

Ohio Psychological Association | 2022 VIRTUAL CONVENTION | April 28-30

A New Social Consciousness Informing our Research & Practice



VIRTUAL CONVENTION

OPA's 2022 Convention capitalizes on the flexibility and convenience of distance learning without losing the benefits of collaboration and networking with colleagues and presenters. The following information is being provide to help answer your questions about the convention format, workshop schedule, continuing education process and networking opportunities.

VIRTUAL FORMAT OVERVIEW:

- The **Keynote Address will be presented LIVE on the Zoom platform** on April 28 from 8 - 9 a.m. followed by a live Q & A session from 9 - 10 a.m.
- **NEW in 2022... Ten LIVE Workshops** have been added to the schedule.
- **ALL PRERECORDED WORKSHOPS** will be available for viewing the second week of April. Participants are encouraged to view workshops prior to the first day of the convention, April 28, 2022.
- Every prerecorded workshop features a **VIRTUAL LIVE Q & A SESSION** held between April 28 - 30. See page 2 or the individual course descriptions for details.
- Two **FREE** evening **NETWORKING EVENTS** plus raffles and much more!

STEP-BY-STEP INSTRUCTIONS FOR ATTENDEES:

1. Review the course offerings and **REGISTER ONLINE** at ohpsych.org/2022CONVENTION or use the paper form on page 20.
2. Check your email beginning the second week of April for **INSTRUCTIONS**, on how to access the Live Virtual and Prerecorded Workshops, Online CE Quizzes and Online Workshop Evaluation Forms.
3. View the prerecorded workshops prior to April 28 as presenters will be holding **LIVE VIRTUAL Q & A SESSIONS ON APRIL 28 - 30**. The specific date and time of these live interactive sessions are listed on page 2 as well as in the course descriptions.

4. **EARN CE CREDIT FOR... LIVE VIRTUAL SESSIONS** by **virtually signing in / out and completing an online evaluation form** for each live session. Join and end time stamps will be recorded for each participant. Attendees are required to watch the entire workshop. No partial credit will be awarded.

PRERECORDED SESSIONS by completing an **online CE Quiz and evaluation form for each workshop you view**. A score of 80% or higher on each CE Quiz is required to receive CE credit. Quizzes and evaluation forms can be completed prior to the convention, but must be completed **NO later than Sunday, May 8, 2022.**

5. Watch your email for **CERTIFICATES OF COMPLETION** as they will be sent to you upon successful completion of each session. See page 19 for CE tracking details.

EARLY BIRD DEADLINE:

Register for the convention on or before March 28 and save \$20!

TRACK ICONS:

OPA has organized many of the convention workshops into 6 specific content tracks in an effort to make identifying topics of interest quick and easy. Look for these icons on pages 3 - 17 as part of the course descriptions.



Equity, Diversity & Inclusion Track

9 Workshops Available

W# Keynote, 4, 5, 8, 10, 13, 14, 15, 20



Assessment Track

9 Workshops Available

W# 1, 3, 6, 9, 10, 11, 12, 19, 20



BWC Track

2 Workshops Available

W# 9, 16



Practice Track

9 Workshops Available

W# 2, 4, 5, 7, 13, 16, 17, 18, 21



Pediatric / Family Track

2 Workshops Available

W# 3, 14



Ethics Track

12 Workshops Available

W# Keynote, 2, 5, 8, 10, 13, 14, 15, 17, 18, 20, 21

JOIN OUR VIRTUAL COMMUNITY

2022 OHIO PSYCHOLOGICAL ASSOCIATION
VIRTUAL CONVENTION

A NEW SOCIAL CONSCIOUSNESS INFORMING OUR RESEARCH & PRACTICE

In Appreciation...

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Thank you to the following members of the Education Committee for their continued dedication and service. Without your guidance, events like OPA's Annual Convention would not be possible.

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Be on the look out for an updated list of virtual exhibitors and advertisers. Don't forget to visit their virtual exhibit booths during the convention!

CONVENTION SCHEDULE-AT-A-GLANCE

Thursday, April 28, 2022		
LIVE WORKSHOP	8:00 - 9:00 a.m. 9:00 - 10:00 a.m.	KEYNOTE ADDRESS APA's Equity, Diversity, and Inclusion Framework 1 CE Ethics followed by a live Q & A session with Dr. Vanessa Hintz
LIVE Q & A SESSIONS for Prerecorded Workshops	10:15 - 11:00 a.m.	Workshop 1 Dating Abuse among Teens: Implications for Mental Health Intervention 1 CE
	11:15 a.m. - Noon	Workshop 2 Rural Behavioral Health Provider Task Force: A Review of Survey Results 1 CE Ethics
	12:15 - 1:00 p.m.	Workshop 3 Adverse Childhood Experiences (ACEs) and Stress Impacts Across the Lifespan 2 CE
LIVE WORKSHOPS	1:15 - 4:30 p.m.	Workshop 4 Exploring the Connections between Self-Care while Developing a Greater Social Consciousness and Social Justice Activism 3 CE
		Workshop 5 Implicit Bias and Impact on Psychology Practice 3 CE Ethics
NETWORKING EVENT	7:00 - 8:00 p.m.	OPA Assembly FREE Event No CE
Friday, April 29, 2022		
LIVE WORKSHOPS	8:00 - 9:00 a.m.	Workshop 6 The State of Addiction Treatment in Post-Pandemic America: The Role of Psychologists in Addressing the Opioid Epidemic 1 CE
		Workshop 7 Vaccine Hesitancy: Understanding Its Origins to Find a Path Forward 1 CE
LIVE Q & A SESSIONS for Prerecorded Workshops	9:15 - 10:00 a.m.	Workshop 8 The Strong Black Woman: Understanding Mental Health Impacts on Black Women 2 CE Ethics
	10:15 - 11:00 a.m.	Workshop 9 Can They Return to Work: Assessing Employability of Injured Workers with Mental Health Conditions 2 CE
	11:15 a.m. - Noon	Workshop 10 Providing Gender Affirming Care in Mental Health Treatment: Frameworks and Interventions 1 CE Ethics
	12:15 - 1:00 p.m.	Workshop 11 Telehealth and Presurgical Psychological Evaluations 2 CE
LIVE WORKSHOPS	1:15 - 4:30 p.m.	Workshop 12 Mindfulness for Chronic Pain Management 3 CE
		Workshop 13 Psychology, the Law and Immigration 3 CE Ethics
NETWORKING EVENT	7:00 - 8:00 p.m.	P.O.D.cast Highlights and Recognition FREE Event No CE
Saturday, April 30, 2022		
LIVE WORKSHOPS	8:00 - 9:00 a.m.	Workshop 14 Raising the Social Consciousness of LGBTQ+ Students: Legal and Best-Practice Recommendations for Ensuring Educational Equity 1 CE Ethics
		Workshop 15 Toward the Intersection: Understanding the Impact of Sociocultural Messages on Black Women and Social Justice Implications 1 CE Ethics
LIVE Q & A SESSIONS for Prerecorded Workshops	9:15 - 10:00 a.m.	Workshop 16 OPA BWC Task Force Past, Present, and Future: Postcards from the Edge 2 CE
	10:15 - 11:00 a.m.	Workshop 17 What Are They Looking For? Insurance Industry Record Keeping Requirements 2 CE Ethics
	11:15 a.m. - Noon	Workshop 18 Paranoia vs Perception Aspects of Risk and Response in Forensic Work 3 CE Ethics
	12:15 - 1:00 p.m.	Workshop 19 The Use of Metaphors and Storytelling in Teaching DBT Skills 3 CE
LIVE WORKSHOPS	1:15 - 4:30 p.m.	Workshop 20 Inclusive & Affirming Therapy for Consensually Non-Monogamous Clients 3 CE Ethics
		Workshop 21 The Ethical and Legal Practice of Psychology 3 CE Ethics

NOTES: • All workshops offer CE for psychologists. Counselors, social workers and marriage & family therapists should refer to page 19 for approved sessions, or see individual course listings. To identify which workshops offer CE for specific mental health professionals, the following code letters are included in the course descriptions on pages 3-17:
P= Psychologist | C = Counselor | SW = Social Worker | MFT = Marriage & Family Therapist.

2022 Ohio Psychological Association Convention | April 28-30 A New Social Consciousness Informing Our Research & Practice

WORKSHOPS & HIGHLIGHTS



LIVE VIRTUAL KEYNOTE ADDRESS

APA's Equity, Diversity, and Inclusion Framework

Presenter: Vanessa Hintz, PsyD

CE Credit: 1.0 Ethics for Psychologists

Learning Level: All

Live Virtual Session:

Thursday, April 28, 2022 | 8 – 9:00 a.m.

Live Q & A Session:

Thursday, April 28, 2022 | 9 – 10:00 a.m.



During this presentation you will learn about the structure and context needed to create systemic change and promote collective accountability - leading with the principle that we are all responsible for supporting and contributing to a culture that fully promotes EDI. We'll cover how the work of State Associations aligns with the EDI Framework and how APA's Executive EDI Office can collaborate with you to enhance efforts internally, across psychology, and within society. Members of OPA will learn strategies for incorporating current EDI principles in their work.

As a result of this workshop, attendees will be able to: 1) Consider the Association's contributions to social hierarchies and inequities, 2) Identify ways to decolonize psychological science, 3) Conceptualize a road map on how to achieve equity, diversity, and inclusion excellence, and 4) Actively seek to center the perspectives and voices of social, personal and intersectional identity groups that are or have been disenfranchised or marginalized.

Vanessa Hintz, PsyD is a licensed clinical psychologist, workshop leader and keynote speaker. She currently serves as the Senior Director of Equity, Diversity, and Inclusion Engagement and Outreach for the American Psychological Association. In her career, Dr. Hintz has worked in various clinical settings with children, adolescents, and adults with a wide array of presenting issues. She is an active proponent of multicultural practice and theory and works dynamically to understand how individuals make meaning of the world within their various cultural contexts. Dr. Hintz is also a self-proclaimed "Psych Geek," and incorporates elements of popular culture into her work when beneficial.

WORKSHOP #1 | Prerecorded Session

Dating Abuse Among Teens: Implications for Mental Health Intervention



Presenter: Liz Gony, PhD

Co-Presenter: Ishita Munshi, BA

CE Credit: 1.0 P | C | SW | MFT

Learning Level: Beginner

Live Q & A Session:

Thurs., April 28, 2022 | 10:15 – 11:00 a.m.

Adolescent dating abuse is an adverse childhood experience including physical, sexual, and psychological violence with a current or former partner (CDC, 2021). Rates of these forms of violence are high, with sexual and gender minority (LGBTQ+) youth at increased risk (Edwards, 2018). Dating abuse can result

in many mental health consequences, including depression, anxiety, substance use, antisocial behavior, and sexual risk behaviors (Exner- Cortens, et al., 2013). This workshop will provide approaches to treatment providers to diagnosis and treat teens who have experienced dating abuse. Coverage will include how to a) screen youth for dating abuse, b) teach healthy relationships skills, and c) consider unique aspects of dating abuse related to gender, race, and sexuality with specific emphasis on LGBTQ+ youth.

