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In this Annual Report issue of the OPA Review you will read about the highlights of our 2013-14 year from many different perspectives. From all perspectives OPA has had an excellent year. For me it is hard to pick just a few items from the long list of our accomplishments.

Even though we created the current OPA Strategic Plan several years ago, it was well designed and continues to impact our priorities, budget and focus. I’ve seen many a dusty strategic plan on a shelf at organizations I’ve been involved with over the years. OPA’s plan is utilized for virtually every committee, Executive Committee and OPA Board meeting. Committee reports include data tracking progress toward specific metrics that were developed along with the plan. Special meetings were held over the year for the several committees that share responsibility for individual goals to meet together to discuss strategies and progress.

Six key areas of focus connect with OPA's mission and vision. Our budget is closely aligned with these goals. Here are just a few of the things that OPA has done, or is doing in each area:

#1: Advocate for public policies that promote psychological services, the field of psychology and a psychologically healthy Ohio.
• Supported passage of updates to the Psychology Law (and the rules to implement them)
• Worked on insurance coverage for autism treatment and certification of ABA providers by the State Board (and the rules to implement certification)
• Worked with NAMI Ohio to pass Court Ordered Outpatient Treatment
• Revised rules regarding interns providing Medicaid services
• Medicaid expansion
• Funding in state budgets for mental health and addiction treatment
• We continue to work on telehealth, student debt reduction, prescriptive authority for psychologists, Medicaid approval of health and behavior codes, and psychologist early intervention with injured workers under Bureau of Worker's Compensation

#2: Create and sustain an environment of diversity and inclusion, while holding cultural competence for Ohio psychologists as a high priority.
• Approval of a definition of diversity and cultural competence
• Diversity audit completed
• Diversity and inclusion is a basic principle guiding changes in governance structure

#3: Make psychology more visible to the citizens of Ohio by providing psychological resources, scientific knowledge, public education and referrals.
• Creation of Marketing Task Force

#4: Create and maintain a number of income streams to make membership more affordable while continuing to provide priority services that members want and need.
• Finance Committee is developing new income stream that will benefit OPA members and the association
• Budget includes investment in program development with the ultimate goal of being less reliant on dues income
• Foundation implementing marketing strategies and fundraising programs, included planned giving, “Leave a Legacy” and bequests

#5: Support the personal and professional lives of psychologists throughout their lifespan, from student status through retirement.
• Progressing on development of an internship consortium to create more internships for Ohio graduate students
• Foundation scholarships recognize and support quality research
• Supporting legislation that impacts student debt issues

Recognizing Dr. Vanessa Jensen for her years as an OPA member at the 2013 OPA Convention.
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President’s Message

OPA: MOVING, SHAKING, COMMUNICATING!

Kathleen Ashton, PhD, OPA President

It has been a pleasure to lead such a fine organization with an active membership, energized board of directors and dedicated staff! As I look back over the year, I am impressed with the progress that OPA has made across many areas. I believe that we have improved our communication between the different facets of the organization and worked to increase transparency.

Our membership numbers have stayed strong in a time of declining membership nationally, a true testament to the value of OPA services. Our finances are sound, and we have maintained a balanced budget while prioritizing areas of greatest member need, including marketing psychology to the public and providing support for continuing education and advocacy. We have continued to stay on task with our Strategic Plan, accomplishing many of our goals and developing new ones based on emerging needs. We successfully hosted not one, but two conventions this year, providing quality continuing education to hundreds of Ohio psychologists. Our transition to a spring convention was smooth and I look forward to next year’s theme, “Reaching the Margins: Serving the Underserved.”

We have established a Health Care Reform Task Force to inform, provide resources and effect change on behalf of Ohio psychologists. OPA, particularly the Committee on Social Responsibility, has been active in social media and volunteering, providing communication about the value of psychology to the public. The Advocacy Committee has been active this year monitoring the passage of an update to Ohio Psychology Law and working on prescriptive authority among other issues. Our OPAGS student membership continues to grow and held another successful workshop. We continue to enjoy strong regional ties to Akron, Cleveland, Columbus, Cincinnati, Dayton and Toledo which enrich the organization.

We approved important new policies this year including telepsychology competencies, compiled by the Communications and Technology Committee and a position statement on youth bullying, led by the Bullying Task Force. The Diversity Committee contributed definitions for diversity and cultural competence that were adopted by OPA. The Professional Practice Committee completed a salary survey which will provide useful information to members and act as a baseline to continue to work for appropriate compensation for Ohio psychologists. The Ethics Committee has been active in developing a Colleague Assistance Program. The Insurance Committee continues to provide updates on current insurance practice and resources for action. We also have approved a set of principles for restructuring OPA’s governance.

We continue to be blessed with an exceptionally strong central staff under the leadership of Michael Ranney, Executive Director. Heather Gilbert has worked hard on branding OPA and increasing social media presence, and Beth Wherley continues to stay on top of our MCE hours. Joan Bowman has been a welcome addition, working to coordinate continuing education and increase webinar offerings. We were sad to lose longtime staff member Denise Brenner who accomplished her CPA, but were happy to welcome Jim Sulzer in a smooth transition. Bobbie Celeste continues to be a strong advocate for professional affairs in both insurance and advocacy issues.

Some notable accomplishments this year include another national winner of the Psychologically Healthy Workplace Award, Certified Angus Beef. The

• RxP Task Force developing opportunities for Ohio psychologists to get training in psychopharmacology
• PROS group for retired psychologists

#6: Provide a psychologically healthy and safe work environment for OPA employees and volunteers that support their career and personal growth, and values their contributions, professionalism and ideas.
• Foundation for Psychology in Ohio President’s Fund supports education and career development for OPA staff
• Governance Structure Task Force creates principles for making OPA’s Board more effective
• OPA’s Leadership Forum continues to develop future leaders of the association

Collecting donations for the Foundation at the 2014 OPA Convention.
President’s Message

OPA: MOVING, SHAKING, COMMUNICATING!

Kathleen Ashton, PhD, OPA President

Members of the OPA delegation at APA’s State Leadership Conference.

Psychology in the Workplace Network is to be commended for their continued high quality work and identification of exceptional Ohio businesses who understand psychology. We sent an outstanding delegation to the APA State Leadership Conference who advocated on Capitol Hill on issues important to Ohio psychologists such as Medicare reimbursement. Senator Sherrod Brown of Ohio was honored as mental health champion by APA this year. Our own Dr. Cathy McDaniels Wilson has also been elected as President Elect of Division 31.

I hope that the next year will build on our accomplishments, continuing to increase communication and engagement with OPA members. I believe that the Strategic Plan will continue to play an influential role in OPA’s development, and that members will see options for a new governance model emerging in 2014-2015. I look forward to exciting new ideas for membership services and revenue streams including our consultation project. I see genuine progress toward a marketing campaign for Ohio psychology that I hope will positively have an effect on member’s practices. I hope OPA members will continue to reach out to leadership and staff with ideas, time and energy to improve the state of psychology in Ohio.

In short, I have been privileged to be a part of OPA this year and would like to thank the membership, board and staff for their substantial contributions to furthering psychology in Ohio!

Accepting roses from Dr. Rose Mary Shaw on behalf of Ohio Women in Psychology.

Membership: The Gateway to OPA

Peg Richards Mosher, PhD, Chair

In spite of continuing economic challenges facing our friends and colleagues, OPA is continuing to make good progress toward our membership goals. Each year, our primary focus is on the recruitment, reinstatement and retention of members throughout their professional lifespan. The membership goals for 2013-2014 were increased (dramatically for some categories) to reflect the significant success actually achieved during last year’s membership campaign. To put this in perspective, most other state psychological associations are reporting a decline in membership. The goals listed below are framed within the context of the OPA Strategic Plan and the specific responsibilities of the membership committee. Please Note: All membership figures are current as of July 2014. Final figures will be available at the end of the 2013-2014 membership year (August 31, 2014).

OPA Strategic Plan Goal #5: Support the personal and professional lives of psychologists throughout their lifespan, from student status through retirement.

Recruitment, Reinstatement and Retention Goals:
1. Recruit 244 new and reinstated OPA members. Current progress: 191 (78% of goal).
2. Recruit 67 new ECP members for 361 total. Current progress: 44 new (66% of goal) and 297 total (82% of goal).
3. Recruit 109 new full student members for 185 total. Current progress: 125 new (115% of goal) and 201 total (109% of goal).

In short, I have been privileged to be a part of OPA this year and would like to thank the membership, board and staff for their substantial contributions to furthering psychology in Ohio!

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Our students and early career psychologists (ECPs) are the future of psychology in Ohio. An important part of the Strategic Plan is to expand efforts to inform graduate students and ECPs about the benefits of an OPA membership, increase opportunities for engagement within OPA and provide programs and services that are relevant to the needs of graduate students and ECPs. OPA has benefited significantly from the dynamic leadership in both OPAGS and the ECP
Committee during the past two years in particular. In spite of increasing the OPAGS new student members goal from 18 (last year) to 109 (this year), OPAGS again surpassed this year’s membership goals! While ECP goals were also raised significantly based on last year’s actual figures, recruitment and retention are often challenging as ECPs are often experiencing professional, personal and geographic transitions. For more information on the specific accomplishments of the OPAGS and ECP committees, please refer to their annual reports, also included in this publication.

A major initiative for the membership committee, in collaboration with the OPAGS and ECP committees, is to expand how OPA can inform and educate all Ohio psychology graduate students and ECPs about OPA. While recruitment is important, we need to ensure that members are aware of the resources and benefits of OPA and view them as relevant to their current and future professional needs and goals.

4. Recruit 109 new full members for 1,558 total. Current progress: 63 new (60% of goal) and 1,396 total (90% of goal).

In the fall of 2013, we again launched the “New Member Challenge.” This annual initiative challenges OPA Board members to contact non-member psychologists to discuss the programs, services and benefits of OPA. In addition to increasing our general membership, our hope is to increase membership among underrepresented groups and geographic regions so that OPA can better serve the diverse needs of psychologists throughout Ohio.

5. Contain growth of Emeritus members to 178 total. Current progress: 26 new and 193 total (108% of goal).

With the aging of psychologists nationally and in Ohio, many of our members report being in a period of transition as they move toward retirement or semi-retirement. Many of our colleagues welcome the beginning of this new chapter in their lives. However, many others face difficult issues, including reduced income, loss of professional identity and loss of social support. Programs and services offered to address some of these concerns include:

- Tiered dues system for members who meet emeritus status criteria
- Affiliate membership for those who are not licensed and are no longer practicing psychology in Ohio
- Involvement in PROs (Psychologists Retired in Ohio)
- Educational programs focusing on retirement issues (legal and ethical considerations when closing a private practice, for example)

Other Membership Committee Initiatives

Membership 4-1-1

This initiative, implemented in 2012, highlights the most commonly asked questions asked by members about OPA. The articles, published in the OPA Review, have focused on the new OPA website, how to consult with a member of the Ethics Committee, membership dues, introducing Joan Bowman, Director of Membership and Education, and the benefits associated with your OPA membership. Our most recent Membership 4-1-1 article highlighted the difference between OPA membership and OPA-MCE tracking can be found in the April/May 2014 issue of the OPA Review.

Newly Licensed Dinner and Swearing In

A newly licensed member of the membership committee suggested that OPA create a more personal and welcoming environment for honorees. The ECP and membership committees worked collaboratively to create an experience commensurate with the occasion. Each honoree was assigned an OPA host for the evening and received a gift bag filled with a wide assortment of professional tools and goodies. It was a great success!

Member Satisfaction Survey

This year, the Membership, Education and Advocacy committees created a member survey, distributed to psychologists (members and non-members) via Survey Monkey. While the results are still being analyzed, a cursory review of the 345 respondents provides very helpful information as we evaluate both current and future programs, services and benefits. A consistent thread among respondents was the importance of advocacy, both in their perception of OPA and the OPA activities that are viewed as being most important. The respondents’ profile was largely homogeneous, with limited diversity as measured by racial and ethnic identity, sexual orientation and primary practice setting. These are significant issues that continue to be a primary initiative requiring collaboration between and among many OPA committees and task forces.

