Best Practices for Prevention of Medical Device-Related Pressure Injuries in Critical Care

- **Choose** the correct size of medical device(s) to fit the individual.
- **Cushion** and protect the skin with dressings in high risk areas (e.g., nasal bridge).
- **Inspect** the skin under and around the device at least daily (if not medically contraindicated).
- ** Rotate** sites of oximetry probes.
- **Rotate** between O2 mask(s) and prongs (if feasible).
- **Reposition** devices (if feasible).

- **Avoid** placement of device(s) over sites of prior or existing pressure injury OR directly under an individual.
- **Educate** staff on correct use of devices and prevention of skin breakdown.
- **Be aware** of edema under device(s) and potential for skin breakdown.
- **Change** rigid C-collar to softer collar when medically cleared.