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Without doubt one of the highlights of this past year was the effort by staff, the Advocacy Committee, Board members and hundreds of psychologists around Ohio to prevent the elimination of the Board of Psychology of Ohio. What an inspiring effort that brought attention to the problems raised by this concept and persuaded legislators to abandon it. Psychology was singled out to be saved because we raised our voices and were heard. Well done! We need to remain vigilant, since the consolidation question comes up every few years. But for now we can enjoy our victory!

In the last year or so a number of staff members have moved on to other organizations. Replacing key staff is always a difficult challenge as is finding new staff with the skills we need.

- Fortunately, Beth Wherley, Director of Mandatory Continuing Education continues to manage the MCE program. This is a key program and service to all Ohio psychologists, and Beth does a superb job. This may well be the most difficult role in the office considering the drama that surrounds getting CE hours in on time.

- Karen Hardin returned to OPA as Director of Communications and Education. When I first started at OPA 20 years ago, Karen was Membership Coordinator. I am so glad that she has returned to us. Karen is so creative and willingly takes on challenges.

- Carolyn Green joined us as Director of Membership and Office Administration. We've worked with Carolyn over the years on IT and data base matters and she is a great addition to our staff. Carolyn was tremendously helpful as we moved our membership data into a new system.

- David Savoia is our Director of Finance and Operations and has added a great deal to our financial management and office operations. David is a financial pro and this is a big help to all staff.

- Dr. Jim Broyles, a past OPA President and former Insurance Committee Chair is now our Director of Professional Affairs (DPA). The DPA position is back to what it was in the beginning, a one-day-a-week position focused on member insurance issues. Jim is doing a fantastic job.

- What pleases me the most about our current staff is the way they work together as a team. They are innovative, creative, great problem solvers and fun to be around. The atmosphere in the office is exciting! I am proud to be a part of this team.

Karen Hardin and Carolyn Green put in extra hours and incredible effort to update our website and switch over our member data base to a new system that is integrated with the website. Member comments on the new website have been extremely positive, noting how much more user friendly it is. I can actually find things on it quickly as opposed to the time I had to spend before looking for specific items. This has improved our overall efficiency. Making changes or adding content to the website is now relatively easy, and we can do it in-house unlike the previous site where changes depended on an outside webmaster.

Because of the new website and integrated data base, membership renewal and workshop/convention registration are easier and staff can be more efficient in the way they process these transactions. These are important member services, and they are working better than ever right now.

Speaking of Convention, did you attend this year? If not, you missed one of our best-ever conventions. The Education Committee was recognized as the Committee of the Year and they certainly deserved it. Staff innovations in the registration and onsite check-in process made a huge difference in the overall experience of convention. It was quick, easy and smooth. The response to the Request for Proposals generated exceptional programs for the Education Committee to consider and help organize into a well-conceived schedule structure. Programs fit the theme and the theme was perfect for this year. Be sure you have next year’s convention on your schedule (April 26-28, 2018; Theme: “Psychology; An Inclusive Community of Growth and Care”). We plan to make this one better than last year!

Checking back through my emails the earliest mention of the Governance Structure Task Force is from December 3, 2012. Clearly, a great deal of time, energy and thought went into designing a new governance structure, revising the by-laws, bringing the changes to a vote of the membership and getting them approved. For me this is like phase 2 of creating a more efficient and effective organization. When I started we had a Board of over 40 people that met every month for two days. Changes in 2000
resulted in a Board of 23 that met for one day, five times a year. The new structure that goes into effect on 9/1/17 includes a Board of 11 that will meet monthly (live or by web conference). The Officers are: President, President-elect, Past-President, Finance Officer and APA Council Rep. The new Board consists of:

- Vice President for Science and Education
- Vice President for Diversity
- Vice President for Communications
- Vice President for Member Development
- Vice President for Practice
- OPAGS Chair

The committees, task force and regional representatives remain a crucial part of our leadership structure. Committees, task force and regional reps are organized under the appropriate vice president.

The Assembly, a unique feature of this new structure, is a meeting of Association leaders and members. The Assembly will convene semi-annually to discuss significant issues facing the public, the field of psychology, and psychologists in Ohio. The Assembly may meet in person or use distance meeting technology. All Association leaders are expected to participate, including the Board of Directors, Committee and Task Force Chairpersons, and Regional Representatives. All Full Members, Associate Members, and Affiliate Members are invited to participate. One assembly will be convened during the OPA Convention and another will be a web conference on November 18, 2017 from 10am to Noon. Watch for the announcement of these meetings and please plan on participating.

Congratulations to Kathy Ashton, who led us through the initial phases of this restructuring process, and to Katharine Hahn Oh, who took us through the final steps of the process. This is an important change for the Association. I am looking forward to this next year as we implement these changes.

OPA continues to be financially strong. We finished last year in the black and are on track to do the same this year. While many associations raise dues every year, OPA has not raised dues since 2014. That was the same year we reduced dues for newly licensed psychologists in the first year of licensure in response to our Early Career Psychologist members. Excellent financial management, and a frugal staff, keeps us on track to meet or exceed budget goals. Strong incomes from our convention and standalone workshops are vital to the results we anticipate for the current year. Next year’s budget is balanced and realistic. This budget was reviewed in detail by the Board and approved. Once again we had clean audit report from our auditors. The staff and Board take our fiduciary responsibilities seriously.

The Leadership Development Academy is one of our most innovative programs. This was its second year and it has been highly successful. The mission of the OPA Leadership Development Academy is to develop and nurture an active pipeline of future OPA leaders which reflects the broad diversity of psychologists in Ohio. The Academy provides opportunities for emerging leaders to develop a deeper understanding of their individual leadership style, to learn how to be an effective leader in a professional association, to expand their engagement, to fully experience the Association while being mentored by OPA leaders, to enhance their leadership skills and to learn about significant leadership opportunities and challenges in OPA. The Academy grew out of a leadership forum that we held starting in the early 2000’s for OPA leaders and those we identified as prospective leaders. The forum was a one-day program with one or more speakers on leadership. The Academy is a much deeper and rich leadership experience. Those who are selected for the program participate in a retreat, periodic meetings, attend Board meetings and Legislative Day, and, working with their assigned mentor, develop a project that addresses an area of interest or concern for psychologists in Ohio. It is exciting to see that the list of committee chairs for next year includes a number of Academy participants. That just underscores the success of the Academy!

There were so many other accomplishments this year. This annual report will reflect on many more of them. It has been a great year.

And I look forward to next year. We will be implementing the new governance structure. One of our goals is to develop new programs and services, including new income streams to sustain them without raising dues. To that end we will be creating a task force on income streams to study options and opportunities. I want us to move away from continually discussing ideas but seldom implementing them. There are many great ideas on the table. We are recognized as one of the best state psychological associations, and we need to focus on continuing to improve, providing better service to members and being a strong, effective advocate for psychology.
The President’s Message

A United Voice

During this year, the Ohio Psychological Association once again proved its worth to the professional well-being of all psychologists in Ohio. As President, there were three highlights of the year. First, in my opinion, without the OPA staff and lobbyist of OPA who are supported by your dues, the Ohio Psychology Board would have been eliminated. Second, the spirit of political activism among psychologists who are members of OPA is stronger than ever. Hundreds of psychologists took the time and effort to write, call and meet with their legislators to defeat consolidation of the Ohio Psychology Board. Third, the future of psychology in Ohio is bright, and depends on the ongoing creativity and innovation you’ve come to expect from OPA.

Licensing Board consolidation was a real threat. The Ohio Budget proposed to eliminate the Ohio Board of Psychology. Psychologists would have been regulated under a Behavioral Health and Social Work Board. This Board would have been responsible for the licensing and regulation of psychologists, counselors, social workers, marriage and family therapists, and chemical dependency counselors. The composition of the board would have had input from only one psychologist. We were the only doctoral level mental health professionals on the proposed new regulatory Board. Psychologists from Kansas, the only state with an omnibus licensing board, clearly have had a negative experience with consolidation. This is also true for psychologists from other states that tried, and failed, at licensing board consolidation. Unfortunately, the greatest tragedies involved improper investigation of licensing board complaints against psychologists, which were conducted by non-psychologists.

