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2016 OPTA SCIENTIFIC SYMPOSIUM
OCTOBER 14, 2016
GAIT: Stepping Across the Continuum
What makes a company a REMARKABLE place to work?

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Changes are Coming

There are several changes on the horizon. First, the APTA has been working with the AMA and several other groups to revise our CPT codes. The new evaluation codes will be released for use January 2017. There will be three levels of evaluation codes based on the severity and complexity of the patient. The OPTA will keep you updated with the actual code numbers and descriptions of the new codes. The seven treatment codes have been currently placed on hold.

The APTA has also launched an advertising campaign to encourage physical therapy treatment instead of Opioid use. You can access the campaign on the APTA website or #ChoosePT.

In addition, Tonya Apke is officially President Elect for the OPTA. She has a strong passion for membership, and during the last OPTA Board of Directors retreat, we reordered our membership goal to our top priority. This works well with OPTA participating in the Career Starter Dues Pilot Program. We have formed a task force for identifying needs and wants for that specific segment of our membership or potential membership. I have always said that there is safety in numbers and this will help us moving forward.

Rob Dunham has been appointed to the OPTA Board of Directors to fulfill the remaining year of the Director II position vacated by Tonya Apke moving to the President Elect position. We are excited to have Rob’s perspective and legislative experience on the Board of Directors.

I would like to encourage everyone to take advantage of the member discounts that are available. Asics running shoes are discounted by 40% and the form is located on the OPTA website, and there are substantial savings with UPS as well as quality vendors. Discounts can be accessed online through either the OPTA or APTA websites.

For more information, contact Anthony at: anthonydif@gmail.com
You’ve finished PT school. Now what?
APTA will keep you plugged in and ready to practice. Check out some of the resources we’ve put together for New Professionals:

✓ Career Starter Dues—Enjoy significantly reduced dues when you renew your membership after graduation.

✓ Perspectives Magazine—Focuses on your interests, challenges, and practice.

✓ “Build Your Career”—activities that connect you with experienced professionals across APTA’s 18 special-interest sections.

Learn more at www.apta.org/newprofessionals.

Not a Member Yet?
Visit www.apta.org/join or call 800/999-2782, ext 3395 to join.
Members join associations for a wide variety of reasons, some of which vary based on personal and professional aspirations, generational differences and individual desired outcomes. However, most member benefits can be grouped into two categories: Tangible (quantifiable and measurable) vs. Intangible (subjective, personal value), also referred to as “hard” or “soft.” Each has a place when calculating total return on investment for association members.

What are some of the tangible benefits of belonging to a national organization of 93,000 and a state organization of 3,300 strong? Buying power! Check out some of your fantastic retail discounts:

- 34% shipping services with UPS
- 40% discount on Asics footwear
- Up to 80% discount from Office Depot & Office Max
- 20% discount on all hotels in the Wyndham Family
- 25% discount on various car and truck rentals

This is in addition to insurance programs, financial programs, credit programs, etc. etc. etc. All these can be found on [OhioPT.org > About Us > Membership Benefits](#).

Intangible benefits include federal and state advocacy to advance the profession, including visits to our congressman and senators on Capitol Hill, and a statewide Advocacy Day that was more than 200 members strong! We all know that numbers speak volumes, and we are stronger as a group than as individuals.

OPTA also provides resources for new graduates, including our Career Starter Dues program, which provides reduced dues to those just starting their careers, and career navigation services that includes valuable networking and insight with your peers in various practice settings and institutions. Check out our video “Navigating as a New Professional” on the Student tab of our website!

Stay tuned as we keep you updated on all of the #MemberBenefits available to you!

For more information, contact Victoria at: [vgresh@ohiopt.org](mailto:vgresh@ohiopt.org)

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### Now Hiring

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Heartland-Victorian Village, Columbus

**Rehabilitation Team Leader/Weekend Rehab Manager:**
Heartland at ProMedica, Sylvania

**Full Time Physical Therapist:**
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EEO/Drug-Free Employer
ANNUAL CONFERENCE WRAP-UP

Lori Peffly – OPTA Conference & Education Coordinator

The OPTA 2016 Annual Conference was held at the Renaissance Columbus Downtown Hotel on April 22-23, 2016, and the event was kicked off with Advocacy Day on April 21. More than 200 physical therapy professionals and students convened at the hotel to advocate for the physical therapy profession. From there they visited the Ohio Statehouse to meet with state senators on House Bill 169. Following lunch, our grassroots advocates proceeded to the Riffe Center for legislative visits with members of the Ohio House of Representatives. After a long day of lobbying for our cause, the group relaxed with a “Liberations & Legislation” reception at the Renaissance, complete with cocktails and a build-your-own street taco station.

Friday, April 22 and Saturday, April 23, conference attendees—PTs, PTAs and students—attended educational sessions on the topics of Lower Extremity Movement Adaptations, Restoring Functional Mobility in Home Care, Pilates-Based Interventions, Treatment of Sports Injuries, and many other topics related to the theme, “Movement Across the Lifespan.” With 16 sessions from which to choose, attendees were able to take away a variety of valuable information. More than 20 vendors were also there to share their products and services. As always, they brought some fabulous free swag!

The Annual Student Challenge was exciting as always, with the students from Walsh University claiming victory. One of the highlights of the Annual Conference was Friday’s Keynote Speaker, Kay Frances. Her hilarious presentation on “The Funny Thing About Stress” had everyone rolling in the aisles. Saturday morning’s group fitness sessions were a great way to kick off the second day of sessions. Many thanks to our talented, hard-working OPTA Conference Committee, all the inspiring presenters who shared their knowledge and expertise, and all the vendors and event sponsors who made the event possible.

Mark your calendars for March 24-25, 2017 for OPTA Annual Conference 2017, “In the Clinic and Beyond: Enhancing Your Role in the Physical Therapy Profession.” A great time was had by all and we are looking forward to next year’s event!

For more information, contact Lori at: lpeffly@ohiopt.org

STUDENT ESSAY WINNERS RECAP

Serving at the APTA House of Delegates Recap

Bethany Diamond SPT, ATC– Cleveland State University

I had the opportunity to serve as a student usher at the 2016 House of Delegates meeting in Nashville, where I was able to witness the foremost physical therapists and in our profession help to guide the future of this wonderful profession. To say this experience was eye-opening would be an understatement.

