



2025

Year in Review

Report

***Setting Standards of Excellence:
Clinical Practice, Education,
Research, and Innovation***

www.npwh.org





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Celebrating 2025

As we reflect on 2025, we are filled with the utmost pride at the incredible growth the organization has experienced in its 45 years. This year alone is a testament to the efforts to advance board-certified Women's Health Nurse Practitioners (WHNP-BCs) and all APRNs providing patients with women's and gender-related healthcare services. This Year-in-Review Report serves as a celebration of the members of NPWH, our partners, and advocates who strengthen the presence of NPWH's mission and vision.

Together, we expanded our impact, provided members with collaborative avenues, strengthened partnerships with our sister organizations, and elevated the voices of WHNP-BCs and APRNs in women's healthcare nationwide.

Here are some key highlights from 2025:

1. We recognized exemplars within the WHNP-BC profession, launching the Fellows of the National Association of Nurse Practitioners in Women's Health Program! The inaugural cohort consisted of 14 individuals, exemplifying professional excellence.
2. We launched the WHNP Research Outcomes grants, providing \$20,000 worth of funds for research regarding outcomes specific to WHNP-BC care.
3. NPWH members voted to expand the voice of WHNP students within the organization, allowing the formation of a WHNP Students Committee and for WHNP student members to vote in all NPWH matters.

These achievements reflect the tip of the iceberg, showcasing NPWH's commitment to education, advocacy, and innovation for women's healthcare. Our members are the driving force for our organization, and your passion inspires us daily.

Thank you for your support, whether you joined NPWH yesterday or 45 years ago. Here's to more growth and achievements in 2026!



Komkwuan Paruchabutr

DNP, FNP-BC, WHNP-BC, CNM,
FACNM, FNAP

Board President (2024-2025)



Jessica Wells

PhD, RN, WHNP-BC, FAAN

Board President (2026-2027)

Regional Coffee Hours

Throughout 2025, NPWH Regional Community Chairs in the Great Lakes, North Atlantic, South Central, Southeast, and Western regions hosted virtual meetups to strengthen community connections and support members across the country. In 2026, NPWH will expand this effort by adding International Regional Meetups to better serve and engage members outside the United States.

**Great Lakes
Region**
3 meetings

**North Atlantic
Region**
3 meetings

**South Central
Region**
7 meetings

**Southeast
Region**
7 meetings

**Western
Region**
10 meetings

Social Media Growth

NPWH experienced phenomenal growth on its social media platforms throughout 2025, gaining thousands of followers across multiple platforms. The statistics to the right are as of 12/1/2025, with significant growth evident on NPWH's Instagram page.

14.44%
Growth



61.12%
Growth



19.14%
Growth



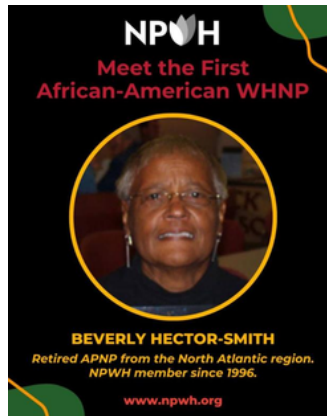
Social Media

Top Performing Posts

To view the post online, click its respective graphic!



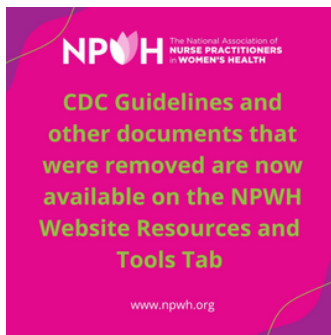
1. Posted on August 14



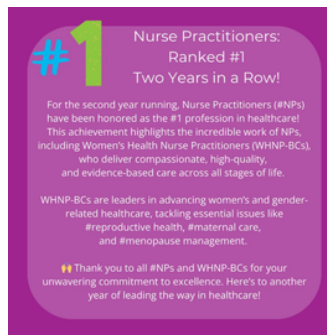
2. Posted on June 19



3. Posted on May 10



1. Posted on February 5



2. Posted on January 16



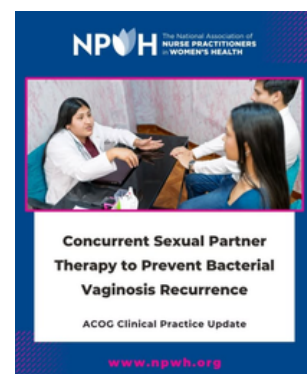
3. Posted on September 27



1. Posted on November 15



2. Posted on September 27



3. Posted on October 29

Organizational Outreach

NPWH staff members reached hundreds of WHNPs, APRNs, and nursing students by exhibiting at various nationwide conferences. There, staffers utilized the organization's presence to meet current, new, and potential members, provide updates on our work, and connect with our strategic partners.

