On Monday, September 25th, the conference got underway with an excellent Keynote Presentation from Neale Lunderville, General Manager of the Burlington Electric Department. Neale’s topic, Getting Better All the Time: How Our Communities Will Benefit from the Energy Revolution, highlighted the evolution in the energy industry from large scale transmission and generation to customer-focused energy series powered by small-scale renewables. Neal’s insights and experience provided a fresh look at many of the challenges faced by NEHES members in their facilities.

The Technical Exhibits featured over 70 vendors demonstrating a variety of products and services of interest to NEHES members. The Technical Exhibits provided attendees the opportunity to learn about new technologies and new strategies for dealing with the many challenges facing today’s facility managers. NEHES appreciates the outstanding support provided by Sponsors and Exhibitors at this year’s Fall Conference.

The sessions continued and included a panel discussion featuring Rick Rome, Nolan Rome and Daniel Hurley from WSP. The topic of the panel discussion was, Healthcare Evolves from Sustainability to Wellness. Bryan Connors with Environmental Health & Engineering, Inc. closed out the day speaking on the Joint Commission, Insight into the Top Cited Elements of Performance and SAFER Scoring.
Fall Conference

On Tuesday, September 26th, the conference featured a variety of breakout sessions that covered topics ranging from Using Last Planner® System and Pull Planning to Increase Project Performance to Deep Chiller Plan Optimization. Speakers shared experiences and expertise to ensure attendees were able to bring back tangible action items to use in their facilities. NEHES would like to thank all of the speakers who helped make our conference a success. For a full list of speakers please refer to the conference agenda located on the NEHES website.

The NEHES Board of Directors hosted the Past Presidents’ Breakfast. This breakfast was well attended and nine past presidents were able to attend. The NEHES Board also met to review status of the conference and progress towards goals.

Past Presidents’ breakfast

Attendees were also able to tour the University of Vermont Medical Center (UVMMC), complete with hard hats! This tour offered a behind the scenes tour of work in progress to enhance the patient experience of UVMMC.

UVMMC Tour

On Wednesday, September 27th, the conference closed with two excellent General Sessions. The first featured a panel discussion with Timothy Perrin, Efficient Vermont, John P. Duraes, Signature Healthcare, Steve Jalowiec, Hospital Energy, Tyson Moulton, Northwestern Medical Center and Richard Morley, University of Vermont Health Network – Central Vermont Medical Center. The panel discussed, Less is Often More: How Hospitals Are Containing Their Energy Costs. The final session was a Code Update presented by Dave Dagenais, Director of Plant Operations and Security at Wentworth-Douglass Hospital in Dover, New Hampshire. Dave has been instrumental in ASHE’s advocacy work and has been involved with code development organizations to improve the codes and standards regulating hospitals.

The host for the 2017 Fall Conference was the Vermont Healthcare Engineers Society (VHES). The VHES Fall Conference Planning Committee was led by Wes Pooler, Chairman. Members of the committee were excellent hosts and ensured all attendees felt very welcome in Burlington. NEHES would like to extend a warm Thank You for the hospitality of the VHES Chapter.

In addition to the many educational sessions, attendees were able to network with peers and colleagues throughout the conference. The NEHES Board of Directors also held the Annual Business Meeting for all NEHES Members on Tuesday, September 26th. The minutes from the Annual Business Meeting are included later in this newsletter as well as links to many of the session presentations. The Executive Director of the Ronald McDonald House, Kristine Bickford, was on hand to thank NEHES for their generous donation to this local charity.

Past Presidents’ breakfast

If you missed this year’s conference, now’s the time to mark your calendar and join NEHES at the 2018 Spring Seminar, April 6, 2018 in Leominster, Massachusetts and at the 2018 Fall Conference at the Sea Crest Beach Hotel, Cape Cod, Massachusetts, September 30 – October 3, 2018. We look forward to seeing you there!
Thank you to all that made the Fall Conference such a wonderful event! While there is always room for improvement, overall the conference was a great educational and networking event. The board held the annual planning session in November and has great things in store for 2018. In early November, I had the honor and privilege of attending the ASHE Leadership Institute. This is an invitation only education and networking event. Thanks to your nomination, my Region One Emerging Leader Award afforded me admittance to this four-year program. This was a great experience and is very valuable as a board member and facilities engineering professional. This year our group learned about The Oz Principle of Accountability. In a nutshell, there are four steps to accountability – See it, Own it, Solve it, Do it. We learned to leave the excuses at the door and make things happen. This is a good reminder when we get into the weeds or are feeling overwhelmed. We have the opportunity to take these steps of accountability to ensure the continued success of our healthcare organizations. I learned from colleagues across the nation in other regions that we are the “Physicians of the built environment”, the “Mom’s /Dad’s of the hospitals” and we are “Saving lives everyday”. Let’s be sure to celebrate the fact that we DO solve it and do it over and over to keep our health systems running efficiently.

As 2017 comes to a close we look to 2018 and welcome our new President, Dave Rosinski, our new Treasurer Cole Teague and many new board members. The 2018 NEHES Board is poised and ready to serve our members in an outstanding fashion.

I want to wish each of you a very happy holiday. May 2018 be a remarkable year for you and yours. Thank you for the opportunity to serve as your 2017 President. I look forward to serving in 2018 as your President-Elect. As always, if you have any questions or concerns, please feel free to reach out. Thank you for allowing me the opportunity to serve.
Annual Conference Round Up
from Burlington, Vermont—2017 Fall Conference
Networking, Learning and Recognition

(At left) **Women at the Helm** — NEHES President, Alison Brisson poses with the very first female president of NEHES, Dawn LaBaron. (At right) **Graduation Day** — NEHES member, Mark Robinson (at right) receives his degree from Owensboro (KY) Community and Technical College in an online degree program leading to an associate degree in Healthcare Facilities Leadership.