Ongoing Committee Initiatives

In the upcoming year, the OPA Membership Committee will continue working on our initiatives, including:

- Engagement of retired and semi-retired members, ECPs, graduate students
- Increasing diversity of members
- Increasing the perceived relevance of OPA to psychologists across the continuum of specializations (including academic, forensic, child), work settings (including colleges and universities, medical, public sector, business, industrial/organizational, independent practice) and geographic location (especially rural and other underserved areas)
- Educating members and non-members regarding the value-added benefits and services offered by OPA

If any of these initiative or goals sounds interesting to you, please consider joining the Membership Committee! Feel free to contact me at mmrpsych@aol.com to express an interest or to discuss any questions you may have about the OPA Membership Committee.

OPA Membership Committee

Peg Richards Mosher, PhD, Chair
Christine Agaib, MA
Joan Bowman, MS, OPA Director of Membership & Education
Cathy Gaw, PhD
Heather Gilbert, OPA Director of Communications & Marketing
Robin Graff-Reed, PhD
Kati Hutchinson, PhD
Ashley Leubrecht, PsyM
Michael Ranney, MPA, OPA Executive Director
When I reflected on what the ECPC has done in the past year Dr. Seuss’s book, “Oh the Places You’ll Go,” came into mind. After all, the ECPC and ECPs are going places! We are a relatively new committee, yet we have accomplished many things. For one, we went from being the Early Career Task Force to the Early Career Psychologist Committee (ECPC), which means a standing committee with a voting seat on the OPA Board!

I am thankful for the support that the ECPC has received from OPA Board members and staff. In addition, I am particularly grateful for Dr. Katie Golden who graciously volunteered to cover as chair as I took a few months to adjust to being a new mom. With her support and excellent leadership, the ECPC continued working on our goals seamlessly. Just as I have needed support, the ECPC is working hard to help connect ECPs with the resources and support they need.

One ECPC initiative to cultivate support has been to create an “ECP Day” at the OPA Convention. At the 2013 OPA Convention, we sponsored our first workshop on “Finding Work-Life Balance as an ECP.” ECPC members, Drs. Andrea Bischoff and Katie Golden were instrumental in developing this workshop with some excellent panelists, Kathleen Ashton, PhD, Dr. Nicholas Doninger, PhD, ABPP, Angela Kuemmel, PhD, and Cathy McDaniels Wilson, PhD, ABPP.

In the spring, the ECPC collaborated with OPAGS (Ohio Psychological Association of Graduate Students) to co-sponsor a workshop on “Managing Student Debt and Planning for Financial Growth.” Unfortunately, this workshop was canceled due to low attendance. However, we believe this is an important issue for graduate students and ECPs, and we hope to offer it in the fall as part of a webinar or day long workshop. The “ECP Day” at the 2013 and 2014 OPA Conventions culminated with the New Licensee Dinner and Swearing In Ceremony. It was a privilege to be able to celebrate and welcome many new psychologists into the profession (and to be a new licensee myself being sworn in!).

Other initiatives to increase support for ECPs include collaborating with the OPA Professional Practice Committee on the OPA Mentor Program to develop mentoring guidelines. We are also continuing to help ECPs transition from student to professional by working closely with OPAGS, providing presentations to graduate students, and assisting with the EPPP monthly info sessions.

One exciting place that the ECPC is headed is...social! That’s right, one of our newest members, Dr. Eric Sullivan, is leading the ECPC Social Media Task Force! Members of the task force are all new members of the ECPC and include: Drs. Tracie Baker, Adam Borland, Laura Boxley, Alison Flowers, Shanna Murray, Brian O’Reilly, Heather Poma and Anthony Rivers. They are working hard to connect ECPs with one another and get helpful information and resources out to ECPs. If you are interested in creating content or helping out in some other way, please contact Dr. Eric Sullivan at ericsullivan1@gmail.com. You can now join the LinkedIn Group, follow the ECP Board on OPA’s Pinterest page and join the Facebook group.


ECPs - remember: “You’re off to great places. Today is your day. Your mountain is waiting. So... get on your way...” Dr. Seuss

...to the ECPC and don’t delay! After all, a journey is so much easier and fun with good company! If you are interested in going places with the ECPC, you can contact me at khutchinson3@gmail.com.
The goal of the OPA Ethics Committee is to advance the knowledge and competency of OPA members regarding the ethical standards for psychologists. The Ethics Committee has five functions:

1. To advance the knowledge and competency of OPA members regarding ethical standards for psychologists;

2. To educate psychologists regarding ethical principles and conduct;

3. To provide guidance to psychologists who have questions regarding their own professional ethics or conduct;

4. To advise the OPA Board of Directors concerning procedures or actions which the Board can or should take to promote the ethical standards of practice of its members; and

5. To interface with the Education Committee to plan continuing education opportunities on topics relevant to the ethical practice of psychology.

A valuable resource available to all OPA members is free consultation with the Ethics Committee. Any OPA member can initiate contact with an Ethics Committee member by telephoning the committee member. When an Ethics Committee member receives a telephone consultation or question, the caller’s name and telephone number are requested. Collection of this information permits the Ethics Committee member to contact the caller to provide pertinent follow-up information. The Ethics Committee member documents the nature of the inquiry and disseminates the consultation to other members of the Ethics Committee after redacting the caller’s identifying information. In turn, members of the committee provide their perspective to the committee member that received the inquiry. The nature of the consultation also is reviewed at the monthly meeting of the Ethics Committee. If indicated, the Ethics Committee member will contact the caller to offer additional information. Only the committee member with whom a caller speaks knows the identity of the caller.

In addition to responding to consult requests, the OPA Ethics Committee provided a one hour webinar (still available from OPA) and a three hour workshop in conjunction with the State Board of Psychology at the 2014 OPA Convention. Moreover, the OPA Colleague Assistance Program (OPA-CAP), a subcommittee of the OPA Ethics Committee, is building a network of providers for the Colleague Assistance Program. If you are interested in learning more about the provider panel and/or joining it, please contact the OPA Central Office.

The State Board of Psychology has 39 open cases, investigating complaints against Ohio psychologists. Protect yourself against Board complaints and lawsuits. Consult early and often. It’s free!

Brief bios are available on each of the members at ohpsych.org/about/governance/committees-task-force-and-affiliates/ethics/.

OPA Ethics Committee Members:
Bob Stinson, PsyD, JD, LICDC-CS, ABPP, Chair
Richard Ashbrook, PhD
Marianne Bowden, PhD
Terry Imar, MA
Kay Levine, PhD
Kathleen Mack, PsyD
Elizabeth Swenson, PhD, JD

Diversity Matters
Wanda McEntyre, PhD, ABPP, Chair

The Diversity Committee had another busy year promoting inclusion, cultural competency and diverse perspectives in OPA and the broader psychology community of Ohio. Here are some highlights of the committee’s activities this past year.

In our continuing effort to support graduate student research that promotes diversity and multiculturalism, the seventh annual Michael Sullivan Diversity Scholarship Award was given earlier this year. Several members of the OPA Diversity Committee and the OPA Board of Directors participated in the selection process. Dr. Michael Sullivan and Dr. Nabil El-Ghoroury had the difficult task of selecting the two finalists. This year, there were a total of 30 outstanding proposals from students throughout the United States. The $500
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scholarships are funded through the Foundation for Psychology in Ohio. The winners were Jeremy J. Eggleston of Fordham University and Calia A. Torres of the University of Alabama. Mr. Eggleston’s research examines the double stigma faced in minority-identified populations following the diagnosis of HIV/AIDS. Ms. Torres’ research centers on pain management disparities among Hispanic patients.

The Diversity Committee has continued the tradition of holding informal brunches to engage psychologists of diverse racial and ethnic backgrounds in OPA activities. This year’s brunch was held in Columbus and was attended by psychologists of Eastern European, Asian, Haitian and African-American backgrounds. These brunches have proven to be a great vehicle for exchanging ideas and as a way to update individuals about the latest OPA initiative in promoting psychology and diversity. As a result of the Columbus brunch, the Diversity Committee is trying to establish a list of bilingual/multilingual psychologist in Ohio to facilitate referrals for non-English speaking individuals. A brunch is being planned in the Toledo area for later this summer.

The fourth annual breakfast meeting with members of the Ohio Legislative Black Caucus and psychologists of color representing academia and clinical practice was held during OPA’s Legislative Day on May 21. These breakfast meetings have been a wonderful way to promote dialogue and collaboration on legislative issues centered on the practice of psychology. At this year’s meeting, we discussed how to increase the number of African-American students in graduate training programs in clinical psychology. The legislators also expressed an interest in having members from the Diversity Committee present a talk on dealing with angry constituents.

OPA’s Executive Director, Michael Ranney, invited Dr. Jessica Henderson-Daniel, an associate professor of psychology at Harvard Medical School and director of training at Children’s Hospital in Boston, to speak in May on “Learning About Individual Differences: A Particular Jigsaw Puzzle.” Dr. Henderson-Daniel is director of training in Psychology, Department of Psychiatry and associate director, Leadership Education in Adolescent Health (LEAH) Training Program, Division of Adolescent Medicine. She also serves as adjunct associate professor, in the clinical psychology program at Boston University. Mr. Ranney invited Dr. Henderson-Daniel as part of OPA’s commitment of offering workshops and speakers who provide diverse perspectives and increase the awareness to cultural issues for attendees. Dr. Henderson-Daniel’s workshop exceeded expectations as she gave an insightful presentation that engaged the audience and provided thoughtful discussion. On a side note, she is running for APA President this year.

If you had any doubt that diversity matters, starting with the upcoming biennium, there will be an increase in the number of continuing education hours needed in ethics for psychology license renewal. Psychologists will now need four hours in ethics, with “the role of culture” as an added component of ethics. The MCE committee, Education Committee, Diversity Committee and LGBT subcommittee will be holding joint meetings to discuss what presentations/topics will qualify for credit.

Follow us on Twitter @ohiodiversity to stay informed.

OPA Diversity Committee Members:
Wanda McEntyre, PhD, ABPP, Chair
Christine Agaibi, MA
Dorienna Alfreed, PhD
Gary Carrington, PhD
Colin Christensen, PhD
Jennifer Franklin, PhD
Shelly Jebens, PsyD
Tiffany Porter, PsyD
Christina Rideout, PhD
Jonathan Shelout, PsyD
Sonya Turner, PsyD
Alice Wang, PsyD
Nikki Winchester, MA
Michael Ranney, MPA, OPA Executive Director
The Committee on Social Responsibility (CoSR) continues to grow and expand our mission of coordinating the involvement of psychologists in programs and projects in the community, including advancing a social justice agenda by applying the science and practice of psychology to human welfare, as well as advocating for the fair treatment of Ohio residents through education, training and public policy. Some of our brief highlights of the year include the following activities.

We continue to co-sponsor a walking team with the Central Ohio Psychological Association (COPA) for the Out of the Darkness Suicide Prevention Walk in Columbus. The walk is held in October each year, and funds that are raised go partly for local prevention efforts and also to national suicide prevention research. This is the ninth year that the OPA CoSR has participated in the walk, and we raised over $900 for the walk with OPA/COPA members Beth McCreary, Margie Kukor, Nicolette Howells and Mary Lewis participating. Nicolette also participated in the Race to Eliminate Sexual Violence this year, representing OPA and the CoSR.

CoSR members also participated in a number of public events, promoting positive mental health and the role of psychologists in the treatment of mental health concerns. These events included the Post Office Health Fair, Columbus State Day at CSCC and the Philanthropy Ohio Conference, to name a few.

February is the month we focus on National Eating Disorders Awareness Week, and for the third year, we collaborated with Columbus State Community College to screen the documentary “Someday Melissa.” OPA psychologist Dr. Heather Guthrie joined four eating disorders survivors to discuss the documentary and answer participants’ questions. It was a highly successful event with over 55 attendees, and we look forward to continuing our partnership with Columbus State for this event.

May is Mental Health Month, and the CoSR assisted with the Public Education Campaign’s mental health fair held during Legislative Day. APA held their annual Mental Health Day Blog Party, and the CoSR published a post entitled “Mental Health and Aging: Managing Loss,” written by Dr. Michele Evans.

The CoSR continues to raise awareness about mental health concerns. The CoSR solicits graduate students and CoSR members to write monthly “Did You Know” articles in the OPA e-newsletter that informs Ohio psychologists about health awareness events relevant to mental health, as well as information that is pertinent to social justice issues. We also have a series of guest bloggers, who have written on topics such as “Need Resources? Try 211” by Dr. David Weaver, and an insightful article on stigma entitled “‘They’ can be ‘Us’,” by Morgan Shields. Morgan also wrote a highly-viewed guest blog entitled “Mental Illness and Quality of Care.” All of our blog posts can be viewed at opapic.blogspot.com.

