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# 2015

ANNUAL REPORT



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# Table of Contents



<b>2</b>	Ohio Psychological Association Board of Directors and Valued Volunteers and Contributors	
<b>4</b>	Broad View Written by: Michael O. Ranney, MPA, OPA Executive Director	
<b>6</b>	President's Message Written by: Peg Richards Mosher, PhD	
<b>8</b>	Legislative Updates Written by: Bobbie L. Celeste, PhD	
<b>9</b>	Ohio Psychological Association Committee Year-End Reports:	
	Advocacy Committee .....	9
	Committee on Social Responsibility .....	10
	Communications and Technology Committee .....	11
	Disaster Relief Network Committee .....	12
	Diversity Committee .....	13
	Early Career Psychologists Committee .....	14
	Education Committee .....	16
	Ethics Committee .....	15
	Finance Committee .....	18
	Insurance Committee .....	20
	Membership Committee .....	19
	Mandatory Continuing Education Committee .....	18
	Marketing Task Force .....	21
	Oral History Project Committee .....	20
	Professional Practice Committee .....	22
	Psychological Healthy Workplace Network Committee .....	21
	Public Sector Committee .....	23
<b>25</b>	Regional Associations' Year-End Updates	
	Cincinnati Academy of Professional Psychology .....	25
	Central Ohio Psychological Association .....	26
	Cleveland Psychological Association .....	26
	Akron Area Professional Psychologists .....	27
	Toledo Area Academy of Professional Psychologists .....	27
<b>28</b>	2015-2016 Ohio Psychological Association's Slate of Committee Chairs, and Annual Membership Meeting Announcement	
<b>28</b>	2015 Ohio Psychological Association Award Winners	

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# The Broad View

*"One thing I like about this job is that the unexpected happens every day, and change and new ideas continually impact the association. It is never boring!" - Michael Ranney, MPA*



**Michael O. Ranney, MPA**  
OPA Executive Director

We began the new membership year with an easy transition to the leadership of our new President, Peg Mosher. Peg guided the Board through a review and clarification of the role and conduct of Board members that was very helpful for all involved. She continued the focus on the strategic plan and supported modifying it where needed. Peg's other point of emphasis has been leadership development and that has translated into an expansion of our old Leadership Forum to our new Leadership Academy. OPA has long recognized the importance of leadership development and Peg's efforts will significantly improve our effectiveness in this area.

The work of several committees stands out this year:

- The Communication/Technology Committee continues to make Ohio a leader in the move to telehealth. This year they reviewed the Telepsychology Guidelines and completed a model informed consent form for those using telepsychology.
- Our Marketing and Branding Task Force is making great strides in guiding the association and its members in marketing psychological services in the changing healthcare environment.
- Our Insurance Committee, thanks to the work of Bobbie Celeste and help from APAPO's Legal and Regulatory Affairs staff, was able to put an end to the Santé audits that Anthem was conducting. The Committee is taking a proactive approach to the upcoming transition to the ICD-10-CM, including a 6 hour workshop on the ICD-10 on August 29th.
- Our Advocacy Committee is working on a number of bills that impact psychology. OPA was actively involved in working for mental health funding in the state budget, including continuing the expanded Medicaid.
- Our Professional Practice Committee is updating OPA's ToolKit with information relevant to healthcare delivery changes.
- Our Healthcare Reform Task Force is gathering information to help OPA members thrive as healthcare evolves into new models. And the Task Force, Professional Practice Committee and Insurance Committee are working together for a broader perspective on healthcare reform and to get definitive information on what psychologists must do.
- These are just a few of our committees, and you can read more about what each committee has accomplished this year on the following pages. The great thing is that every committee

has had a productive year addressing issues that are important to Ohio psychologists. The Regional Associations have also been doing great work.

The highlight or possibly lowlight this year was my health problems which began last July. After a week in the hospital for tests I was out and back at work. I attended the APA Convention last August motoring around with a walker which I stopped using shortly after I got back in Columbus. But in November, a routine follow-up visit to a cardiologist resulted in insistence that I go to the emergency room immediately. (I stopped at home to walk the dogs on the way.) A week later after days of tests, I was in surgery for a triple bypass and several other things. Family, friends and OPA Board members were a great source of support during this whole experience. After surgery, I began the lengthy recovery period that continues. I was back at the office at the beginning of January attempting to balance my work hours with cardiac rehab and rest. The mantra that was drummed into me... from family and particularly Peg Mosher... was "don't overdo it." I am feeling much better and increasing my time at work up to the limits of "don't overdo it."



**Pictured L to R: Michael Ranney, MPA; Peg Richards Mosher, PhD and Ron Ross, PhD from the State Board of Psychology**

What was so great about this experience was the professional response of OPA staff. Without question or complaint, they picked up the slack from my absence and kept everything running smoothly. From the outside looking in there was no evidence of my absence. I've heard from many OPA members that they had no idea I was in a health crisis. I am grateful to the staff for being so awesome and professional. In the midst of this, we also had to replace Heather Gilbert and are so lucky to have hired Karen Hardin to join us as Director of Communications and Marketing.



Our Convention, themed “Reaching the Margins: Serving the Underserved,” was quite possibly one of the best we’ve had from the standpoint of programs and presenters. The evaluations were excellent in all categories.

Not long after Convention, we were at the Ohio Statehouse for our annual Legislative Day. This too was filled with great content and opportunities for interaction with legislators and their staff. What was most exciting was the large number of students who attended and gained important advocacy experience. Thanks to all who contributed scholarships to the Foundation to support student participation.

Our Foundation has always existed as kind of the poor stepsister to the PAC and Project FAIR funds. This year we’ve hired a consultant to help us raise awareness of what the Foundation is and does

and to increase support. We are increasing the Board somewhat, including non-psychologists and revising the by-laws to accommodate these changes. It is exciting to see these changes being implemented. The Foundation does so much to support research, fund scholarships, invest in the creation of an oral history of Ohio psychology and so much more. It is a great outlet for charitable and estate gifts.

Even as the Foundation looks to slightly increase its Board, OPA’s Governance Structure Task Force has been working to create a new model for OPA’s Board structure that will be slightly smaller and more nimble. This has been a thoughtful process, beginning with the development of governance principles to guide in the creation of a model. We are nearing the end of the process, which has proceeded under the leadership of first Kathy Ashton and now Katharine Hahn Oh. I remember when I started at OPA; we had a Board of over 40 that met every month for two days. Quite honestly, it was torture! We’ve come a long way since then, and I’m excited to see what the next step will be. After the model is approved, we’ll revise the by-laws, and they will be submitted to the membership for a vote.

Looking back on the year, I am just so proud to be part of OPA. We are a great organization... doing great work with a strong, competent, professional staff and a dedicated hard-working Board. We value and support our members and each other. If you are not a member, I hope you will consider joining us and supporting the work we are doing on so many fronts.



# The President's Message

## *Embracing Change... Embracing Opportunity*



**Peg Richards Mosher, PhD**  
OPA President

What a year this has been! While there have been several ups and downs, I believe we can look back on this year with a definite sense of accomplishment. Some of the highlights include:

- Clarifying the roles and responsibilities of Board members
- Developing a clear policy regarding conflicts of interest
- Creating engagement guidelines for the Board ("Our Commitment as Colleagues")
- Managing personnel challenges (began as a low point and became a highlight)
- Engaging OPA stakeholders in developing new models of governance
- Creating resources for thriving in health care reform
- Offering information and resources for serving the underserved
- Advocating for psychology on Capitol Hill and at the Ohio Statehouse
- Creating the inaugural OPA Leadership Development Academy

Since the significance of this year is much more than simply a list of accomplishments, please join me for a retrospective of the OPA roller-coaster of 2014-2015. The year began with our OPA Board Retreat. This is a time to welcome new Board members and visit with old friends and colleagues. The retreat also sets the tone for the upcoming year. The seed for this year grew out of my campaign "slogan" when I was running for President-Elect: *Together We Can Make a Difference*. For me, this is much more than a catch phrase. Not only does it reflect who I am and how I strive to live my life, it also reflects my vision for how OPA must move forward in these challenging and changing times. To survive and thrive, OPA must ensure that our tent is open and welcoming with room to accommodate all who wish to enter. Easier said than done? You bet. Impossible? Not a chance. It requires the willingness and ability to:

- Listen for the purpose of understanding,
- Acknowledge and respect how we are similar and how we differ,
- Collaborate to expand our thinking, and
- Compromise in order to move forward.

During the retreat, the Board began to revise two policies regarding conflicts of interest and our roles and responsibilities as Board members. Since open, inclusive and respectful dialog, often around difficult or conflictual issues, is necessary for a healthy and well-functioning Board, we created guidelines for effective communication and engagement - "Our Commitment as Colleagues." We successfully passed and have since implemented these policies because of our willingness and ability to listen, acknowledge,

respect, collaborate and compromise.

Our mettle was tested early on when our Executive Director, Michael Ranney became unexpectedly ill and underwent triple bypass surgery. The seriousness of his condition and the uncertainty of when he would be able to return to the office required that the OPA staff and Board come together to share the workload and the multiple responsibilities that Michael assumes on a daily basis. In addition, we needed to support Michael and each other in the process. During this period of time, we were very sad to learn that Heather Gilbert, the OPA Director of Communication and Marketing was offered a position she truly couldn't refuse. While it was difficult to lose Heather, we were fortunate to hire Karen Hardin who hit the ground running! Some of you may remember Karen from when she worked for OPA many years ago. While all of these situations contributed to a stressful and difficult time, we proved that together we did make a difference.

OPA governance is an issue we have been working on for the past three years. After a two year process of assessing the effectiveness of the current OPA governance structure, it was determined that some change was needed. At the end of this initial phase, the governance structure task force and Board agreed to adopt eight principles that would serve as the foundation for any governance restructuring. In 2014, a second task force was established under the leadership of Katharine Hahn Oh. Its task was to explore and develop governance models based on the identified principles. Following extensive discussion about governance models with the OPA Board, staff and OPA members, a hybrid model was presented at the June Board meeting. Further discussion and refinement of model components will continue over the next several months. Through this ongoing process of cooperation, collaboration and compromise, we are demonstrating that together we are making a difference.

As all of you are well aware, the practice of psychology is in the midst of a significant sea change. Most of us are inundated with information about health care reform, and the impact it is and will continue to have on the practice of psychology. OPA is working diligently to identify current trends in Ohio, and how psychologists can survive and in fact thrive amid these changes. In particular, the Professional Practice and Insurance committees and the Health Care Reform Task Force are actively collaborating to help members navigate the often murky waters



meetings with legislators and legislative aides. We were delighted to welcome a record 31 psychologists and 38 psychology students from all over Ohio. The ability of these students to attend Legislative Day was made possible because of the generosity of OPA members who contributed to our scholarship fund. Many, many thanks. No wonder the Advocacy Committee was awarded the OPA committee of the year!