Without the staff of the Ohio Psychological Association, the Ohio Board of Psychology would have been eliminated. We developed a strategy to defeat the proposed elimination of the Ohio Board of Psychology. Your OPA membership dues paid for many of our key strategists, including:

Tom Swales, PhD, ABPP
OPA President

Visit the “News” section of our website to view all of our statements and press releases.
Michael Ranney, our amazing Executive Director
Jim Broyles, PhD, our new Director of Professional Affairs
Penny Tipps, our wonderful lobbyist

And staff support for:
• Brad Potts, PhD and the members of the Advocacy Committee
• Mary Lewis, PhD, David Hayes, PhD and other volunteer members of the OPA Board of Directors

Your annual membership dues to OPA, and other revenue is what maintains a strong central office.

Renew your membership, and recruit your colleagues who are not members of OPA to join now! Also, it’s time to have some fun and get involved... consider joining an OPA committee. We need the folks who sit on the sidelines to get in the game. We have re-structured OPA’s Board to include several Vice Presidents, and are going to more effectively leverage technology to have the Board and Committees meet virtually. If you’re not sure where to begin, flip through the pages of this Annual Report to find a committee or task force that speaks to you.

Continuing on the path that was forged last year, OPA’s Board worked diligently to address social justice and public safety issues. Position statements on both Medical Marijuana and Islamophobia were drafted and approved.

There are so many projects in the pipeline that I could not possibly review them all here, or give appropriate credit to the many volunteers who keep Ohio psychology strong. Thank you for letting me serve as President, and I look forward to serving OPA in the future and supporting our incoming leaders.

INCOME
(09/01/2016 - 06/30/2017)

$345,994.00
$113,840.00
$278,325.00
$25,500.00
$20,000.00
$6,000.00

EXPENSE
(09/01/2016 - 06/30/2017)

$503,135.00
$133,624.00
$82,300.00
$69,100.00

(Clockwise beginning at 12 o’clock position)

- Member Dues
- OPA-MCE
- OPA Educational Offerings
- Advertising, Product Sales and Additional Services
- Interest and Dividends / Grants and Donations
- Other Income

(Clockwise beginning at 12 o’clock position)

- OPA Education Offerings
- General Operating
- Contract Services (Lobbyist, DPA and Auditor)
- Employee Compensation
Our Task Force is helping the OPA Board transition to the New OPA: a leaner model with a clear leadership pipeline and an emphasis on member engagement and diversity.

Last fall and winter, we created and reviewed a Needs Assessment to understand the diverse skills, training, and perspectives needed on the Board. We supported President-Elect Mary Lewis to identify nominees for the upcoming election. This year’s election will usher in the new OPA Board with just eleven members (down from about 25). The new Board will include the usual positions of President, President-Elect, Past-President, Finance Officer, APA Council Representative, and Student Representative. It will also include the new positions of Vice Presidents including: VP for Communications, VP for Member Development, VP for Diversity, VP for Practice, and VP for Science & Education.

In the spring, we planned and facilitated a pilot version of the new Assembly, a meeting of OPA leaders and members that will occur twice each year. For the pilot Spring Assembly, we met in-person at OPA’s Convention and discussed topics submitted by OPA Members that included:

- the Opioid Crisis
- Pressing Practice Issues
- Workforce Development (more early career psychologists work in institutions/organizations and fewer in private practice)

After small group discussion and sharing across all groups, we heard ideas for improving the Assembly format. Watch for announcements about the Fall Assembly and add your discussion topic ideas for the most important issues facing Ohio psychologists and/or the public. The Fall Assembly will be held virtually; so that, it will be accessible to psychologists across the state. How to get involved: Send us your ideas for topics and call in to participate!

This summer, we are gearing up to help with the new Board orientation in September. As the new Board gathers, we hope to review the role of non-profit boards, explain the new Board structure, and discuss how we can lead OPA in living out some of the principles behind the new board model: diversity, member engagement, and leadership development.

How to get involved:
Join a Committee or Task Force!
2017-18 Board of Directors and Committee Chairs

President – Dr. Mary Lewis
- BWC Task Force – Dr. David Schwartz
- Regional Network – TBD
- Personnel Committee – Dr. Lynn Rapin
- Policies and Procedures Committee – Dr. David Hayes
- Planning and Development Committee – Dr. Justin Dewberry and Dr. Steven Kniffley

President-Elect – Dr. Katharine Hahn Oh
- Nominating Committee

Past-President – Dr. Thomas Swales
- Special Projects Committee
- Oral History Project Committee – Dr. Bob Stinson, Co-Chair

Finance Officer – Dr. Eric Sullivan
- Task force on New Financial Streams

APA Council Rep. – Dr. Cathy McDaniels-Wilson

OPAGS Chair – Teresa Smith

VP Communication – Dr. Marc Deilman
- Marketing Task Force – Dr. Kim Anzek
- Akron Area Professional Psychologists Rep. – Dr. Colin Christenson
- Communication and Technology Committee – Dr. Cindy Van Kuren
- Editor, Ohio Psychologist – TBD
- PEC – Dr. Marjorie Kukor
- Psychologically Healthy Workplace Network – Dr. Robin Graff-Reed
- Disaster Relief Network – TBD

VP for Diversity – Dr. Gary Carrington
- Committee on Social Responsibility – Dr. Elizabeth Harrison
- Cincinnati Academy of Professional Psychologists Rep. – Dr. Sarah Greenwell
- LGBT Subcommittee – Dr. Jim Brush
- Diversity Committee – Dr. Jessica Smedley

VP Membership – Dr. Peg Mosher
- Leadership Development Academy – Dr. Wanda McEntyre
- Membership Committee – Dr. Cathy Gaw, Co-Chair and Dr. Sarah Greenwell, Co-Chair
- Ethics Committee – Dr. Elizabeth Swenson
- Public Sector – Dr. Dawn Graham
- PROs – TBD
- Early Career Psychologist Committee – Dr. Milo Wilson
- Ohio Women in Psychology – Dr. Cathy Gaw
- Cleveland Psychological Assn. Rep. – Dr. Cathy Gaw

VP for Professional Practice – Dr. Angela Miller
- Professional Practice Committee – TBD
- Legislative Day Planning Committee – Dr. Angela Ray
- RxP Task Force – Dr. Angela Miller
- Political Action Committee – Dr. Thomas Swales
- Insurance Committee – Dr. Virginia Clark
- Toledo Area Academy of Professional Psychologists Rep. – Dr. Mark Babula
- Advocacy Committee – Dr. Brad Potts
- Federal Advocacy Committee – Dr. David Hayes

VP Science/Education – Dr. Rose Mary Shaw
- Education Committee – Dr. Jerome Gabis
- MCE Committee – Dr. Cathy Gaw
- Dayton Area Psychological Assn. Rep. – Dr. Johnathan Cleveland
- Science Committee – Dr. John Marazita and Dr. Kim Metz
- OSPA Liaison – Dr. Erich Merkle

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Leadership Development Academy (LDA)

Investing in the Future Leaders of OPA

The mission of the OPA Leadership Development Academy (LDA) is to develop and nurture an active pipeline of future OPA leaders which reflects the broad diversity of psychologists in Ohio. The purpose of the LDA is to provide opportunities for emerging leaders to develop a deeper understanding of their individual leadership style, to learn how to be an effective leader in a professional association, to expand their engagement, experience and mentoring with OPA leaders, to enhance their leadership skills and to learn about significant leadership challenges in OPA.

For this second year of the LDA, we accepted 10 applicants (fellows) for a ten-month leadership program. The overall program focused on five primary components: leadership content, self-assessment, interpersonal process, legislative advocacy and project collaboration and development. Readings and discussion topics included adaptive leadership, articulating purpose, leadership and diversity, diversity/cultural competency as leaders, work/personal life management, navigating leadership dilemmas, and intentional career development. All fellows, faculty and administrative staff took the FIRO-B, an assessment tool that measures interpersonal needs along three dimensions: inclusion, control and affection. This proved to be an effective way to delve more deeply into behavioral preferences and their impact on leadership style. Fellows also attended OPA Board meetings to observe leadership in action. In order to understand the importance of advocacy in psychology, fellows also attended Legislative Day. They learned about current legislative issues affecting psychologists and most had the opportunity to meet with their legislator or legislative aide. As a part of their LDA experience, all fellows worked with their mentors to develop a project based on their leadership goals and interests. Following is a brief description of each project.

