

**How do I register?**



By Phone:  
 Call **800-791-0262** and provide the information requested on the registration form.



By Mail:  
 Complete the registration form and mail it to **Motivations, Inc.**



On the Web:  
 Visit [www.motivationsceu.com](http://www.motivationsceu.com) to register!

Rate	Description	8 Hrs
<b>Consortium</b>	Group Discount – Register your facility today. 5 or more	\$175
<b>Association</b>	Member of APTA, AOTA, NATA, ASHA, SCARF, or ATRI, etc.	\$200
<b>Individual</b>	Single Registration	\$225

**Course # Course Title**

Date(s) Location

Name Discipline

Facility

Home Mailing Address

City State Zip

Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

**Cancellation Policy:** Motivations, Inc. reserves the right to cancel a course up to 14 days prior to the course, with full refund, if insufficient numbers of participants have registered for the course. Registrants may cancel up to 14 days prior to the course and transfer their tuition to any Motivations, Inc. course, or receive a full refund. Any cancellations within two weeks prior to the course will receive a refund less \$100 for administrative costs.

Circle One: **VISA MASTERCARD AMEX**

Name on Card \_\_\_\_\_

Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_ Billing Address Zip Code \_\_\_\_\_



Motivations, Inc.  
 Accredited Continuing Education Courses

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National Credentials  
 Motivations Inc. works with the following CEU approval sources.



**APPROVED PROVIDER of CONTINUING EDUCATION**  
 by The American Occupational Therapy Association, Inc.



**#237 The Stroke Recovery Toolbox:  
 Evidence Based Clinical Strategies and Assessments**

Instructor:  
**Steve Page, OTR/L, PhD, MS, MOT,  
 FAHA, FACRM, FAOTA**

**A Workshop for Physical Therapists, Physical Therapy Assistants, Occupational Therapists and Certified Occupational Therapy Assistants**

This seminar uses practical applications to explore evidence-based recovery options for all phases of stroke.

**8:00 am – 5:30 pm**

## **#237 The Stroke Recovery Toolbox: Evidence Based Clinical Strategies and Assessments**

**SUMMARY:** One of the longest-running and most-requested stroke courses in the field! Participants will develop a toolbox of evaluation tools and treatment strategies for people with stroke, from the days following stroke to the community setting. Learn easy, free ways to find the best evidence to support your treatments, 4 stroke-specific, validated evaluation tools to gauge patient progress and improve reimbursement, and effective treatment strategies. Frequently-seen impairments, and the theory and effectiveness of common treatments and technologies are discussed, including approaches to spasticity, shoulder pain, ambulation, and hemiparesis. Video cases and hands on "breakouts" complement didactic information. The course is hierarchically organized so that knowledge and treatments discussed build on previously-presented information. Expand your treatment and assessment toolbox with this stimulating course!

**PRESENTER:** Steve Page, OTR/L, PhD, MS, MOT, FAHA, FACRM, FAOTA is A licensed occupational therapist, Dr. Page develops and tests therapies to increase function and independence after stroke and other neurologic diseases. He also applies various neuroimaging and molecular techniques to understand how, why, and in whom these approaches are most effective. He has held uninterrupted extramural funding to support this work for over a decade, and has produced many "firsts" in neurorehabilitation, developing and showing efficacy of mental practice, portable robotics, modified constraint-induced therapy, functional electrical stimulation, and several other innovative strategies in stroke. Dr. Page has published over 90 peer reviewed publications, has delivered over 200 lectures nationally and internationally, and has served as guest issue editor for 10 special issues of journals since 2001. He has also organized and chaired 6 regional, national, and international neurorehabilitation conferences, including co-chairing the 2003 and 2004 international, joint meetings of the American Society of Neurorehabilitation and American Congress of Rehabilitation Medicine as well as serving on the Board of Directors for these organizations. Dr. Page has also provided dozens of "lunch and learns" and inservices to community therapists, and volunteers for local and national organizations (e.g., National Stroke Association; American Stroke Association) to develop informational products and seminars targeting clinicians and stroke survivors. He has mentored over 30 medical, engineering, physical therapy, occupational therapy, and speech therapy students.

**OBJECTIVES:** Upon completion of this course, participants will be able to:

1. Describe and demonstrate use of 2 online stroke engines for finding the best and most recent evidence
2. Describe the fundamentals of plasticity and at least 2 prerequisites for it to occur in healthy individuals and stroke survivors
3. Describe the Brunnstrum stages of stroke
4. Demonstrate administration of the lower and upper extremity Fugl-Meyer Assessment
5. Demonstrate use of and describe 3, stroke-specific outcome measures and identify with whom each would be optimally used
6. Describe spasticity and its at least 2 ways in which it is related to neuroplasticity
7. Administer the Modified Ashworth Spasticity Scale
8. Describe and differentiate at least 3 common treatments for spasticity
9. Discuss and differentiate at least 3 treatment strategies for the use of electrical stimulation of the lower or upper extremities on an individual who experienced a stroke
10. Describe at least 2 components of the administration of modified constraint-induced movement therapy

**FORMAT:** This is an 8-hour course equivalent to 0.8 CEUs. Motivations Inc is an approved provider by The Texas Chapter of the APTA. We follow the **PT licensing Board** guidelines in the states in which the course is held.

**AOTA:** Motivations, Inc. is an approved provider of continuing education by the American Occupational Therapy Association #4002, for 8 contact hours - Intermediate Level Occupational Therapy Process: evaluation, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA

### **AGENDA:**

8:00-9:00 am	Becoming evidence-based: Easy, free, effective strategies
9:00-10:00 am	Neuroplasticity and Motor learning: what is your brass ring?
10:00-10:15 am	BREAK
10:15-11:15 am	Outcome Measurement with Video Labs: How Do You Know What You Know?
11:15 - 12:15 pm	Moving through stimulating: Electrical stimulation and brain stimulation
12:15-1:15 pm	LUNCH (on your own)
1:15-2:15 pm	Get a Grip! Upper and Lower Extremity Spasticity with assessment lab
2:15-2:30 pm	BREAK
2:30-3:30 PM	Yoga: An Evidence Based Tool for Balance, Self Efficacy, and Quality of Life
3:30-5:30 pm	Constraint-induced therapy theory for UE & LE; Modified constraint-induced therapy - video lab

### **Course Offerings**

Fort Pierce, FL: September 23, 2018 – Lawnwood Regional Medical Center & Heart Institute  
Kissimmee, FL: November 10, 2018 – Osceola Regional Medical Center  
Raleigh, NC: February 16, 2019 – WakeMed  
Alexandria, VA: June 8, 2019 – Inova Mount Vernon Rehabilitation Center  
Jacksonville, FL: September 14, 2019 - St. Vincent's Medical Center Riverside

For course location details and registration, please visit [www.motivationsceu.com](http://www.motivationsceu.com)