

Best Practices for Prevention of Medical Device-Related Pressure Injuries in Critical Care

- ✓ Choose the correct size of medical device(s) to fit
 the individual.
- ✓ **Cushion** and protect the skin with dressings in high risk areas (e.g., nasal bridge).
- ✓ **Inspect** the skin under and around the device at least daily (if not medically contraindicated).
- ✓ Rotate sites of oximetry probes.
- **✓ Rotate** between O2 mask(s) and prongs (if feasible).
- ✓ Reposition devices (if feasible).

- ✓ Avoid placement of device(s) over sites of prior or existing pressure injury OR directly under an individual.
- ✓ Educate staff on correct use of devices and prevention of skin breakdown.
- ✓ Be aware of edema under device(s) and potential for skin breakdown.
- ✓ Change rigid C-collar to softer collar when medically cleared.