(At left) **Board in Action** — Even when the Fall Conference is in full gear, the NEHES Board takes time for their regular meeting. Weeks. (At right) **Time to Network** — Seeing old friends is part of the first night of the Fall Conference. Charlie Rizza, from E4H catches up with Ron Vachon, longtime NEHES board member.

**Past President Breakfast** — Former NEHES Presidents dined at breakfast at the Fall Conference. (Left to right) John Duraes, Gary Valcourt, Milt Dudley, Dawn LaBaron, Kevin Keating, Steve Jalowiec, John Crowley, Ron Vachon, and Jona Roberts.

**On Tour** — NEHES members got to tour the construction site expansion at the University of Vermont Medical Center in Burlington. The tour was up close and personal.

(At left) **Changing of the Guard** — Outgoing President, Alison Brisson receives a plaque for her presidential year of service from Dave Rosinski, the 2018 NEHES President. (At right) **Helping the Community** — Kristine Bickford, Executive Director of Ronald McDonald Charities in Burlington accepted a gift from NEHES showing local support while conferencing in Vermont.
Technical Exhibits Came to Vermont — NEHES members enjoyed the opportunity of visiting with dozens of Supporting Members in the Technical Exhibits at the Fall Conference.

One of the best parts of the NEHES Conferences, according to many of its members, is the opportunity to learn about products and services that could benefit member healthcare organizations. Supporting Members were often seen enjoying the conference venue while engaging NEHES members in conversation about happenings in the industry.

A Night Out in Vermont — A gorgeous riverside setting served as the backdrop for the opening night gala for the 2017NEHES Fall Conference held in Winooski, Vermont. Food, fun, lively discussion, and music filled the rafters thanks to event organizer, Anne Kroger, NEHES Supporting Member Liaison.
The New England Healthcare Engineers’ Society (NEHES) was pleased to recognize NEHES Award recipients at the NEHES Fall Conference. The Fall Conference was held September 24 – 27, 2017 in Burlington, Vermont. Award recipients demonstrated exceptional leadership within their Chapter and within NEHES as well as dedication to their profession and the healthcare engineering field.

Ed Lydon, MSHCM, SASHE, CHGM, received the 2017 Newsletter Article of the Year Award. This award is presented to the member who consistently provides exceptional technical content for the NEHES Newsletter which is published quarterly.

Timothy M. Bishop, CHFM, CHSP, received the Chapter Leadership Award. The recipient of this award has demonstrated leadership skills through their workplace and chapter efforts as well as demonstrating nominee will be chosen for the annual NEHES Chapter Leadership Award. Tim has served on the New Hampshire Society of Healthcare Facilities Managers Board of Directors since 2010 in a variety of positions. Tim has worked to strengthen his professional skills by obtaining his CHSP in 2017. Tim has also demonstrated his skills by being a leader in his facility. Tim presents himself in a professional manner serving with integrity and sets an outstanding example for his employees and coworkers.

Wes Pooler, CHFM, was the recipient of the 2017 Engineer of the Year Award. This award recognizes the individual who distinguishes himself/herself in service to the Society and the healthcare engineering profession during the most recent calendar year. Wes demonstrated service to his institution, his chapter, fellow engineers, and the Society as a whole.

Two NEHES Chapters received the prestigious Chapter Excellence Award for 2017. The Maine Healthcare Engineers’ Society and the New Hampshire Society of Healthcare Facilities Managers were recognized for their accomplishments in 2017. These chapters were required to meet strict eligibility requirements to qualify for this award.

Ron Vachon, SASHE, CHFM, CHEC, received the 2017 President’s award for service to NEHES. Ron has served on the NEHES Board of Directors for many years in many roles. For the past several years, Ron has served as the editor of the NEHES Quarterly Newsletter which has provide members with outstanding technical content as well as information upcoming NEHES programs. Ron oversaw the redesign of the NEHES Website and works to ensure the communications team keeps NEHES members informed about NEHES activities. Ron is a dedicated professional who has served NEHES with distinction and passion and is well deserving of the President’s Award.

Danger: Illicit Drugs find their way into the Health Care setting

Edmund Lydon, MS, CHFM, FASHE, WSO/CST, MA EMT

November 28, 2017

It’s a Friday afternoon; you’re a Facility Manager at a local hospital when you receive a call from the emergency department that an unknown white powder was mistakenly released from a patient’s backpack. The patient was just brought in by EMS in cardiac arrest. EMS reports the patient has a history of drug abuse, primarily heroin. Unfortunately, the release of the white powder has caused clinical staff to become ill. You, as the Facility Manager or your role as safety officer, have a responsibility to ensure the physical environment is protected and you also may be responsible for managing the response regarding security services, environmental services, decontamination services, etc. This scenario, as well as similar events, is being played out in hospitals across America. A concern here, in this particular case, is Fentanyl or its synthetic derivatives. Fentanyl is a powerful analgesic drug used to provide pain management, sedation, and anesthesia. Unfortunately, there are many recent incidents where the drug is supplied illegally and is being used to lace heroin.

According to the U.S. Drug Enforcement Agency (DEA), Fentanyl has been around since 1959. In 2013, the DEA, along with its law enforcement partners, began noticing an alarming number of overdose incidents and deaths related to opioids throughout the nation. These cases were found to be the result of illicit opioids, such as counterfeit pharmaceutical products containing fentanyl, fentanyl-related substances and other synthetic opioids. More importantly according to DEA, the first Quarter of 2017 the second most prominent fentanyl-related substance was furanyl-fentanyl a highly lethal substance. This new synthetic opioid is being called more potent than heroin and harder to detect. According CDC, Fentanyl is a synthetic (man-made) opioid that is 50 times more potent than heroin and 100 times more potent than morphine. Another synthetic analog of
Fentanyl is carfentanil which is 10,000 times more potent than morphine.