As a result of this workshop, attendees will be able to: 1) Define adolescent dating abuse and describe key risk and protective factors and related outcomes for adolescent dating abuse, 2) Conceptualize key differences in adolescent dating abuse across both gender and sexuality spectrums with specific emphasis on LGBTQ+ youth, and 3) Receive empirically supported and

evidence-based information to transform the approach of psychology professionals while interacting, diagnosing, and treating adolescent dating abuse.

Liz Gony, PhD (she/her) is an assistant professor of clinical psychology at Cleveland State University. Her research focuses on the importance of relationships on adolescent and young adulthood outcomes (i.e., intimate aggression, violence, victimization, problem behaviors). She specifically focuses on the etiology of these problems, identification of related risk and protective factors, and resulting mental health consequences. She is also a founding research partner for the THRIVE research collaborative which is an interdisciplinary team of researchers at CSU dedicated to improving the lives of LGBTQ+ youth through understanding how systems around LGBTQ+ youth impact access to health information.

WORKSHOP #1 continued...

Ishita Munshi (she/her) is a graduate student pursuing a Masters in Clinical Psychology at Cleveland State University. She completed her Bachelors of Arts in Psychology from University of Delhi, India. She has been a graduate research assistant at the Healthy Relationships Lab at CSU since 2020. Her research interests include Intimate Partner Violence (IPV), Dating Abuse, Risky Sexual Behavior and Romantic Relationships. She has presented to several regional, national and international conferences on IPV victimization and perpetration and their key predictors, romantic satisfaction, parent-adolescent relationship and influences on sexual behavior of adolescents.

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WORKSHOP #2 | Prerecorded Session
Rural Behavioral Health Provider Task Force: A Review of Survey Results



Presenter: Jennifer Lackey, PhD
Co-Presenter:

Adrienne Fitzsimmons, PsyD

CE Credit: 1.0 Ethics P | C | SW | MFT
Learning Level: All

Live Q & A Session:
 Thurs., April 28, 2022 | 11:15 a.m. – Noon

Forty-seven of Ohio's 49 "non-metro" counties are designated as Mental Health Professional Shortage areas, compared to only 20 of Ohio's 39 "metro" counties. This pattern is reflected nationally with recent studies finding major disparities in the number of psychologists in metropolitan (33.2 per 100,000 population) vs. micropolitan (16.8 per 100,000) vs. non-core (9.1 per 100,000) counties. Many of the mental health professionals in these non-metro areas report facing unique challenges and frustrations working in these communities. This workshop will review a recent survey conducted by OPA's Rural Health Task Force examining the challenges and needs as reported by rural providers. A discussion on how this data can be applied to develop initiatives that

address the issues created by Professional Shortage areas will be included in the Q & A session.

As a result of this workshop, attendees will be able to: 1) Identify general challenges Ohio's rural behavioral health providers report, 2) Identify multicultural challenges Ohio's rural behavioral health providers report, and 3) Describe resources needed by Ohio's rural behavioral health providers to better serve their clients.

Jennifer Lackey, PhD is the Chair of OPA's Rural Health Task Force. She completed her graduate training in clinical psychology at Bowling Green State University and her APA accredited internship at South Arkansas Regional Health Center before taking a faculty appointment as Assistant Professor in Psychology at the University of Rio Grande in Southeastern Ohio. In 2018 she was appointed Director of the Psychology Training Program at Hopewell Health Centers, which includes the APA accredited Appalachian Psychology Internship. Dr. Lackey's research and clinical focus has always been on rural mental health and she's encouraged by APA and OPA's recent efforts to increase awareness and training in working with rural populations.

Adrienne Fitzsimmons, PsyD received her doctorate from Marshall University. Her research interests include understanding the impact of mental health stigma in rural areas, prejudice and discrimination, social constructs of poverty and wealth, and treatment endorsement in rural areas. Dr. Fitzsimmons has a specific interest in providing mental health services to individuals with chronic and severe mental illness, and is currently the Director of the Crisis Stabilization Unit (CSU) at Hopewell Health Centers in Southeastern Ohio. Dr. Fitzsimmons also coordinates the agency's psychological assessment services, and serves as a member and primary supervisor for the Appalachian Psychology Internship and training committee.

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WORKSHOP #3 | Prerecorded Session
Adverse Childhood Experiences (ACEs) and Stress Impacts Across the Lifespan



Presenter: Gokce Ergun, PhD
Co-Presenters: Taylor Abounader, BS
 Bethany Cooper, BA
 Addie Jeffs, BS

CE Credit: 2.0 P | C | SW | MFT
Learning Level: Intermediate

Live Q & A Session:
 Thur., April 28, 2022 | 12:15 – 1:00 p.m.

Adverse childhood experiences (ACEs) are traumatic events that have negative and lasting effects on overall functioning. Diversity components such as family structure, race, parental educational level, and socioeconomic status may place individuals at risk for further stress throughout the lifespan (Lanier et al., 2018). Given the risk for ongoing stress, this workshop will discuss trauma-informed and resilience-based strategies to bolster child and family functioning following ACEs and stress, moderating their impact (Yule et al., 2019).

As a result of this workshop, attendees will be able to: 1) Identify how adverse childhood experiences (ACEs) and stress differentially impact individuals across the lifespan based on various diversity variables, 2) Identify resiliency and protective factors and trauma-informed interventions as well as learn how to build and utilize these factors in the treatment of children, adolescents, and families, and 3) Develop and implement self-care and resilience-related strategies to address the stresses faced by caregivers and increase family functioning.

Gokce Ergun, PhD is an associate professor, chair of the Child Emphasis program, and a clinical psychologist at the School of Professional Psychology at Wright State University. She completed an APA-approved internship at the University of Minnesota Medical School having gained expertise in the assessment and treatment of neurodevelopmental disorders. Clinical interests include pediatric neuropsychological assessment, psycho-educational assessment, school psychology, treatment of disorders

WORKSHOP #3 continued...

of childhood, parent training, and developmental disabilities (Autism spectrum disorder, Fetal Alcohol Spectrum Disorder). Dr. Ergun is currently a supervisor at Psychological Assessment Services at Wright State University which provides psychological assessments for children and adults.

Taylor Abounader is a 3rd-year clinical psychology doctoral student at Wright State University School of Professional Psychology. Taylor is currently the OPAGS Science Committee Chair and a psychology trainee at UC Health's Department of Psychiatry and Behavioral Neuroscience. Her clinical interests include pediatric psychology, specifically chronic pain. Taylor's dissertation aims to explore the relationship between parent catastrophizing and child self-efficacy in a pediatric pain population. Taylor has recently joined Michigan State University's Healing Emotions Illness Pain (HELP) lab which focuses on developing and testing psychological interventions for youth with chronic health conditions and co-occurring psychological symptoms.

Bethany Cooper is a 3rd-year Psychology Trainee at Wright State University School of Professional Psychology. Her professional/clinical interest include assessment and treatment with developmental disorders (i.e., Autism Spectrum Disorder and Fetal Alcohol Spectrum Disorders), trauma, and mood disorders across childhood and adolescence and their comorbidities. Most recently, Bethany presented at the Trauma-Informed Care (TIC) Summit about FASDs and the comorbid impact of postnatal trauma. Bethany is passionate about research and psychoeducation and how it informs clinicians' work with their clients. Bethany's dissertation topic involves developing an intervention method that addresses the intersection of FASD and trauma in children.

Adelina Jeffs is a 3rd-year clinical psychology doctoral student at Wright State University School of Professional Psychology. Addie is currently a student leader for the National Association of School Psychologists and a member of the Ohio FASD Steering Committee. Her clinical interests include trauma-informed care, neurodevelopmental disabilities, and school-based interventions for

children, adolescents, and families. Addie's dissertation involves creating an educational advocacy curriculum for parents/caregivers and other professionals working with youth with FASD. Addie is currently leading a qualitative study to better understand the experiences of parents and teachers navigating the school system with students with FASD.

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WORKSHOP #4 | Live Virtual Session
Exploring the Connections between Self-Care while Developing a Greater Social Consciousness and Social Justice Activism



Presenter: Howard R. Fradkin, PhD
Co-Presenters: Jennifer Duncan, PsyD
 Joseph Grochowski, PhD
 Jeeseon Park-Saltzman, PhD

CE Credit: 3.0 P | C | SW | MFT
Learning Level: All

Live Virtual Session:
 Thurs., April 28, 2022 | 1:15 – 4:30 p.m.

All during the pandemic, we heard “we are all in this together,” yet many struggled with isolation and distance. The pandemic also laid bare great social injustices, creating both intense reactions and great opportunities to act. While our work as psychologists may give us many avenues for engaging with others, we want to explore in this workshop how embracing self-care can go hand in hand with developing a greater social consciousness. In this workshop, we will explore the barriers we face as well as the rewards and successful research-based strategies for promoting self-care and social consciousness and social justice activism.

As a result of this workshop, attendees will be able to: 1) Describe the relationship between social consciousness activities, self-care, and social justice activism, 2) Identify 3 research-based self-care strategies that we can pursue while engaging in social consciousness and social justice activities, 3) Identify at least 3 barriers that challenge our own pursuit of self-care and social consciousness activities, and 4) Identify 3 ethical

principles that guide our participation in self-care and social justice activities.

Howard Fradkin, PhD works as a trauma consultant for the Ohio and Federal Public Defenders. He chaired the HIV/AIDS Weekends of Recovery and co-lead the MaleSurvivor Weekends of Recovery. He co-founded Affirmations: A Center for Psychotherapy and Growth in Columbus, a multi-disciplinary private practice, from 1986-2018. At OPA, he chaired the LGBTQ task force, is a member of the Ethics Committee and is chair of your Prevention and Wellness Program. Howard's self-care includes enjoying cooking, theater, old cars, working out, volunteering at a local food pantry, social justice, singing with the Columbus Gay Men's Chorus, and celebrating his 43 year relationship with his life-partner.

Jennifer Duncan, PsyD is a clinical psychologist in the Weight Management Institute at Summa Health located in Akron, OH. She provides mental health services to surgical and non-surgical patients. Services include psychological evaluation, psychological testing, and supportive psychotherapy to patients with eating and weight issues. In her free time Jennifer enjoys spending time with her family, traveling, yoga, and ultrarunning.

Joseph Grochowski, PhD has been a psychologist for more than 25 years; most of his professional work has been in the correctional systems, working with adjudicated young women and young men. Joseph has also worked with incarcerated adults' both men and women; he is interested in Trauma-Informed Care and Acceptance and Commitment Therapy (ACT). Joseph is an interloper here in Ohio, having moved here from Wisconsin, where he worked with adjudicated young men and adult men. Joseph married Rebecca Kim, who is a Professor in the College of Social Work at OSU. Together they enjoy travel, nature hiking and camping.

