



Celebrating 20 years of promoting quality  
health care delivered by nurse practitioners

## **2014 Program Directory**

**20th Annual AONP Conference**

October 15-17

Sheraton-Reed Conference Center

5800 Will Rogers

Midwest City, OK 73112

# Welcome!

Welcome and thank you for joining us as we celebrate the 20th Anniversary of the Association of Oklahoma Nurse Practitioners (AONP). The 2014 Conference continues the tradition of excellence by providing outstanding continuing education with a line-up of phenomenal presentations, dynamic speakers, and lots of CE hours.

We are offering three pre-conference workshops that fulfill the skill needs of both students and practicing NPs who wish to review and renew suturing or arthrocentesis skills, or learn about independent practice. Join us Wednesday for 20 years of AONP, then don't miss AONP Night in Bricktown on Wednesday evening.

This is a power-packed conference schedule that has something for everyone. We're thrilled you decided to join us and take advantage of this great learning opportunity to enhance your practice, network with NP professionals, meet new colleagues, and renew old friendships. We are happy to continue our poster presentations with six presenters who will showcase Oklahoma NP scholarly work. And, as usual, we have an amazing assortment of exhibitors.

We're excited you are joining us...



**David Holland**  
AONP President  
2014 Conference Chair

# Quick View - Wednesday | October 15

8:00 am	Registration Open	AONP Director
8:30 am - 11:30 am	Pre-Conference Workshops <i>workshops run concurrently</i>	
	Basic Suturing	Greg Brooks, DNP, APRN-CNP
	Joint Arthrocentesis	David Holland, APRN-CNP
	Pros, Perils, and Pearls of owning an NP Practice	Toni Pratt-Reid, APRN-CNP; Patti Wheaton, APRN-CNP; Erin Trippy, APRN-CNP
12:30 pm - 1:30 pm	Opening Welcome	David Holland, APRN-CNP
	Posting of Colors and National Anthem	Air Force JROTC Honor Guard
	20 Years of AONP	AONP Past Presidents
1:30 pm - 2:30 pm	Lyme Disease in Oklahoma	Tricia Butner, DNP, APRN-CNP
2:30 pm - 3:00 pm	Break	
3:00 pm - 4:00 pm	Chest Pain Assessment	Bill Holland, APRN-CNP
4:00 pm - 5:00 pm	Update in Cardiology	Royce Bargas, DO
5:00 pm	Visit Exhibitor Hall	
6:00 pm - 10:00 pm	20th Anniversary Celebration: AONP Night at Bricktown	

# Quick View - Thursday | October 16

6:00 am	Breakfast Buffet Open	
6:45 am - 7:00 am	AONP Announcements	AONP Board
7:00 am - 8:15 am	AONP Business Meeting	AONP Board
8:15 am - 9:15 am	An Integrative Approach to Insomnia	Audra Fox, MD
9:15 am - 9:30 am	Break/Exhibit Hall	
9:30 am - 10:30 am	Narcolepsy - Journey from Provider to Parent	Patti Wheaton APRN-CNP
10:30 am - 11:30 am	Metabolic Syndrome	Mary Steward, APRN-CNP
11:30 am - 12:30 pm	Lunch on your own or attend a free Mexican Buffet / Education Luncheon at the Reed Center, sponsored by Baxter. The topic will be Primary Immune Deficiency. (Non-CE)	
12:30 pm - 1:30 pm	Eye Trauma and Ophthalmologic Emergencies	Russell Crain, MD
1:30 pm - 2:30 pm	Obesity - Causes, Interventions, and Actions	Mary Jo Goolsby, EdD, MSN, NP-C, FAANP
2:30 pm - 3:30 pm	Poster Presentation Session Contact Hours - AANP CE: 0.3, OK BON: 1.2	Kimberly Allen, Novyce Austin, Kristin Jones-Fordenbacher, Rachel Mack, Debbi McCulloch, Anna Lily Pina
3:30 pm - 4:30 pm	Visit Exhibit Hall / Networking	
4:30 pm - 5:30 pm	GERD Update	Kenneth Vega, MD
5:30 pm	Dinner on your own	