The DEA has put out numerous warnings to the police and the public. Take a minute and Google “Healthcare workers exposed to fentanyl and police officers exposed to fentanyl”. Hear the story of two Atlantic County, NJ detectives who were recently exposed to a very small amount of fentanyl, and appeared in this video. I was astonished by all the recent incidents involving our First Responders.

http://go.usa.gov/chBWW

Fentanyl-related substances are designed to be absorbed into the body by many various routes such as injection (needle stick), oral ingestion, contact with mucous membranes, contact with the skin, and inhalation. As such, accidental exposure by hospital staff is a real danger. Accidental exposure can occur under many circumstances, including during removal of patient belongings which may be contaminated with these substances. Due to the high potency of fentanyl and fentanyl-related substances, and exposure to small quantities can cause acute negative health effects, respiratory depression, and death. As matter of comparison, it has been determined that it only takes 2-3 milligrams of fentanyl (about the same as five to seven individual grains of table salt) to induce respiratory depression, arrest and possibly death.

However, fentanyl can be handled safely with proper training and equipment to include hazard recognition and use of personal protective equipment (PPE). Hospital staff responding to a suspected Fentanyl incident should be considering PPE as follows:

- Eye / Face Shield
- Protective Gown
- Respiratory Protect such as an N95 respirator / PAPR (powered air purifying respirator) with HEPA Filter
- Nitrile Gloves (color black is recommended)

The hospital should consider a level of decontamination support for patient and hospital staff. It is important to recognize that the exposure level initially selected can change and PPE should be adjusted accordingly. Additionally, higher levels of PPE may be necessary to protect staff from exposure to other chemicals that may also be present, for example; methamphetamine another highly toxic elicit chemical.

In all cases, employers have an obligation to identify hazards to which their employees might be exposed and provide appropriate PPE to protect them. All PPE should be used in accordance with OSHA’s PPE standard (29 CFR 1910.132). When required, respirator use should be in accordance with a comprehensive written respiratory protection program, see the OSHA respiratory protection standard (29 CFR 1910.134) for additional information. Hospital staff that needs to wear respirators must be medically cleared, trained, and fit-tested for respirator use.

Healthcare staff, such as nurses, and responding staff such as facility managers can be on the front line where fentanyl or its analogues are reasonably anticipated to be present. Employers should consider special training in conducting a risk assessment related to fentanyl and its analogues and demonstrate an understanding key protection strategy including the following:

- How to recognize suspected fentanyl and other illicit drugs and chemicals.
- When to use PPE; what PPE is necessary; how to properly don and doff, properly dispose of, and maintain PPE; and limitations of PPE.
- What are the potential human exposure routes.
- How to recognize the signs and symptoms of opioid exposure.
- How and when to seek medical help.
- How to dispose of hazardous / control substances
- What are the reporting requirements

Employers should be aware of the need to comply with OSHA’s hazardous materials standard (29 CFR 1910.120) when conducting clean-up operations involving hazardous substances. Staffs should be trained on the potential work place hazards, as well as hazards that can be introduced to the work place that they might encounter and the necessary knowledge and skills to perform a response with minimal risk to staffs safety and health.

Continued on page 8

2017 President Elect Message

David A. Rosinski, MBA, CHFM
Director of Facilities
Baystate Noble Hospital
Westfield

As 2018 quickly approaches, the NEHES board is assembled and ready to begin a new year. In 2017 we experienced several significant changes within the Executive Board. First we lost Dan Bickford to private industry, and soon after Wes Pooler also made the change to private industry. Both Dan and Wes were highly respected leaders in the world of Healthcare Facilities Management. They will both be greatly missed for sure. Both of those changes necessitated a creative solution to assemble a solid Executive Board for 2018. This is where I must give a huge thanks to Alison Brisson.

Alison as you know is the NEHES 2017 President. Alison agreed to jump back in the Executive Board rotation and assume the role of President Elect for 2018. This means she will serve another term in 2019 as President. Additionally, Peter Girard will be the NEHES Secretary and Cole Teague will be the NEHES Treasurer. This allows both Peter and Cole to become comfortable in their positions before they transition to the president elect and president.

Moving into next year I again must thank Alison for devoting more time to the executive board and ultimately the NEHES membership. She also paved the way for a smooth transition into a well-run and organized administration. Fortunately for me, I will have her expertise very close by for my entire time as both president and past president.

Continued on page 8

Continued on page 8
Renewed and New Members

Connecticut
Stanley Hunter
Director
Stamford Hospital, Stamford, CT

John Ryan
Facilities Manager
St. Vincent’s Medical Center
Bridgeport, CT

Massachusetts
David Cohen
Safety Officer
Spaulding Hospital Cambridge
Cambridge, MA

Chuck Labins
Director of Planning, Design & Construction
Tufts Medical Center, Boston, MA

Richard Sears
Project Manager
Baystate Health, Springfield, MA

Michael Sleazier
Director, Planning, Design & Construction
Lahey, Burlington, MA

Geoff Thomas
Facilities Manager
Beverly Hospital, Gloucester, MA

Maine
Domenic Ciavarro
VP Support Services
Martins Point HealthCare, Portland, ME

New York
Rick Fosher
Director of Facilities
Champlain Valley Physicians Hospital, Plattsburgh, NY

Jim Marlow
Project Manager, Adirodack Health
Malone, NY

Brad Smith
Construction Project Supervisor
University Of Vermont Health
Network at Champlain Valley
Physicians Hospital, Plattsburgh, NY