In closing, it has been my deepest honor and privilege to serve as your OPA President this year. I am proud of our accomplishments, impressed by the hard work and diligence of our staff and Board and grateful for the encouragement and support of my colleagues.

**Pictured L to R: Cynthia Gerhardt, PhD, Kathleen Ashton, PhD and Senator Rob Portman at SLC 2014**

www.ohpsych.org - 7

# Legislative Updates

## *OPA Advocates for Fair Treatment for Psychologists and Better Access for Patients*



**Bobbie Celeste, PhD**  
OPA Director of Professional Affairs

### FAIRNESS IN INSURANCE

**Audits by Anthem were stopped and their vendor, Santé Analytics was fired!** In spite of many threats--no Ohio psychologists had to pay money back.

**Medicare's yearly decrease was permanently repealed.** After intensive advocacy on Capitol Hill for 17 years, Congress eliminated the SGR and created a plan for small raises in Medicare fees.

**The Bureau of Workers Compensation plans to add early behavioral health intervention services for injured workers.** Thanks to over 7 years of OPA's advocacy with the BWC, workers can be referred to psychologists for short term help. OPA is offering specialized training in this short term intervention strategy.

**Psychology interns under general supervision can now serve Medicaid patients.** Thanks to OPA's advocacy, trainees who are working under supervision for licensure, can assess and treat patients with Medicaid insurance.

### SUCCESSFUL ADVOCACY IN THE STATE BUDGET FOR YEARS 2016-2017

**Medicaid insurance was extended,** maintaining eligibility for over 500,000 Ohioans, many of whom need mental health and substance abuse treatment.

**Drug courts received additional funding** along with Intervention in Lieu of Conviction, and Overdose Prevention programs.

**Recovery housing was funded** and a line-item for it was created in the state budget for the future.

**Addiction treatment in the prison system** will be taken over by Mental Health and Addiction Services Department. There will be modest increases in staffing.

**Developmental disabilities services received budget increases** including raises for homemaker and personal care staff.

**Medicaid funding was restored for pregnant women** by the Ohio Senate after the Governor and House took it out.

**Medicaid managed care was pushed back until 2018** for the mental health and addiction services "carve-in." Hopefully this will give time for the Medicaid Department and the insurers to be more organized than they were with the MyCare program.

### LICENSING ISSUES

**Applied behavior analysts were certified under the Ohio Board of Psychology,** instead of having their own licensure. This guaranteed that psychologists were not excluded and confirms that behavior analysis is a psychological service.

**Psychologists' rights to fair treatment were maintained in the new psychology law,** protecting us against overly aggressive investigations.

**Cultural Competency has been added** as one of the topics that will meet the 4 hour ethics requirement as part of our 23 hour continuing education for each biennium. The new category is Cultural Competency/ Ethics/ Professional Conduct was strongly supported by OPA.

**Psychologists can maintain the title of "retired psychologist"** and return to practice in a few years without a \$250 reinstatement penalty fee.

### CONTINUING ADVOCACY

**Include payments for health and behavior codes in Medicaid** used by psychologists to assess and treat patients with physical illnesses.

**Require restrictions and transparency on pre-authorizations** by insurance companies (SB 129).

**Stop discrimination by insurance companies against new psychologists** who apply to be in-network providers. (Senator Gayle Manning is helping OPA on this.)

**Allow prescribing by psychologists** certified by the State Board of Psychology based on a master's degree in psychopharmacology, clinical experience, and passing a national psychopharmacology exam for psychologists.

**Permit qualified neuropsychologists** to provide independent return to play decisions for youth athletes who sustain concussions.

**Implement OPA's Early Intervention Program for Injured Workers through BWC.**

**Promote the full use of psychologists and psychology assistants within the Ohio prison system.**

**Eliminate barriers to continuity and access to care as Medicaid** puts behavioral health into managed care.

**Increase funding and internship sites for psychology graduate students.**

# Advocacy Committee

## *The Advocate*

Brad Potts, PhD, Chair

The 2014-2015 year in Advocacy contained many issues for OPA Psychologist and those we serve.

In terms of insurance, OPA has been working on several issues on your behalf. Medicaid expansion required reauthorization this year. In spite of the opposition, the Ohio General Assembly did agree to reauthorize Medicaid. In addition, Dr. Celeste's achieved great success working on stopping the Sante Analytics audits for Anthem, to take back testing fees. Her effort were not only helpful in Ohio, but had a national impact in stopping this process. In terms of current legislation, Senator Oelslager (R- Stark) has submitted a bill on behalf of the Ohio Medical Association to address insurance preauthorization practices. OPA is working to insure this bill covers psychologists and stops the practice of "clawback" of payments by insurance companies from providers, after services have been provided.

Senator Galye Manning (R- Huron and Lorain) is working on a bill to enable new psychologists access to insurance panels upon licensure, rather than having to wait an additional 5 years. Senators Patton (R-Cuyahoga) and Brown (R-Lucas) have introduced legislation to extend coverage to police and firefighters suffering from post-traumatic stress disorder under the Bureau of Workers Compensation. The bill has strong support and opposition and is currently working its way through committee. Dr. Christine Wood and her Task Force are working on Health and Behavioral Codes authorization by Medicaid.

May 13th was OPA Legislative Day at the Statehouse. This was a successful and well attended event. Participants heard a presentation by Dr. Rita Wood on PTSD and First Responders. During lunch, legislators joined us for a panel

discussion lead by Dr. Joyce Jadwin that included Dr. Gray Carrington and Dr. Tim Shea on mental health care access issues and the role Psychologist prescriptive authority can play in meeting that need.

In terms of prescriptive authority, a significant milestone was achieved when Illinois passed a bill last June. In Ohio, a group of 13 psychologists started their Masters in Psychopharmacology through Alliant International University (Formerly the California School of Professional Psychology). Classes started in January, and the first semester finished this June. The feedback has been positive with students noting how impressed they are with the material, instruction and the institution. The OPA Alliant group will be meeting at OPA later this summer. If you are interested in learning more about the program, contact Dr. Celeste.

Last year in a survey, members told us that advocacy is the number one reason they joined OPA. Hearing this, OPA has been working to increase our legislative presence at the Statehouse. If OPA is to be successful, we need you to be part of this effort as well. Although legislators regularly meet with various interested parties, the one they value the most is you, their constituent. By meeting with your local Representative or Senator about issues that matter to you, you greatly enhance OPA's ability to succeed on your behalf. Local meetings such as this, make our message personally relevant to them and their district. So, please put this on your to-do-list. It will help us represent you even more effectively!

### OPA ADVOCACY COMMITTEE:

Ken Covey, PhD  
Michelle Evans, PhD  
Karen Dapper, PsyD  
Daniel Fishman, MA  
Cathy Gaw, PsyD  
Cathy Golden, PhD  
Kristine Hibbard Gibbons, MA  
Shawna Jacobs, MA  
Joyce Jadwin, PsyD  
Rita Ketterman Wood, PsyD  
Mallori King, BA  
Brad Potts, PhD (Chair)  
Angela Ray, PhD  
Tim Shea, PsyD  
Jerry Strauss, PhD  
Jane Woodrow, PhD  
Kristine Woods, PsyD  
Tim Wynkoop, PhD

OPA Staff:  
Michael Ranney, MPA  
Bobbie Celeste, PhD



# Committee on Social Responsibility

*Social Responsibility: What is Psychology's Role?*

Mary M. Lewis, PhD, Chair

## OPA COMMITTEE ON SOCIAL RESPONSIBILITY:

Christine Agaibi, MA  
Kathleen Ashton, PhD  
Jim Broyles, PhD  
Stephanie Clouse, PhD  
Michele Evans, PhD  
Todd Finnerty, PsyD  
Sarah Greenberg  
Margie Kukor, PhD  
Mary Lewis, PhD (Chair)  
Tara Luchkiw  
Angela Miller, PhD  
Helen Rodebaugh, PhD  
Rahema Rodgers, PsyD  
Morgan Shields  
Nate Tomick, PhD  
Amy Saling Untied, PsyD  
David Weaver, PhD

OPA Staff:  
Michael Ranney, MPA  
Karen Hardin, BA

*"A man who becomes conscious of the responsibility he bears towards a human being who affectionately waits for him, or to an unfinished work, will never be able to throw away his life. He knows the 'why' for his existence, and will be able to bear almost any 'how.'"*  
- Victor Frankl

This quote is often what drives my personal work towards social justice, equality, and responsibility to the world around me, but fits in well with the Committee on Social Responsibility (CoSR) work. We continue to grow and expand our mission of coordinating the involvement of psychologists in programs and projects in the community, including advancing a social justice agenda by applying the science and practice of psychology to human welfare, as well as advocating for the fair treatment of Ohio residents through education, training and public policy. Some of our brief highlights of the year include the following activities.

We continue to co-sponsor a walking team with the Central Ohio Psychological Association for the Out of the Darkness Suicide Prevention Walks in Columbus. The funds that are raised go partly for local prevention efforts and also to national suicide prevention research. This is the 10th year

that the OPA CoSR has participated in the walks, and we raised over \$1650 thanks to OPA/COPA members Beth McCreary, James Shaw, Catherine Malkin, and Mary Lewis.

February is the month we focus on National Eating Disorders Awareness Week, and for the 4rd year, we collaborated with Columbus State Community College to screen the documentary "Someday Melissa." OPA psychologist Dr. Heather Guthrie joined us once again with two other treatment professionals and three survivors of eating disorders to discuss the documentary and answer participants' questions. It was a highly successful event with over 40 attendees, and we look forward to continuing our partnership with CSCC for this event.

May is Mental Health Month, and the CoSR assisted with the Public Education Campaign's Mental Health Fair that is held during Legislative Day. Dr. Kathleen Ashton contributed a blog post about Anxiety Disorders and Treatment for the Mental Health Month.

The CoSR continues to raise public awareness about mental health concerns. The CoSR solicits graduate students and CoSR members to write monthly "Did You Know" article in the OPA e-newsletter that informs Ohio psychologists about health awareness events relevant to mental health as well as information that is pertinent to social justice issues. CoSR also continues to be actively involved in using social media outlets to share information about psychology and mental health via twitter and blogspot. All of our blog posts can be viewed at [opapic.blogspot.com](http://opapic.blogspot.com).

Part of the responsibility of the committee is to collect data about OPA psychologists' volunteer works. To this end, we conduct a yearly volunteer hour survey. In 2014, OPA psychologists reported 6,967 volunteer hours! These hours were completed by participation in professional associations or committees, awareness activities, health fairs, media awareness, disaster response and pro-bono services. If you would like to share your volunteer work with the CoSR, please keep track of your hours and watch for the volunteer survey link that will come at the end of 2015.

The goal of the CoSR is to provide psychologists a way to do meaningful, powerful work that taps into social justice issues. We are looking forward to developing new community partnerships, and expanding ways that we can facilitate positive mental health in Ohio. The work represented in this article is only a small part of what we do in the committee. The CoSR is always open to new ideas, as well as new members. If you are passionate about an issue related to public awareness or social justice, and would like to get involved, please contact me at [marylewisphd@gmail.com](mailto:marylewisphd@gmail.com).



