identify appropriate interventions when encountering these dilemmas.

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3 hour ethics requirement for licensure renewal.

Impact of Laws and Regulations on Social Work Practice: What You Don't know *Can* Hurt You

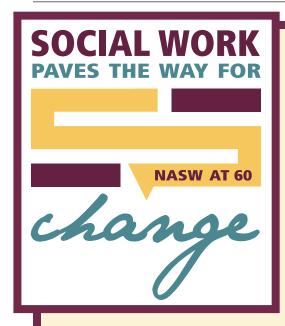
Presenter

Gisele Ferretto, MSW, LCSW-C

Clinical Instructor, University of Maryland School of Social Work



Synopsis: To fully navigate and understand the 'person in the environment' it is necessary for social workers to be aware of the various laws and regulations that impact clinical and macro practice. This workshop will explore the context and various



kinds of requirements social workers are obligated to follow. The workshop will include opportunities to enhance skills for locating and understanding laws and regulations relevant to social work practice. Risk Management Strategies will also be explored and a Policy Guide will be

Learning Objectives:

After attending this workshop participants will be able to: 1. Identify the social worker's roles and function as it relates to ethical and legal responsibilities:

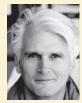
- 2. Describe the nature, context, and origin of policy;
- 3. Locate relevant statute and regulations relevant to social work practice:
- 4. Identify and understand policy associated with judicial branch, and executive branch; and
- 5. Explore risk management strategies.

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3 hour ethics requirement for licensure renewal.

Workshop K

Helping Men Give and Get All the Love They Can

Presenter: Jack Kammer, MSW, MBA Director, Working Well With Men, Highland



Synopsis: You know that some problems can't be adequately addressed without engaging the men who are involved in them. This is especially true if you work in child protection or family support services. You want to reach out and engage men, but how? Many men are at best

distrustful and at worst hostile toward social workers. Many of our colleagues and staff feel the same way about men. In this course, we'll work on seeing men not as the problem, but as an essential part of the solutions we, our clients, and communities need. We will work on strategizing an approach and designing programs and services that reach out to men and embrace them. accordingly. There are many facets to this work, but the unifying theme and focus is on how to bring men more fully into the world of healthy, loving relationships.

Learning Objectives:

Attendees will:

- 1. Be able to articulate to funders, colleagues, and other stakeholders a new concept of what men and fathers most want and need and what is preventing them from
- 2. Know how female workers and predominately female staffs can use their experiences as women to build special bonds of trust and respect with men and help men improve their relationships with other women; and
- 3. Take away ideas for new programs and services to engage men and fathers for the benefit of women, children, the community, and the men themselves.

Workshop L

PTSD in Combat Veterans and Its Impact on the Family

Presenter: Michael Gatson, MSW

Readjustment Counselor, Silver Spring Vet Center

Synopsis: This intermediate level course specifically addresses Post Traumatic Stress Disorder (PTSD) in combat veterans and its impact on the family. While some attention will be given to the history of the military and



culture, diagnostic issues, traumas, and military sexual trauma, the primary focus will be the immediate use of information and practical applications to aid those involved in the treatment of veterans who suffer from PTSD. We will discuss assessment, referral, and direct

intervention, including how to increase your awareness of essential resources to assist in providing this care. Presentation will target developing an appreciation of the association between PTSD and intimate relationship functioning, as well as helping clinicians understand the rationale for including partners and loved ones in the assessment and treatment phases for PTSD care. The workshop will use a variety of learning approaches, including group discussion, experiential exercises, and lecture. Participants will learn how to work holistically with veterans diagnosed with PTSD.

Learning Objectives:

During this intermediate level workshop, attendees will: 1. Identify the core features of PTSD;

- 2. Learn about the diagnosis and explain a model for understanding the problems typically encountered by combat veterans with PTSD (and their families);
- 3. Define the terms used to describe sexual harassment and assault in the military;
- 4. Discuss inclusion of partners in the assessment of PTSD and relationship functioning;
- 5. Learn about evidence-based practices (EMDR, CPT, DBT), psychotherapeutic treatments for chronic PTSD, and the comparative efficacy of these treatment approaches: and
- 6. Learn about VA program and services available to the veteran and family.

Workshop M

Where Are You with Change?

Presenters:

Luanda Johnson, LCSW-C

Clinical Director, Support By Design, Inc., Towson

Robert F Cephas, III

COO, Support By Design, Inc., Towson

Damon T. West

CEO, Support By Design, Inc., Towson







Synopsis: Social workers have dedicated their careers to changing the lives of others for the better, and improving entire environments for the good of all. Are we as committed to ourselves? Do we know ourselves as well as we know the people we serve? Are we as insightful about our strengths, weaknesses, hopes and dreams? Do we stop and take the time to see the good in ourselves? Sometimes we get so caught up in the perceptions of others we form impressions of and make inferences about other people. At times we can be so focused on other people that we lack in the development of our own self-concept. We point the finger at other people's faults and shortcomings, but can we find our own? Once we have established a strong sense of self, we can use these same techniques to assist our

clients in developing true self-actualization. This course will offer key insights and applicable strategies which can be used to better enhance the therapeutic relationship with our clients. Do they know their worth, strengths, and abilities? This course will teach techniques and strategies to help the social worker gain personal insight and provide the tools to help them guide clients to gain personal insight as well.

Learning Objectives:

Upon completion of this workshop, attendees will:

- 1. Gain self-awareness to aid in personal and professional
- 2. Gain critical self-reflection and personal learning as an attribute of social work practice;
- 3. Be able to identify where they fall in the current cycle of change; and
- 4. Be able to practice real life techniques to use with children, adolescent and adult clientele.

2015 SOCIAL WORK MONTH **ANNUAL CONFERENCE REGISTRATION FORM**

Thursday, March 26, 2015 Pre-Conference (6 Cat. I CEUs)

Friday, March 27, 2015 (#1970, 6.5 Cat. I CEUs) **Maritime Institute of Technology**

692 Maritime Blvd • Linthicum Hts, MD 21090 • 410-859-5700

Please note:	Continental	breakfast	and lunch	are	included	in the	registration	fees t	or both	days

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EARLY BIRD REGISTRATION FEES Registrations must be received by 5:00 p	p.m., Monday, March 16, 2015
Thursday Pre-Conference Only, Early Bird	I \$159 for Non-Members
Friday Annual Conference Only, Early Birc \$119 for NASW Members	I □ \$159 for Non-Members
Both Thursday & Friday Conferences, Ear \$209 for NASW Members	ly Bird \$279 for Non-Members
REGULAR REGISTRATION FEES Registrations received in NASW-MD Office	e after 5:00 p.m., Monday, March 16, 2015
Thursday Pre-Conference Only, Regular Language \$149 for NASW Members	Rate
Friday Annual Conference Only, Regular Language State	Rate \$189 for Non-Members
Both Thursday & Friday Conferences, Re	gular Rate 339 for Non-Members
AWARDS LUNCHEON ONLY:	\$30 Per Person

☐ NASW STUDENT MEMBERS:	\$55 Each Day
Please indicate your first and second choice on a first-come, first-served basis. We will a	s for each workshop. All workshops will be filled ttempt to honor each participant's selection.

\$75 Each Day

Second Choice:

☐ NASW GOLD CARD HOLDERS:

First Choice:

Email:

Thursday Morning Workshops • 10:15 a.m12:15 p.m.	
However, participants will be issued their second choice if a chosen v	workshop is already full.
on a first-come, first-served basis. We will attempt to honor each par	rticipant's selection.

Thursday Afternoon Workshops • 1:20 p.m4:30 p.m.			
First Choice:	Second Choice:		

Friday Morning Workshops • 10:00 a.m12:30 p.m.		
First Choice:	Second Choice:	

Friday Afternoon Workshops • 2:00 p.m.-5:00 p.m.

Second Choice: _____ Address (indicate home or work): _____ City, State, Zip: _____ Day Phone: _____ Home Phone: _____

NASW Membership #:
PAYMENT METHOD
☐ Check # Make check payable to NASW-MD
☐ Charge: ☐ Mastercard ☐ Visa
Credit Card Number:
Expiration Date:Three-Digit Code on Back of Card:
Name as it appears on card:
Signature:
Today's Date:

COMFORT ZONE REMINDER

Although every effort is made to have a comfortable temperature in the meeting rooms, everyone's comfort zone is different. Please bring a jacket or sweater in case the room is too cool for your comfort.

MAIL COMPLETED FORM TO:

NASW-MD, 5750 Executive Drive, Suite 100, Baltimore, MD 21228. You may also register online at www.nasw-md.org. We do not accept fax registrations.

NASW-MD Sponsored Continuing Education



WINTER 2015



Additional courses may be scheduled. Check the continuing education link on the chapter website for updates.

You save \$20 per 3-hour workshop as a NASW member!

