

Clinical Conference on Quality & Chronic Disease

April 11th and 12th, 2019

Sheraton Chapel Hill Hotel, One Europa Drive, Chapel Hill, North Carolina

Thursday, April 11, 2019

Time:	Room:
8:00 – 9:00	Amsterdam/London A-B
	<p>Plenary HRSA Priorities for Health Care <i>Dr. Judith Steinberg</i> This session, presented by the BPHC CMO will discuss the clinical and operational priorities for health centers, funding opportunities, and the anticipated direction for the Health Center Program.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none">1. Identify priority quality initiatives2. Discuss operational priorities and funding opportunities3. Use the information to formulate a workplan for operational and clinical improvement

9:00 – 10:15	Amsterdam C	London C	Paris I	Paris II
	<p><u>A Dialectical Approach to Treating Chronic Pain</u></p> <p>This workshop will explore psychotherapeutic practices to work more effectively with individuals who also struggle with physical pain. The speaker will draw from a "dialectical" approach that focuses both on acceptance-based action and pain-reduction strategies. She will also reference brain research to provide a rationale for applying this to chronic pain, whatever its root cause.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Explain the pain gate control theory and at least 1 way it applies to working with individuals with chronic physical pain 2. Understand the significance of validation for individuals with emotional and physical dysregulation 3. Practice using at least 2 levels of validation in therapeutic work with individuals with chronic pain 4. Apply at least 1 change skill and 1 acceptance concept to improving life for individuals with chronic pain <p><i>Deborah Barrett, PhD, LCSW, UNC School of Social Work, Chapel Hill</i></p>	<p><u>2019 ADA Standards of Medical Care in DM: An Update</u></p> <p>This session will provide an update on the ADA standards. We'll discuss the update as well as how to put those recommendations into practice. This session will be an opportunity to take back critical components of the standards to the populations you serve.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe each of the updates to the Standards of Medical Care in DM over the last two years 2. Incorporate recommendations into practice settings <p><i>Joanne Rinker MS, RD, CDE, LDN, FAADE, American Association of Diabetes Educators</i></p>	<p><u>Resources to Help Patients with Food Insecurity</u></p> <p>During this session, the presenter will discuss food insecurity and its relationship to health outcomes. The presenter will review currently available interventions, including public benefits programs and social service agencies, that providers and support staff can refer patients experiencing food insecurity to. The presenter will also talk about programs for specific populations, including children and older adults.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Understand relationship of food insecurity to health outcomes 2. Identify existing resources available to address food insecurity 3. Identify ways health care organizations can help patients connect to resources and address food insecurity <p><i>April Morgan, MALS, NCCHCA</i></p>	<p><u>Colorectal Cancer Screening: New Standards of Care</u></p> <p>This presentation will outline the state-of-the-science related to colorectal cancer screening including new recommendations and clinical initiatives that result in improved CRC screening rates.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Understand the evidence and rationale supporting clinical recommendations for colorectal cancer screening 2. Understand common barriers to colorectal cancer screening 3. Implement evidence-based CRC screening interventions <p><i>Laura Makaroff, DO, American Cancer Society</i></p>

10:15-10:30	Break		
10:30-11:45	Amsterdam C	London C	Paris I
	<p><u>Keys to Successful Behavioral Health Integration</u></p> <p>During this session, the presenter will discuss models of behavioral health integration, including Primary Care Behavioral Health, Collaborative Care, and SBIRT. The presenter will describe benefits of each model, and key tips for successful implementation of integrated behavioral health care.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe three models of behavioral health integration 2. Understand benefits and challenges of each model 3. Implement strategies for successful implementation of models <p><i>Amelia Muse, PhD, LMFT, Foundation for Health Leadership and Innovation</i></p>	<p><u>Introduction to the Diabetes Self-Management Education and Support (DSMES) Toolkit</u></p> <p>This session will provide an overview of the Diabetes Self-Management Education and Support (DSMES) Toolkit and discuss ways that Federally Qualified Health Centers and their partners may use the toolkit to support increasing access to, participation in, and coverage for DSMES.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. State three purposes of the toolkit 2. Identify three types of audiences who can benefit from the toolkit 3. Utilize the toolkit to access DSMES resources 4. Describe two ways to use the toolkit to engage diabetes stakeholders around increasing access, participation, and coverage for DSMES <p><i>Laura Edwards, RN, MPA, Collaborative Health Solutions</i></p>	<p><u>NCCARE360: Building Connections for a Healthier North Carolina</u></p> <p>During this session, participants will learn about initiatives related social determinants of health and NC Medicaid Managed Care. Participants will hear about the NC Resource Platform and how they can work with the platform.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe NCCARE360 2. Understand benefits to their organizations from participating in NCCARE360 3. Act to connect with the NCCARE360 team and efforts in their local communities <p><i>Kimberly Alexander-Bratcher, MPH, Unite Us</i></p>