# Communications & Technology Committee

*"Technology is Best When It Brings People Together." - Matt Mullenweg*

Marc B. Dielman, PhD, Co-Chair

## Primary Committee Accomplishments (2014-2015)

1. Coordinated an agreement with Marlene Maheu of the Telemental Health Institute to provide significantly discounted telepsychology training for Ohio psychologists.
2. Actively promoted and educated OPA members about the use of telepsychology.
3. Provided editorial resources to OPA publications.
4. Kept OPA members informed about telepsychology laws, regulations and guidelines.
5. Helped manage the OPA listserv along with OPA staff for compliance with rules and guidelines.
6. Provided information about telepsychology on the OPA listserv and OPA publications.
7. Created a webinar presentation for Ohio psychologists on telepsychology competencies.
8. Developed a telehealth informed consent form.



## Presentations and Publications:

- Carrington, G. (2015, May). Access to Healthcare: Challenges and Opportunities. OPA Legislative Day 2015 and at the Ohio Black Caucus Diversity Breakfast, Columbus, Ohio.
- Dielman, M. (2014, November). Diabetes and Depression. Diabetes Community Event at Magruder Hospital, Port Clinton, Ohio.
- Dielman, M. (2015, April). Practicing Solution-Focused Therapy. Unison Behavioral Health, Toledo, Ohio.
- Van Keuren, C. (2015, April). Self-Management Strategies for Complex Chronic Pain. Advanced Practice Nursing Educational Series at the Cleveland VA, Cleveland, Ohio.
- Van Keuren, C. (2015, March). Introducing Behavioral Medicine Strategies to Primary Care Providers in the SCAN-ECHO Project. American Academy of Pain Medicine Annual Meeting, National Harbor, MD.
- Van Keuren, C. (June 2012-present). Ongoing contributor to weekly didactic series for project SCAN-ECHO. 52 week curriculum for 2 different teams. Lecture on topics related to the psychology of chronic pain.
- Van Keuren, C., Dielman, M., & Asch, P. (2014, November). Telepsychology Competencies for Psychologists Practicing in Ohio. Webinar, Ohio Psychological Association.
- Van Keuren, C. (2014, June). Comprehensive Management of Chronic Pain. Home Based Primary Care Administrative Meeting, Cleveland VAMC.

## OPA COMMUNICATIONS & TECHNOLOGY COMMITTEE:

Susan Albers-Bowling, PsyD  
 Paule Asch, PhD  
 Mark Babula, PsyD  
 Garry Carrington, PhD  
 Marc B. Dielman, PhD (Chair)  
 Jon Elhai, PhD  
 Christina Goodwin  
 Ryan Hansen  
 Ky Heinlen, PhD (Co-Chair)  
 Jeanne Jenkins  
 Ken Manges, PhD  
 Teresa Mueller  
 Rolf Ritchie  
 Mary Schaffer, PhD  
 Cynthia Van Keuren, PsyD

### OPA Staff:

Michael Ranney, MPA  
 Karen Hardin, BA

## Primary Committee Goals (2015-2016)

1. Create a Telehealth Informed Consent Form that could serve as a template for Ohio psychologists who are utilizing telepsychology. This form will be included in the OPA Practice Toolkit.
2. Develop a webinar on other telepsychology issues, such as psychologists' use of e-mail.
3. Actively promoted and educated OPA members about the use of telepsychology.
4. Provide editorial resources to OPA publications.
5. Inform OPA Members about telepsychology laws, regulations, and guidelines both at the state and national level.
6. Help manage the OPA listserv along with OPA staff for compliance with rules and guidelines.
7. Provide information about telepsychology on the OPA listserv and OPA publications.
8. Advocate for the provision of telepsychology education and training opportunities for Ohio psychologists.
9. Ensure that the committee continues to be guided by the relevant OPA Strategic Goals.



*Check out OPA's Telepsychology Online Resources...*

[www.ohpsych.org/about/2014-people/committees-task-force-and-affiliates/commtech/](http://www.ohpsych.org/about/2014-people/committees-task-force-and-affiliates/commtech/)



# Disaster Relief Network Committee

## *The Calm and the Storm*

Marjorie Kukor, PhD, DRN Coordinator

### OPA DISASTER RELIEF NETWORK COMMITTEE:

Jim Broyles, PhD  
Katherine Fernandez, PsyD  
Todd Finnerty, PsyD  
Brian Hill  
Jeremy Kaufman, PsyD  
Christine Kidwell, PhD  
Marjorie Kukor, PhD  
DRN Coordinator  
Jeanne Lemkau, PhD, ABPP  
Suzanne LeSure, PhD  
Kay Levine, PhD  
Frank Maher, MS  
Jeff Marinko-Shrivers, PhD  
Danielle Smith, MSW

The past year or two have been calm, disaster-wise. The United States has not had any catastrophic hurricanes, tornados or earthquakes. Yet, we have had a number of traumatic events, including several mass shootings. The Disaster Response Network (DRN) responds to all such events, and to many more smaller – but no less difficult – situations. The DRN is a national pro-bono network of psychologists and other mental health professionals who take Red Cross sanctioned training and then volunteer to provide assistance to responders, relief workers, victims and their families after disasters and other traumatic incidents. Although a national network, the DRN volunteers primarily work in their local communities.

Although the DRN works closely with the American Red Cross, we also work with other organizations. The Ohio DRN is open to other licensed mental health professionals, so our requirements match those set by the American Red Cross and other relief organizations.

Since last September, the Ohio DRN has been quiet yet busy. Our members have responded to local fires, many with fatalities, flooding and other weather-related disasters. Some participants also taught the Fundamentals of Disaster Mental Health and Psychological First Aid classes that are required to become a volunteer. Other volunteers have participated in exercises and drills that were held to test our ability to respond to various incidents.

The American Red Cross has been undergoing major re-organization, and the DRN has been part of that process. Deployments are more local/regional than national, as was the case in the past. This will be beneficial to our communities, if responders are from the same area. The plan is to have a state-wide network of mental health responders, trained and ready to respond locally and throughout Ohio as needed. Ohio's Department of Mental Health is part of this process as well, and much work remains to be done.

The Ohio DRN has discussed developing training webinars. There is a similar move happening at the national level, so we are biding our time so as to not duplicate services/courses. Another project getting underway is a newsletter or blog for DRN members. If you are media savvy and interested in disaster related work, please join us.

If you are interested in getting trained in mental health disaster response, please contact Marjorie Kukor at [marjorie.kukor@mha.ohio.gov](mailto:marjorie.kukor@mha.ohio.gov). We welcome new committee members and those who may just want to be on the list for information, or to be contacted for possible assistance when there is a disaster-related need. Thank you.





# Diversity Committee

## *Diversity Matters!*

Wanda McEntyre, PhD, ABPP, Chair

The OPA Diversity Committee has a mission of promoting inclusiveness and diverse perspectives. The committee is also dedicated to promoting cultural competency and treating the individuals we serve with respect and understanding.



Dr. Amber Thornton



Tawana Jackson

At the OPA Spring Convention in April, a highly informative and enlightening presentation entitled "Black Lives Matter" was given by Tawana Jackson, a fourth year graduate student at Wright State University and Dr. Amber Thornton, a post-doctoral fellow and adjunct professor at Wright State University. The presentation broadened the understanding of the psychological and emotional trauma that many African American males suffer in our

society in the wake of deaths by law enforcement officers of unarmed males. The presentation provided insight into how to recognize and address in a therapeutic relationship the fears, anxiety and distrust that many African American males are experiencing. Plans are underway to develop a full-day workshop to further explore and address these issues.

The eighth annual Michael Sullivan Diversity Scholarship Award was presented this year at the APA State Leadership Conference. This award promotes graduate student research focused on diversity and multiculturalism. This year's winners were Caitlin Cavanagh (University of California, Irvine) and Barbara Wood Roberts (Idaho State University). There were a total of 16 proposals submitted from universities across the United States which were reviewed by the Committee. Dr. Michael Sullivan and Dr. Nabil El-Ghoroury selected the two winners. Ms. Cavanagh's research focuses on Latino youth in the juvenile justice system. Ms. Wood-Roberts' research seeks to improve understanding of the ways that cultural interactions effect healthcare disparities.

In our continuing effort to engage students and psychologists from diverse racial and ethnic backgrounds, an informal outreach brunch was held in the Toledo area. The brunch included area psychologists, several students from Bowling Green and several OPA Board members. These brunches have provided a valuable exchange of ideas and discussion about OPA initiatives, and ways to improve our collaboration with other

professional organizations. An outreach brunch will be held in the Cleveland area later this year.

OPA's commitment to the development of leaders from ethnic and culturally diverse backgrounds continued. This year, Dr. Gary Carrington was selected as the OPA Diversity Delegate to attend the APA State Leadership Conference in Washington DC. Dr. Carrington met diversity delegates from other state associations and learned that OPA is highly regarded for its support and promotion of diversity and leadership development of ethnic psychologists. He felt proud to have been selected to represent Ohio as the Diversity Delegate and learned a valuable amount of information over the super-charged five day event.

Lastly, the annual breakfast meeting with members of the Ohio Legislative Black Caucus and the Diversity Committee was held during OPA's Legislative Day on May 13, 2015. This was the fifth breakfast meeting and was very well attended by racial/ethnic psychologists and graduate students. Senator Edna Brown of Toledo, who has been a regular at this event, was in attendance this year but we missed other representatives because of a last minute budget meeting. Senator Brown was highly impressed with the number of African American graduate students entering the field of psychology and commented that it spoke well for the profession and would be welcomed news for her constituents. We hope to continue this tradition of collaboration between the Diversity Committee and the OLBC.

Get involved and join us!

### OPA DIVERSITY COMMITTEE:

Christine Agaibi, MA  
Dorienna Alfred, PhD  
Gary Carrington, PhD  
Colin Christensen, PhD  
Jennifer Franklin, PhD  
Shelly Jebens, PsyD  
Wanda McEntyre, PhD,  
ABPP, (Chair)  
Tiffany Porter, PsyD  
Christina Rideout, PhD  
Sonya Turner, PsyD

#### OPA Staff:

Michael Ranney, MPA

Pictured L to R: Wanda McEntyre, PhD; Senator Charleta Tavares and Willie Williams, PhD



# Early Career Psychologist Committee

*Making Connections: Engaging and Supporting ECPs*  
**Kathleen M. Hutchinson, PhD, Chair**

## OPA EARLY CAREER PSYCHOLOGIST COMMITTEE:

Tracie Baker, PhD  
 Katie Golden, PhD  
 Kati Hutchinson, PhD (Chair)  
 David Kotarsky, PhD  
 Jen Lamanna, PhD  
 Heather Poma, PsyD  
 Tiffany Porter, PsyD  
 Eric Sullivan, PhD  
 Amy Untied, PsyD  
 Milo Wilson, PhD

OPA Staff:  
 Michael Ranney, MPA

### Past contributing members:

Kathryn Bell, PhD  
 Andrea Bischoff, PsyD  
 Adam Borland, PsyD  
 Justin Bunn, PsyD  
 Kim Burkhardt, PhD  
 Anthony Rivers, PsyD  
 Rahema Rodgers, PsyD  
 Amy Rouse, PsyD  
 Aaron Vaughn, PhD  
 Chelsea Weyand, PsyD

*We love hearing from other ECPs about the challenges (and successes!) they are facing at this stage of their career.*

*If you are interested in connecting more with ECPs and/or further developing your leadership skills, we'd love to hear from you. You can contact Milo Wilson at [smilowilson@gmail.com](mailto:smilowilson@gmail.com).*

Once again, your Early Career Psychologist Committee (ECPC) has been working hard. Over the past year, the ECPC has continued to create valued resources and build a supportive, online community for ECPs in Ohio.

