



Speaker and Course Information for Doctors

Date: Friday, March 8, 2019 from 8am-12pm

Course Title: Thompson Technique & Vertebral Subluxation Complex

CE Hours Provided: 4 Mandated (Category 1) Hours

Speaker: John Minardi, DC



John Minardi has been involved in martial arts since the age of 12, and competed at the highest level. John became involved with chiropractic following a major injury that occurred during a martial arts match. At a very young age, John was informed by several members of the medical community that he would never compete again. In addition, John was told that he should consider himself fortunate if he ever walked normally again. Unable to accept this grim future, John sought the help of a chiropractor. Within six months of treatment, John was walking, running, and training in martial arts again. Within one year, John was competing at a world-class level. Experiencing first-hand how chiropractic changed his life, John was

determined to become a chiropractor to help others.

His education began at the University of Windsor, where John excelled in the Kinesiology program. He earned a Bachelor's degree in Human Kinetics, Honours Movement Science in 1996. John continued his passion to learn as much about the human body as possible, by earning his acupuncturist certification in 1997. In 2001, John earned his Doctor of Chiropractic from the Canadian Memorial Chiropractic College, and has been a leader and innovator in the profession ever since.

A Thompson Certified practitioner, instructor, and consultant, Dr. Minardi is the creator and founder of the Thompson Technique Seminar Series, a 45-hour detailed lecture series, which incorporates theoretical explanation with hands-on application of the technique. Dr. Minardi is also a consultant and instructor for the International Chiropractic Pediatric Association (ICPA), offering consultation and demonstration in a module focused on the Neurology of the VSC, and advanced Thompson Technique for children. Dr. Minardi is the author of *The Complete Thompson Textbook- Minardi Integrated Systems*, the most comprehensive textbook ever written on the technique, and a monthly column, "Technique Toolbox", in the *Canadian Chiropractor*.

Intensely passionate concerning the specificity of the adjustment, Dr. Minardi continues to travel internationally to share his expertise and this time tested technique with chiropractors and chiropractic students. Incorporating a step-by-step breakdown of the technique with the latest research in the fields of neurology and biomechanics, Dr. Minardi has brought this classic technique into the 21st century. In addition to his busy lecture schedule, Dr. Minardi operates a successful full-time private practice in Oakville, Ontario.

Course Summary:

Introduction to the Thompson Technique

In this class, Dr. Minardi will invigorate your certainty in the chiropractic adjustment, by teaching the newly evolved Thompson Technique. Originally unveiled by its creator Dr. J. Clay Thompson in the 1950s, this class will encompass all elements of the original technique, and expand the teaching where Clay could not, due to the science limitations of his era. This class will explain each step in depth, using the latest research in the fields of biomechanics and neurology to increase your clinical certainty.

Understanding the Power of the Adjustment

The chiropractic adjustment does not simply correct a patient's pain, in contrast, it has a profound global neurological affect in the human body. This class will increase the practicing chiropractor's scientific certainty in the adjustment, illuminating how powerful the chiropractor is by correcting subluxations daily in their own clinic. In this session, Dr. Minardi will explain the subluxation's neurological effect on the brain, how this triggers a stress response, how this then leads to a release of certain hormones, and how these hormones create a global effect on the body.

Date: Friday, March 8, 2019 from 3pm-5pm

Course Title: What You Need to Know as a Medicare Provider in 2019

CE Hours Provided: 2 Mandated (Category 2) Hours

Speaker: Brad Stauffer, DC



Dr. Brad Stauffer is a Nebraska native and has been in active practice for 23 years in Gretna, Nebraska. He received his Bachelor's degree in Neuropsychology from Nebraska Wesleyan University and a Doctor of Chiropractic Degree from Palmer College of Chiropractic in Davenport, Iowa. He is currently an NCPA Board member serving as Secretary and Legislative Chairperson.

Since 2012, Dr. Stauffer has served as the NCPA's Medicare Carrier Advisory Committee Representative and has spent an extensive amount of time studying Medicare administration and rules, including attending numerous seminars, workshops and online classes. Dr. Stauffer works regularly with Wisconsin Physician Services, our Medicare carrier, to discuss on-going changes and topics. Dr. Stauffer also serves as Nebraska's representative on the American Chiropractic Association CAC committee.

Dr. Stauffer has taught several classes on chiropractic and Medicare. He provides on-going assistance to Nebraska chiropractors on Medicare issues ranging from billing and notes to assistance with Medicare audits.

Course Summary:

This course will provide an overview of Medicare rules, regulations and policies, as well as updates for 2019. He will provide insight into the future of Medicare and provide updates on potential new payment models.

- Review Medicare rules, regulations and policies
- Discuss new issues and audits for Medicare in 2019
- Overview of future requirements and payment model changes in Medicare

Date: Saturday, March 9, 2019 from 8am-12pm

Course Title: Back in Balance: Dealing with America's Health Epidemic from a Neurological Point of View

CE Hours Provided: 4 Mandated (Category 2) Hours

Speaker: Trevor Berry, DC, DACNB



Dr. Trevor Berry was born and raised in Alberta, Canada. He completed his pre-medicine requisites at the University of Calgary and went on to complete his Doctorate at Parker University in Dallas, Texas. He graduated Magna Cum Laude, Salutatorian, and was the recipient of many academic awards, including the Parker Scholastic Excellence Award. He went on to become a board-certified Chiropractic Neurologist in 2001 and has over 2,500 hours in post-doctoral studies in neurology, functional medicine, and low-level laser therapy. He is involved in multiple laser studies and has been the principle investigator on Level 1 FDA studies. Dr. Berry lectures for BTB Health Systems, nutrition companies, lab companies, and about low-level laser. Because lasers profoundly

influenced his own health status, Dr. Berry has dedicated himself to bringing the innovative laser applications to the health care system.