Renewal of a social worker's license is contingent on completion and receipt by the Board of Social Work Examiners of an application attesting to completion, within the previous 2-year period, of 40 credit hours of continuing education in programs and categories approved by the Board.

At least 20 of those hours must be Category I, with at least three credit hours in ethics and professional conduct.

NASW-MD welcomes your suggestions for future workshops and locations.

ABBREVIATIONS

Location:

CE = Continuing Education Cat. = Category

Cost = NASW Member cost/ Non-member cost. Prices include certificate for continuing education credits.

CONTINUING EDUCATION POLICIES

■ NASW-MD will not honor fax registrations

You may register online, by mail or by phone. Registrations are made on a first come-first-served basis. You can pay for your registration by check, MasterCard or VISA.

Registrations received less than 2 business days/48 hours prior to the program date will be admitted as space allows for an additional \$10 late charge. (One-week prior registration is required for programs providing lunch, with the late fee in effect of \$20 for registrations less than one week in advance).

REFUND POLICIES

NASW-MD will only refund registrations for cancellations made at least 2 business days/48 hours in advance of the workshops, minus a \$10 administrative processing fee. If lunch or continental breakfast is provided, cancellations must be made at least one week in advance and there will be a \$20 administrative processing fee per cancellation.

- NASW-MD is not responsible for refunds if registrants do not attend a program and do not immediately follow-up for refund information or to switch to another course; if registrants do not follow-up on an absence, no refund or switch will be allowed.
- Please note that continuing education credits are granted based on participation, NOT on payment. All workshop participants arriving late will receive a reduction in credit units granted.
- If you would like e-mail confirmation of workshop registration, please include your e-mail address on the registration form.
- NASW-MD reserves the right to cancel workshops due to poor registration.

INCLEMENT WEATHER POLICY

■ In the event of inclement weather, please call 410-788-1066, ext. 13, for information

REGISTER ONLINE!

SAVE TIME & POSTAGE EXPENSES

NASW-MD offers secure, online registration for continuing education courses. Go to www.nasw-md.org and click on the Continuing Education button for more information.

on cancellation. In general, if schools are two hours late or closed in the area where the event is to take place, the event will be rescheduled. Please notify the chapter office if a refund is preferred.

ACCOMMODATIONS

If you require special accommodations to permit your attendance or participation, please provide a written request along with a completed registration form and conference payment at least 30 days prior to the registration deadline for the workshop or conference. Requests received after this deadline may not be received in time to process or be fulfilled in time for the activity.

DIRECTIONS

Directions to all workshop locations can be found under the Continuing Ed tab on our website: www. nasw-md.org

SOUTHERN MD

Calvert, Charles, and St. Mary's Counties

#1932 Compassion Fatigue: An Ethical Framework Date: Saturday, May 2, 2015; 9:45 a.m. – 1:00 p.m.

Charlotte Hall Veterans Home 29449 Charlotte Hall Road Charlotte Hall, MD 20622

Presenter: Sue Cox, LCSW-C

Team Leader, Continuous Care Team, UMMS/WPCC Clinics, Baltimore

Synopsis: Compassion fatigue, or secondary traumatic stress, is a common and unfortunate side-effect of caring too much. Clinicians are exposed to and work hard to help heal individuals, families, and groups that have been wronged (sometimes deeply) by circumstances beyond their control in an environment with too few resources. Regrettably, the outcome of not being proactive or responding to compassion fatigue can lead to affected individuals caring less or not at all over time.

Learning Objectives: Upon completion of this course, participants will be able to:

- 1. Determine the causes and develop a working personal definition of compassion fatigue
- 2. Self-assess and examine the potential impact of compassion fatigue on both professional and personal relationships
- 3. Discuss the impact of compassion fatigue on professional practice and relate compassion fatigue to an increased risk of judgment distortions and potential ethical violations; and
- 4. Consider possible responses to identifying compassion fatigue in ourselves, colleagues as well as the support systems of our clients.

CE: 3 Category I

Cost: \$45 for members; \$65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3-hour ethics requirement for licensure renewal.

Register for one of both workshops and attend lunch as our guest!

#1933 Ethics and Responding to Behavioral Health Emergencies

Date: Saturday, May 2, 2015; 1:50 p.m. – 5:00 p.m. **Location:** Charlotte Hall Veterans Home

29449 Charlotte Hall Road Charlotte Hall, MD 20622

Presenter: Sue Cox, LCSW-C

Team Leader, Continuous Care Team, UMMS/WPCC Clinics, Baltimore

Synopsis: Behavioral health emergencies impact clinical settings, the educational and criminal justice systems and almost all arenas in which social workers practice. Clinicians, concerned for the safety and welfare of clients as well as their own legal and ethical risk, often refer to emergency department settings with the belief that the client will be hospitalized only to be surprised when the outcome is not what they had hoped for or planned.

Learning Objectives: In this workshop, we will:

- 1. Discuss the assessment and triage of behavioral health emergencies in outpatient settings for both adults and juveniles, and identify when the use of the emergency petition process is and is not warranted;
- Review the elements of an emergency department (ED) assessment and case-specific factors which
 impact the decision regarding disposition from the ED to involuntary treatment, voluntary inpatient care, or
 outpatient resources;
- 3. Present the clinical and ethical dilemmas inherent in deciding whether to pursue a course of action to which a client or family is opposed; and
- 4. Review the value, ethics, and liability aspects of "safety contracts", "duty to warn"/Tarasoff and other decisions related to behavioral health emergencies.

CE: 3 Category I

Cost: \$45 for members; \$65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3-hour ethics requirement for licensure renewal.

WESTERN MD

Garrett, Allegany, Washington, and Frederick Counties

#1954 Hugs, Texts, and Tweets: Navigating Ethical Dilemmas in a New Millenium

Date: Saturday, April 25, 2015; 9:45 a.m. – 1:00 p.m. Location: All Saint's Episcopal Church (Great Hall)

106 West Church Street Frederick, MD 21701

Presenter: Rhegina Sinozich, MSW, LCSW-C

Psychotherapist in private practice and director/founder of Balloon to the Moon®

Synopsis: Navigating the ever-growing field of ethical dilemmas is one of our most challenging tasks. As social boundaries relax and personal information is available at the touch of a button, it is imperative that we learn how to deal with potential ethical landmines, so we can continue to provide the best care possible to our clients. Knowing how to foresee and leverage ethical dilemmas can make the difference between average and superlative clinical work. In this relaxed, experiential workshop, you will learn techniques for dealing with and avoiding the real life ethical dilemmas that face us in this new age of texts, tweets, and pins.

Learning Objectives: Upon completion of this intermediate course, participants will be able to:

- Identify ethical dilemmas and treatment implications around self-disclosure and self-discovery;
 Discuss treatment implications of client disclosure of information vs. clinician's discovery of such information:
- 3. Explore the potential value and risks of intentional and unintentional transparency;
- 4. Apply diagnostic information in the process of their ethical decision making; and
- Discuss and implement a step by step process for evaluating potential ethical dilemmas.

CE: 3 Cat. I

Presenter:

Cost: \$45 for members; \$65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3-hour ethics requirement for licensure renewal.

Register for one of both workshops and attend lunch as our guest!

#1955 Stress Busting: Hands On, Experiential Techniques for Addressing Our

Clients' Ever Increasing Stress Levels

Date: Saturday, April 25, 2015; 1:50 p.m. – 5:00 p.m.

Location: All Saint's Episcopal Church (Great Hall)

All Saint's Episcopal Church (Great Hall) 106 West Church Street

Frederick, MD 21701

Rhegina Sinozich, MSW, LCSW-C Psychotherapist in private practice and director/founder of Balloon to the Moon®

Synopsis: Stress is a biochemically measurable phenomenon that affects every area of our clients' lives. When our clients are in stress mode they have less access to their whole brain functioning and therefore often make poor choices, have less access to physical and emotional healing, etc. Stress becomes a perpetual trigger for more stress. In this experiential workshop, we will begin by exploring the nature of stress and its impact on physical and emotional health. We will then learn and practice simple, hands-on techniques for countering stress in ourselves and our clients.

Learning Objectives: Participants will:

- 1. Explore the nature of stress and its effects on psychological and physical functioning in the long and short term;
- 2. Understand the effects of clients' stress on treatment outcomes;
- 3. Discover the power of interrupting the stress cycle; and 4. Learn and be able to use a number of simple, experiential tools for decreasing stress.

CE: 3 Cat I

Cost: \$45 for members; \$65 for non-members

#1926 Ethical Practice: The Necessity for Awareness of Self and Unconscious

Biases in Clinical Practice

Date: Friday, June 5, 2015; 12:00 p.m. – 3:15 p.m.

Please note: NASW-MD Chapter will provide lunch before the workshop from 11:15 a.m. - 12:00 p.m. Join us, and enjoy the opportunity to network with your professional peers, and meet your Western Maryland board representative!