Jeeseon Park-Saltzman, PhD after obtaining a bachelor's degree in Psychology and a master's degree in Counseling Psychology from Yonsei University in Seoul, South Korea, she received a doctoral degree in Counseling Psychology from Pennsylvania State

WORKSHOP #4 continued...

University. She completed her doctoral internship and postdoctoral clinical fellowship at Counseling and Consultation Service at Ohio State University. While working as a clinician, supervisor, teacher, and researcher in the past 20 years, she has developed expertise in grief and loss issues, cultural adjustment issues of immigrants and international students, mental health issues of Asian and Asian Americans, culturally sensitive mentoring and supervision, and career issues. She is also interested in mind-body connection and integration of non-Western traditions into clinical practice. Jeeseon's self-care activities include meditation, yoga, cooking, traveling, and hiking.

WORKSHOP #5 | Live Virtual Session
Implicit Bias and Impact on Psychology Practice



Presenter: Wanda McEntyre, PhD, ABPP
Co-Presenter: Mary Miller Lewis, PhD, ABPP

CE Credit: 3.0 Ethics P | C | SW | MFT
Learning Level: Intermediate

Live Virtual Session:
 Thurs., April 28, 2022 | 1:15 – 4:30 p.m.

The USA and the world have faced significant changes and major disruptions in our personal and work lives from COVID 19, as well as being witness to incidents of social injustice and racism. In this workshop, we will define and explore Implicit Bias. We will help participants uncover some of their own biases and examine how to identify susceptibility to unwanted bias. We will explore various models of leadership styles that can influence implicit bias awareness and intervention, and address how implicit bias may impact our clinical work. Vignettes will be provided to identify implicit bias and potential adverse effects.

As a result of this workshop, attendees will be able to: 1) Differentiate the concept of implicit bias from conscious prejudices/ stereotypes, 2) Understand how implicit bias can impact our decisions, perceptions and behaviors, and 3) Identify ways to mitigate unwanted bias.

Wanda McEntyre, PhD, ABPP is a board-certified rehabilitation psychologist and assistant professor at The Ohio State University, Dept of Physical Medicine and Rehabilitation, Division of Rehabilitation Psychologist. She has been at The Ohio State University for over 30 years and has been active with the Ohio Psychological Association and APA Division 22 -Rehabilitation Psychology. She was chair of the OPA Diversity Committee, and a member of the OPA Governance Task Force as well the Membership committee. She is currently a co-leader for the Leadership Development Academy.

Mary Miller Lewis, PhD, ABPP (she, her, hers) is a licensed psychologist and co-owner of Reflections Health and Wellness in Dublin, Ohio. Dr. Lewis provides counseling and assessment in long-term care and rehabilitation facilities in Central Ohio. She received her Bachelor's degree from Kansas State University and her M.A. and Ph.D. from the Counseling Psychology program at the University of Akron, where she also completed certification in Gerontology. She is also Board-Certified in Geropsychology. Dr. Lewis is currently an Associate Professor of Psychology at Columbus State Community College. At CSCC, she leads the department's service-learning program, co-leads the faculty professional development initiative on diversity, equity and inclusion, and is a member of the college Diversity, Equity and Inclusion College Committee. She is the previous chair of the OPA Committee on Social Responsibility, Past-President of OPA, Past-President of Psychologists in Long-Term Care, and member of numerous other committees. Her research and advocacy interests include mental health in older adults, end-of-life care with individuals who have dementia, and social justice work.

WORKSHOP #6 | Live Virtual Session
The State of Addiction Treatment in Post-Pandemic America: The Role of Psychologists in Addressing the Opioid Epidemic



Presenter: Navdeep Kang, PsyD

CE Credit: 1.0 P | C | SW | MFT
Learning Level: Intermediate

Live Virtual Session:
 Fri. April 29, 2022 | 8 – 9:00 a.m.

The COVID-19 pandemic has served as an accelerant to America's collective pre-existing condition, the opioid epidemic. Now more than ever, we need an all-hands approach to turning the corner on this ongoing crisis. At the same time, there is tremendous variability in what constitutes "addiction treatment," leaving non-experts at a loss on how to identify quality treatment options for patients. This seminar will help attendees understand what to look for in addiction treatment and focus on the role of general practice psychologists in the effective management of people with opioid use disorder.

As a result of this workshop, attendees will be able to: 1) Define quality standards of care in addiction treatment, 2) Identify suitable referral pathways and collaborative best-practice methods to coordinate effective addiction care, and 3) Demonstrate the role of psychologists in caring for people with opioid use disorder.

Navdeep Kang, PsyD is a psychologist and the Chief Clinical Officer for BrightView Health where he leads the implementation and research on best-practices in addiction treatment. He was selected by President and Mrs. Obama for the Obama Foundation's inaugural Fellowship class for his leadership in effective addiction treatment. Dr. Kang was appointed to the American Society of Addiction Medicine's Quality Improvement Council and selected as a co-editor of the forthcoming 4th Edition of The ASAM Criteria. His editorial pieces on addiction have been featured by the Huffington Post UK, London School of Economics, The Hill, local news outlets, and PBS Newshour.

WORKSHOP #7 | Live Virtual Session
Vaccine Hesitancy: Understanding Its Origins to Find a Path Forward



Presenter: Erin J. Lea, PhD
Co-Presenters: Nancy Merbitz, PhD
 Ricky Williams, MSW

CE Credit: 1.0 P | C | SW | MFT
Learning Level: All

Live Virtual Session:
 Fri., April 29, 2022 | 8 – 9:00 a.m.

COVID-19 vaccines have been identified by health officials as necessary to end the pandemic. Despite outreach efforts, COVID-19 vaccination rates remain below governmental targets in many communities. Vaccine hesitancy describes a spectrum of beliefs regarding vaccines and is influenced by historical, cultural and ideological factors. This presentation will explore how historical injustices and mistreatment of the African American community contribute to present day medical and governmental mistrust and subsequently vaccine hesitancy. Vaccine uptake and hesitancy amongst other marginalized populations will be briefly discussed. Clinical strategies to combat vaccine hesitancy and build vaccine confidence will be considered.

As a result of this workshop, attendees will be able to: 1) Define vaccine hesitancy, 2) Describe historical and cultural factors that contribute to COVID-19 vaccine hesitancy, and 3) Discuss strategies to foster vaccine confidence.

Erin Lea PhD received her doctorate in clinical psychology from Case Western Reserve University (CWRU) in 2013 and currently works as a Clinical Health Psychologist in interdisciplinary infectious disease and gastroenterology clinics at the Northeast Ohio VA Healthcare System. She also holds an appointment as Adjunct Assistant Professor at CWRU where she teaches graduate and undergraduate courses. Clinical and research interests include interdisciplinary care for complex medical and psychosocial factors, harm reduction, interdisciplinary education and vaccine hesitancy.

Nancy Merbitz, PhD received her doctorate in Counseling Psychology from the University of Notre Dame in 1993. She currently works as a Psychologist in outpatient psychotherapy in the Northeast Ohio VA Healthcare System, serving with an interdisciplinary health/mental health team in collaborative care to Veterans of all ages. Clinical and research interests include living with chronic medical conditions and disabilities, trauma-informed care and critical illness, and quality improvement

Ricky Williams, MSW is a 18 year Army veteran, with assignments at Fort Jackson, SC, Fort Ord, CA, Hanau, Germany, Fort Benning GA, Scofield Barracks HI, and Fort Drum, NY. He was discharged from Army in 2001 and struggled to find direction, goals and ambition until seeking help at the Northeast Ohio VA Healthcare System in 2005. He earned his Master degree from Cleveland State University in Social Work. He started his VHA career in June 2015. He is a member of the Interdisciplinary Gastroenterology Team, with particular focus on addressing mental health and substance use disorders among patients.

WORKSHOP #8 | Prerecorded Session
The Strong Black Woman: Understanding Mental Health Impacts on Black Women



Presenter: D'Andria A. Jackson, PsyD
Co-Presenter: Anna C. Keller, PsyD

CE Credit: 2.0 Ethics P | C | SW | MFT
Learning Level: All

Live Q & A Session:
 Fri., April 29, 2022 | 9:15 – 10:00 a.m.

Black women are experiencing a mental health crisis. Black women are more likely than White women to endorse feelings of sadness, hopelessness and feeling like everything is an effort. Nonetheless, they are less likely to utilize psychological services compared to White women and other ethnicities. The dearth of qualified and culturally competent clinicians

exacerbates gaps in both access and quality of care. We encourage clinicians to consider the unique stressors and needs of this underserved population of women. This presentation provides an overview of mental health disparities, perceptions of strength, sociopolitical issues, differences in clinical presentation and culturally responsive interventions.

As a result of this workshop, attendees will be able to: 1) Identify three historical and social issues impacting the mental health of Black women, 2) Explain the relationship between perceptions of strength and Black women's help-seeking behavior, 3) List the differences in clinical presentations of anxiety and depression in treatment with Black women, and 4) Identify three culturally adaptive therapy techniques for clinical application.

D'Andria A. Jackson, PsyD graduated with a Bachelor's degree in Counseling Psychology from Oakwood University. She earned both her Master's degree and Doctorate in Clinical Psychology through the American School of Professional Psychology in Washington, D.C. She proudly served on active duty in the U.S. Navy for over seven years before making a transition into private practice. Dr. Jackson is the founder of Epiphany Psychotherapy & Consultation. She is interested in Black women's mental health as well as employee mental health and well-being.

Ann C. Keller, PsyD received her Bachelor's degree in Psychology with a minor in Social Work from Tuskegee University. She went on to complete her Masters and Doctoral degrees in Clinical Psychology from The Professional School of Psychology at Forest Institute. She subsequently commissioned into the U.S. Navy where she has led DoD suicide prevention and resiliency programs and served as a behavioral health consultant to senior military leaders. Dr. Keller is currently the Force Psychologist for Marine Forces Reserve. She is interested in Black women's mental health and military psychology.

WORKSHOP #9 | Prerecorded Session
Can They Return to Work: Assessing Employability of Injured Workers with Mental Health Conditions



Presenter:
 Douglas Waltman, PhD, LICDC-CS

CE Credit: 2.0 P | C | SW | MFT
Learning Level: All

Live Q & A Session:
 Fri., April 29, 2022 | 10:15 – 11:00 a.m.

Psychologists often need to determine an individual's work ability, especially when it comes to assessing BWC injured workers. However, this need also arises for Social Security, determining fitness for duty, and when patients need short-term leaves from work due to a mental health condition. The question arises, when has the person's condition improved enough to return to work? Often there is not much guidance for psychologists in making this determination. This workshop will review the factors associated when a worker with a mental condition successfully and unsuccessfully returns to work. Dr. Waltman will present his own research findings related to this topic. The workshop will present practical assessment methods to help the psychologist make an accurate determination of a worker's ability to return to work.