We have also collaborated with OPA staff to make ECP relevant information and resources easily accessible and create an ECP home on the OPA website. You can now find ECP information and resources at - <http://www.ohpsych.org/about/2014-people/committees-task-force-and-affiliates/early-career-psychologist-committee/>. There are resources on licensure, financial planning, credential banking, finding a job or post-doc, the EPPP, as well as how to make the most of your OPA membership; so that, it more than pays for itself! You can also browse previous editions of our e-newsletters. Additional ECP materials can be found by signing into myOPA, the OPA member section of the website, under "Professional Issues and Resources." Please let us know if you have any suggestions for ways we can continue to improve your online experience with OPA.

As the ECP years are full of many transitions and changes, so too has our committee undergone much change. I have been honored to serve as the ECPC chair the past two years, and I am proud of what we have been able to accomplish during that time including successfully advocating for expanding the OPA definition of an ECP to ten years post-receipt of a doctorate, securing a voting seat on the OPA board, implementing bi-annual e-newsletters, improving the OPA website for ECP members, developing multiple workshops for ECPs, launching ECP social media to help us connect, collaborating with the Practice Committee to create mentoring guidelines and welcoming many new licensees at the new licensee dinner and swearing in ceremony. There are probably many more things, but these are the ones that quickly come to mind.

*Connect with ECPs Online:*



Swearing-In Ceremony of Newly Licensed Psychologists at the OPA 2015 Convention

As my time as chair comes to an end and I embark on some new transitions myself, we are looking forward to the ECPC transitioning to new leadership, with Milo Wilson as the incoming ECPC chair. Milo comes to us with many years of leadership experience as a past member of the Board of Directors of APA and OPA, and as a past Chair of APAGS and OPAGS. We are excited for the new ideas and energy that he will bring to our committee.



**FACEBOOK** – Early Career Psychologists of the Ohio Psychological Association  
<https://www.facebook.com/groups/476904662441624/>



**LINKED IN** – Early Career Psychologists, a Subgroup of the Ohio Psychological Association  
[https://www.linkedin.com/groups?home=&gid=8105925&trk=my\\_groups-tile-grp](https://www.linkedin.com/groups?home=&gid=8105925&trk=my_groups-tile-grp)



**PINTEREST** – Early Career Psychologists, under Ohio Psychological Association  
<http://www.pinterest.com/ohiopsychassn/early-career-psychologists/>

# Ethics Committee

## *Consultation on Matters of Professional Conduct and Ethics*

Richard M. Ashbrook, PhD, Chair

OPA members are encouraged to confer with members of the Ethics Committee regarding matters of professional conduct and ethics. The Ethics Committee encourages proactive communication by inviting calls early in the decision process. OPA members may initiate contact with the Ethics Committee by calling a Committee member. Committee telephone numbers are maintained by the OPA central office and are published on the OPA website.

When an Ethics Committee member receives a telephone consultation or question, the caller's name and telephone number are requested. Collection of this information permits the Ethics Committee member to provide pertinent follow-up information. Callers are reminded to protect the anonymity, privacy and confidentiality of all parties by presenting hypothetical situations and by avoiding inadvertent mention of identifying information. The Ethics Committee member documents the nature of the inquiry and disseminates the consultation to other members of the Ethics Committee after redacting the caller's identifying information. In turn, members of the Committee provide their perspective to the Committee member that received the inquiry, who in turn will contact the caller with additional information. At the completion of the consultation, the Ethics Committee member disposes of any identifying information.

*The advice or opinions given by the Committee or its members are their own, based upon their experience and the situation as it is described to them. Neither the Committee nor its members can represent how the Board of Psychology might view or rule upon a particular situation. Understand that the comments of Ethics Committee members do not represent legal advice. You also are encouraged to confer with an attorney or with your professional liability carrier.*

The OPA Ethics Committee and the OPA Colleague Assistance Program Subcommittee invite inquiries from OPA members to join these committees. Interested members are encouraged to visit the OPA webpage and complete the Ethics Committee Interest and Experience Survey.

The Ethics Committee of the Ohio Psychological Association (OPA) has the following functions:

1. To advance the knowledge/competency of OPA members regarding ethical standards for psychologists;
2. To educate psychologists regarding ethical principles and conduct;
3. To provide guidance to OPA members who have questions regarding their own professional ethics or conduct;

4. To advise the Board of Directors concerning procedures or actions which the Board can or should take to promote the ethical standards of practice of its members; and
5. To work with the Education Committee to plan continuing education opportunities on topics relevant to the ethical practice of psychology.

Criteria for joining the OPA Ethics Committee includes: a) full membership in OPA, b) a minimum of 10 years of licensure as a psychologist except for the special Early Career Psychologists committee positions, c) no record of disciplinary action or correction order issued by APA, the State Board of Psychology of Ohio or other state, provincial or territorial psychology licensing board, d) a documented sustained interest and competence in ethical issues, e) evidence of ethical practice, competent professional judgment, and collegiality as informed by an interview with the Committee members and information obtained from collateral sources and professional references, and d) evidence of a cooperative/collaborative teamwork ability as informed by an interview with the Committee members and information obtained from collateral sources and professional references. Up to two Early Career Psychologists, licensed for a minimum of two years but not greater than ten years, may serve on the Committee, though these individuals may not vote or offer consultation on behalf of the Ethics Committee.

### OPA COLLEAGUE ASSISTANCE PROGRAM

The mission of the Ohio Psychological Association – Colleague Assistance Program (OPA-CAP) is to provide Ohio psychologists and OPA members with assistance in accessing services to restore professional functioning and to protect client welfare. In the role of providing psychological care to others, psychologists may themselves become in need of assistance. State law and established ethical standards require psychologists to recognize when one's objectivity or competency may be impaired. The OPA-CAP aims to assist in prevention and offers treatment of impairment by providing relevant education as well as referrals for treatment to assist in maintaining and/or restoring professional functioning.

The OPA CAP program is based on principles of self-care, prevention, early intervention and psychological care to Ohio psychologists. We seek to create a climate that normalizes self-care and help-seeking behavior. In doing so, the program helps stressed/distressed psychologists from becoming impaired and links them with providers.

### OPA ETHICS COMMITTEE:

Richard Ashbrook, PhD  
614-236-6139

Terry Imar, MA  
740-369-3478

Kay Levine, PhD  
216-321-8074

Christine Muller-Held, PsyD  
513-417-3954

Debjani Sinha, PhD  
513-793-7974

Bob Stinson, PsyD,  
JD, LICDC-CS, ABPP  
614-309-9727

Elizabeth Swenson, PhD, JD  
216-397-4434

*If you are interested in serving on the committee, contact the chair of the OPA-CAP subcommittee: Cathy McDaniels Wilson at 614-236-6114.*

*Consistent with the overall goals of OPA, the goals for the membership on the Ethics Committee and the OPA-Colleague Assistance Committee include an emphasis on inclusiveness and diversity.*

# Education Committee

## *Accomplishments and Upcoming Events* Jerome Gabis, PsyD, Co-Chair

### OPA EDUCATION COMMITTEE:

Robin Arthur, PsyD  
 Richard Ashbrook, PhD  
 Kathleen Ashton, PhD (Co-Chair)  
 Jim Brush, PhD  
 Dan Davis, PhD  
 Jerome Gabis, PsyD (Co-Chair)  
 Cathy Gaw, PsyD  
 Julie Meade, MA  
 Katy Krohn Mezher, PhD  
 Jon Thomas, PhD  
 Kimberly Wagner, PhD

OPA Staff:  
 Michael Ranney, MPA  
 Joan Bowman, MS  
 Karen Hardin, BA

### TRANSITION FROM FALL TO SPRING

**CONVENTION:** We made a successful transition from a Fall Convention to Spring Convention. Up to about 10 years ago, OPA used to sponsor two big annual educational events, the Fall Convention (three days) and the Spring Institute (two days). For a number of reasons, including dwindling attendance and a limited staff resources, the Committee and Board decided to discontinue the Spring Institute to concentrate on the Fall Convention. Three years ago, the committee decided to move the convention to the spring to accommodate members' schedules, the biennium continuing education cycle, and facility pricing breaks. This year's April 29-May 1 Convention was the first fully scheduled three-day convention in this transition.

**2015 CONVENTION A SUCCESS:** The convention's theme "Reaching the margins: Serving the underserved" was well represented in the robust schedule of presentations ranging from serving transgendered persons, rural and urban populations, youth in protective services, immigrants, the developmentally disabled and African American youth. The convention drew 261 participants including 167 OPA members and 94 non-members. Nine students presented posters and three students walked away with awards including publication in the 2015 The Ohio Psychologist. The convention ran in the black, and attendees ranked the presenters, staff, and facility very high in their evaluations. Next year's convention, "The Future Frontiers of Psychology," will be held in Columbus, April 28-30.

### CERTIFICATE OF SPECIALIZED TRAINING:

This past year, the Board asked the Education Committee to consider developing tracks of special training for OPA members. The goal is to encourage attendance, increase income, and provide a more programmed approach to OPA continuing education offerings. To this end, the committee discussed adopting an "exposure" level of educational offerings that would not include supervision or competency testing since to do so would be too labor intensive and beyond our scope of educational expertise, accrediting capacities and infrastructure support. We discussed a tentative minimum requirement of 25 hours of participation obtained over a period of five years. We also surveyed OPA member interest with online surveys and on paper at convention. One hundred twenty-five members responded, a high OPA survey response rate, 44 (35%) were very interested in specialized training, 59 (47%) moderately interested, and 22 (17%) not

interested. Areas of greatest training interest were psychopharmacology, cognitive behavioral psychology, health psychology and child psychology. Most who showed no interest said they were too far along in their careers to start such a training program. And so, the Committee will consider rolling out the most popular tracks gradually, enrolling participant, and developing continuing education presentations to support a robust curriculum.