<p>11:45 - 1:15</p>	<p>Amsterdam/London A-B</p> <p>Lunch & Plenary Topic: Digital Health Opportunities <i>Dori Steinberg</i> <i>Miriam Berger, Dori Steinberg</i></p> <p>Digital health presents opportunities for the use of information and communication technologies to help address the health problems and challenges faced by patients. This session will provide an overview of digital health, discuss recent advancements in the field, and discuss ways safety-net health care providers can utilize digital health with their patient populations.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Define digital health and understand how it can help address patient challenges and health problems 2. Understand recent advancements and trends in digital health 3. Identify ways safety-net providers can be involved in digital health <p>Exhibit Hall TED Talks</p>			<p>12:00 – 4:00 PM - Paris II</p> <p><u>Formation & Optimization of Interdisciplinary Care Teams for Practice Transformation</u></p> <p>This workshop is the first of two sessions about the implementation of clinical care teams for improve patient outcomes and experience. During this train-the trainer workshop, participants will engage in interactive activities and exercises to explore team roles, interdisciplinary communication, and the principles of care coordination. The training will incorporate active teaching-learning techniques such as case study, demonstration, self-appraisal and role play that participants can use in their training roles.</p>
<p>1:15 - 2:30</p>	<p>Amsterdam C</p> <p><u>Getting Started with MAT in Primary Care</u> During this session, participants will hear about the importance of medication assisted treatment (MAT) for opioid use disorder, the value of MAT programs in the primary care setting, and strategies for overcoming challenges integrating MAT into primary care. The presenter will also discuss NC specific initiatives to increase MAT in primary care and resources for primary care practices.</p>	<p>London C</p> <p>(Diabetes) Topic: Advancing A1c Control through Medication Management <i>Merritt Roane, PharmD</i> This session will focus on the newer diabetes medications and appropriate prescribing to achieve A1c control. By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify new medications for glycemic control 	<p>Paris I</p> <p><u>Stone Soup: Clinics and Communities Working Together for Better Health</u></p> <p>The Healthy Food Prescription Programs Bull City Bucks and SuperSNAP are a partnership between Reinvestment Partners, a community development and advocacy agency, and FQHCs. This session will provide insight into the opportunities and challenges of real-life</p>	<p>By the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Define and enhance interdisciplinary care teams 2. Clarify team roles and responsibilities 3. Optimize continuity and define specialty primary care roles through review

	<p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Understand the importance of MAT programs and primary care 2. Identify requirements and best practices for getting started providing MAT in primary care 3. Identify resources for primary care practices related to MAT and primary care. <p><i>Kelly Bossenbroek Fedoriw, MD, UNC Department of Family Medicine</i></p>		<p>community-clinical partnerships as learned through the Healthy Food Prescription Programs. By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Understand opportunities for community-clinical partnerships to address social determinants of health such as food 2. Identify key ingredients to successful community-clinical partnerships 3. Identify and overcome potential challenges in community-clinical partnerships <p><i>Tanya Wolfram, Reinvestment Partners</i></p>	<p>of resources already prepared and samples</p> <ol style="list-style-type: none"> 4. Identify communication strategies for interdisciplinary care team success <p><i>Emily Kane, MPA, National Nurse-Led Care Consortium</i> <i>Jillian Bird, RN, MSN, National Nurse-Led Care Consortium</i></p>
2:30 – 2:45	Break			
2:45 – 4:00	Amsterdam C	London C	Paris I	
	<p>Topic: Safe prescribing guidelines <i>TBD</i></p> <p>Providers who prescribe opioids will learn about the CDC safe prescribing guidelines and the NC STOP act that regulates opioid prescribing and sets CME requirements for prescribers.</p>	<p><u>Diabetes Care: Activating your Behavioral Health Team</u></p> <p>During this session, presenters will discuss how behavioral health providers on the care team can be activated to help patients with issues beyond mental health and substance use, such as managing diabetes and other chronic conditions.</p>	<p><u>Older Adults and Alcohol Use: Responding in Primary Care</u></p> <p>This workshop will provide an overview of trends for alcohol use in the elderly and review the impact risky alcohol consumptions can have on whole health outcomes. Participants will learn the use of screening as an annual tool that allows for early and timely intervention, as</p>	