As a result of this workshop, attendees will be able to: 1) Identify the factors related to a successful and unsuccessful return to work by injured workers with mental health conditions, 2) Identify what psychological factors need to be assessed when determining work ability, and 3) Design their own assessment method to more accurately determine work ability.

Douglas Waltman PhD, LICDC-CS has his own private practice in Beachwood, Ohio. He has been practicing for 40 years. He graduated from Baldwin Wallace University with an undergraduate degree in Psychology. He obtained a Master's Degree in Clinical Psychology from the University of Akron and then obtained his PhD in Counseling Psychology from Kent State University. He has worked in a

wide variety of clinical settings and with diverse populations. He is a member of OPA and serves on the BWC Task Force. He has given previous presentations at OPA in areas related to BWC and chemical dependency assessments. In addition to his practice, he is a consultant at the Cuyahoga County Juvenile Court Diagnostic Clinic.

WORKSHOP #10 | Prerecorded Session
Providing Gender Affirming Care in Mental Health Treatment: Frameworks and Interventions



Presenter: Dawn M. Johnson, PhD
Co-Presenters: Nicole Fogwell, MA
 Janessa Garcia, BA

CE Credit: 1.0 Ethics P | C | SW | MFT
Learning Level: All

Live Q & A Session:
 Fri., April 29, 2022 | 11:15 a.m. – Noon

This workshop on providing gender-affirming psychological services will allow clinicians to learn higher-level skills that will help them to engage in culturally relevant and sensitive practice with two-spirit, transgender, and nonbinary community members. The presentation will begin with an overview of gender affirmation and gender diverse community needs before exploring key components of trans-affirmative psychotherapy through didactic instruction, role-plays, and guided reflection exercises. Key topics covered in this training include ways to help clients navigate the transition processes they may wish to pursue, how to conceptualize clients within minority stress and resilience models, and methods of facilitating gender exploration.

As a result of this workshop, attendees will be able to: 1) Describe psychological, social, legal, and medical aspects of gender affirmation, 2) Assess for internalized transphobia and facilitate discussions with clients on internalized anti-trans messages, and 3) Explore

gender and identify experiences of gender euphoria and gender dysphoria with clients.

Dawn M. Johnson, PhD (she/her) is Professor in the Department of Psychology at the University of Akron. She is core faculty in the Counseling Psychology Doctoral Program. Dr. Johnson's expertise is in gender and interpersonal violence. Her primary research focus is in developing and evaluating interventions for both cis- and trans- gender survivors of intimate partner violence. She is currently Co-PI on an NIMH funded project where they are developing and evaluating an HIV prevention intervention for trans women with histories of intimate partner violence.

Nicole Fogwell (she/her) is a doctoral candidate in Counseling Psychology at the University of Akron where she serves as president of her graduate program and co-editor of the student-lead journal Psychology from the Margins. Her research focuses on gender minorities and sexual minority women, gender-based violence, discrimination, and measure development, and she is currently developing a measure of gender affirmation in mental healthcare for her dissertation project. She hopes to integrate leadership, advocacy, and applied research into her future career.

Janessa Garcia (they/them) is a doctoral student in Counseling Psychology at the University of Akron. They received their Bachelor of Arts in Psychology and Women's & Gender Studies from Roosevelt University in Chicago. Their research interests include gender-based violence victimization and perpetration, LGBTQ+ experiences, trauma-informed care, feminism, and multiculturalism. Janessa aspires to pursue a career in academia and policy, integrating advocacy into their passions for teaching, mentorship, and leadership within the field of psychology.

WORKSHOP #11 | Pre-recorded Session
Telehealth and Presurgical Psychological Evaluations



Presenter: Kathleen Ashton, PhD, ABPP
Co-Presenters: Emily Fink, PhD
 Alexandra Murray, PhD
 Ninoska Peterson PhD

CE Credit: 2.0 for Psychologists
Learning Level: Intermediate

Live Q & A Session:
 Fri., April 29, 2022 | 12:15 – 1:00 p.m.

The COVID-19 pandemic led to the rapid transition of presurgical psychological evaluations to telehealth. While the initial change was under emergency circumstances, longterm shifts to telepsychology are likely for psychological practice. This program will explore the benefits and barriers with telehealth for presurgical psychological evaluations using case examples from bariatric surgery and risk-reducing mastectomy clinics. The workshop will cover the purpose and components of presurgical evaluations and specific considerations within bariatric and breast surgery programs. The impact of using telehealth for evaluations with diverse populations and culturally competent care will be addressed, along with ethical concerns and risk management.

As a result of this workshop, attendees will be able to: 1) Describe the purpose and common elements of a presurgical psychological evaluation, 2) Identify benefits and barriers to telehealth evaluations for culturally diverse populations, and 3) Discuss ethical and risk management concerns for presurgical evaluations conducted by telehealth.

Kathleen Ashton, PhD, ABPP, FACHP is a Licensed Psychologist and is Board Certified in Clinical Health Psychology. She has been a health psychologist with the Cleveland Clinic since 2004, where she is the Director of Behavioral Health for the Breast Center. Her clinical and research interests include psychosocial aspects of breast cancer and hereditary risk of cancer. Dr. Ashton is the 2021 President APA Division 31 and a member of the APA Board of Professional Affairs. She is

Past President of the Ohio Psychological Association and an Associate Professor of Surgery in the Cleveland Clinic Lerner College of Medicine.

Emily Fink, PsyD is currently a staff psychologist with the Cleveland Clinic Bariatric & Metabolic Institute. She received her doctorate in clinical psychology from Indiana State University and completed training in health psychology at the University of Florida Health Sciences Center and Cleveland Clinic, for internship and fellowship respectively. She is a member of several professional societies including the American Society for Metabolic and Bariatric Surgery and The Obesity Society. Her clinical and research interests including disordered eating, pre-surgical psychological evaluation and optimism.

Alexandra Murray, PhD is a clinical health psychologist in the Breast Center at the Cleveland Clinic. She is a member of a multidisciplinary care team and provides psychotherapy to current breast cancer patients, breast cancer survivors, and those at high genetic risk for breast cancer who may be pursuing risk-reducing surgery. Her clinical work is grounded in mindfulness-based, cognitive-behavioral, and existential-humanistic frameworks. Her research has primarily focused on medical decision-making and health behavior change.

Ninoska “Nini” Peterson, PhD is a Staff Psychologist with the Cleveland Clinic’s Bariatric & Metabolic Institute (BMI) and an Adjunct Assistant Professor at the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University. She earned a master’s degree in exercise sport sciences and doctorate in clinical and health psychology from the University of Florida. She completed her fellowship in Behavioral Medicine at the University of Virginia’s Department of Psychiatry and Neurobehavioral Sciences. Her clinical and research interests include pre- and post-surgical factors associated with long-term weight management, lifestyle treatment of obesity, binge eating treatment, self-monitoring, and body-image disturbance.



WORKSHOP #12 | Live Virtual Session
Mindfulness for Chronic Pain Management



Presenter: Kelly Martincin, PhD
Co-Presenters: Cindy Van Keuren, PsyD
 Lindsey LaVeck, PhD

CE Credit: 3.0 P | C | SW | MFT
Learning Level: All

Live Virtual Session:
 Fri., April 29, 2022 | 1:15 – 4:30 p.m.

Mindfulness is a well-established evidenced based practice for the treatment of chronic pain. This experiential workshop will explore the history mindfulness practice and highlight its use in three different clinical settings. Emphasis will be placed on tools to utilize with various client populations, acute rehabilitation, a chronic pain clinic, and integrated primary care psychology. Interventions will be reviewed for both group and individual practices. Demonstrations of experiential exercises in multiple areas of mindfulness practice will be included as part of the seminar for your own experience as well as for your use with clients.

As a result of this workshop, attendees will be able to: 1) Explain the basic components of mindfulness practice, 2) Identify how to use mindfulness in multiple settings, 3) Demonstrate the utility of mindfulness practice for treatment of chronic pain, and 4) Tailor a mindfulness protocol based on the specific needs of a client.

Kelly Martincin, PhD is a psychologist with the behavioral medicine service of the VA Northeast Ohio Health Care System. Her specialty areas include chronic pain management and work with geriatrics and neurocognitive disorders. She completed a multi-year fellowship in chronic pain psychology with specialty training in diagnosis of therapeutic opioid addiction. She currently works in primary care mental health integration. Additionally, Dr. Martincin serves as a the Chair of OPA’s Public Sector Interests Committee as well as on other committees for OPA.

WORKSHOP #12 continued...

Lindsey M. LaVeck, PhD - Cleveland State University, 2018. Assignments: Pain Psychology, psychologist. Nationally certified as a Clinical Hypnotherapist. Certified in Biofeedback. Clinical specializations: Health and Rehabilitation psychology with emphasis in pain management, stress management, relaxation training, promotion of healthy behaviors and self-management, coping with chronic medical conditions, acute crisis management focused on traumatic brain, spinal cord, and burn injuries. Professional organizations: American Psychological Association; Ohio Psychological Association; Ohio Women in Psychology.

Cynthia Van Keuren, PsyD received her doctorate in clinical psychology at Xavier University in 2003. She then completed her predoctoral internship at the Cleveland VA in 2003 before moving on to a two year residency in chronic pain rehabilitation at the Cleveland Clinic Foundation. After spending 15 years at the Cleveland VA, Dr. Van Keuren is now a staff psychologist with the Cleveland Clinic Neurological Institute. Her primary interests are in chronic pain management, adapting and coping with disability, headache management, and program development. She is currently serving as the Past-President for the Ohio Psychological Association.

**WORKSHOP #13 | Live Virtual Session
Psychology, the Law and Immigration**



Presenter: Suzanne S. LeSure, PhD

Co-Presenter:

Brian Hoffman, Attorney at Law

CE Credit: 3.0 Ethics P | C | SW | MFT

Learning Level: Intermediate

Live Virtual Session:

Fri., April 29, 2022 | 1:15 – 4:30 p.m.

There are now more than 70 million refugees and displaced persons around the world. How can we, as psychologists, bring our knowledge and skills to bear on this problem? This workshop will provide a basic legal framework for understanding the difference between immigrants, refugees and asylum seekers and the process of coming to USA. Presenters will address the psychological factors such as trauma, loss and acculturation that impact an individual's adjustment and their ability to navigate immigration court. Emerging knowledge on culturally appropriate interventions, barriers to treatment and conducting asylum evaluations will be presented, along with practical information on working with interpreters, attorney/psychologist communications and how to acquire additional competencies. Ethical considerations in working with this vulnerable population will be emphasized.

As a result of this workshop, attendees will be able to: 1) Explain the difference between immigrants, refugees and asylum seekers and to describe the multi-step process by which people enter the USA, 2) List factors that may contribute to mental health problems in this population, 3) Describe barriers to treatment and identify possible culturally appropriate solutions, and 4) Develop interdisciplinary communication skills, particularly between attorneys and psychologists.