LDA Fellow: CHIVONNA CHILDS, PHD
LDA Faculty Mentor: Jennifer Franklin, PhD
Project: Spirituality and Therapeutic Integration

Project Description: Dr. Childs developed a webinar in which she provided information on the importance of addressing spirituality within the context of therapy.

LDA Fellow: JUSTIN DEWBERRY, PSYD
LDA Faculty Mentor: Suzanne LeSure, PhD
Project: Barriers to Providing Behavioral Health Services to Refugee Communities in Ohio

Project Description: The primary barriers in providing behavioral health services to refugees are: 1) access to care, 2) cultural norms, 3) competence in treating war related trauma, and 4) language barriers. Dr. Dewberry will disseminate information about understanding and dealing with these barriers in a webinar (accessing translation services), in a presentation through OPA (submitting a proposal for the 2018 convention) and in an article for The Ohio Psychologist.
Leadership Development Academy (LDA) continued...

**LDA Fellow: CATHERINE GOLDEN, PHD**  
LDA Faculty Mentor: Kathy Ashton, PhD  
**Project: Ohio HB 49 (Board Consolidation)**

*Project Description:* Dr. Golden summarized the Board consolidation bill and disseminated the summary and relevant updates in an OPA e-publication.

---

**LDA Fellow: ELIZABETH HARRIS, PHD**  
LDA Faculty Mentor: Wanda McEntyre, PhD  
**Project: Preschool to Prison Pipeline** (The concept that children, especially African-American children, are funneled from the academic environment to the criminal justice system through suspensions, expulsions and other punitive measures through the use of “zero tolerance” policies.)

*Project Description:* Dr. Harris developed a webinar to inform professionals about the “preschool to Prison Pipeline.” The webinar is designed to educate psychologists, counselors and educators about how to advocate for children who have been identified as having behavioral problems in school.

---

**LDA Fellow: STEVEN KNIFFLEY, PSYD**  
LDA Faculty Mentor: Cathy McDaniels-Wilson, PhD  
**Project: Reducing Mental Health Stigma in the Black Community through Education and Engagement**

*Project Description:* Dr. Kniffley’s project has three primary objectives: 1) to create a program that will educate members of the Dayton area Black community about the etiology and treatment of mental health issues, 2) to develop collaborative partnerships with churches and local nonprofit organizations to disseminate program information, and 3) to create an assessment tool to determine the impact of the mental health education program.

---

**LDA Fellow: LESLIE MCCLURE, PSYD**  
LDA Faculty Mentor: Jim Broyles, PhD  
**Project: Ethical Interaction with Third Party Payers**

*Project Description:* To assist psychologists in private practice to become more confident and competent in working with third party payers and to learn how to effectively advocate for their work with clients. The two components of Dr. McClure’s project are: 1) to develop a network of office/billing managers to share information, and 2) to co-facilitate a seminar at the 2017 OPA convention (Ethical Interaction with Third Party Payers).

---

**LDA Fellow: JESSICA SMEDLEY, PSYD**  
LDA Faculty Mentor: Mary M. Lewis, PhD  
**Project: School to Prison Pipeline**

*Project Description:* Dr. Smedley is interested in creating a voice for those struggling with discrimination and harsher punishments in the school system, often including the involvement of law enforcement. As a result, they are tracked through adulthood and are
more likely to end up in the prison system. Dr. Smedley would like to bring awareness to 1) the lack of services offered in school systems in Ohio, 2) the discrepancy in numbers of minority and non-minority youth who are offered treatment in lieu of juvenile detention, and 3) the need to inform providers and educators regarding significant risk factors.

LDA Fellow: CYNTHIA VANKEUREN, PSYD
LDA Faculty Mentor: Cathy Gaw, PsyD
Project: Ethical considerations when psychologists are asked to write letters supporting the acquisition or endorsement of an Emotional Support Dog

Project Description:
Dr. Van Keuren will write an article addressing the following issues: 1) distinctions between emotional support and service dogs, 2) ethical considerations and possible role conflicts for psychologists who are asked to write letters of support, 3) concerns regarding professional liability if the dog or handler encounter a problem, and 4) the need for a “call to action” for the development of a work group to create guidelines for psychologists when writing letters of support. Dr. VanKeuren developed two surveys to be completed by psychologists and other behavioral health providers and animal service organizations. The purpose was to be to better understand current knowledge and practices regarding writing letters for and working with emotional support dogs.

As our second Leadership Development Academy is nearing completion, we are celebrating another successful program, an exceptional group of LDA fellows and a fabulous faculty of LDA mentors. Kudos to all!

If you are interested in learning more about the Leadership Development Academy (LDA), please contact Dr. Peg Mosher at mmrpsych@gmail.com. We welcome anyone interested in developing their leadership potential. To ensure diversity, priority will be given to ECPs, mid-career psychologists, cultural and ethnic minorities and other underrepresented groups, including LGBTQ and persons with disabilities. The next LDA class will begin in the Fall of 2018.
A New Focus for OPA’s Director of Professional Affairs

Jim Broyles, PhD
OPA Director of Professional Affairs

The past year has brought many changes to our association. Dr. Bobbie Celeste, our former Director of Professional Affairs, has retired, and this change has allowed a redistribution of staff duties and responsibilities. Legislative advocacy and member support with the business of professional psychology practice were among Dr. Celeste’s most important duties. Mr. Michael Ranney, OPA Executive Director, has assumed responsibility for our advocacy efforts, working closely with our professional lobbyist, Dr. Brad Potts, and OPA’s advocacy committee. The Director of Professional Affairs role has been reduced to a part time position, and has been assumed by me. My chief duties in executing this newly designed role have been to provide member support in the business of practice, especially when it comes to working with Ohio insurance providers. I assumed my role this past March, and have spent the past few months becoming acclimated to the demands of and possibilities for this niche in the OPA staff. In many ways, my background provides me with a number of experiences and strengths which suit this role. I have owned and managed a medium-sized private practice in the Central Ohio area for the past 20 years, am a Past President and Finance Officer for OPA, and have spent the past three years as the chair of OPA’s Insurance Committee and Marketing Task Force.

I have been both challenged and excited to take on this new role. Recent months have allowed me to understand the needs of the association from the perspective of a staff member whose job it is to provide support in this crucial area. One thing which became apparent to me early on was the advantage to our members of having one staff member to provide support and advocacy with the myriad of issues which come from interacting with insurance companies. A huge portion of our members make their living in private practice, and therefore must be proficient in a variety of business skills, including managing their ever-changing relationship with Ohio’s insurance companies on whom they depend for their livelihood. As those who have been successful at this will attest, this is no small task. Maintaining viability in this world requires staying current with ever-changing laws, rules, and regulations; sustaining a working knowledge of billing practices and services; and understanding how to respond to snafus which commonly arise from interacting with a large corporate entity. These formidable tasks are more easily accomplished with support from the kind of pooled resources and collective wisdom OPA provides. In many ways, I see my current DPA role as being the keeper of this knowledge, communicating the right information and/or providing the right resource at the right time.

One of my main goals, then, emerges from this perspective: communication. I want to explore and identify ways to clearly and consistently communicate some of the needed information I hold to our members. Obviously, in this age in which we are bombarded with messages from a huge range of sources, this can be a daunting task. Working with Ms. Karen Hardin, OPA Director of Communications and Education, I am in the process of developing my approach to member outreach. Blast email, Facebook, Twitter, and a regular blog available on the OPA website are main communication vehicles I have accessed so far. Using these media, I have reached out to members to address a variety of important topics: insurance company audits, billing issues, the development and valuing of new CPT codes, and national healthcare issues. My goal is to get information to OPA members that is relevant, timely, and clear. I also aim to be available to members, in an effort to make this communication interactive. I am open to feedback and suggestions about all these ideas, and the best way to reach me is through my email: jbroyles@ohpsych.org. I would love to hear from you!

