



OHIO PSYCHOLOGICAL ASSOCIATION 2020 CONVENTION

TODAY'S PSYCHOLOGY: PRACTICE, RESEARCH AND EMERGING TRENDS

APRIL 23-25, 2020 | COLUMBUS, OHIO



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The benefits of joining the PsychBC team

PsychBC, a LifeStance Health company, has excellent opportunities for independently licensed clinicians, psychiatrists, and nurse practitioners to work within our Ohio, Kentucky, and Indianapolis locations. Our Columbus clinics include: Grandview Heights, Dublin, Hilliard, Easton and Reynoldsburg. Our Cincinnati and Dayton clinics include: West Chester, Liberty Township, Anderson, Blue Ash, Kenwood, Clifton, Mason, Milford, Beavercreek, and Fort Thomas. Our Cleveland clinics include: Beachwood, Avon, North Olmsted, Brecksville, Willoughby, Ashtabula, Fairlawn and Twinsburg.

We also have other outpatient clinics throughout the states of Kentucky and Indiana, with multiple clinic locations opening over the next year. Our experienced specialists provide therapy and treatment for a wide range of mental health issues that include depression, anxiety, anger and stress management, bipolar disorder, alcohol or drug abuse and addiction. Our services include outpatient, partial hospitalization, and intensive outpatient services to adult, children, and adolescent patient populations.

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At PsychBC, we value our clinicians and our ability to serve the community. We believe in fostering a full sense of company culture and that we all work best when we're working together as employees and teammates. Join our team to enjoy the ability to grow your practice and earnings together.

/lif/ /stans/, n. A person's relationship with what he or she accepts as being of ultimate importance. It involves the presuppositions and theories upon which such a stance could be made, a belief system and a commitment to working it out in your life.

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JOIN THE COMMUNITY

2020 OHIO PSYCHOLOGICAL ASSOCIATION CONVENTION:

Today's Psychology: Practice, Research, and Emerging Trends

In a few short months, the Ohio Psychological Association will be coming together to hold its annual Convention, held at the Quest Conference Center between Thursday, April 23 and Saturday, April 25, 2020. This year's organizational theme highlights, "Today's Psychology: Practice, Research, and Emerging Trends" and represents an outstanding opportunity to both learn from many preeminent content matter experts in their respective specialties as well as commune with your colleagues across the state.

Looking at the topology of this year's Convention, attendees will have access to over 80 presenters and 26 scheduled sessions, promoting all domains of health service psychology and numerous areas of clinical practice. In total, there will be in excess of 80 hours of programming and 15 hours of ethics programming to ensure both your mandatory professional development and ethics requirements are easily fulfilled for this year's licensure renewal biennium. If you have ever attended an OPA Convention beforehand, you likely recall the tremendous diversity across topical content. This year's Convention promises to continue that rich tradition, with content ranging from opioid abuse, firearm violence, mindfulness in clients with eating disorders, to self-care practices, and rural mental

health just to spotlight a few. Indeed, with so much content and presentation talent available, there are undoubtedly scores of sessions that will benefit your daily practitioner work and broaden your clinical skills repertoire! A few key opportunities to further consider at this year's 2020 OPA Convention:

Assemblies

Each year, as a part of the Association's new governance model, leaders from your Association hold several townhall style meetings for members to inform and help guide the efforts of the Association. This year at the Convention, OPA will continue this experience and offer in-person Assemblies at the start of each day on Thursday and Friday with content chosen ahead by Association leaders based on contemporary issues facing Ohio psychologists today. These assemblies allow OPA to hear from all of you, celebrate our differing perspectives on the shared work of psychology, and bring all of us together as a helping profession around those topics. We all look forward to hearing from you and hope you can join us each day!

Psychologist Community Engagement

Every Convention, we also come together as a shared profession and community to celebrate one another while also learning from several prescribed experiences. This year's Convention furthers

those efforts and includes the following lunch programming:

1. On Thursday, the newly licensed swearing-in ceremony where new psychologists can publicly take their oaths of practice in a community of their peers will be held. A guest speaker will also join us for a presentation.
2. Friday's program will offer a continuing education presentation entitled, "Giving Testimony: An Alternative Approach to Healing for Refugees."
3. Finally, Saturday will offer the State of the Association annual address, OPA Annual Award Ceremony to recognize those psychologists excelling in the intersection of career and service, and our student Poster Award Winners will have the opportunity to present their research live.

As the largest Ohio psychology centered professional development experience each year and with so much to offer, we look forward to welcoming you at this year's Convention! Please do be sure to catch me while attending and let me know what we can further do to support your experience with OPA! See you there....

In your service,

Erich R. Merkle, PhD, EdS, NCSP
OPA President



Erich R. Merkle, PhD, EdS, NCSP
OPA President

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CONVENTION SCHEDULE-AT-A-GLANCE

Thursday, April 23	
8:00 a.m.	Registration OPA Assembly (no CE)
9 - 10:00 a.m.	Keynote Address: Learn...Lead...Change: Psychologists as Learning Leaders
10:15 a.m. - 12:15 p.m.	Workshop 1 – Assessing Opiate Abuse Risk in Presurgical and Primary Care Populations: Guidelines and Collaborative Approaches
	Workshop 2 – Assessment and Treatment of Adolescents Who Have Sexually Offended
	Workshop 3 – Essential Considerations for Working with Older Adults
12:15 - 2:15 p.m.	Luncheon Program: Newly Licensed Swearing-In Ceremony Guest Speaker (no CE)
2:15 - 5:30 p.m.	Workshop 4 – Anxiety in Older Adults: Empirically Based Assessment and Intervention
	Workshop 5 – From Clinic to Classroom: The Intersectionality of Health and School Psychology Practice Across the Educational Lifespan
	Workshop 6 – Cultural Humility in Serving Consensually Non-Monogamous Clients*
5:45 - 6 :45 p.m.	Workshop 7 – Firearm Violence and Mental Illness: Research, Assessment, and Management Techniques for Diverse Populations*
Friday, April 24	
8:00 a.m.	Registration OPA Assembly (no CE)
9 - 10:00 a.m.	Workshop 8 – Collaborative Assessment and Management of Suicidality: An Introduction
	Workshop 9 – Emerging and Current Issues in Working with Children and Parents Involved with Child Protective Services
	Workshop 10 – Teaching Clients Mindful Eating Skills
10:15 a.m. - 12:15 p.m.	Workshop 11 – Therapeutic Opioid Addiction: Alternatives to Opioids, Recognizing the Signs, and Supporting Our Communities and Colleagues*
	Workshop 12 – Health Behavior Codes 2020, Coming to an Integrated Care Practice Near You!
	Workshop 13 – Mindfulness-Based Approaches for Disordered Eating Behaviors: Adapting Interventions for Culturally Diverse Populations*
12:15 - 2:15 p.m.	Luncheon CE Program: Giving Testimony: An Alternative Approach to Healing for Refugees*
2:15 - 5:30 p.m.	Workshop 14 – Staying in Your Lane: New Challenges with Integrated Healthcare and Multidisciplinary Teams*
	Workshop 15 – Impact of Suboptimal Sleep and Sleep Disorders on Health and Illness: Turning a Challenge into a Clinical Opportunity
	Workshop 16 – Speaking of You: A Multi-Generational, Multi-Cultural and Multi-Specialty Exploration of Self-Care in Mental Health Practice*
5:45 - 6:45 p.m.	Workshop 17 – Increasing Collaboration, Communication, and Creativity in Teams: Applying the Psychology of Improvisation
Saturday, April 25	
8:00 a.m.	Registration
9 - 10:00 a.m.	Workshop 18 – Fetal Alcohol Spectrum Disorders (FASD) in Foster Care Settings
	Workshop 19 – Interdisciplinary Research Approach Studying the Effectiveness of Yoga and Mindfulness with Juvenile Offenders
	Workshop 20 – Who Are Public Sector Psychologists, and What Do They Do?
10:15 a.m. - 12:15 p.m.	Workshop 21 – Opioid Policy and Practices; How to Get Involved
	Workshop 22 – Veterans and Gender Identity: the G.I.V.E. Clinic*
	Workshop 23 – Converting to Electronic Health Records*
12:15 - 2:15 p.m.	Awards Luncheon and Annual State of the Association (no CE)
2:15 - 5:30 p.m.	Workshop 24 – Rural Mental Health: Challenges, Opportunities, and Ethical Considerations*
	Workshop 25 – Meeting Unmet Mental Health Needs through Integrated Pediatric Primary Care
	Workshop 26 – The Ethical and Legal Practice of Psychology*

NOTES: • A * symbol indicates that a workshop meets the ethics requirement.

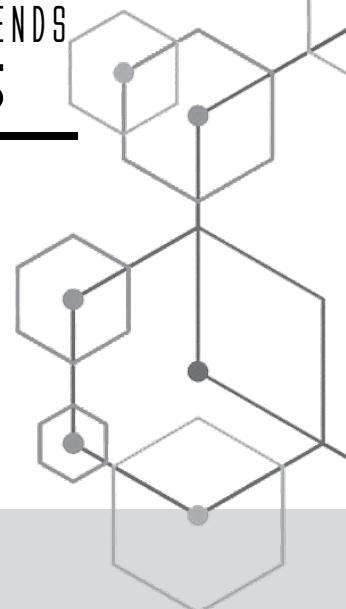
- All workshops offer CE for psychologists. Counselors, social workers and marriage and family therapists should refer to page 23 for approved sessions, or see individual course listings. To help identify which workshops offer CE for specific mental health professionals, the following code letters have been added to the "CE Credits" line as part of the course descriptions on pages 2-18: P= Psychologist | C = Counselor | SW = Social Worker | MFT = Marriage & Family Therapist.

WORKSHOPS & HIGHLIGHTS

THURSDAY MORNING

OPA ASSEMBLY (No CE)

Join OPA leadership, members and convention attendees at our annual in-person Assembly. This time will be used to discuss timely topics that affect psychology, the field of psychology and OPA. Discussion topics will be solicited from OPA members and convention attendees prior to the convention. Ideas generated from the Assembly will be used by OPA leadership to help guide future education, advocacy and public outreach initiatives. Assemblies will be held during the convention on Thursday and Friday mornings at 8 a.m. There is no fee to attend the Assemblies.



KEYNOTE ADDRESS:

Learn...Lead...Change: Psychologists as Learning Leaders

Presenter: Sandra L. Shullman, PhD

CE Credits: 1.0 P | C | SW | MFT

Learning Level: All



This presentation will summarize the key perspectives and skills for psychologists to think of themselves as learning leaders, based on research done on leadership in ambiguous and uncertain contexts. It will further describe the process by which the American Psychological Association is driving its new strategic plan from a transformational leadership perspective. Emphasis is given to how state associations can realign key governance and individual psychologists can become learning leaders to create strategic impact.

As a result of this workshop, attendees will be able to: 1) Describe what is meant by psychologists as learning leaders, 2) Identify key skills of learning leaders, and 3) Recognize changes in mindset to create greater impact as psychologists.

Sandra L. Shullman, PhD is the 2020 APA President. She has a distinguished career work in leadership development executive education both domestically and internationally. Sandy is a former OPA President and longstanding contributor to the OPA Board. At APA, she has held numerous positions and chaired the Good Governance Project, designed to help APA align its organizational governance structure and practices to enhance its impact with members and the public. She was also co-founder and is past Chair of the Leadership Institute for Women in Psychology, a program designed to prepare women psychologists to assume leadership roles across the spectrum of organizations in which they work. Sandy is the recipient of the 2012 APA Distinguished Contributions to Independent Practice Award and the 2016 APF Gold Medal for Contributions to Professional Practice.

WORKSHOP #1:

Assessing Opiate Abuse Risk in Presurgical and Primary Care Populations: Guidelines and Collaborative Approaches

Presenter: David P. Schwartz, PhD

Co-Presenter:

Matthew Cappezuto, PhD, LISW-S

CE Credits: 2.0 P | C | SW | MFT

Learning Level: Intermediate

The use of opiates in both acute and chronic pain is now under heavy scrutiny and regulation. Yet the majority of patients do not misuse them or become addicted. There is a major need for accurate assessment of patients'™ misuse and/or addiction potential both at treatment initiation and when red

flags emerge. This workshop will give an overview of the relevant literature and review best practices for both psychometric and clinical assessment. The goal is to help psychologists become effective partners with prescribing physicians and to better manage these difficult patients.

As a result of this workshop, attendees will be able to: 1) Summarize the historical and current practice and regulatory issues impacting opiate prescribing, 2) Describe the factors which predict opiate misuse and addiction risk, 3) Utilize psychometric and interview-based procedures to assess these risks, and 4)

Effectively communicate this information to physicians and patients.

David P. Schwartz earned his PhD in 1982 and has since published and presented extensively in the areas of pain management, health psychology, and industrial injury. He has been in private practice since 1995 specializing in complex medical/psychological injuries. He currently chairs the Ohio Psychological Association Task Force on BWC reform and serves on BWC's healthcare quality assurance committee. His current interests focus on reform efforts in workers' compensation aimed at better detection and intervention with behavioral co-morbidities in injury,

recognition and treatment of traumatic brain injury in both industrial and sports injuries, and alternatives to opiates in pain management.

Matthew Capezzuto, PhD, LISW-S is a clinical psychologist and clinical social worker with more than twenty years of experience in private practice. He is the founder and Executive Director of Allied Behavioral Health Services, Incorporated. He formally studied health care policy, public administration, and public service management, and is familiar with the projected trends in the health care industry. His clinical interests include treating public safety personnel, chronic pain sufferers, and forensic populations. His research interests include psychology of law enforcement, functional capacity of injured workers, and behavioral health care policy. He serves on OPA's BWC and Insurance Committees.



WORKSHOP #2:

Assessment and Treatment of Adolescents Who Have Sexually Offended

Presenter: Isaac Weaver, PsyD

CE Credits: 2.0 P|C|SW|MFT

Learning Level: Beginner

Adolescents who engage in sex offending behavior do so at a lower rate than adults, and do not typically go on into adulthood to commit sex offenses (Harris & Hanson, 2004). Even so, research suggests that more than one-third of sex offenses against minors are committed by adolescents (ATSA, 2017). These adolescents often present with the need for psychological services. Many psychologists, however, are unaware of how to conceptualize, assess, and treat these adolescents. For this reason, this presentation provides a primer on best practices related to conceptualization, assessment, and treatment of adolescents who have sexually offended.