Location:

Allegany College of Maryland 12401 Willowbrook Road Cumberland, MD 21502

PLEASE NOTE New Location

Rachael Wallace, LCSW-C Presenter:

Managing Director and Psychotherapist, Maryland Group Faculty Practice, LLC, Baltimore

Synopsis: This workshop offers a forum in which to review ethical mandates as they relate to competent practice. Participants will be presented with, share and discuss challenging cases and consider their personal affective responses or bias. A self-awareness exercise will be offered to promote cognitive awareness and strategies for processing affective responses. Further exploration of multiple perspectives related to interventions and outcomes will be discussed.

Learning Objectives: Participants will:

- 1. Review and discuss ethical guidelines governing Social Work Practice;
- 2. Expand knowledge and awareness of challenging cases or unusual circumstances;
- 3. Increase awareness and self and personal bias affecting practice; and

4. Have the opportunity for peer discussion in contemplating action in ambivalent or complex cases.

CE: 3 Category I

\$45 for members; \$65 for non-members Cost:

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3-hour ethics requirement for licensure renewal.

SUBURBAN MD

Montgomery and Prince George's Counties

#1920 **Giving and Receiving Feedback**

Sunday, March 15, 2015; 1:45 p.m. - 5:00 p.m. Date:

Location: The Professional and Community Education Center at Holy Cross Hospital

1500 Forest Glen Road Silver Spring, MD 20910

Please note: Holy Cross Hospital charges parking fees on weekends.

Please be prepared to pay \$5-\$6.

Presenter: Marsha Stein, LCSW-C

Licensed Psychotherapist, Corporate Communications Trainer

Synopsis: This workshop uses principles of coaching for effective 'feed forward' that empowers and increases accountability. By stating feedback in behaviorally specific terms, we increase buy in and collaboration. We will also look at coaching principles and demonstrate how to give feedback to leaders and take responsibility for eliciting feedback. We will take the learning "off the page with case scenarios, group exercises and action simulations.

Learning Objectives: Participants will learn how to:

- 1. Build and maintain a climate of trust where daily feedback can occur;
- 2. Convert vague and abstract feedback to behaviorally specific feedback;
- 3. Recognize individual differences in how people prefer to receive positive reinforcement and reward;
- 4. Give feedback to leaders:
- 5. Demonstrate ways to encourage and receive feedback as a leader; and
- 6. Practice using active listening in feedback conversations.

CE:

Cost: \$45 for members; \$65 for non-members

#1883 An Introduction to Child-Centered Play Therapy Date: Sunday, March 22, 2015; 1:45 p.m. - 5:00 p.m.

The Professional and Community Education Center at Holy Cross Hospital Location:

1500 Forest Glen Road Silver Spring, MD 20910

Please note: Holy Cross Hospital charges parking fees on weekends. Please be prepared to pay \$5-\$6.

Rob Scuka, Ph.D., MSW, LCSW-C Presenter:

Synopsis: Child-Centered Play Therapy (CCPT) is the method of play therapy developed by Virginia Axline, an associate of Carl Rogers. It follows the client-centered principle of creating a non-judgmental, emotionally supportive therapeutic atmosphere while also providing clear boundaries that encourage the child to learn emotional and behavioral self-regulation. Research has validated this to be a powerful method for decreasing a wide range of child emotional problems as well as for building self-esteem and more mature, pro-social behaviors. CCPT is based on eight clear-cut principles applied in a systematic way that equip the therapist with a method uniquely capable of handling the many challenges of playing therapeutically with children and achieving predictably positive results. This workshop is recommended for all clinicians who work with children as well as school counselors and child-welfare personnel.

Learning Objectives: By the conclusion of the class, participants will be able to:

- 1. Quickly establish rapport and a strong therapeutic relationship with the child;
- 2. Create the recommended therapeutic atmosphere to encourage the child to engage in self-exploration and engagement with his/her play environment and the therapist;
- 3. Facilitate the child's mastery of thoughts and feelings to help eliminate symptomatic behaviors; and
- 4. Set and enforce limits in an effective and therapeutic way.

CE: 3 Cat I

Cost: \$45 for members; \$65 for non-members

#1951 **Intimate Partner Violence**

Sunday, April 12, 2015; 1:45 p.m. – 5:00 p.m. Date:

Location: The Professional and Community Education Center at Holy Cross Hospital

> 1500 Forest Glen Road Silver Spring, MD 20910

Please Note: Holy Cross Hospital charges parking fees on weekends.

Please be prepared to pay \$5-\$6.

Presenters: Dionne Brown-Bushrod, LCSW-C

Owner/ Psychotherapist, Prosperity Redefined LLC, Private Practice Robert L. Rhodes, LCSW-C

School Social Worker, Baltimore City Public Schools

Synopsis: Recent news events highlight the crises of intimate partner violence (IPV) taking many forms. What the media rarely examines is the long-term cycle of torment that a victim faces. From hiding the abuse to deciding to leave, the helping professional is part of a system of support. This workshop will address statistics in this work and will closely focus on clinical considerations of IPV across dynamics of relationships.

Learning Objectives: Participants will gain an understanding of:

- 1. Definitions of Intimate Partner Violence across various populations;
- 2. Prevalence of IPV;
- 3. Clinical considerations of IPV; and 4. Services and resources for IPV.

CE:

Cost: \$45 for members; \$65 for non-members

#1952 **Critical Cultural Competence with LGBT People of Color**

Date: Location:

Sunday, April 26, 2015; 1:45 p.m. – 5:00 p.m.
The Professional and Community Education Center at Holy Cross Hospital

1500 Forest Glen Road Silver Spring, MD 20910

Please note: Holy Cross Hospital charges parking fees on weekends.

Please be prepared to pay \$5-\$6.

Laurens Van Sluvtman, Ph.D. Presenter:

Psychotherapist in Private Practice and Associate Professor, Morgan State University

School of Social Work

Synopsis: This workshop is a group-level training, organized around interactive, experiential learning and reflexive thinking sessions. This training is designed for health workers committed to excellence through science, ethics, and operations. The training supports team work and partnership with multiple communities to meet the evolving needs of stakeholders and collaborators, build respect for diversity and cultural $\ differences, and \ improve \ accountability \ through \ measurement, \ reporting, \ and \ ongoing \ improvement. \ It$ intends to enhance the ability of participants to share their experiences with colleagues and community members while valuing community and population diversity.

Learning Objectives: Upon completion of this workshop, attendees will:

- 1. Increase awareness of cultural differences and similarities of the population;
- 2. Develop critical consciousness about the existing prevailing social practices that marginalize communities;
- 3. Participate in meaningful changes in the prevailing social practices that marginalize communities; and
- 4. Acknowledge centrality of race, gender, and sexual orientation.

CE: 3 Cat I

Cost: \$45 for members: \$65 for non-members

#1967 Ethical Practice: The Necessity for Awareness of Self and Unconscious

Biases in Clinical Practice

Date: Sunday, May 3, 2015; 1:45 p.m. -5:00p.m.

Location: The Professional and Community Education Center at Holy Cross Hospital

1500 Forest Glen Road Silver Spring, MD 20910

Please note: Holy Cross Hospital charges parking fees on weekends.

Please be prepared to pay \$5-\$6.

Presenter: Rachael Wallace, LCSW-C

Managing Director and Psychotherapist, Maryland Group Faculty Practice, LLC, Baltimore **Synopsis:** This workshop offers a forum in which to review ethical mandates as they relate to competent practice. Participants will be presented with, share and discuss challenging cases and consider their personal affective responses or bias. A self-awareness exercise will be offered to promote cognitive awareness and strategies for processing affective responses. Further exploration of multiple perspectives related to interventions and outcomes will be discussed.

Learning Objectives: Participants will be able to:

- 1. Review and discuss of ethical guidelines governing Social Work Practice;
- 2. Expand knowledge and awareness of challenging cases or unusual circumstances; 3. Increase awareness and self and personal bias affecting practice; and
- 4. Have the opportunity for peer discussion in contemplating action in ambivalent or complex cases.

CE: 3 Category I

\$45 for members; \$65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3-hour ethics requirement for licensure renewal.

Strengthening Your Effectiveness as a Leader

Sunday, May 3, 2015; 1:45 p.m. - 5:00 p.m.

Location: The Professional and Community Education Center at Holy Cross Hospital

1500 Forest Glen Road Silver Spring, MD 20910

Please note: Holy Cross Hospital charges parking fees on weekends. Please be prepared to pay \$5-\$6.

Presenter: Ashley McSwain, MSW, MSOD

President, Consultants for Change, Inc.

Synopsis: This workshop responds to the strong call for leaders with the capability to lead in ever-changing business environments with clear vision and to foster a motivated, productive workforce committed to achieving the organizations' competitive advantage.

Learning Objectives: Participants will be introduced to:

- 1. Effective leadership practices, including the ability to create a shared vision;
- 2. Differing leadership styles and sources of leadership power
- 3. Processes that deepen awareness of beliefs, assumptions and perceptions to influence leadership, and common obstacles to effective leadership; and
- Ways to identify and discuss tools to remove obstacles to effective leadership.