Suzanne S. LeSure, PhD has extensive experience in trauma treatment and has provided clinical services in a variety of settings, including private practice, community mental health and hospital. LeSure began her work at Migration and

Refugee Services, Diocese of Cleveland, in 2016. Since joining the staff, she has conducted psychoeducational groups for refugees, provided support around secondary traumatization to employees, conducted psychological evaluations for asylum seekers and chaired a consultation group for mental health professionals and attorneys working with refugees. She is currently providing treatment using Testimonial Therapy, a type of therapy developed specifically for survivors of torture and war trauma.

Brian Hoffman is a bilingual attorney with extensive experience in immigration law. He is currently the executive director of the Ohio Center for Strategic Immigration Litigation. He has worked with Southern Poverty Law Center, with the CARA Pro Bono Project in Texas and with Migration and Refugee Services, Catholic Charities, Diocese of Cleveland.

**WORKSHOP #14 | Live Virtual Session
Raising the Social Consciousness
of LGBTQ+ Students: Legal and
Best-Practice Recommendations for
Ensuring Educational Equity**



Presenter: Erich Merkle, PhD, EdS, NCSP

CE Credit: 1.0 Ethics P | C | SW | MFT

Learning Level: All

Live Virtual Session:

Sat., April 30, 2022 | 8 – 9:00 a.m.

Gender and sexually diverse students continue to experience a complex educational landscape. Sociopolitical influences oftentimes run orthogonal to evidence-based practices, resulting in diminished academic and social emotional success within the educational environment. Advancing legal assaults on the rights of LGBTQ+ students further complicate these dynamics, despite significant gains across some elements of case and statute. This presentation will update attendees on the latest legal complexities impacting gender and sexually diverse students across PreK-12

WORKSHOP #14 continued...

education. Consideration of ongoing best practice recommendations will ensure the behavioral health community continues to raise social consciousness and advocacy within this student population.

As a result of this workshop, attendees will be able to: 1) Explain substantive national supportive and adversarial statutory legislation affecting LGBTQ+ students since 2019 and their impact on educational equity within the PreK-12 environment, 2) Identify at least 3 key elements of the Bostock Supreme Court decision that impact various non-discrimination statutes within education, particularly Title IX, and prohibition of sex and gender-based discrimination for LGBTQ+ students that will usher in new legal protections onward, and 3) Demarcate universal, targeted, and intensive tier, evidence-based supports that behavioral health providers can provide within the PreK-12 educational arena towards advancing the civil rights and comprehensive supports of LGBTQ+ students.

Erich Merkle, PhD, EdS, NCSP is presently is the central office school psychologist for the Akron Board of Education where he oversees the Pupil Adjustment Program (PAP) between the Departments of Student Support Services and Office of Special Education. Within the school psychology specialty, Dr. Merkle has concentrated his work on consultation, evaluation, and intervention for students with severe social-emotional and behavioral needs that have resulted in substantial educational disciplinary sanctioning, expulsion, placement into residential facilities, or the judicial system. He is also a frequent professional development trainer on a diversity of topics that represent the intersection of psychology and education as well as the legal aspects of those practices. Dr. Merkle holds an APA accredited and NASP approved doctorate (Ph.D.) in school psychology and psychology, an educational specialist (Ed.S.) in educational administration, a master's degree (M.Ed.) in mental health counseling, and a master's degree (M.A.) in human development, all from Kent State University as well as a baccalaureate degree (B.S.) in

psychology from Heidelberg University. He holds professional licensure as both a school psychologist and educational administrator as well as national certification as a school psychologist (NCSP). Dr. Merkle commits himself to service within the professions of psychology and education, serving on the governance boards of numerous professional and community agencies. During 2014-15, Dr. Merkle was the President of the Ohio School Psychologists Association (OSPA) and in 2019-20, he served as the President of the Ohio Psychological Association (OPA). He is also the shared Association liaison between OSPA and OPA. Dr. Merkle has participated in numerous media interviews over his career on a diverse set of psychoeducational topics. He is also the recipient of the Ohio Public Sector Psychologist of the Year and President Awards from the Ohio Psychological Association.



WORKSHOP #15 | Live Virtual Session
**Toward the Intersection:
 Understanding the Impact of
 Sociocultural Messages on Black
 Women and Social Justice Implications**



Presenter: John E. Queener, Jr., PhD
Co-Presenters: Amber Lewis, BS
 Courtney Michael, MA
 Blessing Opara, BGS
 Keena Singletary, BA
 Audrey Tesi, MA

CE Credit: 1.0 Ethics P | C | SW | MFT
Learning Level: Beginner

Live Virtual Session:
 Sat., April 30, 2022 | 8 – 9:00 a.m.

Black women's intersectional identities often interact, resulting in unique experiences related to high rates of poor health outcomes. Despite this alarming information, Black women's experiences are often inadequately addressed and minimized in clinical practice. One contributing factor requiring further exploration is the impact sociocultural

messages regarding beauty standards, desirability, and strength have on how Black women view themselves, interact with their environment, and are treated by others. By gaining a deeper understanding of the implications of sociocultural messages, psychologists can enhance their multicultural competence to properly address systemic mechanisms that contribute to poor health outcomes experienced by this population. The implications for social justice issues for Black women will be discussed.

As a result of this workshop, attendees will be able to: 1) Analyze how sociocultural messages regarding Black women's strength, romantic desirability, and body image impact their overall health and well-being, 2) Utilize a multiculturally informed lens to identify unique historical and intersectional factors impacting Black women's lived experiences, 3) Identify strategies to assist psychological professionals in effectively addressing sociocultural factors impacting Black women, and 4) Discuss the social justice implications related to working with Black women.

John E. Queener, Jr., PhD obtained his BA from The College of Wooster, M.A. from The Ohio State University, and PhD in Counseling Psychology from The University of Akron. He is a professor and teaches courses in the Counseling Psychology Program at the University of Akron. He writes and publishes research in areas of multicultural issues, culturally specific interventions, retention and African American males. He is the Executive Director for Minority Behavioral Health Group, a non-profit organization founded to reduce mental health disparities for under-served populations. He is married to Charlene Queener and has four children and three grandchildren.

Amber Lewis is a second-year doctoral student in the Counseling Psychology Program at the University of Akron. Amber received her bachelor's degree from the University of Florida in Gainesville, Florida. Her current research interests primarily focus on promoting activism behaviors, radical healing, and positive mental well-being for Black women and LGBT+ people of color. Amber aims to use her research and education to assist in the liberation efforts of marginalized individuals to

WORKSHOP #15 continued...

enact sociopolitical change. She currently sees clients at her department's college counseling center using an integration of Multicultural, Feminist, and Interpersonal orientations.

Courtney Michael is a third-year doctoral student in the Counseling Psychology Program at the University of Akron. She graduated from the University of Kentucky in 2018 with a BA in Psychology. Her current research interests focus primarily on relationships, social media, dating, and Black women's mental health in relation to those contexts. She has spent the last several years working with adult clients in college counseling center settings. Her theoretical perspective is an integration of Cognitive Behavioral and Multicultural orientations. She has spent several years teaching and enjoys using education as a tool to foster social change.

Blessing Opara earned a Bachelor of General Studies in Psychology from the University of Kansas. She is currently a third-year doctoral student in the Counseling Psychology Program at the University of Akron. Her current research interests include body image concerns among Black women, racial socialization, social justice, and culturally specific treatment models. Blessing is a research assistant at the Minority Behavioral Health Group and has spent the last two years working with adult clients within a college counseling setting.

Keena Singletary received her BA in psychology from Elizabethtown College in Lancaster, PA and is now a second-year student in the University of Akron's Counseling Psychology, PhD program. Keena is completing her master's thesis on the implications of culturally relevant coping mechanisms on Black women's help-seeking attitudes. Keena is a research assistant at Minority Behavioral Health Group and is seeing clients at her department's college counseling center. In addition to serving as the treasurer for Diversity Dialogues (a student led club promoting cultural competency among graduate students), Keena also participates in a peer-led qualitative research group.

Audrey Tesi received her Bachelor of Science degree in Psychology from Syracuse University and her Master of Science degree in Psychology from Lipscomb University. Currently, Audrey is a first-year doctoral student in the Counseling Psychology program at the University of Akron. Her research interests are broadly centered in intersectionality, cross-cultural and liberation psychology, cultural identity development, forms of discrimination, coping mechanisms, multicultural counseling orientation, and romantic relationships. She has been involved in several organizations centered in social justice and is currently teaching a psychology introductory course, educating students on the dynamics and beauty of the ever-evolving field.

As a result of this workshop, attendees will be able to: 1) Examine the history of psychological issues and conditions in the BWC system, with a focus on how they have led to current difficulties, 2) Summarize the current science of psychological factors predicting and contributing to prolonged disability in industrial injury, and best practices for intervention, and 3) Explain and appreciate the political and economic factors driving current BWC concerns and approaches to modify them.

David Schwartz, PhD earned his doctorate from Vanderbilt University in 1982. He has published and presented extensively in the areas of pain management, health psychology, and industrial injury. He has been in private practice since 1995 specializing in complex medical/psychological injuries. He currently chairs the OPA Task Force on BWC reform and serves on the BWC's healthcare quality assurance advisory committee. His current interests focus on reform efforts in worker's compensation aimed at better detection and intervention with behavioral co-morbidities in injury, recognition and treatment of traumatic brain injury in both industrial and sports injuries, and alternatives to opiates in pain management.

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WORKSHOP #16 | Prerecorded Session
OPA BWC Task Force Past, Present, and Future: Postcards from the Edge



Presenter: David P. Schwartz, PhD

CE Credit: 2.0 P | C | SW | MFT

Learning Level: All

Live Q & A Session:

Sat., April 30, 2022 | 9:15 – 10:00 a.m.

An emerging body of research and practice shows that behavioral aspects of injury are both predictors of prolonged disability and costs, and can be addressed with effective early behavioral intervention. The BWC Task force has targeted issues both with the current BWC approach of additional psychological allowances and approaches to implementing more evidence-based approaches to addressing injured workers' needs. This workshop will review the history and accomplishments to date, discuss current efforts and obstacles, and targets for the future and their empirical support. The workshop will solicit active participation by attendees for feedback on our efforts to date and targets for the future.



WORKSHOP #17 | Prerecorded Session
What are they looking for? Insurance Industry Record Keeping Requirements



Presenter: Jim Broyles, PhD
Co-Presenter: Leslie McClure, PsyD

CE Credit: 2.0 Ethics P | C | SW | MFT
Learning Level: All

Live Q & A Session:
 Sat., April 30, 2022 | 10:15 – 11:00 a.m.

Psychologists are often confused by record keeping requirements demanded by insurance companies. The increasing number of record audits and reviews from these companies make detailed and up to date knowledge in this area essential for most clinicians. This workshop will provide the latest advice on this topic from OPA’s Director of Professional Affairs and Insurance Committee chair. Topics will include record keeping expectations common in the insurance industry, how to establish medical necessity to survive insurance audits, specific CPT code record requirements, and important protections for clinicians from HIPAA. Opportunity for questions and answers will be provided.