See the Director of Professional Affairs Blog Under the “News” Section at www.ohpsych.org

OPA INSURANCE COMMITTEE SURVEY: CPT CODES AND SESSION LENGTH
Posted by Jim Broyles, PhD, OPA Director of Professional Affairs, Wednesday, June 28, 2017

Many psychologists who work in private practice have become well familiar with the many difficulties which continually develop as they interact with insurance companies on which their livelihood depends. I have been impressed by the entire insurance process imposed by these entities and have been challenged by the requirements imposed by these entities.
The 2016-2017 was a very active year for OPA. Key legislative issues were fought to protect our professional identity and a key staff changes at OPA realigned and strengthened OPAs legislative position. In December of this year, Dr. Bobbi Celeste retired from OPA. Her departure was an auspicious event, complete with resolutions from the Ohio Senate, Ohio House of Representative, and Governor Kasich honoring her advocacy for Ohioans and Psychologists. In her place, Jim Broyles, OPA’s former Insurance Chair, accepted the Director of Professional Affairs (OPA) position. His current knowledge of insurance practices will undoubtedly be an asset to OPA’s members. In addition, Penny Tipps has resumed her role as OPA’s Lobbyist. This was an anticipated change that Dr. Celeste was involved in planning starting four years ago. The goal of bringing Penny back on board as a permanent lobbyist was broadly agreed upon. However, it required other changes within the budget to make it happen. This took an additional 3 years and the efforts of several of OPA’s leadership (Finance Chairs Dr. Nathan Tomick and Dr. Eric Sullivan; OPA Presidents Dr. Peg Raines, Dr. Bob Stinson, and Dr. Tom Swales, and Dr. David Hayes and Michael Ranney). Given the legislative challenges we faced this year, this turned out to be a very timely move.

Starting last fall, we faced a significant legislative challenge when SB 366, Board Consolidation Bill, was introduced. It aimed to combine “like” behavioral health professions into one large board, combining Psychology with the Social Work, Counseling Marriage and Family, and Chemical Dependency Counselor Board. This would have weakened Psychology’s ability to protect the public and govern our profession. Thanks in large part to the quick response of our members, our coalition, Penny Tipps and Michael Ranney, it was soundly defeated in 2016. However, we knew this would be reintroduced as a provision of the 2017 Budget. When the new proposal came out, the proposed board’s name had changed to the “Behavioral Health Services and Social Worker Board,” further diluting our identity.

As many of you know from communications, Michael developed a plan and mobilized OPA’s efforts. Psychologists across the state responded to OPA’s call for action by contacting their Representatives and Senators. Dr. Katherine Golden helped with background research on other states consolidation efforts, and Michael worked through a series of coalition and interested party meetings to address OPA’s concerns. OPA’s Dr. David Hayes and Dr. Paula Shear from the University of Cincinnati testified in favor of the current board structure. As a direct result of these efforts, the Governor’s office offered to remove Psychology from the consolidation. The Ohio House passed HB 49, the Budget bill, without the majority of the board consolidation language, moving the budget to Senate which also passed the bill.

Substantial activity occurred on the legislation for Psychologists Prescriptive Authority this year. Dr. Jerry Strauss drafted a piece of legislation to allow limited prescriptive authority for appropriately trained psychologists. Dr. Celeste worked with Senator Seitz resulting in the introduction of SB 300. Throughout the spring and fall, Bobbie met with key legislators educating them on the issues and Ohio’s unmet need. Proponent testimony was provided by Dr. Angela Miller, OPA’s RxP Chair; Teresa Lampl of the Ohio Counsel of Behavioral Health Service Providers; Bill Sundemeyer from Advocates for Ohio’s Future; Laura Stith Child Focus Inc., Kathryn Saylor of Behavioral Health Care Partners of Central Ohio and former OPA staff Katie Crabtree Thomas. Morgan Sammons, a prescribing military psychologist and Director of the National Registrar came to the Ohio Statehouse and met with key legislators and the media. Dr. Owen Ward worked with local newspapers resulting in coverage in the Dayton and Springfield newspapers.
The legislative term ended in December, and our bill’s sponsor Senator Williams Seitz came to the end of his term. Senator Seitz bid a passionate goodbye to the Senate and returned to the Statehouse in January as State Representative Seitz. Penny Tipps immediately began working with Representative Seitz and his staff, meeting with key Legislators, Committee Chairs, the Department of Mental Health, and the Office of Health Care Transformation in the Governor’s Office. Under her guidance last year’s bill was revised and resubmitted to the LSC. The bill currently rests in the hand of Representative Seitz, pending introduction. Expect to hear more once the legislature finishes the budget process.

Legislative Day and the Health Fair at the Ohio Statehouse were successful, thanks to the work of Angela Ray, Rita Wood, Michael Evans and the OPA staff. Attendance was larger than in previous years. The Diversity Committees Breakfast with the Black Legislative Caucus was very well attended and timely given Senator Travares’ bill on Multiple Cultural Competency (SB 16). A panel discussion was held on Prescriptive Authority and access to mental health services, with Teresa Lamp of the Ohio Counsel of Behavioral Health Service Providers, Prescribing Psychologist Ruth Roe-Navarrete from Wright Patterson AFB, and Dr. Alice Randolph of the Ohio Psychology Board. The event was topped off with a moving presentation by Supreme Court Justice Evelyn Stratton on the need to pass HB 40/SB 81 to end the use of the death penalty for Seriously Mentally Ill.

...as I said, it was a busy year in OPA Advocacy. If you are interested in advocacy work, behind the scenes or testifying on a bill, please contact me through the OPA website. We would love to talk to you and hear what you are passionate about in psychology.
Bureau of Workers’ Compensation Task Force

David Schwartz, PhD, Chair

As I sat down to dictate this report, I realized that this August will mark 10 years since the initial meeting with OPA psychologists that led to the creation of this task force. In reviewing some of my earlier reports, I came across this paragraph that summarizes our overall goal:

“The committee’s goal continues to be improving psychological services for injured workers in the state of Ohio covered under the Ohio Worker’s Compensation system, and improving the overall function of the bureau’s work with injured workers by incorporating an integrated bio psychosocial model.”

I am happy to report that as of today many aspects of these goals are, at long last, moving into the actual function and structure of the Ohio BWC. The Bureau has committed to integrating behavioral and psychological treatment and care of injured workers as early as possible in the injury process, based on their acceptance the overwhelming body of scientific evidence which supports this approach.

Specific changes forthcoming in the next calendar year include the following:

1. The Bureau’s endorsement of, and reimbursement and treatment of injured workers, specifically without the requirement of an additional psychological allowance. Our initial thrust was to start with early intervention under these codes as an entry; however, the bureaus written policies set allowed use and disclosure at any point in an injured worker’s treatment.

2. More specifically, the Bureau will now require a specific health and behavior pre-surgical evaluation before authorizing lumbar fusion surgery. We had significant input into the development of the Bureau’s lumbar fusion guidelines, and there was unanimous agreement that this evaluation was vital.

3. Dr. Schwartz has continued to be active on several BWC advisory committees that set medical policy. As a result, several other areas of treatment to the Bureau will incorporate a strong behavioral component, including:

   • developing chronic care guidelines with the goal of producing barriers to ongoing supportive psychological care for injured workers with chronic pain and depression,
   • developing mild traumatic brain injury/concussion care guidelines with focus on initiating assessment and treatment early to prevent the chronic disability,
   • developing telepsychology guidelines through the Bureau, as part of the bureau’s initiative in developing telemedicine services,
   • developing and clarifying the role of the physician of record in the BWC system, with a special focus on the development of providers can better manage acute injuries and prevent disability. Psychologists can be part of this new system under these enhanced guidelines, and
   • including behavioral and pain management treatment as a component of opiate addiction treatment for injured workers was developed addiction due to their injuries, again without the requirement of adding either psychological or substance-abuse diagnosis to their claim.

ONGOING WORK/TARGETS

Part of our initial goals with the Bureau were to develop a panel of psychologists with the skills and background to deliver these non-traditional services. The Bureau has not committed to development of such a panel, although they have committed to the delivery of these services per se. Dialog is ongoing and we will continue to be involved in this process.