CE: 3 Cat I

Cost: \$45 for members; \$65 for non-members PLEASE NOTE NEW LOCATION

#1965 It's Complicated: What Social Workers Need to Know about Ethics and HIV/AIDS

Date: Friday, May 8, 2015; 10:30 a.m. - 1:45 p.m

Please note: Lunch will not be provided, but you may bring a bagged lunch.

Location: Prince Georges County Library- Bowie Branch (Auditorium) 15210 Annapolis Road

Bowie, MD 20715

Presenter: Jeronda Burley, Ph.D.

Assistant Professor, Coppin State University Adjunct Professor, Bowie State University

Synopsis: This workshop will provide an in depth discussion of the ethical issues raised by HIV/AIDS. Focus will be on the social worker response to navigating ethical concerns while employing tested models of ethical decision-making to address questionable scenarios.

Learning Objectives: Upon completion of this intermediate course, attendees will be able to:

- 1. Understand ethical dimensions of HIV/AIDS;
- 2. Recognize ethical concerns with HIV testing; and
- 3. Discuss models of ethical decision-making.

3 Cat I

Cost: \$45 for members; \$65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3-hour ethics requirement for licensure renewal.

Please note: This workshop qualifies for the 3-hour HIV/AIDS requirement for the DC Board of Social Work

#1948 What are YOUth "Twerking" With?: Sex, Pregnancy, and HIV/AIDS Among

Today's Youth

Sunday, May 17, 2015; 1:45 p.m. – 5:00 p.m. Date:

The Professional and Community Education Center at Holy Cross Hospital Location:

1500 Forest Glen Road Silver Spring, MD 20910

Please note: Holy Cross Hospital charges parking fees on weekends. Please be prepared to pay \$5-\$6.

Jeronda Burley, Ph.D. Presenter:

Assistant Professor, Coppin State University, Adjunct Professor, Bowie State University

Synopsis: This workshop will examine how our values impact social work practice with youth around issues of sex, pregnancy, STIs, and HIV/AIDS. Presenter will discuss how social workers can help clients to break the cycle of teen pregnancy. Session will include a discussion of sexual risks and protective factors. Workshop will examine at risk groups and prevention strategies to assist these vulnerable youth populations. Cultural factors, prevention strategies, and barriers will be discussed. In small groups, participants will share challenges and successes within social work practice for youth populations. The workshop will conclude with a discussion of best practices to be implemented with youth.

Learning Objectives: Upon completion of this intermediate course, participants will:

- 1. Understand the prevalence of unwanted pregnancies, HIV/AIDS and other STIs among youth in the United States;
- 2. Understand sexual risk factors and HIV prevention strategies for working with youth; and 3. Gain ideas on ways to implement best practices within vulnerable youth populations.

CE: 3 Cat I

Cost: \$45 for members; \$65 for non-members

Please note: This workshop qualifies for the 3-hour HIV/AIDS requirement for the DC Board of Social Work

#1927 Ethics and Risk Management in the New Era of Social Work

Sunday, June 7, 2015; 1:45 p.m. - 5:00 p.m. Date:

Location: The Professional and Community Education Center at Holy Cross Hospital

1500 Forest Glen Road Silver Spring, MD 20910

Please note: Holy Cross Hospital charges parking fees on weekends. Please be prepared to pay \$5-\$6.

Presenter: Bonnie Conti-Lawrence

Program Manager, NASW Assurance Services, Inc.

Synopsis: This session, developed especially for social workers, is sponsored by the NASW Assurance Services (ASI) of Frederick, Md., and describes the most significant malpractice risks in social work today and numerous methods of mitigating and reducing one's risk of being sued for malpractice.

The presentation is intended for social workers in all settings and positions, not just the clinical, therapeutic mental health setting. The session will cover key concepts in risk management, such as confidentiality and its exceptions, duty to warn, and informed consent. The seminar will reveal the major reasons why social workers are sued and what you can do about those risks. We will define what constitutes a malpractice case and emphasize important recordkeeping issues, guidelines for supervision, special tips for clinical and private practitioners, and brief you about your malpractice insurance, its special features and implications for your practice. A free attendee toolkit will be distributed at the workshop which contains information about ASI, the workshop presenters, resources for managing your malpractice risk, insurance FAQs, and more

Learning Objectives: After attending this workshop, participants will:

- 1. Understand the current ethical issues and risks faced by the profession, including common ethical dilemmas, mistakes, and violations:
- 2. Know the key concepts that will reduce your risk of being sued for malpractice and the triggers that constitute malpractice; and
- 3. Become aware of strategies and understand the resources to avoid ethical violations and manage risks.

CE: 3 Cat I

Cost: \$45 for members; \$65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3-hour ethics requirement for licensure renewal.

#1928 Mindfulness: Developing a Mindfulness Symptom Management Group for

Psychiatrically III Patients

Date: Sunday, June 14, 2015; 1:45 p.m. - 5:00 p.m.

The Professional and Community Education Center at Holy Cross Hospital Location:

1500 Forest Glen Road Silver Spring, MD 20910 Please note: Holy Cross Hospital charges parking fees on weekends.

Please be prepared to pay \$5-\$6.

Ed Geraty, LCSW-C Presenter:

Psychotherapist, Union Memorial Hospital, Baltimore

Synopsis: A Mindfulness-based symptom management group teaches tools for reducing symptoms of depression, anxiety, pain, and chronic illness. By utilizing a combination of meditation and cognitive behavioral therapy, participants learn to change old, distressing patterns of thinking and feeling in order to live more fully in the present. Although clients may have little control of the causes of stress in their lives, we can help them cultivate a different attitude toward these events. They can learn to replace old habitual patterns with more creative, productive responses which support rather than undermine them.

Learning Objectives: Participants will:

- 1. Learn what mindfulness practice is:
- 2. Learn how to develop a mindfulness-based symptom management group for psychiatric patients with depression and anxiety; and
- 3. Be introduced to the literature concerning mindfulness practice in psychiatric practice.

CE: 3 Cat I

\$45 for members: \$65 for non-members Cost:

EASTERN SHORE

Cecil, Kent, Queen Anne's, Caroline, Talbot, Dorchester, Wicomico, Somerset, and Worcester Counties

#1969 Sunday Matinee: Featuring the Film Extremely Loud and Incredibly Close

Date:

Sunday, April 19, 2015; 1:45 p.m. – 5:00 p.m. University of MD Shore Medical Center (Chestertown Hospital) Location:

Second Floor Conference Center 100 Brown Street Chestertown, MD 21620

Facilitator: Rebecca DeMattia, LCSW-C

Psychotherapist, Bridges Behavioral Health & Wellness

Synopsis: Attendees will watch a feature length movie followed by a discussion which will focus on autism, trauma, and grief. Extremely Loud and Incredibly Close: A nine-year-old amateur inventor, jewelry designer, astrophysicist, tambourine player, and pacifist searches New York for the lock that matches a mysterious key left by his father who he was killed in the September 11 attacks. Starring: Tom Hanks, Sandra Bullock, John Goodman. Warner Bros.; Directed by Stephen Daldry. Rated PG-13; 129 minutes; 2012

Cost: \$25 for members; \$35 for non-members; \$10 guest (no CEUs)

#1923 **Social Work Exam Prep**

Date: Friday, May 8, 2015; 9:30 a.m. – 4:30 p.m.

Lunch on your own from 12:30 p.m. - 1:20 p.m. Eastern Shore Hospital Center, English Hall

5262 Woods Road Cambridge, MD 21613

Jennifer Fitzpatrick, LCSW-C Founder, Jenerations Health Education, Inc.

Synopsis: This highly focused one day session will concentrate on study skills and preparation necessary to pass all levels (LBSW, LGSW, LCSW, LCSW-C) of the ASWB social work licensing exam. Participants will practice test questions individually and in small groups in the following areas of social work practice: Ethics, Research, Diagnosing and Assessments, Diversity, Clinical Practice, Communication, Supervision, Human Behavior, and Social Policy.

Learning Objectives: This course enables the attendee to:

- 1. Identify ASWB testing strengths and weaknesses;
- 2. Prioritize study time:

Location:

Presenter:

- 3. Learn best practices for passing the social work licensing exam; and
- 4. Learn effective ways to reduce text anxiety. CE.

5.5 Category I \$45 for members; \$130 for non-members Cost:

#1960 **Boundaries and Ethics with Adults who have Experienced Trauma**

Saturday, May 9, 2015; 9:45 a.m. - 1:00 p.m. Date: Location: Eastern Shore Hospital Center, English Hall

5262 Woods Road Cambridge, MD 21613 Lesa Lee, MSW, LCSW-C

Presenter: Clinical Director, For All Seasons, Inc.