In the three days I spent with the Ohio Delegation, I was able to observe these men and women discuss and work towards bettering our profession through the work they presented at the meeting. As a student, the experience presented a unique look into how much time and effort goes into the field of physical therapy that I had not expected prior to attending. I had not thought about the impact one can make until seeing it in action. Through the work of the delegates, I was able to see our influence on prevention, wellness, and fitness, licensure protection, the acceptance of the clinical specialization with work with cancer patients, and many other areas in this year’s meeting.

During the meeting I had the opportunity to work closely with Ohio’s delegates who kindly incorporated me into each of their sessions to allow a more in-depth look at

House of Delegates Ohio Chapter members and student essay contest winner, Bethany Diamond, take a moment to capture a photo in the midst of the busy work of the House.
the processes that take place at the House of Delegates meetings. I was able to voice my opinions and contribute to the discussions of various topics that were being presented as an equal, which was extremely humbling. The delegates went out of their way to make sure I was seeing and learning from the experience and helped encourage my involvement throughout the entire meeting.

The opportunities I was graciously presented with and the relationships formed at the 2016 HOD meeting are irreplaceable. The Ohio delegates awarded me the opportunity to grow as a student of physical therapy as well as develop myself as a professional. I encourage anyone and everyone to attend these meetings to see an unencumbered view of the work that these men and women do each year to better our profession and communities. I cannot say enough good things about this experience and generosity of Ohio’s and the other states’ delegates. This trip was an experience I will not soon forget and the memories learned will continue to mold me as a professional as I continue my education as a physical therapist.

2016 Advocacy Day Recap

Drew Snyder, SPT– Youngstown State University

Being chosen as the OPTA Student Essay Challenge winner to attend the 2016 APTA Federal Advocacy Forum was a great honor and an incredible learning opportunity. The Federal Advocacy Forum is an annual event held by the APTA in Washington DC that brings PTs, PTAs, and students together from all over the country. The intent of the Forum is to educate attendees on legislative issues impacting physical therapy, strategies to interact with elected representatives, and providing for the opportunity for in-person advocacy on Capitol Hill. Throughout the three-day forum, the APTA provided opportunities to network, arranged for guest speakers, and organized breakout sessions to prepare attendees for their day on Capitol Hill.

The networking opportunities included a welcome reception, the PT PAC event, and breakfast every morning. These networking sessions allowed me to connect with physical therapists and physical therapy students from around the country to hear about their experiences in advocacy and what they were doing back in their home states. Guest speakers included Brad Fitch of the Congressional Management Foundation and Robert Blizzard of Public Opinion Strategies. Brad’s presentation focused on strategies for spending “quality time” with members of Congress back home. Brad focused on dispelling the notion that members of Congress don’t value the opinion of their constituents back home and shared data from his organization’s research that suggests in-person meetings and personalized emails are the best way to sway the mind of an undecided member of Congress. Robert Blizzard is a professional pollster in Washington DC. His session focused on the political climate in Washington during this election season and how the presidential election might impact down ballot elections back home.

Student essay contest winner Drew Snyder next to Senator Sherrod Brown’s office in Washington, D.C.

In addition to the guest speakers, I was able to attend a Student Advocacy Session in which the 50+ students from around the country were able to discuss strategies to get more students involved in advocacy work for the profession. I was also able to attend a session by Stephanie Katz, an APTA Senior Specialist for Congressional Affairs, who presented on her experience as a legislative assistant on Capitol Hill and how to organize effective grassroots advocacy campaigns.

Beyond the breakout sessions, there were mandatory “Hill Visit Prep Sessions” in which different members of the APTA educated attendees on the issues that would be the focus of the visits for Capitol Hill and to organize the roles of each member of the Ohio Delegation when advocating on the Hill. In addition to informative PowerPoints and Q&A sessions, the APTA provided each attendee with booklets containing issue briefs for the issues that were the focus of the event (these briefs can be found in the APTA Action app or on the APTA website). Senator Richard Burr spoke to the attendees the morning of our Hill visits to offer his outlook for the future of the health care industry and how the physical therapy related legislation in Congress fit into that outlook. Finally, I had the opportunity to advocate on the Hill, meeting with the congressional aides of both Ohio Senators and four Ohio Congressmen, fulfilling my role in advocating for the inclusion of physical therapists being included in the National Health Service Corps Loan Repayment Program.

Having the opportunity to be chosen as the OPTA Student Essay Challenge winner was a great experience. The ability to interact with advocacy-minded physical therapists from around the country was a great learning opportunity and the time I was able to spend with the OPTA leadership provided for great mentorship opportunities. Brad Fitch shared a quote during his session that is often attributed to Thomas Jefferson that reads, “We in America don’t have a government by the majority, we have a government by the majority who participate.” The Forum was a great chance to participate in that governmental process.
Related Service Provider Shortage

A broad coalition of stakeholders has been meeting to discuss a possible shortage of Related Service Providers within school systems. This group is made up of several associations that have a vast interest in this subject area. In order to determine where the shortages lie within school districts, the coalition has developed a survey that has been distributed among school superintendents with the influence of the Ohio Department of Education (ODE). (See Chart Below)

As an active participant within this coalition, the OPTA is working to analyze the data to develop a long-term solution for the shortages.

Medical Marijuana Signed into Law

House Bill 523, sponsored by Representative Steve Huffman (R – Tipp City) allows for physicians to prescribe marijuana to patients. The legislation puts controls around many aspects of prescribing. For example, it cannot be prescribed in a smokeable or combustible form. Patients would not be permitted to grow their own product.

This issue has garnered much debate in Ohio over the last couple of years. Last November a ballot initiative that would have allowed for medical and recreational use of marijuana failed to get enough votes for passage. Other groups were eying the November, 2016 election to try and pass another proposal. The Ohio General Assembly saw HB 523 as a way to avoid another ballot initiative that may open the door for more widespread marijuana availability.

The Governor signed the bill on June 8, 2016. With the signature, Ohio became the 25th state to allow some sort of legal marijuana use.