We will also be moving forward with enhancing training opportunities for psychologists who treat within the BWC. In coordination with the education committee, we continue to develop a 25 hour continuing education program for BWC certification. The program, which consists of four modules, will be recorded and available online. In October, we presented a six-hour program on independent evaluations for the Bureau of Worker’s Compensation and performing pre-surgical assessments. The next module, focusing on performing evaluations for permanent total disability for the Industrial Commission of Ohio, will be presented in October of this year. All of these programs will eventually be available online with study questions for CE credit.

Other activities include submission of a grant in cooperation with a leading BWC MCO to assess the impact of early behavioral intervention in the BWC system. We are also exploring the possibility of a similar grant demonstrate effectiveness of intensive interdisciplinary pain treatment programs in the treatment of injured workers with chronic pain and opiate addiction.
Communications & Technology Committee

Marc B. Dielman, PhD, Chair

Primary Committee Goals (2016-2017):
1. Complete a telepsychology informed consent form that could serve as a template for Ohio psychologists who are utilizing telepsychology. This was made part of the OPA Practice Toolkit.
2. Present a webinar on other telepsychology issues, such as psychologists’ use of e-mail.
3. Actively educate about and promote the use of telepsychology with OPA members.
4. Provide editorial resources to OPA.
5. Keep informed about telepsychology laws, regulations, and guidelines both at the state and national level.
6. Manage the OPA listserv for compliance with rules and guidelines.
7. Provide information about telepsychology on the OPA listserv and OPA publications.
9. Advocate for the provision of telepsychology education and training opportunities for Ohio psychologists.
10. Ensure that this committee is continually guided by the relevant OPA Strategic Goals.

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8. Ensure that this committee is continually guided by the relevant OPA Strategic Goals.
9. Continue to be informed about the PsyPact (Psychology Interjurisdictional Compact) and explore ways to assist in legislation being passed in Ohio regarding implementation of this compact for Ohio.
10. Communicate with legislators regarding any laws that may impact the practice of telepsychology in Ohio.
11. Continual communication with the vice-president of Communications in the new governance model of OPA.

Most Recent Presentations and Publications:
• 2017 Competency Based Assessment: EPPP-2 Panel Discussion, 1 hour, Ohio Psychological Association Convention, April 28, 2017, Columbus, Ohio.
• Use of Email and Texting with Clients, 1 hour webinar for Ohio Psychological Association, March 21, 2017.
OPA members are encouraged to confer with members of the Ethics Committee regarding matters of professional conduct and ethics. The Ethics Committee encourages proactive communication by inviting calls early in the decision process. An OPA member may initiate contact with an Ethics Committee member by telephoning the Committee member.

When an Ethics Committee member receives a telephone consultation or question, the caller’s name and telephone number are requested. Collection of this information permits the Ethics Committee member to contact the caller to provide pertinent follow-up information. Callers are reminded to protect the anonymity, privacy and confidentiality of all parties by presenting hypothetical situations and by avoiding inadvertent mention of identifying information. The Ethics Committee member documents the nature of the inquiry and disseminates the consultation to other members of the Ethics Committee minus the caller’s identifying information. In turn, members of the Committee provide their perspective to the Committee member that received the inquiry, who in turn will contact the caller with additional information. At the completion of the consultation, the Ethics Committee member disposes of any identifying information.

The advice or opinions given by the Committee or its members are their own, based upon their experience and the situation as it is described to them. Therefore, neither the Committee nor its members can represent how the Board of Psychology might view or rule upon a particular situation. Please understand that the comments of Ethics Committee members are not intended to represent legal advice. You also are encouraged to confer with an attorney or with your professional liability carrier.

The OPA Ethics Committee and the OPA Colleague Assistance Program Subcommittee invite inquiries from OPA members to join these committees. Interested members are encouraged to visit the OPA webpage and complete the Ethics Committee Interest and Experience Survey.

The Ethics Committee of the Ohio Psychological Association (OPA) has the following functions:

1. To advance the knowledge and competency of OPA members regarding ethical standards for psychologists;
2. To educate psychologists regarding ethical principles and conduct;
3. To provide guidance to OPA members who have questions regarding their own professional ethics or conduct;
4. To advise the Board of Directors concerning procedures or actions which the Board can or should take to promote the ethical standards of practice of its members; and
5. To interface with the Education Committee to plan continuing education opportunities on topics relevant to the ethical practice of psychology.

Criteria for membership on the OPA Ethics Committee includes: a) full membership in OPA, b) a minimum of 10 years of licensure as a psychologist (except for the special Early Career Psychologists positions on the committee) c) no record of disciplinary action or correction order issued by APA, the State Board of Psychology of Ohio or other state, provincial, or territorial psychology licensing board, d) a documented sustained interest and competence in ethical issues, e) evidence of ethical practice, competent professional judgment, and collegiality as informed by an interview with Ethics Committee members and information obtained from collateral sources and professional references, and d) evidence of being able to work on a team as informed by an interview with Ethics Committee members and information obtained from collateral sources and professional references. Up to two Early Career Psychologists, licensed for a minimum of two years but not greater than ten years, may serve on the Committee, though these individuals may not vote or offer consultation on behalf of the Ethics Committee.

The mission of the Ohio Psychological Association – Colleague Assistance Program (OPA-CAP) is to provide Ohio psychologists and OPA members with assistance in accessing services to restore professional functioning and to protect client welfare. In the role of providing psychological care to others, psychologists may themselves become in need of assistance. State law and established ethical standards require psychologists to recognize when one’s objectivity or competency may be impaired. The OPA-CAP aims to assist in prevention and offers treatment of impairment by providing relevant education as well as referrals for treatment to assist in maintaining and/or restoring professional functioning.

The OPA-CAP program is based on principles of self-care, prevention, early intervention and psychological care to Ohio psychologists. We seek to create a climate that normalizes self-care and help-seeking behavior. In doing so, the OPA-CAP program hopes to help stressed/distressed psychologists from becoming impaired and also to link with providers those psychologists who are in need of their own treatment.

If you are interested in serving on the committee, contact the OPA Office.

Consistent with the overall goals of OPA, the goals for the membership on the Ethics Committee and the OPA-Colleague Assistance Committee include an emphasis on inclusiveness and diversity.
The Education Committee of OPA is charged with developing quality continuing education modules for Ohio psychologists to help them fulfill their 23 hour biennium continuing education requirements to maintain licensure. Specifically, the Committee plans the annual convention by selecting themes and areas of concentration that seem to be timely and requested by OPA members. The committee calls for presentation proposals, reviews the proposals for suitability, and schedules the convention workshops with the idea of helping attendees follow certain topics of interest throughout the convention. This year our convention (“The Strength to Lead, Connect, and Heal”) was held from April 26-28 at the Quest Center in Columbus. This was a banner year for the convention thanks to the careful planning by OPA staff and Committee members. The Committee was pleased that more than 350 attended the convention, as compared to 251 in 2015 and 315 in 2016. The convention also surpassed financial projections and topped net figures from the last eight years with a net income of $25,734. Nearly all participants rated the programs highly, calling them “robust, challenging, and timely.”

The Education Committee also develops and sponsors stand-alone workshops throughout the year, with the largest concentration being in the summer and fall. This year we have been collaborating with other disciplines and professions. For example, in October a workshop “Psychology, Law Enforcement and the Courts: Developing a Collaborative Approach” was held in October involving law enforcement personnel, a judge, and a psychologist. In the same way, a recent June 2 workshop on telebehavioral health practice was cosponsored by both the OPA and the Ohio Chapter of the National Association of Social Workers. In November (6-9), 2017, a four day workshop on emotion focused marital therapy with Elana Katz from the Ackerman Institute is scheduled for psychologists, marriage and family therapists, social workers, and counselors.

A September 22 workshop to address psychology’s response to the opioid epidemic will be held in September featuring the Ross County (Ohio) Coroner, Dr. John Gabis, MD, the Ross County Heroin Partnership Project coordinator, Teri Minney, and Dr. James Hagin, PhD, a Ross County psychologist.