 $\textbf{Synopsis:} \ \text{In this intermediate course, participants will gain a better understanding of the importance of the i$ clear boundaries with people who have experienced trauma. Those who have experienced trauma often struggle with trust and relationships in general. As social workers we adhere to relationship building and selfdetermination, which is different for people who have experienced trauma. We will spend time discussing how to navigate these stormy waters.

Learning Objectives: Upon completion of this intermediate course, participants will:

- 1. Identify the purpose of reviewing boundaries (NASW Code of Ethics);
- 2. Gain an understanding of Ethical Principles (COMAR); and 3. Identify boundary violations by the therapist and client

CE: 3 Category I

Cost: \$45 for members; \$65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners 3-hour ethics requirement for licensure renewal.

Register for one or both workshops and attend lunch as our guest, for an NASW-MD meet and greet with your Eastern Shore board representatives

#1961

Working with Shame Saturday, May 9, 2015; 1:50 p.m. – 5:00 p.m. Date: Location: Eastern Shore Hospital Center, English Hall

5262 Woods Road Cambridge, MD 21613

Lesa Lee, MSW. LCSW-C Presenter:

Clinical Director, For All Seasons, Inc.

Synopsis: Many people enter treatment in shame states, which can be difficult to understand and work with. The goal of this interactive workshop will be to gain a better understanding of individuals who are in a shame state and how to work with them in the treatment process. This can be challenging at times, because of how the shame can present and how it impacts us as clinicians. We will work on grounding ourselves as clinicians so we can remain empathic but firm with our clients

Learning Objectives: This course enables the attendee to:

1. Identify what shame is and how someone would present in treatment; and

2. Understand what causes shame and how it impacts people.

Begin to have a better understanding of how to work with shame in the treatment process.

3 Category I

Presenter:

Cost: \$45 for members; \$65 for non-members

Compassion Fatigue: An Ethical Framework Friday, May 29, 2015; 9:45 a.m. – 1:00 p.m. #1925 Date:

University of MD Shore Medical Center (Chestertown Hospital) Location:

Second Floor Conference Center

100 Brown Street Chestertown, MD 21620 Sue Cox, LCSW-C

Team Leader, Continuous Care Team, UMMS/WPCC Clinics, Baltimore

Synopsis: Compassion fatigue, or secondary traumatic stress, is a common and unfortunate side-effect of caring too much. Clinicians are exposed to and work hard to help heal individuals, families, and groups that have been wronged (sometimes deeply) by circumstances beyond their control in an environment with too few resources. Regrettably, the outcome of not being proactive or responding to compassion fatigue can lead to affected individuals caring less or not at all over time.

Learning Objectives: Participants will:

1. Explore the causes and develop a working personal definition of compassion fatigue;

- 2. Self-assess and examine the potential impact of compassion fatigue on both professional and personal relationships;
- 3. Discuss the impact of compassion fatigue on professional practice and relate compassion fatigue to an increased risk of judgment distortions and potential ethical violations; and
- 4. Consider possible responses to identifying compassion fatigue in ourselves, colleagues, as well as the support systems of our clients.

CE: 3 Category I

\$45 for members; \$65 for non-members Cost:

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3-hour

#1934 Care Committees: Power for Patients, Support for Caregivers

Friday, June 19, 2015; 9:15 a.m. - 4:15 p.m Date:

Lunch on your own from 12:00 p.m. - 12:50 p.m.

Location: Eastern Shore Hospital Center, English Hall

5262 Woods Road

Cambridge, MD 21613 Diana Rein, M.Ed., MSW, LGSW Presenter:

Consultant, Choice Consulting and Training, Easton

Synopsis: In this course designed for family and friends, social workers, and other professionals, a strategy for creating and maintaining a Care Committee will be presented. Care Committees reflect the wants and needs of the seriously ill, chronically ill, or aging patient by building a supportive network of multiple cooperative caregivers. Committees are an effective strategy to facilitate individualized care for patients and provide support to caregivers. The development of a Care Committee is an effective strategy for individuals without family supports as well as for family caregivers struggling to balance other life demands. Such committees empower patients as they choose their committee members and work cooperatively with members who bring their varied skills to the endeavor.

Learning Objectives: This course enables the participant to:

1. Review caregiver demographics and issues;

- 2. Lay the groundwork for use of the Care Committee model using the "Share to Care" 7 key principles;
- 3. Participate in the simulated creation of a Care Committee; and
- 4. Plan the implementation of a Care Committee in a personal case example.

CE: 6 Category I

Cost: \$90 for members; \$130 for non-members

METRO BALTIMORE

Anne Arundel, Baltimore, Carroll, Harford, and Howard Counties, and Baltimore City

#1892 First Sunday Matinee: Featuring the Film *The Fault in Our Stars* Sunday, March 1, 2015; 1:45 p.m. – 5:00 p.m. Date:

Location: UMBC/ENG Building Room 027

1000 Hilltop Circle

Baltimore, MD 21250

Facilitator: Kristen Caminiti, LICSW, LCSW-C

Synopsis: Attendees will watch a feature length movie followed by a discussion. The discussion will focus on adolescent relationships and terminal illness. The Fault in Our Stars: Hazel and Gus are two teenagers who share an acerbic wit, a disdain for the conventional, and a love that sweeps them on a journey. Their relationship is all the more miraculous given that Hazel's other constant companion is an oxygen tank, Gus jokes about his prosthetic leg, and they met and fell in love at a cancer support group. Director: Josh Boone. Length: 125 min. Year: 2014. Distributor: 20th Century Fox Film Corp (FOX). Audience: (PG-13) Cast: Shailene Woodley, Ansel Elgort, Willem Dafoe, Laura Dern, Nat Wolff, Lotte Verbeek, Emily Peachey, Sam Trammell. Writers: John Green (novel), Scott Neustadter (screenplay)

Presenter:

Cost: \$25 for members; \$35 for non-members; 10 for guests (no CEUs for guests)

#1964 **Understanding Military Sexual Trauma** Date: Friday, March 13, 2015; 9:45 a.m. - 1:00 p.m.

NASW-MD Office Location:

5750 Executive Drive Suite 100

Baltimore, MD 21228 Paula Wolff, LCSW-C

Team Leader, Baltimore County Vet Center

Synopsis: This presentation will provide an overview of Military Sexual Trauma (MST) in today's active duty illitary and veteran population. Participants will learn how to define MST and gain an understanding of the

impact sexual trauma has on servicemen and women, veterans, and their family members. The presenter will use case examples of clinical issues that can arise during treatment and review various therapeutic treatment modalities and resources for MST clients and providers.

Learning Objectives: Attendees will:

1. Learn the definition of MST as it relates to active duty military and veterans;

2. Be able to identify at least three clinical issues that may occur as a barrier to MST treatment; and 3. Learn two treatment modalities and two resources for treating military sexual trauma.

3 Category I

Cost: \$45 for members; \$65 for non-members

#1964 **Ethical Challenges in Social Work Practice** Friday, March 20, 2015; 9:45 a.m. - 1:00 p.m. Date: Location:

Baltimore County Public Library – Catonsville Branch 1100 Frederick Road Baltimore, MD 21228

Presenter: Rachael Wallace, LCSW-C

Managing Director and Psychotherapist, Maryland Group Faculty Practice, LLC, Baltimore Synopsis: It is no surprise to social workers that contemporary practice offers both challenges and rewards to the dedicated providers working every day with individuals, groups, and families. The expressed needs and goals of individuals, organizations, and the social worker may or may not fall easily into alignment. This workshop will present an integrative perspective within we can work with clients and offer a forum to discuss related current ethical challenges and address them in accordance with our profession's ethical framework.

Learning Objectives: At the end of this workshop, attendees will

1. Be able to identify ethical challenges;

CE:

2. Understand and consider an integrative treatment model; and

3. Have an opportunity for open and frank exploration of contemporary ethical challenges and effective solutions.

3 Category I

Cost: \$45 for members; \$65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners 3-hour ethics requirement for licensure renewal.

#1902 **Integrating Problem Gamblers into a System of Care**

Friday, April 10, 2015; 9:45 a.m. - 1:00 p.m Date:

NASW-MD Office Location:

5750 Executive Drive Suite 100 Baltimore, MD 21228

Presenters: Loreen Rugle, Ph.D, NCGC II

Program Director for the Maryland Center of Excellence on Problem Gambling

Michael Rosen, MSW, LGSW

Network Development and Helpline Coordinator, Maryland Center of Excellence on

Problem Gambling

Synopsis: This workshop will provide participants with information on and practice with problem gambling integrated screening and assessment tools and strategies. Speakers will present a paradigm for brief motivational strategies to address the impact of gambling on recovery for clients seeking treatment for substance use and mental health disorders. Participants will also have the opportunity to learn and practice skills for engaging and retaining clients with gambling disorders (particularly through addressing financial and family issues), and participants will be presented with resources to support problem gambling treatment and recovery **Learning Objectives:** Upon completion of this workshop, participants will be able to:

- 1. Identify at least three ways to integrate the topic of problem gambling and impact of gambling into existing intake, screening, and assessment protocols;
- 2. Practice utilizing brief motivational and referral strategies to address potential gambling and problem gambling issues in clients in substance use and mental health treatment;
- 3. Identify at least two common issues involving finances and family issues and strategies to address those to aid in engagement and retention of clients; and
- 4. Identify a range of resources to help address the impact of gambling and problem gambling in their clients. 3 Category I CE:

\$45 for members; \$65 for non-members Cost:

#1915 Sunday Matinee: Featuring the Film A Beautiful Mind

Date: **Sunday, April 12, 2015**; 1:45 p.m. – 5:00 p.m.