# Quick View - Friday | October 17

6:00 am	Breakfast Buffet Open	
7:00 am - 8:00 am	Update in the Management of Osteoporosis	Sherry Roles, DO
8:00 am - 9:30 am	Management of Adult and Pediatric Headaches in Primary Care	Wendy Wright, MSN, APRN, FNP, FAANP
9:30 am - 9:45 am	Break	
9:45 am - 11:15 am	Anemia Across the Lifespan: Algorithmic Approach to Diagnosis and Treatments	Wendy Wright, MSN, APRN, FNP, FAANP
11:15 am - 12:15 pm	Diagnosis and Management of ADHD	Carrie Geurts, APRN-CNP / OU Child Study Center
12:15 pm	Conference Adjourns	

# Pre-Conference Workshop: Basic Suturing

*Wednesday - 8:30 am - 11:30 am*

## About the Speaker

Greg Brooks has worked in emergency departments and in an orthopedic office where radiographs were consistently used to aid in diagnosis. Greg has taught in several nurse practitioner programs, educating in radiograph interpretation across the lifespan for multiple classes. Greg is also a presenter at the AANP national conference receiving favorable reviews.

## Program objectives

- Assess wounds and incorporate appropriate wound management in the clinical setting.
- Utilize appropriate anesthesia in preparing wounds for suturing.
- Incorporate basic suturing techniques in the clinical setting.



**Greg Brooks**

DNP, APRN-CNP, MSN, BSN

Contact Hours for This Session	
AANP CE	3 hr
AANP Pharm	1 hr
OK BON	3.6 hr

# Pre-Conference Workshop: Arthrocentesis

*Wednesday - 8:30 am - 11:30 am*

## About the Speaker

David received a BSN at the University of South Alabama, MN from the University of Phoenix and a post-masters' certification from the Graceland University Family Nurse Practitioner program. He is currently an NP for Xpress Wellness in Enid, Oklahoma. He has worked as an NP at Fairview Regional Medical Center, Integris Health Enid and as an officer in the Air Force Nurse Corps for over 22 years. David deployed twice in combat operations during Operation Iraqi Freedom and served as Chief Nurse Executive of the 332nd Aeromedical Evacuation Unit at Balad Air Base, Iraq. His unit played a major role in the successful aeromedical evacuation of over 3,200 wounded warriors. David received many awards including the Air Force Meritorious Service Medal three times for outstanding service. Lieutenant Colonel Holland retired in 2009 and continued to serve veterans for the Veterans Administration Hospital through Integris Health. David has served as Northwest Regional Representative and, currently, is AONP President-elect.



**David Holland**  
APRN-CNP

## Program objectives

- Describe the benefits and risks of joint arthrocentesis.
- Identify contraindications for joint arthrocentesis.
- Distinguish the appropriate anatomic landmarks for commonly injected joints.
- Recognize the potential side effects and adverse reactions associated with corticosteroids and local anesthetics routinely used for joint injections.
- Demonstrate the proper techniques for performing shoulder, elbow, trigger finger, hip, knee, and ankle injections.
- Explain the correct method for achieving digital blocks.

## Contact Hours for This Session

AANP CE	3 hr
AANP Pharm	1 hr
OK BON	3.6 hr

# Pre-Conference Workshop: Pros, Perils, and Pearls of owning an NP Practice

*Wednesday - 8:30 am - 11:30 am*

## About the Speaker

Antonia opened the first independent NP office in the state of Oklahoma in 2002. Through the years I have worked with insurance companies to recognize NP for reimbursement. Family HealthCare has remained in front of the curve on the implementation of EMR, meaningful use as well as constant overview of third party reimbursement. Family HealthCare has expanded to 4 locations within central Oklahoma. Numerous students have completed clinical requirements through the work at Family HealthCare. Antonia was recognized at AANP in 2006 as a state recipient of the Excellence Award. She has served on the board of and is a founding member of Oklahoma Sleep Institute Clinics which have now expanded to 5 locations. She is a member of the Oklahoma Health Care Authority Medical Advisory Committee.

## Program objectives

- History and Future of IP
- Goal setting skills
- Identify Team approach
- Financial planning
- Identify the multiple Payor Mix and reimbursement
- Proper coding
- Identify Patient populations
- Working outside the box
- Success and failures from the experts



**Toni Pratt-Reid**  
APRN-CNP

## Contact Hours for This Session

AANP CE	3 hr
AANP Pharm	0 hr
OK BON	3.6 hr

# Lyme Disease in Oklahoma

*Wednesday - 1:30 pm - 2:30 pm*

## About the Speaker

Tricia Butner has been practicing as a Family Nurse Practitioner in Oklahoma for 33 years. She received her NP Degree from Vanderbilt University in 1981, and her DNP degree from Texas Christian University, graduating Magna cum Laude from both. She received the Outstanding Academic Achievement Award and the Outstanding Graduate Research Presentation for her doctoral work on Vitamin D.

