



New Mexico Psychological Association

Fall Conference

Friday, Sept. 27, 2019

CNM Workforce Training Center

5600 Eagle Rock Ave. NE

Albuquerque, NM 87113

8:00 a.m. to 4:15 p.m.

6.5 Continuing Education Credits*



Science Based Practice and Advocacy in an Anti-Science Era

Presentation Summaries

Science, Data and Behavioral Health Policymaking in New Mexico

Thomas Sims, Ph.D.

SUMMARY:

The nature of behavioral health services and psychological practice in New Mexico is shaped by the policies of government departments, public and private payers, and state laws. This presentation will examine how data are used to make policy decisions and the role that science-driven evidence plays (or does not play) in compiling and interpreting the data. Additionally, trends in the use of data and decision making will be examined, and ideas presented regarding how understanding those trends may help us effectively prepare for behavioral health practice in New Mexico in the future.

LEARNING OBJECTIVES:

Participants will be able to:

1. Understand how current statutory and regulatory policies impact psychological practice;
2. Describe two or more evidenced-based studies that inform regulatory policies in New Mexico;
3. Describe three problem areas in health-related issues that are behavioral health priorities in New Mexico.

Evidence Based Practice and its Discontents: Ongoing Debates and Controversies

Scott Lilienfeld, Ph.D.

SUMMARY:

Talk will examine contemporary debates and controversies regarding how to conceptualize and implement evidence-based practice, using the history of evidence-based practice in medicine and other domains as a backdrop.

LEARNING OBJECTIVES:

Participants will be able to:

1. Define evidence-based practice in psychology, medicine, and allied fields.
 2. List three major controversies regarding evidence-based practice in psychology.
 3. Describe three major sources of resistance to evidence-based practice.
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**Those who Cannot Remember the Past are Condemned to Repeat it:
Using the histories of clinical psychology and psychiatry to inform
contemporary issues**
Scott Lilienfeld, Ph.D.

SUMMARY:

Talk will make the case for how and why the history of clinical psychology can provide valuable lessons for today.

LEARNING OBJECTIVES:

Participants will be able to:

1. Describe three reasons why knowledge of the history of clinical psychology remains relevant today;
 2. Describe two potential hazards of using the present to understand the past;
 3. Provide two examples of how historical and cultural factors shape the expression of psychological disorders.
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Application of Science Based Practice to Sex Related Difficulties
David J. Ley, Ph.D.

SUMMARY:

Though the field of psychology has a long history of attending to sexual issues, our field is also, unfortunately, littered with the intrusion of sexual morality, social norms and biases into clinical practice. With examples involving the history of homosexuality, Satanic Ritual abuse, as well as modern issues around pornography, sex trafficking, and nonmonogamy, this seminar invites clinicians to recognize the intrusion of non-scientific values and ground themselves in patient-centered principles of sexual health.

LEARNING OBJECTIVES:

Participants will be able to:

1. Describe examples in the history of mental health where our lack of knowledge and fascination with sexuality led to patient harm and weakened the credibility of our field.
 2. Utilize strategies to assist in providing patient-centered, objective, and supportive therapeutic interventions to patients dealing with sexual issues and assist them in identifying and addressing moral conflicts.
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**Advancements, History, and Controversies in Treating
Post Traumatic Stress Disorder**
Madeleine Goodkind, Ph.D.

SUMMARY:

In the last two years, both APA and the VA/DoD have issued comprehensive guidelines on Evidence-Based Practice for PTSD, identifying those psychotherapies with the largest supportive

evidence base and those that should not be considered frontline treatments. This talk will review the treatment guidelines for PTSD best practices, focusing on EBP for PTSD. Additionally, a brief history of PTSD treatments will be described and common controversies surrounding select EBPs for PTSD will be explored.

LEARNING OBJECTIVES:

Participants will be able to:

1. Provide two examples of evidence-based psychotherapies for PTSD that are recommended by both APA and VA/DoD.
 2. Describe at least one controversy surrounding EBP for PTSD.
 3. Summarize the demonstrated effectiveness for at least one EBP for PTSD.
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[**Click Here to Register**](#)

Pricing:

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| NMPA Members: | \$180 |
| ECP Members: | \$150 |
| Student Members: | \$100 |
| Non-Members: | \$210 |

Early bird discount until 8/31/19.

*Participants must attend the entire conference to be eligible for 6.5 CE credits. Participants that miss more than 15 minutes of the conference will not receive CE credits. No partial CE credits will be awarded.

This program is sponsored by the New Mexico Psychological Association (NMPA). NMPA is approved by the New Mexico Board of Psychologist Examiners to sponsor continuing education for New Mexico psychologists. NMPA maintains responsibility for this program and its content.

Notes:

- Registration includes coffee, water and tea, refreshments, and lunch (w/vegetarian options)
- All cancellations are subject to a \$35 processing fee. No refunds for no-show registrations.
- Room temperatures vary--please bring a sweater or light jacket as needed.