Vermont
Richard Barber
Supervisor General Maintenance
UVM Medical Center, Burlington, VT

John Berino
Occupational Health Program Coordinator
The University of Vermont Medical Center, Burlington, VT

Maria Marra
Environmental Health & Safety Manager
The University of Vermont Medical Center, Burlington, VT

Jon Wilkinson
Industrial Hygienist
The University of Vermont Medical Center, Burlington, VT

Tyson B. Moulton
Facilities Director
Northwestern Medical Center
St. Albans, VT

Lastly, consider assessing your hospital physical environment for areas in which illicit drug activity may occur. A few recent lessons learned that I have experienced are as follows:

• Ensure access to hospital public bathrooms, who on the 24 x 7 healthcare team has a tool to over-ride the locking hardware on a bathroom door?
• Are dirty needles and syringes located above ceiling tiles in bathrooms, changing rooms, and locker rooms?
• How is your organization monitoring parking garages?
• Are there stairwells, exterior and interior, that are infrequently monitored?

Consider additional rounding, CCTV monitoring where appropriate, additional illumination, and training for facility staff. Ensure staff safety first in all cases.

Danger: Illicit Drugs...Continued from page 7

NEHES Awards Honorary Lifetime Membership to Kenneth Boyer

The NEHES Board of Directors has awarded an Honorary Lifetime Membership to long time member, Kenneth Boyer. Kenneth is the father of 2018 Board Member, Dann Boyer. Kenneth and Dann are not the only NEHES Members to work in the same field. Dann’s Grandfather, Joseph “Blackie” Boyer and uncle, Edward Boyer are part of the long tradition of work in facilities management. Edward Boyer also served as President of NEHES. NEHES is proud to bestow this honorary membership on Kenneth Boyer as a tribute to his years of service in the profession and as a NEHES member.

Pictured Left to Right:
Edward Boyer (uncle, past president)
Joseph “Blackie” Boyer (grandfather)
Kenneth Boyer (father)

Photo taken at the old Truesdale Hospital in 1962

References:
https://www.cdc.gov/drugoverdose/data/fentanyl.html

Lastly, as we think towards next year, we plan to continue to bring CMP further into the management portion of the operation as they assume more responsibility for Website and Newsletter administration. Our transition over the last year to CMP management has been highly successful both in terms of streamlining operations as well as giving us a whole new perspective on “Best Practices”. CMP manages several other professional societies; this affords us the ability to benefit from that knowledge as we make decisions for the future of NEHES. Next year we look forward to developing more ways to give back to the membership while always working towards becoming a more self-sustaining organization.

President-Elect...Continued from page 7

I look forward to seeing you all at our Spring and Fall conferences in 2018 and wish you all a safe and healthy year!
ASHE Offers Great Member Benefits

Interested in becoming a member of ASHE? Check out the great benefits becoming a member provides!

2018 Board Attends Annual Strategic Planning Retreat at Sea Crest Beach Hotel

The 2018 NEHES Board of Directors attended a two-day Strategic Planning Retreat at the Sea Crest Beach Hotel in November. The Sea Crest Beach Hotel in Falmouth, Massachusetts is the location of the 2018 Fall Conference. The agenda for the meeting included updates from Committee Chairs, Liaisons and State Chapter Representatives. The Board also adopted a 2018 Budget.

The 2018 Board of Directors are as follows:

EXECUTIVE COMMITTEE
President
David Rosinski, MBA, CHFM
President-Elect
Alison Brisson, CHFM, SASHE
Secretary
Peter Girard, CHFM
Treasurer
Cole Teague, CHFM, CHC
Past President
Jona Roberts, CHFM, SASHE

CHAPTER REPRESENTATIVES
Connecticut Healthcare Engineers’ Society
Paul Roth, CHFM
Maine Healthcare Engineers’ Society
Joey Bard, CHFM
Massachusetts Healthcare Engineers’ Society
Dave Fowler
New Hampshire Healthcare Engineers’ Society
Scott Lever
Rhode Island Healthcare Engineers’ Society
James Carroll
Vermont Healthcare Engineers’ Society
Ray Forsell

LIAISONS
ASHE / Advocacy
Edmund (Ed) Lydon, MSHCM, SASHE, CHFM
Supporting Member
Septima Maclaurin
Sustainability
Edward (Ed) Browne, MS, CHFM, CHC, SASHE, FACHE

COMMITTEES
Audit Committee Co-Chair
David Rosinski, CHFM
Audit Committee Co-Chair
Paul Cantrell, CE, CPE, CHFM
By Laws/Steering Committee Chair
Kevin Keating, CHFM
Education / Career Development Chair
Jona Roberts, CHFM, SASHE

Nominating Committee Chair
David Rosinski, CHFM
Membership Committee Chair
Peter Girard, CHFM
Research Committee Chair
Jona Roberts, CHFM, SASHE
Scholarship / Recognition Chair
Milt Dudley, CE, CPE, CHFM
2018 Spring Seminar Chair
Charles “CJ” Brown
2018 Fall Conference Committee Chair
Dann Boyer, CHFM
Sustainability Committee
Chair Edward Brown, MS, CHFM, CHC, SASHE, FACHE

SPECIAL APPOINTMENTS
Parliamentarian
John Crowley, CHFM, SASHE
Finance Committee Chair
Paul Cantrell, CE, CPE, CHFM
Newsletter Committee Chair
Nicole Duncan
Chapter Relations Chair
John P. Duraes, CHFM
State Chapter Reports

Connecticut

President and Chapter Rep: Paul Roth, CHFM
Facilities Operations Manager Lawrence and Memorial Hospital, New London
proth@lmhosp.org

Vice-President: Al Wasko
Associate Director, Plan Maintenance Yale-New Haven Hospital, New Haven
alwasko@ynhh.org