Tricia is a charter member of AONP, and has served as President, Administrative Advisor, and in every office except one. In 1993, she was the AONP Legislative Representative at the State Capitol, and played a critical role in prescriptive authority legislation for APN's in Oklahoma. She was the first Chairman of the Formulary Advisory Council to the State Board of Nursing and served on the first Advanced Practice Advisory Council. Tricia was presented the Award for Leadership in Prescriptive Authority in 1996, and was the Oklahoma NP of the Year in 1998. She was also selected for the Oklahoma NP Advocate of the Year Award from AANP this year.

## Program objectives

- Identify the factors involved in the under-diagnosis of Lyme disease in Oklahoma.
- Explain why Lyme disease is called “the Great Imitator” and name 5 co-infections.
- Identify the myriad of symptoms often associated with Lyme disease.
- Describe the best diagnostic tests available to aide in the diagnosis of Lyme disease and co-infections, and why the ELISA test is unreliable.
- Describe antibiotic treatment regimens and length of treatment for Acute and Chronic Lyme disease, and co-infections.



**Tricia Butner**  
DNP, APRN-CNP

## Contact Hours for This Session

AANP CE	1 hr
AANP Pharm	0.8 hr
OK BON	1.2 hr

# Chest Pain Assessment

Wednesday - 3:00 pm - 4:00 pm

## About the Speaker

Bill Holland, APRN-CNP is currently employed by Prague Community Hospital in the Emergency Department and Family Medicine Clinic. In August of this year, Mr. Holland accepted the Chief Executive Officer position at Prague. Bill also continues to serve in an advisory and consulting role for INTEGRIS Heart Hospital in Oklahoma City, Oklahoma. From May 2009 through July 2013, he was the Chest Pain Center Manager and was responsible for their regional STEMI program. Mr. Holland works closely with both regional hospitals and pre-hospital ground and air medical services to improve emergency cardiac care processes and outcomes. Mr. Holland's career spans over 36 years starting his EMT program while completing his senior year in high school and Paramedic degree before the age of 20. He later completed his BSN at the University of Oklahoma and continued his passion for critical care and EMS. Mr. Holland started the first hospital based EMS helicopter program, Flight for Life in Lubbock, Texas in 1986. This flight program was highly progressive and pioneered emergency cardiac care throughout West Texas and Eastern New Mexico by providing thrombolytic kits to regional hospitals with rapid transport to the PCI centers. Two years later, Mr. Holland started an independent air medical program serving the entire region know as Aero Care based in Lubbock, Texas providing ground, fixed wing, and helicopter critical care transport.

## Program objectives

- Discuss chest pain signs and symptoms, ischemic versus non-ischemic.
- Identify time saving measures to meet reperfusion goals for ST Segment Elevated Myocardial infarction patients.
- Discuss role of the 12 lead EKG devices used by first responders.
- Analyze pharmacotherapeutic interventions for STEMI and acute chest pain patients.



**Bill Holland**  
APRN-CNP

## Contact Hours for This Session

AANP CE	1 hr
AANP Pharm	0.25 hr
OK BON	1.2 hr

# Update in Cardiology

Wednesday - 4:00 pm - 5:00 pm

## About the Speaker

Dr. Bargas is a cardiac electrophysiologist who is board certified in cardiovascular disease and internal medicine, and has completed fellowships in cardiology and cardiac electrophysiology. Cardiac electrophysiologists are cardiologists who specialize in the diagnosis and treatment of abnormal heart rhythms. Treating abnormal heart rhythms can include mapping the heart's electrical system, conducting catheter ablation procedures, and/or implanting and managing pacemakers, defibrillators and resynchronization devices.

Although Dr. Bargas is a highly specialized cardiologist, her roots are as an osteopath. Therefore, she prides herself on a multi-disciplinary approach to patient care rather than focusing on single disease processes.

## Program objectives

- Be reminded of the burden of cardiovascular disease in our society.
- Understand the basic pharmacologic and non- pharmacologic CV prevention strategies.
- Understand the basic differences in efficacy/risks of the NOAC and VKA.
- Know that beta blockers and ACE Inhibitors should be prescribed to your heart failure patients.
- Understand the role of ICD implant in patients with compromised LVEF.