**WEBINARS IN THE WORKS:** Webinars remain a focus of future continuing education development. With the advent of distance learning via the Internet, the OPA Education Coordinator and Education Committee are working to offer an increasing number of webinar presentations with a goal of at least 12 new webinars within the next six months. Eight presenters are to be scheduled soon to record webinars, ranging from topics such as measuring treatment effectiveness, obesity and cultural competence, and collaborative decision making when working with the elderly and their families. These new webinars will be added to the growing library of webinars listed on the OPA website. Twelve 2015 convention presenters have agreed to convert and record their presentations in a webinar format. Joan Bowman, education coordinator, will be taking care of the nuts and bolts of these recordings. If you are interested in creating and recording a webinar, go to <http://www.ohpsych.org/mce/ce-opportunities/webinars/> to see how it's done.

**LEADERSHIP:** This year, we decided on splitting chair responsibilities between Kathy Ashton and myself, Jerome Gabis. Kathy will represent the committee at OPA Board meetings and report Board feedback to the Committee. Jerome will focus on facilitating committee meetings, preparing the agenda, compiling minutes and communicating with OPA Director of Education, Joan Bowman. We decided to adopt a Past Chair (Rich Ashbrook), Current Chair, and Chair Elect (to be elected) succession model to ensure fresh ideas and leadership continuity.

**JOIN US:** We meet on the third Friday of each month, via one-hour teleconferences and once a year for a half day convention planning session at the OPA office in Columbus. It's a great way to get to know and make friends with psychologists from across the state, and to select and shepherd educational offerings from idea to reality. Please contact me [jergabis@gmail.com](mailto:jergabis@gmail.com) or Kathy Ashton [ASHTONK@ccf.org](mailto:ASHTONK@ccf.org) with your feedback or interest in serving on the Education Committee.

## Check Out the Upcoming Continuing Education Calendar

Designed with you in mind, OPA's 2015 Summer & Fall Workshop Series offers in-depth study on a diverse set of timely topics held at convenient locations and times across the state. Whether you choose to attend one, two or all of OPA's 2015 workshops, participants can expect to receive cutting-edge instruction by expert presenters.

### ONLINE REGISTRATION IS OPEN!

Visit [www.ohpsych.org/mce/ce-opportunities/workshops/](http://www.ohpsych.org/mce/ce-opportunities/workshops/) to register or to find complete course descriptions, learning objectives and speaker information.

August 28	Glenn Karr's Annual Ethics Workshop: Focusing on New Psychology Board Rule Changes Effective in 2015 - (4 CE - Ethics)	Columbus
August 29	Understanding the ICD-10-CM - (6 CE)	Columbus
September 11	Early Intervention for Injured Workers: OPA's Program for BWC - (6 CE)	Cuyahoga Falls
September 25	Interpreting the MMPI-2-RF - (6 CE)	Cleveland
October 2	Practical therapeutic techniques you can use with post-traumatic stress disorder clients! - (3 CE)	Columbus
October 2	Effective treatment techniques for borderline personality disorder clients! - (3CE)	Columbus
October 30-31	The Union of Psychology and Spirituality Retreat: Meditation and Mindfulness: Applications for Psychotherapy and Self-Care - (11 CE)	Mohican State Park Lodge
November 21	Transgender Youth - (6 CE - Ethics)	Cincinnati

## Two New Continuing Education Offerings Announced:



### Meditation and Mindfulness: Applications for Psychotherapy and Self-Care October 30-31, 2015 | Mohican State Park Lodge

This Retreat is offered for psychologists and other mental health professionals interested in gaining skills and experience in meditation and mindfulness practices and in learning ways to utilize such practices in their clinical work. Extending over one and a half days, the Retreat consists of a series of mindfulness exercises, meditations and discussions of clinical applications.

The Retreat format emphasizes active participation and discussion with less formal lecture. The program is designed to accommodate participants with little knowledge of mindfulness and meditation as well as participants who make these practices a central part of their work and lives. Attendees are strongly urged to stay overnight to fully immerse themselves in the experience. There will be plenty of opportunity to take advantage of the collective wisdom of all of the retreat participants, as well as to practice applying meditation/mindfulness strategies.

### Transgender Youth - November 21, 2015 | Cincinnati

Ideas about youth gender non-conformity are changing rapidly. The professional community and those involved in public policy wrestle with how to respond to the needs of those who live outside of what a majority might consider "normal" gender roles and sexuality. This panel discussion will explore how transgendered persons come to terms with gender identity and how their journey affects them, their families and the communities they are a part of. Important developmental variables to consider including medical, social, psychological, and legal aspects of gender transition will be addressed.



## Finance Committee

Nate Tomcik, PhD, OPA Financial Officer

### OPA FINANCE COMMITTEE:

Kathleen Ashton PhD  
Jim R. Broyles PhD  
Peg Richards Mosher PhD  
Vanessa K. Jensen PsyD  
Nathan Tomcik PhD,  
OPA Financial Officer  
Bob Stinson PsyD,  
JD LICDC-CS ABPP

OPA Staff:  
Michael Ranney, MPA  
Jim Sulzer, BS

Once again OPA is ending the year in sound financial position. I am very grateful to the members of the Finance Committee for keeping a watchful eye on the fiscal health of OPA as we advance the association's strategic plan. As a non-profit organization, we succeed when every dollar of income is spent to further the mission of OPA. This year we were able to do this by continuing to review and cut expenses while developing strategies to increase non-dues revenue.

The Finance Committee met monthly to keep a close eye on our budget and track our adherence to the budget as approved by the Board of Directors. This is the second year of our new contingent budget method. This is a strategy we started last year as a way to simultaneously allow us to more conservatively budget for investment income and react more nimbly to market fluctuations. You might recall that OPA has a relatively conservative investment strategy to begin with, and our income on investment is usually positive; however, if the market does better (or worse) than expected, it can impact our budget and either produce a budget shortfall or leave money on the table that could have been used to advance the goals of the organization. With our new method, we budget only for interest income, which is relatively predictable, and not investment income, which is less predictable. Instead, we created a list of contingent expenses that can be funded based on how the investment income is doing.

This year was the first real test for our new contingent budget strategy. Typically our

investment income performs well, at about 7% annually; however, we noticed a more sluggish investment performance last fall than was usual. Thanks to our new budget method we were able to make some adjustments and defer contingent budget items, which allowed us to minimize the impact that the downturn in our investment performance would have had otherwise. Although this year our investment income did not perform nearly as well as previous years, our investments are recovering well, and we were able to act quickly enough that we'll still likely finish the year right where we expected to be.

One of our most important goals this year was to find a budget neutral way for the organization to hire a lobbyist. We had many rich discussions about ways in which we might do this, and we invited members of the advocacy committee including Bobbie Celeste and Brad Potts, both of whom had some excellent ideas. Ultimately with the collective effort of group and Michael Ranney's keen business acumen, I'm pleased to say that we were able to find a way to devote a half-time position completely to the lobbying effort for Ohio psychologists.

This has been a very productive year for the Finance Committee. We have been working diligently to advance the financial goals of the organization. I am extremely grateful for the dedication of the OPA staff and the FC members work this year. Our new Finance Officer Dr. Eric Sullivan will start this year and I anticipate that the organization will be in good financial health as he takes the helm in August.

## Mandatory Continuing Education Committee

*A New Biennium for Mandatory Continuing Education*  
Cathy Gaw, PsyD, Chair

### OPA MANDATORY CONTINUING EDUCATION COMMITTEE :

Cathy Gaw , PsyD (Chair)  
Terry Imar, MA  
Mark Krautheim, PhD  
John Laux, PhD  
Dick Sexton, PhD  
Amnon Shai , PhD

OPA Staff:  
Beth Wherley, BA

Our new licensing biennium began in September, 2014. With this new biennium, the addition of cultural competence to the 4 hour ethics requirement began. This addition to the Psychology Licensing Law supports the pursuit of knowledge in areas that psychologists must actively seek as, by definition, this is outside of one's personal range of daily experience.

The MCE Committee is in the exciting position to view the variety of interesting trainings attended by Ohio psychologists and of identifying effective providers of quality continuing education to psychologists. We maintain close contact with the OPA Education Committee and work to remain

abreast with national trends in distance learning. To date, 3090 psychologists have registered for this biennium with OPA-MCE, and 258 have completed their required CE hours. Only 2,832 psychologists need to complete their CE hours by the end of the biennium in August 2016!

The MCE Committee works to maintain a diversity of members in regard to geographic location, areas of practice, gender, age and cultural backgrounds. One of our hard-working members from an academic setting, Dr. John Laux, has retired from the committee. We are sad to see him go, but will welcome two new members in September.