The goal of the CoSR is to provide psychologists a way to do meaningful, powerful work that taps into social justice issues. We are looking forward to developing new community partnerships, and expanding ways that we can facilitate positive mental health in Ohio. The work represented in this article is only a small part of what we do in the committee. As you can see in the graphic above, our volunteer hours survey data demonstrates the power of volunteering in our community. The CoSR is always open to new ideas, as well as new members. If you are passionate about an issue related to public awareness or social justice, and would like to get involved, please contact me at marylewisphd@gmail.com.

2013-2014 CoSR Committee Members
Mary Lewis, PhD, Chair
Michael Ranney, MPA, OPA Executive Director
Heather Gilbert, OPA Director of Communications & Marketing
Kathleen Ashton, PhD
Jim Broyles, PhD
Amy Saling Untied, PsyD
Kimberly Burkhart, PhD
Christine Agaibi, MA
Michele Evans, PhD
Nate Tomick, PhD
Kelly Obert, MSW
Todd Finnerty, PsyD
Margie Kukor, PhD
Nicolette Howells, PhD
Helen Rodebaugh, PhD
Stephanie Clouse, PhD
Morgan Shields
David Weaver, PhD
Angela Miller, PhD
Tara Luchkiw
This year has been very successful for Ohio Psychological Association for Graduate Students (OPAGS). The new board started in September and hit the ground running using the momentum from the previous year. The board used the survey results from last year and tried to improve the benefits OPA can offer to students across Ohio.

Our first event was at the 2013 OPA Convention. The board participated in the event by presenting posters, mingling with other students, and putting together a table with student resources. The convention was our opportunity to hear directly from students about their needs. We were surprised with the number of undergraduates at the convention and have started to brainstorm ways OPAGS can better serve undergraduate students.

The next OPAGS event was the workshop on Acceptance and Commitment Therapy by Dr. Laurie Greco. Dr. Greco volunteered her time for this full day workshop which was a bargain at only $20 for OPAGS members (including lunch!). We had over 70 people registered for the event and the feedback was incredibly positive.

Our next event was the main OPAGS Spring Workshop which focused on preparing students for internship. We chose to repeat the same topic from the previous year, but with new presenters and information. Over 50 students from across the state attended and the speakers included a DCT, internship directors, graduate students who just matched and early career psychologists. We plan to take a break from this topic for at least a year and in its place students would like to see another ACT workshop.

Our last event of the year was at Legislative Day. Roshni Rao, our Advocacy Chair, was also elected as the APAGS State Advocacy Committee for Ohio this year. She worked closely with Dr. Bobbie Celeste in planning the health fair tables at Legislative Day and encouraged students to see the connection between the research they conduct and important legislative issues in Ohio.

One of our major goals for the next year is to reach more students across the state. Both OPA and OPAGS have made a specific effort to gain more involvement from students across the entire state by building a stronger social media presence and visiting campuses to talk about what OPA offers students. Another goal for the upcoming year is to continue to partner with the Early Career Psychologist Committee (ECPC) to further develop mentoring opportunities as well as joint OPAGS and ECPC events. This year we planned to hold a financial workshop; however, due to low enrollment it was cancelled. We hope that this workshop can still occur and are looking at other possible outlets including a webinar.
Racing Toward a New Biennium
Mandatory Continuing Education Committee
Cathy Gaw, PsyD, Chair

This is the time that things really heat up for the MCE committee – at the time of this writing, August 8, 2014, there are 3,228 psychologists registered with MCE and 954 of these psychologists have not yet completed their licensure requirements for the 2012-14 biennium. Thus, MCE Director, Beth Wherley, and the MCE Committee invest their summer to insure that psychologists receive proper and timely credit for courses, presentations and articles they submit over the next few months.

Accomplishments for the 2013-14 year include:

• Ongoing coordination with the Education Committee and specific OPA Strategic Plan goal discussions

• Monitoring the possible impact of the Ohio certification law for Board Certified Behavior Analysts on MCE workload, in order to effectively prepare for the 2014-16 biennium

• Preparing to make necessary changes to accommodate new Ethics/Cultural Competence requirement (4 CE) in the updated Psychology Licensing Law for the 2014-16 biennium, in coordination with the Diversity and Education Committees and the LGBT Subcommittee

• Monitoring impact of the Associations of State and Provincial Psychology Boards’ white paper regarding maintenance of competence and licensure on assessing learning in continuing education activities

• Review of over 513 CE courses at the close of the 2012-2014 biennium. It is fascinating to see the wide range of CE training available to psychologists!

The MCE committee would like to involve additional members on this committee, especially if you are interested in issues of: diversity and multiculturalism, distance learning, addictions, integrated health and public sector. Please contact MCE Director, Beth Wherley, mce@ohpsych.org or me at gawc@ccf.org with your interest in joining this interesting and vibrant committee.

MCE Committee Members:
Cathy Gaw, PsyD, Chair
John Laux, PhD
Mark Krautheim, PhD
Richard Sexton, PhD
Amnon Shai, PhD
Terry Imar, MA
Beth Wherley, Director of OPA-MCE

OPA Embraces Change
Kathleen Ashton, PhD, Chair

The OPA Governance Structure Task Force has been working since 2012 to develop ideas about how to continue to keep OPA a modern, high functioning association. The task force was established following a request from the OPA Board of Directors (OPA BOD) to examine OPA governance structure, assess for effectiveness and propose changes if necessary.

The task force met regularly and has held discussions with the OPA Board about its progress. They have surveyed the board about governance issues, reviewed the board self-evaluations, reviewed the OPA early career survey, and elicited feedback from board members and general membership at four open forums. The task force has reviewed extensive materials on the effectiveness of boards, and also consulted with other state psychological associations and materials on organizational development. As requested, the task force synthesized this information and developed a preliminary report for consideration by the OPA Board. This report was discussed in-depth at the board meeting on October 5, 2013 where it was agreed to move forward with at least some change to governance structure at OPA.

As the work evolved, the discussions began to center around some major principles. The task force agreed that even though the complex details of a new governance model would continue to develop, any new model should be structured based on agreed upon general principles.

It was determined that we would elicit agreement on the general principles before moving forward with new models. Based on feedback from the BOD, the task force was assigned with providing evidence for and against each of the general principles. There was full discussion at the April 2014 BOD meeting. The board broke into small groups with members providing input on recommending the general principle be adopted or not, thus providing direct board input into the governance change process. Based on the feedback, the following eight principles were approved at the June 2014 board meeting. These eight principles will be the basis on which to develop new models of governance for OPA. The task force concluded its work at its July meeting, and a new task force will be appointed to develop new models of governance based on the following principles.

Recommended Principles for Governance Restructuring

1. The board structure should cultivate leadership at all stages, including early career psychologists and within committees.

2. The board structure should increase communication and meaningful discussion among leadership, committees, staff and members.
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3. The board structure should include shifting fiduciary responsibility from the full board to a smaller board (i.e., an expanded EC) and separate the role of committee chair from board member. Consider forming a separate “council like” group of committee chairs/task force leaders.

4. The board structure should support OPA’s Strategic Plan.

5. The structure of the board should include increased use of technology to maximize inclusion of psychologists around the state, improve efficiency and improve communication.

6. The board structure should increase engagement at the leadership, committee and member level.

7. The board structure should support the maximum effectiveness of staff.

8. The board structure should specifically attend to issues of diversity and inclusiveness.

Governance Structure Task Force
Kathleen Ashton, PhD, Chair
Peg Mosher, PhD
Sandy Shulman, PhD
Michael Ranney, MPA, OPA Executive Director
David Hayes, PhD
Mary Miller Lewis, PhD
Cathy McDaniel Wilson, PhD

Providing a Quality Education for You!
Cathy Gaw, PsyD, Co-Chair

Dr. Antonio Puente address the crowd at the 2014 Convention.

Dr. Barry Anton takes questions from the audience at the 2013 Convention.

This has been an especially productive year for the Education Committee, as OPA shifted from offering the annual convention in the fall to providing it in the spring. This change was well-received by the membership and appreciated by OPA staff – and both conventions were well-attended and effectively provided cutting-edge education to psychologists. The 2013 OPA Convention, “Psychology’s Role in Integrated Health Care,” was opened with a keynote address from Dr. Katherine Nordal, executive director of APA’s Practice Directorate. The 2014 OPA Convention in April, “Evolving Health Care Structures: Psychology’s Place at the Table,” commenced with a luncheon keynote address from Dr. Antonio Puente, APA’s representative to the American Medical Association’s CPT Panel and a member of the CMS Medicare Coverage Advisory Committee. The Education Committee had a particularly difficult task when having to choose from the array of excellent proposals submitted for the abbreviated number of programming slots for the 2014 Convention. As a result, OPA ended up the winner by having all slots filled with crisp, timely presentations and an additional venue of interesting stand-alone workshops and webinars.

Mark your calendars for the 2015 OPA Convention, April 29 – May 1, 2015 at the Quest Conference Center in Columbus. “Reaching the Margins: Serving the Underserved” is the theme and we are excited to review the proposals submitted regarding client populations that are most often hidden from view and out of mind.

The OPA Education Committee continues to invite our membership to consider submitting their proposals to create quality webinars regarding their areas of expertise. If you would like to review submissions for webinars and the upcoming 2015 Convention, please contact our Director of Membership and Education, Joan Bowman, MS at jbowman@ohpsych.org to share your interest in becoming a member of the Education Committee!

Education Committee Members:
Richard Ashbrook, Co-chair
Cathy Gaw, PsyD, Co-chair, MCE Liaison
Robin Arthur, PsyD
Jim Brush, PhD
Dan Davis, PhD
Jerome Gabis, PsyD
Jon Thomas, PhD, Public Sector Committee Liaison
Ashley Murray, OPAGS Liaison
Katy Krohn Mezher, PhD
Joan Bowman, OPA Director of Membership & Education
Heather Gilbert, OPA Director of Communications & Marketing
Michael Ranney, MPA, OPA Executive Director
The OPA Public Sector Issues Committee in an Era of Health Care Reform

Lynne C. Rustad, PhD, Chair

Although we’ve been around as an ad hoc group for more than 20 years, it wasn’t until 2008 that the Public Sector Committee gained voting status on the OPA Board, a fortuitous change given the growing importance of the public sector in the delivery of health care. In many respects, public sector psychologists have been ahead of the curve in terms of their service in a wide variety of settings, working with a diverse group of patients (from the seriously mentally ill to those with serious medical problems and rehabilitation needs); working productively with other professionals on multidisciplinary teams; and developing innovative approaches to care in a variety of settings that they didn’t tell us about in graduate school.

As you can see from the list of members at the end of this article, we’re a diverse group and bring to the OPA Board a breadth of experience invaluable in grappling with a rapidly changing health care environment. We’re particularly committed to ensuring that psychologists maintain a seat at the table. As changes occur we want to make sure necessary training is provided, that state and federal legislation is respectful of the needs of our clients for equitable access to quality health care.

We’re actively involved in development of OPA continuing education workshops and webinars, currently focusing on improving care for rural patients whose needs are often overlooked. A webinar is planned on Amish mental health and we’ll be working with the Communications and Technology Committee to examine how technology can be used to improve care of rural patients.

Advocacy is an integral part of our work, monitoring public sector relevant legislation as it moves through the assembly, participating in Legislative Day and communicating with our Senators and Representatives to inform them and encourage their support of bills that we consider important to public sector health care. We often work collaboratively with other committees and task forces within OPA and the community to accomplish these goals, e.g., developing an early intervention program for Bureau of Workers’ Compensation clients and, with the LGBT Subcommittee, bringing attention to the problem of bullying in schools. We’ve supported legislation passed this year to clarify use of court-ordered assisted outpatient treatment of the mentally ill, to address the burgeoning opioid addiction problem in Ohio and to clarify credentialing of Applied Behavioral Analysis providers of care to those with autism.

Currently, we’re especially interested in adding new rural psychologists and would like to fill the position of Rural Health Coordinator, who would provide a liaison between our state association and the APA Committee on Rural Health. We’re also interested in adding prison psychologists to the committee, especially in view of funding cuts and other changes in the state prison system, including the stress imposed by privatization.