As a result of this workshop, attendees will be able to: 1) Describe factors and psychological attributes related to sex offending behavior among adolescents, 2) Recognize how sex offense recidivism rates influence assessment and treatment design among adolescents who have engaged in sex offending behavior, 3) Compare and critique assessment tools used with adolescents who have engaged in sex offending behavior, and 4) Apply the Risk-Needs-Responsivity framework to create a sample treatment plan.

Isaac Weaver, PsyD is a clinical psychologist and owner of Weaver Counseling and Assessment Services, LLC, a private practice in Canton, Ohio that provides counseling, assessment, and consultation. He specializes in the treatment of difficulties in childhood and adolescence, as well as the assessment and treatment of sexually inappropriate behavior among children and adolescents, including those sanctioned through the school or the court. Dr. Weaver serves as the President of Akron Area Professional Psychologists and is involved in the Ohio Psychological Association and ATSA. He has prior experience on the Multidisciplinary Team at Children's Network of Stark County.



WORKSHOP #3:

Essential Considerations for Working with Older Adults

Presenter: Teresa A. Young, PhD

CE Credits: 2.0 P|C|SW|MFT

Learning Level: Beginner

Aging populations face many challenges affecting their cognitive, physical, and mental health. But, that is not the whole story. We will examine pertinent aspects of aging and their interactions on multiple ecological levels. Participants will receive a primer on the Family Systems Illness Model with case vignettes to begin to apply the model to clients/patients and their families or support systems. The workshop will conclude with a discussion on the role psychologists can fulfill in various settings to support and advocate for healthy aging.

As a result of this workshop, attendees will be able to: 1) Describe ten major concerns related to aging, 2) Explain and apply the components of the family systems illness model to use in a practice setting, 3) Identify areas of contribution from psychologists.

Teresa Young, PhD, is a licensed psychologist in private practice, specializing in patients with chronic illness and acquired disability as well as their caregivers. Prior to moving to Ohio in 2019, she worked for two years in a Physical Medicine and Rehabilitation hospital setting in Iowa. Dr. Young earned her PhD in counseling psychology at Tennessee State University. She completed her internship with the Vanderbilt University's Tennessee Valley VA Consortium and a health psychology

postdoctoral fellowship through the Tennessee Valley VA. Clinically, Dr. Young's interests involve adjustment to disability, aging, and health-related problems, and caregiver support as well as death and dying issues.

THURSDAY AFTERNOON

WORKSHOP #4:

Anxiety in Older Adults: Empirically Based Assessment and Intervention

Presenter: Renee' Zucchero, PhD

CE Credits: 3.0 P|C|SW|MFT

Learning Level: Intermediate

There is a demographic imperative facing psychologists today. Due to aging of the U.S. population, psychologists must have skills necessary appropriately assess and treat psychological disorders in the older adult population. Recently, a more robust body of literature about assessment and treatment of anxiety disorders in older adults has developed. Dr. Zucchero will provide background information about anxiety in older adults. She will present empirically based methods of assessing anxiety in older adults with a specific focus on standardized instruments. Dr. Zucchero will also introduce empirically based treatments for anxiety disorders in the older adult population.

As a result of this workshop, attendees will be able to: 1) Discuss the prevalence of anxiety symptoms and disorders in the older adult population, 2) Identify standardized instruments used to assess anxiety in older adults, 3) Identify empirically based interventions for anxiety in older adults, 4) Describe appropriate modifications when treating older adults who experience anxiety.

Renee' Zucchero, PhD, is a professor of psychology at Xavier University. She earned her PhD in Counseling Psychology, with a specialization in gerontology, at Ball State University. Dr. Zucchero teaches undergraduate psychology and graduate geropsychology courses. Her research has been published in ten peer-reviewed journals. Her professional activities focus on educating students about older adults and work with older adults.



WORKSHOP #5:

From Clinic to Classroom: The Intersectionality of Health and School Psychology Practice Across the Educational Lifespan

Presenter: Jacqueline N. Warner, PhD

Co-Presenter:

Erich R. Merkle, PhD, EdS, NCSP

CE Credits: 3.0 P | C | SW

Learning Level: All

Youth receiving treatment for medical or mental health conditions often require specially designed supports to achieve their academic and life potential. Unfortunately, clinicians often lack sufficient understanding of the complex array of federal and state disability and civil rights statutes that dictate such interventions to adequately connect students with appropriate supports in school based on their conditions. This presentation seeks to support psychologists, counselors, social workers, and other clinicians in working with youth in clinical, medical, or academic settings by reviewing (1) common pediatric conditions seen in such practice settings and (2) shared considerations relevant to connecting students with school-based services supportive to their condition.

As a result of this workshop, attendees will be able to: 1) Identify one or more of the most common pediatric conditions seen in hospital and primary care settings within each school-age category (i.e., preschool, elementary/middle school, middle/late adolescence, and college/emerging adulthood) along with at least one typical associated need in the school setting, 2) Identify the primary aim with respect to student support: Response to Intervention, Section 504/ADA, Special Education, and 3) Describe how to access 504/ADA vs Special Education supports and identify at least one disability law/statutory requirement that must be fulfilled to access each support in the preschool-12th grade school and post-secondary environments.

Jacqueline Warner, PhD is a pediatric psychologist at Dayton Children's Hospital and Clinical Assistant Professor of Pediatrics at Wright State University's Boonshoft School of Medicine. Dr. Warner specializes in pediatric pain management, functional and somatic symptom disorders, chronic medical conditions, and multicultural issues. She helps to lead the consultation-liaison service at Dayton Children's Hospital and

provides clinical supervision to doctoral psychology residents training in pediatric psychology on this service and in the outpatient setting. Dr. Warner also plays an integral role in running the hospital's multidisciplinary chronic pain program, movement disorder clinic, and gender diversity support group.

Erich Merkle, PhD, EdS, NCSP is presently the central office school psychologist for the Akron Board of Education where he oversees the Pupil Adjustment Program (PAP) between the Departments of Student Support Services and Office of Special Education. Within the school psychology specialty, Dr. Merkle has concentrated his work on consultation, evaluation, and intervention for students with severe social-emotional and behavioral needs that have resulted in substantial educational disciplinary sanctioning, expulsion, placement into residential facilities, or the judicial system. He is also a frequent professional development trainer on a diversity of topics that represent the intersection of psychology and education as well as the legal aspects of those practices. Dr. Merkle holds an APA accredited and NASP approved doctorate in school psychology and psychology, an educational specialist in educational administration, a master's degree in mental health counseling, and a master's degree in human development, all from Kent State University as well as a baccalaureate degree in psychology from Heidelberg University. He holds professional licensure as both a school psychologist and educational administrator as well as national certification as a school psychologist. Dr. Merkle commits himself to service within the professions of psychology and education, serving on the governance boards of numerous professional and community agencies. During 2014-15, Dr. Merkle was the President of the Ohio School Psychologists Association (OSPA) and in 2019, he serves as the President of the Ohio Psychological Association (OPA). He is also the shared Association liaison between OSPA and OPA. Dr. Merkle has participated in numerous media interviews over his career on a diverse set of psychoeducational topics. He is also the recipient of the Ohio Public Sector Psychologist of the Year and President Awards from the Ohio Psychological Association.

WORKSHOP #6:

Cultural Humility in Serving Consensually Non-Monogamous Clients

Presenter: Michelle Vaughan, PhD

CE Credits: 3.0 Ethics P | C | SW | MFT

Learning Level: Intermediate

Despite increasing attention to the unique needs of sexual and gender diverse populations in therapy, evidence suggests that psychologists lack training and fundamental knowledge about diverse relationship styles. As such, psychologists and psychologists-in-training are at risk of stigmatizing those engaged in consensual non-monogamous (CNM) relationships. This workshop will address common myths and assumptions, highlight unique experiences and potential strengths of those who are polyamorous, swingers, or open relationships from a framework of cultural humility. Current research and clinical recommendations will be emphasized, including LGBTQ+ representation and clients' views of best and worst practices in therapy.

As a result of this workshop, attendees will be able to: 1) Identify myths related to consensual non-monogamies, 2) Describe unique experiences/challenges related to CNM relevant to therapy, and 3) Discuss how to incorporate recommendations and research on CNM-affirming practice

Michelle Vaughan, PhD is an associate professor in the School of Professional Psychology at Wright State University, and a licensed psychologist with a private practice devoted to serving populations who are diverse in their sexualities, genders, and relationship styles. She trains clinical psychology students in interviewing, cultural humility/diversity, and LGBTQ+ affirming therapies and serves as the Executive Director of PolyColumbus (Ohio's largest non-profit organization for consensually non-monogamous people) and Co-chairs projects for the Task Force on Consensual Non-monogamy within APA's Division 44 (Sexual orientation and gender diversity). Her scholarship and publications focus on stress and stigma, positive psychology, LGBTQ issues, and consensual non-monogamies.



THURSDAY EVENING CONTINUING EDUCATION PROGRAM

WORKSHOP #7:

Firearm Violence and Mental Illness: Research, Assessment, and Management Techniques for Diverse Populations

Presenter: Heath Hodges, PhD, MLS
Co-Presenter: A.J. McConnell, PsyD

CE Credits: 1.0 Ethics P|C|SW|MFT

Learning Level: Intermediate

High-profile mass shootings, including school violence, have ignited a wave of increased public attention and legislative reforms aimed at understanding and mitigating firearm violence. Much of this national dialogue has concerned the role of mental illness. Despite such attention, relatively little empirical research directly addresses this issue and most proposed firearm regulations are unsuccessful. Efforts in the field of mental health to assess and manage firearm violence are still being developed and validated. This workshop seeks to address the limited scientific literature and current best practices for mitigating firearm

violence among various populations. Case examples will be utilized.

As a result of this workshop, attendees will be able to: 1) Discuss the prevalence of firearm violence and empirical findings regarding the relationship between mental illness and firearm violence, 2) Describe common assessment and management practices for assessing risk for firearm violence in various populations, and 3) Analyze real-world examples involving potential/actual firearm violence and intervention by mental health professionals

Heath J. Hodges, PhD, MLS earned his MS in Psychology from Drexel University in 2007, his Master of Legal Studies from the University of Nebraska College of Law in 2015, and his PhD in Clinical Psychology from the University of Nebraska-Lincoln in 2017. He completed his internship at the U.S.

Medical Center for Federal Prisoners and his forensic fellowship training at the University of Massachusetts Medical School. He is currently employed as a forensic psychologist at Forum Ohio, LLC. Dr. Hodges has multiple peer-reviewed publications and professional presentations in the areas of firearm violence, threat assessment, and violence risk assessment.

A.J. McConnell, PsyD earned his MS in Human Development and Family Science at The Ohio State University and obtained his doctorate from Union Institute and University. He has previously worked and received training through several agencies, including Franklin County Board of Developmental Disabilities, Nationwide Children's Hospital, Twin Valley Behavioral Health, and Netcare Access. He is currently employed as a forensic psychologist at Forum Ohio, LLC.

THURSDAY HIGHLIGHTS:

NEWLY LICENSED SWEARING-IN CEREMONY - 12:30 P.M.

Back by popular demand, OPA's Newly Licensed Swearing-In Ceremony will again be held during our luncheon programming on Thursday. This ceremony celebrates the field of psychology's bright and diverse future. A representative from the Ohio State Board of Psychology will be officiating the ceremony. Join the Early Career Psychologist Committee as we welcome these new faces, not only to the profession, but to OPA as well!

EARLY CAREER SOCIAL HOUR - 7 P.M.

MacKenzie River Pizza, Grill & Pub
 1515 Polaris Parkway, Columbus

ATTENTION ALL EARLY CAREER PSYCHOLOGISTS AND OPAGS MEMBERS... OPA's Early Career Psychologists Committee invites you to join them for an off-site social hour. Come meet and network with other Ohio ECPs at this casual event. Partners, friends, etc. are all welcome. We look forward to seeing you!



EARLY BIRD DEADLINE:
 REGISTER FOR THE CONVENTION ON OR BEFORE APRIL 3 AND SAVE \$40!

FRIDAY MORNING

OPA ASSEMBLY (No CE)

Join OPA leadership, members and convention attendees at our annual in-person Assembly. This time will be used to discuss timely topics that affect psychology, the field of psychology and OPA. Discussion topics will be solicited from OPA members and convention attendees prior to the convention. Ideas generated from the Assembly will be used by OPA leadership to help guide future education, advocacy and public outreach initiatives. Assemblies will be held during the convention on Thursday and Friday mornings at 8 a.m. There is no fee to attend the Assemblies.



WORKSHOP #8:

Collaborative Assessment and Management of Suicidality: An Introduction

Presenter: Nathan D. Tomcik, PhD
Co-Presenter: Michelle Harris, PsyD

CE Credits: 1.0 P | C | SW | MFT

Learning Level: All

The Collaborative Assessment and Management of Suicidality (CAMS) is an evidence-based suicide specific clinical intervention specifically developed to teach clinicians to manage suicidal risk in an outpatient setting. It is a flexible approach that can be used across disciplines and theoretical orientations and supported by more than 25 years of research in clinical settings. The CAMS approach was developed by Dr. David Jobes and has been used at the Columbus VA Outpatient Behavioral Health Clinic since 2015. The presentation will provide an overview of CAMS and outline implementation outcomes for military veterans in Central Ohio identified to be high risk for suicide.

As a result of this workshop, attendees will be able to: 1) Describe the therapeutic framework and clinical methods of CAMS, 2) Identify issues unique to working with suicidal patients to improve safety plans and reduce risk of suicide, and 3) Describe methods for implementing CAMS in an outpatient setting to reduce hospitalization and improve patient engagement in treatment.

Nathan D. Tomcik, PhD is the Director of Outpatient Behavioral Health and Chief Psychologist at the Columbus VA. He received his PhD in Clinical Psychology

from the University of Tennessee in 2005 and completed his postdoctoral work in community mental health with an emphasis on dual diagnosis treatment in underserved communities. He specializes in the treatment of military veterans with complex trauma and is board certified in couple and family psychology. He was awarded the VA Secretary Hands and Heart Award for his work in promoting person centered mental health care for Veterans in Central Ohio. In 2018 he was awarded Public Sector Psychologist of the Year by the Ohio Psychological Association. He is committed to the research and dissemination of best psychological practices to reduce Veteran suicide.