**Royce Bargas**  
DO

## Contact Hours for This Session

AANP CE	1 hr
AANP Pharm	0.5 hr
OK BON	1.2 hr

# An Integrative Approach to Insomnia

*Thursday - 8:15 am - 9:15 am*

## About the Speaker

Audra Fox received her undergraduate degree in K-12 Physical Education with her teaching certification from Oral Roberts University in Tulsa, OK. While teaching, she became a certified Naturopathic Doctor and started her own business, Fox Natural Health. She quickly realized the need to understand allopathic medicine so she could manage her clients more accurately.

Dr. Fox graduated from the American University of the Caribbean in 2006 as a MD. She completed her residency training at the University of Oklahoma Family Medicine Program where she remained as a faculty member after graduation until 2013. Dr. Fox completed an Integrative Medicine Fellowship through the University of Arizona in 2011. Currently, she has a primary care practice at Key Health Institute in Edmond.



**Audra Fox**  
MD

## Program objectives

- Discuss insomnia and traditional treatments.
- Define CAM and commonly misunderstood terms.
- Briefly discuss the five domains as defined by the NIH.
- Use the 5 domains to discuss CAM therapies for insomnia.

## Contact Hours for This Session

AANP CE	1 hr
AANP Pharm	0.45 hr
OK BON	1.2 hr

# Narcolepsy - Journey from Provider to Parent

Thursday - 9:30 am - 10:30 am

## About the Speaker

Patti Wheaton began her nursing career as an LPN in 1984. She received her BSN from OU 4 yrs later and was one of the first LPNs to challenge the junior year of that curriculum successfully. She received her Women's healthcare nurse practitioner certification through University of Texas Women's Healthcare NP program in 1991, her MSN as a Clinical Nurse Specialist in Advanced Maternity Nursing from OU in 2002 and her FNP from George Washington University in 2005. Patti has worked in various health departments, indigent care clinics and private practice and went on to open her own practice in 2003. She received the OSU School of Business Riata Center for Entrepreneurship Distinguished Woman Entrepreneur of the Year Small Business award in 2012 and the AANP State Award for Excellence in 2013. Patti is the current Tulsa area rep for AONP. In her spare time, Patti enjoys their hobby farm, thrift stores, crafts and singing with her husband.



**Patti Wheaton**  
APRN-CNP

## Program objectives

- Define narcolepsy with and without cataplexy.
- Discuss incidence of and current theories of etiology for narcolepsy with and without cataplexy.
- Discuss current pharmacologic and nonpharmacologic treatments for narcolepsy with and without cataplexy.
- Discuss diagnostic criteria and testing for narcolepsy with and without cataplexy.
- Obtain insights into the change of perspective from provider to parent of person with narcolepsy.

## Contact Hours for This Session

AANP CE	1 hr
AANP Pharm	0.5 hr
OK BON	1.2 hr

# Metabolic Syndrome

*Thursday - 10:30 am - 11:30 am*

## About the Speaker

Ms. Mary Steward is currently an Assistant Professor of Medicine at the OU College of Medicine in Tulsa. Mary graduated from OU with a Masters of Public Health in 1986 and from the Family Nurse Practitioner track in 2005. Mary has been a certified diabetic educator since 1986. Besides teaching, Mary's practice as a FNP focuses primarily on chronic disease care, such as diabetes, hypertension, lipids, and obesity.

## Program objectives

- Identify three key diagnostic components of the metabolic syndrome.
- Discuss initiation of two lifestyle and two pharmacologic options to treat insulin resistance
- Describe use of a shared decision making tool for treatment decisions in prescribing statins and aspirin for cardiovascular risk reduction.



**Mary Steward**  
APRN-CNP

## Contact Hours for This Session

AANP CE	1 hr
AANP Pharm	0.85 hr
OK BON	1.2 hr

# Eye Trauma and Ophthalmologic Emergencies

*Thursday - 12:30 pm - 1:30 pm*

## About the Speaker

Dr. Russell D. Crain has been practicing ophthalmology for 28 years. He graduated from the University of Oklahoma College of Medicine in 1982 and did his Ophthalmology Residency at the Dean McGee Eye Institute. Dr. Crain has been board certified by the American Board of Ophthalmology since 1987. Dr. Crain currently does surgeries at Deaconess Hospital and Foundation Surgery Center in Oklahoma City. His practice is located in Northwest Oklahoma City.