We meet monthly via teleconference and annually for a face-to-face retreat. If you would like further information about our committee and might even consider joining us, please check our page on the OPA website ohpsych.org/about/governance/committees-task-force-and-affiliates/psi/. We also encourage you to join our Public Sector Mail Group: http://health.groups.yahoo.com/group/PSI_Mail_Group/ for updated information and discussion of topics you consider important. (OPA membership is not required.) Other questions? Please contact me at rustadlc@mac.com.

Committee Members:

Lynne Rustad, PhD, Chair (VA, Ret., GM&S) rustadlc@mac.com
David Aronson, PhD, FAACP (BWC)
Susan Buchwalter, PhD (CMH CEO)
Deborah Devlin, LSW, Psychology Graduate Student (CMH)
Lani Eberlein, PsyD (CMH and University Faculty)
Fred Frese, PhD (SMI, Medical School)
Robert Goldberg, PhD ABPP (Clinical Training Director, VAMC)
Jeremy Kaufman, PsyD (Military)
Erich Merkle, PhD (School Psychology, OSPA Representative)
Joel Mowrey, PhD (County Mental Health Board Executive)
Cindy Orlasky, PhD (VA Community Based Home Care)
Michael Ranney, MPA (OPA Executive Director)
Jennifer Reese, PhD (Juvenile Justice)
Mary Ann Teitelbaum, PhD (School psychology, OSPA Representative)
Jon Thomas, PhD (Medical School, Family Medicine)
Bethany A. Young-Lundquist, PhD, (Courts, Forensics)
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Communications and Technology Committee
Marc B. Dielman, PhD, Chair

Primary Committee Goals 2013-2014
1. Develop a proposed curriculum of telepsychology for Ohio psychologists.
2. Actively educate about and promote the use of telepsychology with OPA members.
3. Provide editorial resources to OPA publications.
4. Keep informed about telepsychology laws, regulations and guidelines.
5. With OPA staff, manage the OPA listserv for compliance with rules and guidelines.
6. Provide information about telepsychology on the OPA listserv and OPA publications.
7. Advocate for the provision of telepsychology education and training opportunities for Ohio psychologists.

All of these goals were met except for number one. We did develop telepsychology competencies as a first step towards a possible curriculum for telepsychology.

Primary Committee Goals 2014-2015
1. Develop a proposed curriculum of telepsychology for Ohio psychologists and/or suggest/recommend a proposed curriculum for telepsychology in Ohio.
2. Develop an informed consent form that could serve as a template for Ohio psychologists who are utilizing telepsychology.
3. Develop a webinar on the telepsychology competencies with practical implications.
4. Actively educate about and promote the use of telepsychology with OPA members.
5. Provide editorial resources to OPA publications.
6. Keep informed about telepsychology laws, regulations, and guidelines both at the state and national level.
7. With OPA staff, manage the OPA listserv for compliance with rules and guidelines.
8. Provide information about telepsychology on the OPA listserv and OPA publications.
9. Advocate for the provision of telepsychology education and training opportunities for Ohio psychologists.

Presentations and Publications:


Richardson, J. D., St. Cyr, K., Nelson, C., Elhai, J. D., & Sareen, J. (2014, November). Examining the association between self-reported sleep disturbances and suicidal ideation in a sample of treatment-seeking Canadian Forces members and veterans. In Davis (Chair), Treatment needs and approaches for military populations. Paper session presented at the 29th Annual Meeting of the International Society for Traumatic Stress Studies, Philadelphia, Pennsylvania.**


One of our strategic goals is to make psychology an important player in health care policy in Ohio. OPA is making that happen as Michael Ranney and I participate in significant meetings and coalitions in the state capital. To promote access to psychological services, increase our role in health care reform, and to raise our reimbursements, I have been active in the following advocacy efforts.

Advocacy

Legislative Changes
OPA worked on many bills that successfully passed, all emphasizing prevention and treatment of mental illness. The list includes Medicaid health care to more citizens; expansion of autism treatment and regulation of behavior analysts by the psychology board; civil commitment for outpatient treatment—to avoid hospitalizations or no treatment; anti-trafficking legislation; upgrading the licensing law while protecting psychologists and consumers; and in the recent budget, more funding for comprehensive opioid treatment, crisis beds, recovery housing, and prevention services.

Insurance Companies
Insurance companies constantly come up with new ways to make life difficult for psychologists (and others—but payment for mental health providers is especially troublesome). Michael Ranney and I, along with the Insurance Committee work hard to advocate for you with insurance companies and the Department of Insurance. This year we have advocated for psychologists with Anthem, UBH, Caresource, Buckeye and met with the head of Medical Mutual in Toledo (thanks to Dr. Dennis Kogut). We have helped members get on panels and get paid what they are owed. Don’t wait until months go by—contact us as soon as you know there is a problem. We have prioritized Humana as a problem insurer for advocacy this fall.

Ohio Association of Health Plans
We have also met with Miranda Motter, the head of the Ohio Association of Health Plans to discuss how psychologists can advocate for our services with insurance companies. A meeting with their medical directors is being planned for the fall.

Medicaid Department
In June we met with the Director of Medicaid, John McCarthy to point out the payment difficulties for psychologists who treat those with Medicaid and Medicare insurance. (He encouraged us to keep up the fight to get better pay for providers—this will take many of us working together!) If you are having difficulties with MyCare insurance, please contact me.

Medicare
Raising our fees and working on the CPT codes in Medicare is our big push at the federal level. Senator Sherrod Brown is assisting us in Congress with his bill (Senate Bill 1064) to add psychologists to the physician definition, thus opening up additional opportunities for psychologists to practice to the top of our scope within Medicare. I attended a Medicare seminar regarding getting paid and avoiding problems in audits. Michael Ranney sits in on their quarterly calls. Please let him know if you are experiencing problems with Medicare.

CGS, Medicare administrators for Ohio also presented at our 2014 OPA Convention.

Committee Members:
Marc B. Dielman, PhD, Chair
Audrey Ellenwood, PhD, Co-Chair
Paule Asch, PhD
Mark Babula, PhD
Susan Bowlins
Gary Carrington, PhD
Jon Elhai, PhD
Heather Gilbert, OPA Director of Communications & Marketing
Christina Goodwin, PhD
Jeanne Jenkins, PhD
Ken Manges, PhD
Teresa Mueller
Michael Ranney, MPA, OPA Executive Director
Rolf Ritchie
Cynthia Van Keuren, PsyD

*These are just a sample of Jon Elhai’s publications as he has had ten publications in 2013-2014.

**These are just a sample of Jon Elhai’s presentations as he has had ten presentations in 2013-2014.

Advocacy & Consultation for OPA Members
Bobbie L. Celeste, PhD, OPA Director of Professional Affairs,
bceleste@ohpsych.org
Regional Opiate Treatment

The program featured psychologists Dr. Cynthia Van Keuren of the VA and Dr. Gary Sipps from Akron, both specialists in the psychological treatment of pain. The diversity committee hosted a breakfast for members of the Ohio Legislative Black Caucus and psychologists from around the state presented a psychological health fair. This event meets OPA's strategic goals for training, advocacy and policy. Thanks to the Advocacy Committee, chaired by Dr. Brad Potts for all their efforts this year.

Burea of Workers Compensation

Advocacy has been consistent over the last five years to include psychological services as an early intervention strategy to assist workers soon after injury. Dr. David Schwartz and the BWC Taskforce are finally seeing strong interest in this idea within the BWC. We will keep moving this important advocacy work forward. Look for workshops regarding this new treatment model.

Department of Mental Health and Addiction Services (OMHAS)

I was appointed to the Mental Health Clinical Roundtable of the new department. As the only psychologist, I advocate strongly for psychological services as a significant part of health care integration.

Because of OPA's visibility, at the request of OMHAS Medical Director, Mark Hurst, Addiction Services Director, Joyce Starr met with me and Michael to include OPA as part of the team to integrate psychological and addiction services in the state psychiatric hospitals and the community.

New Opportunities for Interns

OPA was able to get a rule changed in Medicaid to allow general supervision, instead of direct supervision for pre and post doc interns supervised by Ohio psychologists. Medicaid will pay the psychologist the usual rate. Contact me to become involved.

OPA, under the leadership of Dr. Kevin Arnold, is working to develop new internship positions in Ohio sponsored by a consortium developed by OPA.

Prescribing Authority for Psychologists

Along with the RxP taskforce headed by Dr. Jerry Strauss, I continue to advocate for prescribing authority for specially trained and credentialed psychologists in Ohio. Access to appropriate psychological treatment that includes medication is incredibly difficult to find in Ohio. Most psychotropic medications are being written by primary care physicians who have minimal training in psychological treatment. Most consumers wait months and then may only see a psychiatrist for 15 minutes. We have talked with the Ohio Council of Behavioral Health and Family Services Providers and the federally qualified health centers regarding prescribing. They are both favorably inclined to the idea.

Legislative Day: Promoting Psychologists Role in Pain and Opiate Treatment

Psychologists and trainees were in the beautiful Ohio Statehouse atrium on May 21 hosting state legislators for lunch. The program featured psychologists Dr. Cynthia Van

New Listservs

OPA has formed a listserv for Ohio neuropsychologists to advocate for policy changes in state law and practice. A recent concern is the “return to play” concussion issue. OPA has also formed a listserv for forensic psychologists. The purpose is both advocacy and information sharing. Contact me to join these listservs.

Speaking Around the State

I had the pleasure of presenting in Toledo and Cleveland for the regional psychological associations as well as at Xavier, Wright State and Ohio State. Michael Ranney and I are eager to come to your area to talk about public policy and psychology practice. We plan to be in Dayton in January and are working on a date for Akron.

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The truth is, most of us feel we can answer this question. Our training and experience allow us to have a good grasp of our professional identity in the many roles we undertake. Unfortunately, this same clarity does not exist in the public mind. The average individual has a difficult time holding a clear understanding of what it is we actually do, what our strengths are, and what separates us from other, similar professions. At the same time, the marketplace for mental health services is becoming increasingly crowded and more complex. Most consumers have difficulty distinguishing our background and strengths from those of other independently licensed mental health service providers.

Concern about this issue emerged from Ohio psychologists during the development of the association's current Strategic Plan. From the discussions and surveys underlying the plan's development emerged a real need to highlight and refine our profession's image in the public eye. The need for this is further underscored as we begin to understand the coming changes driven by the implementation of the Affordable Care Act. Of the six major goals of our plan, one is devoted to this issue. Goal six of OPA's Strategic Plan requires the association to "make psychology more visible to the citizens of Ohio by providing psychological resources, scientific knowledge, public education and referrals." Included in this portion of the plan are objectives which direct us to draw on input from business and marketing professionals to help develop strategies to achieve this goal.

From this area of newly identified need the Marketing Task Force was born. The purpose of the task force is to influence the image and visibility of our profession in the eye of the public. Our initial work has been to cultivate resources in the business and marketing community. Thus far, we have been able to engage support; from number of resources, including the colleges of business at Kent State University and The Ohio State University. However, this is only the beginning. In order to reach our objectives, we need more members for our task force to help translate and integrate the newly emerging understanding from our consultants into strategies for the association and our profession. Ideal potential Marketing Task Force members are psychologists who have background or experience in the area of marketing, or who have interest in this area and would like to learn more. A great outcome of participation in the group will be a better understanding of how psychologists can market themselves. If you are interested, please contact me at jimmyr@ameritech.net.

The Disaster Response Network (DRN) has had a quiet year, despite a variety of disasters in the U.S. One reason is that the DRN is closely tied to the operations of the American Red Cross, which has been undergoing some significant changes in their organization and how they respond to disasters. A key change is that volunteers are more likely to be sent to local or regional incidents, and less likely to be sent outside of their region, except in large scale disasters. Also, as this article's title suggests, Ohio is a very safe state when it comes to disasters, so there have not been any large incidents. In order to keep our members active and interested in disaster response, we are looking at how we can be more supportive of our respective communities, and of those volunteers who do deploy. Providing emotional support via telephone or email to those volunteers on assignment is one option we are considering. Other ideas include working with Red Cross to provide psychological first aid training to the public.

Although most of our members did not volunteer beyond their communities, they were active. Five “Fundamentals of Disaster Mental Health” trainings were provided by our members in Dayton and Columbus, including a course offered at the OPA conference. I presented the workshop at the APA Convention in Washington, D.C. in August as well. Frank Maher and I also taught “Psychological First Aid” classes for their respective chapters and I taught a course on mass casualties. In addition, Frank was instrumental in a Disaster Response conference held in Dayton in November. Several committee members (Kay Levine, Jose Caminaro, Frank Maher and Marjorie Kukor) responded to local incidents for their local Red Cross chapters. Angie Vredeveld returned from her assignment with Doctors without Borders and has taken a position with Give An Hour. We will miss her and wish her well.