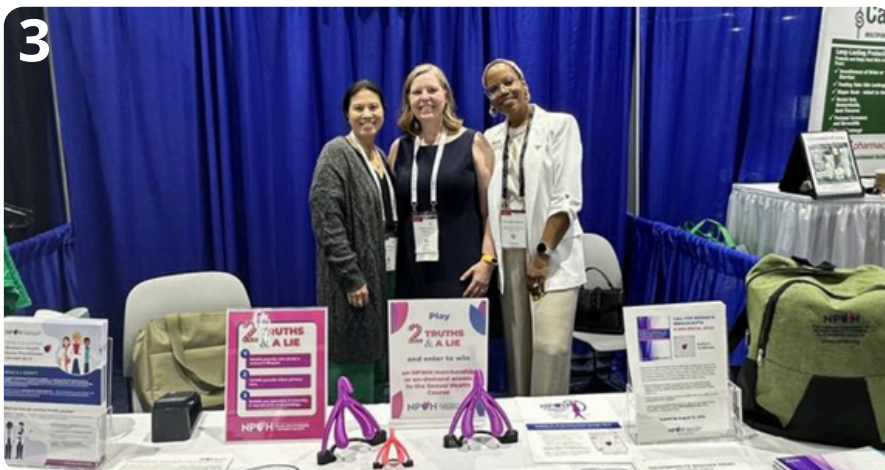
The National Student Nurses Association (NSNA) | Seattle, Washington | April 10 - April 12

The National Abortion Federation (NAF) | San Diego, California | May 3 - May 5

The American College of Obstetricians and Gynecologists (ACOG) | Minneapolis, Minnesota | May 17 - May 19

The American Association of Nurse Practitioners (AANP) | San Diego, California | June 19 - June 21

The National Nurse Practitioner Symposium (NNPS) | Keystone, Colorado | July 17 - July 19



1. NPWH BOD President Dr. Komkwuan Paruchabutr, DNP, FNP-BC, WHNP-BC, CNM, FACNM, FNAP, FAAN, presenting at the National Student Nurses Association Conference.

2. Dr. Genevieve Hofmann, DNP, WHNP-BC, MSCP, NPWH BOD Member; Dr. Komkwuan Paruchabutr, DNP, FNP-BC, WHNP-BC, CNM, FACNM, FNAP, FAAN, NPWH BOD President; and Donna Ruth, MSN, RN, NPD-BC, NPWH Director of Education, exhibiting at the American College of Obstetricians and Gynecologists Conference.

3. Dr. Komkwuan Paruchabutr, DNP, FNP-BC, WHNP-BC, CNM, FACNM, FNAP, FAAN, NPWH BOD President; Dr. Genevieve Hofmann, DNP, WHNP-BC, MSCP, NPWH BOD Member; and Chrishelle Thomas-Haynes, NPWH Director of Membership and Marketing, exhibiting at the American Association of Nurse Practitioners Conference.

4. NPWH's booth set up for the National Student Nurses Association Conference.

Education

NPWH provides high-quality education for its members to enjoy, and 2025 was no exception to this drive. The final enrollment numbers for all CEs were **8,584**, including live and enduring participation. These courses are available for individuals to explore and earn CE on [our Learning Management System](#).

Live Meetings - 2,453 (as of 12/31)

- Annual Meeting - 1,040
- Menopause Summit - 859
- Sexual Health Course - 554

Enduring Activities - 6,139 (as of 12/1)

- 3 Webinar Series (Total of 10 webinars)
- 2 Standalone Webinars
- 8 Journal Articles
- 6 Journal Club Meetings
- NPWH Review Course Modules
- Annual Conference Recordings

NPWH also approves activities for CE credit for outside organizations. In 2025, 16 such activities were approved.

- NFPRHA - 1 activity
- ASRM - 2 activities
- Prevent Cancer Foundation - 4 activities
- CECA - 1 activity
- ACOG - 2 activities
- AIM - 5 activities
- NSRH - 1 activity



Webinars

Environmental Health Webinar Series

1. Safeguarding Maternal and Fetal Health - Vitamins and Toxins
2. Climate Justice and Health Outcomes for Women
3. Integrating Planetary Health Principles into Practice and Education for WHNPs

Perinatal Mental Health Webinar Series

1. Overview of Perinatal Mental Health
2. Perinatal Depression
3. Perinatal Anxiety and Obsessive-Compulsive Disorder
4. Perinatal Bipolar Disorder and Postpartum Psychosis

Emerging Maternal and Fetal Health Threats Webinar Series

1. Addressing Syphilis Infection During Pregnancy
2. What WHNPs Need to Know About Cytomegalovirus (CMV) in Pregnancy
3. Screening Treatment and Management of Hepatitis C During Pregnancy

Standalone Webinars

1. Advocates & Allies: How Women's Health Nurse Practitioners Can Influence Policy and Change
2. Making Sense of Maternal Immunizations: Vaccine Messaging from Preconception Through Postpartum Webinar

Education

Non-CE Webinars

The From Classroom to Career Webinar Series: Provided WHNP students with practical guidance on preparing for their transition into practice.

