# OAHPERD 2018 Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>8:45 - 9:00</td>
<td>Welcome Presented by: Claire Copa MA, CTRS and Trevor Miller, CTRS</td>
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| 9:00 - 10:00 | Screen Time: The impact of digital technology on youth and strategies for therapeutic interventions  
Presented by: Dr. Joy Lauerer, DNP, PMHCNS BC and Ruthie Kucharewski, Ph.D., CTRS |
| 10:00 - 10:10 | BREAK                                                                                           |
| 10:10 - 11:10 | Breaking Barriers: Reducing stigma related to mental health through active leisure  
Presented by: Tyson Houpe, CTRS                                                                 |
|           | OR                                                                                               |
|           | Incorporating health initiatives into Recreation Therapy Programs  
Presented by: Ruthie Kucharewski, Ph.D., CTRS, and Kristin Moncrief                              |
| 11:10 - 11:20 | BREAK                                                                                           |
| 11:20 - 12:20 | MED SAFE: A Prescription Drug Misuse Prevention Education Program for Youth Offered During a Summer Sports and RT Camp Experience  
Presented by: Claire Copa MA, CTRS, Marilynne Wood Ph.D., MSN, RN, Mary Jean Ohns DNP, APRN, CPNP, CCRN, Colleen Taylor Ph.D., APRN |
|           | OR                                                                                               |
|           | The Importance of Companionship & Compassion in a Geriatric Recreation Therapy Setting  
Presented by: Rebekah Borton, CTRS                                                                 |
| 12:20 - 1:20 | LUNCH                                                                                           |
| 1:20 - 2:20 | The Power of R&R: Implementing Relaxation Interventions for the Geriatric Population  
Presented by: Katrin Streicher, CTRS and Stefan Wickli, CTRS                                      |
|           | OR                                                                                               |
|           | Making the Transition from Student to Recreation Therapy Professional  
Presented by: Karlie Borowicz, MA, CTRS                                                          |
| 2:20 - 2:30 | BREAK                                                                                           |
“Just Keep Pedaling”: The use of adaptive bikes to promote functional abilities and improve quality life in Therapeutic Recreation programs
Presented by: Paige Morris, CTRS

OR

Inclusion: Connecting Community through TR Services
Presented by: Mary Beth Moore, CTRS and Rae Nutter, CTRS

3:30 - 3:40
BREAK

3:40 - 5:10
Group Exercise Activities for the Busy TR Professional
Presented by: Christine Havach, CTRS (90 mins)

OR

The 3Bs - Bike Accident, Brain Injury and Beyond
Presented by: Rosalyn Fast (90 mins)

5:10
Closing Remarks/ CEU
Presented by: Claire Copa, MA, CTRS and Trevor Miller, CTRS