Our committee is in need of more members, so throughout the year we have had discussions on how to become a larger, more vibrant presence in our respective communities. We are open to any licensed mental health professional; we ask that members take the disaster mental health training offered by the Red Cross, so members can respond, if they choose, when a disaster occurs. We are considering a variety of events and communications to improve our network, and we’d welcome your input. If you have any interest in reaching out to help those affected by a disaster, please consider joining our group. There are a variety of ways in which you can be involved, based on your time, interest and energy. The time to get prepared is now! Please contact me at Marjorie.Kukor@mha.ohio.gov if you are interested in joining, or have questions or suggestions.
Ohio Women in Psychology: An Annual Review and a Look Forward
Christine E. Agaibi, MA, PhD Candidate, OWP Liaison

Ohio Women in Psychology (OWP) has historically been an organization that fosters camaraderie and support for women in psychology throughout Ohio and beyond. This tradition was continued and supported this year under the direction of our president, Dr. Cathy McDaniels-Wilson.

Under Dr. McDaniels-Wilson’s leadership, we continued to discuss ways to increase our presence within OPA and the greater profession of psychology. For the first time, OWP proudly connected with and assisted the Association of Women in Psychology (AWP) with their March 2014 conference that was held in Columbus, Ohio. Volunteers from AWP joined OWP’s conference calls and discussed how the two organizations could work together to further the goals of women in psychology locally in Ohio and throughout the United States. Volunteers were recruited from OWP to assist at the AWP conference and we hope to continue our collaboration.

At the 2014 OPA Convention in April, Dr. Jane Woodrow, a long time member of both OPA and OWP, received the OWP Lifetime Achievement Award. Dr. Woodrow was a founding member of OWP and has served as president of OWP, OPA and the State of Ohio Board of Psychology. She was a member of the State Board of Psychology from 2001-2010. She has provided counseling and evaluations for children and adults, worked with serious mental illness, a variety of psychological disorders, and the after effects of sexual abuse, childhood trauma and divorce. We congratulate Dr. Woodrow on this significant award and years of passionate work in the field of psychology!

As we continue to look toward the future of OWP we are looking forward to our work in many areas. We continue to look for member, board and scholarship recipient recruitment. At the OPA 2014 Convention, we launched our first ever OWP ribbon to identify members of OWP. We hope that this will spark further interest in our group and will engage potential members into discussing with current members what OWP is about. We also hope to recruit more applicants for our scholarship. We hope to engage the Ohio Psychological Association of Graduate Students into disseminating information about this opportunity and we look forward to rewarding this scholarship to an interested student working on research in women’s issues.

OWP is also very proud of our quarterly newsletter Perspectives. Several members of OWP and OWP’s Board have published articles relevant to women’s issues over the last several issues. We look forward to continuing this publication into the future.

OWP has had a healthy and productive year and we look forward to the future. We hope to create an OWP sponsored presentation at the next convention or to create programming that empowers and supports women in psychology. We plan to continue our current monthly conference calls, quarterly newsletter and membership recruitment. We have had a successful year and look forward to our continued growth and development in the upcoming year and beyond!

BWC Task Force Activities
David P. Schwartz, PhD, Chair

I am very happy to report that the task force’s efforts over the past several years have resulted in significant changes in how the Ohio Bureau of Workers’ Compensation (BWC) deals with psychological issues. It is important to put into context that BWC is making significant efforts to reform its overall medical service model, with a strong emphasis on evidence-based treatment that is most effective in return to work and controlling costs. We have repeatedly argued and presented data that providing psychological treatment as early as possible fits into this model perfectly. BWC has agreed and based on a recent all-day meeting on June 4, 2014, to work on implementing significant changes in their service delivery model.

The initial changes will focus on removing barriers to providing prompt psychological care to injured workers in the first six months post-injury. A growing body of scientific data shows that this period is crucial in determining the trajectory of the injured worker’s path either to recovery or prolonged disability. The data also shows that for injured workers who are beginning
During the OPA 60th Anniversary Celebration in 2009, a number of our members expressed interest in gathering and documenting the history of our profession in Ohio. From these discussions the Oral History Project was created. Since then, a committee has been formed, and its members have been hard at work planning, executing and organizing video interviews of key Ohio psychologists. The purpose of the project is to create a searchable database of topics documented through oral history interviews of psychologists who have knowledge about our past. An exciting collection of interviews has been recorded already, with many more planned. Topics documented include: the history of the women’s movement in Ohio psychology, the history of the Civil Rights Movement and minority involvement in Ohio psychology, the history of professionalization of psychology on Ohio, the history of psychology’s prescriptive privilege movement in Ohio, and the history of psychology’s Ohio licensing law. Our present group includes Drs. Jim Broyles, Gary DeNelsky, Todd Finnerty, Cathy Gaw, Dave Helkamp, Richard Rynearson, Willie Williams, Sally Wilson and Jane Woodrow along with OPA staff members Joan Bowman, Heather Gilbert and Michael Ranney. If you have an interest in joining our group to help with the project, we would love to have you. Please contact Dr. Jim Broyles at jimmyr@ameritech.net.

The BWC agrees that since not all psychologists are trained in working with medical populations in such a focused behavior change model, that use of these codes will be limited to a panel. BWC has requested our input in developing criteria for the panel, a clinical manual to guide overall treatment for injured workers in this model, as well as training workshops for psychologists who wish to become panel members. We will also help in developing criteria for evaluating clinical outcome, including standardized assessment measures for all injured workers treated using these codes. The BWC wants to get these new guidelines written into their formal procedural rules in the next few months with a goal of implementing this early intervention program in limited areas of the state (based on availability of providers) in the next year. We will be working with the Education Committee to provide training workshops in the next six months.

Obviously this is a rapid “ramping up” of BWC’s interest and engagement with OPA, but it is most welcome given our interest in the work we put in to date. We will continue to pursue longer-term goals focused on removing barriers to treatment for all injured workers in Ohio, quite likely by using an extension of this model past the initial six-month period.

A Look Back on our Past
Jim Broyles, PhD, Chair

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This year the OPA Science Committee has begun to look at science of psychology as a STEM discipline. We are especially interested in the implications of it being so. The committee has also struggled somewhat—without final resolution—with just what role we should play as watchdogs over the use of the OPA listserv as a tool for survey research. A third area of work that is important, has been our ongoing role as reviewers, and later judges, of the posters entered in the student competition at our annual convention. My primary goal in this essay is to focus on the STEM issue, explaining STEM and how it relates to experimental psychology and to elaborate on its implication for both scientists and practitioners of psychology.

First, let me explicate the acronym:

**S**= Scientific method: The basis of all empirical research in psychology and the platform upon which all practice stands.

**T**= Technology: Lab technology, the use of animal models, carrying out neurochemical and endocrinological assays, and performing psychological assessment require a great deal of technical sophistication (to name but a few examples).

**E**= Engineering: The design of safe and effective human environments, such as fighter aircraft, shuttle cockpits, space capsules and space stations, automobiles, home spaces, and safe environments and objects for children require intense and long term training in sensation and perception and human physiology.

**M**= Mathematics: Psychology training increasingly requires mathematics, statistics, systems calculus, math theory, structural equation modeling and the like—though to some extent it always has. Thus, while we have had a history of STEM involvement, we have not been recognized until recently as a STEM discipline. This is beginning to change in the perspective of grantors such as National Science Foundation and National Institute of Mental Health who have begun to list psychology as a STEM discipline. While we have not yet received a great deal of funds for specifically enticing students into our burgeoning and rapidly changing discipline—that is as a function of what a STEM discipline entails, we will, I predict, very soon.

The implications for changing our self-concept as a discipline and the perspective of folks in other kinds of sciences are immense. For example APA publications (listed below) point to the following:

- Increased federal funding for basic and applied research
- Increased funding for psychological science based education curricula and programs
- Greater curricular attention in K-12, undergraduate and graduate education to the Science-Practitioner Model – a model that derives from, is grounded in high quality science.

Sadly, however, I have found that many psychologists are unaware of or do not welcome this enlarged role of science in our discipline. They are not aware of the enormous educational, experimental and practice related implications of this move to evolve our disciplinary self-concept. Thankfully and with great relief, I have not found this lack of awareness-cum-resistance-in-some in APA leadership. I have listed below the websites of a number of excellent reports regarding the implications mentioned above. This coming year much of our committee agenda will be taken up with the problem of spreading the word about STEM.

We will also be looking to expand the activity of the Science Committee by intentionally recruiting early career psychologists, by soliciting members for research questions relevant to the health and operation of OPA, by developing a nomination format for awarding excellence in teaching or research—with the help of the Small College Roundtable.

I am very optimistic about the “rose that emanates” from the STEM. I believe that as we form a clearer view of who we are and become involved in integrative relationships with other life sciences—as the underlying science demands of us, the beauty of our science will grow. Please join us in this newest phase of our journey.

**Important STEM related citations:** My thanks to APA’s Virginia Holt, Associate Executive Director of the APA Science Directorate for her suggestions.

**APA STEM report (2010)**

**Scientific and educational leaders respond to APA report on psychology as a STEM discipline**

**APA Science Leadership Conference takes on psychology's STEM challenge**

**How to advance psychology as a STEM discipline:**
Proposals from the APA Science Leadership Conference

**APA Monitor:** Promoting psychology as a STEM discipline
This has been a very dynamic year for the Cleveland Psychological Association (CPA) and it has been a great privilege to represent CPA to OPA during this time. CPA had begun work on formally defining the role of our executive director in order to ensure that the position is able to effectively support the evolving priorities of CPA. In the midst of this work, our executive director became seriously ill and incapacitated, which highlighted to us the importance of what she has been doing for our association. We are happy to say that she is on the road to recovery and as a result of this experience over this past year, we have developed an even more concise and comprehensive job description and procedures manual describing the duties involved for each of the Board of Trustees positions. The additional time and energy contributed by CPA board members and the membership to address the areas of need exposed by our absent executive director was impressive and heartwarming. CPA is grateful for OPA staff's generous and supportive input during this complicated year.

Throughout this year, CPA has continued to provide cost-effective CE opportunities. Our shift to less frequent but longer presentations has been well-received and has allowed for a rich diversity of content. CPA recently coordinated with the Association of Black Psychologists and the Minority Behavioral Health Group to host Dr. Amber Hewitt's presentation entitled “DSM-V - Recent Changes and Implications for Working with African-American Clients.” This workshop was thought provoking and well attended. We were excited for the opportunity to coordinate with these co-sponsors and look forward to continued coordination with a diversity of professional groups for CE throughout this next year.

CPA has continued the green initiative, balanced budget, donation of funds toward behavioral science prizes at the Ohio Science Day and toward student scholarships for OPA Legislative Day. CPA sent more judges to Ohio Science Day than we have before. Members of the CPA Board of Trustees personally donated to OPA's Project FAIR and challenged CPA members to also make their donations to this worthy project. Local advocacy for psychologists and for clients with mental health needs will be the active focus of CPA's Committee of Interprofessional Affairs and Advocacy and this committee will also coordinate with the Committee on Social Responsibility to identify areas of overlap and distinction as we move into the second half of our year. We have the lofty goal of addressing local psychologist and mental health consumer needs as effectively as OPA addresses state-wide advocacy needs!

If you are interested in becoming a member of CPA, please take a look at our website, clevelandpsychology.org. Browse our quarterly newsletters, event calendars and do not hesitate to contact me or our executive director with any questions or interest in joining. This is an important transitional time for our profession, thus it will be especially important to get plugged in to an association that is active, current and striving for excellence.

The Akron Area Professional Psychologists (AAPP) had another eventful year. Our former president, Jane Eckert, PhD, kicked things off with her presentation, “Mindfulness-Based Cognitive Therapy” on September 6, 2013. Her eloquent speaking style and engaging manner reminded all in attendance of the reasons why we voted her as our president for a number of years.

Next on the docket was Albert Barber, PharmD, CGP, FASCP, who gave a talk entitled, “A Psychopharmacology Primer – First Do No Harm” on October 11, 2013. Dr. Farmer helped members of our organization to learn more about the integrated medication management of complex patients. It was a fascinating presentation and we are grateful to Dr. Farmer for sharing with us.