	<p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Discuss the limitations on opioid prescriptions established by the STOP Act 2. Identify the elements of safe prescribing in the CDC Toolkit. 	<p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Understand the role behavioral health providers can play on an integrated care team 2. Understand the range of issues behavioral health providers can assist with 3. Identify team-based approaches to diabetes care. <p><i>Tammy S. Palumbo RD, LDN, CDE, BC-ADM, Gaston Family Health Services</i> <i>Brandie A. Terifaj, LCSW, Gaston Family Health Services</i> <i>Jeffrey Ellison</i></p>	<p>well as research supported treatment recommendations in primary care. Participants will gain an understanding for the 5 A's that offer treatment responsiveness/compliance with documentation needs. Motivational Interviewing skills and strategies will be discussed/applied.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify population trends for alcohol use in the elderly, as well as effects on whole health outcomes 2. Understand how to utilize annual risky alcohol use screening tools 3. Define the 5 A's for intervention and documentation for patients identified with risky alcohol use 4. Identify Motivational Interviewing skills and strategies and demonstrate use in case study practice <p><i>Michelle Dattada, MSW, LCSW, Alliant Quality</i></p>	<p><u>Formation & Optimization of Interdisciplinary Care Teams for Practice Transformation</u> (Continued) 12:00 – 4:00</p>
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Friday, April 12, 2019

8:00 – 9:00	Amsterdam/London A-B		8:00 – 12:00 - Paris II
Plenary	<p>Trauma Informed Primary Care: Prevention, Recognition & Promoting Resilience</p> <p>Trauma-informed care integrates an understanding of the prevalence of adverse childhood experiences and their impact on lifelong health. In the medical home, being trauma-informed is important for prevention and amelioration of this impact. In this session we will discuss the science behind trauma and resilience-informed care, and the elements of implementation in primary care.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Understand the science of the impact of trauma on health 2. Define trauma-informed care 3. Understand protective factors and resilience 4. Discuss steps to become a trauma-informed practice <p><i>Marian F Earls, MD, MTS, FAAP, Community Care of North Carolina</i></p>		<p>Formation & Optimization of Interdisciplinary Care Teams for Practice Transformation</p> <p>This workshop is the second of two sessions about the implementation of clinical care teams for improve patient outcomes and experience. During this train-the trainer workshop, participants will engage in interactive activities and exercises to explore team roles, interdisciplinary communication, and the principles of care coordination. The training will incorporate active teaching-learning techniques such as case study, demonstration, self-appraisal and role play that participants can use in their training roles.</p> <p>By the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Define and enhance interdisciplinary care teams 2. Clarify team roles and responsibilities
9:00 – 10:15	<p>Amsterdam C</p> <p><u>Dental Track:</u> <u>OSHA: An Annual Update</u></p> <p>Discover the latest OSHA requirements concerning bloodborne pathogens and exposure control. You will also learn the details of the latest Center for Disease Control (CDC) guidelines for dentistry, barriers, epidemiology, and principles of sterilization. OSHA’s annual training requirements will be satisfied except for office specifics.</p> <p><i>Valerie Murrah, DMD, MS</i></p>	<p>London C</p> <p><u>Pills for HIV Prevention: Understanding PrEP, PEP, & U=U</u></p> <p>This session will review the current science of "biomedical" HIV prevention, or the use of anti-HIV medications to limit the spread of the epidemic. The content will be relevant to all members of the care team, not just to clinicians or prescribers. By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe patterns of who is living with HIV in the US 	<p>Paris I</p> <p>Topic: Research in Health Centers <i>Dr. Alison Brenner</i> <i>Dr. Dan Reuland</i></p> <p>This session will describe how research enhances FQHC services and quality of care.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Discuss how to become involved in research 2. Describe several current research initiatives in FQHCs