## Program objectives

- Identify important components of a subjective history following eye trauma.
- Identify important assessment components of basic eye examinations.
- Discuss management of select eye injuries including chemical burns, hyphema, blow-out fractures, corneal abrasions, red eye, cellulitis, retinal artery occlusion, and temporal arteritis.
- Discuss evaluation and follow-up of patients with eye trauma.
- Discuss case study involving eye trauma.



**Russell Crain**  
MD

## Contact Hours for This Session

AANP CE	1 hr
AANP Pharm	0.5 hr
OK BON	1.2 hr

# Obesity - Causes, Interventions, and Actions

*Thursday - 1:30 pm - 2:30 pm*

## About the Speaker

Dr. Goolsby is the owner and principal of the Institute for Nurse Practitioner Excellence, LLC (INPE), founded in 2014 to promote excellence in NP practice and outcomes through the provision of evidence-based education, research, and resources. She is a frequent speaker on the NP workforce and practice. Prior to creation of INPE, Dr. Goolsby served as the vice president of research, education, and professional practice for the American Academy of Nurse Practitioners (AANP). Dr. Goolsby has served on a number of national panels convened by AHRQ, NIH, IOM, NQF, and others. She has been an adult NP for over 32 years and her clinical practice history has included primary care, pulmonology, and endocrinology. Goolsby was inducted as a Fellow of the American Academy of Nurse Practitioners in 2002. In 2013, she received the Loretta C. Ford Award for Advancement of the Nurse Practitioner Role in Health Care for her contributions to clarifying the role of NPs and creative actions to advanced practice and improved patient outcomes. She will be inducted as a Fellow of the American Academy of Nursing in October 2014.



**Mary Jo Goolsby**  
EdD, MSN, NP-C, FAANP

## Program objectives

- Describe physiological, neurobiological, and environmental factors that influence weight control.
- Assess patients' obesity status and risk stratification using available tools, such as history, registries, chart reviews, electronic health records, and evidence-based guidelines.
- Identify practical tools to support obesity management efforts within the practice and community settings.
- Individualize pharmacologic and nonpharmacologic treatment of obesity by implementing NHLBI, AACE, and other available evidence-based guidelines and emerging therapeutic options for obesity management

## Contact Hours for This Session

AANP CE	1 hr
AANP Pharm	0.5 hr
OK BON	1.2 hr

# GERD Update

*Thursday - 4:30 pm - 5:30 pm*

## About the Speaker

Dr. Vega was born and raised in The Bronx, NY. He graduated from Cornell University Medical College in 1988, completed internship/residency in Internal Medicine at the Boston City Hospital in 1991 and fellowship training in Gastroenterology at Temple University in 1995. After completion of fellowship, Dr. Vega has been on the Gastroenterology faculty at the University of Medicine and Dentistry of New Jersey-New Jersey Medical School, University of New Mexico and the University of Florida/Jacksonville prior to his arrival at the University of Oklahoma Health Sciences Center in 2009. Presently, he is Professor of Medicine and Director of Research in the Division of Digestive Diseases and Nutrition, OUHSC. He is the author of more than 50 original articles, reviews and book chapters as well as presented original research at local, regional, national and international scientific meetings. Dr. Vega's research focuses on gastrointestinal reflux disease, Barrett's esophagus, esophageal stem cells, esophageal motility, epidemiology of gastrointestinal cancers along with ethnic/gender disparities in gastrointestinal diseases, treatment and outcome.

## Program objectives

- Identify patients with difficult GERD presentations
- Organize a rational management plan for GERD symptoms
- Employ and become familiar with various treatment modalities for GERD



**Kenneth Vega**  
MD

## Contact Hours for This Session

AANP CE	1 hr
AANP Pharm	0.25 hr
OK BON	1.2 hr

# Update in the Management of Osteoporosis

*Friday - 7:00 am - 8:00 am*

## About the Speaker

Sherry believes in involving patients and their families in their plan of care, incorporating their beliefs and concerns at every stage, in order to successfully encourage and maintain a healthy lifestyle. She specializes in preventative medicine and the management of medically complex adults, to assist them in achieving optimal wellness. She manages and treats patients with cardiovascular disease, hypertension, thyroid disease, arthritis, hormone replacement therapy, and travel medicine.