Empower Your Financial Future: Navigating Today's Housing Market - Capital Bank Webinar: Gave attendees expert insights and practical tools to strengthen their financial futures.

Industry Symposium - The DARE TO PLAY Difference: The Sildenafil Cream That Raises The Bar: Explored new research on a new product designed to address female sexual arousal disorder. *Sponsored by Daré Bioscience.*

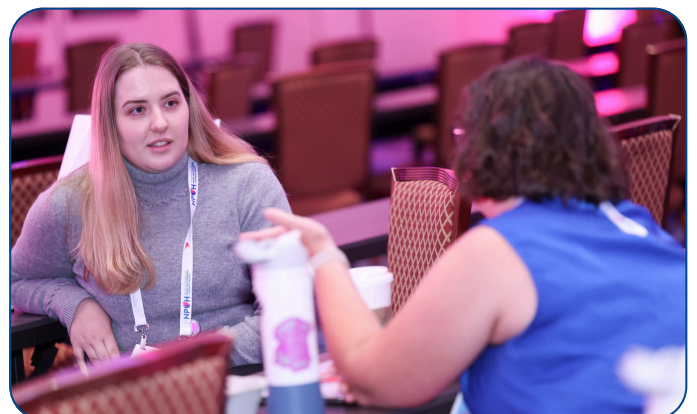
FDA Debrief Panel Webinar: Menopause and Hormone Therapy: Unpacked key takeaways from the FDA's July 17 expert panel on menopause management and hormone replacement therapy.

Ask Us Anything: NPWH WHNP Certification Exam Prep Course Q&A: Provided attendees with a platform to ask questions on NPWH's WHNP Certification Exam Prep Course.

Wisdom Across Generations - A Conversation with Retired WHNP-BCs: Featured a panel of distinguished WHNP Retired Members of NPWH sharing their stories and insights.

PrEPared for Her: Stories and Solutions to Help Prevent HIV in Women: Included a conversation on the impact of HIV on women, particularly for Black and Latina women. *Sponsored by Gilead Medical Affairs.*

Op-Ed Writing Workshops: A two-part series on how to write op-eds, optimized for the WHNP experience.



Education

Journal Articles



[*“Ovarian Cancer Risk Assessment, Risk Reduction, and Early Detection”*](#) (Volume 2, Issue 1)

[*“Understanding and Prescribing Menopausal Hormone Therapy for Vasomotor Symptoms”*](#) (Volume 2, Issue 1)

[*“Thyroid Disorders in Women: Evaluation, Diagnosis, and Management”*](#) (Volume 2, Issue 2)

[*“Sexually Transmitted Infections: Update on Screening and Follow-Up Recommendations”*](#) (Volume 2, Issue 2)

[*“Not All Vulvar Itching Is Yeast: The Diagnosis and Management of Lichen Sclerosus”*](#) (Volume 2, Issue 3)

[*“Testosterone Therapy for Hypoactive Sexual Desire Disorder in Postmenopausal Women”*](#) (Volume 2, Issue 3)

[*“Nonhormonal Treatment Options for Menopause Symptoms”*](#) (Volume 2, Issue 4)

[*“Reimagining HIV Prevention for Women”*](#) (Volume 2, Issue 4)

Journal Club Meetings

Starting in 2025, NPWH launched a new CE offering for members to enjoy: **the NPWH Journal Club!** Each session featured journal authors leading a thoughtful discussion regarding their article, helping deepen clinical understanding, foster member engagement, and strengthen professional connections across the NPWH community!

“A Holistic Approach to Female Infertility” | February 24

“Understanding and Prescribing Menopause Hormone Therapy for Vasomotor Symptoms” | March 24

“Sexual Dysfunction in Patients with Breast or Gynecologic Cancer: What Women’s Healthcare Providers Need to Know” | April 28

“Cases That Challenge Us: Antiphospholipid Syndrome and Obstetric Complications” | June 23

“Dense Breasts: Improved Screening and Risk-Based Management Guidelines” | July 28

“Unraveling Secondary Amenorrhea Leads to an Unexpected Diagnosis” | August 25

“Testosterone Therapy for Hypoactive Sexual Desire Disorder in Postmenopausal Women” | October 28

Education

Menopause Summit

On April 4, NPWH was pleased to launch **the NPWH Menopause Summit 2.0: Building on the Foundations**. During this virtual event, NPWH provided attendees with more education in the hot topic area of menopause.

Courses were led by Menopause Society Certified Practitioners (MSCPs) and leading experts in the field, ensuring participants received high-quality, evidence-based continuing education. A total of **859 attendees** participated in this virtual course, both in real time and on demand, with each attendee able to earn up to 7.25 continuing education hours.



Sessions in this course included navigating menopause care in the age of social media, the role of hormone therapy in disease prevention, sleep and mood changes due to the menopause transition, case studies, and various other sessions exploring the nuances and gaps in menopause care.