Location: UMBC/ENG Building Room 027

1000 Hilltop Circle Baltimore, MD 21250

Facilitator: Veronica Cruz, LCSW-C

Forensic Social Worker, MD Office of the Public Defender, Rockville

Synopsis: Attendees will watch a feature length movie followed by a discussion. Group discussion to focus on: understanding schizophrenia, enhancing medication compliance, medication side effects and exploring reality testing. A Beautiful Mind: The true story of prominent mathematician John Forbes Nash Jr. is the subject of this biographical drama from director Ron Howard. Russell Crowe stars as the brilliant but arrogant and $\frac{1}{2}$ conceited professor Nash. The prof seems guaranteed a rosy future in the early '50s after he marries beautiful student Alicia (Jennifer Connelly) and makes a remarkable advancement in the foundations of "game theory," which carries him to the brink of international acclaim. Soon after, John is visited by Agent William Parcher (Ed Harris), from the CIA, who wants to recruit him for code-breaking activities. But evidence suggests that Nash's perceptions of reality are cloudy at best; he is struggling to maintain his tenuous hold on sanity, and Alicia suspects a diagnosis of paranoid schizophrenia. Battling decades of illness with the loyal Alicia by his side, Nash is ultimately able to gain some control over his mental state, and eventually goes on to triumphantly win the Nobel Prize. Based loosely on the book of the same name by Sylvia Nasar, A Beautiful Mind (2001) co-stars Paul Bettany, Adam Goldberg, Anthony Rapp, Christopher Plummer, and Judd Hirsch. Author: Karl Williams.

3 Cat I CE:

\$25 for members; \$35 for non-members; 10 for quests (no CEUs for guests) Cost:

#1953 Critical Shared Decision Making: A Model for Ethical Practice with LGBT Youth

Friday, April 17, 2015; 9:45 a.m. - 1:00 p.m **Location:** Baltimore County Public Library – Catonsville Branch

1100 Frederick Road Baltimore. MD 21228

Laurens Van Sluytman, Ph.D. Presenter:

Psychotherapist in Private Practice and Associate Professor, Morgan State University

School of Social Work

Synopsis: This course employs shared decision making to achieve ethical practice with lesbian, gay, bisexual and transgender (LGBT) youth. The training defines ethical practice, in accordance with NASW's Code of Ethics, as services designed to respect individuals, ensure confidentiality, increase access to supportive services, and client inclusion in decision making. The training utilizes a three step model of shared decision making: introducing choices; describing/exploring options; and making decisions. The course relies on developing a deeper awareness of LGBT identities, families, health and mental challenges, and issues of political advocacy. We will employ these intersecting elements of client biographies to raise awareness that ethical decision making and processes of deliberation should be influenced by exploring and respecting what matters most to clients as individuals and members of diverse communities. The workshop will include presentations, discussions, and case studies.

Learning Objectives: At the conclusion of this workshop, attendees will:

- Establish expectations for social work practices and services with LGBT youth;
- Ensure that social works practice with LGBT youth is guided by the NASW Code of Ethics;
 Provide a basis for advocating for LGBT youths' rights to be treated with respect and dignity, have their confidentiality protected, have access to supportive services, and have appropriate inclusion in decision making; and
- 4. Encourage social workers providing services to LGBT youth to participate in the development and refinement of public policy at the local, state, and federal levels to support client success.

CE: 3 Category I

Cost: \$45 for members; \$65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3-hour ethics requirement for licensure renewal.

#1949 **Introduction to Special Education for School Social Workers**

Every Monday from April 27, 2015 through Monday, June 29, 2015; 4:30 p.m. – 7:00 p.m. **Face to Face:** April 27, May 4, 11, 18; June 1, 8, 15, 22, and 29 Date:

Online Classes: May 26; June 9, 23

NASW-MD Office Location:

5750 Executive Drive Suite 100 Baltimore, MD 21228

Presenter: Mary Ellen Lewis, Ed.D.

Senior Director, Education Projects, Kennedy Krieger Institute

Synopsis: This class presents the scope of special education services, the collaborative nature of special educators with related service providers and general educators, and the challenges of implementing instruction for children and adolescents with special needs in the era of IDEA, NCLB, and the Common Core. Included in the course will be a session dedicated to ethics and social workers as they provide services in school settings. The hybrid nature of the course allows the participants to learn at their own pace while having class sessions designed to draw all course content together. It is approved by MSDE for three continuing professional development credits toward certification or renewal of certification.

15 Cat I and 15 Cat II CE:

Cost: \$300 for NASW members; \$400 for non-members

Ethics Hours note: Successful completion of all 15 hours of the face-to-face classes also yields the 3-hours Category I ethics requirement of the BSWE.

#1966 A Framework for Thinking Ethically Friday, May 1, 2015; 9:45 a.m. - 1:00 p.m. Date: Location: Baltimore County Public Library – Catonsville Branch

1100 Frederick Road Baltimore, MD 21228

Presenter: Ed Geraty, LCSW-C

Psychotherapist, Union Memorial Hospital

Synopsis: Have you ever had an ethical dilemma? Have you ever wondered if you made the right ethical decision? Is ethics just a way of thinking to use in professional practice or a way of life? When do individuals begin to think ethically? Defining what ethics is and is not in daily practice can be difficult for the practicing social worker. Sometimes ethical decisions have to be made quickly. This workshop focuses on a variety of processes to help us define what ethics is and is not, reviews the sources used to determine an ethical point of reference, as well as proposes a series of questions to help determine ethical responses to daily decision making.

Learning Objectives: Participants will be able to:

- 1. Define what ethics is and is not;
- 2. Learn the sources generally used to determine an ethical point of reference;
- 3. Learn the stages of moral development; and
- 4. Create a process for ethical decision-making in daily life.

CE: 3 Cat I

Cost: \$45 for members; \$65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3-hour ethics requirement for licensure renewal.

#1893 First Sunday Matinee: Featuring the Film Mary and Martha

Sunday, May 3, 2015; 1:45 p.m. – 5:00 p.m. Date:

Location: UMBC/ENG Building Room 027

1000 Hilltop Circle Baltimore, MD 21250

Giana Davis, MSSW, LCSW-C, LCADAS

Synopsis: Mary and Martha: Hilary Swank stars as Mary and Brenda Blethyn stars as Martha, an American interior designer and British housewife who have little in common apart from the one thing they wish they didn't. When malaria strikes, the lives of these very different women change forever. They forge a deep friendship and embark on an epic journey of self-discovery to Africa, dedicating themselves to the cause of malaria prevention. Beginning to rebuild their lives, they show how ordinary people can make a difference and inspire positive change in the process. Enlisting the help of Mary's estranged father, a former politico, the two women beseech both the powers that be and ordinary people to get involved, realizing a shared responsibility to all the world's children.

CE. 3 Cat I

\$25 for members; \$35 for non-members; 10 for guests (no CEUs for guests) Cost:

#1956 Beyond Cutting: An In-Depth Look at Self Harm Friday, May 8, 2015; 9:30 a.m. - 4:45 p.m. Date:

Lunch on your own from 12:30 – 1:20 Location: NASW-MD Chapter Office

5750 Executive Drive Suite 100 Baltimore, MD 21228

Presenter: Veronica Cruz, LCSW-C

Forensic Social Worker, MD Office of the Public Defender, Rockville

Synopsis: This workshop will examine the various forms of self-injurious behavior that go beyond cutting. It is estimated that two million people in the United States injure themselves in some way. Self-injury, which is also known as self-harm or self-mutilation, refers to individuals who intentionally and repeatedly harm themselves. The methods most often implored are cutting, but can also include such things as: hair pulling (trichotillomania), banging and interfering with wound healing (dermatillomania). Various issues will be discussed including but not limited to propensity, forms of injury, risk factors, brain development, comorbidity, non-suicidal self-injury diagnosis, and treatment modalities. This is an interactive workshop with case scenarios which will be presented and discussed.

Learning Objectives: Participants will:

- 1. Define what self-injurious behavior is, beyond the traditional cutting methods;
- 2. Explore propensity, risk factors, and brain development and how to integrate these variables into the treatment plan:
- 3. Increase their knowledge of various treatment modalities, including psychopharmacology and talk therapy;
- 4. Understand the connection between self-injury and co-morbidity. Analyzing the new diagnosis of nonsuicidal self-injury; and
- 5. Articulate essential clinical skills needed to work with clients who engage in self-injury.