		<ol style="list-style-type: none"> 2. Define pre-exposure and post-exposure prophylaxis for HIV 3. Explain the evidence behind "U=U" or treatment as prevention 4. Identify resources for improving their clinic's HIV prevention services <p><i>Christopher B. Hurt, MD, School of Medicine, University of North Carolina at Chapel Hill</i></p>		<ol style="list-style-type: none"> 3. Optimize continuity and define specialty primary care roles through review of resources already prepared and samples 4. Identify communication strategies for interdisciplinary care team success <p><i>Emily Kane, MPA, National Nurse-Led Care Consortium</i> <i>Jillian Bird, RN, MSN, National Nurse-Led Care Consortium</i></p>
10:15-10:30	Break			
10:30-11:45	Amsterdam C	London C	Paris I	
	<p><u>Dental Track</u> <u>Update on Antibiotic Prophylaxis in Dentistry: Evidence and Clinical Practice</u> This course will review the evidence base and related professional association statements and clinical guidelines and support tools for antibiotic prophylaxis management of patients with heart conditions and prosthetic joints.</p> <p><i>Lauren Patton, DDS</i></p>	<p><u>Hepatitis C in Primary Care: Strategies for Engagement and Treatment</u> Explore primary care-level strategies for engagement of patients and communities in Hepatitis C diagnosis and treatment, with a special focus on program development in lower-resource settings. By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Pinpoint strategies for identification of patients living with Hepatitis C 2. Detail the rationale behind the move towards treatment of Hepatitis C 	<p><u>Communicating Health Center Value</u> In this session we'll work together to think about how to best communicate the accessible, affordable, high quality care that health centers deliver to patients. This is important to ensuring continued federal and state funding, and to community relations and partnerships. By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Give a 30-second elevator speech about the value of their health center 2. Think about audience when crafting outgoing 	

		<p>in the primary care setting</p> <p>3. Describe methods for Hepatitis C treatment program development in lower-resource settings</p> <p><i>Richard Moore II, MD, AAHIVS, Rural Health Group</i></p>	<p>messaging about the health center</p> <p>3. Be comfortable with the concept of return on investment, and understand why one might need to discuss a CHC's ROI</p> <p>4. Consider how framing affects message delivery and effectiveness</p> <p><i>Leslie Wolcott, MA, NCCHCA</i></p>	
11:45 - 1:15	Amsterdam/London A-B			
Lunch Plenary	<p>Topic: Health Equity and Primary Care <i>Nadine Barrett PhD, MS, MA</i></p> <p>This session will provide an overview of health equity, with a focus on the role of primary care in advancing health equity. The session will also include a discussion of health equity and value-based care.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Understand concepts related to health equity 2. Identify ways primary care can play a role in advancing health equity 3. Understand the intersection of health equity and value-based care 			
1:15 - 2:30	Amsterdam C	London C	Paris I	Paris II
	<p><i>Dental Track</i> <u>A Game Changer in Caries Management: Silver Diamine Fluoride</u></p> <p>Caries is a complex and multifactorial disease that can be challenging to manage in many patients and populations. The use of fluorides has proven effective in reducing new caries and helping arrest active caries. The newest fluoride product</p>	<p>Topic: Diabetes Prevention Program (DPP) AMA <i>Nar Ramkissoon, MPH</i></p> <p>This session will describe implement of a Diabetes Prevention Program.</p>	<p><u>Interpersonal Continuity of Care for Chronic Disease Management Reduces Cost and Improves Care Quality</u></p> <p>This session will describe research that led to a new measure of primary care continuity for chronic disease management and show how that</p>	<p><u>Anal Cancer Screening and Prevention: Going Beyond the Status Quo</u></p> <p>Anal cancer incidence is rising and in the general population but disproportionately affects high-risk groups. Can something be done to mitigate this?</p>