The NPWH Menopause Summit 2.0: Building on the Foundations Planning Committee:

- Genevieve Hofmann, DNP, WHNP-BC, MSCP, Co-Chair
- Jaclyn Piasta, DNP, WHNP-BC, MSCP, FNPWH, Co-Chair
- Mary Fischer, PhD, WHNP-BC, MSCP
- Rebecca Ingalls, PhD, CNM, WHNP-BC, MSCP
- Jennie Mastroianni, DNP, WHNP-BC, MSCP
- Donna Ruth, MSN, RN, Staff Liaison

Interested to learn more? Register now for the 2026 Menopause Summit “Menopause in Motion: Real Cases, Real Solutions, Real Impact” by clicking [here!](#)

What Did Attendees Have To Say?

“I would recommend this program if someone only had one day to attend a conference!”

“Thank you for your hard work and up-to-date information!”

“So excited to implement more HMT in my practice!”

“All of the faculty at the conference were great, and I learned a ton!”

Education

Sexual Health Course

On June 6, NPWH co-hosted a course titled **“Sexual Health Course: Case-Based Management of Sexual Health Concerns for Advanced Practice Providers”** with the International Society for the Study of Women’s Sexual Health (ISSWSH).



NPWH & ISSWSH
SEXUAL HEALTH COURSE: CASE-BASED MANAGEMENT OF SEXUAL HEALTH CONCERNS

For Advanced Practice Providers
Virtual & On-Demand June 6, 2025

The virtual course provided attendees with evidence-based, scientific continuing education taught by leading experts in the field of women’s sexual health. A total of **554 attendees** participated in this virtual course, both in real time and on demand, with each attendee able to earn up to 8.2 continuing education hours.

Sessions in this course included an overview of region-based management for sexual health concerns, anatomy and vulvoscopy, pelvic floor muscle exams, nerve pain, and other region-based case studies, guiding attendees through complex, nuanced cases in women’s sexual healthcare.

The NPWH/ISSWSH Sexual Health Course: Case-Based Management of Sexual Health Concerns for Advanced Practice Providers Planning Committee:

- Sue Goldstein, BA, CCRC, CSE, Co-Chair
- Heather Quaile, DNP WHNP-BC, CSC, MSCP, IF, FAANP, FNPWH, Co-Chair
- Sarah Cigna, MD, MS, MSCP, IF, FACOG
- Christine Hart Kress, DNP, APRN, WHNP-BC, MSCP
- Jandra Mueller, DPT, MS, IF
- Donna Ruth, MSN, RN, NPWH Director of Education, Staff Liaison

What Did Attendees Have To Say?

“One of the best conferences I have ever been to. So informative!”

“So good! I cannot wait to use what I’ve learned in my practices!”

“I loved this course! I can’t wait to incorporate much of this knowledge into my current practice.”

“I loved the feeling of inclusivity—the fact that there are no stupid questions.”

Education Annual Conference

From October 1 to October 3, NPWH hosted its in-person conference in Las Vegas, Nevada, titled **“NPWH Annual Women’s Healthcare Conference: Stronger Together: Prioritizing Women’s Health.”** The conference featured a variety of evidence-based, scientific continuing education sessions. For the first time, attendees could access breakout sessions on demand at no additional cost for a period of time after the conference.

A total of **1,040 attendees** participated in this conference, gathering in Las Vegas to celebrate women’s healthcare and continue advancing their knowledge to provide the best possible care for their patients. Each attendee was able to earn up to 19 continuing education hours.

The conference was carefully developed by the Planning Committee to contain a wide variety of topics so each attendee could explore topics across the healthcare spectrum.

The NPWH Annual Women’s Healthcare Conference: Stronger Together: Prioritizing Women’s Health Planning Committee:

- Sarah Vaillancourt, DNP, WHNP-BC, Chair
- Angela Alston, DNP, MPH, APRN-CNP, WHNP-BC, FNP-BC, FNAP
- Brandee Newsom, MSN, WHNP-BC, BC-ADM, CDCES, PMH-C
- Alicia Skibar, DNP, WHNP-BC
- Kathy Trotter, DNP, CNM, FNP-BC, FAANP, FAAN
- Katya Yudin, MSN, MN, RN, WHNP-BC
- Donna Ruth, MSN, RN, NPWH Director of Education, Staff Liaison
- Heather Maurer, MA, CAE, Former NPWH Chief Executive Officer



Education Annual Conference

Conference sessions varied in topics, including breast health, contraceptive counseling, PCOS, pelvic health, cardiovascular disease in women, perinatal morbidity, recurrent bacterial vaginosis, endometriosis, low-dose aspirin use, abnormal uterine bleeding, pharmacologic considerations for diabetes in pregnancy, STI prevention, and more!

Attendees were also able to navigate the sold-out Exhibit Hall, interacting with 60+ booths to learn more about their offerings, whether they were pharmaceuticals, learning tools to enhance their care, or researchers exploring nuanced women's healthcare issues.