Momentum on HB 169 to Continue in Next General Assembly

One of the primary sponsors of HB 169, Representative Tim Brown (R-3), recently announced his resignation from the Ohio House of Representatives after the legislature adjourned for summer recess. Due to the anticipated legislative schedule for the remainder of 2016, HB 169 is not expected to move through the legislative process when the legislature reconvenes in the fall. State Representative Bill Reineke (R-88), the second primary sponsor of HB 169, remains committed to the legislation and is eager to reintroduce the bill early in the next General Assembly. OPTA has worked diligently on behalf of its members to make significant progress on HB 169 during the committee process, and will continue to actively advocate for meaningful practice act modifications aimed to advance the profession early in 2017.

YOU CAN HELP! OPTA members are encouraged to remain active and advocate for the practice act modifications included in HB 169 during the off months. As always, you want to be the “go to” expert for physical therapy information!

<table>
<thead>
<tr>
<th>Related Service</th>
<th>Current Statewide Estimates</th>
<th>Current Unfilled Positions</th>
<th>5 Year Est. Short</th>
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<td>119-134</td>
<td>277-312</td>
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<td>Speech Language Therapists</td>
<td>2525-2848</td>
<td>45-51</td>
<td>201-227</td>
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<td>Physical Therapists</td>
<td>633-713</td>
<td>10-12</td>
<td>75-85</td>
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<td>1154-1301</td>
<td>54-61</td>
<td>134-151</td>
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<tr>
<td>Audiologists</td>
<td>187-211</td>
<td>14-16</td>
<td>41-46</td>
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<tr>
<td>Intervention Specialists</td>
<td>20352-22950</td>
<td>228-257</td>
<td>850-958</td>
</tr>
</tbody>
</table>
Legislature Breaks Until After the Election

The Ohio General Assembly is in recess until after the November election. Following their return, there will be a hectic “lame duck” session. The legislature must send any current initiatives the Governor prior to December 31, 2016. Any bills not sent to the Governor by the end of the year will “die” and will need to start the process over in 2017.

For more information, contact Amanda or Mikayla at: amanda@gov-advantage.com and mikayla@gov-advantage.com

Payment Policy Report

Robert Swinehart – Payment Policy Specialist

Regulatory Issues

MIPS

On May 9, 2016, CMS published their proposed rule to put in place key parts of the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA) which replaces the flawed Sustainable Growth Rate formula. The proposed rule combines previous quality and reporting programs into a single framework called the “Quality Payment Program” which has two paths: 1) The Merit-based Incentive Payment System (MIPS) where Medicare clinicians are to be paid for providing high value care through success in four performance categories: Quality, Advancing Care Information, Clinical Practice Improvement Activities, and Cost and 2) Advanced Alternative Payment Models (APMs).

PTs are not included in MIPS as this time but can be added to the program in 2019 (where CMS could begin measuring performance through MIPS in 2019, with payments based on those measures beginning in 2021). While this proposed rule is predominantly focused on physicians practicing in hospitals and large systems, the application of MIPS to the providers in this first group will provide many insights into how the program is likely to be expanded in the future. APTA is undertaking an analysis of the proposed rule and its impact on private practice physical therapy about a score and are ready to scale the bill down (lowering the number of enrolled physical therapists per clinic) in order to get a score that they are comfortable with and can find a pay-for. As you remember, our survey findings showed that a practice-size limitation could be tolerable alternative and that the threshold number could go as low as 5 or fewer Medicare-enrolled physical therapists per clinic location and still be a workable scenario for most of the respondents. The Prevent Interruptions in Physical Therapy Act (H.R.556/S.313) now has 98 cosponsors in the House and 29 in the Senate.

Therapy Cap

On April 28, Rep. Robert Brady (PA-1) and on May 18, Rep. Judy Chu (CA-27), cosponsored the Medicare Access to Rehabilitation Services Act so there are now 227 cosponsors in the House—two more than the number of cosponsors we achieved in the 113th Congress. Just last week, Senator Roger Wicker (R-MS) joined the companion bill, S.539, bringing the total of Senate cosponsor to 33 Senate cosponsors—just one shy of the high-water mark in 2014. The high price tag and pay-for remains the primary obstacle.

For more information, contact the OPTA office at: opt@ohiopth.org

Legislative Issues

Locum Tenens

Rep. Bilirakis’ staff took the PPS locum tenens survey results and drafted a version of the locum tenens bill that specifies that physical therapists practicing in clinics with fewer than 8 Medicare-enrolled physical therapists would be able to use locum tenens. The Energy and Commerce Health Subcommittee staff has submitted the survey, supporting information, and the modified bill to the Congressional Budget Office (CBO) for a score. They have also submitted the legislative language to CMS for their feedback or “technical assistance.” The Energy and Commerce Committee staff have a two-pronged approach to shepherding the locum tenens bill through—first they want to have it apply to as many practices as possible, but at the same time, they are very concerned.
Similar to previous years, OPTA continued on a path of financial stability in 2015. The income/expense ratio remained consistent with recent years, and the breakdown of percentages for both income and revenue remained remarkably similar to 2014. We look forward to continued financial growth and stability and meeting the needs of the many members we proudly serve.

**STATEMENT OF EXPENSES & INCOME**

**INCOME**

Income for 2015 can be separated into three main sources:

- **Membership Dues (40%)**
  Income in this category can be attributed to dues payments from all types of OPTA members—PT, PTA, Career Starter Dues and Student Memberships. This is relatively unchanged from 2014 (39%).

- **Meeting Income (11%)**
  Annual Conference, Research Symposium and online partnership courses/webinars comprised 11% of our 2015 income. This is relatively unchanged from 2014 (10%).

- **Other Non-Dues Revenue (49%)**
  The largest percentage of 2015 income can be attributed to CEU approval fees, newsletter and online advertising, and district income. This is down from 2014 (51%).

**EXPENDITURES**

The four main categories for expenditures in 2015 are as follows:

- **Administration (45%)**
  The cost of doing business expenses are recorded in this category—personnel, building and equipment. This is down slightly from 2014 (47%).

- **Conferences & Meetings (21%)**
  Expenses in this area are largely credited to Annual Conference, Research Symposium, Leadership Development Conference and Board of Directors events. This is relatively unchanged from 2014 (20%).

- **Advocacy (17%)**
  Lobbying, Advocacy Day and PAC events account for 17% of expenditures. This is unchanged from 2014 (17%).