Course Summary:

The most important system of the human body is the nervous system, but it can be one of the most challenging to understand. Dr. Trevor Berry, a board-certified Chiropractic Neurologist and low-level laser expert, will explore its many connections to other parts of the body. He will discuss the generation of advanced treatments for many of the brain diseases that are greatly affecting our society and those he sees daily at his Chiropractic Neurology Center: Traumatic Brain Injury, Strokes, the Brain-Gut Axis and Autoimmunity, Pain and Inflammation, Basal Ganglia Disorders, Dementia, and Alzheimer's.

Dr. Berry's expertise stems from a deep personal interest to find ways that would help him treat these conditions and improve the lives of his patients. He will take you through a patient's health history and documentation with special attention to these conditions and his treatment recommendations. He will bring together the big picture on how the central nervous system affects the many health ailments we suffer from. Come receive advanced training by and education from one of the foremost experts in the world in this field.

Date: Saturday, March 9, 2019 from 3pm-5pm

Course Title: Ethics: Duty to Patients

CE Hours Provided: 2 Mandated (Category 2) Hours

Speaker: Stephen M. Perle, DC



Dr. Stephen M. Perle's unique background and diverse areas of expertise provide an interesting and well-rounded risk management presentation. His energetic style, coupled with his sense of humor, make topics like ethics and evidence-based practice practical and easily relatable for doctors.

Dr. Perle holds a tenured appointment as a professor of clinical sciences with the University of Bridgeport College of Chiropractic (UBCC) and is an adjunct associate professor, School of Chiropractic and Sports Science, Murdoch University, Australia. Prior to his 1991 appointment to the faculty of UBCC, he practiced in New York City, specializing in sports chiropractic.

A 1983 graduate of the Texas Chiropractic College, Dr. Perle earned his M.S. in Exercise Sciences from Southern Connecticut State University in 2002, with a thesis on the effects of ankle manipulation. His research interests include human performance effects of manipulation of the extremities, biomechanics of manipulation, measurement of therapeutic 'dosage' of manipulation, and comparative evaluation of chiropractic treatment methods.

Dr. Perle lectures extensively on a variety of topics, has been published in a variety of peer reviewed publications, and has contributed half a dozen textbook chapters. Currently, Dr. Perle is the ethics columnist for Dynamic Chiropractic and ACA News, and he is also an associate editor for Chiropractic and Manual Therapies.

Course Summary:

Ethics: Duty to Patients is a 2-hour course of instruction that emphasizes professionalism and the basic principles of ethics. This course will also include discussion of boundary issues and informed consent.

Participants will be able to:

1. Describe what professionalism means
2. Describe basic principles of ethics
3. Describe what boundary issues are
4. Describe the elements of informed consent

Course Outline:

- What is professionalism – 1 hour
- Basics of ethical thinking – 1 hours
 - Defining ethics & morality
 - Applied Ethics
 - Meta-ethics
 - Descriptive ethics
 - Normative ethics
 - Rights
 - Consent
 - Duties
 - Boundary issues

Date: Sunday, March 10, 2019 from 8am-12pm

Course Title: Nutrition During the Three Phases of Chiropractic Care

CE Hours Provided: 4 General Hours

Speaker: Todd Singleton, DC



Dr. Todd Singleton, D.C., is an author, speaker, and consultant who has been a practicing doctor for more than 25 years. He ran the largest MD/DC/PT clinics in Utah before switching to a nutrition model in 2006. He created a very successful practice in Salt Lake City and now spends his time speaking, teaching, consulting, and visiting other offices all over the United States. For more information on implementing nutritional protocols, visit www.SingletonSystems.com.

Course Summary:

This course will discuss nutrition principles as it relates to the phases of chiropractic care.

Course Outline:

- I. Importance of Nutrition in Chiropractic Treatment Protocols (45 Minutes)
We will discuss D.D. Palmer's philosophy on the 3-prong approach to wellness and the importance of holistic nutrition in chiropractic protocols.
- II. Acute Care (60 Minutes)

We will discuss the acute phase of care - including what causes inflammation, what your patients might be doing to exacerbate it, and how you can help them alleviate their acute pain symptoms. We will discuss nutrition and supplementation as key components to pain management.

- A. Management of Inflammation
 - 1) Diet
 - 2) Specific nutrients
 - 3) Transdermal
- B. Management of Pain
 - 1) Diet
 - 2) Specific nutrients
 - 3) Transdermal

III. Corrective Care (45 Minutes)

We will discuss the corrective phase of care and how you can use nutrition and supplementation to help your patients continue to heal. We will also discuss the specific nutrients necessary for the body to properly heal and regain optimum health.

- A. Diet
- B. Specific nutrients

IV. Maintenance Care (45 Minutes)

We will discuss the maintenance phase of care how you can continue to teach your patients proper nutrition that will carry them through, even after their pain has alleviated. We'll discuss the specific nutrients required for your body to run at optimum level.

- A. Diet
- B. Specific nutrients

V. Advanced Knowledge and Use of Nutrition in Practice for Prevention of Disease (45 Minutes)

We will discuss how you can educate your patients how they can use nutrition in the prevention of disease. We will discuss the link between disease and nutrition and the specific nutrients needed to combat various diseases.

- A. Specific nutrients