



29TH ANNUAL WOMEN'S HEALTHCARE CONFERENCE

Richmond, Virginia, September 23-25, 2026

VIRGINIA IS FOR W♥MEN'S HEALTH

TRANSFORMING WOMEN'S HEALTHCARE ACROSS THE LIFESPAN



PROGRAM GUIDE

Earn Up
to 39 CE
Credits!

*The Clinical CE Conference for WHNP-BCs, NPs, FNP-BCs, CNMs, and
all APRNs who provide Women's & Gender-Related Healthcare*

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This is the updated information as of June 9, 2026. For the most up-to-date information, please visit [the conference website](#).

All conference sessions will take place at the Greater Richmond Convention Center.

Welcome!

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Planning Committee

Kathy Trotter, DNP, CNM, FNP, FAANP, FAAN, Chair

Maiki Darnell, MSN, WHNP-BC, IBCLC

Erin Foust, MSN, WHNP-BC

Latia Hickerson, PhD, MPH, APRN, WHNP-BC

Renee Jones, DNP, RN, WHNP-BC, FAWHONN

Janet Wafer, MSN, WHNP-BC, FNP-BC

Lawren Mundy, PhD, MSN, APRN, WHNP-BC, NPWH Board of Directors Liaison

Donna Ruth, MSN, RN, NPWH Staff Liaison

Tammy Bennett, DNP, WHNP-BC, NPWH Staff Liaison

Debbie Mason, CFRE, APR, CPRC, Fellow PRSA, NPWH Interim Chief Executive Officer/Consultant

Sponsors

Title Sponsor



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CE Information

As of June 9, 2026, attendees may earn up to 15 continuing education contact hours through in-person conference attendance and up to 39 total contact hours through combined in-person and on-demand educational opportunities. These totals do not include additional contact hours that may be available through poster review activities.

Individuals who attend the conference in person will have access to all breakout session recordings until January 4, 2027. All evaluations must be completed and CE credit claimed by this date.

This activity has been evaluated and approved by the Continuing Education Approval Program of the National Association of Nurse Practitioners in Women's Health. The program has been issued NPWH Activity number **26-03**.

NPWH is approved by the California Board of Registered Nursing, CEP Number 13411.

NPWH is committed to ensuring that educational sessions are free from commercial bias and product promotion. Any commercial products, goods, or services displayed or discussed during this CE activity should not be interpreted to imply endorsement by NPWH.

Attendees can earn up to 15 continuing education contact hours in person, with additional CE available for poster review at the live conference. Attendees may continue to earn additional CE by participating in on-demand sessions until January 4, 2027, provided they attended the Conference in person. The total possible CE credits available live and on-demand is 39.0 hours.

Evaluations must be completed, and CE Credit claimed by **January 4, 2027**. On-demand recordings and CE must be viewed and claimed by **January 4, 2027**.

Information About Richmond

Things To Do

Whether you want to experience the outdoors, museums, historical sites, or family fun, Richmond has an option for you. Popular attractions include the Virginia Museum of Fine Arts, the James River, Maymont Park, and the Richmond Zoo (home to baby Poppy the Pygmy Hippo).

[Download a City Guide](#) or [click here](#) to learn more about things to do.

Richmond Food Scene

According to Forbes, Richmond is "elevating the local dining scene to buzzy new heights." [Click here](#) to learn more about the local dining scene, including James Beard award-nominated Mama J's, conveniently located next door to the Convention Center. For more options near the Convention Center, [click here](#).

Getting Here

Air

The Richmond airport (RIC) offers 150+ flights per day, with 50+ nonstop destinations. The airport is approximately 10-15 minutes from the Convention Center. [Learn more](#) about flight options to Richmond.

Train

Richmond is easily accessible by Amtrak, particularly for those coming from the Northeast Corridor. Amtrak services two Richmond stations, Richmond Staples Mill (approximately 15 minutes from the Convention Center) and Richmond Main Street (5 minutes from the Convention Center).

Car

Did you know Richmond is within a day's drive of half the country's population? The Convention Center is directly off Interstates 95 and 64.

[Click here to learn more about transportation options.](#)

Hotel Information

NPWH has secured discounted rates at three area hotels. Hotel booking will open along with conference registration in May 2026, and the link to book will be in your conference registration email. **Conference registration is required to book in the NPWH room block.** Hotel addresses and rates for the NPWH room block are available below.

Richmond Marriott

500 E. Broad Street

Rate: \$205/night

Hilton Richmond Downtown

501 E. Broad Street

Rate: \$199/night

Omni Richmond*

100 South 12th Street

Rate: \$219/night

**Complimentary shuttles will be available from the Omni.*

Conference Schedule Highlights

The 29th Annual NPWH Women's Healthcare Conference in Richmond, Virginia, will take place from Wednesday, September 23, 2026, to Friday, September 25, 2026.