As a result of this workshop, attendees will be able to: 1) Identify medical necessity criteria, 2) Explain the “golden thread” link common to all record keeping components, and 3) Identify essential documentation needed for a billed CPT 90791.

Jim Broyles, PhD is the Director of Professional Affairs for the Ohio Psychological Association. One of his primary duties is to provide member support with insurance issues. He has been a psychologist in the Central Ohio area since 1990, where he co-owns a mid-sized private practice. He specializes in working with children and families, as well as LGBT issues. Dr. Broyles is a past President and Past Finance Officer for OPA and past chair of OPA’s Insurance Committee.

Leslie McClure, PsyD earned her doctoral degree in clinical psychology from the Chicago School of Professional Psychology in 2004 and her undergraduate psychology degree from Skidmore College in 1997. Her postdoctoral fellowship training in geropsychology was through Summa Health System in Akron. She is currently the owner and Clinical Director of Kent Psychological Associates, an outpatient mental health practice with 17 providers.



WORKSHOP #18 | Prerecorded Session
Paranoia vs Perception Aspects of Risk and Response in Forensic Work



Presenter: Sandra McPherson, PhD, ABPP
Co-Presenters: Farshid Afsarifar, PhD | Alissa Sherry, PhD

CE Credit: 3.0 Ethics P | C | SW | MFT
Learning Level: Advanced

Live Q & A Session:
 Sat., April 30, 2022 | 11:15 a.m. – Noon

The workshop focuses on the forensic practitioner and the particular hazards that may be present in that specialty. Perception of danger or paranoid-like thinking may be adaptive or dysfunctional, depending on the realities involved. The workshop will focus on the perceptual process, reality testing, and specific kinds of responding that reduce actual vulnerability. Risk perception can be impaired by both over-reaction and under-appreciation. Personal psychological, social, and cultural factors are all involved in distortion and maladaptive responding. Forensic risks range from the legal to the personal, including property, licensure, and even life.

Glennon J. Karr

Attorney at Law

Legal Services for Psychological Practices

(614)848-3100

Outside the Columbus area, the Toll Free No. is (888) 527-7529 (KARLAW)

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 1328 Oakview Drive | Columbus, Ohio 43235

WORKSHOP #18 continued...

As a result of this workshop, attendees will be able to: 1) Summarize theoretical contributions to risk perception from psychological, sociological/anthropological, and interdisciplinary sources that allow description of cognitive/affective, contextual, and individual sources, 2) List real threat potentials that exist in domestic relations work and criminal defense activities, including legal and physical sources, 3) Apply methods of prevention based on type of threat under consideration, and 4) Acquire tools for threat analysis that can be applied to specific illustrative situations.

Sandra McPherson, PhD, ABPP served on the first Ohio Board of Psychology from 1972 to 1977; she also was elected as President of the Cleveland Psychological Association, Cleveland Academy of Clinical Psychology, and more recently was a member of the APA ad hoc Committee on Legal Issues (2002-2005). Her areas of focus have included Domestic Relations (including custody evaluation and the special concerns involved in equivocal abuse cases), criminal cases including death penalty mitigation, and more rarely civil cases involving assessment of post event diagnostic status and causal implications. She has been appointed to serve as a Guardian ad litem since 2008 in the Cuyahoga County Domestic Relations Court. Licensure is in good standing.

Farshid Afsarifard, PhD is the Clinical Director of a multidisciplinary behavioral health practice, Premier Behavioral Health Services in Mentor. Prior to developing this practice, he has served as the President and CEO of Laurelwood Hospital and developed many of the clinical programs within that facility. In that role, he also developed and oversaw many of the psychiatric services at University Hospitals Health System. Throughout his administrative work he has maintained his clinical and forensic practice with important emphasis on Domestic Relations cases but also including criminal assessments frequently involving mitigation in sentencing and the assessment of sexual offenders. He has been trained in Dialectic Behavioral Therapy and incorporates its principles into many aspects of his work. His license is in good standing.

Alissa Sherry, PhD has been a practicing forensic psychologist in Texas since 2005. She is a current participant and contributor to the forensic training program at Premier Behavioral Health Services. She has experience in domestic relations and criminal domains and has also provided service in the civil court context. Some of the dimensions of the legal system in that state vary from what is the case in Ohio and provide some contrasting variables for consideration. Dr. Sherry was also an associate professor at the University of Texas at Austin where she taught and published research for 15 years. She has also had particular professional experiences with the hazards of forensic practice and dealing with threat. Her (Texas) license is in good standing.

why these methods are so effective, and provide examples of both for teaching DBT Skills

As a result of this workshop, attendees will be able to: 1) Identify why the use of metaphor is crucial in teaching DBT concepts and stories to patients in skills training, 2) Identify why storytelling is a uniquely crucial medium for teaching complex social and emotion regulation skills for humans, 3) Examine examples of metaphors and stories that teach specific dialectical behavior therapy skills in all four modules of DBT (Mindfulness, Interpersonal Effectiveness, Emotion Regulation, and Distress Tolerance).

James J Esmail, PsyD is a clinical psychologist who has been in practice since 1996. He earned the MA and PsyD degrees in clinical psychology from Spalding University in Louisville, Kentucky. Dr. Esmail is a staff psychologist at the state psychiatric hospital in Cincinnati, Ohio (Summit Behavioral Healthcare), is in private practice, and is an adjunct professor in the Doctor of Psychology program at Xavier University. Dr. Esmail has led DBT groups at both the state hospital and in his private practice for the last 14 years. He has enjoyed seeing DBT change the lives of the patients he works with, but also recognizes how DBT has enhanced both his life, and the lives of his group co-leaders, many of whom have been clinical psychology doctoral candidates from the University of Cincinnati, Xavier University, Wright State University, and Miami University

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WORKSHOP #19 | Prerecorded Session
The Use of Metaphors and Storytelling in Teaching DBT Skills



Presenter: James J. Esmail, PsyD

CE Credit: 3.0 P | C | SW | MFT
Learning Level: All

Live Q & A Session:
 Sat., April 30, 2022 | 12:15 – 1:00 p.m.

In the introduction to her 1993 volume, *Cognitive Behavior Therapy for Borderline Personality Disorder*, Marsha Linehan points out the need to teach Dialectical Behavior Therapy (DBT) through metaphors and stories (p.209). Thinking in metaphors is one of the crucial building blocks that allows humans to engage in abstract reasoning. The ability to compare something that is abstract, complex, and difficult to understand to something more concrete and tangible is what has allowed humans to go beyond very simple cognition to understanding the more complex realities of life (Landau, Robinson, and Meier, 2014). This training will examine storytelling and metaphors as vehicles for behavior change. Likewise storytelling has played a unique role in creating cognitive and behavioral change. The workshop will provide an overview of



WORKSHOP #20 | Live Virtual Session
Inclusive & Affirming Therapy
for Consensually
Non-Monogamous Clients



Presenter: Michelle D. Vaughan, PhD

CE Credit: 3.0 Ethics P | C | SW | MFT
Learning Level: Intermediate

Live Virtual Session:

Sat., April 30, 2022 | 1:15 – 4:30 p.m.

Despite increasing attention to the unique needs of sexual and gender diverse populations in therapy, evidence suggests that psychologists lack training and fundamental knowledge about diverse relationship styles. As such, psychologists and psychologists-in-training are at risk of stigmatizing those engaged in consensual non-monogamous (CNM) relationships. This workshop will address common myths/ assumptions, and highlight unique experiences and strengths of those who are polyamorous, swingers, or open relationships. Current scholarship and clinical recommendations from the forthcoming Handbook of CNM-Affirming Clinical Practice (in press) will be discussed as part of cultural humble practice.

As a result of this workshop, attendees will be able to: 1) Identify common myths related to consensual non-monogamous people/relationships, 2) Discuss key terms and concepts unique to CNM relationships & identities, and 3) Explain key components of CNM-affirming therapy.

Michelle D. Vaughan, PhD (she/her) is an Associate Professor of Psychology in the Clinical Psychology PsyD program at Wright State University and a licensed psychologist. Her scholarly work and clinical practice centers on the needs and strengths of sexual, gender, and relationally diverse people (i.e., LGBT+ strengths, compersion, and CNM-affirming healthcare and clinical practice). She is also the co-editor for a forthcoming handbook on CNM-affirming clinical practice. Her work as an educator and supervisor integrates cultural humility, affirming and liberatory theories in training clinical psychologists and psychologist-in-training serving

marginalized and oppressed populations. She serves the Executive Director of PolyColumbus and as a member of the Committee on Consensual Non-Monogamy within the American Psychological Association's Division 44.

WORKSHOP #21 | Live Virtual Session
The Ethical and Legal Practice
of Psychology



Presenter: Christine F. Muller-Held, PsyD
Co-Presenters:

Richard Ashbrook, PhD
 Marianne Bowden, PhD
 Howard Fradkin, PhD
 Kay Levine, PhD
 Julie Meade, PsyD
 Debjani Sinha, PhD
 Bob Stinson, PsyD, JD
 Elizabeth Swenson, PhD, JD

CE Credit: 3.0 Ethics for Psychologists
Learning Level: Intermediate

Live Virtual Session:

Sat., April 30, 2022 | 1:15 – 4:30 p.m.

This workshop is presented by the OPA Ethics Committee. Through unique vignettes written for this workshop, participants identify and apply pertinent sections of governing documents (APA Principles and Code of Conduct, Ohio Laws and Rules Governing Psychologists, APA Specialty Guidelines). The vignettes are designed to elucidate the ethical and legal practice of psychology through active discussion. Didactic material will highlight key aspects of governing documents. Focused attention is devoted to areas of practice that pose additional liability and yield frequent conduct complaints to the State Board of Psychology, as well as the interplay of ethics, cultural humility, and social justice.

As a result of this workshop, attendees will be able to: 1) Identify and apply pertinent sections of the APA Ethical Principles of Psychologists and Code of Conduct to vignettes related to the practice of psychology, 2) Identify and apply

pertinent sections of the Ohio Psychology Laws and Rules Governing Psychologists to vignettes related to the practice of psychology, 3) Identify and apply relevant APA specialty guidelines, 4) Understand ethical and legal implications related to areas of practice that pose additional liability or yield frequent conduct complaints, and 5) Apply ethical concepts to considerations of cultural humility/ competence and social/racial justice.

Christine Muller-Held, PsyD completed her doctoral training at Xavier University. She is the senior staff psychologist and coordinator of mental health services at University of Cincinnati's University Health Service, where she has provided individual therapy and diagnostic evaluations for 13 years. Dr. Muller-Held's professional interests include ethical and legal issues in professional psychology, integrated medical/mental healthcare, and the college student mental health. Currently, she is the chair of the OPA Ethics Committee and member of the American College Health Association. Outside of psychology, Dr. Muller-Held enjoys reading, cooking and baking, traveling, meandering drives with her husband, and cheering on the New York Yankees.