Erich Merkle, PhD, Eds, NCSP, kept up the momentum with his talk, “Taming Special Education and Disability Practices in Public Education: A Survival Guide for Psychologists” given on November 22, 2013. Dr. Merkle helped AAPP members to understand the best ways to collaborate with the schools of our clients. It was very helpful to learn ways in which psychologists can be very helpful for our clients in schools and to be able to identify some approaches that are not as useful. Many thanks to Dr. Merkle for his timely presentation.

AAPP was privileged to end the year on a high note with the program by Eric A. Harris, EdD, JD, “Adventures on the Electronic Frontier” on March 7, 2014. This was extremely useful for the psychologists in attendance and helped us get up to date on the ethical requirements related to emerging technology trends. AAPP supported the attendance of graduate students to the program by offering them the opportunity to come to the program at a below-cost rate.

AAPP's current president is Colin Christensen, PhD, Christine Aqaibi, MA, remains our new vice president and Joel Mowrey, PhD continues in his vital role of secretary/treasurer. AAPP is grateful to our presenters of the past year – many thanks for sharing your knowledge with us.
The Cincinnati Academy of Professional Psychologists (CAPP) began the year with a new board member, James Dahmann, PhD into the secretary position, as board members Jim Diehl, PhD and Meera Murthi, PhD exited their positions.

The buzz term of the year for many psychology practitioners was health care. How do we advocate for psychology’s role in a new, emerging health care system? How do we ensure equal funding and reimbursement for psychological services? These are just a few questions that affect psychologists, and therefore affect professional psychology organizations. The CAPP Board of Directors unanimously agreed that to support our members, we have to address these questions by providing quality continuing education. Therefore, the CAPP Spring Conference focused on ways psychologists can expand their practice to thrive in the new mental health marketplace. A panel of local psychologists spoke regarding niches they have developed in private practice, including primary care settings, telepsychology, self-pay, family business consulting, forensic evaluation consulting and collaborative law.

Throughout the year CAPP also hosted several dinner meetings for CE credit. In August, CAPP welcomed Lyndsey Barnett, a HIPAA specialist with Graydonhead Legal Counsel, who educated us on what psychologists need to do to be HIPAA compliant under the new requirements. Then in September, CAPP hosted its biannual “Fun with Ethics” workshop presented by Kathleen Mack, PsyD and Debjani Sinja, PhD. With 2014 being a licensure year, this proved to be a well attended workshop. In October, Susan Steinberg, PhD and Susan Ahlrichs, JD presented “Psychologists and Collaborative Law,” followed by Jodie Edwards, PhD presenting on “Emotionally Focused Therapy.” CAPP began the new year with a local favorite “Dr. Magic,” aka William Wester, II, EdD, who gave a fun and informational talk on “The Relationship Between Psychology, Hypnosis and Magic.” Finally in May, Jeff Epstein, PhD spoke on his recent research at Cincinnati Children’s Hospital focusing on “Adolescence, ADHD, Driving and Cell Phones.”

This year CAPP has continued its mission to expand the bylaws and accept student affiliates and academic psychologists. We are pleased to have accepted students from Xavier University and the College of Mt. St. Joseph. We hope to branch out and welcome students from Miami University, Union Institute and University of Cincinnati in the future to continue to enrich CAPP.

A second focus for the year was finances. All practice organizations are faced with similar challenges, how to diversify revenue streams to offset expenses. This year CAPP began marketing and accepting local business sponsors for CAPP dinner meetings and conferences. We successfully had two businesses sponsor meetings. We will continue to market this to local businesses in the future.

Another first this year was the development of a CAPP social subcommittee. The committee put on its first CAPP Social to allow an additional activity for CAPP members to network. Everyone had a great time and plans are underway for future CAPP social events.

CAPP will start off the 2014-2015 year with a fall conference by presenter Cory Yaeger, PhD who will present on transgender issues and ethics.

Please feel free to contact any of our board members for more information about CAPP. Check out our website for quarterly newsletters and dinner meeting events at cappnet.org.

### Professional Organization’s Role in an Evolving Health Care System

Sarah Greenwell, PsyD, OPA Representative

CAPP will start off the 2014-2015 year with a fall conference by presenter Cory Yaeger, PhD who will present on transgender issues and ethics.

Please feel free to contact any of our board members for more information about CAPP. Check out our website for quarterly newsletters and dinner meeting events at cappnet.org.

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COPA: A Year of Global and Local Perspectives

Marjorie Kukor, PhD, President, COPA

The Central Ohio Psychological Association (COPA) has had a full and varied year. Our primary focus continues to be providing high quality yet low cost CE workshops, community outreach and educational support. Our 2013 workshop series on trauma and violence concluded in October 2013 with the workshop “Responding to Trauma and Violence.” At that workshop, we were fortunate to have a special guest presenter from Japan: Mr. Yoshiaki Inoue, MSW, a social worker who had responded to the 2011 earthquake, tsunami and Fukushima nuclear reactor breach. He provided an overview of the work he was doing post-disaster. A great discussion ensued that noted differences in mental health disaster response between the two countries, cultural aspects of self-care and how mental health support varies by country.

For the 2014 workshop series, we have chosen topics relevant to the practice of psychology. We are halfway through our series, having had successful workshops with lively discussion in March from Amanda Ferguson with “Chemical Dependency Licensure and Ethics” and in June with Dr. James Dobbins on “Ethics, Competency and Diversity in Supervision.” Held on August 22, “Legal and Ethical Aspects of Mental Health Practice” was presented by Bob Stinson, PsyD, JD. Our remaining workshop for the year is “Practicing Telepsychology in Ohio” by Ken Drude, PhD on September 26.

In addition to providing relevant continuing education for the central Ohio area, COPA also engages in community outreach, supporting community events and educational endeavors. We sponsored two graduate students, one of whom received the Henry Leland Scholarship, to attend the OPA Legislative Day, which was held in May 2013. COPA also supports regional and state Science Days. COPA members were judges for both events, and we sponsored two awards for outstanding behavioral health projects – tough decisions, given the high quality of the projects.

A long standing tradition of COPA’s is to support and participate in the NAMI (June) and Out of Darkness (October) walks. The NAMI Walk was well attended, with a large turnout to support those with mental illness and our local NAMI chapter. We anticipate a similar strong response for the Out of Darkness Walk.

One new twist for COPA this year has been an ongoing, intentional reflection on what COPA is about, what we do well, and what we need to be about as we move forward. Board meetings have had robust discussions about numerous possibilities, and we plan to send out a survey to psychologists in our region to gather data to guide our next steps. If you are in the central Ohio area, we hope you will respond. If you are outside our region yet have thoughts to share, please do so. Send your comments to any of the following Board members:

President: Marjorie Kukor, PhD, Marjorie.Kukor@mha.ohio.gov
Past President: Aracelis Rivera, PsyD, arc1217@aol.com
Secretary: Lisa Gordish, PsyD, Lisa.Gordish@mha.ohio.gov

Please check our website for updates and to register for our workshops: copaonline.org.

Dayton Area Psychologists Plunge Into the World of Technology with Grace

Rose Mary Shaw, PsyD, DAPA Representative to OPA

The primary objective of the Dayton Area Psychological Association (DAPA) is the delivery of continuing education units to local psychologists. DAPA superseded previous expectations with their 2013 banner year, serving 160 psychologists. The topics were engaging and ranged from cutting-edge tech information to interactive and informative clinical techniques. Dr. Kenneth Drude, from the DAPA Board of Directors, graced the audience in May with the latest local and national perspectives on the use of distance technology during his talk entitled “Ethically and Legally Practicing Telepsychology in Ohio.” He provided a clear and understandable interpretation of the Ohio Board of Psychology 2011 telepsychology rules and the 2014 Ohio Psychological Association approved telepsychology competencies. Most importantly, he provided resources for the purchase of the technology and training for the development of the new competencies. The DAPA audience was very receptive and excited about the prospect of using this technology and staying up with the changing world of technology. However, there remains an ongoing concern about the limitations placed on interjurisdictional (between states and/or provinces) telepsychology practice. Many psychologists in the Dayton area have Ohio based clients that travel or reside in other states or countries though out the year. National proposals are currently being considered to develop interjurisdictional telepsychology practice guidelines. The DAPA audience eagerly awaits future workshops to further explore these trends.

Continuing along the tech talk, DAPA launched their website in 2013. Dr. Nicole Blust worked closely with a consulting technology firm to further refine the site in 2014. The site is now user friendly to the general population, as well as the local psychologist. DAPA hopes to reach out to other local psychologists this year, so that we can develop a more comprehensive listing of services and local providers on the website. If you are
from the area, but not currently a member, a nominal annual fee will give you an immediate listing on this website that continues to grow in its access and utility. You can view our website at daytonpsych.org

Last but not least, the DAPA newsletter is now electronically available to all members. This comprehensive newsletter allows us the opportunity to bring recent changes and updates to the membership monthly, along with intermittent electronic news updates. We encourage local psychologists to submit news items and information about recent publications, as well as post to our classified ads. Dr. Fred Peterson continues the long-standing tradition of the “Mystery Psychologist Column.” Winners receive a free posting of their bio and any other relevant information. Our community based outreach programs including the science fair judging and awards, as well as our Food Bank Program and Community Autism Walk events are also posted in our electronic newsletter and website. Tech is here to stay, and DAPA is up to the challenge to grow and change with it!

Board Of Trustees:
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Newsletter Editor: Kenneth Drude, PhD
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Secretary / Treasure: Marcy Gunn, PsyD
Program Chair: Steve Hall, PsyD
Member at-Large: Steve Hamilton, PhD
Student Rep: Rebecca Clarke, PsyM

TAAPP Gaining Momentum
Mark Babula, PsyD, OPA Representative

The Toledo Area Academy of Professional Psychologists (TAAPP) continues its positive impact and interactions with the community.

The year started off with Bobbie Celeste, PhD presenting to TAAPP members regarding changes in practice. Following this presentation, Dr. Celeste, with Dr. Dielman and Dr. Babula from TAAPP presented to graduate students at Bowling Green State University (BGSU). The BGSU students used this as a springboard and became more active in TAAPP, OPA and OPAGS. Other presentations during this year included David Connell, PhD, speaking about prescription drug abuse, Kenneth Drude, PhD, updating TAAPP members on telepsychology, and Chris Mruk, PhD, presenting on the updates in the DSM-5. New MCE opportunities will continue in the upcoming year.

The Communicator, the newsletter distributed by TAAPP, provides updates and information regarding recent and upcoming TAAPP events. One of the best resources is the website, accessible at http://taapp.info/index.html.

Members of TAAPP donated to NAMI and participated in the local NAMI walk. There are hopes to continue to participate in mental health related area events. This year TAAPP also made t-shirts and squeezable frog stress relievers available.

TAAPP continues to offer its members representation in OPA. As part of this relationship, the OPA Diversity Committee is coordinating a diversity brunch to occur this August.

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Job stress, work/life balance, and on-the-job injuries remain important concerns among America’s working adults, making the importance of healthy and supportive workplaces more critical than ever. OPA’s Psychology in the Workplace Network (PWN) is committed to identifying and honoring those businesses and organizations who lead the way in providing compassionate, empowering and innovative programs and services to their employees.

In the fall of 2013, OPA’s Psychology in the Workplace Network announced five state winners of the Psychologically Healthy Workplace Award (PHWA) at the annual OPA Convention award luncheon.

In addition to sponsoring the Psychologically Healthy Workplace Award luncheon, representatives from the PWN committee presented a workshop titled “All in a Day’s Work: Improving Employee Well-being for a Healthy Bottom Line.” Committee members Drs. Dennis Doverspike, Robin Graff-Reed and Amy Sullivan presented attendees with information about the value, purpose and practice of promoting psychology in the workplace and consulting to businesses.

Immediately following the state award selection, we nominated all winners for the national level awards. In January we received the news that Certified Angus Beef had been selected as a PHWA winner in the small not-for-profit category! We were pleased to host representatives from Certified Angus Beef at the award ceremony and reception at the State Leadership Conference in Washington, D.C. in March.

This spring, we resumed our efforts to solicit applicants for the 2014 PHWA awards and as of this writing, we have several applications in process! Because the OPA Convention is now held in the spring, we’ll take this opportunity to present any state awards on-site, which will allow more employees to participate and celebrate!