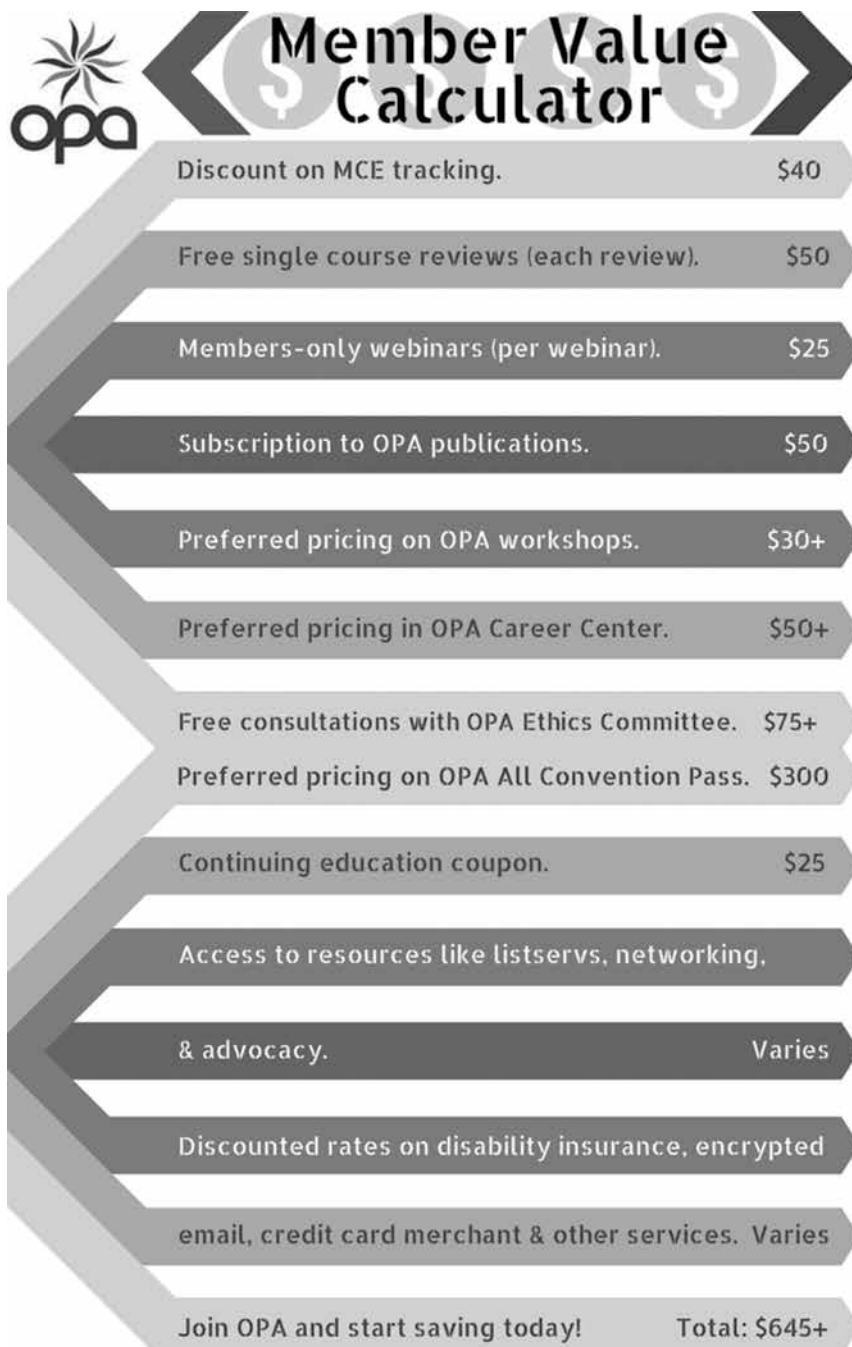
# Membership Committee

*Membership is Where It is At!!!*

Cathy Gaw, PsyD, Co-Chair

This year, the membership committee has been successful in improving membership numbers within the early career and emeritus psychologist categories. We continue to work on creating even more effective strategies for connecting with Ohio psychologists in all categories. Although the Ohio Psychological Association continues to be one of the larger and stronger state psychological associations, we aspire to engage a wider diversity of Ohio psychologists in order to strengthen and grow our service to the profession of psychology and consumers of psychology in Ohio.

*Membership Dues: What's the return on your investment?*



## OPA MEMBERSHIP COMMITTEE:

Christine Agaibi, MA  
Cathy Gaw, PsyD (Co-Chairs)  
Peg Richards Mosher, PhD  
(Co-Chair)

OPA Staff:  
Joan Bowman, MS  
Karen Hardin, BA

*In order to make our Association as meaningful to our constituents as possible, please consider adding your voice and energy to this committee.*

## Insurance Committee

*Making Our Voices Heard*  
Jim Broyles, PhD, Chair

### OPA INSURANCE COMMITTEE:

Mia Biran, PhD  
Jim Broyles, PhD (chair)  
Virginia Clark, PhD  
Joanne Gutzwiller, PhD  
Priscilla Kingston, PhD  
Teri Role-Warren, PhD  
Jeff Rosenbaum, PhD  
Christy Taylor, BA

OPA Staff:  
Bobbie Celeste, PhD

*The Insurance Committee is welcoming new members. Individuals who are interested in being part of its efforts should contact the OPA office or Jim Broyles, PhD, committee chair at [jimmyr@ameritech.net](mailto:jimmyr@ameritech.net).*

A number of Ohio psychologists recently received unsettling news. They had been contacted by an organization named Sante Analytics, who proclaimed they had been authorized by Anthem Blue Cross Blue Shield to audit the charts of a number of Ohio psychologists. Within a short time, OPA's central office staff was receiving distress messages from several members concerning this effort. A number of psychologists reported repeated chart requests, some resulting in audits which found the records lacking in important details. Sante Analytics, however, was not forthcoming regarding the key chart details for which they were searching, even though a number of charts were found to be deficient. One member reported he was bombarded with requests for charts on a level easily described as harassment.

Circumstances such as this are the main reason for the existence of OPA's Insurance Committee. This group recognizes that a huge number of Ohio psychologists must interface directly with insurance carriers in our state, and often feel at the mercy of policy and procedure which negatively impacts the practice of our profession. The Insurance Committee meets monthly and works closely with OPA staff to address insurance issues which can threaten the effective functioning of our practices quite suddenly. Using a range of resources, the committee and OPA staff respond

to emerging problems in an effort to advocate for the best interests of the clinicians involved.

In the case of the Sante Analytics, OPA staff member Dr. Bobbie Celeste was able to gather information from affected members. Working in conjunction with APA, she was able to determine the specific criteria deemed important by Sante, as well as the underlying reason for establishing the criteria. APA personnel were then able to negotiate directly with Anthem on the issue and discredit the ethical/procedural underpinning for the negative audit findings. The result was that the entire auditing effort was discontinued, protecting Ohio psychologists from further negative impact. This outcome would not have been possible without the work of Dr. Bobbie Celeste and the Insurance Committee. This story stands as an example of the importance of the Insurance Committee, and the crucial role it plays in helping OPA advocate for the interests of psychologists in our complex health care delivery system.

The committee is presently investigating the coming changes associated with the mandated use of the ICD-10-CM diagnostic system in October. The group's goal is to help educate members on the new requirements to help make the transition as seamless as possible.

## Oral History Project Committee

*Psychologists Learn from Others' Stories in the Oral Tradition*  
Kathleen R. Ashton, PhD, Chair

### OPA ORAL HISTORY PROJECT COMMITTEE:

Kathy Ashton, PhD (Chair)  
Gary DeNelsky, PhD  
Cathy Gaw, PsyD  
Dick Rynearson, PhD  
Sally Wilson, PhD  
Jane Woodrow, PhD

OPA Staff:  
Joan Bowman, MS  
Karen Hardin, BA

The Oral History Project was inspired through the collecting of historical materials and interactions with OPA leaders and past presidents in preparation for the OPA's 60th Anniversary Celebration in 2010. Out of that experience developed an interest in further preserving our history, but in a way that would feature those individual leaders and OPA members who have been responsible for the development of the profession of psychology in Ohio and nationally.

The Oral History Project Committee is creating a captivating, living history that will be easily accessible to future generations of psychologists, students and historians, through video interviews of past OPA leaders and key psychologists. These interviews are informal and unrehearsed, thereby allowing the interviewee the opportunity to talk about historically/professionally significant aspects

of their past experience. As one may imagine, these psychologists and leaders are passionate about their barrier-breaking discoveries and contributions rendering the interviews exciting and inspirational! To date, the committee has done 47 interviews. We hope to capture many diverse facets of our profession's rich heritage in Ohio and need your help before it is too late. We invite you to participate in this project. If you have: an interesting story to tell, an interview candidate to suggest or an interest in interviewing these thoughtful and amazing colleagues, please contact Kathleen Ashton at [ashtonk@ccf.org](mailto:ashtonk@ccf.org).

Making the interviews accessible through social media and creating a searchable database in conjunction with Wright State University are primary goals of the committee.

For a sample of the interviews, visit [www.ohpsych.org/visitors/foundation/foundation-videos/](http://www.ohpsych.org/visitors/foundation/foundation-videos/)

# Marketing Task Force

## Who Are We?

Jim Broyles, PhD, Chair

Most members of our profession understand that as psychologists, we have something special to offer. Whether we work as clinicians, teachers, researchers, or consultants, we have refined our professional identity enough to offer something unique. Unfortunately, most psychologists feel that “uniqueness” is not apparent to potential consumers. With so many other behavioral specialists emerging to compete in the open market, many psychologists feel their professional strengths are getting lost in the crowd. Add to this the fact that most insurance companies, who have a powerful impact on our work and income, are happy to see our profession as equivalent to that of other groups whose members are more abundantly available at a lower cost.

For this reason, OPA’s current strategic plan requires that we make efforts toward enhancing the public image of psychologists. The plan establishes a Marketing Task Force, whose job is to work with marketing professionals to help shape the image of psychologists in the public eye. Since this past November, the Marketing Task Force has been meeting monthly. Its primary goal has been to develop a marketing campaign for psychologists using expertise from the marketing world.

The Task Force formed a relationship with the Ohio State University’s Fisher College of Business. The school provided a consultant for the task force: Philip Chang, JD, MBA. Philip has been working with the group to better understand potential consumers, as well as their current picture of our profession. Using this information, the task force is in the process of creating an approach to “branding” our profession. The goal is to influence the public’s perception of psychologists, building a stronger identity in a competitive market of similar services.

The Marketing Task Force has also adopted a related goal: the development of a marketing toolkit. This toolkit will be a collection of marketing materials for a range of specialties within the field of psychology. Users will be able to customize their tool kit to include information about their practice or specialty area and their individual businesses, as well as personal information (biography, website, contact information, etc.). The task force would like to have the toolkit available in the coming year.

### OPA MARKETING TASK FORCE:

Jim Broyles, PhD (Chair)  
Philip Chang, JD, MBA  
Dennis Kogut, PhD  
Mary Anne Orcutt, PhD  
Cindy Orlasky, PhD  
Rose Shaw, PsyD  
Gerald Strauss, PhD  
Craig Travis, PhD

OPA Staff:  
Karen Hardin, BA

*The Marketing Task Force is a positive, creative group who enjoys working in this area. The committee is currently welcoming new members. If you would are interested in finding out more about the group, contact the OPA office, or Jim Broyles, PhD at jimmyr@ameritech.net.*

# Psychology in the Workplace Network Committee

## Psychology in the Workplace Network Honors Ohio’s Best Workplaces!

Robin Graff-Reed, PhD, Chair

Since 2003, OPA’s Psychology in the Workplace Network (PWN) has been committed to identifying and honoring those businesses and organizations who lead the way in providing compassionate, empowering, and innovative programs and services to their employees. Because job stress, work/life balance and on-the-job injuries remain important concerns among America’s working adults, the importance of healthy and supportive workplaces is more critical than ever.

Last fall, OPA’s PWN announced 4 state winners of the Psychologically Healthy Workplace Award (PHWA). The four-stage application process for the awards includes a site visit conducted by committee members. As always, this proved to be one of the most rewarding and fun aspects of our year! And because the OPA Annual Convention is now held in the spring, we took the opportunity last fall to return to the winning sites to present the awards, which allowed more employees to participate and celebrate! This was a huge hit with our winning organizations and also with committee members!

Immediately following the state award selection, we nominated our winners for the national level awards. The competition was stiff, and though none of our state winners were nationally recognized, we were proud to honor our winners once again at OPA’s Annual Convention. This spring, we resumed our efforts to solicit applicants for the 2015 PHWA awards and already have several applications in process!

The PWN committee has set some lofty goals for the 2015 award year. We hope to expand our committee’s scope by providing additional resources and information to Ohio’s businesses through enhanced website offerings as well as workshops and consulting referrals. In addition, we’d like to provide resources and support to consulting and I/O psychologists in Ohio, and plan to collaborate with APA’s Division 13 to identify potential members. As always, we could not accomplish our goals without the commitment and hard work of our committee members... Thank You!