Richard Ashbrook, PhD a faculty member at Capital University since 1986, Dr. Ashbrook, is a professor of psychology, and previously served as department chair, dean of the College, and provost and vice president for Academic and Student Affairs. He earned his B.S. from the University of Maryland, and his M.A. and Ph.D. (clinical psychology), and M.F.A. (creative writing) from The Ohio State University. He completed his internship at the University of Rochester's Strong Memorial Hospital, and received post-doctoral training in pediatric and health psychology. Dr. Ashbrook is affiliated with a medical and behavioral health consulting practice that specializes in publicly funded demonstration grants, outsourced services for public, governmental, and nonprofit agencies, and contract forensic, corrections, diagnostic, and disability services.

WORKSHOP #21 continued...

Marianne Bowden, PhD has been in the mental health profession since 1983 and owner of her group practice since 2000. She specializes in treating victims of sexual abuse, mood, anxiety disorders and conducting forensic, treatment evaluations. She is a member of the OPA Ethics Committee, and a member of APA. She was recognized by APA's Psychologically Healthy Workplace Award-Best Practices for her work with Employee Assistance Programs/Wellness at Certified Angus Beef, LLC. In 2019 was named Child Advocate of the Year in Wayne County.

Howard Fradkin, PhD, LICDC-CS is the Chairperson of the OPA Prevention and Wellness Program and is an Ethics Committee member. He has counseled over 1500 male and female survivors of sexual victimization over the course of his 38-year career. He has educated over 2,500 colleagues on male sexual trauma. He provides expert consultation for the Ohio and Federal Public Defenders Office. In 2018, he retired after serving 15 years as Co-Chairperson of the Male Survivor Weekends of Recovery program and retired from Affirmations Psychological Services which he co-directed for 35 years. He authored *Joining Forces: Empowering Male Survivors to Thrive*, published in 2012.

Kay Levine, PhD received her BA in Liberal Arts from Syracuse University, received her MA in Education from Case Western Reserve University, and Ph.D. in Special Education/Educational Psychology from the University of Southern California. While getting her doctorate, she was also being trained as a child psychoanalyst at Reiss-Davis Child Study Center in Los Angeles, and currently is a licensed psychologist in Ohio and California. Also,

Family Therapist in California. Currently, she is a Clinical Assistant Professor in the School of Medicine, Case Western Reserve University, and teaches and supervises both child and adult psychiatry residents at UH Cleveland Medical Center. In her private practice she works with adults and couples. She is on the Ethics Committee of the Ohio Psychological Association, and has been a supervisor on the Cleveland Red Cross Disaster Mental Health Team, and currently a volunteer on this team.

Julie Meade, PsyD obtained her Doctor of Psychology degree from Xavier University and completed her professional training at Grand Valley State University Counseling Center and University of Cincinnati's Student Health Services. She has worked with clients in a variety of settings including community mental health, university student health and counseling, and private practice. She currently works at Hello Mental Health, an outpatient practice in Sharonville, providing psychotherapy to adults. Dr. Meade serves on the Ethics Committee as an early career member.

Debjani Sinha, PhD is a practicing psychologist with a background in neuropsychology. She has a Ph.D. from the University of Cincinnati (UC) and post-doctoral training at UC's Behavioral Neuropsychology Clinic. Currently Dr. Sinha divides her professional time between her private practice and as Adjunct Associate Professor at the University of Cincinnati. Dr. Sinha offers psychotherapy and neuropsychological assessment services. Dr. Sinha also specializes in psycho-educational evaluations for ADHD and LD for adolescents and adults. Dr. Sinha is past 2-term President of Cincinnati Academy of Professional Psychology and has served as Ethics Chair for CAPP for 10 years. She is

Bob Stinson, PsyD, JD, LICDC-CS, ABPP is a board-certified forensic psychologist, attorney, and LICDC-CS. He's listed in the National Register. He's a Fellow of the American Academy of Forensic Psychology / American Board of Professional Psychology. He's worked at a state psychiatric hospital, serving on and chairing the ethics committee. He was Chief of Behavioral Health Services for the Ohio Department of Youth Services. Dr. Stinson has lectured across the country in the areas of mental health law and ethics. He's an Adjunct Professor at OSU in Psychology, Psychiatry, and Law. He's a past president of COPA and OPA. Dr. Stinson also maintains a law practice.

Elizabeth Swenson, PhD, JD is Professor of Psychology at John Carroll University. She earned her BS from Tufts University, MA and PhD from Case Western Reserve University, and JD from Cleveland Marshall College of Law. She teaches professional ethics and forensic psychology to undergraduates. Dr. Swenson is a fellow of the American Psychological Association, the Midwestern Psychological Association and the Phi Beta Kappa Society. She is a specialized peer reviewer and team chair for the Higher Learning Commission of the North Central Association. Currently she is a member of the OPA Ethics Committee and has been a member of the APA Ethics Committee, the APA Ethics Code Revision Task Force and the APA Continuing Professional Education Committee.



YOU'RE INVITED...

FREE VIRTUAL SOCIAL & NETWORKING EVENTS



THURSDAY EVENING **April 28 | 7 - 8 p.m.** **OPA ASSEMBLY (No CE)**

Join OPA leadership, members and convention attendees at our live virtual Assembly. This time will be used to discuss timely topics that affect psychology, the field of psychology and OPA. Discussion topics will be solicited from OPA members and convention attendees prior to the convention. Ideas generated from the Assembly will be used by OPA leadership to help guide future education, advocacy and public outreach initiatives.

There is no fee to attend the Assembly.

This event does not offer CE.

FRIDAY EVENING **April 29 | 7 - 8 p.m.** **P.O.D.cast HIGHLIGHTS & RECOGNITION** **(No CE)**

OPA's Science and Research Committee invite you to join them at this free event where we will recognize the winners of the 2021 P.O.D.cast and highlight this year's applicants. In an effort to make OPA's poster session more accessible, we transitioned to a new virtual format two years ago. We encourage you to join us to celebrate these student researchers and look forward to seeing you there!

There is no fee to attend this event.

This event does not offer CE.

H P E W E L L a therapeutic farm community

Mental illness is not a choice...but hope is.

Established in 1993, Hopewell is a vibrant residential community for adults with mental illness located on a 325-acre working farm in the heart of Northeast Ohio Amish country.

Residents benefit from the healing power of nature, meaningful work, excellent clinical care, and a supportive therapeutic community. Our unique healing model provides residents with the skills they need to transition to a healthier, independent life.



For more information, Contact our Admissions Office at 440-426-2000, #1220
or visit www.hopewellcommunity.org.

ANNUAL AWARDS CALL FOR NOMINATIONS

Do you know a psychologist or psychology ally that deserves special recognition?

Each year OPA seeks nominations for awards that will be presented virtually at a special ceremony and highlighted in upcoming publications.

Award categories include:

- Award of Excellence
- Citizen Award
- Distinguished Service Award
- Lifetime Achievement by a Psychologist
- Early Career Award for Excellence in Service and Professional Practice
- Media Award
- Outstanding Psychology Trainee Award
- PsyOhio Michael Sullivan Award
- Public Sector Psychologist of the Year
- Small College Roundtable Award for Academic Innovation
- Special Projects Award

To view the criteria for each award, or to submit a nomination, visit ohpsych.org/awards.

SPONSORSHIP AND EXHIBITOR OPPORTUNITIES

The Ohio Psychological Association (OPA) invites vendors to join us online for our 2022 Virtual Convention taking place April 28-30, 2022. With more than 350 mental health professionals expected to participate, OPA's 2022 Convention is the perfect venue for vendors to highlight their products / services and increase their customer base and visibility.

Our virtual format includes a unique combination of live and pre-recorded workshops that provide sponsors with more opportunities to engage potential customers, plus exposure that lasts beyond our 3-day event as each workshop will be added to our webinar library after the convention. Why is this extended visibility important? Ohio is home to over 4,000 licensed psychologists and more than 35,000 licensed social

workers, counselors and marriage & family therapists all of whom are required to obtain continuing education (CE) credits in order to keep their license(s) current. These mental health professionals look to OPA to meet their continuing education needs... let us help you connect with these potential customers all year long!

OPA is proud to offer vendors affordable visibility opportunities including virtual exhibit space, online banners and program advertisement space. Get the most out of your investment; check out all of the special sponsorship packages that have been created to ensure maximum attendee exposure.

Visit ohpsych.org/2022CONVENTION to download complete exhibitor, sponsorship and advertising information.

2022 P.O.D.cast POSTERS ON DEMAND

The Ohio Psychological Association invites undergraduate and graduate students who are conducting research on psychology-based topics to present poster summaries as part of our P.O.D.cast... Posters on Demand.

P.O.D.cast is OPA's fresh take on a traditional poster session. This virtual format encourages students to think "outside of the box" and allows their research to have more visibility while saving participants money and time! OPA's P.O.D.cast will consist of individual research "video posters." These videos will last no longer than 5 minutes and will be posted online for public viewing and promoted on social media.

OPA's P.O.D.cast offers special recognition to students who have the most exemplary posters. Four prizes are awarded: best

graduate empirical poster, best graduate non-empirical poster, best undergraduate empirical poster, and best undergraduate non-empirical poster. Our virtual format allows for an unlimited amount of participants.

Winners receive:

- a CASH prize
- an opportunity to PUBLISH research in an upcoming issue of *The Ohio Psychologist*
- one-year free membership to the Ohio Psychological Association, and
- free admission to the following year's OPA Annual Convention

For more information about OPA's P.O.D.cast including judging criteria, important dates, fees and guidelines, visit ohpsych.org/podcast.

CONVENTION PRICING & MEMBERSHIP LEVELS

OPA's 2022 Virtual Convention offers simplified a la carte pricing. Only pay for the CE that you want to earn... no extra fees... no hassles!

With a unique blend of On Demand Learning and Interactive Opportunities, OPA's 2022 Convention capitalizes on the flexibility and convenience of distance learning without losing the benefits of collaboration and networking with colleagues and presenters.

Each prerecorded workshop offers a FREE Q & A session that will be held live on the Zoom platform. See page 3 for the Q & A schedule. Don't forget, the convention also includes 11 Live Virtual Sessions plus 2 FREE virtual networking events: the Assembly and the P.O.D. cast Highlights evening event.

Convention Fees are based on the following two factors:

1. the number of CEs you earn, and
2. your relationship to OPA.

OPA Full Members:

WHO: Current OPA members who are Licensed/Non-Licensed with a Doctoral Degree

RATE: \$25 per one (1) CE earned

OPA Partner Members (No CE):

WHO: Current OPA members who are without a doctoral degree working in the field of Psychology, or who wish to support/advance the purpose of OPA and the field of psychology in Ohio

RATE: \$20 per one (1) CE earned/offered

OPA Student Members (No CE):

WHO: Current OPA members who are students (High School, College Undergraduate, or Graduate level) OR who are in a Post-Doc program under supervision

RATE: \$15 per one (1) CE earned/offered

Students who are NOT members, should call us PRIOR to registering to request a Promo Code for 1 FREE year of membership & member pricing eligibility.

