

? Why Hire a Board-Certified Women's Health Nurse Practitioner



Board-Certified Women's Health Nurse Practitioners (WHNP-BCs)

- ✔ Bring a specialized, patient-centered approach to healthcare that highly focuses on sex-specific and gender-related health needs.
- ✔ Are highly trained advanced practice registered nurses (APRNs) with graduate-level education and national certification.
- ✔ Are uniquely positioned to provide comprehensive, evidence-based care that addresses the full spectrum of primary and complex women's healthcare across the lifespan.
- ✔ Are leaders, educators, and advocates dedicated to improving the health and well-being of women and gender diverse individuals.

Key Reasons to Hire a WHNP-BC

1 Specialized Women's Health Expertise

WHNP-BCs specialize in women's health, addressing their unique needs.

- **Gynecologic and Pelvic Health:** Cancer screening, menstrual disorders, infections, urinary issues, pelvic pain, and other disorders, both common and complex.
- **Obstetric Care:** Comprehensive management of routine, high-risk, and complex care spanning from pre-pregnancy counseling to prenatal and postpartum care.
- **Sexual and Reproductive Health:** Contraception, STI management, complex family planning care, infertility management, and sexual dysfunction.
- **Breast Health:** Screening, expert assessment, and long-term care for breast conditions, including cancer.
- **Menopause Health:** Anticipatory guidance, health screenings, and management of a patient's vasomotor symptoms, genitourinary syndrome of menopause, and holistic care of the midlife woman.



2 Sex-Specific, Inclusive, and Holistic Care

WHNP-BCs consider the biological and hormonal factors that impact a patient's health, whether it is gynecologic, obstetric, sexual, reproductive, or perimenopause health.

- **Life-Stage Transitions:** Caring for patients ranging from puberty through menopause and aging.
- **Culturally Responsive, Trauma-Informed Care:** Providing respectful, inclusive, and individualized care.
- **Addressing Social Determinants of Health:** Recognizing how resources, education, and access to care affect health outcomes.



3 Rigorous Education and Certification

WHNP-BCs meet nationally recognized, rigorous standards to practice.



- ➔ Graduate from accredited programs (i.e., ACEN, CCNE).
- ➔ Complete advanced courses in Health Assessment, Pathophysiology, and Pharmacology.
- ➔ Complete extensive didactic education and clinical hours in women's and gender-related healthcare.
- ➔ Receive national certification through the **National Certification Corporation (NCC)**.
- ➔ Maintain continuing competency via participation in continuing education activities.

4 Full-Scope, Autonomous Practice

WHNP-BCs are prepared to practice independently with full authority to:

- Conduct advanced, comprehensive health assessments,
- Order, perform, and interpret diagnostic and laboratory tests,
- Diagnose and treat acute and chronic gynecologic, obstetric, and primary care conditions,
- Prescribe medications such as hormone therapy, contraception, and treatments for women's health conditions, and
- Provide lifestyle, nutrition, and mental health screening and counseling.

5 Enhanced Patient Satisfaction and Continuity of Care

Patients of WHNP-BCs consistently report:

- High satisfaction with WHNP-BC care,
- Deep trust and better communication, and
- Strong ongoing relationships that promote health and wellness.



6 Cost-Effective, High-Quality Care

WHNP-BCs help the healthcare system thrive!

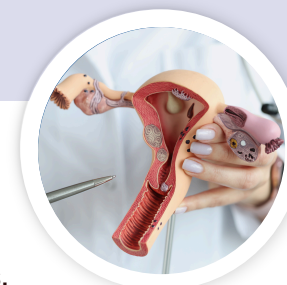
- Deliver preventive services that lower emergency visits and specialty referrals.
- Promote early disease detection and intervention.
- Offer a strong return on investment.



7 Versatility Across Healthcare Settings

WHNP-BCs operate seamlessly in a variety of environments, such as:

- Private practices, hospitals, and OB-GYN offices.
- Community health centers and family planning clinics.
- Inpatient obstetric triage, antepartum, and postpartum units.
- Telehealth platforms.
- Academic and leadership roles.
- Urban, rural, and suburban settings.



8 Closing Workforce Gaps in Women's Health

As the demand for specialized, gender-specific healthcare grows, WHNP-BCs are vital to meeting patient needs, reducing workforce shortages, and expanding access to high-quality, individualized care.