### OPA PWN COMMITTEE:

William Askren, PhD  
Justin Dewberry, PsyD  
Dennis Doverspike, PhD  
Robin Graff-Reed, PhD (Chair)  
Les Netland, PhD  
Logan Rife  
Richard Rynearson, PhD  
Amy Sullivan, PsyD  
Cynthia Waggoner, PhD

OPA Staff:  
Michael Ranney, MPA  
Karen Hardin, BA

*Anyone interested in promoting psychology in the workplace while having fun is welcome to join!*

# Professional Practice Committee

*Practice Toolkit: New and Improved*  
Thomas P. Swales, PhD, Chair

## OPA PROFESSIONAL PRACTICE COMMITTEE:

Jeanette Biermann, PhD  
Karen Bretz, PhD  
Anna Dendy, PhD  
Navdeep Kang, PsyD  
Jason Lawrence, MA  
Julie Meade, PhD  
Julie Merrell, PhD  
Peg Richards Mosher, PhD  
Tiffany Porter, PsyD  
Kelli Riedl, PsyD  
Jennifer Strom, PhD  
Tom Swales, PhD (Chair)  
Rachel Tangen, PhD  
John Tilley, PsyD  
Courtney Zeune, PsyD (Co-Chair)

OPA Staff:  
Michael Ranney, MPA

In September 2015, a revision and updating of the OPA Practice Toolkit will be released. In previous versions, the Toolkit focused on the needs of newly licensed psychologists, providing them with guidance and resources to establish a practice. However, with health care reform underway, even experienced psychologists will find this updated Toolkit helpful. The Toolkit will be available as an online resource, to all OPA members for a small fee, and will be constantly updated with input from the marketing committee, insurance committee, and health care reform task force. To see if you need this toolkit, please take the quiz.

## PROFESSIONAL PRACTICE TOOLKIT QUIZ

- Do you have a professional will?
- Do you use an electronic health record?
- Are you using any psychological outcome tools in your practice?
- Are some psychologists in Ohio reimbursed at a higher rate for using outcome tools?
- Do you belong to an IPO or MSO?
- Can you name two leaders in health care reform for psychologists in Ohio?

## ANSWERS TO THE QUIZ

- Most psychologists in Ohio likely do not have a professional will. This is disturbing, since the rules of the Ohio Psychology Licensing Board require a psychologist to have a custodian of the records, should you die or become incapacitated.
- It is estimated that less than 5% of psychologists are using an electronic health record. However, this use will increase dramatically over the next 5 years.
- Many psychologists in specialty programs in large health care systems are already using outcome tools, including the Patient Health Questionnaire (PHQ-9); OQ-45 and Treatment Outcome Package (TOP).
- The TOP was developed as a psychotherapy outcome tool by members of the APA Division of Psychotherapy.
- At a recent Summit on Health Care Reform, medical directors from major insurers stated that they are willing to reimburse psychologists at a higher rate for using outcome tools.
- 70% of psychologists are solo practitioners, and most of these are unincorporated (not an LLC). This business model will only work for the next 5 years. Future: An Independent Provider Association (IPA) or Management Services Organization (MSO) are the new business models that will allow psychologists to thrive in health care reform. The IPA takes independent practices and combines them into an entity for contracting purposes. This entity takes care of anti-trust concerns, and has limited legal risk for either party. A MSO provides all of the business support for the psychologist: including contracting, billing and collection, supplies, EHR, and credentialing. These are the perfect models for a psychologist who wants to maintain some independence, but participate in a group contract, without having to merge.
- Patrick Palmieri, PhD and Gary Sipps, PhD are leading the OPA Health Care Reform Task Force. Terry Stancin, PhD, a professor of psychiatry at Case, who is division director of child and adolescent psychiatry at MetroHealth, was co-author of an article in American Psychologist on psychologist-pediatrician collaboration in primary care. Kevin Arnold, PhD presented at the APA Summit on Health Care Reform in May on an IPA model he is using at the Center for Cognitive and Behavioral Therapy of Greater Columbus.



*If you answered any of the questions incorrectly,  
you need the new OPA Toolkit!*

# Public Sector Committee

## *Transition Time for the Public Sector Committee* Lynne Rustad, PhD, Chair

This year has been a mixed one for the committee some exciting new projects begun and a planned project was halted by the serious illness of a long term member. One member left (for a baby) while new members were added who augmented the richness and diversity of our committee. It was a year of change for me personally, too, as I prepared to step down after five years as chair. I'm looking forward to being a plain old committee member again and am confident that the new chair has the experience and skills needed to carry the committee forward over the next year. I am equally excited that a newer ECP committee member will gain experience in preparation for leading the committee the following year.



Michael Ranney, MPA and Peg Richards Mosher, PhD present  
Terry Stancin, PhD with OPA's 2015 Public Sector Psychologist of the Year Award

For those of you not familiar with our committee, I should point out that it is one of the most diverse committees in OPA by virtue of the variety of training and experience found among its members, as well as the variety of settings in which they work and the populations they serve. It should also be noted that membership spans from urban areas in the Northeast to rural Appalachia in the southern part of the state. Differences in focus were reflected in Convention workshops presented this year by committee members including: Cindy Orlasky, our incoming committee chair, presented on "Therapeutic Approaches to Youth in Protective Services" and Dawn Graham, the our committee's chair-elect presented "Integrating Behavioral Health and Primary Care in Rural Appalachia."

In addition to serving on the public sector committee, it is common for our psychologists to work with other committees with related or overlapping interests. Currently we have members who also serve on the Education Committee and the Bullying, BWC Early Intervention, Marketing, and Health Care Reform Task Forces.

Because of the vulnerable nature of our patient populations, public sector psychologists tend to find themselves in patient advocacy roles more frequently than those in private practice. Vulnerability may arise from serious mental illness, serious or chronic medical illness, lack of access to health care and/or victimization. Public sector psychologists also tend to focus on communities and the social problems arising from them rather than having a primarily individual focus. This factor has implications for the education and training that we offer. For example, two of our current projects were prompted by changes in community care that will be necessitated by passage of legislation designed to clarify and increase use of court-mandated outpatient treatment (AOT): 1) the abuse of people in the community because of severe mental illness, and 2) the increasing militarization of police forces. We are planning a multidisciplinary workshop to address these issues that will include first responders and psychologists both as presenters and participants. The Crisis Intervention Team (CIT) model will be considered. We also plan to present a workshop in collaboration with the Communication and Technology Committee to investigate how telehealth might be used to reach patients in underserved rural areas and how barriers to such care might be addressed.

*We welcome any psychologists  
interested in joining our committee.  
Currently, we are particularly interested in  
finding replacements for people whose major  
interest is in forensic psychology,  
the judicial system and/or the area of  
rehabilitation and corrections.*

*Please do contact Lynne Rustad or Cindy  
Orlasky if you would be interested in joining our  
committee, or if you have any questions.*

### OPA PUBLIC SECTOR COMMITTEE:

Lynne Rustad, PhD, Chair,  
Ret. 2015  
Behavioral Medicine, GM&S,  
VAMC, Ret.

Cindy Orlasky, PhD  
Chair, 2015-16  
Rural Community Based  
Primary Care, VA

Dawn Graham, PhD  
Chair-elect 2016-17  
Rural integrated care, Medical School

David Aronson, PhD, FAACP  
Private Practice, BWC

Susan Buchwalter, PhD  
CMH CEO, Ret.

Deborah Devlin, LSW  
Psychology Graduate Student,  
CMH, on leave

Lani Eberlein, PsyD  
CMH and University Faculty

Fred Frese, PhD  
SMI Recovery, Medical School

Robert Goldberg, PhD ABPP  
Clinical Training Director, VAMC

Jeremy Kaufman, PsyD  
VA Ambulatory Care

Erich Merkle, PhD  
School Psychology, OSPA Rep.

Joel Mowrey, PhD  
County Mental Health Board Executive

Mary Ann Teitelbaum, PhD  
School psychology, OSPA Rep.

Jon Thomas, PhD  
Family Medicine, Medical School

Bethany A. Young-Lundquist, PhD  
Forensics, Courts

OPA Staff:  
Michael Ranney, MPA

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# Cincinnati Academy of Professional Psychology

## *Professional Organization's Role for Practicing Psychologists*

Sarah Greenwell, PsyD, CAPP President

The Cincinnati Academy of Professional Psychology (CAPP) began the year with new board members, Joanne Gutzwiller, PhD; Patty Eiler-Sims, PsyD and Gary Schneider, PhD, yet said goodbye to Jack Peltz PhD, as well as long time board members Sharon Phillips, PsyD and Steve Sparks, PhD. Dr. Gutzwiller now heads the new Public Relations Committee; Dr. Eiler-Sims oversees the Membership Committee, and Dr. Schneider transitioned into the busy role of Programs Committee Chair.

As in years past, CAPP continues to advocate for psychology's role in a new, emerging health care system by providing quality continuing education to its members that is consistent with the need of the psychological community in the Cincinnati-Northern Kentucky area. CAPP started the year with one of our most successful fall workshops to date, Transgender Issues and Ethics presented by Cori Yaeger, PhD. Dr. Yaeger did a wonderful job exploring clinical issues specific to this population and outlining an ethical decision-making model for use in clinical practice. The high attendance at this event speaks to the growing need for continuing education regarding transgender issues, especially in youth. In the Spring CAPP hosted another workshop, Chemical Dependency: Fact or Fiction with Gary Schneider, PhD highlighting recent changes in the DSM-5.

One of the benefits of CAPP membership is access to enough quality CEs to meet licensure requirements every two years. Throughout the year CAPP hosts dinner meetings for CE credit. In September, CAPP welcomed Dr. Richard Baum who presented on evidenced based substance abuse treatment. Then in December, Hilary Wishnick, PhD presented on Dialectical Behavior Therapy. She updated CAPP members on Dr. Linehan's most recent DBT book edition, including her expanded work with adolescents. In February, David Schwartz, PhD presented "An Ounce of

Prevention?" highlighting the Ohio BWC reform on chronic pain management. Finally in April, CAPP welcomed Quintino Mano, PhD, a recent addition to the University of Cincinnati, who delivered the presentation Neuropsychology of Reading and Dyslexia.

Next year CAPP has decided to begin offering 2 CE credits at dinner meetings. The CAPP Board's decision arose due to requests from both previous presenters and CAPP members to allow more time to discuss the many relevant psychological issues presented at dinner meetings throughout the year. In line with the changes to the ethics requirements for continuing education credits in the 2016 biennium, CAPP has also vowed to devote a minimum of one CAPP dinner meeting a year to multicultural topics. CAPP will start off the 2015-2016 year with a dinner meeting presented by Tom Heitkemper, PhD on September 21, 2015. He will present on CBT techniques for chronic pain management. A fall workshop on October 23, 2015 is planned focusing on heroin addiction and the impact on families presented by Chuck Washburn, MDiv, BSN from The Children's Home of Northern Kentucky. CAPP is also very excited to host Lorene Walter, MD from the Lindner Center on December 7, 2015 who will present updated information on psychopharmacology. Finally, look for CAPP's new website in December 2015, which will include updated pictures of CAPP events and the added feature of PayPal to help members register online for dinner meetings and workshops.

Please feel free to contact any of our board members for more information about CAPP. Check out our website for quarterly newsletters and dinner meeting events at [www.cappnet.org](http://www.cappnet.org).