The PWN committee has set some lofty goals for the 2014 award year. We hope to expand our committee’s scope by providing additional resources and information to Ohio’s businesses through enhanced website offerings as well as workshops and consulting referrals. In addition, we’d like to provide resources and support to consulting and I/O psychologists in Ohio, and plan to collaborate with APA’s Division 13 to identify potential members. All of this is in the early planning stages.

As always, we could not accomplish our goals without the commitment and hard work of our committee members, both those who have participated since the Ohio PWN’s early days, to several new additions to the team. We welcome anyone interested in promoting psychology in the workplace while having fun!

2014 Committee Members:
Robin Graff-Reed, PhD, Committee Chair, graffrl@yahoo.com
Heather Gilbert, OPA Director of Communications and Marketing
Michael Ranney, MPA, OPA Executive Director
Dennis Doverspike, PhD
Les Netland, PhD
Richard Rynearson, PhD, Past Chair
Amy Sullivan, PsyD
Logan Rife, Student Member
Mark Whitmore, PhD
Cynthia Waggoner, PhD
William Askren, PhD
Justin Dewberry, PsyD
Embracing Change Together

Courtney Zeune, PsyD, Chair

As psychologists, we are adept at helping our patients adjust to life changes: new jobs, family transitions, taking on new responsibilities. Of course, there are times when we as professionals need our own support, too. Given the rapidly changing landscape in the professional practice of psychology, it is understandable that many of us are concerned about how our work will be impacted. Fortunately, we are not alone in this process. OPA and the Professional Practice Committee (PPC) are dedicated to ensuring that Ohio psychologists are supported, informed and well-equipped to adapt to these changes.

The financial impact of the continued evolution of health care reform is certainly a top priority for psychologists, the PPC and OPA. The PPC recently surveyed Ohio psychologists and learned valuable information about salaries, benefits, practice settings and student loan debt which is helping guide our committee's projects. For example, we learned that while the vast majority of psychologists identified private practice as their primary work setting, they reported the lowest overall incomes; conversely, those few psychologists who identified "consultation" as their primary practice type reported the highest salaries. That's why the PPC is planning to host an event about how psychologists can branch out of the therapy room and into the consulting office to supplement their incomes, stay tuned for details in the coming months!

The PPC completed several other projects to help psychologists adapt to changes in the field. During OPA's 2013 Convention in October, we presented "Interventions in Primary Care: ADHD, Binge Eating & Obesity, and Cognitive Function in Older Adults." The presentation provided specific skills and knowledge for working with these patients and presenting concerns so that psychologists can seamlessly integrate into primary care settings. The committee also designed three "Behavioral Health Update," newsletters, which will soon be available for purchase. The newsletters can be customized with your name and practice information and then distributed to primary care offices to generate additional referral and income streams. Topics of the newsletters—stress management, depression and insomnia—were selected specifically because many patients first speak about these concerns with their physicians and might really be better served by psychologists. We’re certain you will find these to be invaluable marketing tools and another step toward providing more integrated health care services.

Coping with any change can be challenging. However, as a community of psychologists, we have a tremendous opportunity to help support each other through the transitions. The PPC continues to facilitate enhanced support networks for psychologists through regional peer consultation groups and the mentoring program. If you are as passionate about these issues as our committee members are, we invite you to join us! Please contact Courtney Zeune, Chair of the PPC, at czeune@matrixpsych.com.

Committee Members: Jeanette Biermann, PhD, Melissa Buelow, PhD, Navdeep Kang, PsyD, Julie Meade, MA, Julie Merrell, PhD, Rebekah Pershing, PsyD, Michael Ranney, MPA, Kelli Riedl, PsyD, Jennifer Strom, PhD, Rachel Tangen, PhD, ABPP and Courtney Zeune, PsyD (Chair).

LGBT Subcommittee

James Brush, PhD, Chair

The goals of the LGBT Subcommittee of the Ohio Psychological Association support the overarching goal of promoting the welfare, acceptance and well-being of those who identify as other than hetero-normative.

Over the past year, the LGBT Subcommittee has undertaken two projects. One project was organizing a workshop about human trafficking. The particular interest was to explore the impact of trafficking as it involves gay, lesbian and transgendered youths. In fact, the resulting workshop held on June 24 in Columbus explored the implications of trafficking for LGBT youth as well as other populations exploited for labor and the sex trade.

The workshop was very successful in bringing together the most knowledgeable professionals and activists working on trafficking in Ohio. The speakers included State Representative Teresa Fedor of Toledo, who has sponsored legislation aimed at combating human trafficking.

The second project is the development of a survey exploring psychology graduate students' preparation for treating LGBTQI individuals. The committee is interested in how much coursework graduate students and graduate faculty perceive is devoted in graduate programs to instruction about the psychological treatment of sexual minorities.

The subgroup is assisted by OPA staff member Joan Bowman and Executive Director Michael Ranney has been a constant member and supporter of the subgroup's work. Committee members include: Jim Brush (Chair), Kathy Ashton, Pricilla Kingston, Lynne Rustad, Peg Mosher, Mary Miller Lewis, Brittan Davis (able and energetic graduate student), Milo Wilson, and Cathy Gaw. Emeritus members are Sandy Shullman, Jim Broyles and Howard Fradkin.

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The Ohio School Psychologists Association (OSPA) represents the singular professional association of practitioner school psychologists in Ohio. Its members range from interested parties to graduate student trainees, faculty trainers and practitioner school psychologists.

Over the past year, OSPA intensified its membership recruitment efforts, blossoming its overall association membership to nearly 1,000 members across our various membership categories. Like many other professional associations, OSPA also began the process of strategic planning across a five year timeframe to ensure the association’s efforts align with its mission and to validate such efforts are sequentially articulated in execution. OSPA also partnered with the National Association of School Psychologists (NASP), the larger national association to which OSPA is a statewide affiliate, to ratify a Nondiscrimination and Equal Opportunity position statement that reflects school psychologists’ commitment to supporting all clientele, regardless of gender, sex, sexual orientation, nationality, or exceptionality. As technology continues to pervade the practice of psychology, OSPA embraced the urgency to enhance its online website, ospaonline.org to include online membership and conference registrations as well as voting for OSPA elected positions. In time, OSPA projects the ability to offer exclusive online professional development and other merchandising for school psychologists.

In the practice domain, Ohio educators now receive performance based evaluations for their work through the Ohio Teacher Evaluation System (OTES) and Ohio Principal Evaluation System (OPES). Given the differences in role and function for practitioner school psychologists compared to traditional educators, OSPA partnered with several related service organizations to create a draft, model of related service evaluation, using the OTES framework. Many school districts across Ohio have already begun to incorporate this draft into school psychologist and other related service personnel evaluation activities. The OSPA liaisons to OPA also served on the multidisciplinary OPA Bullying Taskforce to develop both a position statement and resolution, both of which were adopted in June 2014 by the OPA Board of Directors. Several legislative actions have also brought additional emphasis into school psychology, including the dyslexia pilot project that requires screening and remediation for children potentially affected with reading disability, and the increasing opportunities to gain state supported scholarships (vouchers) for students with various disability conditions. OSPA is also actively involved in many educational legislative advocacy activities through the association’s executive director and legislative services committee, including the promotion of positive behavior intervention supports (PBIS), removal of zero tolerance discipline policies, and negotiating the demands of the third grade reading guarantee. Finally, OSPA was added to House Bill 487, which included language to adopt a school-based health care advisory group.

Through its professional development efforts, OSPA has the pleasure of hosting two annual conferences for school psychologists and Ohio educators on a range of topics, specifically chosen to be timely, reflective of best practice, evidence-based literature, and relevant to practitioners. In the fall, OSPA’s conference topically focused on diagnosis and remediation of reading disabilities, while spring targeted PBIS for school climate and featured a daylong practitioner “expert” roundtable. In the coming fall, please plan ahead to attend as OSPA embarks on medical and practice updates for autism spectrum disorders. Clearly, so much is happening in the dynamic field of school psychology and we welcome each of you to further share in our efforts as we seek to support the educational process for our state’s children, their families and professional educators.
OPA's Political Action Committee (PAC) meets monthly to review the progress in raising funds we need for political giving. Members assist with contacting donors and monitor our giving strategies to be sure we are consistent with our advocacy goals and policies.

The PAC operates on a calendar year basis to be more consistent with the legislative calendar. Last year (2013) the PAC raised $13,000. In the current year, as of August 11, we have received contributions totaling just over $4,700. Our goal for 2014 is $15,000. OPA members have an opportunity to donate when they renew their membership and we periodically send out requests for support.

PAC donations allow OPA to support legislative friends of psychology, important legislative leaders, the Ohio Legislative Black Caucus and political party caucuses. Attending candidate events helps OPA build relationships with legislators and remind them of our issues and concerns. Political giving is an important part of our advocacy work on behalf of the profession.

This year the PAC created the PAC100, a special donor category recognized by a PAC100 pin. Consider joining the PAC100 with a donation of $100. Add your name to the donors listed in this publication on page four.

In addition to supporting OPA-PAC, don’t forget that your own personal political giving is also vital to the advocacy for psychology in Ohio. You can deduct up to $50 ($100 for joint returns) for donations to candidates for the Ohio legislature and statewide races (governor, attorney general, secretary of state, etc.) When you make a donation directly to a candidate let them know you are a psychologist and a member of OPA. With an election coming up in November there are plenty of opportunities to go to candidate events and make a donation.

**Committee Members:**
- Tom Swales, PhD, Chair, Cleveland
- LaPearl Logan Winfrey, PhD, Dayton/Wright State University
- Gerald Strauss, PhD, Cleveland
- Jason Lawrence, Student rep, Cleveland State PhD program
- Patrick White, PhD, Cleveland
- Bobbie Celeste, PhD, OPA Director of Professional Affairs
- Michael Ranney, MPA, OPA Executive Director
- Kathy Ashton, PhD, OPA President

Our thanks to these hardworking committee members!
If you are interested in being a part of the PAC, contact Michael Ranney at mranney@ohpsych.org.
Charlene Schneider, PhD is a psychologist who is currently running for the Ohio House of Representatives, 62nd District. We thought that it would be worthwhile to share her story with you, in the hope that more psychologists would be inspired to run for political office.

Question: How did your experience and skill as a psychologist prepare you to serve as a state representative?

Answer: I have 30 years of experience listening intensely to people’s most intimate problems. As a representative of the people, I can listen to the people and bring their legislative concerns to Columbus. I also have the research background, so that laws that we form are factually based. I have experience listening to people and problem-solving. I can’t think of a better background than what a psychologist can bring to the job. Our training is pretty special, and we have a lot to offer.

Q: What motivated you to run for office?

A: I really started getting more involved after Columbine and after Sandy Hook. After Columbine I got involved with APA. After Sandy Hook, I was deeply moved and had discussions about getting more involved in politics. I thought, “should I run?” Then, my opponent sent out a letter, and bragged that one of his proudest accomplishments of 2013 was his sponsorship of legislation which now allows those with conceal/carry permits to take their weapons in to daycare centers. I have a granddaughter in daycare, and another the same age as those at Sandy Hook. Also, with the cuts in state support, our local schools went into fiscal emergency, and my opponent refused to help.

Q: What are your legislative priorities?

A: Economic issues, jobs/worker’s rights, education and women’s issues. I would restore state funding to local schools, governments and libraries. I believe that it is the responsibility of the state to deliver a quality education to every child in Ohio. My slogan is “Strong work places build strong communities and bright futures for all of Ohio’s families.”

Q: Are you supportive of psychologists obtaining prescription privileges?

A: I think that if psychologists are willing to get trained in that area, there is no reason for them not to prescribe, like dentists do for their patients. Personally, at this point in my career, I’m not going to go through the required training for this. Most patients are prescribed psychiatric medications by their family doctor and psychologists with training would have more understanding of these medications. It would be handy for psychologists to have prescriptive privileges.

Q: A bill by Senator Tavares was recently proposed to create an Ohio Health Care Professional Loan Repayment Program (Ohio Senate Bill 151) modeled on the National Health Services Corps program. This would forgive students loans of psychologists and other health professionals working with in medically underserved shortage areas. Would you support this bill?

