



Let's talk about Periods and Bleeding.



1

Do you wear diaper-like underwear for heavy periods/bleeding?

2

How often do you need to change your pad or tampon? Do you experience bleedthroughs?



3

Are you passing blood clots during your period?

4

Do you experience bleeding between periods? Or extended periods, or bleeding during sex, bowel movements, and/or urination?

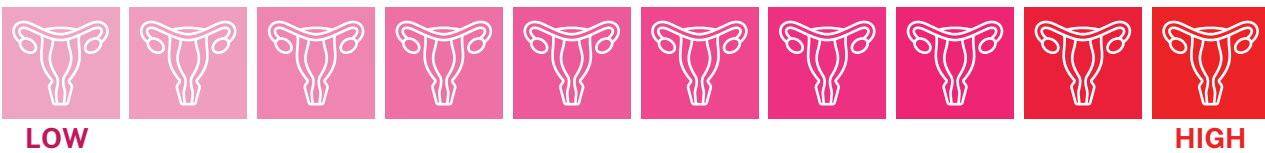


5

When you're bleeding heavily, what does that mean to you? Describe.

6

What is your level of pain during your period?



If your pain level is 5+, answered yes to any of these questions, or experience other heavy bleeding or painful periods please share with your healthcare practitioner during this visit.