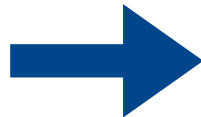
Membership Stats

The National Association of Nurse Practitioners in Women's Health (NPWH) experienced steady growth in membership throughout 2025, reflecting a similar growth pattern of the previous few years. NPWH is dedicated to fostering a diverse, supportive, and engaged community for WHNPs and other APRNs providing women's and gender-related healthcare, striving to ensure each member has access to high-quality content.

Growth in Members

3,748

as of 12/31/2024



4,263

as of 12/31/2025

81%

*NPWH membership growth
over the past 10 years*

14%

*NPWH membership growth
in 2025 from 2024*



Membership Fellows of NPWH

NPWH launched the Fellows of the National Association of Nurse Practitioners in Women's Health (FNPWH) Program, inducting its inaugural cohort during the NPWH 28th Annual Women's Healthcare Conference.

This prestigious program honors certified WHNPs who have made significant contributions to the profession via their leadership, research, education, advocacy, and mentorship. The Program serves as a forum for WHNP leaders to share their knowledge and collaborate, advancing the profession, ultimately fostering professional growth, leadership development, and mutual support.



The fourteen individuals are:

- Christy Blanco, DNP, APRN, WHNP-BC, FAANP, FNPWH
- Cristin Hackel, MSN, WHNP-BC, MSCP, FNPWH
- Nalo Hamilton, PhD, MSN, WHNP/APN-BC, FNPWH
- Ella Heitzler, PhD, WHNP-BC, FNP-BC, RNC-OB, FNPWH
- Julie Jenkins, DNP, APRN, WHNP-BC, FNPWH
- Shelagh Larson, DNP, WHNP-BC, MSCP, IF, FAANP, FNPWH
- Amy Lee, DNP, APRN, WHNP-BC, FAAN, FNPWH
- Jean Marino, WHNP-BC, MSCP, IF, FNPWH
- Rande Masciola, DNP, APRN-CNP, WHNP-BC, FAANP, FNAP, FNPWH, FAAN
- Shawana Moore, PhD, DNP, APRN, WHNP-BC, PNAP, FAAN, FNPWH
- Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, FAANP, FNPWH, FAAN
- Jaclyn Piasta, DNP, WHNP-BC, MSCP, FNPWH
- Heather Quaile, DNP, WHNP-BC, AFN-C, CSC, MSCP, IF, FAANP, FNPWH
- Antay Waters, DNP, APRN, WHNP-BC, CNM, CNE, CRNFA, C-EFM, CNOR-SURG-OB, FNPWH

The individuals listed above are pictured below from left to right.



Membership Awards

The NPWH Inspiration Awards in Women's Health: These national awards recognize WHNPs whose leadership, innovation, and dedication have advanced women's and gender-related healthcare. Categories include education, practice, and policy. This year, NPWH recognized Fischer and Heitzler for excellence in education, Fullbright for excellence in practice, and Waters for excellence in policy.



Mary Fischer
PhD, MSN, WHNP-BC

NPWH Inspiration Award in Women's Health: Education



Ella Heitzler
PhD, WHNP-BC, FNP-BC, RNC-OB, FNPWH

NPWH Inspiration Award in Women's Health: Education



Gina Fullbright
DNP, WHNP-BC

NPWH Inspiration Award in Women's Health: Practice



Antay Waters
DNP, APRN, WHNP-BC, CNM, CNE, CRNFA, C-EFM, CNOR-SURG-OB, FNPWH

NPWH Inspiration Award in Women's Health: Practice

The Fran Way Legacy Award: This award recognizes WHNPs who have devoted their lives to advancing women's health through practice, education, and advocacy. This lifetime achievement award is reserved for those whose contributions have not only advanced the WHNP profession but fundamentally shaped it. The Fran Way Legacy Award is a profound and NPWH's highest distinction, celebrating individuals whose impact on women's and gender-related healthcare will resonate for generations to come.

The 2025 Fran Way Legacy Award recipient was Beth Kelsey, EdD, APRN, WHNP-BC, FAANP.



Membership

NPWH Members Connect App

NPWH was pleased to launch the NPWH Connect mobile app in February 2025! Members consistently report that the app enhances their engagement, delivers timely women's health updates, and makes it easier to connect with colleagues. It also provides quick, convenient access to resources right at their fingertips.



902 Users

Are active on the app as of December 31, 2025

You can download the NPWH Members Connect App on your mobile devices! Log in with the same password you use when signing into the NPWH website. Just log in once, and you're all set!

Students and Retired Members

Retired WHNPs Taskforce Meeting: On April 2, NPWH launched its first Retired Members Taskforce to strengthen connections with retired WHNPs and explore meaningful ways to further involve this population in the organization.

Expanded Voice of WHNP Students: In July, NPWH members voted to approve two amendments to the organization's Articles of Incorporation and Bylaws. Specifically, WHNP student members enrolled in an accredited WHNP program received the right to vote in NPWH matters, and a new NPWH WHNP Student Committee will be established to provide insights into the student experience and foster leadership development.

