

OAHPERD 2018 Schedule

8:45 - 9:00 Welcome Presented by: Claire Copa MA, CTRS and Trevor Miller, CTRS

9:00 - 10:00 Screen Time: The impact of digital technology on youth and strategies for therapeutic interventions
Presented by: Dr. Joy Lauerer, DNP, PMHCNS BC and Ruthie Kucharewski, Ph.D., CTRS

10:00 - 10:10 BREAK

10:10 - 11:10 Breaking Barriers: Reducing stigma related to mental health through active leisure
Presented by: Tyson Houpe, CTRS

OR

Incorporating health initiatives into Recreation Therapy Programs
Presented by: Ruthie Kucharewski, Ph.D., CTRS, and Kristin Moncrief

11:10 - 11:20 BREAK

11:20 - 12:20 MED SAFE: A Prescription Drug Misuse Prevention Education Program for Youth Offered During a Summer Sports and RT Camp Experience
Presented by: Claire Copa MA, CTRS, Marilynne Wood Ph.D., MSN, RN, Mary Jean Ohns DNP, APRN, CPNP, CCRN, Colleen Taylor Ph.D., APRN

OR

The Importance of Companionship & Compassion in a Geriatric Recreation Therapy Setting
Presented by: Rebekah Borton, CTRS

12:20 - 1:20 LUNCH

1:20 - 2:20 The Power of R&R: Implementing Relaxation Interventions for the Geriatric Population
Presented by: Katrin Streicher, CTRS and Stefan Wickli, CTRS

OR

Making the Transition from Student to Recreation Therapy Professional
Presented by: Karlie Borowicz, MA, CTRS

2:20 - 2:30 BREAK

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2:30 - 3:30 “Just Keep Pedaling”: The use of adaptive bikes to promote functional abilities and improve quality life in Therapeutic Recreation programs
Presented by: Paige Morris, CTRS

OR

Inclusion: Connecting Community through TR Services
Presented by: Mary Beth Moore, CTRS and Rae Nutter, CTRS

3:30 - 3:40 BREAK

3:40 - 5:10 Group Exercise Activities for the Busy TR Professional
Presented by: Christine Havach, CTRS (90 mins)

OR

The 3Bs - Bike Accident, Brain Injury and Beyond
Presented by: Rosalyn Fast (90 mins)

5:10 Closing Remarks/ CEU
Presented by: Claire Copa, MA, CTRS and Trevor Miller, CTRS