In the last three years we have been developing educational training tracks including cognitive-behavioral approaches to therapy and another to train psychologists to conduct evaluations and early interventions for the Ohio Bureau of Workers Compensation.

The third format for continuing education presentations is webinars available through the OPA website. Some webinars were originally presented as workshops, now formatted for one-two-or three hour presentations. The 15 topics include pain management, micro-aggression, HIPAA, telepsychology competencies, night eating disorders, obesity, and updated medication approaches to ADHD.

These are just a few of the educational workshops the Education Committee develops, sponsors, and presents. There are many more interesting and compelling workshops in the planning stages. The Committee meets by phone monthly on the third Friday of every month, 8-9 a.m. to conduct business. We have an excellent team. If you are interested in joining us, call OPA today.
Check Out the Upcoming Continuing Education Calendar

ONLINE REGISTRATION OPENS SOON!
Visit www.ohpsych.org to register or to find complete course descriptions, learning objectives and speaker information.

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<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location</th>
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<tr>
<td>September 22</td>
<td>Stemming the tide - Response to Ohio’s opioid epidemic - (6 CE)</td>
<td>Columbus</td>
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<td>October 6</td>
<td>OPA-BWC Training: Evaluations for the ICO – (6 CE) (Session 3 of BWC Specialty Track.)</td>
<td>TBD</td>
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<td>October 13</td>
<td>Mental health – There’s an App for that! – the role of mental health Apps to enhance therapeutic effectiveness</td>
<td>Columbus</td>
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<td>October 20</td>
<td>The Union of Psychology and Spirituality Retreat - Meditation and Mindfulness: Practice and Applications for Psychotherapy - (6 CE)</td>
<td>Columbus</td>
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<td>October 25</td>
<td>Radically Open DBT for Disorders of Over-Control - (6 CE)</td>
<td>Columbus</td>
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<tr>
<td>November 6-9</td>
<td>Externship in Emotionally Focused Therapy - (28 CE)</td>
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OPA Union of Psychology and Spirituality Retreat

Meditation and Mindfulness: Practice and Applications for Psychotherapy - 6 CE
October 20, 2017 | Sharon Woods, Columbus

This Retreat is offered to psychologists and other mental health professionals interested in gaining skills and experience in meditation and mindfulness practices and in learning ways to utilize such practices in their clinical work. Held in a peaceful park setting, the Retreat consists of a series of mindfulness exercises, meditations and discussions of clinical applications including the following sessions:

- What is mindfulness? Why would one practice mindfulness? What is the empirical research supporting the use of mindfulness practice as part of therapy? What is meditation? Why would someone practice meditation? What is the empirical research supporting the use of meditation as part of therapy?
- Vipassana Meditation Instruction and clinical applications
- Mindfulness exercise and eating and there clinical application

Externship in Emotionally Focused Therapy November 6-9, 2017 | Columbus

What is EFT? Emotionally Focused Couples Therapy is a model that helps couples move from disconnection and frustration to a secure, trusting and loving bond. Many couples resonate with the idea that regardless of topic, the pattern of their fights are fairly (and frustratingly) repetitive. At the same time, they find it very difficult to interrupt these fights and have a more satisfying relationship. This four-day training will include: an introduction to EFT, Stage One: From Reactivity to De-escalation, Stage Two: Creating the New Cycle and Stage Three: Consolidation and Special Issues. For more information, go to www.ohpsych.org and click on the EFT banner.
Mandatory Continuing Education Committee

Be On the Cutting Edge
Cathy Gaw, PsyD, Chair

The MCE committee has the responsibility of insuring that OPA approved CE activities are of sound quality and post-graduate level information via our review of submissions for single course reviews and approved provider applications. The profession of psychology continues to grow and mature, spanning many exciting areas of knowledge and practice!

In addition, technology has provided more options for learning and attending CE trainings and workshops. If you have an interest in helping shape the practice and preserving the integrity of quality continuing education of psychologists, please join this committee of motivated psychologists by contacting Beth Wherley at: mce@ohpsyc.org

Marketing Task Force

Shaping the Perception of Psychology and Psychologists
Kimberly Anzek, PhD, Chair

The OPA Marketing Task Force was put together to help shape public perception of and promote psychology as a profession as well as individual psychologists. Most recently, we completed our strategic plan with the help of a Fisher Board Fellow from the Max M. Fisher College of Business at The Ohio State University. We have recently met our new Fellow, and are excited to be working this next year to implement the plan with her assistance.

Two goals of our strategic plan are to:
1. help individual psychologists to market themselves in their local areas and
2. shape the perception of psychology and psychologists throughout Ohio.

For individual psychologists, we have been working on a marketing toolkit, which is nearly finished. The toolkit will help provide individual psychologists (clinicians, consultants, etc.) to market themselves to local physicians, businesses, etc. and help to explain what they do and how they are best suited for various tasks. The toolkit will also help to provide ideas for how to implement or change websites to assist in marketing.

In order to help form and perhaps change the perception of psychology and psychologists, we plan to use the OPA website to give people a better grasp on what psychology is, how we are different from other health providers, and for what types of services we are best suited. With the help of our new Fisher Board Fellow, we plan to add content to the OPA website for laypeople and to help direct internet traffic to the website to better help with public perception.

We are currently looking for more members to our committee. We are hoping to have some additional people: clinicians and non-clinicians, younger and older members, established and new psychologists, as well as psychologists from different areas of the state to lend varying viewpoints and input into how we can best market psychologists and psychology. If you are interested in learning more about the task force or would like to join the task force, please contact Kimberly Anzek, kimberlyanzekpsych@gmail.com. We meet monthly via phone conference and would love to have some new voices on our calls!
Our Members are the Heartbeat of OPA
Peg Richards Mosher, PhD, Chair

Our members are indeed the heart of OPA. Whether you are a graduate student, an ECP, midcareer or later-career psychologist or retired, you are the impetus behind what we do. Without you, there would be no OPA!

The primary goal of the membership committee is the recruitment and retention of members throughout their professional lifespan. We are quite fortunate that OPA membership has remained relatively stable over the past several years. This is especially noteworthy since most other professional associations are experiencing a decline in membership. Despite our successes, we continue to face an issue affecting most associations: we are growing older! Each year we have an increase in the number of psychologists who are semi- or completely retired. This reality underscores the need for OPA to address the benefits and services relative to our retirees in relevant and meaningful ways. We recognize that members have varying professional needs based on their individual circumstances, where they are in their career, their area of specialization, their workplace identity and changes affecting the practice of psychology. With this reality in mind, the membership committee routinely evaluates the benefits and services we provide and investigates new membership “perks” that may be of value to our members.

In response to feedback from our members, we are happy to announce several changes implemented during this membership year:

- **Membership application**: All membership categories have been clarified and simplified. For example, criteria for inclusion as a full member is now based on years since licensure or years of career experience. In addition, Emeritus members are no longer required to have a specified number of consecutive years of OPA membership. Rather, they need to be at least 65 and fully retired.

- **Membership year**: Beginning this year, OPA has instituted a revolving membership renewal system. So, regardless of when you join or renew, your membership will be active for one year from that date.

- **OPA website**: The OPA website has been revised and updated to allow for easier access to a broad range of topics, issues and resources pertaining to psychologists in Ohio.

In the upcoming year, the OPA membership committee will focus on the following initiatives:

- Increase engagement of all members across the professional lifespan;

- Increase the diversity of our membership;

- Increase the perceived relevance of OPA to psychologists across the continuum of specializations (including academia, forensic, child), work settings (including colleges/universities, medical, public sector, business, industrial/organizational, independent practice) and geographic location (especially rural and other underserved areas);

- Educate members and non-members regarding the value-added benefits and services offered by OPA.

If these goals, activities and initiatives sound interesting to you, please consider joining the membership committee! We welcome your ideas and energy to help keep the heart of OPA beating strong! Feel free to contact the OPA office for more information.
Oral History Project Committee

Honoring, Celebrating and Learning from our Past as We Move into our Future
Peg Richards Mosher, PhD, Chair

The Oral History Project grew out of the 60th anniversary of OPA in 2010. As a part of this celebration, key OPA leaders (past and present) were interviewed about their experiences and perspectives regarding OPA and the development of the profession of psychology in Ohio. The resulting interviews were quite compelling and deemed an invaluable educational and historical resource. It was from this seed that the OPA Oral History Project was born.