Membership

New Career Resources

NPWH works to create resources for its members to utilize in their professional development, job hunt, and to better understand the state of their profession. In 2025, 4 such resources were published. Click their respective graphics below to visit the resource!

Why Hire a Board-Certified Women's Health Nurse Practitioner

Board-Certified Women's Health Nurse Practitioners (WHNP-BC)

- Bring a specialized, patient-centered approach to healthcare that tightly focuses on one specific and gender-related health needs.
- Are highly trained advanced practice registered nurses (APRNs) with graduate-level education and national certification.
- Are uniquely prepared to provide comprehensive, evidence-based care that addresses the full spectrum of primary and complex women's healthcare across the lifespan.
- Are leaders, educators, and advocates dedicated to improving the health and well-being of women and gender-diverse individuals.

Key Reasons to Hire a WHNP-BC

Specialized Women's Health Expertise

WHNP-BCs specialize in women's health, addressing their unique needs.

- Gynecologic and Pelvic Health:** Cancer screening, menstrual disorders, contraception, uterine issues, pelvic pain, and other disorders, both common and complex.
- Obstetric Care:** Comprehensive management of routine, high-risk, and complex care spanning from pregnancy counseling to prenatal and postpartum care.
- Sexual and Reproductive Health:** Contraception, ST management, complex family planning care, infertility management, and sexual dysfunction.
- Menopausal Health:** Screening, expert assessment, and long-term care for breast conditions, including cancer.
- Menopause Health:** Anticipatory guidance, health screenings, and management of a patient's vasomotor symptoms, genitourinary symptoms of menopause, and holistic care of the midlife woman.

2 Sex-Specific, Inclusive, and Holistic Care

WHNP-BCs consider the biological and hormonal factors that impact a patient's health, whether it is gynecologic, obstetric, sexual, reproductive, or perimenopausal health.

- Life-Stage Transitions:** Care for patients ranging from puberty through menopause and aging.
- Culturally Responsive, Trauma-Informed Care:** Providing respectful, inclusive, and individualized care.
- Addressing Social Determinants of Health:** Recognizing how resources, education, and access to care affect health outcomes.

Why Hire a Board-Certified Women's Health Nurse Practitioner

Women's Health Nurse Practitioners Statistics Nationwide

- 13,500+** WHNP-BCs in the U.S.
- #1** in 2023, the U.S. News and World Report ranked WHNP-BCs as the number one job in America.
- 46%** of WHNP-BCs are employed by hospitals.
- 129,210** U.S. female patients are managed by WHNP-BCs.
- 37%** of WHNP-BCs have an advanced NP education program (NP-C or NP-BC).
- 15%** of WHNP-BCs practice in primary care.
- 35%** of WHNP-BCs practice in specialty care.

The board-certified Women's Health Nurse Practitioner (WHNP-BC) is an APRN prepared at the master's or doctoral level to provide holistic, client-centered primary care for women.

WHNP-BC practice areas include common and complex gynecologic conditions, sexual and reproductive health across the lifespan—including the interventional, non-surgical and surgical, and both obstetric and high-risk obstetric and postpartum care for women and gender-diverse individuals.

WHNP-BCs are trained to integrate the latest evidence, national guidelines, and shared decision-making principles to provide trauma-informed, inclusive, and culturally responsive care for patients from puberty, fertility, peri-menopause, menopause and beyond. WHNP-BCs perform assessments, order, perform, and interpret diagnostic and laboratory tests, make diagnoses and provide pharmacologic and non-pharmacologic treatments.

Learn more at npwh.org

Women's Health Nurse Practitioners: Statistics Nationwide

FDA Pregnancy Exposure Registries

Learn more information for clinicians about the US Food & Drug Administration Pregnancy Exposure Registries.

- What is a pregnancy exposure registry?** Pregnancy exposure registries are research studies that collect information about the effect that prescription medicines taken or vaccines received during pregnancy may have on pregnant people and their developing fetus.
- Who can enroll in an exposure registry?** Pregnant patients who are exposed to certain medications or vaccines may be able to enroll in a registry. The medication registries are updated on the FDA website; check out the QR code below!
- Why would someone enroll?** Information from the registries are used to update safety information for medications and vaccines. This information contributes to the evidence base on medications in pregnancy.
- What is your role as the clinician?** If your pregnant patients take certain medications or receive any vaccines with open registries, discuss the option of voluntary enrollment! Become knowledgeable about the process so you can be a resource for patients!