Michelle Harris, PsyD is a Licensed Psychologist and Suicide Prevention Program Manager at the Columbus VA. She received her bachelor's degree from Ohio Northern University and master's and doctoral degrees in Clinical Psychology from the Illinois School of Professional Psychology. Prior to joining the VA in 2015, Dr. Harris completed her APA accredited internship with Wisconsin Department of Corrections then spent a decade working in correctional, private practice, and community mental health settings. Comprehensively trained in Dialectical Behavior Therapy (DBT) and the Collaborative Assessment and Management of Suicidality (CAMS), her work focuses on assessing and managing suicidality and self-injurious behaviors.



WORKSHOP #9:

Emerging and Current Issues in Working with Children and Parents Involved with Child Protective Services

Presenter: Wendy R. Dragon, PhD
Co-Presenter:

Heather Felerski, BA, JD
 Janeece Warfield, PsyD

CE Credits: 1.0 P | C | SW | MFT

Learning Level: Intermediate

Psychologists working with Family Court/ Child Protective Services (CPS) populations face unique challenges in today's mental health climate. This workshop will explore current issues in working with parents and children in this system. Issues addressed will include the impact of the addictions in general and the opioid epidemic specifically on families, problems with access to

required mental health and addiction treatments, barriers to care, and how to navigate working with diverse populations in CPS. We will explore ways in which we can support parents and children in the system while still fulfilling our legal roles and ethical obligations.

As a result of this workshop, attendees will be able to: 1) Identify the social-emotional ramifications reunification has on opiate effected babies and children, 2) Describe the required mental health and addiction treatments for this population, as well as barriers to care, 3) Demonstrate a better understanding of the needs and the issues for diverse populations in CPS, and 4) Identify current legal and ethical considerations in working with mothers and children involved with CPS.

Wendy R. Dragon, PhD is an associate professor at Wright State University's School of Professional Psychology, where she has taught several courses, including Psychopathology, Forensic Assessment, and serves on the Forensic Emphasis committee. She has presented nationally on topics around women involved with Child Protective Services, as well as on the unique experiences of women of color and low SES involved with CPS. She runs a small clinic at Ellis Human Behavioral Institute providing DBT skills to women with a variety of diagnoses, many of whom are involved in Child Protective Services or the criminal justice system.

Heather Felerski, BA, JD is currently a third-year graduate student at Wright State School of Professional Psychology. She has previously practiced as an attorney and Guardian Ad Litem for over 20 years in the Butler County Juvenile and Domestic Relations Courts, representing parents and children involved in the family court systems. She also served as the defense attorney for the Fairfield Municipal Court Treatment Alternative Court, a mental health specialized docket. She graduated from Indiana University in 1988 and University of Cincinnati Law School in 1991.

Janeece Warfield, PsyD, Registered Play Therapy Supervisor, is a Wright State University School of Professional Psychology professor, Director of WSU's Doctoral Internship Program, Director

for the Center for Child & Adolescent Violence Prevention, and Director of Early Childhood Services. She specializes in therapeutic services and assessment with infants and children, developmental disabilities, and children with chronic illness. She also has expertise in play therapy, violence prevention, trauma, and multicultural/diversity training. She is member of APA, ABPsi, and DAPA, as well as has leadership and membership in other professional organizations, such as the Association of Play Therapy, Ohio Association of Infant Mental Health, and APA's ACT program.



WORKSHOP #10:

Teaching Clients Mindful Eating Skills

Presenter: Susan Albers, PsyD

CE Credits: 1.0 P | C | SW | MFT

Learning Level: All

Mindfulness has become a popular word in psychology and health care over the past thirty years. Since that time, mindfulness has been an effective adjunct treatment to medical treatment for coping with a variety of physical conditions including cancer, psoriasis, chronic pain and heart disease etc. (Greeson, 2008). Psychologists also began researching the impact of mindfulness on coping with a variety of mental health issues such as depression, anxiety, addiction and eating disorders (Hepworth, 2011). Mindful eating is a non-diet approach that has been shown to help people cope with a variety of eating problems such as weight management, Binge Eating disorder, Type II Diabetes, and chronic eating issues such as anorexia and bulimia (Godfrey, Gallo, Afrai, 2015, O'Reilly, Cook, Spruijt-Metz, Black, 2014) This presentation will review the concept of mindful eating, recent research, an experiential exercise of mindful eating and practical strategies for teaching clients these techniques.

As a result of this workshop, attendees will be able to: 1) Critique mindful eating research, 2) Identify mindful eating strategies that would be helpful to clients specific eating issues, and 3) Describe how mindful eating and intuitive eating are similar and different.

Susan Albers, PsyD is a New York Times best-selling author and a clinical psychologist at the Cleveland Clinic in Wooster. Dr. Albers graduated from the College of Wooster, the University of

Denver and completed a post-doctoral fellowship at Stanford University in California. Dr. Albers is the author nine mindful eating books including her latest - Hanger Management, EatQ, 50 Ways to Soothe Yourself Without Food, 50 MORE Ways to Soothe Yourself Without Food, Eating Mindfully, Eating Mindfully for Teens, Eat, Drink, and Be Mindful and Mindful Eating 101. She has been a guest on the Dr. Oz TV Show, TODAY show and NPR. Her books, programs and tips have been featured in O, the Oprah Magazine, Family Circle, Shape, Prevention Magazine, Self, Health, Shape, People, New York Times, Fitness Magazine, Vanity Fair, Natural Health, the Wall Street Journal. Visit her at www.eatingmindfully.com



WORKSHOP #11:

Therapeutic Opioid Addiction:

Alternatives to Opioids, Recognizing the Signs, and Supporting Our Communities and Colleagues

Presenter: Kelly Martincin, PhD

Co-Presenter:

Howard Fradkin, PhD
Cindy Van Keuren, PsyD

CE Credits: 2.0 Ethics P | C | SW | MFT

Learning Level: All

OPA's Public Sector Interest committee and Colleague Assistance Program have come together to present practical knowledge for the general practitioner on the opioid crisis. Many people suffering from opioid addiction have chronic pain conditions and are addicted medications legally prescribed by well-intentioned physicians. Often, these individuals are our family, friends, neighbors, and colleagues. This panel will present information on chronic pain and non-pharmacologic treatment, recognizing the signs of therapeutic opioid addiction and how this differs from other addictions and SUD evaluations, and how to recognize the signs in a colleague or friend and assist them with getting involved with treatment.

As a result of this workshop, attendees will be able to: 1) Discuss acute versus chronic pain and identify non-pharmacologic treatment for chronic pain, 2) Explain assessment of therapeutic opioid addiction and how this may differ from other SUDs evaluations, and 3) Be able to identify three steps you can take when you are concerned about an impaired colleague.

Kelly Martincin, PhD, is a psychologist with the behavioral medicine service of the VA Northeast Ohio Health Care System. Her specialty areas include chronic pain management and work with geriatrics and neurocognitive disorders. She completed a multi-year fellowship in chronic pain psychology with specialty training in diagnosis of therapeutic opioid addiction. She currently works in primary care mental health integration. Additionally, Dr. Martincin serves as the Chair of OPA's Public Sector Interests Committee as well as on other committees for OPA.

Howard Fradkin, PhD, LICDC-CS has counseled over 1500 survivors of sexual victimization over the course of his 37-year career. He has educated over 2,500 professional colleagues on male sexual trauma. He provides expert consultation for the Ohio and Federal Public Defenders Office. In 2018, he retired after serving 15 years as Co-Chairperson of the Weekends of Recovery program and retired after 35 years from his private practice, Affirmations Psychological Services. He authored Joining Forces: Empowering Male Survivors to Thrive, published in 2012. He serves as Chairperson of the OPA Colleague Assistance Program and is a member of the Ethics Committee.

Cynthia Van Keuren, PsyD, received her doctorate in clinical psychology at Xavier University in 2003. She then completed her predoctoral internship at the Cleveland VA in 2003 before moving on to a two year residency in chronic pain rehabilitation at the Cleveland Clinic Foundation. After spending 15 years at the Cleveland VA, Dr. Van Keuren is now a staff psychologist with the Cleveland Clinic Neurological Institute. Her primary interests are in chronic pain management, adapting and coping with disability, headache management, and program development. She is currently serving as the President-Elect for the Ohio Psychological Association.



WORKSHOP #12:

Health Behavior Codes 2020, Coming to an Integrated Care Practice Near You!

Presenter:

Kathleen Ashton, PhD, ABPP, FACHP

Co-Presenter:

Kevin Arnold PhD

Jim Broyles, PhD

Katie Jones PhD

CE Credits: 2.0 P | SW

Learning Level: Intermediate

In integrated healthcare settings, the use of Health and Behavior Codes has allowed psychologists to expand access to services for patients without a traditional mental health diagnosis. Extensive changes to H & B coding will take effect in 2020. This program will explain the changes established by CMS, and describe the structure, function, and utilization of the new CPT® code set. The evidence base for health behavior interventions and their value for overall healthcare will be discussed, the program will provide participants the opportunity to practice using the new codes utilizing case examples and discussion with expert panel.

As a result of this workshop, attendees will be able to: 1) Describe the changes to CPT codes for health behavior intervention and assessment, 2) Discuss the evidence base for health behavior interventions for medical conditions such as pain management, obesity/weight management, oncology, and cardiovascular health, and 3) Appropriately and ethically apply Health Behavior codes for case examples in integrated care.

Kathleen Ashton, PhD, ABPP, FACHP is a board certified health psychologist with the Cleveland Clinic since 2004, where she is an integrated team member of the Breast Center. Her clinical and research interests include psychosocial aspects of breast cancer and hereditary risk of cancer. Dr. Ashton is the President Elect 2020 for APA Division 31, Past President of the Ohio Psychological Association and the Cleveland Psychological Association, and past Vice Chair of the APA Practice Organization Committee for the Advancement of Professional Practice. Dr. Ashton's honors include faculty of the OPA Leadership Development Academy and Fellow of the American Psychological Association. She is a member of the APA Health & Behavior Code Advisory Group.

Kevin D. Arnold, PhD, ABPP is the

Director of the Center for Cognitive and Behavioral Therapy in Columbus, Ohio, and a licensed psychologist. Kevin is a clinical faculty member in the Department of Psychiatry and Behavioral Health at Ohio State University, as well as serving a number of leadership roles at the state and national level in cognitive-behavioral therapy and professional psychology. In 2015, he is the President of the Council of Specialties in Professional Psychology and of the Behavioral and Cognitive Psychology Specialty Council. Dr. Arnold is a Past President of OPA and a member of the APA Health and Behavior Code Advisory Group.

Jim Broyles, PhD is Director of Professional Affairs of the Ohio Psychological Association. He has been a member of OPA since 2002. He has served as Finance Officer, President, Insurance Committee Chair, Marketing Task Force Chair, LGBT Committee chair and has been a member of numerous committees over the years he has been involved with OPA. He currently co-chairs OPA's Leadership Development Academy. Dr. Broyles has a practice in Grove City, Ohio, just south of Columbus, and specializes in working with children, adolescents, families, and LGBT issues.

Kathryn Jones, PhD works as a pediatric psychologist for the Center for Pediatric Behavioral Health of Cleveland Clinic, providing integrated pediatric primary care services at their Independence Family Health Center. She graduated from the School Psychology program at Tulane University, completed her internship through the Illinois School Psychology Internship Consortium, and completed her post-doctoral fellowship with Geisinger Health Systems. She is currently completing her OPA Leadership Development Academy project on Health and Behavior Codes, culminating in a webinar. She is interested in H&B codes as a tool to provide effective, accessible, and affordable services to patients and their families.

**WORKSHOP #13:**

Mindfulness-Based Approaches for Disordered Eating Behaviors: Adapting Interventions for Culturally Diverse Populations

Presenter: Allyson Diggins , PhD**Co-Presenter:**

Emily Fink, PsyD

Kasey Goodpaster, PhD

Ninoska Peterson, PhD

CE Credits: 2.0 Ethics P | C | SW | MFT

Learning Level: Intermediate

Mindfulness-based approaches are gaining in popularity and empirical support as effective treatments for disordered eating (i.e., binge eating, graze eating, night eating). However, the generalizability of research findings is limited by non-representative samples, and few strategies have been proposed for adapting interventions to diverse patient populations including those who have experienced trauma, despite evidence of underutilization in these groups. This program will explore the effectiveness and acceptability of mindfulness-based behavioral treatment targeting disordered eating behaviors across patient populations. Presenters will review sociocultural factors to consider when adapting mindfulness-based interventions for culturally diverse patients.

As a result of this workshop, attendees will be able to: 1) Describe utility of mindfulness-based approaches in addressing disordered eating behaviors, 2) Discuss connection between adverse childhood events, disordered eating behaviors, and mindfulness, 3) Discuss common components of mindfulness-based interventions, and 4) Discuss clinical considerations regarding the use of mindfulness-based interventions to treat disordered eating behaviors among individuals from non-dominant cultural and marginalized populations.

Allyson Diggins, PhD is currently a staff psychologist with the Cleveland Clinic's Bariatric and Metabolic Institute. She received her doctorate in Clinical and Health Psychology from the University of Florida. She completed an Underserved Medical Psychology internship at the University of Florida's Health Sciences Center. Dr. Diggins is a member of several professional societies including the American Society of Metabolic and Bariatric Surgery, Obesity Society, and Society of Behavioral Medicine. Her

research and clinical interests include the interaction between culture and health, behavioral interventions for obesity and predictors of postoperative outcomes following bariatric surgery.

Emily Fink, PsyD is a clinical health psychology fellow in the Cleveland Clinic Bariatric and Metabolic Institute, where she is receiving training in pre-surgical assessment and behavioral weight management interventions. Her research explores relationships between resiliency factors and quality of life in the context of chronic health conditions. A recent graduate from Indiana State University, Dr. Fink completed her pre-doctoral internship at University of Florida Health Science Center.