Secretary: Ron Hussey
Manager of Facilities and Engineering Johnson Memorial Hospital, Stafford Springs
ronald.hussey@jmmc.com

Maine

President: Tim Doak
tdoak@emhs.org

Vice-President: Larry Merritt
larry.merritt@emhs.org

Secretary and Treasurer: Cole Teague
cteague@fchn.org

NEHES Chapter Rep: Joey Bard
joey.bard@nmmc.org

Membership Update:
· 52 Active Members
· 69 Supporting Members
· 0 New Free Members
· 2 Lifetime Members
· 58 Chapter Members are NEHES members

Massachusetts

Upcoming program topic: Pharmacy Regs & Update

Sponsored by: NES - Northeast Efficiency Supply
North Shore, MA
January 18, 2018
www.compass-symposium.com

President and Chapter Rep:
Dave Fowler, MEP
Senior Director- Support Services, Anna Jacques Hospital, Newburyport
DFowler@ajh.org

Secretary:
Dann Boyer, CHFM
Sturdy Memorial Hospital, Attleboro
DBoyer@sturdymemorial.org

Treasurer:
Paul DeViller, CHFM, NCT
Director of Support Services, Lahey Medical Center, Peabody
paul.d.deviller@lahey.org

New Hampshire

Upcoming program topic:
USP 797/800 approved for 1 Contact Hour or .10 CEU’s by ASHE. Product/Service Introduction – Fitzemeyer & Tocci
January 20, 2018

Understanding Alternative Project Delivery Contracts, 1 Contact Hour or .10 CEU’s by ASHE. Product/Service Introduction – Shawmut Design and Construction
February 17, 2017

President:
Greg D’Heilly, CHFM
Facility Manager, Dartmouth-Hitchcock Manchester
Gregory.E.DHeilly@hitchcock.org

Vice President:
Peter Girard, CHFM
Facility Manager, Dartmouth-Hitchcock, Manchester
Peter.r.girard@hitchcock.org

Secretary/Treasurer:
Tim Bishop, CHFM, CHSP
Facility Manager, Dartmouth-Hitchcock, Nashua
Timothy.m.bishop@hitchcock.org

NEHES Chapter Rep:
Scott Lever
Mechanical & Utilities Systems

Manager, Nashua
Southern NH Medical Center
scott.lever@snhhs.org

Membership Update:
· 45 Active Members
· 46 Supporting Members
· 4 Lifetime Members
· 1 New Free Members
· 96 Total Members

Rhode Island

President:
Charles Brown
Facilities Operations Manager, South County Hospital, Wakefield
cbrown@schospital.com

Vice-President:
Robert Dunning, Director Facilities Management, South County Hospital, Wakefield

Treasurer:
John R. Zoglio, MBA, CHFM, CHSP
Manager of Safety and Emergency Preparedness, Kent Hospital
john_zoglio@mhri.org

NEHES Chapter Rep/Secretary:
James Carroll
Director of Facilities, Butler Hospital
jcarroll@butler.org

Vermont

President:
Erik Lahr
Supervisor of Facilities Management and Environmental Services, UVMC-Fanny Allen
Enk.Lahr@uvmhealth.org

Vice-President:
Joe Voci
Supervisor of General Maintenance, UVMC
Joseph.voci@UVMhealth.org

Secretary/Treasurer:
Robert Prohaska
Director of Plant Services, Brattleboro Memorial Hospital
prohaska@bmhvt.org
Tips to Complete the ASHE Energy Survey for ASHE Energy to Care

STEP 1

Survey Short Cuts/Tips
Survey is at the www.energytocare.org website, bottom of page 1
“Energy and Water Survey”
“Access the Survey” (Click)

1. Utility Data needed for Calendar Year 2015 (Gas, Fuel Oil & Electricity) and if applicable, District Energy. Water/Sewer data is also requested, but not required.

2. If you have benchmarked your building/campus in ENERGY STAR Portfolio Manager, the Survey is a 10 to 15 minute effort to complete…

3. Click on “My Facility Has a Portfolio Manager Account”. First, Enter your ENERGY STAR Portfolio Manager ID# on the “Facility Name” Tab. This automatically populates Questions 1 – 13 on the Survey.

4. Question 3….. SELECT from the drop down menu, your TYPE of Hospital (typically a General Medicine and Surgical (Inpatient) Hospital) or a Medical Office Building…

5. Question 14…Allocate the Campus Gross Square Feet (total) by the various listed categories; Totals of each sub-square feet needs to equal to the facility Total Gross Square Feet from your ENERGY STAR Portfolio Manager account at the bottom. TIP: if each line item square foot statistic for a department or occupancy type does NOT exist in your facility, just type in a “0” (Question 14 sub sections) Sum must equal Total in Portfolio Manager Gross Square Feet; ROUND! Do NOT leave Blank Cells!!!!!

6. Question 15… List how many of each type of treatment room you have…(self-explanatory)

7. Question 16… self-explanatory

8. Question 17…EXTERNAL Data you will need particular to your facility (your CFO, Budget Representative, or Business Office will probably have this data:
   a. Licensed Beds 2015
   b. Staffed Beds 2015
   c. Total Inpatient Days 2015
   d. Total Outpatient Visits 2015

9. Question 24 on Worksheet: Add in YOUR specific Information for numbers of MRI’s, CT Scan, Radiology Rooms…

10. Question 25… note to your best ability…. Mobile Imaging Trailers, etc…. associated with YOUR facility or campus.

Save and Submit to ASHE via the “Submit Tab”

Questions, Need Help…
Michael Hatton 713-201-3960, or Larry Newlands 713-242-2682

STEP 2

Data Gathering Sheet – Where do I find it….