Check out the open registries! Scan the QR code to see what registries are open and enrolling at this time! Registries maintain updated data in a secure manner & your patients' identities remain private.

npwh.org

FDA Pregnancy Exposure Registries Resource

How to Write an Op-Ed: A Local Media Guide for Certified Women's Health Nurse Practitioners

Amplifying Your Voice in Healthcare Advocacy

The National Association of Nurse Practitioners in Women's Health

How to Write an Op-Ed: A Local Media Guide for Certified WHNPs

WHNP Outcomes Research Grants

NPWH launched the Women's Health Nurse Practitioners Outcomes Research Grants program. This program's goal is to provide annual grant funding to support outcomes research led by board-certified WHNPs with a specific interest in research or practice questions that explore the relationship between WHNP care/interventions and patient outcomes.

In July, NPWH announced the two grant recipients:

- **Women's and Gender-Related Health Topics - \$4,000**
 - Pathways to Impact Patient Outcomes: Examining the WHNP Career Pipeline for Asian American and Native Hawaiian/Pacific Islanders
 - Principal Investigator: Jamille Nagtalon-Ramos, EdD, WHNP-BC, FAANP, FNPWH
- **The Carola Bruflat Peri/Menopause Grant - \$10,000**
 - Expanding Access to Midlife Gynecologic & Menopause Care through WHNP-Led Services in a Free Community Health Clinic
 - Principal Investigator: Latia Hickerson, PhD, MPH, APRN, WHNP-BC, CNE

Membership

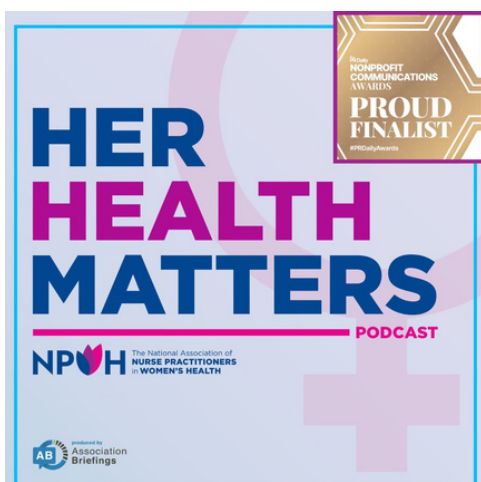
Clinical Journal for Nurse Practitioners in Women's Health

Over the course of 2025, NPWH released four issues of its new digital journal *Clinical Journal for Nurse Practitioners in Women's Health* (CJNPWH).

Collaborating with a new publisher, Springer Publishing, NPWH shared clinical articles written by subject matter experts in a variety of topics, ranging from ovarian cancer risk assessment and menopausal hormone therapy to female orgasmic disorders and antiphospholipid syndrome.



Her Health Matters Podcast



NPWH continued the production of its premier podcast, *Her Health Matters*, throughout 2025. In total, NPWH released **15 episodes** featuring engaging discussions on hot topics pertaining to women's and gender-related healthcare.

Topics discussed during the 2025 episodes include, but are not limited to, cervical cancer screening, cardiac health, caring for patients with fibroids, integrative medicine approaches, PCOS, and birth control misinformation.

Of the 15 episodes produced and released in 2025, **7 were sponsored.**

- BD - 1 sponsored episode
- Leva Pelvic Health System - 2 sponsored episodes
- Lilli Health - 1 sponsored episode
- Soy Connection by U.S. Soy - 1 sponsored episode
- University of Cincinnati's Online Nursing Programs (College of Nursing's Online WHNP Program) - 2 sponsored episodes



Publications and Outputs

Organizational Statements

During 2025, NPWH published **9** organizational statements. These publications provided members with insight into current operations within the organization, such as noteworthy achievements, leadership transitions, critical updates, and positioning statements on pressing issues. Click the links below to view each organizational statement.

- [Honoring the Legacy of Dr. Loretta C. Ford](#)
- [NPWH Supports National Effort to Protect Health & Research Funding](#)
- [Organizational Statement: Response to HHS' Recent COVID-19 Vaccine Recommendations Update](#)
- [NPWH Joins 29 Organizations in an Open Letter Urging COVID-19 Vaccination During Pregnancy](#)
- [NPWH Urges FDA to Remove Boxed Warning on Vaginal Estrogen Products](#)
- [NPWH's Statement Regarding Acetaminophen Use During Pregnancy](#)
- [Leadership Transition Announcement](#)
- [NPWH Urges Action After Department of Education Excludes Nursing from "Professional Degree" Category](#)
- [National NP Organizations Express Concern Over Department of Education Negotiated Rulemaking](#)

Press Releases

During 2025, NPWH published **9** press releases. These publications provided members with timely updates regarding the state of affairs for WHNPs, updates regarding leadership, expanded NPWH presence, recognition of achievements, and announcements for awards or prestigious distinctions. Click the links below to view each press release.