	<p>on the market in the United States is Silver Diamine Fluoride (SDF). This compound has been used for decades in other countries and was approved for use in the US in March 2015. This course will review the antimicrobial and remineralizing mechanisms contributing to its effectiveness in preventing and arresting carious lesions and the evidence supporting its use.</p> <p><i>Tim Wright, DDS, MS</i></p>	<p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Discuss the requirement for implementing a DPP 2. Discuss coding, billing and patient tracking requirements of a DPP 	<p>measure is associated with improved healthcare utilization and reduced healthcare costs among a nationally representative sample of Medicaid enrollees.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Measure primary care interpersonal continuity for chronic disease management 2. Understand how to apply this measure to improve quality and reduce cost <p><i>Anne H. Gaglioti, MD, FAAFP, National Center for Primary Care, Morehouse School of Medicine</i></p>	<p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Review the epidemiology of anal cancer and high-grade anal dysplasia 2. Discuss anal dysplasia diagnostic modalities and strengths/weaknesses of each 3. Review risk factors for high grade anal dysplasia and anal cancer 4. Discuss potential strategies for anal cancer prevention <p><i>Luis Barroso, MD, Wake Forest Baptist Health</i></p>
2:30 – 2:45	Break			
2:45 – 4:00	Amsterdam C	London C	Paris I	Paris II
	<p><u>Dental Track</u> <u>Dental Pain Pharmacotherapy: Considerations in Today's Healthcare Landscape</u> Join other dental healthcare providers for this 2-hour lecture/discuss on pharmacotherapy management of dental pain. Today's healthcare landscape is complex when it comes to ensuring appropriate pain management. Topics discussed include: Opioid prescribing practices, review of the NC CSRS, how to engage with other healthcare providers (including pharmacies) to discuss</p>	<p><u>Telehealth</u> This session will discuss implementation of various telehealth modalities at CHCs including synchronous, asynchronous, RPM, and new opportunities for CHCs to bill for CCM/BHI for their Medicare and dual eligible patients. By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify the different available telehealth modalities 	<p><u>A Crosswalk of PCMH 2017 Standards and Medicaid AMH Tier 3 Requirements</u> This session will focus on the requirements of the NC Medicaid Advanced Medical Home (AMH) and how it relates to Patient Centered Medical Home (PCMH). Session attendees will receive a brief overview of the NCQA PCMH program and the NC Medicaid Advanced Medical home program. This session is designed to assist the attendee in</p>	<p>Topic: HIEA Integration into practice <i>Vanessa Green, Harriet Burns (Alison Brenner)</i> This session will discuss the progress of the NC Health Information Exchange (HIE) and current functionalities. Panelists will discuss available services and how they have been implemented into workflow. By the end of this session, participants will be able to:</p>

<p>controlled substance prescribing patterns, and pharmacological approaches to acute dental pain.</p> <p><i>Kimberly Sanders, PharmD, BCPS</i></p>	<ol style="list-style-type: none"> 2. Discuss integration of telehealth within workflow to improve care 3. Understand the new Medicare billable codes for CCM/BHI 4. Understand how to implement RPM <p><i>Huzefa Dossaji, Certintell Inc.</i></p>	<p>learning how to utilize requirements of PCMH and AMH Tier 3 to meet the goals of both programs.</p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Understand the NC Medicaid Advanced Medical Home Tier 3 Requirements 2. Determine how requirements of the PCMH and AMH programs intersect <p><i>Carey O'Reilly, RD, LDN, CDE, PCMH CCE, NCCHCA</i> <i>Lavondia Alexander, RN, MSN, MBA, Gaston Family Health Services, Inc.</i></p>	<ol style="list-style-type: none"> 1. Discuss the current status of the HIE 2. Describe how HIE services can be integrated into workflow
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Continuing Education Credit:

CME:

This Live activity, 2019 Clinical Conference on Quality and Chronic Disease, with a beginning date of 04/11/2019, has been reviewed and is acceptable for up to 15.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)[™] toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

CEU/Contact Hours:



Northwest Area Health Education Center (AHEC) is a program of Wake Forest School of Medicine and part of the NC AHEC System.

*Total

- CEUs from Wake Forest School of Medicine
- 15.5 Contact Hours from Northwest AHEC
- Nurses: This educational activity (15.5 contact hours) can be applied toward your continuing competence plan for maintaining your current licensure with the North Carolina Board of Nursing.

*Day 1 (April 11, 2019)

- 0.85 CEUs from Wake Forest School of Medicine
- 8.5 Contact Hours from Northwest AHEC
- Nurses: This educational activity (8.5 contact hours) can be applied toward your continuing competence plan for maintaining your current licensure with the North Carolina Board of Nursing.

*Day 2 (April 12, 2019)

- 0.7 CEUs from Wake Forest School of Medicine
- 7.0 Contact Hours from Northwest AHEC
- Nurses: This educational activity (7.0 contact hours) can be applied toward your continuing competence plan for maintaining your current licensure with the North Carolina Board of Nursing.

*Credit Pending finalization of Agenda.

Those interested in receiving credits must:

1. Sign the Continuing Education Credits sign-in sheet at the NCHCA registration desk.
2. Complete the online Tracking to Success evaluation at _____. Once you complete the evaluation, you will be prompted to enter the information needed to obtain credit and your certificate. Evaluations must be submitted no later than May 03, 2019. We encourage you to complete the feedback form, even if are not interested in receiving credits.

Dental Track Only – CEU Credit



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CEU/Contact Hours: For participating in this program in its entirety, Area L AHEC will award 4.0 contact hours and 4.00 continuing education units.