- **Public Relations & Member Services (17%)**
  Publication costs, website and internet, and our #MakePTHappen campaign comprised 17% of OPTA expenses in 2015. This is also relatively unchanged from 2014 (16%).

**FINANCIAL PERFORMANCE 2011-2015**

Financial performance for a five-year span 2011-2015 indicates maintained financial stability for the organization.

For more information, contact Kim at: korankr@yahoo.com
Northeast District Report

Lynzie Schulte, PT, DPT – Chair

The Northeast District has been very busy this year and continues to brainstorm and plan future CE programs, social events, and fundraisers. We hope you were able to join us at one of the many activities we have held but if you weren’t able to, there is plenty coming up!

To stay updated, please join us on Facebook if you haven’t already. Search for Northeast District OPTA and request to join! You can also find us on twitter, search for @NE_Ohio_PT and follow us!

Continuing Education Events: We have held two 2-hour CEUs, one provided an update on the APTA House of Delegates as well as federal and state legislative issues, and the other was differential diagnosis of the orthopedic knee. Thank you to our presenters, Ed Ashe, Michael Bogden, Scott Euyape, and Michelle Masterson. Remember, our CEUs are always free for members to attend and $20 per CEU for nonmembers!

Two more CE programs will be coming, one in mid-September focusing on concussions and our last one will be our annual three-hour Marilyn Mount Case Report Night in early December. Interested in presenting a poster or platform at Case Report Night? We will be asking for submissions in the fall so start getting things ready!

Fundraisers: Thank you to South University for hosting another successful (and fun!) evening at whirlyball! We truly appreciate your support for the organization and for raising funds to be used as student scholarships at the end of the year.

October 7 we will be hosting a wine tasting at Wine & Design in Tremont (3rd annual!), watch for updates on time and cost!

PAC Raffle Baskets will be available to be bid on at the end of the year with winners being chosen at Marilyn Mount Case Report Night in December!

Are you interested in getting more involved? Know someone who would make a great leader in the district? Elections and appointments are held in November, open positions for 2017 will include Vice-Chair, Treasurer, Director A, Education Coordinator, PAC Coordinator, and Public Relations Coordinator. Not ready to commit? Just come to a meeting or an event to learn more about us!

Students: Student scholarships are given out at the end of the year with nominations being due in October. In order to qualify you must be an APTA/OPTA member, attend a Northeast district meeting, and demonstrate exemplary qualities to become leader in the profession. We gave out eight scholarships in 2015…will you get one this year?

Thank you! French Creek Medical for sponsoring one of our continuing education events, our sponsors allow us to hold quality events for therapists and students here in the district and we truly appreciate your support.

For more information, contact Lynzie at: lynziept@gmail.com

Northeast District’s ‘Night Out with the Indians’ was a huge success. Thanks to all who attended. We had a great time!

Social Events: Our 4th Annual Cleveland Indians Night drew more than 120 attendees to watch the first place Cleveland Indians, eat one-dollar dogs, and watch fireworks! We had a blast and I can only hope this event keeps growing every year! We have had a couple of PT Pub Nights where we get together to network and have a low-key night with other therapists, we are sure to have more of these relaxing nights so watch for the next one!

Our PT Pub Nights continue to be a great time for fellow PT and PTA members to gather to socialize and network in a laid-back, casual environment. Will you join us for our next one?
East Central District Report

Jeff Hohl, PT, DPT, OCS – Chair

The summer went by too quickly for the East Central District! On August 13, the East Central District hosted an OPTA Political Action Committee (OPT-PAC) Golf Outing at Deer Creek Golf Course in Hubbard, OH. Groups of four competed in a shotgun start, with food, and prizes. All registration fees went directly towards the OPT-PAC. Thank you to all the participants and sponsors who joined us!

Our next networking event is September 16 at Thirsty Dog Brewing Co. in Akron. Stop by to share a drink, connect with colleagues, and network with a tremendous group of people! Check your weekly OPTA emails for more details.

On December 3, we are hosting an introductory course on vestibular rehabilitation presented by Andy Beltz. Please visit the events page on the OPTA website for details on registration for the event.

Check out www.ohiopt.org for our latest meeting minutes and calendar of events. Or catch us on Facebook at the East Central District of the OPTA!

For more information, contact Jeff at: jmohl@gmail.com

West Central District Report

Sabrina Kaminski, PT – Chair

First and foremost, congratulations to all of the newly licensed physical therapists and physical therapist assistants! We wish you continued success and growth. The West Central District is here to help you as you embark upon your career.

It is said that laughter is the best medicine and our patients can certainly keep us laughing. If you have a great “pt states…” story go to the WCD facebook page (West Central OPTA) and post it. As always please follow HIPPA rules. Let’s share the lighter side of therapy.

For more information, contact Sabrina at: sj33@evansville.edu

Northwest District Report

Nick Reimer, PT, DPT – Chair

The NW district would like to remember Doug Munson, PT, who passed away on April 21, 2016. Doug graduated from Mayo Clinic and was part owner of Progressive Therapy Alternatives, providing outpatient and home health services. He was a clinical instructor and mentor for many therapists in the NW district. Doug was a leader in the district in his younger years and was always a welcome addition at district events throughout his 40+ year career.

In other Northwest District news, we had a PT Pub Night recently and had a great turn out. It was a fun time for all who attended and we encourage the PTs in the area to join us for the next one! Stay tuned to the district events page for dates and times.

For more information, contact Nick at: nreimer94@gmail.com

CHECK US OUT ONLINE
www.OhioPT.org
Southwest District Report

Kelly Moore, PT, DPT – Chair

Greetings from the Southwest District!

We have had an event-filled year thus far! We hosted successful PT Pub Nights on April 13 and May 12 and have another one planned for August 25. We are also in the process of coordinating a combined district picnic with West Central District to be held on September 10.

We hosted our first CEU event for the year on June 8; we were fortunate to have Heather Schradin and Brad Muse present on Dry Needling. It was a great course and participants got to take advantage of hands on learning to experience what dry needling felt like. We have our next CEU event planned for September 20, where Lizanne Mulligan will host a cadaver lab review at the University of Cincinnati.

I would like to thank the Southwest District Board for their hard work and teamwork this year. They are a great group that has worked hard to put on these events. I am grateful for their dedication because these events would not occur without them! We are also lucky to have a great group of student and faculty reps from our local schools helping us out!