Data needed to complete the Survey

1. YOUR Energy Star Account, Log-on, and Password for Portfolio Manager (This populates ~ 80% of the Survey)

2. Square Feet Data for Various hospital or office building uses. TIP: whoever keeps your CMS “Governmental reporting” square feet statistics has this information; ROUND OFF square feet! Do NOT leave blank cells. Insert a zero where required.

3. Count up the various type of Treatment Rooms (OR’s, etc.) at your facility

4. You will need:
   a. Licensed Beds and Staffed (operated) Beds for 2015 (Ask the CFO or finance director for this)
   b. Inpatient and Outpatient Visits for 2015 (Ask the CFO or finance director for this)
   c. Meals Served for 2015 (Ask the Food Service director for this)
   d. Count up your pieces of radiology imaging equipment at your facility
   e. Count up YOUR mobile imaging trailers

Save and Submit to ASHE via the “Submit Tab”
NEHES Annual Meeting – A Summary

The first order of business was establishing a quorum which requires 10% of dues paying members be present at the meeting. With 477 members as of 9/1/17, a quorum was present with 48 members in attendance.

President's Report – Alison Brisson

Alison highlighted initiatives taken on in the past year.
- The transition has been completed to the new Administrative Directors Office.
- NEHES received Platinum Elite Status for work in 2016.
- There was an upgraded membership software platform put into place.
- We converted the accounting basis from cash to an accrual system.
- Completed a full audit concurrent with the transition to the new AD Office.
- Adopted new administrative polices to align with best practices.

President-Elect's Report – Alison Brisson

In September our President-Elect Wes Pooler accepted a job taking him back to his home state of Maine and out of facilities management. The Board thanks Wes for his dedication to our profession and this society. This created a brief vacancy of this position.

Treasurer's Report- David Rosinski

2017 Funds Spent on Benefits to Membership: $138,000.00

Proposed Bylaws Changes

Many bylaw changes were passed in order to improve the efficiency of operations with the new Administrative Director office.

Newsletter, Web, Education/Career Development/Scholarship and Membership Reports

- Ron Vachon, Communications Chair provided an update on the Newsletter and Website.
- Milt Dudley provided an update on Education/Career Development/Scholarships.
- Pete Girard provided an update on Membership.

State Chapter Reports

- Chapter updates were presented by the following:
  - Paul Roth for the Connecticut Healthcare Engineers Society.
  - David Fowler for the Massachusetts Healthcare Facility Professional Society.
  - Cole Teague for the Maine Healthcare Engineers Society.
  - Scott Lever for the New Hampshire Society of Healthcare Engineers.
  - Ray Forsell for the Vermont Healthcare Engineers Society.

New Business

Confirmation of Annual Dues

- The Board of Directors recommends that the Annual Dues in 2018 be:
  - $25.00 Active Members
  - $100.00 Supporting Members
  - $10.00 Educator and Student Members
  - Honorary Members not required to pay dues

Nominations and Election of Officers for 2018

The Nominating Committee presents the following slate of officers:
- President: David Rosinski
- President-Elect: Alison Brisson
- Secretary: Peter Girard
- Treasurer: Cole Teague

President Alison Brisson asked for nominations from the floor. There were no nominations from the floor. Motion by John Crowley to close nominations. Steve Jalowiec seconded the motion. Motion passed.

Motion to accept the Slate of Officers as presented by the Nominating Committee made by John Crowley.

Conference Schedule

2018 Spring Seminar will be held at the Doubletree by Hilton, Leominster, MA on Friday, April 6, 2018 as chaired by CJ Brown, President, Rhode Island Chapter

2018 Fall Conference & Annual Meeting will be held at Sea Crest Beach Hotel, Cape Cod, MA from Sunday, September 30 to Wednesday, October 3 as chaired by Dann Boyer.

Chapter Excellence Awards

Chapter Excellence awards were presented to New Hampshire and Maine.

Recognition Ceremony

Certificates of recognition were given to all board members for their service this past year.
Got Problems with Air Handler Casings, Pans and Floors? Think Outside the Box to Solve Problems Inside the Box

Katrina Valenti
Regional Sales Director, AQUIS

The fight against Legionella bacteria Ron Vachon, a long-time NEHES member and Director of Plant Operations for St. Mary’s Health System in Lewiston, ME, had a problem.

Ron was overseeing a project that included the replacement of some major air handling units that dated back to the 1980s in one of the largest nursing homes north of Boston. “These air handlers were exhibiting various levels of rust and corrosion, but replacing them was simply not realistic from either a financial or operational standpoint since the expense would be enormous, and the extensive downtime required to replace these units wasn’t an option,” said Vachon.

“We needed a compliant, alternative solution that would solve the problem and have virtually no noticeable impact on facility operations.”

At a NEHES vendor exhibit, I met Ron and told him how my company specializes in the refurbishment of mechanical air handling units. I explained to him the cost-saving benefits and logistical ease of the AQUIS System for refurbishing AHU casings, drain pans and chamber floors. We provide an installed solution which consists of a multi-layer engineered coating system that seals and completely restores AHU casings, drain pans and chamber floors, and eliminates the need for expensive AHU replacement.

An initial discussion led to working with Ron on solving his air handling problems.

After working on one of the more challenging units at St. Mary’s, Ron discovered that refurbishing would cost a fraction of what he had budgeted and approved for the replacement for one newer air handler. As a result, another project soon came to mind for Ron that involved a newer air handler that was recently retrofitted with a humidifier. The clean side of the unit started exhibiting signs of surface rust, and since the unit was only five years old, a solution was needed to prevent further damage.