## Program objectives

- Identify key pathophysiology and contributing factors to osteoporosis.
- Describe key assessment and diagnostic techniques for osteoporosis.
- Discuss non-pharmacologic risk reduction and treatment strategies for osteoporosis.
- Individualize pharmacotherapeutic management of osteoporosis to the patient's age, comorbidities, and needs.
- Identify components of evaluation and monitoring of osteoporosis.
- Analyze case studies.



**Sherry Roles**  
DO

Contact Hours for This Session	
AANP CE	1 hr
AANP Pharm	0.75 hr
OK BON	1.2 hr

# Management of Adult and Pediatric Headaches in Primary Care

*Friday - 8:00 am - 9:30 am*

## About the Speaker

Wendy is a 1992 graduate of the Adult Primary Care Nurse Practitioner program at Simmons College in Boston, Massachusetts and completed a family nurse practitioner post-master's program in 1995. She is an adult and family nurse practitioner and the owner of two NP owned and operated clinics names Wright & Associates Family Healthcare @ Amherst and @ Concord. In addition, she is a Partner with Partners in Healthcare Education, a medical education company. She is the Past President of NPACE and the Senior lecturer for Fitzgerald Health Education Associates. She served at the co-chair of the 2013 AANP National Clinical Conference and is the Chair of the 2014 AANP Clinical Conference in Nashville, TN. Wendy is also an Adjunct faculty member at the University of Wyoming - Graduate Nursing Program and in the Simmons College DNP program in Boston. She is the nurse practitioner representative to the State of NH Immunization Advisory Board. She has been a medical media spokesperson for a number of companies and has appeared on radio, television, and in print magazines. As a family nurse practitioner, she has also served as an expert witness in medical malpractice cases and is frequently consulted by malpractice attorneys around the area of clinical practice.



**Wendy Wright**  
MSN, APRN, FNP, FAANP

## Program objectives

- Discuss current research regarding the etiology of primary headaches.
- Identify the signs and symptoms of migraines, tension, and cluster headaches.
- Discuss the various pharmacologic and non-pharmacologic treatments available for individuals with migraines, tension and cluster headaches.

## Contact Hours for This Session

AANP CE	1.5 hr
AANP Pharm	0.75 hr
OK BON	1.8 hr

# Anemia Across the Lifespan: Algorithmic Approach to Diagnosis and Treatments

*Friday - 9:45 am - 11:15 am*

## About the Speaker

Wendy is a 1992 graduate of the Adult Primary Care Nurse Practitioner program at Simmons College in Boston, Massachusetts and completed a family nurse practitioner post-master's program in 1995. She is an adult and family nurse practitioner and the owner of two NP owned and operated clinics names Wright & Associates Family Healthcare @ Amherst and @ Concord. In addition, she is a Partner with Partners in Healthcare Education, a medical education company. She is the Past President of NPACE and the Senior lecturer for Fitzgerald Health Education Associates. She served at the co-chair of the 2013 AANP National Clinical Conference and is the Chair of the 2014 AANP Clinical Conference in Nashville, TN. Wendy is also an Adjunct faculty member at the University of Wyoming - Graduate Nursing Program and in the Simmons College DNP program in Boston. She is the nurse practitioner representative to the State of NH Immunization Advisory Board. She has been a medical media spokesperson for a number of companies and has appeared on radio, television, and in print magazines. As a family nurse practitioner, she has also served as an expert witness in medical malpractice cases and is frequently consulted by malpractice attorneys around the area of clinical practice.

## Program objectives

- Discuss the various causes of commonly encountered anemias across the lifespan.
- Identify the laboratory tests needed to identify the various types of anemias
- Review treatments for the various anemias.



**Wendy Wright**  
MSN, APRN, FNP, FAANP

## Contact Hours for This Session

AANP CE	1.5 hr
AANP Pharm	0.75 hr
OK BON	1.8 hr

# Diagnosis and Management of ADHD

*Friday - 11:15 am - 12:15 pm*

## About the Speaker

Carrie Geurts received her Bachelor's of Science in Nursing and Master's of Science from the University of Oklahoma Health Sciences Center College of Nursing. She is a Family Nurse Practitioner at the University of Oklahoma Child Study Center in Developmental Behavioral Pediatrics. She specializes in the diagnosis and management of children with various developmental delays and behavioral issues. She is involved in various clinics including ADHD Clinic, "Jumpstart Clinic" for children with suspected autism or global developmental delays, and "A Better Chance Clinic" for children with prenatal exposure to drugs and alcohol. She also provides free developmental behavioral pediatric consultations for SoonerCare providers across the state. She volunteers as the Medical Advisor for Make Promises Happen, a program of Central Christian Camp, which is a recreational camping and outdoor adventure program for individuals with special needs.