Non-OPA Members:

WHO: Individuals who are NOT current OPA members.

RATE: \$35 per one (1) CE earned

POLICIES & PROCEDURES

IMPORTANT REGISTRATION DATES:

Early Bird Deadline----- **March 26**

Registration Deadline----- **April 18**

Registration Deadline: Registration must be received on or before April 18 to guarantee workshop / event selections.

Workshop Instructions: Instructions on how to access both live and recorded workshops, CE Quizzes and Evaluation Forms will be emailed to attendees beginning the second week of April. These instructions are not transferable and should not be shared.

Discounts: Registrations submitted or postmarked on or before March 28 receive a **\$20 Early Bird Discount**. OPA members may use their CE Coupon by entering the Promo Code online or on the paper form. **No discounts may be used after April 18.**

Change to Workshops Purchased: Prior to March 29, attendees may switch the workshops they have selected without penalty. **Beginning March 29, a late fee of \$20 will be assessed. Additional workshops can be added to an attendee's itinerary, but NO refunds will be given for workshops previously selected/purchased.**

Disclaimers/Cancellation and Refund Policy:

To cancel, attendees must do so in writing on or before March 28 and will be subject to a **\$30 service charge. ALL CANCELLATIONS WILL BE SUBJECT TO THIS SERVICE CHARGE.** No refunds will be given for cancellations made after **March 28**. OPA and event sponsors are committed to providing accurate and up-to-date information; however, they are not responsible for event changes, additions or deletions but will work to accommodate attendee needs.

Conflict of Interest Statement: As an APA-approved sponsor of continuing education, the Ohio Psychological Association (OPA) is committed to the identification and resolution of potential conflicts of interest in the planning, promotion, delivery, and evaluation of continuing education as is consistent with concepts outlined in the APA Ethical Principles of Psychologists and Code of Conduct. Information regarding financial support, in-kind support or possible conflicts of interest will be included in promotional materials and can be accessed by contacting the Ohio Psychological Association Central Office.

Americans with Disabilities Act: The OPA complies with the provisions of ADA. If you need any assistance related to sight, sound or mobility, please contact OPA.

Photo Consent: Registration/attendance at OPA events constitutes an agreement by the registrant to allow OPA to the use of attendees' image in photographs.

Continuing Education Credit Policies:

Attendees can earn CE credit for...

- **LIVE VIRTUAL SESSIONS** by **virtually signing in/out and completing an evaluation form** for each live session. Join & end time stamps will be recorded for each participant. Attendees are required to watch the entire workshop.
- **PRERECORDED SESSIONS** by completing an **online CE Quiz and evaluation form for each workshop you view. A score of 80% or higher on each CE Quiz is required to receive CE credit.** Quizzes and evaluation forms can be completed prior to the convention, but must be completed **NO later than Sunday, May 8, 2022.**

OPA adheres to APA Approved CE Sponsor Guidelines. No partial credit will be given.

Convention Certificates of Attendance:

Attendees will be emailed a Certificate of Completion for each workshop successfully completed. (See "Continuing Education Credit Policies" for requirements.) If you are registered with OPA-MCE, CE will be added to your transcript for you. CE will also be automatically added to CE Broker for counselors, social workers and MFTs who provide their license number(s) during the registration process.

Continuing Education Credits:

- 1) The Ohio Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists. The Ohio Psychological Association maintains responsibility for the program and its content.
- 2) The Ohio Psychological Association is approved by the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board to offer continuing education to counselors, social workers and marriage and family therapists. (RCS070608 and RTX071703).

NOTE: All workshops offer CE for psychologists. The following workshops offer continuing education credits for counselor, social worker and marriage & family therapist: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 12, 13, 14, 15, 16, 17, 18, 19 and 20, 22.



2022 OHIO PSYCHOLOGICAL ASSOCIATION ANNUAL CONVENTION

REGISTRATION FORM

REGISTRATION DEADLINE IS APRIL 18, 2022

ATTENDEE INFORMATION: One registration form per attendee.

Name & Degree: (Please print)		OH Psychology License #
Mailing Address:		Are you dually licensed or a Social Worker, Counselor and/or a MFT? <input type="checkbox"/> Yes <input type="checkbox"/> No
Email Address:		If yes, list all applicable OH license numbers (See page 19 for CE restrictions)
Are you a speaker?	<input type="checkbox"/> Yes <input type="checkbox"/> No Workshop# _____	
Phone Number:		

WORKSHOP AND SPECIAL EVENT SELECTIONS: Check the boxes next to sessions/events you want to attend.

LIVE VIRTUAL SESSIONS: Only one session from each block of time on each day may be selected.				TOTAL HOURS OF CE
DAY	8:00 - 9:00 A.M.	1:15 - 4:30 P.M.	7:00 - 8:00 P.M.	
Thursday, April 28	<input type="checkbox"/> Keynote 1 CE Ethics	<input type="checkbox"/> Workshop 4 3 CE <input type="checkbox"/> Workshop 5 3 CE Ethics	<input type="checkbox"/> ASSEMBLY No CE FREE event open to everyone	
Friday, April 29	<input type="checkbox"/> Workshop 6 1 CE <input type="checkbox"/> Workshop 7 1CE	<input type="checkbox"/> Workshop 12 3 CE <input type="checkbox"/> Workshop 13 3 CE Ethics	<input type="checkbox"/> P.O.D.cast Event No CE FREE event open to everyone	
Saturday, April 30	<input type="checkbox"/> Workshop 14 1 CE Ethics <input type="checkbox"/> Workshop 15 1 CE Ethics	<input type="checkbox"/> Workshop 20 3 CE Ethics <input type="checkbox"/> Workshop 21 3 CE Ethics		
PRERECORDED SESSIONS: Accompanying live Q & A sessions have been scheduled to not overlap.				
<input type="checkbox"/> Workshop 1 1 CE	<input type="checkbox"/> Workshop 8 2 CE Ethics	<input type="checkbox"/> Workshop 11 2 CE	<input type="checkbox"/> Workshop 18 3 CE Ethics	
<input type="checkbox"/> Workshop 2 1 CE Ethics	<input type="checkbox"/> Workshop 9 2 CE	<input type="checkbox"/> Workshop 16 2 CE	<input type="checkbox"/> Workshop 19 3 CE	
<input type="checkbox"/> Workshop 3 2 CE	<input type="checkbox"/> Workshop 10 1 CE Ethics	<input type="checkbox"/> Workshop 17 2 CE Ethics		

FEES & PAYMENT INFORMATION: Registration Ends on April 18, 2022.

IMPORTANT NOTICES: 1) See the back of this page for information on **change fee, cancellation policy** and **membership levels**. Students who are not members should call OPA (614.224.0034) before registering to receive one year of **FREE OPA Membership**.

To calculate CE FEE...			
1) Review the columns below and identify which column best describes your relationship to OPA			
2) Multiple the "TOTAL HOURS OF CE" (column above) by the dollar amount shown in your corresponding column below			
OPA Full Member	OPA Partner Member (No CE)	OPA Student Members (No CE)	Non-OPA Member
\$25	\$20	\$15	\$35

Registration Fee	\$ 20.00	PAYMENT OPTIONS: <input type="checkbox"/> Check Enclosed (Make payable to OPA) Mailed completed form to OPA, 395 E. Broad St. #310, Columbus, OH 43215, faxed to 614.224.2059, or visit www.ohpsych.org to register online. Credit Card Information: <input type="checkbox"/> Visa <input type="checkbox"/> AMEX <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover Account Number _____ Expiration Date _____ Security Code _____ Signature _____
CE FEE: Total Hours of CE X Per CE Hour Rate	+ \$	
Less \$20 Early Bird Discount (if postmarked by 3/28/22)	- \$	
Late Fee \$20 (if registering after 3/28/22)	+ \$	
OPA-PAC Donation (Optional)	+ \$	
Foundation for Psychology in Ohio Donation (Optional)	+ \$	
Less OPA CE Coupon: Enter Promo Code: _____	- \$	
TOTAL AMOUNT DUE:	\$	



Income Protection Insurance

Helps you pay the bills while you get back on your feet.

Becoming disabled during your working years happens more than you might imagine. If you are seriously injured or become ill and cannot work, can your loved ones continue to pay the bills and still live comfortably?

Trust Endorsed Income Protection (Disability Income) Insurance* is the key to providing you and your family with income and financial stability while you get well and get back to what you do best.

Apply for this coverage with rates often lower than similar insurance available to the general public. If you already have disability insurance, compare the rates of The Trust's Income Protection Plans against what you already own at trustinsurance.com. You may achieve substantial savings.

Choose the plan that fits your needs!

Sample rates: \$2,500 Monthly Benefit – LifeStyle 65 Plan, 90 Day Waiting Period	
Age	Quarterly Premium
35	\$55.25
40	\$70.50
45	\$103.00
50	\$121.25
55	\$141.00



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 Watch the Q&A video *What You Need to Know About Income Protection Insurance* at trustinsurance.com.

* Coverage is individually underwritten. Policies issued by Liberty Life Assurance Company of Boston, a Lincoln Financial Group Company. Plans have limitations and exclusions. For costs and complete details, call The Trust or visit www.trustinsurance.com

EMDR INSTITUTE

Founded by Dr. Francine Shapiro

The EMDR Institute, founded by Dr. Francine Shapiro, offers quality trainings throughout the US to licensed mental health professionals and graduate students in their internship. EMDR therapy is recognized as an evidence-based treatment for trauma-related disorders by WHO, APA, ISTSS, DOD and others.



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Scheduled by time zone throughout 2022

Now more than ever, EMDR therapy is an exceptionally relevant and valuable resource when working with your clients.



Integrate EMDR Therapy For Your Young Clients

EMDR Basic Training Emphasizing Treatment of Children & Adolescents

W1: March, July
W2: April, June, Oct
2022 / Mountain & Central



The Utilization of EMDR Therapy with Grief and Mourning

Specialty Application Workshop Presented by Roger Solomon, PhD

September 16-17, 2022
Completion of an EMDRIA Approved
Basic Training Required



Also Available....

Additional Specialty Application Workshops, Distance Learning,
Books & DVDs, Referrals, References

"I was highly impressed. The consideration put into everything met my needs."
(W1 Basic Training)

What our participants are saying
about The EMDR Institute...

"The workshop EXCEEDED my expectations."
(Specialty Application Workshop)

"This was a great training. One of the best!"
(W1 Basic Training)

"I appreciate the Institute taking the time to adapt the training and the application of the therapy to fit the real life struggles that we have currently as therapists. It was very realistic and helpful."
(W2 Basic Training)