To view the full agenda, [click here!](#)

Tuesday, September 22

Conference registration officially opens at 4 PM!

Later in the evening, at 6 PM, sit down with colleagues and enjoy a screening of *The Pink Pill: Sex, Drugs, and Who Has Control*. This film explores healthcare equality, focusing on bodily autonomy in relation to reproductive healthcare.

Wednesday, September 23

Participate in a full day of engaging plenary sessions! The conference will open with a keynote from the Dean of Virginia Commonwealth University (VCU), Dr. Patricia Kinser, titled "Nurse Practitioners as System Leaders and Change Makers in Women's Health."

Wednesday plenary session topics include:

- Review of the updated ASCCP guidelines
- Global partnerships to improve women's healthcare
- Responding to patients identified as human trafficking victims
- Lifelong impacts of high-risk pregnancies

Other highlights on Wednesday include:

- An opening reception in the Exhibit Hall
- Five non-CE product theaters
- Student Meet & Greet

Conference Schedule Highlights

Thursday, September 24

Put on your White Coats for White Coat Day and enjoy a lineup of morning plenary sessions followed by a series of afternoon breakout sessions!

Morning plenary session topics include:

- Sexual desire concerns in reproductive healthcare
- The growing role of artificial intelligence (AI) in clinical practice
- Approaches to identifying anxiety disorders and supporting clinical decision-making

Afternoon breakout sessions allow attendees to tailor their educational experience, with sessions covering a wide range of topics, including:

- Weight management and GLP-1 therapy
- Breast cancer risk assessment
- The state of STIs in the United States
- Cardiomyopathy in pregnancy
- Addressing misinformation in clinical care
- And more!

The day will conclude with the Closing Expo Reception and an offsite social event, the Women's Health After Party.

Friday, September 25

Wrap up your time at NPWH's Conference with an inspiring closing keynote and a final series of educational breakout sessions.

The morning will begin with the closing keynote, *Unseen Joy: Finding Happiness Despite Circumstances*, followed by sessions focused on advancing clinical knowledge, leadership, and advocacy in women's and gender-related healthcare.

Breakout sessions throughout the day will explore a variety of topics, including:

- Chronic pelvic pain management
- Migraine headaches in perimenopause
- Osteoporosis prevention
- Bioidentical hormone therapy
- PMOS as a systems disorder
- And more!

Fees

Early Bird Deadline: August 3, 2026

Price adjustments will not be made for non-members who later join NPWH.

**Students must be student members of NPWH to receive student pricing.*

***Non-member registration includes 1 year of Individual membership.*

Registration Type	Early Bird Pricing	Regular Registration Pricing
NPWH Member	\$750 <i>Members save \$300!</i>	\$850 <i>Members save \$300!</i>
Student Member*	\$325	\$425
Non-Member**	\$1,050	\$1,150

Refund Policy

Cancellations received by August 9, 2026, will receive a full refund, minus a \$75 processing fee. Cancellations received between August 9, 2026, and August 23, 2026, will receive a 50% refund. No refunds will be issued after August 23, 2026.

To cancel your conference registration, you must do so online through the link in your confirmation email, or via written email to info@npwh.org.

FAQs

The frequently asked questions (FAQs) will be regularly updated on the Conference website.

[Click here!](#)

Do NPWH Members save on registration fees?

Yes, NPWH members can save up to \$300 on registration fees. Join NPWH today to get the most discounted registration rates.

What is the conference schedule?

Please visit the [agenda page](#).

Please note there is **no** pre-conference this year. Plenary sessions for the conference will begin for all attendees on Wednesday morning. The conference will end at 1:30 pm on Friday.

What meals are included?

Breakfast and lunch will be served **at industry symposiums** on Wednesday, Thursday, and Friday. We encourage you to register for these symposiums in advance to reserve your seat. Full breakfast and lunch will not be served outside of these symposiums; however, there are numerous dining options in the Convention Center and nearby.

New this year: there will be two evening receptions in the Exhibit Hall, one Wednesday evening and one Thursday evening. Both will feature drinks and appetizers.

How many CE credits will I earn?

Participants can earn up to 39 CE credits (live and on-demand).

Are any on-demand recordings included with registration?

Breakout sessions will be available on-demand for **conference participants** approximately 1 week after the conference and will be available through January 4, 2027. After January 4, conference recordings may be purchased on our LMS.

Do you have a virtual attendance option?

No. For those not attending the live conference, recordings will be available to purchase in January 2027.

What are your hotel options?

For more information on hotels and Richmond as a conference destination, please visit [the Location page on the Conference website](#) or [page 6 of this program guide](#).

Hotel reservation links will be included in your registration confirmation.