Kasey P.S. Goodpaster, PhD received her doctorate in Counseling Psychology from Purdue University. She completed her internship at St. Vincent Indianapolis Hospital, with a focus on adult health psychology and neuropsychology. Currently, she is a staff psychologist at the Cleveland Clinic Bariatric & Metabolic Institute (BMI), where she serves as training director of the BMI Health Psychology postdoctoral fellowship. She also serves as the co-chair of the ASMBS Integrated Health Clinical Issues and Guidelines Committee. Her clinical and research interests include bariatric surgery evaluation, eating disorders, cognitive behavioral treatment, and infusing body positivity into weight loss treatment.

Ninoska "Nini" Peterson, PhD is a staff psychologist with the Cleveland Clinic's Bariatric & Metabolic Institute. She earned an MS in exercise sport sciences and PhD in clinical and health psychology from the University of Florida. She completed her internship at Rush University Medical Center and a 2-year fellowship in Behavioral Medicine at the University of Virginia. She is a member of several professional societies and an Adjunct Assistant Professor at the Lerner College of Medicine of Case Western Reserve University. Research and clinical interests include factors associated with surgical and non-surgical weight management, binge eating disorder, self-monitoring, and body-image disturbance.

FRIDAY LUNCHEON CONTINUING EDUCATION PROGRAM

Giving Testimony: An Alternative Approach to Healing for Refugees

Presenter: Suzanne LeSure, PhD

Co-Presenter:

Bridget Haas, PhD
Damaris Mrosko

CE Credits: 1.0 Ethics P|C|SW|MFT

Learning Level: All

The use of testimonial therapy with refugees and survivors of torture is a powerful alternative to traditional mental health methods. Developed in Latin America, this brief, human-rights based, psycho social intervention has been used internationally to support survivors of trauma and war. Presenters will discuss the intervention as it has been provided to Congolese refugees resettled in Cleveland. In addition, the presenters will discuss the results of a pilot study evaluating the experiences and effectiveness of testimonial therapy among our clients. Finally, we will discuss the implications of these findings for mental health programming with refugees more broadly.

As a result of this workshop, attendees will be able to: 1) Articulate the applicability of testimonial therapy to diverse cultures, 2) Increase skill in interviewing people displaced by war and trauma, 3) Explain the clinical steps in testimonial therapy, and 4) Increase awareness of the complexity of interpreter use in treatment.

Suzanne LeSure, PhD is a psychologist with over 35 years of experience in trauma treatment. Her professional career has included the development and management of a large private practice, the provision of community based crisis response/trauma treatment and hospital based practice. She has served Ohio as the President of Ohio Psychological Association, the President of the State Board of Psychology and by representing Ohio at the American Psychological Association. Three years ago, she stepped back from practice management and joined Migration and Refugee Services, Catholic Charities Dioceses of Cleveland, with the objective of supporting refugee resettlement.

Bridget M. Haas, PhD is a medical and psychological anthropology whose work focuses on refugee and immigrant health and mental health; immigration policy and health outcomes; and child health and well-being. She is currently a National Institute of Health-funded research fellow and adjunct assistant professor of Anthropology at Case Western Reserve University. Dr. Haas' research and published work has explored the emotional, psychological, and social impact of forced displacement and the often-protracted process of seeking asylum. She has also worked as a legal aid advocate with refugees in Cairo, Egypt and as a consultant and volunteer with resettlement agencies in the U.S.

Damaris Mrosko is a bilingual paraprofessional at International Newcomers Academy. She received her BSW from Cleveland State University (2017.) She has a passion for working with refugees and has worked for the last 10 years at the Migration and Refugees Services. She accepted her current position with Cleveland Schools last year helping refugees students from Africa. She serves as a cultural advocate for the students and their community through team/ community meetings. She contributed to the research on Testimonial Therapy, both as an interpreter and as a research assistant in data collection. She is planning to return to graduate school with a concentration in Health Education and Community Health.

SELF-CARE BREAK:

Immediately following Friday's luncheon CE program, OPA's Prevention and Wellness Program Committee invites you to join us for a 10-minute self-care break. We've invited Anja Martin, Licensed Physiotherapist and Licensed Pilates Instructor, to lead us in 10-minute theraband stretching exercise suitable for all fitness levels. Take advantage of this opportunity to relax and refocus before the afternoon sessions begin.

FRIDAY AFTERNOON**WORKSHOP #14:**

Staying in Your Lane: New Challenges with Integrated Healthcare and Multidisciplinary Teams

Presenter: John Tilley, PsyD, MSCP, ABPP
Co-Presenter:

Bob Stinson, PsyD, JD, LICDC-CS, ABPP

CE Credits: 3.0 Ethics P | C | SW | MFT

Learning Level: All

Mental health professionals are increasingly moving into integrated health care settings. Consequently, mental health providers face increasing demands to work collaboratively as part of a multidisciplinary team while staying within their boundaries of competence. Increasingly, mental health providers in integrated settings are tasked with completing evaluations and other activities that are forensic in nature. This workshop focuses on the potential ethical perils that non-forensic mental health providers face when asked to conduct work that falls within the scope of forensic psychology. This workshop will emphasize ethical practice and pertinent guidelines in this area. Vignettes of practical examples will be presented and discussed. Audience participation will be encouraged.

As a result of this workshop, attendees will be able to: 1) Apply relevant ethical principles, guidelines, statutes, and rules to common situations that mental health providers face in integrated healthcare settings, 2) Utilize relevant ethical principles, guidelines, statutes and rules to analyze ethical dilemmas and discuss with colleagues, and 3) Demonstrate understanding of ethical guidelines pertaining to the practice of psychology.

John Tilley, PsyD, MSCP, ABPP is a board-certified forensic psychologist. He has a post-doctorate Master of Science in Clinical Psychopharmacology and is a fellow of the American Academy of Forensic Psychology. In addition to his private practice, he serves as a clinician and member of the leadership team at Columbus Springs Hospitals. He regularly conducts evaluations for a variety of agencies and court systems. He is a recognized expert in clinical and forensic psychology and has provided expert testimony in dozens of courts throughout Ohio. He is a member of APA, OPA, and COPA.

Bob Stinson, PsyD, JD, LICDC-CS, ABPP is a board-certified forensic psychologist, an attorney at law, and a licensed independent chemical dependency counselor - clinical supervisor. Dr. Stinson is listed in the National Register of Health Service Providers in Psychology. He is a Fellow (and President-Elect) of the American Academy of Forensic Psychology (AAFP) and a Diplomate in forensic psychology with the American Board of Professional Psychology (ABPP). He is an Adjunct Professor of Clinical Psychology at OSU's Department of Psychology; he is a Clinical Assistant Professor in the Department of Psychiatry and Behavioral Health at OSU's Wexner Medical Center, and he is an Adjunct Professor of Law at OSU's Moritz College of Law.

WORKSHOP #15:

Impact of Suboptimal Sleep and Sleep Disorders on Health and Illness: Turning a Challenge into a Clinical Opportunity

Presenter: Michelle Drerup, PsyD
Co-Presenter:

Kathleen Ashton, PhD, ABPP
 Alexa Kane, PsyD

CE Credits: 3.0 P | C | SW | MFT

Learning Level: Intermediate

There is a cyclical relationship between sleep disturbance and many medical and psychiatric illnesses. For example, nighttime seizures can lead to sleep disturbance and daytime fatigue, while poor/disrupted sleep can further decrease threshold for seizures. Fortunately, there is a growing body of evidence supporting the treatment of sleep disorders in medically compromised populations can lead to enhanced health outcomes. This workshop will give an overview of the science of sleep, review common sleep disorders and treatments, as well as speak specifically about sleep concerns in two medical populations - individuals with neurological disorders and individuals diagnosed with cancer.

As a result of this workshop, attendees will be able to: 1) Review the science of sleep and normal sleep patterns from newborn to elderly, as well as common sleep disorders in the general population across the lifespan, 2) Explore the impact of disrupted sleep on health and chronic illness in both pediatric and adult populations, 3) Discuss the increased prevalence of sleep issues in medical conditions, specifically neurological

disorders and cancer, and 4) Recognize how standard behavioral treatments for sleep disorders can be modified in patients with co-morbid sleep issues and medical concerns.

Michelle Drerup, PsyD DBSM is Director of Behavioral Sleep Medicine at the Cleveland Clinic Sleep Disorders Center. She currently serves as Secretary/Treasurer of the Board of Behavioral Sleep Medicine. She is passionate about education and training and directs the Behavioral Sleep Medicine training program. In conjunction with the Wellness Institute, she developed a 6 week CBT-I based web program for individuals with insomnia and her current research focuses on exploring the efficacy of web based interventions for sleep in complex medical populations with symptoms of insomnia and implementation of population health management strategies for insomnia.

Kathleen Ashton, PhD, ABPP, FACHP is a board certified health psychologist with the Cleveland Clinic since 2004, where she is an integrated team member of the Breast Center. Her clinical and research interests include psychosocial aspects of breast cancer and hereditary risk of cancer. Dr. Ashton is the President Elect 2020 for APA Division 31, Past President of the Ohio Psychological Association and the Cleveland Psychological Association, and past Vice Chair of the APA Practice Organization Committee for the Advancement of Professional Practice. Dr. Ashton's honors include faculty of the OPA Leadership Development Academy and Fellow of the American Psychological Association. She is a member of the APA Health & Behavior Code Advisory Group.

Alexa Kane, PsyD is a health psychologist at the Cleveland Clinic serving the Mellen Center for Multiple Sclerosis Treatment and Research and Behavioral Sleep Medicine Clinic. Her clinical and research interests include the intersection between neurological disorders and sleep disorders.



WORKSHOP #16:

Speaking of You: A Multi-Generational, Multi-Cultural and Multi-Specialty Exploration of Self-Care in Mental Health Practice

Presenter: Howard Fradkin, PhD

Co-Presenter:

Maria Espinola, PsyD

Nancy Hansen Merbitz, PhD

Stacey Henry, BA

Erich Merkle, PhD, EdS, NCSP

Suzanne J. A. Smith, PhD

Brittany Sommers, PhD

Chiathong Yong, PsyD

CE Credits: 3.0 Ethics P|C|SW|MFT

Learning Level: All

As mental health providers, we advocate for the practice of regular healthy self-care. But what about us, and do we practice what we preach? What gets in our way and how can we welcome those challenges? Are there unique barriers based on our gender, diversity variables or in our unique employment setting? How does gender socialization impact our practice of self-care? How do life's traumas and past experiences impact us? We invite you to join a multi-generational, multi-cultural and multi-specialty psychological panel discussion as we explore these many challenges towards ensuring we are caring for ourselves as we care for others.

As a result of this workshop, attendees will be able to: 1) Define for themselves what constitutes healthy self-care, 2) Explore how gender, diversity, experiences of trauma, our generation, gender socialization, and our employment setting all impact on how we practice self-care, 3) Identify how gender, diversity, experiences of trauma, our generation, gender socialization, and our employment setting all impact on what we perceive as barriers to self-care, 4) Recall three pearls of wisdom that will enable participants to commit to healthier self-care, and 5) Identify how the Colleague Assistance Program can support you in your professional and life challenges.

Howard Fradkin, PhD, LICDC-CS has counseled over 1500 survivors of sexual victimization during his 37-year career. He has educated over 2,500 professional colleagues on male sexual trauma. He provides expert consultation for the Ohio and Federal Public Defenders Office. In 2018, he retired after serving 15 years as Co-Chairperson of the Weekends of

Recovery program and retired after 35 years from his private practice, Affirmations Psychological Services. He authored *Joining Forces: Empowering Male Survivors to Thrive*, published in 2012. He serves as Chairperson of the OPA Colleague Assistance Program and is a member of the Ethics Committee.

Maria Espinola, PsyD is Assistant Professor in the Department of Psychiatry and Behavioral Neuroscience at the University of Cincinnati College Of Medicine. Her work focuses on the intersection of multicultural issues, gender, and trauma. She completed her doctorate in clinical psychology at Nova Southeastern University, her pre-doctoral fellowship in multicultural psychology at Boston University School of Medicine, and her post-doctoral fellowship in women's psychology and trauma psychology at McLean Hospital and Harvard Medical School. Dr. Espinola is the chair the Diversity Committee at the Ohio Psychological Association and serves on the Ohio Commission on Minority Health Medical Expert Panel, the Latino Faculty Association Executive Board, and the University of Cincinnati President's Diversity Council.

Nancy Hansen Merbitz, PhD works in longterm care (spinal cord injury/disorders) & a transitional care unit (post-critical care rehabilitation for severe deconditioning). She recently published articles on critical care psychology & post-critical care rehabilitation, and on measurement and definitional challenges in single case clinical research (ABA). Dr. Hansen Merbitz is currently working on a grant for assistive technology to promote access to digital tech devices, & a structured review of RCTs on telehealth caregiver interventions.

Stacey Henry, BA is a second year clinical psychology doctoral student at Wright State University. She earned a degree in Psychological Science from Miami University. Stacey's research interests focus on the perception of autism spectrum disorder (ASD). Her clinical interests include building social skills, parental education, and family functioning of families impacted by ASD, Attention-Deficit /Hyperactivity Disorder (ADHD), and anxiety disorders. She is thankful for the opportunity and eager to serve on the OPAGS board this year as Chair-Elect.

Erich Merkle, PhD, EdS, NCSP is presently the central office school psychologist for the Akron Board of Education where he oversees the Pupil Adjustment Program between the Departments of Student Support Services and Office of Special Education. Within the school psychology specialty, Dr. Merkle has concentrated his work on consultation, evaluation, and intervention for students with severe social-emotional and behavioral needs that have resulted in substantial educational disciplinary sanctioning, expulsion, placement into residential facilities, or the judicial system. He is also a frequent professional development trainer on a diversity of topics that represent the intersection of psychology and education as well as the legal aspects of those practices. Dr. Merkle holds an APA accredited and NASP approved doctorate in school psychology and psychology, an educational specialist in educational administration, a master's degree in mental health counseling, and a master's degree in human development, all from Kent State University as well as a baccalaureate degree in psychology from Heidelberg University. He holds professional licensure as both a school psychologist and educational administrator as well as national certification as a school psychologist. Dr. Merkle commits himself to service within the professions of psychology and education, serving on the governance boards of numerous professional and community agencies. During 2014-15, Dr. Merkle was the President of the Ohio School Psychologists Association (OSPA) and in 2019, he serves as the President of the Ohio Psychological Association (OPA). Dr. Merkle has participated in numerous media interviews over his career on a diverse set of psychoeducational topics. He is also the recipient of the Ohio Public Sector Psychologist of the Year and President Awards from the Ohio Psychological Association.

