Clinical Topics Info

Jaclyn Piasta Exploring Sex Hormones Beyond Reproduction

This presentation delves into the expansive influence of female reproductive hormones beyond their roles in reproduction. It examines their impact on various aspects and systems within the body, including cardiovascular health, bone metabolism, mood regulation, and cognitive function. Understanding these multifaceted functions is crucial for providing comprehensive healthcare to women across the lifespan.

Learning Outcomes/Objectives:

1. Recognize the diverse functions of female reproductive hormones outside of reproduction. 2. Understand the impact of reproductive hormones on various physiological systems, including cardiovascular, skeletal, neurological, and psychological health. 3. Apply those roles to specific women's health conditions and concerns across the lifespan.

Jamille Nagtalon-Ramos Exploring the Evolution of the PP Hospitalist Role

The postpartum period represents a critical phase in a woman's healthcare journey, yet it often receives inadequate attention in clinical practice. The United States has the highest rate of maternal death compared to other industrialized nations. It is the only developed country with a consistently rising maternal mortality rate (23.8 deaths per 100,000 live births in 2020 compared to 17.4 in 2018 and 20.1 in 2019). Alarmingly, more than half of these maternal deaths happen not during pregnancy or birth but during the postpartum period. This presentation aims to shed light on the evolving role of Women's Health Nurse Practitioners (WHNPs) as hospitalists in improving postpartum maternal health outcomes. By exploring historical context and contemporary healthcare demands, attendees will gain insight into the necessity for inpatient WHNPs and the development of the postpartum hospitalist role. The presentation will provide a comprehensive overview of the scope of practice associated with postpartum hospitalists, emphasizing the unique skills and expertise WHNPs bring to the table. Real-world case studies will be examined to illustrate WHNP hospitalists' vital role in optimizing postpartum care and addressing the diverse needs of women during this critical period. Attendees will come away with a deeper understanding of the specialized role of postpartum WHNP hospitalists and their significant impact on promoting postpartum maternal health. By recognizing the importance of WHNPs in this context, healthcare providers can strive towards more comprehensive and patient-centered approaches to postpartum care.

Learning Outcomes/Objectives:

1.Discuss the vital role of WHNPs in the hospital setting and their contribution to enhancing women's health outcomes. 2.Identify the care provided by WHNPs tailored to the unique healthcare needs of postpartum patients. 3.Distinguish the WHNP hospitalist’s role in promoting preventive measures, early detection of health issues, and the management of chronic conditions in postpartum patients.

Rebecaa Smith Art and Science of Insulin in Gestational Diabetes

This session will help clinicians feel more confident initiating and managing insulin for patients with gestational diabetes. Attendees will learn common fears and misconceptions around starting insulin, how to calculate an initial dose, and how to adjust insulin doses throughout pregnancy.

Learning Outcomes/Objectives:

By the conclusion of the presentation, attendees will: • Gain knowledge about how to address common patient concerns when starting insulin in pregnancy •Obtain tools to use to calculate a starting dose of insulin •Gain knowledge about how to adjust insulin based on blood glucose levels and advancing gestational age

Jean Marino

Register for our session on launching a successful menopause support group and business. Learn key strategies for building a vibrant community, engaging your audience, and monetizing expertise in menopause, sexual health, and urology. Explore critical areas including legal considerations, advertising, and financing, and gain actionable insights to navigate these challenges effectively. Join us as we delve into the intersection of entrepreneurship, healthcare, and advocacy, embarking on a journey towards empowerment and positive change in the menopause community.

Learning Outcomes/Objectives:

1. Understand essential strategies for launching and managing a successful menopause support group and business, including cultivating a thriving community and engaging diverse audiences interested in menopause, sexual health, and urology. 2. Explore key considerations such as legal aspects, advertising techniques, and financing options relevant to establishing and sustaining a menopause-focused venture, and gain actionable insights to navigate challenges commonly encountered in the development and growth of such initiatives.