Currently, we have over 50 completed interviews with a wide variety of OPA leaders, including past-presidents, officers, influential members and other professionals who have worked closely with OPA. Interview topics include OPA history, hospital and prescriptive privileges, diversity, advocacy, women’s issues, APA connections, social justice, evolution of roles of psychologists in healthcare, licensure, freedom of choice (insurance reimbursement) Wright State School of Professional Psychology, Ethics, Ohio Board of Psychology, psychology specializations, psychologists working with special and unique populations, the future of psychology and the 60th anniversary celebration of OPA.

To view any of the 21 interviews currently uploaded, go to www.ohpsych.org and click on “awards and recognition” under the “member services” heading on the blue navigation bar visible at the top of the website.

If you are interested in becoming involved with the Oral History Project, including serving on our committee, sharing stories about your involvement with OPA or in professional psychology in Ohio, or if you’re interested in interviewing others, please contact the OPA Office.

PSYOHIO: Foundation for Psychology in Ohio

Peg Richards Mosher, PhD, Chair

The Foundation for Psychology in Ohio (PSYOHIO) is the non-profit, charitable 501(c)(3) arm of the Ohio Psychological Association (OPA).

TWO PRIMARY PURPOSES:
Promoting and supporting educational programs that increase access to well-trained psychologists, create an awareness of what psychologists do, and decrease stigma about mental illness by:
• Disseminating information regarding psychology and behavioral health to the public and to mental health professionals;
• Developing and presenting educational or scientific exhibits and presentations on psychology for the benefit of the public;
• Developing an archive of the history of psychology in Ohio and the national impact Ohio psychologists have had.
• Increasing the availability of internships for graduate students studying psychology.

Philanthropic programs that encourage and reward psychologists, researchers and students who are committed to carrying on the work of psychology and broadening its scope and impact.

Granting scholarships in psychology and supporting the Foundation’s commitment to diversity by:
• Developing and/or sponsoring panels, workshops, seminars, and other educational activities in psychology for the benefit of psychologists, other mental health professionals and the general public;
• Granting awards, stipends or other forms of recognition to teachers or researchers in psychology at secondary schools or institutions of higher education on the basis of innovative or meritorious achievement;
• Granting prizes, awards, stipends and other forms of recognition for research in issues relating to multiculturalism;
• Giving annually cash prizes to high school students for outstanding Behavioral Science projects at the State Science Fair.
Take your service to others to the next level. Serve as a behavioral health officer in the Ohio Army National Guard.

Qualifications:
- Possess a doctorate in clinical counseling psychology
- Completed a one year APA accredited internship
- Meet physical fitness and moral standards
- Attend required military training

Benefits:
- Student Loan Repayment Program, up to $75,000
- Cash Bonus of $20 - $25K per year, if qualified
- Low-cost medical, dental and life insurance
- Access to military discounts and space-available travel

Contact CPT Matthew Fuhrhop at 614-376-5016 (O), 614-802-7382 (C) or matthew.a.fuhrhop.mil@mail.mil

Programs and Benefits Subject to Change
This has been a wonderful year for the Cincinnati Academy of Professional Psychology (CAPP). CAPP is one of the strongest regional professional psychology organizations, with 148 members in Ohio and Northern Kentucky. With the retention of all of its previous Board members, this year the Board was able to reach several goals. If you have not already viewed the new CAPP website you may not know of all the wonderful changes that have occurred.

One of the benefits of CAPP membership is access to enough quality continuing education (CE) credits to meet psychology licensure requirements every two years. Throughout the year CAPP hosts CE dinner meetings, as well as Spring and Fall workshops. Also exciting and new this year, is CAPP’s recent acceptance into CE provider status through the Counselor, Social Worker, and Marriage and Family Therapist Board. We look forward to networking with other mental health providers in our area. Other changes this year included a new venue. In order to continue to provide reasonable rates for dinner meetings and workshops, CAPP began hosting at Receptions in Loveland, OH. We have received overwhelmingly positive feedback from members regarding this location. The food is wonderful, the location easily accessible and the staff is considerate. Yet, the biggest draw to CAPP is not the food, many times it is the networking and meeting up with old colleagues, but usually it is the presentations. CAPP has hosted a variety of excellent presenters this year. CAPP was pleased to have Kathleen Chard, PhD from the Cincinnati VA join us for our September dinner meeting. Dr. Chard is the co-author of Cognitive Processing Therapy (CPT). We look forward to having her return in 2018 for a full two-day workshop on CPT. CAPP also teamed up with the Cincinnati Society of Clinical Hypnosis for a half-day workshop on pain management and hypnosis. Dabney Ewin, M.D., an internationally known expert on pain management spoke on the most effective hypnotic techniques to treat chronic pain.

CAPP offered a unique CE experience in December, a cabaret style presentation She’s Crazy: Mental Health and Other Myths, which highlighted several issues related to mental health and substance abuse/dependence. The event was open to the public and advertised locally to raise awareness of mental health issues in our community. Other highlighted presentations from the year included, trauma in children and adolescents with Erica Pearl Messer, PsyD from Cincinnati Children’s Hospital, CAPP’s Spring Workshop on eating disorders with Ashley Solomon, PsyD, executive director of the Cincinnati Eating Recovery Center, and Ann Kearny-Cooke, PhD, from The Cincinnati Psychotherapy Institute. Finally, CAPP ended the year with a presentation on Acceptance and Commitment Therapy by Richard Sears, PsyD.

As stated above, networking is also a really great benefit of belonging to CAPP. The CAPP Social Chair planned several events, including a picnic at Mt. Airy Park, and Coffee with CAPP at the Sleepy Bee Café. The picnic was fun and a great way to spend time with colleagues, so of course, another picnic is scheduled for June. Next year will begin with Dr. Cori Yaeger presenting an update on transgender issues at the September dinner meeting. CAPP is also excited to host returning presenter, Renae Reinardy, PsyD in October. Dr. Reinardy will provide a full day workshop on hoarding, trichotillomania and excoriation disorder. Dr. Reinardy is the founder of the Lakeside Center for Behavioral Change in Fargo, North Dakota. CAPP looks forward to meeting new psychologists and members at any of our functions. Please feel free to contact our Board members or Executive Coordinator for more information about CAPP. Check out our website for quarterly newsletters, social and CE events at www.cappnet.org
Akron Area Professional Psychologists

AAPP Offers Training Opportunities to Northeast Ohio Psychologists

Colin Christensen, PhD

The Akron Area Professional Psychologists (AAPP) offered a full slate of presentations to psychologists this past year. Jason McGlothlin, PhD, PCC-S, kicked off the year with “Assessing Suicide Lethality to Avoid Malpractice.” Psychologists learned the latest research on how to prevent suicide by our clients. The presence of a malpractice attorney helped to focus attendees’ attention.

Dr. Isaac Weaver and Ross Robertson presented, “You Don’t Know What You Don’t Know: The Explanatory Model of Illness, Treatment Utilization, and Clinical Care.” Attendees learned about how our clients perceive and understand mental health concerns. Dr. Weaver and Mr. Robertson mixed the latest research with personal anecdotes to make the topic particularly germane.

AAPP collaborated with Child and Adolescent Behavioral Health (C&A) and Stark County Mental Health & Addiction Recovery (StarkMHAR) to offer a five-day series of trainings on Dialectical Behavior Therapy (DBT) by Julie Wolfarth, PCC-S, LCDC III. Ms. Wolfarth helped attendees learn more about this important treatment modality for helping adolescents and adults learn to cope more effectively with serious emotional concerns. We extend our appreciation to StarkMHAR for funding this crucial training.

Lastly, AAPP worked with C&A again to present, “The Ethics of Treating the Substance Use Disordered Client and What You Need to Know About ’42 CFR.’” Christina Shaynak-Diaz, JD, educated psychologists and other mental health professionals about this essential topic. Attendees left with a greater appreciation for the interplay between 42 CFR and HIPAA when it comes to working with clients with substance abuse concerns.

