The mission of the OPA Leadership Development Academy (LDA) is to develop and nurture an active pipeline of future OPA leaders which reflects the broad diversity of psychologists in Ohio. The purpose of the LDA is to provide opportunities for emerging leaders to develop a deeper understanding of their individual leadership style, to learn how to be an effective leader in a professional association, to expand their engagement, experience and mentoring with OPA leaders, to enhance their leadership skills and to learn about significant leadership challenges in OPA.

For this third class of the LDA, we accepted 9 applicants (fellows) for a ten-month leadership program. The overall program focused on five primary components: leadership content, self-assessment, interpersonal process, legislative advocacy and project collaboration and development. Readings and discussion topics included adaptive leadership, articulating purpose, leadership and diversity, diversity/cultural competency as leaders, work/personal life management, navigating leadership dilemmas, and intentional career development. All fellows, faculty and administrative staff took the FIRO-B, an assessment tool that measures interpersonal needs along three dimensions: inclusion, control and affection. This proved to be an effective way to delve more deeply into behavioral preferences and their impact on leadership style. Fellows also attended OPA Board meetings to observe leadership in action. In order to understand the importance of advocacy in psychology, fellows also attended Legislative Day. They learned about current legislative issues affecting psychologists and most had the opportunity to meet with their legislator or legislative aide. As a part of their LDA experience, all fellows worked with their mentors to develop a project based on their leadership goals and interests. Following is a brief description of each project.

LDA Fellow: KRI STY ENGEL, PSYD  
LDA Faculty Mentor: Wanda McEntyre, PhD, ABPP  
Project: Article

Project Description: Dr. Engel penned a research article, Medical Nonadherence, which will be published in the fall 2019 edition of the OPA Review. Article snippet... “There is considerable research that suggests that beliefs, motivation, cognitions, behaviors and patient-provider communication greatly affect adherence.. Although the specifics of which intervention works for whom are not well-delineated, psychologists can help identify the barriers to adherence so that interventions can be tailored to the individual patient’s needs.”

LDA Fellow: A DRIENNE JET T, PSYD  
LDA Faculty Mentor: Craig Travis, PhD  
Project: Research Study

Project Description: Dr. Jett’s goal is to collect information about issues of interest and perspectives about the organization from two groups of ECPs: those who have chosen to be OPA members and those who have chosen not to be members. She began with a survey that was distributed to all Ohio psychologists licensed during the past 7 years. Results will be formally presented to the OPA Board this fall.
LDA Fellow: **KATHRYN JONES, PHD**  
LDA Faculty Mentor: **Cathy Gaw, PsyD**  
Project: **Webinar**

**Project Description:** Dr. Jones is developing a webinar that will focus on what Health and Behavior (H&B) codes are, and how psychologists can use them to benefit their patients and their practice. Information will be provided about when to use H&B codes, and how to bill for them. Promotion of access to care and early intervention will be highlighted as benefits to code use. Barriers including difficulties with reimbursement will be addressed. This webinar will be available in the fall of 2019.

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LDA Fellow: **JOHN LODGE, PSYD**  
LDA Faculty Mentor: **Rose Mary Shaw, PsyD**  
Project: **Grant Development**

**Project Description:** Dr. Lodge worked with OPA's Science and Education Leadership Team (SELT), to draft “OPA's Strategic Development Grant” in accordance with Priority 2 of the OPA 5-year Strategic Plan, which supports scientific research that “help close gaps in the research on practice efficacy and effectiveness in behavioral health medicine and/or where psychologists are uniquely qualified to provide care to demonstrate where and how insurance should be paying for best practice services.” Means for funding this endeavor are currently being researched.

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LDA Fellow: **KADIAN MIRACLE, PHD**  
LDA Faculty Mentor: **Cathy McDaniels Wilson, PhD, ABPP**  
Project: **Workshop**

**Project Description:** Dr. Miracle plans to develop a workshop for college students titled, “Good Sex: A facilitated program to explore beliefs, attitudes and values around sex. Utilizing a detailed program outline and didactic resources, potential facilitators can assist an individual in beginning to craft a healthy identity as a sexual agent in control of their own sexual decisions and experiences.