CE: 3 Cat I

Cost: \$90 for members; \$130 for non-members

#1922 **Enlivening Your Psychotherapy Practice with Psychodrama & Related Action**

Methods

Friday, May 15, 2015: 9:30 a.m. - 4:45 p.m. Date: Lunch on your own from 12:30 - 1:20

NASW-MD Chapter Office

Location: 5750 Executive Drive Suite 100 Baltimore, MD 21228

Presenter:

Catherine D. Nugent, LCPC, TEP Private Practice; Adjunct Professor, Johns Hopkins University

Synopsis: Go beyond talking with your clients and learn how to put their strengths, concerns, challenges, and successes into action with psychodramatic methods. In this intermediate level experiential workshop, we'll explore action structures suited to a variety of clinical tasks, such as building group cohesion, facilitating access to personal strengths, identifying and exploring problems and challenges, and resolving unfinished emotional issues—all within a framework of safety and containment. Participants will experience a variety of action structures they can apply in their practice settings.

Learning Objectives: Upon completion of this intermediate workshop attendees will be able to:

- 1. Discuss Moreno's spontaneity/creativity theory underlying the practice of psychodrama;
- Explain at least one action method for building group cohesion;
 Explain the following psychodramatic methods: soliloquy, double, role taking, role reversal;
- 4. Describe two uses of the timeline and understand how to put into action;
- 5. Describe the paper-and-pencil and action social network diagram (social atom) and how it can be applied to different issues and populations and at different stages in the therapeutic process; and
- 6. Observe and/or participate in a variety of limited psychodramatic structures they can apply in their backhome settings.

CE:

Cost: \$90 for members; \$130 for non-members

#1905 Social Work Exam Prep

Thursday, May 28, 2015; 9:30 a.m. - 4:30 p.m. Date:

Lunch on your own from 12:30 p.m. - 1:20 p.m. NASW-MD Chapter Office

5750 Executive Drive Suite 100 Baltimore, MD 21228

Jennifer Fitzpatrick, LCSW-C Presenter:

Founder, Jenerations Health Education, Inc.

Synopsis: This highly focused one day session will concentrate on study skills and preparation necessary to pass all levels (LBSW, LGSW, LCSW, LCSW-C) of the ASWB social work licensing exam. Participants will practice test questions individually and in small groups in the following areas of social work practice: Ethics, Research, Diagnosing and Assessments, Diversity, Clinical Practice, Communication, Supervision, Human Behavior, and Social Policy.

Learning Objectives: This course enables the attendee to:

- 1. Identify ASWB testing strengths and weaknesses;
- 2. Prioritize study time;

Location:

- 3. Learn best practices for passing the social work licensing exam; and
- 4. Learn effective ways to reduce text anxiety. CE. 5.5 Category I

\$45 for members; \$130 for non-members Cost:

#1962 **Emotional Care and Legacy Building with Dying Children**

Friday, May 29, 2015; 9:45 a.m. - 1:00 p.m. Date: Location:

NASW-MD Chapter Office 5750 Executive Drive Suite 100

Baltimore, MD 21228 Kristen Caminiti, LICSW, LCSW-C Presenter:

Synopsis: The importance of legacy building for dying adults is well documented. However, it is rarely discussed and minimally, and only recently documented in the literature regarding its importance for children

and adolescents. Using a review of the (limited literature) and two in depth case examples (a 6 year-old and a 16 year-old), based on my own work, I will discuss the importance of and the meaningful impact legacy building can have for dying children and their families.

Learning Objectives: This course enables the attendee to:

- Discuss the effective assessment of the emotional needs of dying children at various developmental stages;
- 2. Develop an understanding of the dying child's need to build a legacy;
- 3. Increase knowledge of what strategies can be used at home or in a hospital setting to assist dying children in building their legacy; and
- 4. Develop strategies to encourage family members (parents, siblings) to participate in the legacy building process with their children.

CE:

Cost: \$45 for members; \$65 for non-members #1894 First Sunday Matinee: Featuring the Film Girl, Interrupted

Date: Sunday, June 7, 2015; 1:45 p.m. – 5:00 p.m.

Location: UMBC/ENG Building Room 027 1000 Hillton Circle

Facilitator:Baltimore, MD 21250
Veronica Cruz, LCSW-C

Forensic Social Worker, MD Office of the Public Defender, Rockville

Synopsis: Attendees will watch a feature length film followed by a discussion. Group discussion to focus on: understanding personality disorders (in particular Borderline Personality Disorder), exploring diagnosing, symptom management, and treatment and medication compliance. *Girl, Interrupted:* In 1967, 19-year-old Susanna (Winona Ryder) feels that "reality is becoming too dense" and is diagnosed with Borderline Personality Disorder. The doctor suggests to her parents that she be committed to the Claymore Hospital, and she spends the next 18 months struggling with her troubled psyche and the bizarre world of the institution. Susanna bonds with several other patients, including Lisa (Angelina Jolie), Polly (Elizabeth Moss), and Georgina (Clea DuVall). As she realizes that Lisa is potentially dangerous and truly needs help, Susanna begins to work harder with her psychiatrist (Vanessa Redgrave) and the nurse on the ward (Whoopi Goldberg). But Susanna soon learns that getting out of the hospital is not as easy as getting in. Girl, Interrupted was based on the autobiography of Susanna Kaysen, who really did spend a year-and-a-half in the McLean Psychiatric Hospital in Belmont, Massachusetts. Author: Mark Deming. Cast: Winona Ryder, Angelina Jolie, Whoopi Goldberg, Vanessa Redgrave, Brittany Murphy, Jared Leto

CE: 3 Cat I

Cost: \$25 for members; \$35 for non-members; 10 for guests (no CEUs for guests)

#1950 It's Complicated: What Social Workers Need to Know about Ethics and HIV/AIDS

Date: Friday, June 12, 2015; 9:45 a.m. – 1:00 p.m. **Location:** Baltimore County Public Library- Catonsville Branch

1100 Frederick Road Baltimore, MD 21228

Presenter: Jeronda Burley, Ph.D

Assistant Professor, Coppin State University; Adjunct Professor, Bowie State University

Synopsis: This workshop will provide an in depth discussion of the ethical issues raised by HIV/AIDS. Focus will be on the social worker response to navigating ethical concerns while employing tested models of ethical decision-making to address questionable scenarios.

Learning Objectives: Upon completion of this intermediate course, attendees will be able to:

- 1. Understand ethical dimensions of HIV/AIDS;
- 2. Recognize ethical concerns with HIV testing; and
- 3. Discuss models of ethical decision-making.

CE: 3 Cat

Cost: \$45 for members; \$65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners' 3-hour ethics requirement for licensure renewal.

Please Note: This workshop qualifies for the 3-hour HIV/AIDS requirement for the DC Board of Social Work

#1929 Strengthening Your Effectiveness as a Leader

Date: Friday, June 19, 2015; 9:45 a.m. – 1:00 p.m. **Location:** NASW-MD Chapter Office

5750 Executive Drive Suite 100 Baltimore, MD 21228

Presenter: Ashley McSwain, MSW, MSOD

President, Consultants for Change, Inc.

Synopsis: This workshop responds to the strong call for leaders with the capability to lead in everchanging business environments with clear vision and to foster a motivated, productive workforce committed to achieving the organizations' competitive advantage.

Learning Objectives: This workshop will introduce emerging and experienced leaders to:

- 1. Effective leadership practices, including the ability to create a shared vision;
- 2. Differing leadership styles and sources of leadership power;
- 3. Processes that deepen awareness of beliefs, assumptions and perceptions to influence leadership, and common obstacles to effective leadership; and
- 4. Identify and discuss tools to remove obstacles to effective leadership.

CE: 3 Cat I

Cost: \$45 for members; \$65 for non-members

#1963 The Use of Positive Triggers in Psychotherapy: Accessing Powerful

Physical and Emotional States

Date: Friday, June 26, 2015; 9:30 a.m. – 4:45p.m.

Lunch on your own from 12:30 p.m.-1:20 p.m.

Location: NASW-MD Chapter Office

5750 Executive Drive Suite 100

Baltimore, MD 21228

Presenter: Rhegina Sinozich, MSW, LCSW-C

Psychotherapist in private practice and director/founder of Balloon to the Moon®

Synopsis: Mind, body, and spirit are inextricably connected. Physical and emotional pain cause measurable shifts and changes in the body. With the increased sophistication of medical technology we have been able to map changes in the biochemistry of the brain as a result of trauma with a big "T" and trauma with a little "t". The Body Keeps the Score cautions Bessel Van der Kolk in his latest book. Indeed our bodies do remember. In a millisecond a train whistle or the snap of a belt can send some of our clients into a hellish free fall. It is visceral. It is real. It is biochemically measurable. In this experiential workshop we will explore the use of positive triggers in psychotherapy and how they can be used to enhance and strengthen the healing journey of our clients.