Suzanne Smith, PhD is the sole owner of Lakefront Psychology, LLC and an advanced trained clinical psychologist. She received her doctoral degree from Ohio University and completed her predoctoral internship at the Cincinnati Veterans Affairs Medical center and her postdoctoral residency in chronic pain at the Cleveland Clinic. Dr. Smith has specialized training in women's health with a focus on the unique challenges women face throughout the childbearing and childrearing years. Her passion is

to support women facing stress during conception, fertility interventions, pregnancy losses, emotional changes with pregnancy and the postpartum phase, as well as relationship changes. She strives to help women cope with these challenges and gain a confident sense of self.

Brittany Sommers, PhD received her doctorate in Counseling Psychology from Andrews University. She has experience working with diverse clients in community and university settings. Currently, she is a psychologist at Cleveland State University's Counseling Center where she offers individual and couples therapy, coordinates the group offerings, and provides training and supervision. She also sees clients at DeBalzo, Elgudin, Levine, Risen LLC in Beachwood, Ohio, which specializes in treating sexual concerns. Her clinical interests include emotion regulation, mood disorders, relational concerns, nonsuicidal self-injury, sexuality, and trauma. She has conducted research on the topics of distress tolerance, self-injurious behaviors, and religious identity formation. She is a member of OPA's Early Career Committee and is membership chair for the Cleveland Psychological Association.

Chiaothong Yong, PsyD works as a Psychologist at The Ohio State University's Counseling and Consultation Service (CCS). She received her Doctoral of Psychology in Clinical Psychology from Indiana University of Pennsylvania and completed her pre-doctoral internship with a specialty in international student affairs at Miami University's Student Counseling Service. At CCS, Dr. Yong serves as the Chair of the Outreach and Technology Committee that organizes outreach programming to the university population in promoting emotional wellbeing, and manages website and social media accounts to reach out to the student population. Her clinical specialties and interests include individual and group therapies, psychological assessment, training, supervision, workshops, and outreach. She is especially passionate in working with individuals of minority or marginalized statuses, such as race/ethnicity, country of origin, and LGBTQIA+. Dr. Yong is fluent in English, Mandarin, Cantonese, and Malay.



FRIDAY EVENING CONTINUING EDUCATION PROGRAM

WORKSHOP #17:

Increasing Collaboration, Communication, and Creativity in Teams: Applying the Psychology of Improvisation

Presenter: Steve Gravenkemper, PhD

CE Credits: 1.0 P | C | SW | MFT

Learning Level: All

Increasingly, improvisational concepts and techniques are being applied to improve team effectiveness in organizations. This workshop blends didactic presentations, structured experiential exercises, and discussion to explore and demonstrate how improvisation can increase collaboration, communication, and creativity in teams. Embracing and demonstrating the use of "Yes, and" will be a core feature of the program. "Yes, and" is a foundational principle of Improv comedy that can be used to build empathy, facilitate two-way dialogue, and encourage collaboration among team members.

A prime focus of "Yes and" is: a) respecting and supporting ideas provided by team members or b) approaching a problem as presented, then working together to build toward a solution. Yes, and... is can be used as an antidote to "Yes, but" thinking and communications in organizations.

As a result of this workshop, attendees will be able to: 1) Describe four benefits to embracing and applying a "Yes, and" approach to improve team effectiveness, 2) Demonstrate two exercises which

support being present and improving communication by supporting focus on the here and now, 3) Explain three benefits of applying improvisational techniques and concepts to increase collaboration, communication, and creativity in teams, and 4) Identify two similarities between applied improvisation exercises/techniques and positive psychology and cognitive behavioral approaches when consulting with individuals and organizations.

Steve Gravenkemper, PhD is a consulting psychologist, who has over two decades of experience in consulting with teams and organizations. Steve is a past president of the Society of Consulting Psychology. Current areas of focus include team effectiveness, succession planning, employee engagement, culture change, talent assessment, next generation leaders, and leadership development. On a personal note, Steve became "hooked on Improv" while taking classes in Detroit, Chicago, and Columbus. He performed briefly as a member of the Improv troupe, @mpersand, in Detroit. Steve offers the disclaimer that while he has had a great deal of fun with Improv, he still doesn't see himself as being that "funny". He does have a firm belief that there are multiple applications of improvisation that directly apply to organizational and team effectiveness.

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SATURDAY MORNING**WORKSHOP #18:**

Fetal Alcohol Spectrum Disorders (FASD) in Foster Care Settings

Presenter: Gokce Ergun , PhD

Co-Presenter: Carolyn Matthews, BS

CE Credits: 1.0 P | C | SW | MFT

Learning Level: All

Fetal Alcohol Spectrum Disorder (FASD) is an umbrella term for a group of diagnoses that result from exposure to alcohol in utero. Alcohol creates a spectrum of impacts on the developing brain, contributing to lifelong physical, cognitive and behavioral implications. The prevalence of children with FASD in the foster care system is approximately 60 per 1000 children. Prevalence rates are underestimated due to children not being diagnosed or receiving an alternative diagnosis. This relates to various emotional, behavioral, social, and cognitive struggles for children and their families. To best serve this population, it is vital for psychologists and other health professionals to collaborate as an interdisciplinary team that is knowledgeable about symptoms, red flags, and the diagnostic process of FASD.

As a result of this workshop, attendees will be able to: 1) Define Fetal Alcohol Spectrum Disorder and the prevalence of this diagnosis within the foster care system, 2) Identify symptoms and common red flags as presented in children with Fetal Alcohol Spectrum Disorders, and 3) Describe the collaboration between clinicians and professionals within the foster care system and their advocacy role for children with FASD and their caregivers.

Gokce Ergun PhD is an associate professor and a licensed clinical psychologist at the School of Professional Psychology at Wright State University. She has an APA approved doctoral degree in School Psychology. She completed an APA approved internship at the University of Minnesota Medical School. Her teaching interests are Cognitive and Child Assessment and Clinical Neuropsychology. Clinical interests include pediatric neuropsychological assessment, psychoeducational assessment, school consultation, treatment of externalizing and internalizing disorders of childhood, assessment and treatment of developmental disabilities and

prenatal drug and alcohol exposure. She is a member of American Psychological Association and National Association of School Psychologists

Carolyn Matthews, BS earned a bachelor's degree in Psychology from the University of Mount Union. She is currently a doctoral student at Wright State University School of Professional Psychology. She has a particular interest in working with children diagnosed with Autism Spectrum Disorder and is a licensed Registered Behavior Technician who works as an in-home Applied Behavioral Analysis Therapist. Carolyn is currently a member of a Fetal Alcohol Spectrum Disorder (FASD) research team. She is pursuing a Doctor of Psychology (PsyD) degree with an emphasis on working with children, particularly those who have been diagnosed with developmental disorders.

(Cleveland State University's THRiVE research collaborative is researching the effectiveness of the program with juvenile offenders. The THRiVE research collaborative at Cleveland State University seeks to enhance the health and wellbeing of children, adolescents, and young adults through understanding how intersecting systems such as school, family and community, impact healthy development for youth. THRiVE is comprised of an interdisciplinary team of researchers that seek to understand the important role of holistic development on the health and wellbeing and how systems operating around the child that might impact this development. The collaborative achieves its mission by utilizing qualitative and quantitative research methodologies, sharing data with communities and actively working to include youth voices in the collaborative's work.)

As a result of this workshop, attendees will be able to: 1) Identify strategies to conduct quantitative and qualitative research with an interdisciplinary research team, 2) Review preliminary findings of interdisciplinary research to broadly measure effects across different domains: behavioral, cognitive, emotional and psychological, 3) Discuss current scientific findings of therapeutic approaches of yoga and mindfulness meditation with juvenile offenders, and 4) Provide practical mindfulness based strategies and interventions to working with incarcerated youth.

Lynn Williams, PhD is a licensed clinical psychologist and registered yoga teacher working full time with the Ohio Department of Youth Services delivering holistic interventions to incarcerated youth and their families at Cuyahoga Hills Juvenile Correctional Facility. She has joined with the Prison Yoga Project to develop a local chapter Northern Ohio Juvenile Program specific to the needs of juvenile offenders. The preliminary findings were published in the article "The Value of Alternative Therapies in Mental Health Treatment for Incarcerated Youths" in Corrections Today.

Katherine Clonan-Roy, PhD is an Assistant Professor at Cleveland State University, in the College of Education and Human Services Department of Curriculum and Foundations. Her research focuses on the intersections of education,

WORKSHOP #19:

Interdisciplinary Research Approach Studying the Effectiveness of Yoga and Mindfulness with Juvenile Offenders

Presenter: Lynn Williams, PhD

Co-Presenter:

- Katherine Clonan-Roy, PhD
- Kyle Eyman, BA
- Kimberly Fuller, PhD
- Elizabeth A. Goncy, PhD
- Jennifer Ishaq, BA
- Shereen Naser, PhD

CE Credits: 1.0 P | C | SW | MFT

Learning Level: All

The Ohio Department of Youth Services has partnered with the THRiVE research collaborative at Cleveland State University to research the effects of yoga and mindfulness meditation on incarcerated youth. This workshop will show how this interdisciplinary research team composed of faculty from the departments of psychology, social work, and education work together to carry out both quantitative and qualitative research methodologies. Preliminary findings will be discussed related to the effects of these mindfulness-based therapeutic interventions on the clinical areas of overall well-being, anxiety, self-regulation, trauma, locus of control, self-efficacy and sense of agency with incarcerated youth.

adolescent development, and gender and sexuality studies. Dr. Clonan-Roy's current work takes on intersectional and critical perspectives in examining the development of critical literacy in after school spaces for girls, the inclusion and responsibility of sex education curricula of/ to sexual and gender minority youth, and the preparation and education of equity-focused teachers.

Kyle Eyman, BA is a graduate student in Clinical Psychology at Cleveland State University. His research and clinical interests are related to adjudicated youth, juvenile delinquency, forensic psychology, and working with police officers. He earned his BA from Baldwin Wallace University in Criminal Justice.

Kimberly Fuller, PhD earned her master's degree and doctorate in human sexuality studies and second master's degree in social work at Widener University. She also earned her bachelor's degree in psychology with a minor in women and gender studies at the College of Charleston. She previously served in private practice and as a group therapist at the LGBTQI Center of Cleveland. She specializes in mood disorders, anxiety disorders, relationship issues, sexual dysfunction, LGBTQI issues and sexual trauma, and holds workshops throughout Ohio on sexuality related issues.

Elizabeth A. Goncy, PhD joined the CSU Psychology faculty in the Fall of 2016. Within her previous position at Virginia Commonwealth University, Dr. Goncy completed a post-doctoral research fellowship and grant funded by the National Institute of Justice on adolescent dating abuse in middle school youth. Dr. Goncy is a licensed psychologist with expertise in assessment and treatment for children, adolescents, and young adults. She completed her APA-accredited internship at the University of Alabama at Birmingham through the Civitan-Sparks Clinic, Alabama Children's Hospital and the UAB Medical Center.

Jennifer Ishaq, BA is currently a graduate student in Clinical Psychology at Cleveland State University. Her research and clinical interests are related to self-regulation, mindfulness, and yoga as psychosocial interventions for youth. She earned her B.A. from Oakland University in Psychology.

Shereen Naser, PhD received her undergraduate degree from the University of Texas, Austin and her graduate degree from Tulane University in New Orleans. Dr. Naser practiced as a school psychologist in New Orleans before coming to Cleveland State University. Her main research interests include helping to build school capacity to address the varying needs of students struggling behaviorally and emotionally. She is also interested in building these systems in a way that supports ethnically, racially and linguistically diverse students and families both in the U.S. and abroad. Dr. Naser's work is done through a child-rights lens, where children are considered important participants in the school and community decision making processes.

WORKSHOP #20:

Who Are Public Sector Psychologists, and What Do They Do?

Presenter: Kelly Martincin, PhD

Co-Presenter:

Wendy Dragon, PhD
Robyn Schaffer PhD

CE Credits: 1.0 P

Learning Level: All

"What is public sector psychology?" and "Who are public sector psychologists?" are some of the most common questions received by OPA's Public Sector Interests (PSI) committee. For this reason, PSI presents a panel discussion on what is public sector psychology, the wide variety of options, and the benefits of public sector work. The panel will feature psychologists who practice in an integrated medical team, in academia, and within the corrections system to highlight the wide array of options for public sector practice. Discussion will also feature how each job creates unique opportunities for advocacy and other forms of public service.

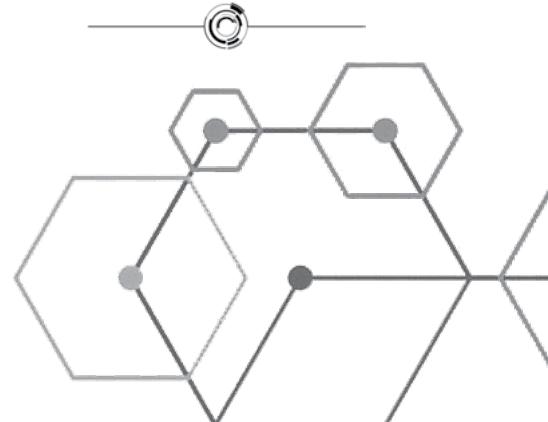
As a result of this workshop, attendees will be able to: 1) Discuss public sector psychology, 2) Discuss relevance of public sector psychology in today's world of ever shifting reliance on reimbursement, and 3) Identify unique opportunities for advocacy and service from within these positions.

Kelly Martincin, PhD is a psychologist with the behavioral medicine service of the VA Northeast Ohio Health Care System. Her specialty areas include chronic pain management and work with

geriatrics and neurocognitive disorders. She completed a multi-year fellowship in chronic pain psychology with specialty training in diagnosis of therapeutic opioid addiction. She currently works in primary care mental health integration. Additionally, Dr. Martincin serves as a the Chair of OPA's Public Sector Interests Committee as well as on other committees for OPA.

