NPWH Recognizes Excellence in Women’s Health & Advanced Practice Nursing

Washington, DC – Nov 16, 2023 — Last month, the National Association of Nurse Practitioners in Women’s Health (NPWH) honored three Women’s Health Nurse Practitioners (WHNPs) for their leadership and demonstrated excellence in women’s and gender-related healthcare. This year’s awardees were recognized for their powerful contributions to the education of future clinicians, research of complex issues that harm marginalized communities, and patient visit procedures that set a new standard of patient compliance and care.

This year's recipients are: Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC, FAANP; Tamara Maus, MSN, WHNP-BC; and Kelley Borella, DNP, WHNP-BC

Inspiration in Education: Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC, FAANP

Dr. Jamille Nagtalon-Ramos is an internationally recognized women's health nurse practitioner, educator, researcher, and author. She was instrumental in the development of the WHNP hospitalist role at Penn Medicine more than two decades ago and has played a pivotal role in shaping the next generation of healthcare leaders. Dr. Nagtalon-Ramos's expertise as a women's health nurse practitioner and her dedication to education is evident in the numerous scholarly publications she has authored, including co-authoring and co-editing with me the 3rd, 4th, and 5th editions of the Midwifery and Women’s Health Nurse Practitioner Review Guide. These editions have sold over 13,000 copies worldwide and have been endorsed by NPWH and the American College of Nurse-Midwives. Her research, publications, and presentations have not only advanced the knowledge base in women's health but have also influenced clinical practice and policy development. As a sought-after speaker at national and international conferences, she has shared her expertise and insights, inspiring countless healthcare professionals to strive for excellence in their own practice and education. She was integral in the development of the Student Leadership Program when she was on the Board of NPWH and is known for her unwavering commitment to mentorship and her passion for educating and nurturing the next generation of healthcare leaders.

Inspiration in Research and Quality Improvement: Tamara Maus, MSN, WHNP-BC

Professor Maus is an Assistant Professor of Clinical Nursing and the Coordinator of the Women’s Health Nurse Practitioner Program at the University of Cincinnati, College of Nursing. She has maintained board certification as a Women’s Health Nurse Practitioner (WHNP) for 25 years. Professor Maus practiced extensively throughout the United States providing evidence-based care to medically underserved women, including central California and the United States/Mexico.
border. With her current focus on education, she directs her energy toward technology in learning and teaching clinical skills through online and onsite simulation. Under her leadership, the WHNP Program has maintained a 95 – 100 % pass rate over the last six years on the WHNP certification exam. She and her team have received several grants and she has published several articles by invitation. In 2021, an article she was one of the authors on was awarded the 2021 Nursing in Women’s Health Excellence in Writing Award. Professor Maus has provided extensive service to the University of Cincinnati through committee work at the Department, College, and University levels. She is completing her Doctor of Nursing Practice at University of Alabama in Huntsville.

Inspiration in Practice Attendee: Kelley Borella, DNP, WHNP-BC

Dr. Borella has been a women's health nurse practitioner since 2006. Her practice has been centered around care for the underserved women in Birmingham and surrounding areas in Jefferson County in Alabama. This advanced practice position is challenging, rewarding, and affords her opportunities to develop plans of care and interventions that match healthcare needs to financial resources and psychosocial constraints. In January 2012, she joined the University of Alabama at Birmingham School of Nursing which provided her the opportunity to the two things she loves-educate future women's health nurse practitioners and continue her clinical practice. The combination of these two give Dr. Borella the ability to maintain and enhance her clinical expertise which will helps her both as an educator and in being recognized as an authority in women's healthcare.

The National Association of Nurse Practitioners in Women's Health is the nation's leading voice for courageous conversations about women's health. In our clinics and in our culture, women's health nurse practitioners champion state-of-the-science health care that holistically addresses the unique needs of women across their lifetimes. We elevate the health issues others overlook and compel attention on women's health from providers, policymakers, and researchers. Other advanced practice registered nurses rely on us for authoritative resources and education that improve women's health and wellness through evidence-based practice. NPWH pioneers policies to address gender disparities and forges strategic partnerships that advance health equity and holistic models of care. Mission: NPWH is the professional community for Women's Health Nurse Practitioners and other advanced practice registered nurses who provide women's and gender-related healthcare. We set a standard of excellence by generating, translating, and promoting the latest research and evidence-based clinical guidance, providing high quality continuing education, and advocating for patients, providers, and the WHNP profession. Our mission includes protecting and promoting a woman and all individuals' rights to make their own choices regarding their health and well-being within the context of their lived experience and their personal, religious, cultural, and family beliefs.

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