Learning Objectives: Participants will:

- Learn about triggers (positive and negative) and their impact on the emotional and physical states of our clients:
- 2. Explore the storing of memories and how dominant memories become magnetic;
- 3. Understand the amount of "positive" visceral experience needed to override "negative" visceral experiences and the implications for treatment therein; and
- 4. Be able to use at least one hand's on technique for helping clients access positive triggers.

CE: 6 Cat I

Cost: \$90 for members; \$130 for non-members

Registration Form Winter 2015

Please mail this form with your check made payable to NASW-MD, 5750 Executive Drive, Suite 100, Baltimore, MD 21228. Lunch is not provided for day-long workshops unless otherwise stated. If you would like to receive an email confirmation of your registration, please include your email address on this registration form. NASW-MD reserves the right to cancel any workshop for poor registration. Refunds for workshops canceled by NASW-MD shall be mailed within three weeks. Registrations MUST be received two business days/48 hours prior to program date or a late fee of \$10 will be charged. Please see full refund/cancellation polices on the first page of the continuing education schedule. Workshop fee includes certificate.

PLEASE NOTE THAT WE DO *NOT* ACCEPT FAX REGISTRATIONS. Thank you for your cooperation. NASW-MD reserves the right to cancel workshops due to low registration.

Please print legibly

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be adjusted to reflect the actual hours of attendance. Completing this registration form implies that you have been informed of this policy and your responsibility.

QUESTIONS CONCERNING REGISTRATION? Call 410-788-1066

have to leave early you are responsible for notifying the workshop coordinator. Your CE certificate will

education hours that you have earned. If you are attending a NASW-MD workshop and you are late, or

REMEMBER: You are **ethically responsible** for accurately reporting the number of continuing

In Memoriam,

Katharine LeVegue, NASW-MD Member, Social Services Worker, Anti-War Group Member

The Maryland Chapter of NASW extends our condolences to the family of Katharine LeVeque, who passed away on January 1, 2015 at the age of 82. Katharine was a long standing, 32-year member of NASW-MD Chapter, and she will be sorely missed. Below is her obituary, which was printed in The Baltimore Sun on January 12, 2015.

By Joe Burris, The Baltimore Sun

atharine LeVeque, a Baltimore resident for more than 50 years and an anti-war activist, died of congestive heart failure Jan. 1. She was 82.

Noted for community and outreach work, Ms. LeVeque was born Katharine Tunstall Williams on May 17, 1932, in Asheville, N.C. Her family moved to Florida shortly thereafter, where Ms. LeVeque attended grade school.

Ms. LeVeque attended Rosary College (now Dominican University) in River Forest, Ill. There she met James R. LeVeque, who was a student at the University in Chicago. They were married when he completed seminary in 1955, and he went on to become an Episcopal priest and mathematics instructor. The couple was married for 57 years until his death in December 2012.

The couple moved to Baltimore in

1958, two children in tow, and had three more children after they arrived. Katharine went on to work for the Baltimore Department of Social Services. She earned a master's degree in social work from the University of Maryland School of Social Work in 1977 and also worked at a YWCA women's shelter at the University of Maryland Medical Center maternity ward.

Ms. LeVeque was a member of Women in Black, an informal peace advocacy group that formed after the Sept. 11, 2001, terrorist attacks.

Known for their black-clad attire, group members hold weekly vigils throughout Baltimore. In 2013, the group won a civil rights lawsuit with the American Civil Liberties Union against the Baltimore police. City officials approved a \$98,000 payment to the ACLU to settle the case and agreed to loosen restrictions on when and where demonstrations can take place.

The lawsuit stemmed from an incident in 2003 at the start of the Iraq War; members of the Women in Black say that while protesting the war they were instructed by Baltimore police to move along. Some of them agreed to sign on to a federal



lawsuit that the ACLU filed in their behalf.

As part of the settlement the city implemented new rules allowing groups of up to 30 people to protest or pass out fliers without obtaining a permit at all city parks and 10 designated locations, including downtown McKeldin Square.

Ms. LeVeque was also a member of the Cathedral of the Incarnation in Baltimore

and took part in a church event that memorialized city children killed in violence, lighting a candle for each child.

In a 2004 Baltimore Sun article, LeVeque was quoted on why the memorial included 18- and 19-year-olds.

"They seem like such kids," Ms. LeVeque said. "They're really not grownups, even if they are technically. They're so young. It's so sad. I think about my grandchildren, who are about those ages.'

"Katharine demonstrated for everything involving injustice," said Anita Marshall of Baltimore, who said she worked with Ms. LeVeque in the Department of Social Services. "She was always in that space. The most impressive thing about Katharine was that she had absolutely no prejudice. She was always there for people. She never ignored people; they were not invisible to her."

Ms. LeVeque's daughter Mary Anne LeVeque of Takoma Park said that her mother received a distinguished alumna award from Dominican University in 1994, and in 1996 was appointed a member of the Baltimore Commission for Women. She said her mother worked with teenage mothers and provided such services as surgery preparation and smoking cessation therapy.

Ms. LeVeque lived in Charles Village from 1966 until two years ago. She died in hospice care at the Gilchrist Center in Towson, Mary Anne LeVeque said.

Ms. LeVeque is also survived by her sister, Elinor Price Smith, of Asheville, N.C.; daughters Mary Marthe LeVeque Worley of Marshall, N.C., Mary Elizabeth LeVeque of Baltimore, and sons Stephen Gregory Williams LeVeque of Baltimore and Joseph Paul Tunstall LeVeque of Parkville.

Ms. LeVeque is also survived by nine grandchildren and four great grandchildren.

A service of burial will be held Feb. 7 at St. Luke's Episcopal Church in Asheville, N.C., where Ms. LeVeque was baptized.

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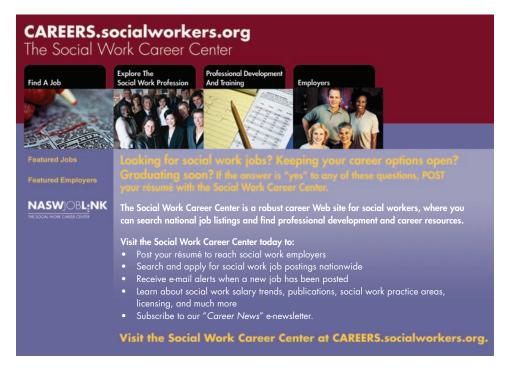
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NASW-MD CALENDAR FEBRUARY-APRIL 2015

All meetings scheduled for the Chapter office unless otherwise noted

FEBRUARY

3rd	5:00 p.m	Committee on Aging
	5:30 p.m.	Behavioral Health Committee
4th	6:00 p.m.	Legislative Comm. Conference Call
6th	10:00 a.m.	Private Practice Committee
	Noon	PP Peer Consultation
11th	6:00 p.m.	Executive Committee
13th		Board of Social Work Examiners (BSWE) Mtg. at DHMH
16th		OFFICE CLOSED, President's Day
	6:00 p.m.	Children, Youth & Family Committee (CYF)
18th	4:30 p.m.	Social Work in Schools (SWIS) Committee
	6:00 p.m.	Legislative Comm. Conference Call
23rd	6:00 p.m.	Macro Committee
25th	ALL DAY	Student Advocacy Day, Annapolis

MARCH - SOCIAL WORK MONTH

MAHUI	I — JUUIAL WUI	
3rd	5:00 p.m	Committee on Aging
4th	6:00 p.m.	Legislative Comm. Conference Call
6th	10:00 a.m.	Private Practice Committee
	Noon	PP Peer Consultation
	1:00 p.m.	Chapter Ethics Committee
11th	6:00 p.m.	Executive Committee
13th		Board of Social Work Examiners (BSWE) Mtg. at DHMH
18th	4:30 p.m.	Social Work in Schools (SWIS) Committee
	6:00 p.m.	Legislative Comm. Conference Call
23rd	6:00 p.m.	Macro Committee
26th	ALL DAY	Forensic Social Work Day
		Social Work Month Pre-Conference, Maritime Institute, Linthicum
27th	ALL DAY	Annual Conference, Maritime Institute, Linthicum

APRIL		
1st	6:00 p.m.	Legislative Committee Conference Call
3rd		OFFICE CLOSED
	10:00 a.m.	Private Practice Committee
	Noon	PP Peer Consultation
7th	5:00 p.m.	Committee on Aging
10th		Board of Social Work Examiners (BSWE) Mtg. at DHMH
11th	ALL DAY	Student Conference at UMBC
13th		Sine Die: Last Day of Legislative Session
15th	4:30 p.m.	Social Work in Schools (SWIS) Committee
	6:00 p.m.	Macro Committee
18th	9:00 a.m.	Board of Directors Meeting
24th	ALL DAY	Macro Conference, Maritime Institute, Linthicum



Join Us for First Sunday Mat

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Check the Continuing Ed Schedule Beginning on Page 16