If anyone is interested in joining us by serving on the district board, presenting a CEU topic, hosting a CEU event at your facility, or serving as a key contact at your clinic, please let me know. We have some great things planned for the fall and look forward to seeing you join us at future events.

For more information, contact Kelly at: kellyj.moore@gmail.com

Southwest District Dry Needling Event

Central District Report

Kyle Schumm, PT – Chair

Thank you Central District for another exciting year, and we’re not even done yet. Our most recent event was for the OSU Inter-Residency Program held at the OSU Martha Morehouse Center in Columbus. It was very well supported, as Central District Members wanted to hear the latest research being done at OSU. Later this fall, we are excited to partner with Ohio Health and National Church Residences to offer another great Ortho focused CE at the Westerville Campus. Just one of many benefits that we hope you take advantage of as being a part of Central District.

We are also excited to get to partner with the OPTA this October as we participate in the national PT Day of Service. Look out for additional emails in how you might participate in the event. If you would like to do something specific, and get your clinic involved in a separate event, go to PTdayofservice.com to pledge your participation. We would love to hear about what you did, including pictures that we could add to the next ACCESS Magazine. You can email me at kschumm@gmail.com.

We were very fortunate this year to see an increased participation in our PT Pub Nights and board meetings, even having students from OU making the drive on several occasions. It is exciting to see those coming into the profession wanting to become active in volunteering and leadership. New members just like you, came out to see what Central District is accomplishing and to meet fellow colleagues. We are always looking for additional members to come along and support the events, but also to join the board to further the goals of the OPTA. At the local level, our greatest efforts are to support you, the member, through quality CE events, as well as networking opportunities to meet others within the profession.

Another goal of the OPTA is for increased awareness of the profession, which is an area that we have not done as well at the local level as we would like. If this is an area that you want to assist with in 2017, we would love to hear from you. This may be organizing booths at local festivals, organizing a team for a golf outing or 5K, or other event that gives PTs an opportunity to increase our awareness within our communities.

We, on the Central District Board, are grateful for your continued support to the organization and profession. May 2017 be another year that we band together to protect the rights we currently have, and also advance the practice for those in the field and our future practitioners. We serve for you, and want you to not only be a supporter through your membership, but become a voice and active participant within Central District. Come meet us at the next PT Pub Night/meeting held the second Monday of every odd month at a Pub near you!

Thank you and may we finish the year strong!

For more information, contact Kyle at: kschumm@gmail.com
Committee and SIG Reports

Practice Chair Report

Alan J. Frame PT, DPT, OCS – Chair

Over the last few months the APTA has been in contact with the Practice Chairs from across the country spreading information related to pertinent physical therapy practice matters.

One of the large topics for discussion was the comprehensive care for joint replacement model (CJR). This model is focused on elective primary hip and knee replacement patients and began on April 1, 2016 and will run for the next five years. This model is targeted at specific regions and looks to determine an appropriate reimbursement fee for the previously mentioned patients. It will look at inpatient stay and post discharge care 90 days following discharge. Currently the Medicare payment for hip and knee procedures ranges from $16,500 to $33,000, as reported by CMS. This model is something the APTA is monitoring closely as they anticipate this process will begin to spread to other procedures and may have a drastic impact on reimbursement. Additional information is available at http://www.apta.org/CJR/.

The APTA is also pushing members to utilize the PTNow web portal. The portal serves as a host to many tools and resources that are easy-to-use for clinicians and allow PTs and PTAs access to great evidence-based practice information. Resources include Article Search, Clinical Summaries, Test and Measure, Clinical practice guidelines and Cochrane Reviews. Newly added to PTNow is the Rehabilitation Reference Center which houses clinical reviews, medication information, patient education handouts and exercise images for patient distribution. Member login is required and I encourage everyone to utilize the portal to assist in the progress of their practice.

Finally, I ask a favor from the OPTA members. If you are experiencing difficulty with new graduates or students being exposed to the evaluation and treatment of upper extremity diagnoses, I urge you to please contact me. I have received some concern from members that physical therapists are being told that elbow, wrist and hand diagnoses/conditions should be handled by the occupational therapist and not the physical therapist. If physical therapists are not being referred these cases, this may be a scope of practice issue for our students and new graduates. If any others are having similar concerns, I urge you to please contact me so that I can present this issue to the OPTA Board of Directors.

For more information, contact Alan at: alanjframe@gmail

Conference Committee Report

Michelle Losurdo, PT, DPT – Chair

Scientific Symposium will be held Friday, October 14, 2016 at Quest Conference Center in Columbus. **Gait: Stepping Across the Continuum** will feature topics related to gait that will appeal to therapists with interests in orthopedics, pediatrics, neurology, acute care, geriatrics, bariatrics, sports therapy, and more. We are looking forward to offering the ever-popular **Research Shorts**: 18-minute presentations designed to engage and inspire.

**Back by popular demand. Research Shorts: 18-minute presentations that will engage and inspire.**

Scientific Symposium will also include poster presentations of research abstracts and highlight three platform presentations.

**Save the date for Annual Conference to be held March 24-25, 2017 in Columbus.**

The societal impact physical therapy professionals make in the five core roles (management of patients/clients, consultation, education, research, and administration) [1] is strengthened when those professionals seek excellence and advancement. Furthermore, individual professional advancement and advancement of the profession are interdependent.

APTA’s Vision Statement for the physical therapy profession identifies the principles of, “Identity, Quality, Collaboration, Value, Innovation, Consumer-centricity, Access/Equity, and Advocacy [as demonstrating] how the profession and society will look when the vision is achieved.”[2]

Ohio physical therapy professionals seek excellence, and OPTA is filled with individuals who are outstanding in the field. Sessions presented by your colleagues who are leaders in our profession that focus on professional development and advancement and are aligned with the Vision Statement principles are the focus of the 2017 Annual Conference, **In the Clinic and Beyond: Enhancing Your Role in the Physical Therapy Profession**.

Please mark your calendar to join us for educational sessions, networking, exhibitors, and more. Registration will open in December.