Wendy Dragon, PhD currently serves as an Associate Professor at Wright State University's School of Professional Psychology, where she has taught clinical classes involving Psychopathology and Objective Personality Assessment. In addition, she currently provides clinical supervision at Ellis Human Development Institute, which provides mental health treatment to the community. She has training, experience, and research in a number of other public sector organizations, including forensic settings and veterans' health; however, much of her current clinical work in the public sector revolves around providing clinical supervision at Ellis Human Development Institute, a training clinic which provides mental health treatment to the community.

Robyn Schaffer, PhD is a psychologist with the Ohio Department of Rehabilitation and Corrections (ODRC). A licensed psychologist, Dr. Schaffer has worked more than 24 years in the public sector. She began her career in the USAF and then practiced in Community Mental Health for several years before beginning her lengthy career in corrections. Dr. Schaffer has functioned in a wide range of positions in ODRC from staff psychologist to managing a 73 bed Residential Treatment Unit to providing Regional oversight for 6 Correctional Institutions. She currently works on Special Assignment which involve high risk/high profile clinical consultations and evaluations.



WORKSHOP #21:

Opioid Policy and Practices;
How to Get Involved

Presenter: Dave Schwartz, PhD

Co-Presenter: Cynthia Van Keuren, PsyD

CE Credits: 2.0 P | C | SW | MFT

Learning Level: All

As part of Priority 1 of OPA's Strategic Plan, it is important to remain current on the practices and policies of our professional agencies on opioid management and effective pain management. There have been successful advocacy efforts at the state, national and local levels, all of which provide opportunities for OPA's members to improve access to care. By raising awareness of the research and policies related to pain management and the opioid crisis, providers can apply these skills and make effective change in their communities. A special focus will be on reducing opiate use in acute injury and surgery.

As a result of this workshop, attendees will be able to: 1) Explain current policies related to both pain management and opioids, 2) Discuss the importance of advocacy and involvement of psychology in addressing the problems of ineffective pain management the opioid misuse, and 3) Apply evidence based practices to effectively manage pain and opioid misuse.

David P. Schwartz earned his PhD in 1982 and has since published and presented extensively in the areas of pain management, health psychology, and industrial injury. He has been in private practice since 1995 specializing in complex medical/psychological injuries. He currently chairs the Ohio Psychological Association Task Force on BWC reform and serves on BWC's healthcare quality assurance committee. His current interests focus on reform efforts in workers' compensation aimed at better detection and intervention with behavioral co-morbidities in injury, recognition and treatment of traumatic brain injury in both industrial and sports injuries, and alternatives to opiates in pain management.

Cynthia Van Keuren, PsyD received her doctorate in clinical psychology at Xavier University in 2003. She then completed her predoctoral internship at the Cleveland VA in 2003 before moving on to a two year residency in chronic

pain rehabilitation at the Cleveland Clinic Foundation. After spending 15 years at the Cleveland VA, Dr. Van Keuren is now a staff psychologist with the Cleveland Clinic Neurological Institute. Her primary interests are in chronic pain management, adapting and coping with disability, headache management, and program development. She is currently serving as the President-Elect for the Ohio Psychological Association.

**WORKSHOP #22:**

Veterans and Gender Identity:
the G.I.V.E. Clinic

Presenter: Rosalie C. Diaz, PsyD

Co-Presenter:

Archana Brojmohun, MD, FAPA
Anna K. Dendy, PhD
Travis Scott, MSSA, LISW

CE Credits: 2.0 Ethics P | C | SW | MFT

Learning Level: All

The Gender Identity Veterans Experience (G.I.V.E.) clinic was introduced at the Louis Stokes VA Medical Center in November 2015 and it has been a huge success with continued growth in the number of veterans served. The clinic currently serves roughly 111 transgender veterans with gender dysphoria all across Northeast Ohio. We will discuss the services provided by the G.I.V.E. clinic, the providers in the clinic and the interdisciplinary approach of the clinic. We will present on the challenges faced by transgender veterans, the statistics in regards to the risks of mental illness, suicide attempts, and the risks and benefits of hormone therapy. In addition, we wish to discuss the specifics of letters that are provided to patients for surgical procedures.

As a result of this workshop, attendees will be able to: 1) Identify Gender Dysphoria through diagnostic criteria and presentation, 2) Locate interdisciplinary services provided by the G.I.V.E. clinic including: primary care, hormonal therapy, psychiatric care, social work, psychological assessments, psychotherapy, support/psychoeducation groups, and supportive letters for gender affirming surgery, and 3) Address unique demographic challenges faced by this population in terms of mental health.

Rosalie C. Diaz, PsyD received her doctoral degree in clinical psychology from the Adler School of Professional Psychology. She completed her

postdoctoral training at the University of Texas Medical Branch in oncology, pain, burn, and counseling clinics. Dr. Diaz works at the Louis Stokes Cleveland VA Medical Center as a Primary Care-Mental Health Integration Psychologist in Women's Veterans Health Clinic and G.I.V.E (Gender Identity Veteran's Experience) Clinic. She is the program manager for Whole Health for the VA Northeast Ohio Healthcare System as well as founding member for the Psychology Service Diversity Committee. Dr. Diaz's clinical interests include health psychology, psychological factors in the assessment and treatment of chronic pain, somatic experiencing, and the use of iRest Yoga Nidra, Meditation, QiGong and complementary and integrative health interventions.

Archana Brojmohun, MD, FAPA was born and raised in Mauritius and attended medical school in Hungary. She graduated from the residency program at University Hospitals Cleveland Medical Center after which she completed a fellowship in Consultation Liaison Psychiatry at the Cleveland Clinic. She also completed a fellowship in Community Psychiatry at University Hospitals Cleveland Medical Center. After working for a Cleveland Clinic affiliate, Dr. Brojmohun joined the Louis Stokes VA Medical Center (now known as the Northeast Ohio VA Healthcare System). She currently does half-time inpatient psychiatry and half-time outpatient Women's Mental Health in addition to spending a small portion of her outpatient clinical time in the G.I.V.E. (transgender) clinic. Dr. Brojmohun is also involved in medical student teaching and is on faculty at Case Western Reserve University.

Anna K. Dendy, PhD received her doctoral in counseling psychology from Penn State University and completed her postdoc at Purdue University. She is a clinical psychologist in the Specialty Outpatient Mental Health Clinic at the Northeast Ohio VA Health Systems and collaborates with interdisciplinary providers in the VA's Gender Identity Veterans Experience (G.I.V.E.) Clinic, serving transgender veterans. Dr. Dendy has a small private practice serving a diverse population in long-term, individual/group psychodynamic psychotherapy. Her main clinical interests are attachment processes, group psychotherapy, interpersonal/psychodynamic/systems theories, and multicultural, feminist, and LGBTQIA work.

Travis Scott, MSSA, LISW is a clinical social worker at Louis Stokes Cleveland VA Medical Center, where he serves over 3,600 veterans in a primary care setting, including at the GIVE Clinic, which specializes in care for veterans exploring any aspect of their gender identity. Since May 2019, he has served as the LGBT Veteran Care Coordinator for the Northeast Ohio VA Healthcare System, spanning a region from East Liverpool to Sandusky. Travis recently received the Cleveland Federal Executive Board's 2019 Wings of Excellence Award for his work with LGBTQIA+ veterans, including the development of a robust tool to track patient progress and needs during their transition process. Travis presents frequently in the region on a range of LGBTQIA+ issues, such as aging, policy, and multidisciplinary approaches to gender care. He is adjunct faculty at the Jack, Joseph, and Morton Mandel School of Applied Social Sciences at Case Western Reserve University, where he teaches masters-level coursework on social work theory and practice.

**WORKSHOP #23:**

Converting to Electronic Health Records

Presenter: Virginia Fowkes Clark, PhD
Co-Presenter:

Jim Broyles, PhD
 Matthew Capezzuto, PhD, LISW-S
 Leslie McClure, PsyD

CE Credits: 2.0 Ethics P | C | SW | MFT

Learning Level: All

Still using paper clinical records? Afraid to convert to Electronic Health Records? Want to know what might be involved in doing this? A panel of clinical psychologists will present the reasons for converting to Electronic Health Records and the possible pitfalls. Learn from two psychologists who have implemented this in their group practices: what features to look for and how to implement the conversion to Electronic Health Records. Learn where the national trends are headed and how psychologists can be prepared for the future. Share problems and successes you have experience. Feel more confident in planning to convert to Electronic Health Records.

As a result of this workshop, attendees will be able to: 1) Describe the reasons for converting to Electronic Health Records and possible pitfalls, 2) List several factors and features that are best for behavioral health Electronic Health

Records, 3) Explain what is involved in implementing Electronic Health Records, and 4) Utilize upcoming national trends in planning for Electronic Health Records.

Virginia Fowkes Clark, PhD is a clinical psychologist who provides treatment to clients of all ages with a specialty in the assessment and treatment of children and adolescents. Areas of practice include treating children, adolescents and adults with depression or anxiety, coping with family members with alcoholism or addictions and women's issues. She also performs psychological evaluations and testing. Dr. Clark received her PhD from Miami University (Ohio). Since 2014, she has owned and operated a group private practice, Western Reserve Psychological Associates, Inc. She is presently the chair of the OPA Insurance Committee and the Vice President of Practice.

Jim Broyles, PhD has been a psychologist in private practice since 1990. Dr. Broyles received his doctorate from The Ohio State University and is a Past President of the OPA. Currently, he is the Director of Professional Affairs for OPA as well as a member of several committees. He specializes in working with children, families, and individual adults on a variety of issues including depression, anxiety, couples/relationship issues, family conflict, parenting challenges, and divorce issues. Dr. Broyles also specializes in practicing hypnotherapy; a tool used in helping individuals release past traumas, move past longstanding negative patterns, and overcome negative habits.

Matthew Capezzuto, PhD, LISW-S is the founder and executive director of Allied Behavioral Health Services, Incorporated. He has a PhD in Clinical Psychology, a MS in Social Administration and a Bachelor of Arts in Social Work. He is fully certified in Psychoanalytic Psychotherapy. He earned his LISW. He treats older children, adolescents, adults, couples, and families. He has experience treating mood and anxiety disorders, chronic pain, substance abuse, disruptive behavior disorders, and personality disorders. He conducts forensic, pre-employment screening, and pre-surgical evaluations. He is a member of the National Association of Social Workers, National Association of Social Workers, Ohio, APA, OPA, and Society for Police and Criminal Psychology.

Leslie McClure, PsyD is a clinical psychologist with experience treating and assessing adolescents, adults and

older adults. She has helped clients overcome depression, anxiety, grief, job stress and difficult life transitions. Dr. McClure has a special interest in assisting individuals with the challenge of chronic illness. She uses Cognitive Behavioral, Motivational Interviewing and Interpersonal (relationship based) approaches to promote health and wellness across the lifespan. Dr. McClure also conducts cognitive assessments of memory complaints (dementia) as well as the required pre-surgical evaluation for bariatric and chronic pain surgery candidates. She is the Clinical Director for the Kent Psychological Associates.

**SATURDAY AFTERNOON****WORKSHOP #24:**

Rural Mental Health: Challenges, Opportunities, and Ethical Considerations

Presenter: Jennifer Lackey, PhD

Co-Presenter: Misty D. Cole, MSW, LSW

CE Credits: 3.0 Ethics P | C | SW | MFT

Learning Level: All

Rural and Appalachian counties in Ohio have some of the highest rates of suicide, unemployment, overdose deaths, and poverty. Exacerbating these issues, rural counties are more likely to have less access to healthcare professionals, healthy food, and other resources.

This workshop will examine the unique challenges and barriers that face mental health care providers living and working in Ohio's rural and Appalachian counties, specifically those involving the ethics of rural mental health. This workshop will also explore the rewarding opportunities that are abundant to those willing to work in these areas.

As a result of this workshop, attendees will be able to: 1) Participants will be able to summarize barriers to care when working with residents from rural and Appalachian counties, 2) Participants will be able to identify challenges and opportunities for mental health providers working in rural areas, and 3) Participants will be able to recognize ethical considerations relevant when working with rural populations.

Jennifer Lackey, PhD is a clinical psychologist born and raised in rural southeast Ohio. She received her B.S. in psychology from The Ohio State

University in 2010, and her MS and PhD in clinical psychology from Bowling Green State University. Dr. Lackey currently lives and works in rural Ohio as the Director of Clinical Training for the APA-accredited Appalachian Psychology Internship. She's passionate about rural mental health and strives to attract and retain skilled mental health professionals to the underserved communities of southeast Ohio. She is the current Rural Mental Health coordinator for OPA and hopes to use this position to advance the well-being of rural Ohio.

Misty Cole, MSW, LSW joined the Early Childhood Programs Team at Hopewell Health Centers in January, 2014. She currently serves as the Master Trainer for South Eastern, Ohio and the training coordinator for Hopewell Health Centers. She worked as an early learning professional for over twenty years, observing firsthand the challenges that are faced by young children, their families, and the professionals who support them. Misty completed her undergraduate work in Early Childhood Education and Psychology and obtained a Masters Degree in Social Work (MSW). Her background in early education and psychology has been helpful as she transitioned into the world of mental health, working as a champion for professionals who work with young children around the state of Ohio. She not only provides training, but encouragement, as she works with early learning heroes, across systems, every day.



WORKSHOP #25:

Meeting Unmet Mental Health Needs through Integrated Pediatric Primary Care

Presenter: Lisa Ramirez, PhD, ABPP

Co-Presenter:

Kathryn Mancini, PhD
Brittany R. Myers, PhD

CE Credits: 3.0 P | C | SW | MFT

Learning Level: All

The MetroHealth System's model of pediatric integrated primary care (PIPC) utilizes an interprofessional team of pediatricians, behavioral health specialists and trainees, social workers, and advanced practice nurse practitioner trainees all working to address unmet mental health needs in the context of well-child or sick visits with their pediatricians. This workshop will explore PIPC models, describe MetroHealth's

PIPC structure and program content, provide recommendations for implementing integrated care models in a variety of settings, and allow participants to engage in interactive case examples. The presenters will discuss significant outcomes for children and families, as well as for clinicians and medical systems.