## Program objectives

- Overview the epidemiology and etiology of ADHD
- Identify appropriate differential diagnoses to consider
- Review significant history, signs, symptoms, and diagnostic criteria according to DSM-V.
- Discuss therapeutic treatment options including pharmacologic, environmental modifications, and behavioral therapy.



**Carrie Geurts**

APRN-CNP

## Contact Hours for This Session

AANP CE	1 hr
AANP Pharm	0.85 hr
OK BON	1.2 hr

## **PURPOSE**

The AONP Conference will provide a variety of educational topics to develop the maximal effectiveness of APRNs in their roles as healthcare providers in diverse settings across Oklahoma.

## **GOALS**

1. Provide an organized learning experience that augments the knowledge and skills of the APRN in various settings.
2. Serve as a forum where research pertinent to the specialty of nurse practitioners can be presented.
3. Familiarize the nurse practitioner with the latest medical equipment, technology, and pharmacological products.
4. Provide AONP members with an opportunity to participate in the business of the AONP.
5. Facilitate interaction and networking between participants on a professional and social level.

## **NEEDS ASSESSMENT AND TARGET AUDIENCE**

The AONP Conference Committee has reviewed program evaluations and other feedback from the AONP members to identify the issues that affect nurse practitioner practice. The topics are determined based on overall member surveys, national trends and issues, and gaps in knowledge to further develop the professional practice of APRNs. The education activities were developed to meet the needs of APRNs, nurse practitioner students, and other healthcare providers with an interest in the topics.

## **ACCREDITATION STATEMENTS**

The 20th Annual AONP Conference has been approved for \*24.3 contact hours of continuing education, which includes 9.2 hours of pharmacology, by the American Association of Nurse Practitioners (AANP). Program ID 1409390. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards. Additionally, the AONP Conference has been approved for 28.8 Category B continuing education pharmacology hours by the Oklahoma Board of Nursing (BON).

## **REQUIREMENT FOR EARNING CONTINUING EDUCATION**

CE credit will be given only for those lectures and educational activities that participants attend in their entirety. Please make sure your name badge is scanned at the start of each session to record your attendance. This record will be used to create your CE Certificate. Your CE Certificate will be emailed to you after the conference and after the online conference evaluation form has been completed. Please note evaluation forms must be completed to receive your CE Certificate.

## **LESS WASTE**

In consideration of the environment, AONP continues our efforts to reduce paper waste. Attendee name badges contain radio frequency (RF) tags which are scanned to record attendance. This creates a digital record of your attendance and allows us to eliminate paper attendance sheets and paper CE Certificates. Overall conference and individual session evaluations are also paperless and can be filled out using our quick and easy online forms.

## **ONLINE SESSION AND CONFERENCE EVALUATIONS**

The conference evaluation and educational session evaluations are important feedback for the AONP Program Committee and the presenters. This information is helpful in developing future programs. All participants must complete evaluations for each session they attend.

All online evaluations will be emailed to conference attendees at the end of each day, but can also be found at <http://www.npofoklahoma.com/activities>. Please evaluate each speaker and session carefully and completely for each session you attended. All evaluations are anonymous.

## **CE RECORD**

AONP continues to evolve our continuing education sessions into more environmentally friendly and streamlined conferences. Attendees no longer fill out paper CE records or session evaluations; the process will be entirely electronic.

Your badge is equipped with an individualized RF tags the record your name and license number. You must have your badge scanned before entering each lecture to record your attendance. We will create CE Certificates based on your RF scans and email them to you at the end of the conference.

It is imperative therefore that all attendees wear and scan their badges for the duration of the meeting. There will be a \$10 charge for replacement badges. Please talk to Benny Vanatta, AONP Executive Director, or Cathey Jo Warner, at the conference help desk, if you have any questions or encounter any difficulties with the CE procedures. We want to ensure you have a positive and rewarding meeting experience as we utilize the latest technologies to better serve you.