

Planned Giving:

Why did you make this decision?

I made the decision to bequeath money to the Foundation for Psychology in Ohio (PSYOHIO) because I think that it is important to fund endeavors that promote psychology both to those who work in the field and to those in the community. By contributing to PSYOHIO, my husband and I are helping to support the activities of the Foundation including the provision of scholarships, the awarding of monetary prizes for students who conduct psychological research, the dissemination of information of a psychological nature, the promotion of the benefits of psychological treatment, and the sponsorship of educational activities whose focus is psychology. In doing so, we are helping to promote psychology in a very positive way that will benefit psychologists and the public.

Why is it important to you?

Supporting PSYOHIO is important to me because I value the field of psychology. I am very fortunate to have a career that I love, and I can see how psychological treatment benefits people. The projects undertaken by PSYOHIO serve to advance the field of psychology so that psychologists can better help their patients, and the public can gain a better understanding of the importance of psychological treatment. This is very important as there remains a stigma with respect to mental health treatment. Educating people about mental health and mental health treatment will help to reduce or eliminate this stigma.

Was it difficult to do?

No, it was not difficult at all.

What does it take to make a planned gift?

I simply discussed it with my husband who was very supportive of the gift. We then discussed this with the executor of our estate. Upon our deaths, the money will be taken out of our estate and given to the Foundation for Psychology in Ohio.

Dr. M