As a result of this workshop, attendees will be able to: 1) Explain why and how pediatric integrated primary care practice promotes pediatric mental wellness, 2) Describe the MetroHealth System Pediatric Integrated Primary Care Model, and 3) Apply the best practices for developing pediatric integrated primary care programming in their own organizations.

Lisa Ramirez, PhD, ABPP is an assistant professor of psychiatry, and School Health Program Director of Community and Behavioral Health. She received her doctorate degree in clinical psychology from Case Western Reserve University and completed her pediatric psychology residency at the Children's Hospital of Philadelphia. Dr. Ramirez creates programs that address barriers to equitable health care and increase access to high-quality mental health interventions for children and families. She works closely with community partners and civic leaders to educate them about the effects of toxic stress on child development.

Kathryn Mancini, PhD is a child and adolescent psychologist at the MetroHealth System. She received her doctorate degree in clinical psychology at Miami University of Ohio and completed her pediatric psychology residency and fellowship at MetroHealth. Dr. Mancini's research and clinical work focuses on novel models of addressing adolescent depression and suicidality, particularly for gender non-conforming youth.

Brittany R. Myers, PhD is a clinical psychologist and assistant professor of psychiatry at Case Western Reserve school of medicine. She specializes in working with children/adolescents and families from diverse backgrounds in both clinical and educational settings. As a bilingual clinician, she is committed to serving and advocating for Spanish-speaking youth and families. Her research aims to address educational and health disparities.



WORKSHOP #26:

The Ethical and Legal Practice of Psychology

Presenter: Elizabeth Swenson, PhD, JD

Co-Presenter:

Richard Ashbrook, PhD
Marianne Bowden, PhD
Howard Fradkin, PhD
Kay Levine, PhD
Christine Muller-Held, PsyD
Debjani Sinha, PhD
Robert Stinson, PsyD, JD

CE Credits: 3.0 Ethics P

Learning Level: Intermediate

This workshop is presented by the OPA Ethics Committee. Through vignettes written for this year's convention theme of emerging trends, participants will identify and apply pertinent sections of governing documents (the APA Principles and Code of Conduct, Ohio Psychology Laws, and Rules Governing Psychologists and APA Specialty Guidelines). The vignettes are designed to elucidate the ethical and legal practice of psychology. Particular attention is devoted to areas of practice that pose additional liability and yield frequent conduct complaints to the State Board of Psychology. The interplay of ethical practice and cultural competence will be discussed.

As a result of this workshop, attendees will be able to: 1) Identify and apply pertinent sections of the APA Ethical Principles of Psychologists and Code of Conduct to vignettes related to the practice of psychology, 2) Identify and apply pertinent sections of the Ohio Psychology Laws and Rules Governing Psychologists to vignettes related to the practice of psychology, 3) Identify and apply relevant APA specialty guidelines, and 4) Understand ethical and legal implications related to areas of practice that pose additional liability or yield frequent conduct complaints.

Elizabeth Swenson, PhD, JD is a

professor of psychology at John Carroll University. She earned her BS from Tufts University, MA and PhD from Case Western Reserve University, and JD from Cleveland Marshall College of Law. She teaches professional ethics and forensic psychology to undergraduates. Dr. Swenson is a fellow of the American Psychological Association, the Midwestern Psychological Association and the Phi Beta Kappa Society. She is a specialized peer reviewer and team chair

for the Higher Learning Commission of the North Central Association. Currently she is chair of the OPA Ethics Committee and has been a member of the APA Ethics Committee, the APA Ethics Code Revision Task Force and the APA Continuing Professional Education Committee.

Richard Ashbrook, PhD is a professor of psychology at Capital University since 1986. He previously served as department chair, dean of the College, and provost and vice president for Academic and Student Affairs. He earned his BS from the University of Maryland, and his MA and PhD (clinical psychology), and MFA (creative writing) from The Ohio State University. He completed his internship at the University of Rochester's Strong Memorial Hospital, and received post-doctoral training in pediatric and health psychology. Dr. Ashbrook, a licensed psychologist in Ohio and North Carolina, is affiliated with a medical and behavioral health consulting practice that specializes in publicly funded demonstration grants, outsourced services for public, governmental, and nonprofit agencies, and contract forensic, corrections, diagnostic, and disability services.

Marianne Bowden, PhD received her and her doctorate in counseling/clinical psychology from Kent State University. She completed her clinical internship at Northeast Ohio Universities College of Medicine and her residency at The Counseling Center of Wayne and Holmes Counties. Dr. Bowden has extensive experience with psychological evaluations as well as custody and parenting evaluations, having completed over 3500 evaluations in her career. She also provides court/expert testimony and treats mental health issues for all ages and problems. She specializes in the areas of trauma, child sexual abuse, ethics, anxiety/panic disorders, and forensic psychology. She is the owner of Bowden & Associates Psychological and Counseling Services LLC.

Howard Fradkin, PhD, LICDC-CS has counseled over 1500 male and female survivors of sexual victimization over the course of his 37-year career as a Psychologist. As a professional trainer, he has educated over 2,500 professional colleagues on male sexual trauma. He provides expert consultation for the Ohio and Federal Public Defenders Office. In 2018, he retired after serving 15 years as Co-Chairperson of the Weekends of Recovery program and retired from his private practice, Affirmations Psychological Services where he worked for 35 years. He authored *Joining Forces: Empowering Male Survivors to Thrive*, published in 2012. He serves as Chairperson of the OPA Colleague Assistance Program and is a member of the Ethics Committee.

Kay Levine, PhD earned her Special Education/Educational Psychology PhD from University of Southern California, and trained as a child psychoanalyst at Reiss-Davis Child Study Center, Los Angeles. She lives in Cleveland, Ohio, and is clinical assistant professor, School of Medicine Case Western Reserve University. She is on OPA's Ethics Committee and was formerly on Colleague Assistance Committee, and is an APA member. She is a Disaster Mental Health Supervisor- Cleveland Chapter of the American Red Cross, and holds Ohio and California Psychologist and California Marriage and Family Therapist licenses. She primarily works with couples and individual adults in her private practice.

Christine Muller-Held, PsyD is an Early Career member of the OPA Ethics Committee. She obtained her doctoral degree from Xavier University, and is currently a senior staff psychologist and coordinator of mental health services at University of Cincinnati's University Health Service. Dr. Muller-Held's professional interests include ethical and legal issues in professional psychology, collaborative medical and

mental health care, and the mental health needs of college and graduate/professional school students. In her personal time, Dr. Muller-Held enjoys reading, cooking and baking, traveling, meandering drives with her husband, and cheering on the New York Yankees.

Debjani Sinha, PhD is a practicing psychologist with a background in neuropsychology. She has a PhD from the University of Cincinnati (UC) and post-doctoral training at UC's Behavioral Neuropsychology Clinic. Currently Dr. Sinha divides her professional time between her private practice and as Adjunct Associate Professor at the University of Cincinnati. Dr. Sinha offers psychotherapy and neuropsychological assessment services. Dr. Sinha also specializes in psycho-educational evaluations for ADHD and LD for adolescents and adults. Dr. Sinha is past 2-term President of Cincinnati Academy of Professional Psychology and has served as Ethics Chair for CAPO for 10 years. She is currently a member of Ohio Psychological Association's Ethics Committee.

Bob Stinson, PsyD, JD, LICDC-CS, ABPP is a board-certified forensic psychologist, attorney, and LICDC-CS. He's listed in the National Register. Dr. Stinson is a Fellow of the American Academy of Forensic Psychology / American Board of Professional Psychology. He's worked at a state psychiatric hospital, serving on and chairing the ethics committee. He was Chief of Behavioral Health Services for the Ohio Department of Youth Services. Dr. Stinson has lectured across the country in the areas of mental health law and ethics. Dr. Stinson is an adjunct professor at the Ohio State University in Psychology, Psychiatry, and Law. He's a past president of COPA and OPA. Dr. Stinson also maintains a law practice.

SATURDAY HIGHLIGHTS:

ANNUAL AWARDS LUNCHEON & STATE OF THE ASSOCIATION LUNCHEON - 12:30 P.M.

Join us for a brief recap of OPA's most recent achievements and challenges, and help us honor individuals whose leadership, support, creativity and dedication have made an impact not only on the association but also the field of psychology. If you would like to nominate someone for an award, please visit ohpsych.org/awards for a complete list of awards, online submission form and list of past honorees. **Nominations are due by March 9, 2020.**

NEW THIS YEAR... Winners of OPA's P.O.D.cast (Posters on Demand) will present their research during the awards luncheon.

OPA LAUNCHES P.O.D.CAST... POSTERS ON DEMAND



A Fresh Take On A Traditional Poster Session
P.O.D.cast
Posters On Demand
Applications Now Being Accepted

The Ohio Psychological Association invites undergraduate and graduate students who are conducting research on psychology-based topics to present poster summaries as part of our inaugural P.O.D.cast... Posters on Demand.

WHAT IS OPA'S P.O.D.CAST?

P.O.D.cast (Posters on Demand) is OPA's fresh take on a traditional poster session. This virtual format encourages participants to think "outside of the box" and allows their research to have more visibility while saving money and time!

OPA's P.O.D.cast will consist of individual research "video posters." These videos will consist of no more than 7 slides (including the cover slide), last no longer than 5 minutes and incorporate a QR code that links to the participants full research. Videos will be posted online for public viewing and promoted on social media. For an example of what we're looking for, OPA recommends viewing the "Better Poster" video at ohpsych.org/postersession.

HOW ARE VIRTUAL POSTERS JUDGED?

Virtual posters will be judged online by a panel of psychologists during pre-scheduled live presentations. Posters may report on empirical (quantitative or qualitative) studies or non-empirical (theoretical/review) projects. Research will be judged on the following: professionalism, conceptualization, methodology (empirical only), conclusions and overall contribution to the discipline.

WHAT DO WINNERS OF THE P.O.D.CAST RECEIVE?

OPA's P.O.D.cast offers special recognition to participants who have the most exemplary posters. Four prizes are awarded: best graduate empirical poster, best graduate non-empirical poster, best undergraduate empirical poster, and best undergraduate non-empirical poster. Our new virtual format allows for an unlimited amount of participants. Winners receive:

- an invitation to PRESENT your research LIVE as part of our Annual Awards Luncheon held in conjunction with OPA's Annual Convention taking place Saturday, April 25, 2020 in Columbus
- a CASH prize
- an opportunity to PUBLISH your research in the upcoming issue of *The Ohio Psychologist*
- one-year FREE MEMBERSHIP to the Ohio Psychological Association, and
- FREE ADMISSION to next year's OPA Annual Convention.

HOW MUCH DOES IT COST TO SUBMIT A P.O.D.CAST?

The application fee for OPA's 2020 P.O.D.cast is \$25 for OPA members and \$35 for non-OPA members. There are no extra fees for co-presenters. This new fee structure represents more than a 37% savings for participants!

IMPORTANT DATES

- March 2, 2020 | Deadline to apply to participate
March 6, 2020 | Deadline to submit virtual poster
March 27-28, 2020 | Judging panel video conferences
April 6, 2020 | OPA's P.O.D.cast winners notified
April 25, 2020 | P.O.D.cast winners present research LIVE during OPA's Annual Awards Luncheon

HOW DO I SUBMIT MY RESEARCH?

Participating in OPA's P.O.D.cast is as easy as 1 – 2 - 3:

- Submit an online application. Applicants will receive an email within 2 business days notifying them of their acceptance into OPA's 2020 P.O.D.cast. This correspondence will include detailed submission instructions as well as provide an overview and timeline of the judging process.
- Submit a "virtual poster," and
- Present research to the judging panel via an online video conference.

Before you start your application, please have the following items available:

- Name and contact information of lead presenter, all co-presenters and faculty advisor
- Title of Research and categorization (empirical or non-empirical)
- 100 word abstract
- 500 word supporting summary

OPA POSTER SESSION GUIDELINES AND DISCLAIMER

- Virtual posters must represent research that has been ENTIRELY completed by students/trainees. If research being presented is part of a larger project led by a faculty member, a student/trainee may only present the content for which they are responsible. If a group of students/trainees worked on a project together, this material can be presented if one lead presenter is identified with the other students registering as co-presenters.
- Categorization in terms of empirical or non-empirical occurs at time of submission and subsequent changes are not permitted.
- Virtual posters in the non-empirical category include concept-driven literature reviews. This category does NOT include research proposals for empirical projects, NOR does it include empirical projects without data analyses.
- Research presented at university symposium and undergraduate venues are permitted for presentation at the OPA P.O.D.cast, but projects presented at national conventions are not.
- Research need not be complete at time of application submission, but all data for empirical projects must be collected and analyzed prior to video submission. Virtual posters not meeting this requirement will be excluded from competition and/or may be withdrawn from the poster session without refund.

QUESTIONS? Call OPA today at 614.224.0034!

SPONSOR, EXHIBITOR AND ADVERTISING OPPORTUNITIES



The Ohio Psychological Association (OPA) invites you to join us at our Annual Convention taking place in Columbus on April 23-25, 2020. With more than 350 mental health professionals expected to attend, OPA's 2020 Convention is the perfect venue for you to highlight your products / services and increase your customer base and visibility.

A networking reception and luncheon continuing education programming will continue to be a part of the 2020 Convention. Elements like this have led to record attendance numbers over the last several years, and we are confident that the 2020 convention will exceed the 2019 numbers. Why? Ohio is home to over 4,000 licensed psychologists and more than 35,000 licensed social workers, counselors and marriage and family therapists all of whom are required to obtain continuing education (CE) credits in order to keep their license(s) current. With only a few months left in the 2018-2020 biennium, Ohio psychologists are running out of time to earn CE before

their next licensure renewal. Records indicate that less than 15% of Ohio psychologists have completed their CE hours as of today which means the 2020 convention is bound to be a record-setting year!

OPA is proud to offer vendors affordable visibility opportunities across mixed media platforms including print, online banners, event sponsorship and exhibit space. Get the most out of your investment; check out all of the special sponsorship packages that have been created to ensure maximum attendee exposure.

To review all the visibility options or to download a form to reserve your space, visit ohpsych.org/2020convention.

If you have any questions regarding visibility opportunities at our 2020 convention, please contact Karen Hardin, Director of Education and Communication, at 614.224.0034 ext.15.