Sponsorship opportunities for OPTA’s 2017 Annual Conference will be available soon. Stay tuned at OhioPT.org.
View the dedicated conference website: OhioPT.org ->Events ->Annual Conference

The Conference Committee is comprised of dedicated physical therapy professionals who serve our association with their time and talent. Thank you to all past and present members. Current Conference Committee members are:

- Dawn Bookhar, PT, DPT, GCS
- Karen O’Loughlin, PT, DPT, MA
- Lindsay Eichert, PT – Abstract Reviewer
- Marka Gehrig Salsberry, PT, DPT
- Rob Dunham, PT, DPT – Current Board Liaison
- Stephanie Di Stasi, PT, PhD, OCS
- Tonya Apke, PT, DPT, OCS – Previous Board Liaison
- Truly Moore, PT, Cert MDT
- Lori Peffly – Staff Liaison.

For more information, contact Michelle at: thelosurdos@yahoo.com


Nominating Committee Report

James Lee, PT, DPT, NCS - Chair

As your new nominating committee chair person, I would like to take this opportunity to thank outgoing nominating committee chair, Edie Benner, PT, PhD, MA, OCS. Dr. Benner tirelessly contributes her time to both her profession, and to her community. Her vast knowledge and enthusiasm for physical therapy is something I admire the most about her. Thank you for your years of service!

My goals are to keep our current leaders engaged and to encourage newer therapists to get involved in the leadership opportunities that the OPTA has to offer. The healthcare field does not always offer therapists avenues for advancement or opportunities to develop as a leader, but the OPTA does. It does not matter if you are a new graduate or a therapist with years of experience; it is never too early or too late to become involved in your profession. If you are a new graduate, perhaps run for a delegate position, get your name out there and start developing those leadership skills now! I think about some of the “over-achievers” that I work with on a daily basis, and think about how they could contribute to our association. Encourage those people to be active and be involved, at the state or district level.

It is never too soon to start thinking about which OPTA positions are open for next year. Positions up for election in 2017 are: Chief Delegate, Treasurer, Director III, four delegates and an alternate. I ask that you think about taking that next step in your profession and make a difference, or think about that co-worker who could make a difference and encourage him or her to get involved.

District Representatives:
- CN Selena Eskinazi-Budge Budge2425@gmail.com
- EC Derek Steele dsteedpt@gmail.com
- NE Alysha Walter acwalterdpt@gmail.com
- NW Dawn Halstead Schneider dawn.schneiderpt@gmail.com
- SW Ashley Reinecke fetheral@gmail.com
- WC Betsy Donahoe-Fillmore betsy.donahoe-fillmore@udayton.edu

For more information, contact James at: jamesdpt@hotmail.com

Student/Faculty Affairs Committee Report

Marka Gehrig Salsberry, PT, DPT – Chair

After a very successful Annual Conference, the SSIG is working towards new goals and endeavors for the upcoming year. We plan to continue those iconic SSIG staples and also implement new ideas and programs. Stay tuned to the Student SIG website found under the “Student Tab” on the OPTA website for upcoming information.

The student challenge, a SSIG capstone, was held in April at Annual Conference. We had excellent representation from PT and PTA schools alike and some very close scores in all Jeopardy rounds! Congratulations to Walsh University who took home the coveted trophy this year. Special thanks to Patrick McSweeney, SPT and his committee for their hard work and dedication to make this a successful event!

Congratulations to Ohio University, the Student Volunteer Challenge winner for 2016. This challenge was designed to bring students together to meet the needs of the underserved. Students from across Ohio competed in teams within their school to provide a variety of community services, collectively logging over 2,500 hours. The winning team was gifted the opportunity to donate $250 to their charity of choice. The recipient of Ohio University’s prize was My Sisters Place in Cincinnati, Ohio.

In addition to the yearly highlights, I would like to announce and recognize the newly elected SSIG board. Before acknowledging this ambitious group of new leaders, please join me in honoring our outgoing student special interest group officers and thank them for their service and dedication this year. We wish our graduating leaders continued success next year as they start their careers as PTs and PTAs. We hope they will continue their involvement in the OPTA and we are eager to see how they will continue to contribute to the Association and profession. Job well done!
Outgoing SSIG Board Members:

Corey Block, Ohio University - PT Co-Chair
Anthony Lang, The Bradford School - PTA Co-Chair
Stephen Ely, Walsh University - Vice Chair/Treasurer
Sarah Kidd, The Ohio State University - Website Coordinator
Frank Baker, Ohio University - Core Ambassador
Danielle Capetillo, The Ohio State University - Secretary
Eric Horton, Ohio University - Activities Coordinator
Patrick McSweeney, University of Cincinnati - Student Challenge Coordinator

Please congratulate and welcome our newly elected SSIG board for 2016! We are eager to see what the SSIG will do under the leadership of these students.

Newly-Elected SSIG Board:

PT Co-Chair - Alexa Bosanac, Cleveland State University
PTA Co-Chair - Melissa Goodall, The Bradford School
Vice Chair - Kelsey Biller, Ohio University
Secretary - Amara Taranto, The Ohio State University
Web Coordinator - Alex Rospert, University of Findlay
Activities Coordinator - Jen Semans, Ohio University
Student Challenge Coordinator - Kimberly Parent, University of Dayton
APTA Core Ambassador - Segun Agaja, Ohio University

Thank you to all candidates for running in the SSIG election and even though not elected, we hope they will continue their involvement with the SSIG!

And lastly, thank you to all OPTA student members for being such wonderful representatives of the SSIG and the profession! If you have any questions or suggestions for the SSIG, please contact myself or members of the SSIG board.

For more information, contact Marka at: marka.gehrig@osumc.edu

Ethics Committee Report

Lisa Kohler, PT – Chair

In May of this year, I listened to a webinar titled “PT Professional Liability Exposures: 2016 Claim Report Update” hosted by HPSO, which is the APTA preferred provider of liability insurance. I thought I would share some of the information I heard related to risk management. It was a review of five years of data of claims >$10,000 against PTs, PTAs and PT private practices with specific case examples.

Out of those three areas of claims (PTs, PTAs and PT private practices), the defendant named in the most cases was the PT private practice at 75.4%. PTs were second at 22.6% and lastly PTAs at 2%, and 84.8% of all claims were located in a PT private practice setting. Second was at patient home at 7.5% and the lowest was LTAC at 0.3%.

