What is a WHNP?

The Women's Health Nurse Practitioner (WHNP) is an Advanced Practice Registered Nurse, prepared at the master's or doctoral level to provide holistic, client-centered primary and complex care for women, from puberty through the adult lifespan.

Their education and certification includes:

- **Common and complex** gynecologic, sexual, reproductive, menopause transition, and post-menopause healthcare
- **Uncomplicated and high-risk** pregnancy, antepartum, and postpartum care
- Sexual and reproductive **healthcare for men**
- Care for uncomplicated non-gynecologic health problems
- Care that is **inclusive of all gender identities** and respectful and responsive to each client's values, needs, and preferences

Where & How do WHNPs Provide Care with Maternal-Fetal Medicine Specialists?

**WHNs work with MFM to provide care for high-risk patients in:**

**Outpatient setting, clinics, offices:**
- Follow-up care
- Comprehensive gynecologic care and prenatal care
- Management of high-risk conditions, such as diabetes and hypertension, new consults for routine or self-limiting conditions
- Postpartum visits for management and surveillance of at-risk conditions, such as hypertension
- Transitions of care to primary care, OB/GYNs, sub-specialists, remote locations via telehealth, and other sites where MFM practice.

**Inpatient settings, Hospitals, and Academic Medical Centers**
- Antepartum and postpartum units
- Perinatal centers, fetal assessment, care coordination & discharge planning

**WHNs provide care both independently and collaboratively as members of the healthcare team:**
- They collaborate with specialists and sub-specialists involved in providing high risk pre-pregnancy, prenatal and postpartum care
- WHNs provide leadership to improve women's healthcare and health outcomes in outpatient settings, healthcare systems, and communities.

**Comprehensive Women's Health:**

**Pre-pregnancy**
- Immunizations, STI risk reduction and treatment, Substance use disorder - MAT waiver eligible, Mental health, sexual and reproductive health, cardiovascular health, chronic disease, preventive health care, and other issues impacting birthing people during the prepregnancy, prenatal and postpartum continuum.