A: Seriously, I’d have to read the bill. Basically, it sounds like a great idea.
This was an active year for the Finance Committee as we break new ground piloting an innovative way to budget investment income, further ideas to increase non-dues revenue and keep OPA employee salaries competitive by planning merit based pay increases as part of our annual budget. Dr. Bob Stinson and Dr. Eric Sullivan joined the Finance Committee this year and their input and perspectives have been extremely valuable. Eric’s keen attention to detail and Bob’s astute observations and critical thinking have been energizing to the committee; I’m thankful that they’ve joined us. The addition of these wonderful new committee members counters the sting that we felt from the loss of Denise Brenner who left OPA to follow her dream of becoming a CPA. Denise’s role in maintaining the functioning of the Finance Committee truly cannot be overstated and we are tremendously grateful for all of her hard work over the years at OPA. Although losing Denise was difficult we have been fortunate to find an outstanding replacement for her in Jim Sulzer, who has already proven himself to be a reliable and valuable member of the team. We expect great things from Jim in his tenure at OPA.

We met monthly to keep a close eye on our budget and track our income and expenses. This year we are piloting a new way to budget for investment income that is more conservative and would allow the organization to react more nimbly to market fluctuations. Because OPA has a relatively conservative investment strategy to begin with our income on investment is usually positive, however if the market does better (or worse) than expected it can impact our budget and either produce a budget shortfall or leave money on the table that could have been used to advance the goals of the organization. This year we budgeted only for interest income, which is relatively predictable, and not investment income, which is less predictable. Instead we created a list of contingent expenses that can be funded based on how the investment income is doing. This strategy has worked well this year and we will continue this approach in 2015 fiscal year.

Another major task of the Finance Committee this year was to find ways to increase our non-dues revenue. We have expanded upon the consultation service idea initially proposed by Dr. Vanessa Jensen and had several important brainstorming meetings involving members of various OPA committees. The consultation service would ultimately link up communities, corporations and others with the services psychologists. The idea would benefit our members by providing them with consultation referrals, would provide a needed service to the community, raise awareness of the role of psychology in human welfare and perhaps most importantly allow us to grow a revenue stream that will allow us to continue to market psychology and fund lobbying interests that affect psychologists.

This has been a very productive year for the Finance Committee we have been working diligently to advance the financial goals of the organization. I am extremely grateful for the dedication of the OPA staff and the committee members work this year. As a result we will continue to develop ideas to increase our non-dues revenue, have developed a better way to budget investment income, and ultimately produced a balanced budget for 2014-2015.
Although it might not always be apparent during your own hectic schedule, OPA has been busy this year advocating for you and the field of psychology. Although we often do not have time to savor our successes, in hindsight, we have had many this year.

The Ohio Statehouse is currently in the 130th General Assembly. This legislative cycle runs from January 2013 to December 2014. Legislation has two years to make it through the House, Senate and to the Governor’s desk for a signature. If it does not, it has to be reintroduced… and then it starts all over again. Given that challenge, it is really remarkable how many things were accomplished this year.

• Medicaid Expansion was successfully achieved in spite of significant opposition.
• Autism coverage was successfully achieved for state employees and those covered by the State Insurance Exchange, and legislation continues to expand this to all insurers.

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• Adaptive Behavioral Analysts were granted licensure under the State of Ohio Board of Psychology.
• The Psychology Board Bill was passed, after three years of work.
• Court Ordered Outpatient Treatment Bill passed.
• Health Insurance coverage for telehealth services, for Medicaid private insurers who allow for it.
• Medicaid will now pay for services provided by doctoral interns, thanks to the efforts of Dr. Celeste!
• After learning Ohio was fourth in the nation for human trafficking, legislation was successfully passed to decrease human trafficking.
• After a successful OPA Legislative Day, the expanding opiate treatment was passed and signed in to law.

Members of the Advocacy Committee pose with OPA Public Service Award Recipient Representative Hackett at Legislative Day
The Insurance Committee has been very active and busy this year. One important focus has been on issues with Humana/LifeSynch that many Ohio psychologists have experienced. We continue to urge members to file complaints with the Ohio Department of Insurance. They are supposed to monitor patterns of abuse, so while a single complaint may not get their attention patterns become more apparent when there are dozens of complaints. OPA has worked closely with APAPO's Office of Legal and Regulatory Affairs on these Humana issues. Legal & Reg are looking closely at patterns nationally. With many state insurance commissioners not taking action, we are turning to Health and Human Services to have these practices investigated at the federal level.

Medicaid expansion was an important advocacy effort that crossed over many of OPA's committees. This really went down to the wire with approval finally coming through the State's Controlling Board. This was such an essential step in supporting health care for Ohioans who did not have it.

We continue to work closely with Medicaid to get approval of health and behavior codes and to improve the level of fees paid for psychological services. Getting clarification on the rules governing reimbursement for the work of interns is an important accomplishment this year.

We anticipate working with the Ohio Association of Health Plans to educate their members about health and behavior codes in the coming year. There are several possible opportunities to meet with health plan medical directors and key decision makers to make them aware of the value of these codes.

One of our thrusts this year has been to try to breakdown our own internal committee silos and work more collaboratively across committees. The committee was very vocal and insistent with the OPA Executive Committee and Board about making insurance/practice a top priority. This was most successful in the work of the Education Committee. Insurance issues and health care reform definitely dominated the planning for our two conventions this last year. The Insurance Committee was determined to be responsive to member concerns and to provide information that you needed.

Insurance and general practice issues were high on the priorities of our Professional Practice Committee this year. Improvements to the OPA Toolkit and the final stages of developing practice marketing materials reflect input from our committee.

Perhaps, most importantly, the creation of a Health Care Reform Task Force helped create a focal point for gathering resources and information about opportunities for psychologists in integrated care. No one knows exactly how changes in health care will play out, but OPA took a necessary step to better track developments by creating this task force.

We continue to advocate for psychologists with Medicare. This has been a difficult year for our Medicare providers and as the next phase of recertification begins we have our fingers crossed that it will be smoother than the previous phase. Keep us informed if you have problems so we can let the appropriate people know.

And of course our Project FAIR which works with individual insurers to address your concerns, issues and problems continues to be your advocate for fairness and access to quality care for your clients. We will be focusing on strengthening our insurance company relationships in the coming year to be able to be more effective in addressing your problems.

Like I said, it has been busy! In addition to these achievements, the Advocacy Committee keeps expanding, and there is the ongoing work:

* New Medicaid Health and Behavioral Task Force, Chair Dr. Kristine Woods
* Work on neuropsychology and forensic listservs, Drs. Tim Wynkoops and Ken Covey
* Reviewing the implementation of Treatment in Lieu of Conviction
* Legislative Day, Drs. Cathy McDaniels-Wilson, Katie Golden, Angela Ray, Karen Dapper and Michelle Evans
* Tracking the implementation of the new autism legislation, Dr. Jane Woodrow
* Monitoring death penalty and drafting legislation on prescriptive authority, Drs. Jerry Strauss and Joyce Jadwin

If you are interested in advocacy, have a passion and an issue to pursue, OPA advocacy is the place to be. Get involved and see what happens!
The Foundation for Psychology In Ohio
Promoting Community Health
Michael Ranney, MPA, OPA Executive Director

The Foundation for Psychology in Ohio (PSYOHIO) strives to promote healthy communities in Ohio. PSYOHIO seeks to create, support and encourage activities of a psychological nature that promote community health. It seeks to support individuals and organizations which promote community health through psychological means. It is the charitable arm of OPA and as such gifts, grants, contributions and bequests to it are tax deductible.

PSYOHIO continues to support the Michael Sullivan Diversity Scholarship, named for Dr. Michael Sullivan, former Assistant Executive Director for state advocacy for the APA Practice Directorate/Practice Organization. Dr. Sullivan was instrumental in establishing APA's diversity initiative and his friends and colleagues from APA, the states, provinces and territories established this fund to recognize his contribution to diversity at the time of his retirement. The fund gives grants to support research on diversity related topics. This was the seventh year scholarships have been awarded.

OPA continues to judge posters exhibited at the Ohio Science Fair that deal with behavioral science. This past May, OPA judged over 160 posters and awarded prizes totaling $900 in prizes to the best young scientists in grades five through 12. The top posters by graduate and undergraduate at the OPA Convention are awarded cash prizes from PSYOHIO. This is a great way to encourage important psychological research.

Another important project of the foundation is an effort to establish a consortium and create internships for Ohio graduate students. Our student members have shared with us the difficulty they face because of the shortage of internship opportunities to enable them to complete their studies.

PSYOHIO has taken the lead in supporting our Multicultural Conference, which is currently held every two years. A grant from the Alcohol, Drug and Mental Health Board of Franklin County enabled us to provide scholarships for students to hear Dr. Beverly Green's presentation about individuals who come from minority populations in the United States and who are also lesbian, gay, bisexual or transgender. This program was very well received and highly rated.

For the past few years OPA has been working to establish an oral history archive of videotaped interviews of leading Ohio psychologists discussing their work in Ohio. Ohio has a rich history of people who have contributed to major developments in our field. We are now preparing to make these videos available online through Wright State University. The foundation is supporting the creation of transcripts of the interviews we have conducted to complete the archive. If you have suggestions of Ohio psychologists that we should interview please send them to mranney@ohpsych.org.

PSYOHIO continues to strive to develop more student scholarship funds, educational programming about psychology and mental health and community based programming that promotes health.

PSYOHIO funds our work to recognize psychologically healthy workplaces and develop educational programming relating to the workplace. OPA is a leader in outreach to the business community.

Consider a donation to PSYOHIO to support this program. Send us suggestions about other ways PSYOHIO can have an impact. Acknowledge mentors with gifts in their honor or make memorial gifts to recognize deceased colleagues. As you develop your financial plans, please don’t forget to include PSYOHIO in your estate plan.

Members in the News

Have you been featured in the news? Let us know! Don’t miss your opportunity to share your research, presentations and published materials. Please submit your 50-100 words submission for Members in the News or Psych Talk to Heather Gilbert at hgibert@ohpsych.org.

Dr. Dan Davis was quoted in a Columbus Dispatch article, “Chaplains help inmates express grief at loved one’s death.” As a forensic psychologist who has worked with those in prison, Dr. Davis said inmates who have lost freedom and control are prone to depression. Dr. Davis went on to say, “the inability to spend the last final moments with a loved one is particularly acute and painful.”

Dr. Erich Merkle was featured in the Columbus Dispatch on Sunday, June 22. The article titled, “Districts differ on age cutoff for school” regarding kindergarten entry age cutoff dates quoted Dr. Merkle recognizing the benefits of an additional two months of development for those who endorse the earlier cutoff date but questions whether that ‘profound’ changes could be found in such a short period of time. He went on to say “the expectations have risen over time for what we expect kindergartners to do.”

Several news outlets including San Antonio Express-News, CNN, Fox News, TIME and Dayton Daily News featured Dr. Kathy Platoni concerning the Fort Hood shooting. Dr. Platoni is a survivor of the 2009 Fort Hood shooting. In TIME's article, “How to Stop the Next Fort Hood Attack,” Platoni said, the Army simply doesn't have the funds and personnel to do mental health adequately. “If it doesn’t smell right as a mental health professional, you've got to look further—but we don't have the manpower to do it.” Platoni said. “A five-minute interview to fill out a prescription isn't going to cut it.”

Dr. Sandy Shullman was elected to the APA Board of Directors

Dr. Cathy McDaniels Wilson was elected President-elect of APA Division 31.

Correction: In OPA’s 2013 Annual Report there were typos in the “To Apologize is Good Practice,” article submission from James Daniel Barna, PhD, JD and Lisa Barnard, RPh. The final two lines should have read, “Lisa Barnard, RPh is an Ohio licensed pharmacist who practices in a national chain’s local retail store.” OPA apologizes to the authors for the error.

Note: Dr. Elizabeth Swenson’s article,”Advertising Your Services: What Does the Ethics Code Mandate?” published in the 2014 Ohio Psychologist does not reflect the views of the OPA Ethics Committee.
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Online Practice Management for Behavioral Health Professionals

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...AND MANY MORE FEATURES!

My experience with TherapyNotes this past month has been fantastic!
Firstly, the system is easy to navigate, thorough, flexible, and extremely clinically intuitive. Secondly, technical and customer support has been efficient, fast, and very personal. I am leaving another EHR system for TherapyNotes... gladly. I'm very happy that you've created such a quality product. Thank you!
Dr. Christina Zampietro, FT, Licensed Clinical Psychologist

Just want to say that I truly love the system!
It takes all the guesswork out of tracking paperwork. Being able to schedule appointments and then have the system take over and track what is due for each client is wonderful.
Kathleen Brenner, PCCS

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