The top allegations were:
1. Improper management over the course of treatment (22.2% of claims)
2. Improper performance using therapeutic exercise (20.2%)
3. Failure to supervise or monitor (19.4%)
4. Improper performance using a biophysical agent (17.5%)

One claim was the PTA was across the room from a patient (history of Parkinson’s and CVA) who was performing standing balance exercises and the patient fell with a resultant fracture. In this case, the PTA was not sued.

The PT (who was off site) and the PT private practice were sued with damages paid for failure to monitor patient and failure to provide clinical support/supervise staff.

Risk Control Recommendations for PT based on three claims presented were:
- Provide clinical support/supervision
- Delegate to appropriate level of staff
- Recognize medical conditions/co-morbidities
- Utilize appropriate safety devices
- Never leave the therapy area
- Observe high risk patients – fall risk, burn risk – and protect from most common types of injury (Top 3 injuries in claims: fractures 31.9%, burns 18.8%, increase/exacerbation of injury/symptoms 14.4%)
- Evaluate and document skin integrity, sensation
- Closely supervise and monitor patients
- Know and comply with scope of practice
- Contact referring practitioner for clarification and have sound documentation of conversation
- Practice active listening skills
- Refrain from documenting subjective opinions/

Risk Control Recommendations for PT private practice owners were:
- Know scope of practice
- Ensure clinical care complies with practice standards
- Be knowledge of supervisory requirements
- Routinely test/monitor biophysical equipment for temperature and proper functioning in accordance with facility policy

For more information, contact Lisa at: lkohler@cinci.rr.com
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<th>Email</th>
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<td>President</td>
<td>Anthony DiFilippo, PT, DPT, MEd, OCS, CSCS</td>
<td><a href="mailto:anthonydif@gmail.com">anthonydif@gmail.com</a></td>
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<td>President Elect</td>
<td>Tonya Apke, PT, DPT, OCS</td>
<td><a href="mailto:Tonya.Apke@osumc.edu">Tonya.Apke@osumc.edu</a></td>
</tr>
<tr>
<td>Vice President</td>
<td>Christine Schulte, PT, MBA</td>
<td><a href="mailto:schulte3@ccf.org">schulte3@ccf.org</a></td>
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<tr>
<td>Treasurer</td>
<td>Kim Doolittle-Koran, PT, DPT, OCS</td>
<td><a href="mailto:korankr@yahoo.com">korankr@yahoo.com</a></td>
</tr>
<tr>
<td>Secretary</td>
<td>Kristin Marks, PT, DPT, JD</td>
<td><a href="mailto:kmarks76@gmail.com">kmarks76@gmail.com</a></td>
</tr>
<tr>
<td>Director I</td>
<td>Scott Euype, PT, DPT, MHS, OCS</td>
<td><a href="mailto:euypes@ccf.org">euypes@ccf.org</a></td>
</tr>
<tr>
<td>Director II</td>
<td>Jessica Iams, PT, DPT</td>
<td><a href="mailto:jessiams18@yahoo.com">jessiams18@yahoo.com</a></td>
</tr>
<tr>
<td>Director III</td>
<td>Rob Dunham, PT, DPT</td>
<td><a href="mailto:rdunham66@gmail.com">rdunham66@gmail.com</a></td>
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## District Chairpersons

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<tr>
<th>District</th>
<th>Name</th>
<th>Email</th>
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<tbody>
<tr>
<td>Central District</td>
<td>Kyle Schumm, PT, MS</td>
<td><a href="mailto:kschumm@gmail.com">kschumm@gmail.com</a></td>
</tr>
<tr>
<td>East Central</td>
<td>Jeff Hohl, PT, DPT, OCS</td>
<td><a href="mailto:jmhohl@gmail.com">jmhohl@gmail.com</a></td>
</tr>
<tr>
<td>Northeast District</td>
<td>Lynzie Schulte, PT, DPT</td>
<td><a href="mailto:lynziept@gmail.com">lynziept@gmail.com</a></td>
</tr>
<tr>
<td>Northwest District</td>
<td>Nick Reimer, PT, DPT, CMP, CAMT</td>
<td><a href="mailto:nreimer94@gmail.com">nreimer94@gmail.com</a></td>
</tr>
<tr>
<td>Southwest District</td>
<td>Kelly Moore, PT, DPT</td>
<td><a href="mailto:kelly.moore@gmail.com">kelly.moore@gmail.com</a></td>
</tr>
<tr>
<td>West Central</td>
<td>Sabrina Kaminski, PT</td>
<td><a href="mailto:sj33@evansville.edu">sj33@evansville.edu</a></td>
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## OPTA Leadership