EMDR INSTITUTE

Founded by Francine Shapiro, PhD

Asheville NC
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Boston MA
Charlotte NC
Chicago IL

Cincinnati OH
Denver CO
Irvine CA
Iselin NJ
Las Vegas NV
Los Angeles CA

Memphis TN
Miami FL
New Orleans LA
Oklahoma City OK
Omaha NE
Philadelphia PA

Phoenix AZ
Portland ME
Portland OR
Sacramento CA
Salt Lake City UT
San Antonio TX

San Diego CA
San Francisco CA
San Luis Obispo CA
Seattle WA
St. Louis MO

*Basic Training
is Available in ...*



The EMDR Institute, founded by Dr. Francine Shapiro, offers quality trainings throughout the US to licensed mental health professionals and graduate students in their internship. EMDR therapy is recognized as an evidence-based treatment for trauma-related disorders by WHO, APA, ISTSS, DOD and others.

Approved by EMDR International Association (EMDRIA)

EMDR Institute, Inc. maintains responsibility for this program and its contents and adheres to the ethical standards of these boards: APA, NBCC, RN, SW

40 CE Credits

*Also available:
Distance Learning, Books & DVDs,
Referrals, References*



EMDR.com 831.761.1040

GET THE MOST FROM YOUR CONVENTION EXPERIENCE

Use these tips to walk away with a great Convention experience.

1. Sit next to someone you don't know. While Convention is a great time to connect with old friends, it's also a wonderful opportunity to meet new people.
2. Ditch the distractions. Turn off your phone and put away your newspaper so you can fully participate in the program.
3. Take notes. Make sure you bring a notebook or tablet so you can write down important take-aways.
4. Open your mind to new ideas. Be willing to hear something new that applies to your work day.
5. Learn outside the workshops. Visit with exhibitors to learn about what they and various OPA committees are offering.

JOIN THE CONVERSATION...

Follow OPA on social media and join the conversation about Convention!



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@ohpsychassn



[linkedin.com/company/ohio-psychological-association](https://www.linkedin.com/company/ohio-psychological-association)



[pinterest.com/ohiopsychassn](https://www.pinterest.com/ohiopsychassn)

Tag us in your posts!
#OPACON2020 and @ohpsychassn



CONVENTION LOCATION: QUEST CONFERENCE CENTER



Quest Conference Center is a premier state of the art meeting facility located at **8405 Pulsar Place, Columbus, Ohio 43282**.

Quest has an abundance of on-site parking located directly in front and in the back of the facility.

HOTEL INFORMATION: HAMPTON INN

Hampton Inn Columbus Polaris | 8411 Pulsar Place Road | Columbus, Ohio 43240 | 614-885-8400 | \$129/night, plus tax

OPA has a room block at the Hampton Inn Columbus Polaris. They offer free high speed internet, free breakfast, a fitness center and pool. To make a reservation **call 614-885-8400 and ask for the OPA rate**. The reservation deadline is March 23. The Hampton Inn is located just off Interstate 71, directly behind Quest Conference Center within easy walking distance.



AREA ATTRACTIONS

When you need a little fresh air:

Historical Sites:

Anti-Saloon League Museum - 110 S. State St., Westerville
 Everal Barn/Homestead - 60 N. Cleveland Ave., Westerville
 Hanby House - 160 W. Main Street, Westerville
 Historic Uptown Westerville - 20 W. Main St., Westerville
 Ohio Railway Museum - 900 Proprietors Rd., Worthington
 Otterbein University - 7 S. Grove St., Westerville



Parks and Recreation:

First Responders Park - 674 W. Main St., Westerville
 Heritage Park - 60 N. Cleveland Ave., Westerville
 Hoover Reservoir Park - 7701 Sunbury Rd., Columbus
 Lazelle Woods Park - 575 Lazelle Rd. Westerville
 Paul S. Metzger Park - 137 Granby Place W., Westerville
 Sharon Woods Park - 6911 Cleveland Ave., Columbus



Shopping and Arts & Science:

Center of Science & Industry - 333 W. Broad St., Columbus
 Columbus Museum of Art - 480 E. Broad St., Columbus
 IKEA - 1900 Ikea Way, Columbus
 Polaris Fashion Place - 1500 Polaris Parkway, Columbus
 Sunbear Studio - 22 W Main St., Westerville
 Tanger Outlet Mall - 400 South Wilson Rd., Sunbury



INCLUSIVE PACKAGES

OPA offers inclusive registration packages. It's simple and cost effective... no more extra fees for meals or special events! See what's included in each package.

3-Day Full Convention Package :

- 3 Continental breakfasts & lunches
- 2 OPA Assemblies (8 a.m. Thur. & Fri.)
- 21 CE comprised of:
 - » 10 sessions
 - » Keynote Address
 - » 1 lunch CE program
 - » 2 evening CE programs
- Promo code for OPA Webinars (2 CE)

2-Day Package:

(Options vary based on which two days selected.)

- 2 Continental breakfasts & lunches
- 1 OR 2 OPA Assemblies (8 a.m. Thur. & Fri.)
- 13 - 15 CE comprised of:
 - » 6 - 7 sessions
 - » Keynote Address (Thur. Only)
 - » 1 lunch CE program (Friday Only)
 - » 1 - 2 evening CE programs

1-Day Package:

(Options vary based on which day selected.)

- Continental breakfast & lunch
- Up to 1 OPA Assembly (8 a.m. Thur. & Fri.)
- 6 - 7 CE comprised of:
 - » 3 - 5 sessions
 - » Keynote Address (Thur. Only)
 - » 1 lunch CE program (Friday Only)
 - » 1 evening CE program (Thur. & Fri. Only)

Custom Package Pricing:

OPA also offers Custom Package (A la Carte) pricing. With this option, you pay per (1) CE earned. Lunches can be included for an additional fee. A \$40 convenience fee is assessed for this pricing option.

MEMBERSHIP & PRICING LEVELS**OPA Full Members**

Licensed/Non-Licensed with Doctoral Degree

OPA Partner Members (No CE)

Professional without a doctoral degree working in field of Psychology or Individual / Organization who wishes to support/advance the purpose of OPA and the field of psychology in Ohio

OPA Student Members (No CE)

High School / College Undergraduate & Graduate levels / Post-doc program under supervision

Students who are not OPA members are encouraged to call us PRIOR to registering to receive a Promo Code for **1 FREE year of membership & member pricing eligibility.**

Non-OPA Members**POLICIES & PROCEDURES****IMPORTANT REGISTRATION DATES:**

- Hotel Reservation Deadline** ----- **March 23**
Early Bird Deadline ----- **April 3**
Registration Deadline ----- **April 15**

Registration Deadline: Participants are encouraged to register early. Registration must be received on or before April 15 to guarantee workshop / event selections. Registrations received after this date will be processed on-site, and first selections and/or meals can not be guaranteed.

Discounts: Registrations received or postmarked on or before April 3 receive a **\$40 Early Bird Discount**. Registrations received or postmarked between April 4 and April 15 receive a **\$20 Pre-Registration Discount**. OPA members may use their CE Coupon by entering the Promo Code online or on the paper form. **No discounts maybe used after April 15, 2020.**

Change Fee: Any changes in workshop/ event selections made after April 15 will be subject to a **\$20 change fee**.

Disclaimers/Cancellation and Refund Policy:

Policy: Attendees needing to cancel must do so in writing on or before April 16 and will be subject to a **\$30 service charge**.

ALL CANCELLATIONS WILL BE SUBJECT TO THIS SERVICE CHARGE. No refunds will be given for cancellations made after **April 15**. OPA and sponsors of this event are committed to providing accurate and up-to-date information. However, they are not responsible for event changes, additions or deletions, but will work towards accommodating attendee needs.

Conflict of Interest Statement: As an APA-approved sponsor of continuing education, the Ohio Psychological Association (OPA) is committed to the identification and resolution of potential conflicts of interest in the planning, promotion, delivery, and evaluation of continuing education as is consistent with concepts outlined in the APA Ethical Principles of Psychologists and Code of Conduct. Information regarding financial support, in-kind support or possible conflicts of interest will be included in promotional materials and can be accessed by contacting the Ohio Psychological Association Central Office.

Special Requests: Please notify OPA of any special requests, including dietary restrictions or request for a nursing mother's room.

Americans with Disabilities Act: The Quest Conference Center complies with the provisions of ADA. If you need any assistance related to sight, sound or mobility, please contact OPA.

Photo Consent: Registration/attendance at OPA events constitutes an agreement by the registrant to OPA for use of the attendee's image in photographs.

Continuing Education Credit Policies: Those individuals wanting CE credits must sign and complete the Workshop Evaluation Form and return it to OPA at the end of each workshop as instructed. Guidelines state that a participant may arrive no more than 10 minutes late or leave more than 10 minutes early to receive credit for a program. OPA adheres to all APA Continuing Education Guidelines. No partial credit will be given. The Convention planners will make every effort to ensure that each workshop begins and ends at its designated time.

Convention Certificates of Attendance:

Certificates will list each workshop completed and will be sent to participants following the Convention. Please allow 3 weeks for delivery.

Continuing Education Credits: 1) The Ohio Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists. The Ohio Psychological Association maintains responsibility for the program and its content. 2) The Ohio Psychological Association is approved by the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board to offer continuing education to counselors, social workers and marriage and family therapists. (RCS070608 and RTX071703).

NOTE: All workshops offer CE for psychologists. The following workshops are offered for counselor, social worker and marriage and family therapist continuing education credits: Keynote, 1, 2, 3, 4, 6, 7, 8, 9, 10, 11, 13, Friday Lunch CE, 14, 15, 16, 17, 18, 19, 21, 22, 23, 24 and 25. Counselors and social workers may also receive credit for workshop #5. Social workers may also receive credit for workshop#12.



2020 OHIO PSYCHOLOGICAL ASSOCIATION ANNUAL CONVENTION

REGISTRATION FORM**REGISTRATION DEADLINE IS APRIL 15, 2020**ATTENDEE INFORMATION: *One registration form per attendee.*

Name & Degree: (Please print)				License #	
Mailing Address:				Social Worker, MFT or Counselor Credit? (See page 23 for CE restrictions)	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
Email Address:				Special Dietary Request: Other	<input type="checkbox"/> Vegan
Are you a speaker?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Workshop # _____		<input type="checkbox"/> Vegetarian
Phone Number:					<input type="checkbox"/> GF

WORKSHOP AND SPECIAL EVENT SELECTIONS *Check the boxes next to the sessions/events you want to attend.***Attention Custom Package Attendees:** Please, INCLUDE CE earned during lunch when computing fees. Add-on fees for lunch on Thursday and Saturday are available at the bottom of this page.

Day	8-9 AM No CE	9-10 AM 1 CE Credit	10:15 AM-12:15 PM 2 CE Credits	LUNCH	2:15-5:30 PM 3 CE Credits	5:45-6:45 PM 1 CE Credit	DAILY CE TOTAL
Thur. April 23	<input type="checkbox"/> Assembly (No CE, FREE Event)	<input type="checkbox"/> Keynote	<input type="checkbox"/> Workshop 1 <input type="checkbox"/> Workshop 2 <input type="checkbox"/> Workshop 3	<input type="checkbox"/> No CE <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Workshop 4 <input type="checkbox"/> Workshop 5 <input type="checkbox"/> Workshop 6	<input type="checkbox"/> Workshop 7	
Friday. April 24	<input type="checkbox"/> Assembly (No CE, FREE Event)	<input type="checkbox"/> Workshop 8 <input type="checkbox"/> Workshop 9 <input type="checkbox"/> Workshop 10	<input type="checkbox"/> Workshop 11 <input type="checkbox"/> Workshop 12 <input type="checkbox"/> Workshop 13	<input type="checkbox"/> 1 CE <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Workshop 14 <input type="checkbox"/> Workshop 15 <input type="checkbox"/> Workshop 16	<input type="checkbox"/> Workshop 17	
Saturday, April 25		<input type="checkbox"/> Workshop 18 <input type="checkbox"/> Workshop 19 <input type="checkbox"/> Workshop 20	<input type="checkbox"/> Workshop 21 <input type="checkbox"/> Workshop 22 <input type="checkbox"/> Workshop 23	<input type="checkbox"/> No CE <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Workshop 24 <input type="checkbox"/> Workshop 25 <input type="checkbox"/> Workshop 26		

FEES & PAYMENT INFORMATION: *Registration Ends on April 15, 2020***IMPORTANT NOTICES:** 1) See the back of this page for information on our **change fee, cancellation policy and membership levels**. Students who are not members should call OPA (614.224.0034) before registering to receive one year of **FREE OPA Membership**.

	<input type="checkbox"/> 3-Day Package	<input type="checkbox"/> 2-Day Package	<input type="checkbox"/> 1-Day Package	<input type="checkbox"/> Custom Package (Rates are per (1) CE earned.)
OPA Full Member	\$620	\$440	\$250	\$35
OPA Partner Member (No CE)	\$480	\$340	\$190	\$25
OPA Student Members (No CE)	\$300	\$200	\$110	\$15
Non-OPA Member	\$900	\$610	\$310	\$45

Enter Registration Fee	\$ _____	PAYMENT OPTIONS:		
Custom Package Convenience Fee \$40	+ \$ _____	<input type="checkbox"/> Check Enclosed (Made payable to the OPA)	<input type="checkbox"/> Credit Card <input type="checkbox"/> Visa <input type="checkbox"/> AMEX <input type="checkbox"/> MasterCard	
Custom Package Add-Ons: Thursday or Saturday Lunch \$30@	+ \$ _____			
OPA-PAC Donation (<i>Optional</i>)	+ \$ _____			
Less OPA CE Coupon (<i>if applicable</i>)	- \$ _____			
Enter Promo Code:	- \$ _____			
Less \$40 Early Bird Discount (<i>if postmarked by 4/3/20</i>)	- \$ _____			
Less \$20 Pre-Registration Discount (<i>if postmarked between 4/4/20- 4/15/20</i>)	- \$ _____			
TOTAL AMOUNT DUE:	\$ _____			
Completed registration forms can be: mailed to OPA, 395 E. Broad St. #310, Columbus, OH 43215, faxed to 614.224.2059, or visit www.ohpsych.org to register online with a credit card.				
<i>Signature</i>				



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UNIQUE OPPORTUNITIES TO JOIN MARYHAVEN

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