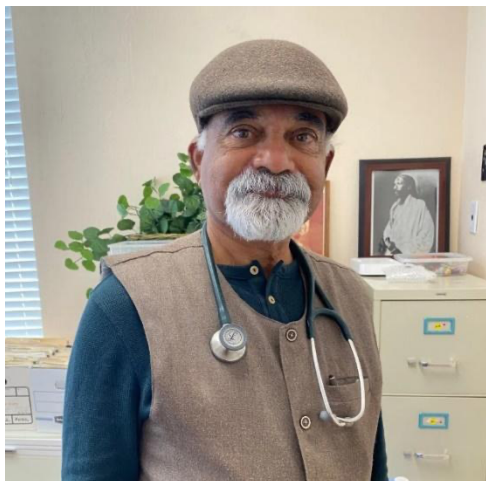




AANP Member Spotlight:

Bommi V Reddy, DVM, MD, ND

1. What started your pathway in naturopathic medicine?



I was practicing as a licensed veterinarian in the Mojave Desert for 35 years and could see while pets were getting better with simple surgeries and medicines (mostly with prescription diets and natural methods) the pet owners who were seeing MDs and taking prescription medicines were not. They used to ask me for my advice, in line with the old saying “My Vet is My Other Family Doctor.” It made me wonder, “If pet medical care is so well taken care of, why is human medicine is so dysfunctional?”

Curiosity stimulated me to join medical school. I graduated and became an American Medical Association certified MD and cleared all the Boards. Soon I realized, the incomplete knowledge, the

sledgehammer of drugs being used, and the quick fix approach to diseases did not quench my thirst and the brute hunger for knowledge. *The root cause of the diseases remained unanswered.* I decided to join Bastyr University for the ND program, graduated in 2018, and now also practice as a licensed ND. Finally, I realized that “our universe is not enclosed in the four walls of penicillin.” The ND knowledge complemented the half-knowledge of my MD education.

2. What do you like most about being a naturopathic doctor and what are some of your challenges?

I work 3 days as a veterinarian and 3 days in my integrative medicine clinic. I guess I am a true integrationist - all modalities with a whole body, personalized approach for all species! Those wagging tails and their simple health and happiness, along with their owners, are supernal delights! I am passionate about non-violent, holistic approaches to healthcare for ALL species, human and animal.

3. What makes your membership with AANP valuable as a naturopathic doctor?

I've been a member of AANP for a long time since graduation from Bastyr University. Besides providing knowledgeable CE's, the AANP plays a direct role in shaping the future of naturopathic care, which is the need of the hour in the present medical crisis. AANP resources are designed to enhance the personal and professional lives of naturopathic physicians with a unified voice driving the future of naturopathic medicine. The AANP is really leading the charge to confront peoples' health crises in the present epidemic of drug and pharmaceutical oriented modalities.

Reddy for Wellness

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