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<th>Role</th>
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<tbody>
<tr>
<td>Chief Delegate</td>
<td>Michelle Masterson, PT, PhD</td>
<td><a href="mailto:michelle.masterson@utoledo.edu">michelle.masterson@utoledo.edu</a></td>
</tr>
<tr>
<td>PTA Caucus Rep.</td>
<td>Sanaz Holcomb, PTA</td>
<td><a href="mailto:sanazarmand@yahoo.com">sanazarmand@yahoo.com</a></td>
</tr>
<tr>
<td>Student/Faculty Affairs Chair</td>
<td>Marka Gehrig Salsberry, PT, DPT</td>
<td><a href="mailto:marka.gehrig@osumc.edu">marka.gehrig@osumc.edu</a></td>
</tr>
<tr>
<td>PAC Chair</td>
<td>Heather Schradin, PT, DPT, CIDN</td>
<td><a href="mailto:hschradin@yahoo.com">hschradin@yahoo.com</a></td>
</tr>
<tr>
<td>Awards Committee Chair</td>
<td>Scott Euype, PT, DPT, MHS, OCS</td>
<td><a href="mailto:euypes@ccf.org">euypes@ccf.org</a></td>
</tr>
<tr>
<td>Bylaws/Policies &amp; Procedures Chair</td>
<td>Selena Eskinazi-Budge, PT, DPT, CSCS</td>
<td><a href="mailto:budge2425@gmail.com">budge2425@gmail.com</a></td>
</tr>
<tr>
<td>CE Committee Chair</td>
<td>Rebecca Leegers, PT</td>
<td><a href="mailto:rebecca.leegers@uc.edu">rebecca.leegers@uc.edu</a></td>
</tr>
<tr>
<td>Conference Committee Chair</td>
<td>Michelle Losurdo, PT, DPT</td>
<td><a href="mailto:thelosurdos@yahoo.com">thelosurdos@yahoo.com</a></td>
</tr>
<tr>
<td>Ethics Committee Chair</td>
<td>Lisa Kohler, PT</td>
<td><a href="mailto:likohler@cincirr.com">likohler@cincirr.com</a></td>
</tr>
<tr>
<td>Finance Committee Chair</td>
<td>Kim Doolittle-Koran, PT, DPT, OCS</td>
<td><a href="mailto:korankr@yahoo.com">korankr@yahoo.com</a></td>
</tr>
<tr>
<td>State Affairs Co-Chair</td>
<td>Rob Dunham, PT, DPT</td>
<td><a href="mailto:rdunham66@gmail.com">rdunham66@gmail.com</a></td>
</tr>
<tr>
<td>State Affairs Co-Chair</td>
<td>Alan Howell, PT, ATC, SCS</td>
<td><a href="mailto:alan@howellrehab.com">alan@howellrehab.com</a></td>
</tr>
<tr>
<td>Membership Committee Chair</td>
<td>Christine Saltzman, PT</td>
<td><a href="mailto:csaltzman@mccarthyrehab.com">csaltzman@mccarthyrehab.com</a></td>
</tr>
<tr>
<td>Nominating Committee Chair</td>
<td>James Lee, PT, DPT, NCS</td>
<td><a href="mailto:Jlee@summarehabhospital.com">Jlee@summarehabhospital.com</a></td>
</tr>
<tr>
<td>Research Committee Co-Chair</td>
<td>Dawn Westfall, PT, MPT</td>
<td><a href="mailto:westfada@hotmail.com">westfada@hotmail.com</a></td>
</tr>
<tr>
<td>Research Committee Co-Chair</td>
<td>Cathy Bieber Parrott, PT, MS</td>
<td><a href="mailto:cbieberparrott@ysu.edu">cbieberparrott@ysu.edu</a></td>
</tr>
<tr>
<td>Practice Chair</td>
<td>Alan Frame, PT, DPT, OCS</td>
<td><a href="mailto:alanframe@gmail.com">alanframe@gmail.com</a></td>
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## Special Interest Group (SIG) Chairpersons

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student SIG, PT Co-Chair</td>
<td>Alexa Bosanac, SPT</td>
<td><a href="mailto:abosanac55@gmail.com">abosanac55@gmail.com</a></td>
</tr>
<tr>
<td>Student SIG, PTA Co-Chair</td>
<td>Melissa Goodall, SPTA</td>
<td><a href="mailto:goodallmelissa@gmail.com">goodallmelissa@gmail.com</a></td>
</tr>
<tr>
<td>Pediatric SIG Representative</td>
<td>Betsy Donahoe-Fillmore, PT, PhD, PCS</td>
<td><a href="mailto:betsy.donahoe-fillmore@udayton.edu">betsy.donahoe-fillmore@udayton.edu</a></td>
</tr>
<tr>
<td>Sports SIG Representative</td>
<td>Gary Calabrese, PT</td>
<td><a href="mailto:calabrg@ccf.org">calabrg@ccf.org</a></td>
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<th>Role</th>
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<tbody>
<tr>
<td>Executive Director</td>
<td>Victoria Gresh, CAE</td>
<td><a href="mailto:vgresh@ohiop.org">vgresh@ohiop.org</a></td>
</tr>
<tr>
<td>Member Engagement Specialist</td>
<td>Marie Ball</td>
<td><a href="mailto:mball@ohiop.org">mball@ohiop.org</a></td>
</tr>
<tr>
<td>Conference &amp; Education Coord.</td>
<td>Lori Peffly</td>
<td><a href="mailto:lpeffly@ohiop.org">lpeffly@ohiop.org</a></td>
</tr>
<tr>
<td>CE Reviewer</td>
<td>Vicky Humphrey, PT, MS</td>
<td><a href="mailto:ceu1@ohiop.org">ceu1@ohiop.org</a></td>
</tr>
<tr>
<td>CE Reviewer</td>
<td>Kristin Blatt, PT</td>
<td><a href="mailto:ceu2@ohiop.org">ceu2@ohiop.org</a></td>
</tr>
<tr>
<td>Legislative Agent</td>
<td>Amanda Sines</td>
<td><a href="mailto:amanda@gov-advantage.com">amanda@gov-advantage.com</a></td>
</tr>
<tr>
<td>Legislative Agent</td>
<td>Mikayla Pollitt</td>
<td><a href="mailto:mikayla@gov-advantage.com">mikayla@gov-advantage.com</a></td>
</tr>
<tr>
<td>Payment Policy Specialist</td>
<td>Bob Swinehart</td>
<td><a href="mailto:robert.swinehart@midamrehab.com">robert.swinehart@midamrehab.com</a></td>
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Additional contact information can be found online at [www.OhioPT.org](http://www.OhioPT.org).
About OPTA
The Ohio Physical Therapy Association (OPTA) is non-profit professional association representing physical therapists, physical therapist assistants who are licensed in Ohio, and Ohio PT/PTA students. OPTA represents approximately 3,200 professionals and students in Ohio.

OPTA is an affiliate of the American Physical Therapy Association, a national professional organization representing more than 90,000 members.

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F: 888.390.0425

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NOTICE: Consistent with APTA’s position opposing referring physician ownership of physical therapy practices, OPTA does not knowingly accept advertisements from clinics/facilities owned or controlled by referral sources.

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Professor and Associate Director of the Ohio State University School of Health and Rehabilitation Sciences

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Why are top rehabilitation centers choosing SafeGait?

When given a choice, rehab facilities like OSU Wexner Medical Center are selecting SafeGait as the only system allowing therapists to safely facilitate patient error and patient-initiated recovery. Proprietary dynamic fall protection and body-weight support technology are always active requiring no calculations or regular adjustments by therapists. The patented SafeGait Patient Management Software is easy-to-use, tracking patient performance by TASK and SESSION. Event time-stamping and standardized patient data export is ideal for research and patient comparison. And most important, SafeGait is a system where the primary focus for therapists remains on the patient rather than operating the device.

Learn more about OSU’s use of innovative technologies including SafeGait 360° at SafeGait.com/OSU