FOR IMMEDIATE RELEASE

New Bone Health Tool Available for Nurse Practitioners

The National Association of Nurse Practitioners in Women’s Health (NPWH) and Bone Health & Osteoporosis Foundation create new Bone Health module in NPWH Well-Woman Visit App

(OCTOBER 17, 2022, ARLINGTON, VA) -- The Bone Health & Osteoporosis Foundation (BHOF) and National Association of Nurse Practitioners in Women’s Health (NPWH) are pleased to announce the launch of a new Bone Health module as part of the NPWH Well-Woman Visit App.

With more than 125,000 downloads, the Well Woman App is designed for healthcare providers as a helpful tool for the well-woman visit. With a focus on health screening, the app includes topics such as STD and cervical cancer screening, cardiovascular risk, assessment of IBS, menopause, fibroids, brain health, and vaginal health. Recognizing that half of all women over the age of 50 will break a bone due to osteoporosis in her lifetime, BHOF and NPWH experts worked together to create a specific section on bone health to be included in the Well Woman App. This new module includes information about bone health throughout the lifespan for women including: prevention, diagnosis, and osteoporosis treatment options.

“We’re grateful to partner with NPWH to provide this important resource for healthcare professionals that raises awareness about the importance of bone health and osteoporosis screening to improve women’s health,” said Claire Gill, CEO, BHOF.

“The Well Women App puts the resources busy providers need at their fingertips, and we’re so excited it now includes valuable knowledge and great resources from The Bone Health & Osteoporosis Foundation. These screenings are critical to keeping women healthy throughout their lifespan,” said Heather Maurer, CEO, NPWH.

“Each year in the U.S., osteoporosis sends more women over age 50 to the hospital than heart attacks, strokes and breast cancer combined. Yet too many postmenopausal women with osteoporosis go undiagnosed and untreated, putting them at potential risk for another life-changing fracture. Amgen is proud to support this program and the efforts of BHOF and NPWH to help curb this devastating statistic.” said Dr. Ponda Motsepe-Ditshego, Vice President, Global Medical Therapeutic Area Head, Inflammation, Bone and Nephrology, Neuroscience (IBN) at Amgen.

The Well-Woman Visit App incorporates clinical guidelines and recommendations, from multiple sources, into a single tool that is easy to navigate and during a patient’s visit. Information on downloading the free mobile app can be found here: https://npwh.org/page/mobile-app. Support for the updated bone module was provided by Amgen, Inc.

###
Media Contacts:
For BHOF, Carina May
cmay@bonehealthandosteoporosis.org
703-740-1764

For NPWH, Julia Knox
JKnox@NPWH.org
(202) 543-9693 ext. 85

About BHOF (formerly the NOF)
Established in 1984, the Bone Health and Osteoporosis Foundation (formerly the National Osteoporosis Foundation) is the nation’s leading health organization dedicated to promoting strong bones for life, preventing osteoporosis and broken bones, and reducing human suffering through programs of awareness, education, advocacy, and research. For more information on the Bone Health and Osteoporosis Foundation, visit http://www.bonehealthandosteoporosis.org.

About NPWH
NPWH is the professional community for Women’s Health Nurse Practitioners and other advanced practice registered nurses who provide women’s and gender-related healthcare. We set a standard of excellence by generating, translating, and promoting the latest research and evidence-based clinical guidance, providing high quality continuing education, and advocating for patients, providers, and the WHNP profession.

Our mission includes protecting and promoting a woman and all individuals’ rights to make their own choices regarding their health and well-being within the context of their lived experience and their personal, religious, cultural, and family beliefs. https://npwh.org/