### CINCINNATI ACADEMY OF PROFESSIONAL PSYCHOLOGY

President and OPA  
Representative  
Sarah Greenwell, PsyD

President Elect and Insurance/  
Managed Care  
Terri Role-Warren, PsyD

Past-president and Ethics  
Debjani Sinha, PhD

Programs  
Gary Schneider, PhD

Membership  
Patty Eiler-Sims, PsyD

Treasurer  
Cori Yaeger, PhD

Secretary  
James Dahmann, PhD

Public Relations  
Joanne Gutzwiller, PhD

Administrative Support  
Laura Wilson

## Central Ohio Psychological Association

*"If there is No Struggle, there is No Progress" - Frederick Douglass*

Marjorie Kukor, PhD, COPA President

As the Board of the Central Ohio Psychological Association (COPA) moved into this fiscal year, we wrestled with: where we were; what we were doing, and where to go next. Discussion ranged wide and wild, and all ideas were open for debate. Depending on one's view: our membership was stable or stagnant; our workshops viable or anemic, and our community support was consistent or collapsing. It was not clear whether or not COPA was serving a purpose, and/or if that purpose needed to be reaffirmed, altered or changed to better meet the needs of members and constituents.

So, we did what many psychologists would do – we collected data. A brief survey was developed and sent to all licensed psychologists in the Central Ohio area. Our return rate was around 11% - not as high as we were hoped, but enough to provide guidance. Here is a simplified summary:

- The presence of COPA was affirmed.
  - ♦ 58% felt COPA was needed as an alternative to OPA
  - ♦ 42% did not see a need for COPA and/or were not aware of COPA
- Our workshops have a positive reputation, and there is interest in having more social networking activities and community outreach projects.

We are now working on how to move forward in adapting COPA to be more responsive to the feedback we've received.

Our primary focus continues to be providing low cost, high quality CE workshops, community outreach and educational support. Our workshop

series focused on tools relevant to the practice of psychology, and topics included: Chemical Dependency Licensure issues by Amanda Ferguson, Ethics, Competency and Diversity in Supervision by Dr. James Dobbins, Ethics in Mental Health, by Bob Stinson, PsyD, JD and Practicing Tele-Psychology in Ohio by Ken Drude, PhD.

In addition to providing relevant CE for the Central Ohio area, COPA also engages in community outreach, supporting community events and educational endeavors. We sponsored two graduate students, one of whom received the Henry Leland Scholarship to attend the OPA Legislative Day. COPA also supports regional and state Science Days by providing judges for both events. Additionally, a long standing tradition of COPA's is to support and participate in the NAMI and Out of Darkness walks.

As we move into another year, we continue our work of making COPA stronger, more relevant and more accessible to Central Ohio psychologists. Our workshop series this year is on violence and mental health, and we may have some additional presentations as well. Beginning in October, we will be holding our Board Meetings at various times and places in an effort to fit into more people's schedules. Please check the COPA website ([www.copaonline.org](http://www.copaonline.org)) for dates/times/locations and consider joining us.

If you are in the Central Ohio area, we hope you will consider joining COPA, or attending one of our workshops. Check our website for updates and workshop registration information.

## Cleveland Psychological Association

*Better Meeting the Needs of Psychologists and Our Consumers*

Cathy Gaw, PsyD, CPA Representative to OPA

This has been a very productive year for the Cleveland Psychological Association! We have:

- provided 14 hours of CE presentations,
- provided 6 opportunities for professional networking,
- encouraged scholarship for psychology trainees, undergraduates and graduate students through the 4th Annual Student Poster Session,
- stabilized our budget,
- updated our marketing materials,
- become more actively involved in local mental health related legislative issues,

- become involved in local socially responsible activities and organizations.

In addition, we awarded the *Annual Award for Lifetime Achievement in Psychology* to Barry Gordon, PhD and the *Annual Distinguished Early Career Psychologist Award* to Gries Sweis, PhD.

We value our relationship with OPA and other regional psychological associations in Ohio, and look forward to another year of active involvement for our profession and our consumers!

# Akron Area Professional Psychologists

## *AAPP Continues its Tradition of Top Flight Speakers*

Colin Christensen, PhD

The Akron Area Professional Psychologists (AAPP) was honored by having another strong slate of presenters for the past year. The early career psychologist, Tracie Baker, PhD, started us off right with her talk, "Considerations in Working with Clients with Autism Spectrum Disorders" last September. Attendees were treated to the latest findings on helping this important population.

The current Ohio Psychological Association (OPA) President-Elect Thomas P. Swales, PhD, ABPP, was our next speaker. He talked about "Measuring Meaningful Change: How Can You Measure Your Treatment Effectiveness?" last November. Dr. Swales' presentation not only informed listeners about important trends in demonstrating the effectiveness of our work to payers, it also gave us reason to be confident that OPA's leadership is effective and in tune with today's important issues.

John Queener, PhD, of the University of Akron and the Minority Behavioral Health Group spoke about "Cultural Competencies for Working with Diverse

Groups" last spring. Dr. Queener's talk resonated with those in attendance as he tied the research literature together with current news headlines. We are grateful to Dr. Queener for his thought-provoking presentation.

Lastly, Frederick J. Frese, PhD, mesmerized his audience in June with his talk entitled, "Serious Mental Illness: Where to Now?" Dr. Frese spoke from the heart and left his listeners wanting more. The field of psychology is fortunate to have a champion such as Fred Frese in its midst. We thank you Dr. Frese!

AAPP continued another year with stable leadership at the top. Colin Christensen, PhD, remained the president and Christine Agaibi, MA, remained as the vice president. Joel Mowrey continued to do the heavy lifting for the organization in his role as secretary/treasurer. That said, AAPP would soon cease to exist without its capable guest speakers. We thank them for all of their diligent work over the past year.

# Toledo Area Academy of Professional Psychologists

## *Toledo Area Psychologists Out and About*

Mark Babula, PsyD, TAAPP Representative to OPA

The Toledo Area Academy of Professional Psychologists (TAAPP) focused on the community over the past year, with hopes to continue outreach, involvement, and fostering a greater sense of community in the future.

Thanks to the help of the OPA Diversity Committee, several local psychologists and area graduate students participated in a diversity brunch. In a casual and relaxed environment, those gathered discussed our role and issues of diversity impacting local psychologists.

Dr. Audrey Ellenwood, president of TAAPP, presented Interfacing of Two Worlds: The Migration Odyssey at the OPA annual Convention. This workshop provided information on cultural sensitivity for therapists, the impact of migration on individuals and families which are left behind, and discussed an approach to help clients tell their Migration Odyssey.

Members of TAAPP donated to NAMI and participated in the local NAMI walk. In this way, we showed support and united with various other individuals and organizations to raise funding and

awareness to benefit those struggling with mental illness and to reduce stigma.

Psychologists were able to learn and socialize in formal and informal settings through various events organized by TAAPP. Continuing education events covered topics such as cognitive science, suicide and self-mutilation, psychopharmacology, and mindfulness and existential psychology. Additionally, monthly discussion groups were held, allowing for more relaxed, social, and open ended gatherings.

TAAPP continues to offer its members representation in OPA. The Communicator, the newsletter distributed by TAAPP, provided updates and information regarding recent and upcoming TAAPP events. One of the best resources is the website, accessible at <http://taapp.info/index.html>.

### TOLEDO AREA ACADEMY OF PROFESSIONAL PSYCHOLOGISTS

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Audrey Ellenwood, PhD

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Mark Babula, PsyD

University Liaison  
Rolf Ritchie

Members-at-large  
Joelle Floriana, PhD  
Dennis Kogut, PhD

## 2015-2016 OPA Slate of Committee Chairs

*Join us at OPA's Annual Membership Meeting - September 18, 2015*

The Ohio Psychological Association (OPA) Board of Directors will hold its Annual Membership Meeting on Friday, September 18 at 7 p.m. at the Westin Hotel, 310 S. High St., Columbus to elect the new OPA Board of Directors.

At 5:30 p.m., there will be a reception immediately followed by dinner to which OPA members are invited. Cost for the dinner is \$40 and reservations must be made by September 10. Contact Joan Bowman at jbowman@ohpsych.org or by calling 614.224.0034 to reserve your spot.

The recommended slate of committee chairs (voting members of the board) for the 2015-2016 membership year is proposed as follows:

### Standing Committee Chairs :

- Communication and Technology:  
Dr. Marc Dielman
- Diversity: Dr. Gary Carrington
- Education: Dr. Jerome Gabis and  
Dr. Kathleen Ashton
- Ethics: Dr. Richard Ashbrook and  
Dr. Elizabeth Swenson
- Membership: Dr. Peg Richards Mosher
- Professional Practice:  
Dr. Tom Swales and  
Dr. Courtney Zeune
- Committee on Social Responsibility: TBD
- Public Sector Issues: TBD
- Science: Dr. Mary Miller Lewis
- Early Career Psychologists:  
Dr. Milo Wilson
- OPAGS: Roshni Rao

### Regional Representatives:

- Akron Area Professional Psychologists:  
Dr. Colin Christensen
- Cincinnati Academy of Professional  
Psychologists: Dr. Sarah Greenwell
- Central Ohio Psychological Association:  
Dr. Margie Kukor
- Cleveland Psychological Association:  
Dr. Cathy Gaw
- Dayton Area Psychological Association:  
Dr. Rose Mary Shaw
- Toledo Area Academy of Professional  
Psychologists: Dr. Mark Babula

*Under the Code of Regulations of the Ohio Psychological Association, the Board of Directors must be elected by the membership.*

## 2015 OPA Award Winners

*Congratulations and Thank You for Your Service*

The Ohio Psychological Association's Annual Awards Luncheon was held on May 1, 2015 as part of the annual convention. The following individuals were honored.

- Past President Plaque:  
Kathleen R. Ashton, PhD
- Distinguished Service Award:  
Jerry J. Strauss, PhD
- Public Sector Psychologists of the Year:  
Terry Stancin, PhD
- Special Projects Award:  
Richard F. Reckman, PhD and  
Mary Anne Orcutt, PhD
- Outstanding Psychology Trainee Award:  
Brittan Davis, MEd
- President's Award:  
OPA Staff
- OPA Committee of the Year:  
Advocacy Committee



*Peg Richards Mosher, PhD and Michael Ranney, MPA present  
Jerry Strauss, PhD with OPA's 2015 Distinguished Service Award*



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*Dr. Christina Zampitella, FT, Licensed Clinical Psychologist*

Just want to say that I truly love the system!

It takes all the guesswork out of tracking paperwork. Being able to schedule appointments and then have the system take over and track what is due for each client is wonderful.

*Kathleen Bremer, PCC-S*

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## 2016 Ohio Psychological Association Annual Convention *Future Frontiers of Psychology*

**Thursday, April 28 - Saturday, April 30, 2016 | Columbus**

**Stay tuned for more information about OPA's 2016 Convention.  
The Education Committee is sure to plan a wonderful event!**