We ended up working on this unit as well. The result? Two critical air handling units were restored for half the cost budgeted to replace just one. “I was able to find a really good solution for two problems that very likely could’ve required a lot more time and money if we had considered other solutions,” said Ron. “Motors, bearings, and coils can be replaced. With air handlers, the box is really the magic. By being able to maintain the box, pitch the drain, and seal the casing, it really enhanced the unit and removed the core problems.”

Ron went on to say that despite initial questions and concerns about odors, downtime requirements, TJC compliance and logistics, he was happy to learn that the restoration system not only contained zero volatile organic compounds and no detectable odors, but it was also fully TJC compliant (including NFPA 90A, Life Safety Code, and ASHRAE 62.1). Plus, downtime was minimal and installations were a breeze. In fact, Ron further stated “They structured all their work around our schedule, there were few shut-downs and the work was coordinated extremely well. There were no odors of any kind.”

In healthcare settings especially, facilities teams often find themselves in a “Catch-22” situation with having to think outside the box for alternative, cost-effective solutions when capital dollars are scarce, all the while having to tread carefully with who they decide to trust and partner with to work in their facilities.

“Sometimes saving money isn’t always the driving motivator, it’s the elimination of headaches,” said Ron. “My decision to refurbish the air handler units was less about the money and more about the logistics. Refurbishing those units really did help us get around some delicate things, both quickly and efficiently.”

As a supporting member of NEHES, solving a work-related problem like Ron Vachon’s is exactly why we treasure the networking opportunities within the organization. We network to be able to offer services or products that help facility engineers and managers in their worksites throughout New England. Ron’s situation is just one of the connections we make daily to bring forth solutions.

“My involvement with vendors at NEHES events have made my job so much easier through the years,” said Ron. “The added bonus is that I have been able to save thousands of dollars in the solutions provided. I could not do what I do without the expertise and advice of our supporting members.”
Sustainability and the reduction of waste are key themes NEHES members face each day. NEHES has decided to go all electronic and beginning in Spring 2018, the newsletter will be delivered electronically only. NEHES will also publish the newsletters online. The most recent year of newsletter editions will be available to members only. Past issues will be available to anyone visiting the NEHES Website. Look for more announcements concerning this in the future.

Please consider submitting an article for the newsletter. NEHES accepts a variety of articles for publication that content of interest to NEHES Members. Articles should average 750 to 1000 words on subjects that will be of interest to NEHES members. NEHES is particularly looking for case studies to help solve problems at facilities. Ideally supporting and active members would co-author articles and discuss how the Supporting Member’s products or services helped solve a problem for the healthcare engineer or facility manager? The article should include approaches taken to address the problem or challenge as well as the results including cost savings or increases in patient satisfaction. Articles focused on advertising will not be considered. Articles may be submitted to Info@NEHES.org for consideration.

Thank you for your support as we work to reduce use of resources and focus on providing quality technical content in the newsletter.

Each month NEHES posts a variety of sustainability resources to the NEHES website, www.nehes.org. These articles include Announcements, Regulatory Updates, Tools/Resources/Case Studies, Articles, Conference and Webinars. These resources are posted to the Sustainability Section of the website.

One recent article highlighted 60 of the greenest hospitals in America and that list included several hospitals represented by NEHES Members.
Septima Maclaurin, Senior Business Development Director for e4h ENVIRONMENTS FOR HEALTH ARCHITECTURE has been named the Supporting Member Liaison to the NEHES Board of Directors.

“NEHES is a better organization because of the accomplishments Anne has done in her two years on the board. Her work has been exemplary.”

Maclaurin replaces Anne Crowe Kroger, FSMP’s, MBA, Vice President/Business Development Leader at CannonDesign who has held the position for two years.

“‘My name is Septima because I was born in September. But please call me Tima because it’s much easier,” said Maclaurin. “I started in the industry at an engineering firm, and enjoy working for an architecture firm. The healthcare field is interesting to me because it’s very specialized, and has a unique, necessary function in our communities. No matter how large or small your city or town, the hospital is a place where you can always find a close-knit community who cares. The people who work at hospitals are cut from a different cloth than most – they are dedicated, willing to go above and beyond. They are people who really want to make a direct difference. I value those characteristics, and enjoy being a part of that type of community.”

In setting her goals in her new position, Maclaurin said, “As the Supporting Member Liaison, my goal is to listen to the supporting members, and represent them as a key part of the NEHES organization, and to help them in their mission of serving the healthcare community,” she noted. “Similarly, there’s an important balance to strike with ensuring that the needs of the NEHES engineers are being met as well. I also value the opportunity to see how my work and my firm’s work has a positive impact on the lives of hospital employees, patients, and their families.”

Maclaurin reflects that when Anne Kroger asked her to consider the position, she asked herself, “Could I help? Could I add value?” When the answer was yes, she dug a bit deeper to understand why she felt that way.

“The facility engineers are genuinely nice people. What more could I ask for in a group of people with whom I collaborate,” said Maclaurin. “Many of the supporting members are my friends and whether they work for a competitor of my firm’s or not is irrelevant. We all have a similar goal; to serve the healthcare community, to have fun, and to make a decent living. I will enjoy serving my friends in this role.”

It has been a pleasure knowing and working with Anne Kroger in her time on the board. She is obviously in the right business of marketing and communication. She is a “giver”, passionate for people, and has helped many members find resources, in her skill set of putting people together for great solutions.

Anne stepped up to the plate as Supporting Member Liaison overseeing all communications and partnerships with solutions providers. Under her new board responsibility, she organized, developed and engaged four supporting member task forces to help with sponsorship efforts, gala planning, golf organization and in booth sales committees. Anne “is always on”, as she has increased communications dramatically with her regular e-blasts, e-mails, and town hall meetings for supporting members several times a year. She enlisted the first two Annual Sponsors to NEHES which brought financial support that helped our newsletter and website sustain their operating costs.