We are grateful to our members and speakers who made the year a good one.

Dayton Area Psychological Association

Community Matters

Jonathan M. Cleveland, PhD

Over the past year, the Dayton Area Psychological Association (DAPA) has seen steady growth in our membership. We continue to offer MCE workshops on intriguing topics that are both well-attended and well-received. For example, last month Regina Shillinglaw, PhD from Wright-Patterson Medical center gave an invaluable presentation on the assessment and treatment of suicidal behavior associated with military service. Also, over the winter, DAPA’s own Kenneth Drude, PhD, of the Ohio Board of Psychology, provided a timely 3-hour MCE presentation on the use of e-mail and texting with clients.

This fall, DAPA looks forward to hosting Phillip Martin, PhD from The University of Kansas School of Medicine, as he presents on state-of-the-art assessment and treatment options for dementia. Later in the year, Jeremey Schumm, PhD of the Cincinnati VA will be presenting a two-topic workshop, covering a) current trends in substance abuse treatment, and b) behavioral strategies for couples therapy. Workshops are typically held on Friday afternoons at the Ellis Institute (a WSU School of Professional Psychology facility) in downtown Dayton. For additional details, please access: http://daytonpsych.org/events/

Beyond providing excellent workshops, DAPA continues to be active in community outreach efforts; our organization demonstrated its commitment to future psychologists by funding a special award at the District Science Day. We also provided a donation to the Dayton Autism Society’s 5K Walk/Run, where we operated an informational booth. In the coming months, we will be supporting both the local suicide awareness walk and an annual food drive.

DAPA is always looking for new members. Our relatively inexpensive annual membership fee of $65 includes free registration to the numerous MCE workshop we offer each year, an optional listing in our online directory, as well as access to free advertising through our newsletter, The Miami Valley Psychologist. For more information on becoming a DAPA member, please visit our newly designed website at: http://daytonpsych.org/join-dapa/
The Toledo Area Academy of Professional Psychologists (TAAPP) continues to address the needs of local psychologists, as meeting the needs of the community. We offer regular, local, live continuing education opportunities. We also hold monthly social gatherings that provide a break from the daily grind, and a chance for less formal discussion of topics that matter.

TAAPP utilized the diverse knowledge base of local psychologists to offer four local workshops over this past year. Kevin Anderson, PhD, presented on effective couples therapy, drawing from research, and his own experience. Audrey Ellenwood, PhD presented “Interfacing of Two Worlds: Masquerade of Migration on Families Unfolding the Journey in Therapy.” With the significance of refugees and immigration in society today, she offered insight and a process by which psychologists can better understand and work with people impacted by these issues. Christine Fair, PhD, spoke about military issues in psychology. Her presentation was open to the public and included a procession by military personnel. David Connell, PhD presented “Opiate Epidemic Update 2017: Causes and Solutions.” Psychologists encounter individuals battling addiction and family members struggling with the negative impact this epidemic has caused. “Ohio leads the nation in opiate overdose deaths. The lead is not proportional it is actual: more than California, which has 3 times Ohio’s population” (Dr. Connell, TAAPP Facebook posting, 5/7/17). Dr. Connell was helpful in providing a knowledge base to better serve our clients and community.

TAAPP maintained our presence and financial support of the NAMI walk. We recognize the importance of being active in the community, decreasing the stigma, and spreading awareness of mental illness and treatment.

We are excited for this upcoming year in which we will have new leadership and welcome new members. We are considering what continuing education opportunities to provide. Up for consideration is human trafficking, another salient topic impacting far too many people, sometimes with little recognition and only limited understanding. We hope to continue to be a supportive organization for local psychologists, an active voice in OPA’s changing governance structure, a positive presence in the community, and a helpful resource online, through expanded use of social media. Anyone interested in contributing ideas or joining TAAPP can obtain information online from taapp.info, or by following us on Facebook. Just search for Taapp Toledo!
The Ohio School Psychologists Association (OSPA) celebrates the successful completion of the 2016-2017 academic year. OSPA represents approximately 1000 school psychologists, students, and university faculty trainers across Ohio’s myriad educational arenas and higher education training programs within the specialty of school psychology.

OSPA maintained its commitment towards providing exceptional and well-attended professional development to the Ohio psychological and school psychological community through its two annual conferences. In November 2016, OSPA hosted Dr. John Begeny, who discussed diagnosis and intervention of reading disabilities along with Dr. Robin Codding who provided similar didactics in remediation of math disabilities. In April 2017, OSPA invited preeminent social-emotional psychologist, Dr. Frank Gresham to discuss evidence-based approaches in supporting disruptive behavior problems and Dr. John Sommers-Flanagan to review school-based and child counseling techniques with such involved students. These conferences afford 12 or more MCEs per session that apply to both OPA and OSPA MCE registrants. OSPA looks ahead for its Annual Fall Conference in covering crisis and suicide intervention techniques for children and adolescents.

Legislatively, a number of key activities have occurred within public education. Most significantly, the reauthorization of the Elementary and Secondary Education Act, formerly known as No Child Left Behind, and now badged as Every Student Succeeds Act (ESSA) brings forth numerous federal and state changes to American education. Given the totality of content, interested readers are invited to view the National Association of School Psychologists (NASP) coverage at https://www.nasponline.org/research-and-policy/current-law-and-policy-priorities/policy-priorities/the-every-student-succeeds-act.

Ohio continues to struggle with significant school psychologist shortages, with more than 50 currently available position and over 100+ expected within the next five years as retirements and other transitions occur. OSPA participated in a taskforce of State educational leadership groups, ranging from the Ohio Department of Education (ODE), to various administrative groups, to develop an action plan towards mitigating these practitioner shortages. Among recommendations are increasing the available numbers of yearly ODE funded internships, allowing more students into Ohio’s training programs, modifying job and salary schedules, and improving various job expectation features. Related to these efforts is Am. Sub. HB 49, which requires the State Superintendent of Public Instruction to establish a related service provider work group for the purposes of improving coordination of state, school and provider efforts to address the related services needs of students with disabilities. This language was added to the budget on behalf of the related service provider representatives, including the efforts of OSPA, that have been meeting over the last year and a half. Beyond these, Ohio has seen legislative activity to change how truancy and school refusal is addressed (HB 410) by requiring school districts to develop attendance intervention teams and plans to support children in fully participating in compulsory education. These and many more legislative updates that affect Ohio’s educational environment and school psychology are provided on the OSPA website at www.ospaonline.org.

Finally, OSPA celebrates the transition and departure of Dr. Mary Anne Teitelbaum, who served as the OPA and OSPA liaison for over 20 years of service between both associations. In recognition of her efforts, OPA awarded her with their Association’s Award of Excellence while OSPA conferred an Executive Board Proclamation to acknowledge her significant contributions. In addition, OPA recognized the current OPA/OSPA liaison, Dr. Erich Merkle with the Public Sector Psychologist of the Year Award, recognizing his efforts to support LGBTQI-2s students in education as well as to facilitate ongoing professional collaboration between both Ohio psychological associations.

OSPA appreciates its collaborative partnership with OPA and looks ahead to another productive year of working together on behalf of supporting the larger goal of Ohio psychological practice across OPA’s and OSPA’s uniquely qualified and exceptional psychological practitioners.
2017 OPA Award Winners

Congratulations...
Thank You for Your Service!

The Ohio Psychological Association’s Annual Awards Luncheon was held on Friday, April 28, 2017 as part of the annual convention. The following individuals were honored.

- Past President Plaque: Bob Stinson, PsyD, LICDC-CS, ABPP
- Distinguished Service Award: Peg Mosher, PhD
- Public Sector Psychologists of the Year: Erich Merkle, PhD
- Award of Excellence: Mary Ann Teitelbaum, PhD
- Special Projects Award: Amit Agrawal, Carolyn Green and Karen Hardin
- Outstanding Psychology Trainee Award: Richard Jason Lawrence
- President’s Award: Katharine Hahn Oh, PhD
- OPA Committee of the Year: Education Committee
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Stay tuned for more information about OPA’s 2018 Convention. The Education Committee is sure to plan a wonderful event!