- [Press Release: NPWH Celebrates Nurse Practitioners as the No. 1 Job of 2025](#)
- [NPWH CEO Heather Maurer's Feature in the Listening with Leaders Podcast](#)
- [NPWH Board Member Dr. Kelley Borella Named 2025 AANP Fellow](#)
- [NPWH's Her Health Matters Podcast Named Finalist in PR Daily's 2025 Nonprofit Communications Awards](#)
- [NPWH Expands Voice of Women's Health Nurse Practitioner Students with Bylaws Changes](#)
- [Announcing the Inaugural Class of Fellows of the FNPWH Program](#)
- [Announcing the 2025 NPWH Inspiration Awards in Women's Health and Fran Way Legacy Award Recipients](#)
- [Four NPWH Members Inducted as Fellows of the American Academy of Nursing](#)
- [NPWH Welcomes Debbie Mason as Interim CEO](#)

Advocacy Efforts

Overview of the Numbers

Advocacy is a core pillar of NPWH's mission and an integral component of our founding and history. We are committed to advocating for your ability to provide the care your patients deserve. To advocate for the profession, NPWH has taken active steps to respond to legislation and policy efforts in the United States.

One way NPWH responds is via **signing onto letters** sent to various policymakers or Congressional committee leaders, to express a joint stance on a given policy or action. In 2025, NPWH signed on to **86** such letters.

Another way NPWH advocates for its members is by joining **amicus briefs**. An amicus brief (Latin for "friend of the court") is a legal document submitted by an uninvolved party in a given case, offering supplemental information or arguments to aid the court in making a decision. In 2025, NPWH joined/led **5** such briefs.

Additionally, NPWH **endorses bills** as they hit the Congress floor, voicing its agreement with the bill without influencing the bill's content directly. In 2025, NPWH endorsed **5** such bills.

Quarter	Number of Sign-On Letters	Number of Amicus Briefs	Number of Bill Endorsements
Q1	26	2	----
Q2	33	1	3
Q3	16	1	2
Q4	11	1	----
Total	86	5	5

Advocacy Efforts

Amicus Briefs

- ***State of Tennessee, et al. v. U.S. Department of Health and Human Services, et al.***

- Addresses the plaintiffs' claims (the State of Tennessee, et al.'s claims) that the 2024 Rule imposed by the Department of Health and Human Services (HHS) (which strengthened patient-provider confidentiality in reproductive settings) exceeds its authority and is otherwise **"arbitrary and capricious."**
- In joining this case's amicus brief, NPWH affirms that, even if the plaintiffs believe the 2024 Rule is "arbitrary and capricious," they cannot violate its protections.
- The ruling concluded that the 2024 Rule violates the Administrative Procedure Act.



- ***State of Texas v. U.S. Department of Health and Human Services, et al.***

- Addresses a legal challenge that sought to roll back protections of patient privacy for reproductive health information. **The State of Texas claimed that said protections violated the Administrative Procedure Act.**
- In joining this case's amicus brief, NPWH affirms that current HIPAA regulations that safeguard the privacy of reproductive health information are essential in protecting patients and their respective providers' confidentiality.
- The case was dismissed, with the plaintiff (the State of Texas) and their claims against the defendant are dismissed without prejudice.

Advocacy Efforts

Amicus Briefs

- ***State of Alaska, et al. v. Planned Parenthood of the Great Northwest, Hawai'i, Alaska, Indiana, and Kentucky***

- Addresses the ability and authority of APCs, which include WHNP-BCs, FNP-BCs, CNMs, and PAs, to meet the healthcare needs of their patients, particularly for patients seeking abortion-related services. **Alaskan law prohibited any provider, except a licensed physician, from providing patients with abortion services.**
- In leading the brief, NPWH affirms that APCs should be able to practice their full scope of care, including abortion services, for Alaskans.
- The ruling concluded that APCs are able to provide abortion services to Alaskan patients.



- ***American Academy of Pediatrics, et al., v. Robert F. Kennedy Jr., in his official capacity as Secretary of the Department of Health and Human Services, et al.***

- Addresses the directive of Secretary Kennedy to **remove children and pregnant women from the CDC-recommended immunization schedules for the COVID-19 vaccine.**
- In joining this brief, NPWH affirms that such a directive contradicts robust scientific evidence, ignores federal processes, and poses dangers for women, children, and fetuses.
- As of December 15, 2025, the case is ongoing.





Advocacy Efforts

Amicus Briefs

- ***Planned Parenthood of Montana, et al. v. State of Montana, et al.***

- Addresses Montana's adopted rule that prohibits Medicaid coverage for abortions that are not provided by physicians (i.e., APCs). **This restricts Montanans' right to choose the qualified abortion care provider of their choice and diminishes their ability to access abortion care.**
- In leading this brief, NPWH affirms that APC restrictions in Montana deprive Montanans of their fundamental right to seek abortion services from a qualified provider of their choice, despite overwhelming evidence that shows that APCs provide safe and effective abortion care.
- A district court ruled that Montanans have the right to seek abortion care services from the provider of their choice.

While we highlighted NPWH's amicus briefs from 2025 in the past few pages, that is not the extent of our advocacy efforts. For more details, please review the quarterly advocacy newsletters, which can be found by clicking the links below:

- [Quarter 1](#)
- [Quarter 2](#)
- [Quarter 3](#)
- [Quarter 4](#)

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