Anne Kroger

NEHES has been exemplary.

Maclaurin hopes to build on the efforts started by Kroger.

“I plan to conduct Town Hall sessions at the conferences and I am also planning to attend NEHES state chapter meetings on a rotating basis,” said Maclaurin, who is expecting her second child in March of next year. “I will be figuring out the best way to offer uninterrupted coverage in my new position while I am out on maternity leave.”

Maclaurin prefers to be reached via email at smaclaurin@e4harchitecture.com. She can also be reached at 617-651-2268.

Kroger has treasured her time working with the NEHES board to advance the concerns and messages from the supporting members.

“As some of my best friends are NEHES members. I love this group and thank the entire board for creating this role and giving our supporting members a voice to help make NEHES stronger,” said Kroger. “I will help Tima in the transition to her role and I promise to stay engaged and I am always happy to help when asked to serve at any level.”

Kroger sees great things continuing for NEHES.

“This is such a great group and I enjoy the association thoroughly. Thank you all for your friendships and this wonderful experience.”
Vachon Passes the Torch to Duncan

Ron Vachon SASHE, CHFM Director of Plant Operations at St. Mary’s Health System is retiring from his NEHES Board position as Newsletter and Website chair and passing the torch to Nicole Duncan, Project & Property Manager for Central Vermont Medical Center. Duncan, a 2011 Wentworth Institute of Technology graduate, joins the NEHES board this coming year and has been a member since 2013. Duncan has worked for CVMC for the past five years and truly enjoys project coordination, managing maintenance and capital activities for twenty offsite facilities as well as helping to support the main campus. Prior to his departure, Wes Pooler approached Duncan with this opportunity to join the NEHES Board. Duncan recently attended the 2018 Planning Retreat and stated, “So far I can see it was an excellent decision on my part and I am very much looking forward to working with the team this year”.

Vachon has been a NEHES member for nearly 20 years and has served on the board in a variety of capacities for over 17 years. His dedication to the board and his profession is unwavering. Vachon has served as the Newsletter and Website Chair since 2008. Under Vachons direction, the Newsletter and Website have evolved into the fine products members enjoy today. Vachon has received prestigious awards throughout his tenure with the board such as Engineer of the year (not only once, but twice), ASHE Emerging Regional Leader, Maine Healthcare Engineer and at the recent 2017 Fall Conference Vachon was presented with the Presidents Award. NEHES thanks Ron for his outstanding contributions, leadership and direction. Rons efforts have undoubtedly been the building blocks in the foundation of this great society.

Please join us in welcoming Nicole Duncan and thanking Ron Vachon for his service.

Have You Considered?

Consider writing an article for the NEHES Newsletter.

If your facility has a case study or project that was a success NEHES would love to include it in an upcoming newsletter.

Just email NEHES at info@nehes.org for details on article submission.
Did you miss going to the Fall Conference? Not to worry. Here are all of the presentations that were covered at the three day event.

- **Getting Better All the Time: How Our Communities Will Benefit from the Energy Revolution**
  by Neale Lunderville, Burlington Electric Department
  [http://nehes.org/presentation/getting-better-time-communities-will-benefit-energy-revolution/#sthash.j2mmvQWM.dpbs](http://nehes.org/presentation/getting-better-time-communities-will-benefit-energy-revolution/#sthash.j2mmvQWM.dpbs)

- **Healthcare Evolves from Sustainability to Wellness**

- **Joint Commission: Insight into the Top Cited Elements of Performance and SAFER Scoring**

- **“Yes, We’re Open”: Your Map to Phased Renovations in an Acute Care Setting**
  by Bernadette Muncy, TRO; Boston Medical Center; Code Red Consultants, Nancy Hanright, Space Management at Boston Medical Center, & Chris Lynch, Code Red Consultants [http://nehes.org/presentation/4361/#sthash.H1G8KRUF.dpbs](http://nehes.org/presentation/4361/#sthash.H1G8KRUF.dpbs)

- **Legionnaires’ Disease – Controlling a Very Costly and Scary Hospital Acquired Infection**

- **Identifying Fire Door Assemblies Subject to Yearly Inspection and Testing**

- **Improving Power Reliability and Reducing Energy Spend through Combined Heat & Power (CHP)**

- **Deep Chiller Plant Optimization**
  by Steve Keppler, CLEAResult Consulting Inc. [http://nehes.org/presentation/deep-chiller-plant-optimization/#sthash.T8h5HkJG.dpbs](http://nehes.org/presentation/deep-chiller-plant-optimization/#sthash.T8h5HkJG.dpbs)

- **Barrier Management – Defending the Safety of Patients, Visitors, & Staff**

- **Less Is Often More: How Hospitals Are Containing Their Energy Costs**
  by Timothy Perrin, Efficiency Vermont, John P. Duraes, Signature Healthcare, Steve Jalowiec, Hospital Energy, & Tyson Moulton, Northwestern Medical Center [http://nehes.org/presentation/less-often-hospitals-containing-energy-costs/#sthash.24pznEC5.dpbs](http://nehes.org/presentation/less-often-hospitals-containing-energy-costs/#sthash.24pznEC5.dpbs)
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If you have not yet taken a moment to renew your membership, there’s no better time than today! Membership renewal is fast and easy. Just go to www.nehes.org and click on the Membership navigation link.

It is also good to take a few minutes to review your information on file to be sure all is correct.

If you have any questions, contact us at info@nehes.org.

Thank you for your membership and your support of NEHES!

Have You Renewed Your Membership?

2018 Spring Seminar and Technical Exhibit
REGISTRATION OPENING SOON!

Registration for the 2018 Spring Seminar and Technical Exhibit opens soon! Visit www.nehes.org for more information.

April 6, 2018
at the Doubletree Leominster, MA